



# WHERE ARE YOU IN YOUR SAFEGUARDING JOURNEY?

Safeguarding Responsibilities of National Federations  
Creating safe and respectful environments in judo — for everyone

## 1. Appoint a Designated Safeguarding Officer

Each National Federation must assign a trained individual responsible for safeguarding coordination and case management.

## 2. Adopt and Implement Safeguarding Policies

Ensure your federation aligns with IJF safeguarding policies and implements them across all levels of the organization. We strongly recommend using the IOC Safeguarding Toolkit as a reference when developing your national safeguarding measures.



## 3. Provide Regular Training

All coaches, officials, and staff must complete safeguarding training appropriate to their role and responsibilities. Participants can also take the **IOC e-learning course** to find out more about this topic.

## 4. Promote a Safe and Inclusive Culture

Foster an environment where all participants — especially children and vulnerable adults — feel protected, valued, and included.



## 5. Establish Clear Reporting Procedures

Create accessible, confidential, and transparent channels for reporting safeguarding concerns or misconduct.

## 6. Respond Promptly and Appropriately

Treat every concern seriously and act in accordance with your federation's safeguarding procedures.

## 7. Monitor and Review Practices

Regularly assess and update your safeguarding measures to reflect current best practices and legal standards.

## 8. Raise Awareness Throughout the Judo Community

Educate athletes, parents, and staff about safeguarding policies, rights, and how to seek help when needed.

**Safeguarding is everyone's responsibility — leadership begins with you!**

Resources & Support : <https://www.ijf.org/ijf/documents/3>  
Contact : [safejudo@ijf.org](mailto:safejudo@ijf.org)