



PANAMERICAN JUDO CONFEDERATION

Event Outlines

PANAMERICAN OPEN MONTREAL 2023



CANADA
NOVEMBER 18th – 19th

QUALIFYING EVENT A



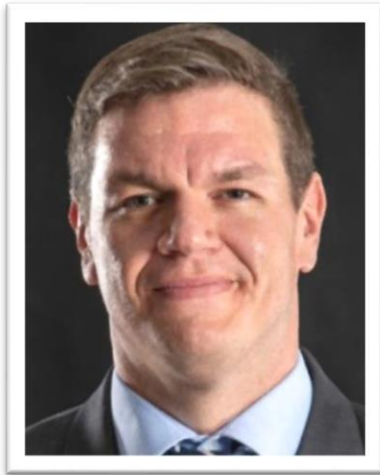
v.14 SEPTEMBER 2023



PJC

PANAMERICAN OPEN
MONTREAL 2023

WELCOME OF THE PRESIDENT OF PANAMERICAN JUDO CONFEDERATION



I would like to take this opportunity to extend a warm welcome to all of you on behalf of the Pan American Judo Confederation. We are thrilled to have you all as a part of our community, and we are honored to be able to work together to strengthen continental judo.

As we move forward, we continue to focus on the development and growth of judo throughout our region, and we are committed to providing opportunities for all our members to participate in the sport at the highest level. With this in mind, I am pleased to invite you all to the Cadet, Junior Pan American Cup and Senior Pan American Open which will be held in the beautiful city of Montreal, Canada, from November 16 to 19, 2023.

We would like to express our gratitude to Judo Canada for their valuable support in organizing this excellent event. We are confident that this will be an exceptional occasion for all of us to come together and showcase the spirit of judo.

Once again, welcome to all of you, and we look forward to seeing you in Montréal.

Sincerely,



Carlos Zegarra Presser
President
Panamerican Judo Confederation



PJC

PANAMERICAN OPEN
MONTREAL 2023

WELCOME FROM THE CHAIR OF THE BOARD OF JUDO CANADA



Dear Judokas,

On behalf of the Board of Directors of Judo Canada, we would like to invite you to the Montreal Cadet and Junior Pan American Cup 2023 and the Montreal Senior Pan American Open 2023 to be held in the city of Montreal (Quebec), Canada, November 16th to 19th, 2023, which will involve all the federations affiliated to the International Judo Federation.

The Pan American Cup/Open will be a recognized PJC/IJF World Ranking Event for the Cadets U18 and the Junior U21, and finally Montreal Senior Pan American Open World Ranking event for Senior Men and Women. At the same time, we will organize a training camp at our beautiful NTC from November 13 until the 15. While waiting to see them participating and perform in Montreal, to the athletes, coaches, and referees, we wish you all good luck and an excellent tournament. We hope that you can make fond memories that will last a lifetime.

Good luck in your pursuit of excellence and see you soon in Montréal.



Mike Tamura
Chair of the Board
Judo Canada



IMPORTANT INFORMATION

BEFORE TRAVELLING

- Passports must be valid for at least 6 months from your arrival date.
- Check the entry requirements of the host country and the requirements of the airline (if applicable).
- Check if you need a visa and if so, apply to the Local Organizing Committee (LOC) according to the details in the **ENTRY TO THE HOST COUNTRY** section
- Send your travel information (arrivals and departures) **and a copy of the passport of each member of your delegation** to the Organizing Committee.
- Book your accommodation with the Organizing Committee and send a detailed accommodation list.
- Have a signed and approved individual Waiver of Liability (LRW) at <https://my.ijf.org/> . The form can be found in the documents section: <https://www.ijf.org/covid19/2663>

ENTRY TO THE HOST COUNTRY

Each participant is responsible for ensuring that they follow the entry rules (passport validity, visas, entry permission letter, COVID-19, etc.) for the host country.

INSURANCE

- It is the responsibility of the National Federation to ensure that, in addition to your regular insurance, you have insurance to cover any costs related to COVID-19, including hospitalization and repatriation.
- The Organizing Committee of the event, the IJF and the CPJ do not accept any responsibility for any claim related to the cancellation of the event due to COVID-19 or medical costs for any illness related to COVID-19 that may affect a National Federation or member of the delegation during the event.

BEFORE AND DURING THE EVENT

- Follow the COVID-19 measures of the Government of the host country (see section **ENTRY TO THE HOST COUNTRY**).
- Follow the rules of the IJF COVID-19 Protocol (covid.ijf.org).
- Wash/sanitize your hands regularly.
- Inform the delegation, the IJF or LOC COVID-19 manager and undergo contactless temperature measurement and/or COVID-19 testing in case of suspected COVID-19 infection.
- LOC government measures may be stricter than those detailed in the IJF COVID-19 protocol or vice versa, the stricter rules **MUST** be followed



PJC

**PANAMERICAN OPEN
MONTREAL 2023**

**IJF/PJC reserve the right to evaluate any participant
in case of suspected COVID-19**

USE OF MASK

The use of masks is optional*, unless required by the government of the host country, with the exception of competition/refereeing/training/award ceremony, on the competition mat, on the warm-up mat, during the warm-up or training, or while eating in designated dining areas.

(*) The IJF Medical Commission continues to recommend the use of masks in areas where social distancing is mandatory.

IMPORTANT NOTE:

CURRENT LAWS ESTABLISH REQUIREMENTS TO ENTER **CANADA**, AND OTHER REQUIREMENTS TO PARTICIPATE IN SPORTING EVENTS. ALL THESE REQUIREMENTS TODAY HAVE BEEN TAKEN INTO CONSIDERATION IN THESE RULES OF THE EVENT. HOWEVER, AS THROUGHOUT THE WORLD, THE MEASURES ARE CHANGING ACCORDING TO THE EPIDEMIOLOGICAL SITUATION, SO THERE IS THE POSSIBILITY OF SOME CHANGE IN THE REQUIREMENTS.



1. PROGRAM

Date	Hour	Activity	Place
Friday November 17 2023	09:00 – 12:00	Accreditation Panamerican Open	Auberge Royal Versailles
	14:00	Draw Panamerican Open	Online
	15:30 – 16:30	Judo backnumber pre-control Panamerican Open	Auberge Royal Versailles
	15:30 – 16:00	Unofficial weigh-in Panamerican Open	Auberge Royal Versailles
	16:00 – 16:30	Official weigh-in Panamerican Open	Auberge Royal Versailles
Saturday November 18 2023	Day 1 – F: -48 kg, -52 kg, -57 kg, -63 kg; M: -60 kg, -66 kg, -73 kg		
	09:00 (*)	Preliminaries	Centre Pierre-Charbonneau
	14:00 (*)	Final Block	Centre Pierre-Charbonneau
	15:30 – 16:30	Judo backnumber pre-control Panamerican Open	Auberge Royal Versailles
	15:30 – 16:00	Unofficial weigh-in Day 2 Panamerican Open	Auberge Royal Versailles
	16:00 – 16:30	Official weigh-in Panamerican Open	Auberge Royal Versailles
Sunday November 19 2023	Day 2 – F: -70 kg, -78 kg, +78 kg; M: -81 kg, -90kg, -100kg, +100kg		
	09:00 (*)	Preliminaries	Centre Pierre-Charbonneau
	14:00 (*)	Final Block	Centre Pierre-Charbonneau

(*) The preliminary and final block schedules expressed in this document are tentative, the mentioned schedules will be confirmed during the draw and on the channels of:

WhatsApp <https://chat.whatsapp.com/J0VZlyAHqDVGEXSOALLbTq>

Telegram https://t.me/CPJ_panel_informativo



2. DATE

Panamerican Open: Saturday 18th & Sunday 19th November 2023

3. REGISTER

Action	Deadline	# of days before the 1st day of competition
Invitation letter (with passport copy) *	Sept 15, 2023	64
Hotel reservation	Oct, 15 2023	34
Travel information	Oct, 25 2023	24
Hotel payment	Nov, 1 2023	17
Nominal registration by judobase	Nov, 8 2023	10

***Only invitation letters and visa applications will be managed for people registered on the JUDOBASE registration platform and who have reservations through organizers**

Registration must be done with the IJF online registration system at <https://admin.judobase.org/>. Delegations that do not register within the date indicated on that website will not be able to participate, without exception. Registration deadline: **Nov 8th**.

4. PARTICIPANTS

All participants must have a valid IJF affiliation and be registered in judobase (www.judobase.org) by their National Federation.

- Any participant is eligible to register for the event as long as they meet:
- Not be under a disciplinary suspension.
- Not be suspended for anti-doping rule violations.



- Not be under medical suspension.
- Be healthy and fit for the competition.
- Not be a carrier of any contagious disease that could put the health of others at risk.
- Sufficient technical knowledge (knows the terminology and execution of all techniques in the IJF SOR Appendix H) and understanding of the IJF sporting and refereeing rules.
- Participants must also comply with all regulations of the IJF COVID-19 Protocol and the local COVID-19 protocol.

Participants from countries affiliated with the Panamerican Judo Confederation should review section **13 PJC AFFILIATION**

Panamerican Open

- The date of birth and nationality must be proven by means of an official PASSPORT from the country of origin.
- Only national teams from federations that are members of the IJF
- Minimum age: Born to 2008.

5. ORGANIZER

Name	Judo Canada
Address	4545 Avenue Pierre-De-Coubertin Montréal, QC H1V 0B2
E-mail	event@judocanada.org
Web site	www.judocanada.org

6. VENUE

Place	Centre Pierre-Charbonneau
Number of areas	3
Address	Centre Pierre-Charbonneau 3000 Rue Viau, Montréal, QC H1V 3J3
City Country	Montréal, Canada



7. ENTRY TO THE HOST COUNTRY

The LOC will assist with visas where possible, but having the correct visa is the responsibility of each participant. Visa applications will only be accepted for people who are registered in **judobase** for the event.

It is the responsibility of the National Federation to ensure that its delegation respects the conditions of stay defined by the Government of the host country of the event. If any participant does not respect these conditions, the derived expenses will be borne by the corresponding National Federation.

Please note that visa approvals or rejections are done by the Government authorities and the LOC has no control over this and cannot be held responsible for any rejections.

!! IMPORTANT!!

The local organisers will assist with visas where possible but having the correct visa is the responsibility of each participant.

Visa applications will only be accepted for people who are inscribed in Judobase for the event.

Visa contact :

Marie-Hélène Chisholm, event@judocanada.org

Canada does not have a visa office in every country, so it is important that delegates visit the website of the Canadian visa office responsible for processing their visa application. Information is available on the website on how to submit a visa application and the documentation required.

Processing times for visa applications vary depending on the visa office and the time of the year.

Participants are encouraged to apply approximately 12 weeks in advance of their departure date to ensure they receive the visa in time.

Electronic Applications

(e-Apps) Submission at a Visa Application Centre (VAC)

(In person or by mail)

This system allows clients to submit applications online.

Delegates that choose to apply on-line will not have to submit their passport until requested to do so by a visa officer.

The visa office will send the applicant instructions on how and where to send their passports to finalize the visa process. VACs are commercial service providers authorized by Canada to provide specific services to applicants.



VACs provide several services to clients, including help applicants fill out forms, answer questions and ensure that applications are complete.

Reduces unnecessary delays or refusals due to incomplete applications.

VACs serve as a collection point for applicants required to provide a biometric.

VACs send applications to visa offices and transmit decisions to applicants in a secure and confidential manner.

VACs do not process visa applications and have no decision-making authority.

<http://www.cic.gc.ca/english/information/applications/visa.asp>

NEW – Biometrics (Global Expansion)

Depending on your nationality, you may be required to give your biometrics. For additional information on whether you require a biometric, please refer to our fast facts about Biometrics.

<http://www.cic.gc.ca/english/visit/biometrics.asp>

Electronic Travel Authorization (eTA)

As of November 10, 2016, visa-exempt foreign nationals are expected to have an Electronic Travel Authorization (eTA) to fly to or transit through Canada.

Exceptions include U.S. citizens, and travelers with a valid Canadian visa. Canadian citizens, including dual citizens and Canadian permanent residents, are not eligible to apply for an eTA.

<https://www.canada.ca/en/immigration-refugees-citizenship/services/visit-canada/eta.html>

8. TRANSPORT

The organizer will provide official transportation for the participating delegations during the competition.

This transportation service includes airport transfers that are guaranteed only if arrival/departure information is entered into my.ijf.org before the deadline date.

Transfers for this event will be arranged from/to:	
Airport	Aéroport International Montréal-Trudeau
Deadline	October 25th, 2023
LOC Contact	Marie-Hélène Chisholm
LOC Email	event@judocanada.org



LOC Telephone	+1 514 255 5836
----------------------	-----------------

9. HOTELS

All delegations, who inscribe for an IJF / PJC event, must reserve their accommodation in one of the official hotels published in the event outlines. The reservation must be made with the LOC (not directly with the hotel).

Any damage to hotel property resulting from the stay of a National Delegation will be charged to the National Federation and must be paid in full. Delegations are kindly requested not to dry clothing (including judogi) or have training sessions in the corridors of the official hotels.

Deadline	Oct 15, 2023
LOC Contact	Marie-Hélène Chisholm
LOC Email	event@judocanada.org
LOC Telephone	+1 514 255 5836

Note: The LOC will do their best to provide your first choice of accommodation but, as rooms might be limited, this cannot be guaranteed. After the accommodation deadline, the organiser cannot promise rooms in the hotels detailed in these outlines and another official hotel may be added.

HOTEL A: HÔTEL UNIVERSEL MONTRÉAL	
Address	5000 Sherbrooke St E Montreal, Quebec H1V 1A1
Check in	15:00
Check out	12:00
Early Check in / Late check out	No

All rates are per person per night in USD American Dollars and include: lodging, food (depending on the rate) transportation from the airport to the Hotel roundtrip, from the Hotel to the place of competition roundtrip.



HOTEL A: HÔTEL UNIVERSEL MONTRÉAL	
Type of room	Price
Single (no meals)	\$ 230.00 USD
Single FULL BOARD	\$330.00 USD
Double (no meals)	\$130.00 USD
Double FULL BOARD	\$230.00 USD

HOTEL B: AUBERGE ROYAL VERSAILLES	
Address	7200, rue Sherbrooke Est Montréal, Québec, H1N 1E7
Check in	15:00
Check out	12:00
Early Check in / Late check out	No

All rates are per person per night in USD American Dollars and include: lodging, transportation from the airport to the Hotel roundtrip, from the Hotel to the place of competition roundtrip.

HOTEL B: AUBERGE ROYAL VERSAILLES	
Type of room	Price
Single (no meals)	\$160.00 USD
Double (No meals)	\$90.00 USD

IMPORTANT: Reservations must be made through the Organizing Committee of the event without exception. Hotel reservations by mail event@judocanada.org

To optimize your accommodation and stay, it is important that you send us the number of athletes and members of the delegation before October 15th.



The minimum reservation is **three (3) nights per person registered in judobase**. The referee appointed by the IJF/CPJ is not included in this calculation.

PAYMENT

Payments are in cash in US dollar bills. We accept bank transfers and payment upon arrival as long as you have room reservations. To optimize your accommodation and stay, it is important that you send us the number of athletes and members of the delegation before **October 25th**

According to the IJF rule promulgated on December 2, 2012 in Tokyo, "the organizing country should not request a penalty fee for participating countries that cannot make bank transfers but can pay in cash upon arrival." Countries that cannot make bank transfers must inform the organizers well in advance that they will pay in cash upon arrival.

All bank commissions and bank transfer costs must be paid by the participating National Federation to the following bank:

Bank Name	National Bank of Canada
Bank Address	5880 rue Sherbrooke Est, Montreal, Qc
BIC Code	BNDC CA MM INT
Account No	0011862
Bank Code	CC0006
Branch transit	11871
Beneficiary	Judo Canada
Beneficiary address	4141 Pierre de Coubertin, Montreal, QC, H1V 3N7
Payment title	No of Invoice and Country

If the payment is made by bank transfer, the bank information must be inserted correctly and completely in the transfer document and any procedure related to the modification of the bank transfer must be done before arrival. Delegations must ensure that all bank charges are paid at the end so that the organizers receive the correct amount of funds without deductions. The delegation must have proof of bank transfer upon arrival.

Countries must inform the organizers of the number of participants before the deadline. Possible extra room reservations at check-in will also be surcharged with 10%. The "no-show" rooms will result in 100% of the charge of hotel expenses. Room cancellations cannot be made at check-in.

If the rooms are cancelled, the Organizing Committee has the right to charge as follows:	
Without refund, 100% of hotel expenses must be paid from	November 1, 2023
With 50% refund, 50% of hotel expenses must be paid from	October 15, 2023
Cancellations with refund are allowed up to	October 1, 2023

10. TRAINING

Training during the event is the responsibility of the organising federation. Planning and scheduling of training sessions will be organised taking into consideration requests made by delegations daily on a first request made first served basis. To book training contact the LOC.

Training venue	National Training Centre
Adress	4141 Avenue Pierre-de Coubertin, Montreal, QC H1V 3N7
Training dates	November 13th to 15th, 2023
Contact	The schedule for the training camp will be given at the accreditation.

11. MEDALS

First place - Gold medal
 Second place – Silver medal
 Third places (x2) - Bronze medals

12. DOPING CONTROL

The anti-doping control will include: **Four (4) men and Four (4) women.**
 Competitors must report to the doping control station immediately after signing the notification form.



In accordance with art. 5.4.4, before the doping control, the athletes can participate in the award ceremony and fulfill their press commitments or receive medical treatment if necessary.

The selected competitors will be constantly accompanied by an official companion (appointed by the organizing committee) from the moment of notification until arrival at the doping control station. A person of the athletes' choice (team doctor, coach, physical trainer, head of delegation, etc.) can accompany them. PJC reserves the right to evaluate any participating athlete beyond the above selection during an event.

All additional tests are considered in-competition tests. At its own discretion, the IJF may allow Testing Authorities to also conduct out-of-competition testing.

13. PJC AFFILIATION

All participants in these PJC member events must be registered and affiliated before arriving at the event. Every person without exception that appears in the official registry needs to have a valid affiliation which can be done individually or as a federation through <http://panamjudo.org/> affiliations section. You must have your current affiliation to receive your accreditation.

Membership cost: \$100.00 USD*. Affiliation must be paid online; no cash will be accepted for affiliation payment at Event Registration.

***Valid for one fiscal year**

14. GENERAL INFORMATION

FUNDAMENTAL PRINCIPLES

All local and international media representatives participating in the event described in these outlines must respect and accept the authority of the IJF Officials, the IJF Statutes, the IJF Sports and Organization Rules (SOR, <https://www.ijf.org/ijf/documents/24>), and the IJF Anti-Doping Rules (<https://www.ijf.org/ijf/documents/17>). Individuals deemed to have acted against the IJF, its principles or purposes should be subject to suspension or expulsion from the event and/or cancellation of their accreditation cards

INSURANCE

Each National Federation is directly responsible for its athletes (non-pregnancy control and gender control). The National Federation must assume all responsibility for accident and health insurance, as well as civil responsibilities during all IJF / PJC events for all those under its charge. National Federations are responsible



for providing insurance guarantees to their delegates during any event. The Organizing Committee of the event and the PJC/IJF will not be responsible in the absence of insurance.

The Event Committee and the PJC/IJF have no responsibility for any claim of injury, illness or death arising from travel to and participation in this event. All subsequent or extraordinary medical attention, such as injury and/or illness that requires hospitalization, treatments, surgical interventions, and medications, will be assumed, in terms of costs, by the federation of each country. Therefore, all participating delegations and judokas will hold the event organizers harmless for any mishap, injury, accident, illness or death that may arise inside or outside the competition venue or during travel and transfers related to this event.

RESPONSIBILITY OF THE PARTICIPANTS

It is emphasized and special attention is requested from all delegations with respect to the fact that each National Federation is responsible for its competitors. Pregnancy control is the responsibility of each National Federation, and they must assume all responsibility, as well as civil liabilities for their competitors and officials as a result of the above.

In the event of any judicial, quasi-judicial, administrative or regulatory action being filed in which a member National Federation and/or the Panamerican Judo Confederation requires investing resources to defend itself and/or the sport of Judo, then the Member National Federation shall bear any and all liability for indemnifying and holding harmless the Panamerican Judo Confederation against any legal action, costs and repercussions that may occur as a result of legal action.

If an affiliated National Federation desists from indemnifying the Panamerican Judo Confederation for any repercussions, including, but not limited to, payment of damages against the Panamerican Judo Confederation and/or legal payments incurred by the Panamerican Judo Confederation in its defense that increases by legal proceedings, then the Panamerican Judo Confederation will suspend the affiliated National Federation from all activities of the Panamerican Judo Confederation.

CONSENT FOR USE OF DATA/PHOTOGRAPHY/VIDEOS/FILMING

Delegates inscribed by their National Federations for IJF/PJC/OJU events consent to IJF/PJC/OJU and its media partners to use content of them, including data, live results, photos and/or video recordings (hereafter referred to as Media). This media may be obtained from the National Federations and IJF/PJC/OJU. Media could be used in print and digital media formats, including print publications, websites, e-marketing, posters, banners, advertising, film, broadcast, social media, educational and other purposes.

If a delegate does not give consent for use of data, photography, videos and filming then the National



Federation must inform the International Judo Federation by writing to registration@ijf.org and the PJC to info@panamjudo.org

COMPETITION RULES

The competition will be conducted in accordance with the IJF SOR (<https://www.ijf.org/ijf/documents/21>) and the IJF Anti-Doping Rules (<https://www.ijf.org/ijf/documents/17>).

Competition system for the **PANAMERICAN OPEN** event: Quarter-final Repechage (last 8) for categories of 6 or more athletes/teams and low number system for IJF world ranking events for categories of 5 or less athletes, duration of the contest: four (4) minutes (real time)

- Women: -48kg, -52kg, -57kg, -63kg, -70kg, -78kg, +78kg
- Men: -60kg, -66kg, -73kg, -81kg, -90kg, -100kg, +100kg

REGISTRATION

Only entries from National Judo Federations members of the IJF/PJC will be accepted.

Athletes may enter ONLY one weight category per event. Each person may only enter one role (athlete, coach, referee, team official, etc.) per event.

The National Federation is responsible for obtaining legal approval and permission for underage athletes to compete. When traveling with minors, the team official/coach must have all the necessary documents authorizing them to act on behalf of the parents/guardians *"in loco parentis"*. This also applies to doping control. The National Federation must ensure that underage athletes have parental/guardian permission to undergo testing.

Panamerican Open

No athlete registration limit per weight category

ACCREDITATIONS

The accreditation and delivery of the credentials will be carried out according to the COVID19 health protocol on the days that they are in the program. Accreditation will be carried out through a shift system.

The head of delegation of each National Federation must appear on time to accredit the arrival of all athletes and delegates. Your late attendance or absence at the accreditation control will mean the exclusion of all competitors from the draw and from the event.



All competitors, technicians and delegates will be provided with credentials, which they must carry at all times. Passports of all participants must be always available, if required.

Number of accredited officials according to athletes registered in the event (includes team officials, coaches, doctors and physiotherapists):

- One - four (1-4) competitors = three (3) officials.
- Five - nine (5-9) competitors = five (5) officials.
- 10 or more competitors = seven (7) officials.

The accreditations for the president of the National Federation, the referee and the judoka are not included in the previous calculation. The fee for additional officials (who must be registered in PJC) is USD \$100.00 each and will be paid to the Local Organizing Committee. The replacement of the lost or forgotten accreditation will have a cost of \$50.00 USD to be paid to the PJC.

DRAW

Up to a maximum of the eight best athletes among the registered athletes in each weight class will be seeded based on their position in the IJF world ranking.

OFFICIAL JUDOGI

Athletes must compete wearing an IJF approved judogi (white and blue) from one of the following official suppliers: www.ijf.org/supplier-list For more information on judogi rules, please refer to the IJF SOR (<https://http://www.ijf.org/ijf/documents/21>).

IJF OFFICIAL BACKNUMBER

Each competitor is required to sew on the back of his judogi a backnumber with his last name and the abbreviation of the National Olympic Committee. The last name (and any part of your first name) in the backnumber must have the same letters as those registered in judobase since information for accreditations, TV graphics, scoreboard, etc. is provided from this database. The top of the backnumber must be attached horizontally and centrally three (3) cm from the bottom of the neck.

The backnumber can only be ordered at www.officialbacknumber.com or www.mybacknumber.com

PRE-CONTROL OF JUDOGI AND BACKNUMBER

The Education Commission will control the backnumber of the judogi jacket the day before the competition. The verification process will begin half an hour before the unofficial weigh-in and will end at the same time as the official weigh-in (see schedule for times). The backnumber and advertising must comply with the current IJF judogi regulations.

The judogi control will be carried out before each competition.



WEIGH IN

Weigh-in will take place in accordance with the IJF SOR. The official weigh-in of the athletes will be scheduled the day before the competition (see program for times).

WORLD RANKING POINTS (WRL)

An athlete is in competition only once they pass the official weigh-in.

If an athlete passes the official weigh-in and is left alone in the category, she will get the participation ranking points, if applicable.

Any athlete who does not go to the mat for a contest will have a line over her name on the draw sheet. Your opponent must approach the mat and salute. He/she will be declared the winner by fusen-gachi and will be awarded WRL points.

COACH

The coaches' code of conduct must be strictly observed, including the dress code, and must comply with IJF standards.

- Draw: (when in presential) formal suit (jacket, pants, shirt and tie for men; jacket, pants/skirt/dress, blouse for women) and formal shoes (no sneakers or sandals).
- Preliminary rounds: national diver with pants that reach the shoes. Coaches may wear official short- or long-sleeved national jerseys and athletic shoes (no sandals).
- For the final block: formal suit (jacket, pants, shirt and tie for men; jacket, pants/skirt/dress, blouse for women) and formal shoes (no sneakers or sandals).

If a trainer gives directions during combat (no mate), he receives a first warning. In case of reoffending, he will be excluded from the competition area. Any attitude contrary to the spirit of judo will be penalized. If a coach does not respect these rules, he may be expelled from the competition area. If the coach persists in his conduct from outside the competition area, he could be sanctioned and expelled from the tournament premises.

AWARD CEREMONY

- Any competitor who has won a medal must attend the ceremony and receive the medal in person. If an athlete is absent during the award ceremony for an invalid reason, he will lose his right to the medal.



PJC

PANAMERICAN OPEN
MONTREAL 2023

- Athletes must attend the medal ceremony barefoot, without a hat, cap or any similar head covering and wearing their IJF approved white judogi that complies with the IJF judogi rules, paying particular attention to the advertising rule. If it is not clean, then they must wear a reserve judogi.
- Competitors are strictly prohibited from bringing their national flags or similar identification to the podium. Any religious, political, personal or commercial demonstration, or to do so using any hat or other head covering or any other gadget is prohibited.
- Athletes must also be available for interviews after the last award ceremony if requested by the IJF/PJC press team.