



PANAMERICAN JUDO CONFEDERATION

Event Outlines

CADET PANAMERICAN CUP JUNIOR PANAMERICAN CUP VARADERO 2023



CUBA

APRIL 05 -06



v.07FEB 2023

**WELCOME OF THE PRESIDENT OF
CUBAN JUDO FEDERATION**

Greetings and welcome all of you to Cuba!

On behalf of the Cuban Judo Federation and the Institute of Sports and Recreation (INDER) I express our great honor to once again start organizing Judo competitions in Cuba.

As you all remember, for many years, Cuba organized great Judo classics such as the Judo Dorado and the José Ramon Rodríguez Cup. The Cuban Judo Federation has a strong commitment to host the first Ronaldo Veitia Youth Cup for Sub 13 Sub 15 ; Cadets & Junior Pan American Cup and the Pan American Open qualifying for Paris 2024 & Santiago'23 and finally, the Veterans Super Cup.

We are sure that, from April 4, we will witness sports performances of the highest quality. We invite you to come with your best athletes and fair play, making the most of this great experience.

Our Federation, together with INDER, are putting all their efforts so that this event, organized on the iconic beach of Varadero, is of great quality and that your experience be magnificent on our beautiful Island. The event will take place following the standards of Security and technical organization of a very high level.

We thank both the International Judo Federation and the Pan American Judo Confederation, for the trust given to carry out these great competitions in Varadero-Cuba.

International judo returns to Cuba, and we welcome them with open arms!



Rafael Manso
President
Cuban Judo Federation

IMPORTANT INFORMATION

BEFORE TRAVELLING

- Passports must be valid for at least 6 months from your arrival date.
- Check the entry requirements of the host country and the requirements of the airline (if applicable).
- Check if you need a visa and if so, apply to the Local Organizing Committee (LOC) according to the details in the **ENTRY TO THE HOST COUNTRY** section
- Send your travel information (arrivals and departures) **and a copy of the passport of each member of your delegation** to the Organizing Committee.
- Book your accommodation with the Organizing Committee and send a detailed accommodation list.
- Have a signed and approved individual Waiver of Liability (LRW) at <https://my.ijf.org/> . The form can be found in the documents section: <https://www.ijf.org/covid19/2663>

ENTRY TO THE HOST COUNTRY

Each participant is responsible for ensuring that they follow the entry rules (passport validity, visas, entry permission letter, COVID-19, etc.) for the host country. Entry rules may be subject to change, current information can be found here: <https://dviajeros.mitrans.gob.cu/>

INSURANCE

- It is the responsibility of the National Federation to ensure that, in addition to your regular insurance, you have insurance to cover any costs related to COVID-19, including hospitalization and repatriation.
- The Organizing Committee of the event, the IJF and the CPJ do not accept any responsibility for any claim related to the cancellation of the event due to COVID-19 or medical costs for any illness related to COVID-19 that may affect a National Federation or member of the delegation during the event.

BEFORE AND DURING THE EVENT

- Follow the COVID-19 measures of the Government of the host country (see section **ENTRY TO THE HOST COUNTRY**).
- Follow the rules of the IJF COVID-19 Protocol (covid.ijf.org).
- Wash/sanitize your hands regularly.

- Inform the delegation, the IJF or LOC COVID-19 manager and undergo contactless temperature measurement and/or COVID-19 testing in case of suspected COVID-19 infection.
- LOC government measures may be stricter than those detailed in the IJF COVID-19 protocol or vice versa, the stricter rules MUST be followed

**IJF/PJC reserve the right to evaluate any participant
in case of suspected COVID-19**

USE OF MASK

The use of masks is optional*, unless required by the government of the host country, with the exception of competition/refereeing/training/award ceremony, on the competition mat, on the warm-up mat, during the warm-up or training, or while eating in designated dining areas.

(*) The IJF Medical Commission continues to recommend the use of masks in areas where social distancing is mandatory.

COVID TESTS TO LEAVE THE COUNTRY

Exit tests, if required, can be booked with the LOC.

Where to book	in accreditation
PCR test price	\$75.00 USD
Antigen test price	\$45.00 USD
Payment method	Cash US DOLLARS

IMPORTANT NOTE:

CURRENT LAWS ESTABLISH REQUIREMENTS TO ENTER **CUBA**, AND OTHER REQUIREMENTS TO PARTICIPATE IN SPORTING EVENTS. ALL THESE REQUIREMENTS TODAY HAVE BEEN TAKEN INTO CONSIDERATION IN THESE RULES OF THE EVENT. HOWEVER, AS THROUGHOUT THE WORLD, THE MEASURES ARE CHANGING ACCORDING TO THE EPIDEMIOLOGICAL SITUATION, SO THERE IS THE POSSIBILITY OF SOME CHANGE IN THE REQUIREMENTS.

1. PROGRAM

Date	Hour	Activity	Place
Monday April 3rd, 2023	15:00 – 19:00	Accreditation Cadet / Junior Panamerican Cup	Hotel
Tuesday April 4th 2023	09:00 – 12:00	Accreditation Cadet / Junior Panamerican Cup	Hotel
	14:00	Draw Cadet / Junior Panamerican Cup	Online
	17:00	Referee Meeting Cadet / Junior Panamerican Cup	Hotel
	To confirm	Judo backnumber pre-control Cadet Panamerican Cup	Hotel
	15:30 – 16:00	Unofficial weigh-in Cadet Panamerican Cup	Hotel
	16:00 – 16:30	Official weigh-in Cadet Panamerican Cup	Hotel
Wednesday April 5th 2023	Day 1 – Cadet Panamerican Cup F: -40kg, -44kg, -48kg, -52kg, -57kg, -63kg, -70kg, +70kg M: -50kg, -55kg, -60kg, -66kg, -73kg, -81kg, -90kg, +90kg		
	To confirm*	Preliminaries	Hotel
	16:00	Final Block	Hotel
	To confirm*	Judo backnumber pre-control Junior Panamerican Cup	Hotel
	15:30 – 16:00	Unofficial weigh-in Junior Panamerican Cup	Hotel
	16:00 – 16:30	Official weigh-in Junior Panamerican Cup	Hotel
Thursday April 6th 2023	Day 2 – Junior Panamerican Cup F: -48kg, -52kg, -57kg, -63kg, -70kg, -78kg, +78kg M: -60kg, -66kg, -73kg, -81kg, -90kg, -100kg, +100kg		
	To confirm*	Preliminaries	Hotel
	16:00	Final Block	Hotel

* The start time will be confirmed once the final number of athletes is known.

2. DATE

Cadet Panamerican Cup: Wednesday April 5, 2023

Junior Panamerican Cup: Thursday April 6, 2023

3. REGISTER

Action	Deadline	# of days before the 1st day of competition
Invitation letter (with passport copy) *	March 10, 2023	26
Hotel reservation	March 10, 2023	26
Hotel payment	March 10, 2023	26
Travel information	March 23, 2023	13
Nominal registration by judobase	March 31, 2023	05

***Only letters of invitation and visa applications will be managed for people registered IJF/PJC registration platform and for accompanying parents/relatives of delegation have valid hotel reservations thru the LOC.**

Registration must be done with the IJF online registration system at <https://admin.judobase.org/>. Delegations that do not register within the date indicated on that website will not be able to participate, without exception. Registration deadline: **March 31**.

4. PARTICIPANTS

All participants must have a valid IJF affiliation and be registered on the IJF platform by their National Federation.

- Any participant is eligible to register for the event if they meet the following requirements:
 - Not be under a disciplinary suspension.
 - Not be suspended for anti-doping rule violations.
 - Not be under medical suspension.
 - Be healthy and fit for the competition.
 - Not be a carrier of any contagious disease that could put the health of others at risk.
 - Sufficient technical knowledge (knows the terminology and execution of all techniques in the IJF SOR Appendix H) and understanding of the IJF sporting and refereeing rules.

- Participants must also comply with all regulations of the IJF COVID-19 Protocol and the local COVID19 protocol.

Participants from countries members of the Panamerican Judo Confederation should review section **13 PJC AFFILIATION**

Cadet Panamerican Cup

- The date of birth and nationality must be proven by means of an official PASSPORT from the country of origin.
- Only national teams from federations that are members of the IJF
- Minimum age: Born from 2006 to 2008.

Junior Panamerican Cup

- The date of birth and nationality must be proven by means of an official PASSPORT from the country of origin.
- Only national teams from federations that are members of the IJF
- Minimum age: Born from 2003 to 2008.

5. ORGANIZER

Name	Federación Cubana de Judo
Address	Ciudad deportiva via blanca y boyeros el municipio cerro
E-mail	info@judocarnival.com
Website	www.judocarnival.com

6. VENUE

Place	Melia Internacional Varadero All Inclusive Hotel
Number of areas	2 mats
Address	5QGR+8VJ, Carretera de Las Morlas,
City Country	Varadero, Cuba

7. ENTRY TO THE HOST COUNTRY

The LOC will assist with visas where possible, but having the correct visa is the responsibility of each participant. Visa applications will only be accepted for people who are registered in **Judobase** for the event and have made their hotel reservations thru the LOC.

It is the responsibility of the National Federation to ensure that its delegation respects the conditions of stay defined by the Government of the host country of the event. If any participant does not respect these conditions, the derived expenses will be borne by the corresponding National Federation.

Please note that visa approvals or rejections are done by the Government authorities and the LOC has no control over this and cannot be held responsible for any rejections.

Deadline	March 10, 2023
LOC Email	visas@judocarnival.com

8. TRANSPORT

The organizer will provide official transportation for competing delegations and their guests during the competition. This transportation service includes airport transfers.

To guarantee airport transfers, arrival, and departure details for each participant, must be sent to the organizer by **March 23**.

Transfers for this event will be arranged from/to:	
Airport	Juan Gualberto Gómez International Airport - Varadero Cuba (15 minutes to the hotel)
Deadline	March 23, 2023
LOC Contact	Alejandra Luna
LOC Email	judo.cuba2023@mgoevents.com
LOC Telephone	+52 33 3629 1276

9. HOTELS

All delegations, who inscribe for an IJF / PJC event, must reserve their accommodation in one of the official hotels published in the event outlines. The reservation must be made with the LOC (not directly with the hotel).

Any damage to hotel property resulting from the stay of a National Delegation will be charged to the National Federation and must be paid in full. Delegations are kindly requested not to dry clothing (including judogi) or have training sessions in the corridors of the official hotels.

Deadline	March 10, 2022
LOC Contact	Alejandra Luna
LOC Email	judo.cuba2023@mgoevents.com
LOC Telephone	+52 33 3629 1276

Note: The LOC will do their best to provide your first choice of accommodation but, as rooms might be limited, this cannot be guaranteed. After the accommodation deadline, the organiser cannot promise rooms in the hotels detailed in these outlines and another official hotel may be added.

HOTEL A: MELIA INTERNACIONAL VARADERO ALL INCLUSIVE HOTEL	
Address	5QGR+8VJ, Carretera de Las Morlas, Varadero, Cuba
Check in	15:00
Check out	12:00
Early Check in / Late check out	No

All rates are per person per night in USD American Dollars include accommodation, food (breakfast, lunch and buffet dinner), all kinds of drinks and snacks 24 hours a day, access to beaches, more than 3 restaurants with a variety of "All-inclusive" meals. Transportation from the airport to the Hotel and back, from the Hotel to the airport will be provided to the participating countries by the Organizing Committee.

MELIA INTERNACIONAL VARADERO ALL INCLUSIVE HOTEL	
Room type	Full Board – All Inclusive
Single	\$ 250.00 USD
Twin	\$ 215.00 USD
Triple	\$ 195.00 USD

IMPORTANT: Reservations must be made through the Organizing Committee of the event without exception. Hotel reservations by mail judo.cuba2023@mgoevents.com

To optimize your accommodation and stay, it is important that you send us the number of athletes and members of the delegation before March 10

The minimum reservation for a delegation is three (3) nights multiplied by the total number of people registered in judobase. The referee appointed by the IJF/PJC is not included in this calculation.

Example: 4 people enrolled in judobase (without referee) = 4×3 nights = 12 nights or more must be booked
17 people enrolled in judobase (including 1 referee) = $(17-1) \times 3 = 48$ nights or more must be booked

PAYMENT

Payments are in cash in US dollar bills. We accept bank transfers and payment upon arrival as long as you have room reservations. To optimize your accommodation and stay, it is important that you send us the number of athletes and members of the delegation before **March 10th**



ALL INCLUSIVE HOTEL

- Alberca • 11 bares o lounges • Snack bar o deli • Vóleibol de playa • Wifi gratis • Bar junto a la alberca • Actividades • Básquetbol • Gimnasio • Bar en la alberca • En la playa • Kayaks • Desayuno buffet incluido todos los días de 07:00 a 10:00 • Cafetería • Servicio a la habitación con horario limitado • Clases de fitness • Conciertos o espectáculos en vivo • 6 restaurantes • Clases de yoga • Paseos en velero

According to the IJF rule promulgated on December 2, 2012 in Tokyo, "the organizing country should not request a penalty fee for participating countries that cannot make bank transfers but can pay in cash upon arrival." Countries that cannot make bank transfers must inform the organizers well in advance that they will pay in cash upon arrival.

All bank commissions and bank transfer costs must be paid by the participating National Federation to the following bank:

Nombre del Beneficiario	Servicios Corporativos SRP
Plaza / Square:	New York
Dirección / Address:	225 Liberty Street New York, NY 10286, United States
Nombre del Banco	Bank of New York Mellon
Cuenta Banco Intermediario / Intermediary Bank Account:	8901084190
ABA:	021000018
SWIFT:	IRVTUS3N
Banco Beneficiario / Beneficiary Bank:	Intercom Banco S.A. Institución de Banca Múltiple Intercom Grupo Financiero
Dirección / Address:	Av. Lago Zúrich 219 Piso 3 Colonia Ampliación. Granada Alcaldía Miguel Hidalgo CDMX C.P. 11529
SWIFT:	INTEMXMMXXX
Beneficiario (Cuenta) / Beneficiary (Account)	136 010 000 000 091 342

If the payment is made by bank transfer, the bank information must be inserted correctly and completely in the transfer document and any procedure related to the modification of the bank transfer must be done before arrival. Delegations must ensure that all bank charges are paid at the end so that the organizers receive the correct amount of funds without deductions. The delegation must have proof of bank transfer upon arrival.

Countries must inform the organizers of the number of participants before the deadline. Possible extra room reservations at check-in will also be surcharged with 10%. The "no-show" rooms will result in 100% of the charge of hotel expenses. Room cancellations cannot be made at check-in.

If the rooms are cancelled, the Organizing Committee has the right to charge as follows:	
Without refund, 100% of hotel expenses must be paid from	April 1, 2023
With 50% refund, 50% of hotel expenses must be paid from	March 31, 2023
Cancellations with refund are allowed up to	March 10, 2023

10. TRAINING

Training during the event is the responsibility of the organizing federation. Planning and scheduling of training sessions will be organized taking into consideration requests made by delegations daily on a first come first served basis. To book training contact the LOC upon arrival.

Address	MELIA INTERNACIONAL VARADERO ALL INCLUSIVE HOTEL
Location	5QGR+8VJ, Carretera de Las Morlas, Varadero, Cuba
Training dates	April 05 to 09
Training times	09:00-14:00

11. MEDALS

First place - Gold medal

Second place – Silver medal

Third places (x2) - Bronze medals

12. POST EVENT SURVEY

After each event a questionnaire will be sent for your constructive comments and feedback on how to improve the next edition of the event. You can also email info@panamjudo.org

13. PJC AFFILIATION

All participants in these PJC member events must be registered and affiliated before arriving at the event. Every person without exception that appears in the official registry needs to have a valid affiliation which can be done individually or as a federation through <http://panamjudo.org/> affiliations section. You must have your current affiliation to receive your accreditation.

Membership cost: \$100.00 USD*. (All participating members of the PJC). Membership must be paid online, no cash will be accepted for membership payment at Event Registration.

***Valid for one fiscal year**

14. GENERAL INFORMATION

FUNDAMENTAL PRINCIPLES

All local and international media representatives participating in the event described in these outlines must respect and accept the authority of the IJF Officials, the IJF Statutes, the IJF Sports and Organization Rules (SOR, <https://www.ijf.org/ijf/documents/24>), and the IJF Anti-Doping Rules (<https://www.ijf.org/ijf/documents/17>). Individuals deemed to have acted against the IJF, its principles or purposes should be subject to suspension or expulsion from the event and/or cancellation of their accreditation cards

INSURANCE

Each National Federation is directly responsible for its athletes (non-pregnancy control and gender control). The National Federation must assume all responsibility for accident and health insurance, as well as civil responsibilities during all IJF / PJC events for all those under its charge. National Federations are responsible for providing insurance guarantees to their delegates during any event. The Organizing Committee of the event and the PJC/IJF will not be responsible in the absence of insurance.

The Event Committee and the PJC/IJF have no responsibility for any claim of injury, illness or death arising from travel to and participation in this event. All subsequent or extraordinary medical attention, such as injury and/or illness that requires hospitalization, treatments, surgical interventions, and medications, will be assumed, in terms of costs, by the federation of each country. Therefore, all participating delegations and judokas will hold the event organizers harmless for any mishap, injury, accident, illness or death that may arise inside or outside the competition venue or during travel and transfers related to this event.

RESPONSIBILITY OF THE PARTICIPANTS

It is emphasized and special attention is requested from all delegations with respect to the fact that each National Federation is responsible for its competitors. Pregnancy control is the responsibility of each National Federation, and they must assume all responsibility, as well as civil liabilities for their competitors and officials as a result of the above.

In the event of any judicial, quasi-judicial, administrative or regulatory action being filed in which a member National Federation and/or the Panamerican Judo Confederation requires investing resources to defend itself and/or the sport of Judo, then the Member National Federation shall bear any and all liability for indemnifying and holding harmless the Panamerican Judo Confederation against any legal action, costs and repercussions that may occur as a result of legal action.

If an affiliated National Federation desists from indemnifying the Panamerican Judo Confederation for any repercussions, including, but not limited to, payment of damages against the Panamerican Judo Confederation and/or legal payments incurred by the Panamerican Judo Confederation in its defense that increases by legal proceedings, then the Panamerican Judo Confederation will suspend the affiliated National Federation from all activities of the Panamerican Judo Confederation.

CONSENT FOR USE OF DATA/PHOTOGRAPHY/VIDEOS/FILMING

Delegates inscribed by their National Federations for IJF/PJC/OJU events consent to IJF/PJC/OJU and its media partners to use content of them, including data, live results, photos and/or video recordings (hereafter referred to as Media). This media may be obtained from the National Federations and IJF/PJC/OJU. Media could be used in print and digital media formats, including print publications, websites, e-marketing, posters, banners, advertising, film, broadcast, social media, educational and other purposes.

If a delegate does not give consent for use of data, photography, videos and filming then the National Federation must inform the International Judo Federation by writing to registration@ijf.org and the PJC to info@panamjudo.org

COMPETITION RULES

The competition will be conducted in accordance with the IJF SOR (<https://www.ijf.org/ijf/documents/21>) and the IJF Anti-Doping Rules (<https://www.ijf.org/ijf/documents/17>)

Competition system for **CADET PANAMERICAN CUP** event: double repechage for categories of 6 or more athletes/teams and low number system for IJF world ranking events for categories of 5 or less athletes, duration of the contest: three (3) minutes (real time)

Competition system for **JUNIOR PANAMERICAN CUP** event: double repechage for categories of 6 or more athletes/teams and low number system for IJF world ranking events for categories of 5 or less athletes, duration of the contest: four (4) minutes (real time)

Cadet Panamerican Cup

- Female: -40kg, -44kg, -48kg, -52kg, -57kg, -63kg, -70kg, +70kg
- Male: -50kg, -55kg, -60kg, -66kg, -73kg, -81kg, -90kg, +90kg

Junior Panamerican Cup

- Female: -48kg, -52kg, -57kg, -63kg, -70kg, -78kg, +78kg
- Male: -60kg, -66kg, -73kg, -81kg, -90kg, -100kg, +100kg

REGISTRATION

Only entries from National Judo Federations members of the IJF/PJC will be accepted.

Athletes may enter ONLY one weight category per event. Each person may only enter one role (athlete, coach, referee, team official, etc.) per event.

The National Federation is responsible for obtaining legal approval and permission for underage athletes to compete. When traveling with minors, the team official/coach must have all the necessary documents authorizing them to act on behalf of the parents/guardians *"in loco parentis"*. This also applies to doping control. The National Federation must ensure that underage athletes have parental/guardian permission to undergo testing.

Cadet Panamerican Cup

No athlete registration limit per weight category

Junior Panamerican Cup

No athlete registration limit per weight category

ACCREDITATIONS

The accreditation and delivery of the credentials will be carried out according to the COVID19 health protocol on the days that they are in the program. Accreditation will be carried out through a shift system.

The head of delegation of each National Federation must appear on time to accredit the arrival of all athletes and delegates. Your late attendance or absence at the accreditation control will mean the exclusion of all competitors from the draw and from the event.

All competitors, technicians and delegates will be provided with credentials, which they must carry at all times. Passports of all participants must be always available, if required.

Number of accredited officials according to athletes registered in the event (includes team officials, coaches, doctors and physiotherapists):

- One - four (1-4) competitors = three (3) officials.
- Five - nine (5-9) competitors = five (5) officials.
- 10 or more competitors = seven (7) officials.

The accreditations for the president of the National Federation, the referee and the judoka are not included in the previous calculation. The fee for additional officials (who must be registered in PJC) is USD 100.00 each and will be paid to the Local Organizing Committee. The replacement of the lost or forgotten accreditation will have a cost of 50.00 USD to be paid to the PJC.

DRAW

Up to a maximum of the eight best athletes among the registered athletes in each weight class will be seeded based on their position in the IJF world ranking.

OFFICIAL JUDO GI

Athletes must compete wearing an IJF approved judogi (white and blue) from one of the following official suppliers: www.ijf.org/supplier-list For more information on judogi rules, please refer to the IJF SOR (<https://http://www.ijf.org/ijf/documents/21>).

IJF OFFICIAL BACKNUMBER

Each competitor is required to sew on the back of his judogi a backnumber with his last name and the abbreviation of the National Olympic Committee. The last name (and any part of your first name) in the backnumber must have the same letters as those registered in judobase since information for accreditations, TV graphics, scoreboard, etc. is provided from this database. The top of the backnumber must be attached horizontally and centrally three (3) cm from the bottom of the neck.

The backnumber can only be ordered at www.officialbacknumber.com or www.mybacknumber.com

PRE-CONTROL OF JUDO GI AND BACKNUMBER

The Education Commission will control the backnumber of the judogi jacket the day before the competition. The verification process will begin half an hour before the unofficial weigh-in and will end at the same time

as the official weigh-in (see schedule for times). The backnumber and advertising must comply with the current IJF judogi regulations.

The judogi control will be carried out before each competition.

WEIGH IN

Weigh-in will take place in accordance with the IJF SOR. The official weigh-in of the athletes will be scheduled the day before the competition (see program for times).

WORLD RANKING POINTS (WRL)

An athlete is in competition only once they pass the official weigh-in.

If an athlete passes the official weigh-in and is left alone in the category, she will get the participation ranking points, if applicable.

Any athlete who does not go to the mat for a contest will have a line over her name on the draw sheet. Your opponent must approach the mat and salute. He/she will be declared the winner by fusen-gachi and will be awarded WRL points.

COACH

The coaches' code of conduct must be strictly observed, including the dress code, and must comply with IJF standards.

- Draw: (when in presential) formal suit (jacket, pants, shirt and tie for men; jacket, pants/skirt/dress, blouse for women) and formal shoes (no sneakers or sandals).
- Preliminary rounds: national diver with pants that reach the shoes. Coaches may wear official short- or long-sleeved national jerseys and athletic shoes (no sandals).
- For the final block: formal suit (jacket, pants, shirt and tie for men; jacket, pants/skirt/dress, blouse for women) and formal shoes (no sneakers or sandals).

If a trainer gives directions during combat (no mate), he receives a first warning. In case of reoffending, he will be excluded from the competition area. Any attitude contrary to the spirit of judo will be penalized. If a coach does not respect these rules, he may be expelled from the competition area. If the coach persists in his conduct from outside the competition area, he could be sanctioned and expelled from the tournament premises.



AWARD CEREMONY

- Any competitor who has won a medal must attend the ceremony and receive the medal in person. If an athlete is absent during the award ceremony for an invalid reason, he will lose his right to the medal.
- Athletes must attend the medal ceremony barefoot, without a hat, cap or any similar head covering and wearing their IJF approved white judogi that complies with the IJF judogi rules, paying particular attention to the advertising rule. If it is not clean, then they must wear a reserve judogi.
- Competitors are strictly prohibited from bringing their national flags or similar identification to the podium. Any religious, political, personal or commercial demonstration, or to do so using any hat or other head covering or any other gadget is prohibited.
- Athletes must also be available for interviews after the last award ceremony if requested by the IJF/PJC press team.