#### **IJF SOR Version 20 January 2023**

(Added text / deleted text / action = updates from previous version 9 March 2022)

#### **English text version 9 March 2022**

## **Sport and Organisation Rules**

#### **Table of Contents**

#### **Abbreviations**

## CARE - Computer Assisted Replay system

**EOG** - Event Organisation Guide

IJF - International Judo Federation

IOC - International Olympic Committee

LOC - Local Organising Committee

N/A - Not applicable

NOC - National Olympic Committee

SOR - Sport and Organisation Rules

WJT - World Judo Tour

WRL - World Ranking List

## **Exceptional Situations**

Any situation that is not covered by the International Judo Federation (IJF) Sport and Organisation Rules (SOR) shall be dealt with by the IJF Executive Committee. If an urgent decision is needed and an Executive Committee decision is not possible the IJF Ad Hoc Commission should be composed of one (1) representative from Refereeing, one (1) from Sport and one (1) from Education and Coaching. If possible, composition of the Ad Hoc Commission should include one (1) IJF elected official.

#### **Amendment to the Sport and Organisation Rules**

The IJF is entitled to amend its rules and regulations in a reasonable manner at any time, based on its operation and management needs and pursuant to legal procedures. Amendments must be approved by the IJF Executive Committee. The IJF will notify such amendments to its members by any method as IJF deems appropriate (including but not limited to memorandum email, website publication, or declaration at a meeting, etc.).

In the IJF SOR the masculine gender is used to refer to any physical person, (i.e., member, leader, team official, participant, athlete, coach, judge, referee, or chaperone etc.) and it shall, unless there is a specific provision to the contrary, be understood to include the feminine gender.

The terms "National Judo Federation" and "National Federation" shall refer to a member of the IJF.

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The terms "National Judo Federation" and "National Federation" shall refer to a member of the IJF.

For translations of Japanese terms refer to Appendix H.

The latest version of the IJF SOR can be downloaded at: https://www.ijf.org/ijf/documents/214

The original language of this document is English except for Appendix C and the IJF Disciplinary Code and Code of Ethics, which have been translated from French.

Comments and feedback can be sent to sport@ijf.org

## SECTION 1 GENERAL INFORMATION

## 1.1 Preamble and Basic Principles

The Sport and Organisation Rules (SOR) of the International Judo Federation (IJF) in conjunction with the statutes, finance rules, contract with the relevant National Judo Federation (hereafter referred to as National Federation) and the IJF Event Organisation Guide (EOG), are the binding documents for the holding of the events on the IJF World Judo Tour (WJT). For all events on the WJT the IJF has final appellate jurisdiction.

Specific supplemental procedures will be issued for the holding of judo competitions at the Summer Olympic and Youth Olympic Games.

The IJF Executive Committee shall allocate events to host organising committees. The organisation of any world championships is the concern of the following bodies: the IJF, the Continental Union to which the organising National Federation belongs and the National Federation, which has been commissioned by the IJF Executive Committee to be the host. The Continental Union is consulted in any questions and supports both the IJF and the National Federation. The National Federation must name an Organising Committee to deal with the organisation of the event.

The IJF shall accept control over regional judo competitions whenever this is so directed by the Executive Committee or the IJF Congress. This requires adherence to the above rules and documents. In such judo competitions refereeing and technical organisation shall be dealt with by the Continental Union or regional body and supervised by the officials nominated by the IJF.

Persons taking part in the sport of judo are deemed to have agreed to and be bound by this SOR.

The IJF Veterans Commission is responsible for all IJF veteran activities (Appendix A). The IJF Kata Commission is responsible for all IJF kata activities (Appendix B).

For translations of Japanese terms refer to Appendix H.

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Persons taking part in the sport of judo are deemed to have agreed to and be bound by this SOR.

#### 1.1.1 Behaviour at IJF Events

Everyone attending an IJF WJT event should always be mindful of their behaviour, following the judo values. Unacceptable behaviour, violence or aggression will not be tolerated. Any athlete who disrespects their opponent at the end of a contest risks disqualification, removal of prize money and of WRL points and a disciplinary action may be initiated.

### 1.2 Clean Judo

Integrity, discipline, and ethics are core principles in judo, both on and off the field of play, refer to Appendix F for the IJF Disciplinary Code and IJF Code of Ethics.

Further information on the International Olympic Committee (IOC) Code of Ethics can be found in this document "Olympic Movement Code on the Prevention of the Manipulation of Competitions".

https://stillmed.olympics.com/media/Document%20Library/OlympicOrg/IOC/What-We-Do/Protecting-Clean-Athletes/Competition-manipulation/Code-Prevention-Manipulation-Competitions.pdf

Betting companies and organisations responsible for betting cannot be used on any advertising and marketing materials used on the IJF WJT.

## **1.2.1 Disciplinary Commission**

The IJF Executive Committee has the authority to establish a Disciplinary Commission to evaluate presumed violation of the IJF rules and it reserves the right to take disciplinary measures in the case of cheating, misconduct and any behaviour contrary to the ethics and moral values of sport, particularly judo, and any violation of the IJF SOR.

The IJF Disciplinary Commission will take sanctions in compliance with the IJF Disciplinary Code (Appendix F). If during an IJF event, starting from the arrival (normally airport or train station) at the event and until the departure from the event, there is an incident an immediate decision to suspend anyone involved may be taken on the spot. This decision will be placed under the responsibility of an Executive Committee member, nominated before each event by the IJF President, who will form an IJF Ad Hoc Commission to deal with the issue. The IJF Ad Hoc Commission will consist of IJF Executive Committee members or their representatives.

Any incident will be communicated immediately to the IJF President, IJF Executive Committee members and the IJF Disciplinary Commission. A possible sanction decision will be taken after having heard the person/people concerned and any potential witness(es). If the concerned person is a minor, an adult responsible for the

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delegation will accompany them, during the discussion. As soon as the decision is taken, the IJF Ad Hoc Commission will immediately inform the IJF President, the IJF Executive Committee and the IJF Disciplinary Commission about its decision.

A report of the incident and final decision should be sent to the IJF Disciplinary Commission, c/o the IJF General Secretariat, within three days of the date of the incident. The report will be written by the Education and Coaching Commission and must state the following: the facts, including the recall of the alleged facts, a summary of the observations and arguments of the parties, the grounds for the decision and any other comments.

The IJF Disciplinary Commission, upon receipt of the documents, will inform those involved about its decision 15 days after the date of the incident. The IJF Disciplinary Commission will decide the start date and the duration of the suspension.

If an individual disagrees with a decision, a written appeal may be submitted to the IJF Disciplinary Commission, c/o the IJF General Secretariat, within one calendar month from the incident date. In the case of suspension, the decision will stand until the outcome of the appeal is heard.

## 1.2.2 Match Fixing and Competition Manipulation

The integrity of sport depends on the outcome of sporting events and competitions being based entirely on the merits of the participants involved. Any form of corruption that might undermine public confidence in the integrity of a judo contest is fundamentally contrary to the spirit of sport and subject to severe sanctions.

The IJF has rules dedicated to sports integrity in relation to betting. There are four core rules to remember:

- Always do your best, never fix a contest.
- Never bet on your competition, never bet on your sport.
- Never share information that could be used for betting purposes, or any form of manipulation of sports competitions or any other corrupt purposes whether by the participant or via another person and/or entity.
- If you are approached to cheat, speak out!

Competition manipulation is defined as an intentional arrangement, act or omission aimed at an improper alteration of the result or the course of a sports competition to remove all or part of the unpredictable nature of the sports competition with a view to obtaining an undue benefit for oneself or for other. If a contest takes place and seems to have been played to a predetermined result, violating the IJF rules, further investigation may be undertaken, and any findings of match fixing will result in disciplinary action.

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If in IJF events (individual or team), an athlete is injured or ill before a contest and needs to withdraw they must have a medical certificate from the IJF Medical Commissioner.

The IJF may undertake further investigation and any findings of match fixing will result in disciplinary action. The result of the contest will be cancelled if any athlete is caught not telling the truth.

Match fixing and competition manipulation can be reported, anonymously and confidentially, here: <a href="https://reportintegrity.judobase.org/form">https://reportintegrity.judobase.org/form</a>. Any report made in good faith will not be sanctioned. Any form of retaliation against whistle-blowers is prohibited and such action will be sanctioned.

Failure to report to the IJF at the first available opportunity any information about betting, match fixing or competition manipulation including that could amount to a violation of the SOR.

The following conducts constitute a violation of the SOR:

- Failing to cooperate with any investigation carried out by the IJF in relation to a
  possible breach of this regulation, including, without limitation, failing to provide
  accurately, completely and without undue delay any information and/or
  documentation and/or access or assistance requested by the IJF as part of
  such investigation.
- Obstructing or delaying any investigation that may be carried out by the IJF in relation to a possible violation of this regulation, including without limitation concealing, tampering with, or destroying any documentation or other information that may be relevant to the investigation.

## 1.2.3 Policy for Safeguarding Athletes and Other Participants from Harassment and Abuse

This policy applies to all persons affiliated with the IJF including athletes and can be found here: <a href="https://www.ijf.org/ijf/documents/3">https://www.ijf.org/ijf/documents/3</a>

"Harassment" or "harassment and abuse" includes physical or psychological abuse and sexual abuse (which can be a form of physical and/or psychological abuse).

"Physical or psychological abuse" means any improper and unwelcome conduct that might reasonably be expected or be perceived to cause offence, harm, or humiliation to another.

"Sexual abuse" means any unwanted, groomed or forced involvement in sexual behaviour, unwelcome verbal or physical conduct or gesture of a sexual nature (e.g., the use of offensive stereotypes based on gender, sexual jokes, threats, intimidation)

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Harassment can be based on any grounds such as race, religion, colour, creed, ethnic origin, physical attributes, gender, or sexual orientation. It can include a one-off incident or a series of incidents. It may be in person or online. Harassment may be deliberate, unsolicited and coercive. Harassment and abuse often result from an abuse of authority, meaning the improper use of a position of influence, power or authority by an individual against another person.

Cases of harassment and abuse can be reported on the Clean Judo platform and will be investigated by the IJF Disciplinary Commission in compliance with the IJF Disciplinary Code (Appendix F).

Any alleged incidents of harassment and abuse will be regarded as confidential and personal information (including name, date of birth, address, identification numbers) will not be disclosed, except, for example, if the concerned person gives his prior consent, if disclosure is necessary to protect someone from harm or if a potential criminal act comes to the attention of the IJF.

Harassment and abuse can be reported, anonymously and confidentially, here: <a href="https://reportabuse.judobase.org/form">https://reportabuse.judobase.org/form</a>

## 1.3 Insurance and Civil Liability

Each National Federation is directly responsible for its athletes (including the control of non-pregnancy). It must assume all responsibility for accident and health insurance as well as civil liabilities during all IJF events for everyone under their charge.

National Federations are responsible to provide insurance guarantees to their delegates during any IJF WJT event. The LOC of the event and the IJF will not be responsible in the absence of insurance.

The entity contractually bound to the IJF for the organisation of the event shall take all necessary actions to provide insurance coverage against civil liability for the entire duration. The LOC of the event and the IJF have no liability for any claims of injury, illness or death arising from the travelling to and the participation in this event.

### 1.4 Gender Control

Control of an athlete's gender is the responsibility of the National Federation. The IJF will apply the current IOC recommendation. Any decisions of a member National Federation concerning an athlete's gender must be communicated immediately to the IJF President.

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### 1.4 Gender Control

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Any official complaint by a National Federation, a Continental Union, or a member of the IJF Executive Committee concerning an athlete's gender must be sent to the IJF President. Based on the official complaint, the IJF Executive Committee will decide if it is necessary to follow up on this complaint and to bring it before the Gender Control Commission. The IJF Executive Committee can also call out to the member National Federation of the athlete concerned so that they decide on the gender of the athlete concerned.

The Gender Control Commission is composed of a doctor competent in the field of gender reassignment, a jurist, and a member of the IJF Executive Committee appointed by the IJF President.

This Commission will be able to call on experts recognised in this field.

All decisions made by a member National Federation about an athlete's gender must be submitted exclusively by the athlete concerned to the IJF Gender Control Commission in the case of a contestation.

The IJF Gender Control Commission will have the full authority to ask all those concerned for any documents or information necessary for the hearing of the case which has been referred. The IJF Gender Control Commission will establish an internal regulation to define the progress of the procedure that must guarantee confidentiality of the procedure and respect data protection and the private lives of those concerned.

The decision of the IJF Executive Committee not to follow up on an official complaint as well as the decisions of the IJF Gender Control Commission can be submitted exclusively by way of appeal to the Court of Arbitration for Sport in Lausanne, Switzerland, that will decide on litigation according to the code of arbitration concerning sport.

The delay of appeal is twenty-one days from receipt of the decision being the subject of the appeal. The panel will be composed of only one judge. The language of the arbitration will be English.

## 1.5 Minor Athletes

The National Federation is responsible for obtaining legal approval and permission for minor athletes to compete in competitions. When travelling with minors the team official/coach must have all the necessary documents in place that authorises them to act on behalf of the parents/guardians "in loco parentis".

This also applies to doping control. The National Federation must ensure that minor athletes have their parental/guardian permission to undergo testing (see Appendix E1.5.3.1).

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### 1.6 IJF Calendar

The IJF Executive Committee will agree and approve the schedule for all IJF events. The IOC will approve the schedule for the Summer Olympic Games and Summer Youth Olympic Games.

The current IJF calendars can be found on the IJF website: https://www.ijf.org/calendar?age=all

## 1.7 Athlete Nationality

The athletes must be of the same nationality as the National Federation for which they have been entered for the competition. Persons appointed by the Executive Committee of the IJF shall verify the citizenship of the athletes. The evidence of citizenship shall be the production of a valid passport issued by the represented country.

In the following cases, procedures must be applied:

- a) Where the competitions are being held in a country in which the residents do not hold passports while in that country.
- b) Where there is a possible problem of "joint citizenship", e.g., Puerto Rico an acceptable substitute for the passport will be a letter or certificate from the athlete's National Olympic Committee (NOC) or, if there is no such body, from the National Sports Authority confirming the athlete's residence in that country and the citizenship.

If an athlete has multiple citizenships, they may compete for only one country.

## 1.7.1 Change of Athlete Nationality

An athlete who has represented one country in:

Olympic Games

World Championships (seniors, juniors, cadets)

Continental Championships (seniors, juniors, cadets)

Regional Games and multi-sport Games (such as African Games, Asian Games, Commonwealth Games, European Games, Francophone Games, Islamic Games, Mediterranean Games, Pan American Games, Youth Olympic Games)

International tournaments organised by the IJF (Grand Prix, Grand Slam, Masters, etc.) or under its auspices (Continental Open and Cup events)

All competitions in the IJF calendar except veterans, kata, military, and club championships\*

and who has changed his nationality or acquired a new nationality may represent his new country provided that at least three years have passed since the athlete last represented his former country.

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\*Veterans, military, and kata participants are excluded from this rule and can change without waiting the three-year period.

If the two (2) National Federations (current country and new country) concerned agree, they may request the IJF to shorten the period of three years or even to cancel the duration completely (see Olympic Charter, Rule 41 and the Byelaw to Rule 41). Thus, the IJF can't shorten the three years' period without written agreement from both National Federations concerned and the athlete having a valid passport for the new country.

Refer also to Section 3 IJF World Ranking Lists, 3.5 Additional Rules.

## 1.7.1.1 Change of Athlete Nationality for a Period of Less than Three Years

An athlete cannot represent a new National Federation without the approval of the IJF.

The request to shorten the three-year period shall be sent via email by the National Federation (the new country) to the IJF General Secretariat (gs@ijf.org) and must include the following documents:

Letter from the President of the National Federation (the current country) certifying the absence of objection to the change of the nationality of the concerned athlete.

Letter from the President of the National Federation (the new country) authorising the athlete to represent them in international competitions.

Letter from the athlete, who has already represented one country, giving evidence of their wish to represent their new National Federation.

A copy of the athlete passport proving the nationality of the new country.

On receipt of a complete file the IJF General Secretary will examine it and send it out to the IJF Executive Committee for approval. If the majority of the IJF Executive Committee approves the request, the IJF General Secretary confirms the acceptance of the application to the concerned party. Any athlete disrespecting this rule may be subject to disciplinary measures.

### 1.7.1.2 Change of Athlete Nationality after a Period of Three Years or Longer

An athlete cannot represent a new National Federation without informing the IJF even if three years or longer have passed since the athlete competed for their previous National Federation.

The IJF must be informed officially by the new National Federation via email to both the IJF General Secretariat - gs@ijf.org and Registration Management - registration@iif.org. This must be done also for veterans, military and kata participants.

The information must include the following documents:

\*Veterans, military, and kata participants are excluded from this rule and can change without waiting the three-year period.

If the two (2) National Federations (current country and new country) concerned agree, they may request the IJF to shorten the period of three years or even to cancel the duration completely (see Olympic Charter, Rule 41 and the Byelaw to Rule 41). Thus, the IJF can't shorten the three years' period without written agreement from both National Federations concerned and the athlete having a valid passport for the new country.

Refer also to Section 3 IJF World Ranking Lists, 3.5 Additional Rules.

#### 1.7.1.1 Change of Athlete Nationality for a Period of Less than Three Years

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The information must include the following documents:

Letter from the President of the new National Federation (the new country) authorising the athlete to represent them in international competitions.

Letter from the athlete, who has represented one country, giving evidence of their wish to represent their new National Federation.

A copy of the athlete passport proving the nationality of the new country.

On receipt of a complete file the IJF General Secretary will examine it and send it out to the IJF Executive Committee for information. The IJF General Secretary will confirm the nationality change to the new National Federation, with the former National Federation in copy. Any athlete disrespecting this rule may be subject to disciplinary measures.

### 1.7.2 Special Circumstances

For events organised by the IJF or under its auspices, the IJF Executive Committee, to protect the interest of the athlete, can authorise that the athlete can compete under the IJF flag for any reason (for example: non-official refugee status of the athlete, non-recognition of the NOC by the IOC, suspension of the National Federation etc.).

#### 1.7.2.1 Athletes with an Official Refugee Status

Judoka An athlete with an official refugee status, hosted by a country, can qualify themselves for IJF or Continental Union competitions through their host country national championships and consequently they will compete internationally under their host country flag. The National Federation requests must be sent, with the official refugee status documents, to the IJF General Secretariat (gs@ijf.org). If the documents sent are compliant, the agreement will be automatically given by the IJF General Secretary following confirmation by the IJF President.

If there is a change in the status of the official refugee i.e., citizenship of a new country, return to their country of origin etc. The nationality change process must be followed.

For events organised by the IJF or under its auspices, the IJF Executive Committee can authorise that <a href="udoka">udoka</a> an athlete with an official refugee status can compete under the IJF flag.

If there is a change in the status of the official refugee who competed under the IJF flag i.e., citizenship of a new country, return to their country of origin etc. the IJF Executive Committee would decide concerning the change of nationality and the world ranking points that the athlete has.

All documents relating to the new status and change request must be submitted to the IJF General Secretariat at gs@ijf.org, within a deadline of at least 15 days prior to the closing date of registration for a certain event.

Letter from the President of the new National Federation (the new country) authorising the athlete to represent them in international competitions.

Letter from the athlete, who has represented one country, giving evidence of their wish to represent their new National Federation.

A copy of the athlete passport proving the nationality of the new country.

On receipt of a complete file the IJF General Secretary will examine it and send it out to the IJF Executive Committee for information. The IJF General Secretary will confirm the nationality change to the new National Federation, with the former National Federation in copy. Any athlete disrespecting this rule may be subject to disciplinary measures.

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If there is a change in the status of the official refugee who competed under the IJF flag i.e., citizenship of a new country, return to their country of origin etc. the IJF Executive Committee would decide concerning the change of nationality and the world ranking points that the athlete has.

All documents relating to the new status and change request must be submitted to the IJF General Secretariat at gs@ijf.org, within a deadline of at least 15 days prior to the closing date of registration for a certain event.

Athletes with an official refugee status competing under the IJF flag may take part in a continental championships in the continent that are a refugee in. To be authorised to compete in the said event, they must have already participated in an international competition (minimum continental cup) and be insured.

#### 1.7.2.2 Junior and Younger Immigrants

Junior (men and women under 21, age 15 to 20 years in the calendar year) and younger foreign udoka athletes living in a host country can participate in their host country national junior and younger championships and thus qualify themselves for IJF or Continental Union junior and younger competitions. They can be registered, by the National Federation of the host country, into IJF or Continental Unions junior and younger competitions if they meet the following requirements:

To prove their residency in the host country (at least 1 year).

To prove the integration of their parents in the host country (at least 1 year).

To prove their integration in the school or university system (at least 1 year).

To prove their integration in a judo club of the host country, duly affiliated to the National Federation which is an IJF member.

If the National Federations of host countries wish to register these athletes, they must send their request each year to the IJF General Secretariat (gs@ijf.org), with the above-mentioned documents. Additionally, the National Federations shall also attach the agreement of the <a href="udoka">judoka</a> athlete and the authorisation of the parents/guardians if minors.

The IJF will review the submitted documents and if deemed compliant, The IJF will approve the request and the General Secretary will send a certificate for the registration in judobase.

In case of approval, the concerned judoka athlete will compete under their host country flag.

For participation in the world championships junior, as senior World Ranking List (WRL) points are given, the decision will be made on a case-by-case basis by the IJF Head Sport Director.

Should the athlete wish to return to his country of origin, or should he change residence to another host country, he is free to do so and take any ranking points with him, upon submission of the documents proving the relocation to the IJF General Secretariat at gs@ijf.org. No change of nationality process required.

## 1.8 Referee Nationality

The referee must be of the same nationality as the one in the IJF database (judobase). The IJF Referee Commission shall verify annually the nationality of the referee. The

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evidence of citizenship shall be the production of a valid passport issued by the represented country.

A referee shall represent only one country within the same Olympic cycle.

If a referee has multiple citizenships:

He shall inform the IJF Referee Commission he depends on.

He shall choose only one nationality, which he will represent during the ongoing Olympic cycle.

He shall not referee an athlete who has the same citizenship(s) as he does.

If a referee holds a function within a National Federation of a country, he doesn't hold the citizenship of, he shall inform the IJF Referee Commission he depends on and shall not referee an athlete representing this National Federation.

The concerned IJF Referee Commission shall inform the IJF IT Team of the nationalities and national functions of each referee, for the technical draw procedure of referees.

## 1.8.1 Change of Referee Nationality

A referee shall inform the IJF of any change regarding his nationality.

A referee who has represented a country in an IJF official competition and who has changed his nationality or acquired a new nationality may represent his new country in the next Olympic cycle.

A referee cannot represent a new National Federation without the approval of the IJF.

#### SECTION 2

#### **COMPETITION RULES**

The competition rules are the responsibility of the IJF Sport Commission.

# 2.1 Competition Format and Schedules for the IJF World Judo Tour

The IJF WJT is a series of judo events that include a competition (contests between athletes for medals and prize money) and other sport-related activities (i.e., accreditation, draw etc.).

The IJF WJT competitions: Grand Prix, Grand Slam, Masters, World Championships Cadets, Juniors, Seniors and Open normally consist of two (2) sessions, the preliminaries and the final block. The competition phases that take place in the sessions depend on the type of event. Any changes to this will be agreed and approved by the IJF Head Sport Director. Depending on the number of participants

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some rounds may not be required for every category. The competition schedule for non IJF WJT events should be agreed by all interested parties.

IJF	Events planned for 2 days (Grand	Prix, Grand Slam, Masters)			
	Women	Men			
Day 1	-48 kg, -52 kg, -57 kg, -63 kg	-60 kg, -66 kg, -73 kg			
Day 2	-70 kg, -78 kg, +78 kg	-81 kg, -90 kg, -100 kg, +100 kg			
IJF	IJF Events planned for 1 or 2 days (World Championships Open)				
Day 1	1 day event - Women and M	en, day 1 of 2 - Women or Men			
Day 2	Day 2 of 2 - I	Men or Women			
IJF	Events planned for 3 days (Grand	Prix, Grand Slam, Masters)			
Day 1	-48 kg, -52 kg, -57 kg	-60 kg, -66 kg			
Day 2	-63 kg, -70 kg	-73 kg, -81 kg			
Day 3	-78 kg, +78 kg	-90 kg, -100 kg, +100 kg			
k	JF Events planned for 5 days (Worl	d Championships Cadets)			
Day 1	-40 kg, -44 kg	-50 kg, -55 kg			
Day 2	-48 kg, -52 kg	-60 kg, -66 kg			
Day 3	-57 kg, -63 kg	-73 kg, -81 kg			
Day 4	-70 kg, +70 kg	-90 kg, +90 kg			
Day 5	ay 5 Mixed Teams				
IJ	IF Events planned for 5 days (Worl	d Championships Juniors)			
Day 1	-48 kg, -52 kg	-60 kg, -66 kg			
Day 2	-57 kg, -63 kg	-73 kg			
Day 3	-70 kg	-81 kg, -90 kg			
Day 4	-78 kg, +78 kg	-100 kg, +100 kg			
Day 5	Mixed	Teams			
IJ	F Events planned for 8 days (Worl	d Championships Seniors)			
Day 1	-48 kg	-60 kg			
Day 2	-52 kg	-66 kg			

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IJF Events planned for 2 days (Grand Prix, Grand Slam, Masters)			
	Women	Men	
Day 1	-48 kg, -52 kg, -57 kg, -63 kg	-60 kg, -66 kg, -73 kg	
Day 2	-70 kg, -78 kg, +78 kg	-81 kg, -90 kg, -100 kg, +100 kg	
j	Events planned for 1 or 2 days (W	orld Championships Open)	
Day 1	1 day event - Women and Mo	en, day 1 of 2 - Women or Men	
Day 2	Day 2 of 2 - I	Men or Women	
IJ	Events planned for 3 days (Grand	Prix, Grand Slam, Masters)	
Day 1	-48 kg, -52 kg, -57 kg	-60 kg, -66 kg	
Day 2	-63 kg, -70 kg	-73 kg, -81 kg	
Day 3	-78 kg, +78 kg	-90 kg, -100 kg, +100 kg	
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Day 1	-40 kg, -44 kg	-50 kg, -55 kg	
Day 2	-48 kg, -52 kg	-60 kg, -66 kg	
Day 3	-57 kg, -63 kg	-73 kg, -81 kg	
Day 4	-70 kg, +70 kg	-90 kg, +90 kg	
Day 5	Mixed Teams		
k	JF Events planned for 5 days (World	d Championships Juniors)	
Day 1	-48 kg, -52 kg	-60 kg, -66 kg	
Day 2	-57 kg, -63 kg	-73 kg	
Day 3	-70 kg	-81 kg, -90 kg	
Day 4	-78 kg, +78 kg	-100 kg, +100 kg	
Day 5	Mixed Teams		
k	IF Events planned for 8 days (World	d Championships Seniors)	
Day 1	-48 kg	-60 kg	
Day 2	-52 kg	-66 kg	

Day 3	-57 kg	-73 kg
Day 4	-63 kg	-81 kg
Day 5	-70 kg	-90 kg
Day 6	-78 kg	-100 kg
Day 7	+78 kg	+100 kg
Day 8	Mixed Teams	

## 2.2 Weight Categories for IJF WJT Events

The following weight categories will be utilised in the world championships and competitions held under the auspices of the IJF.

## 2.2.1 Weight Categories for Individual Competitions

	-48 kg	Extra-lightweight	Up to and including 48.0 kg
	-52 kg	Half-lightweight	Over 48.0 kg up to and including 52.0 kg
	-57 kg	Lightweight	Over 52.0 kg up to and including 57.0 kg
Senior and	-63 kg	Half-middleweight	Over 57.0 kg up to and including 63.0 kg
Junior Women	-70 kg	Middleweight	Over 63.0 kg up to and including 70.0 kg
VVOITICIT	-78 kg	Half-heavyweight	Over 70.0 kg up to and including 78.0 kg
	+78 kg	Heavyweight	Over 78.0 kg
	Open	Open-weight	No weight limit
	-40 kg	Featherweight	Up to and including 40.0 kg
	-44 kg	Extra-lightweight	Over 40.0 kg up to and including 44.0 kg
Cadet	-48 kg	Half-lightweight	Over 44.0 kg up to and including 48.0 kg
Women under	-52 kg	Lightweight	Over 48.0 kg up to and including 52.0 kg
18	-57 kg	Half-middleweight	Over 52.0 kg up to and including 57.0 kg
years	-63 kg	Middleweight	Over 57.0 kg up to and including 63.0 kg
	-70 kg	Half-heavyweight	Over 63.0 kg up to and including 70.0 kg
	+70 kg	Heavyweight	Over 70.0 kg

Day 3	-57 kg	-73 kg
Day 4	-63 kg	-81 kg
Day 5	-70 kg	-90 kg
Day 6	-78 kg	-100 kg
Day 7	+78 kg	+100 kg
Day 8	Mixed	l Teams

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The following weight categories will be utilised in the world championships and competitions held under the auspices of the IJF.

## 2.2.1 Weight Categories for Individual Competitions

	-48 kg	Extra-lightweight	Up to and including 48.0 kg
	-52 kg	Half-lightweight	Over 48.0 kg up to and including 52.0 kg
	-57 kg	Lightweight	Over 52.0 kg up to and including 57.0 kg
Senior and	-63 kg	Half-middleweight	Over 57.0 kg up to and including 63.0 kg
Junior Women	-70 kg	Middleweight	Over 63.0 kg up to and including 70.0 kg
VVOITICIT	-78 kg	Half-heavyweight	Over 70.0 kg up to and including 78.0 kg
	+78 kg	Heavyweight	Over 78.0 kg
	Open	Open-weight	No weight limit
	-40 kg	Featherweight	Up to and including 40.0 kg
	-44 kg	Extra-lightweight	Over 40.0 kg up to and including 44.0 kg
Cadet	-48 kg	Half-lightweight	Over 44.0 kg up to and including 48.0 kg
Women under	-52 kg	Lightweight	Over 48.0 kg up to and including 52.0 kg
18	-57 kg	Half-middleweight	Over 52.0 kg up to and including 57.0 kg
years	-63 kg	Middleweight	Over 57.0 kg up to and including 63.0 kg
	-70 kg	Half-heavyweight	Over 63.0 kg up to and including 70.0 kg
	+70 kg	Heavyweight	Over 70.0 kg

	_		
	-60 kg	Extra-lightweight	Up to and including 60.0 kg
	-66 kg	Half-lightweight	Over 60.0 kg up to and including 66.0 kg
	-73 kg	Lightweight	Over 66.0 kg up to and including 73.0 kg
Senior and	-81 kg	Half-middleweight	Over 73.0 kg up to and including 81.0 kg
Junior Men	-90 kg	Middleweight	Over 81.0 kg up to and including 90.0 kg
WICH	-100 kg	Half-heavyweight	Over 90.0 kg up to and including 100.0 kg
	+100 kg	Heavyweight	Over 100.0 kg
	Open	Open-weight	No weight limit
	-50 kg	Featherweight	Up to and including 50.0 kg
	-55 kg	Extra-lightweight	Over 50.0 kg up to and including 55.0 kg
Cadet	-60 kg	Half-lightweight	Over 55.0 kg up to and including 60.0 kg
Men	-66 kg	Lightweight	Over 60.0 kg up to and including 66.0 kg
under 18	-73 kg	Half-middleweight	Over 66.0 kg up to and including 73.0 kg
years	-81 kg	Middleweight	Over 73.0 kg up to and including 81.0 kg
	-90 kg	Half-heavyweight	Over 81.0 kg up to and including 90.0 kg
	+90 kg	Heavyweight	Over 90.0 kg

## **2.2.2 Weight Categories for Mixed Team Competitions**

	-57 kg	Women	Up to and including 57.0 kg
	-73 kg	Men	Up to and including 73.0 kg
Senior and Junior Mixed Team	-70 kg	Women	Over 57.0 kg up to and including 70.0 kg
	-90 kg	Men	Over 73.0 kg up to and including 90.0 kg
	+70 kg	Women	Over 70.0 kg
	+90 kg	Men	Over 90.0 kg
Senior	-57 kg	Women (48 kg, 52 kg, 57 kg*)	Up to and including 57.0 kg
Mixed Team	-73 kg	Men (60 kg, 66 kg, 73 kg*)	Up to and including 73.0 kg

	-60 kg	Extra-lightweight	Up to and including 60.0 kg
	-66 kg	Half-lightweight	Over 60.0 kg up to and including 66.0 kg
	-73 kg	Lightweight	Over 66.0 kg up to and including 73.0 kg
Senior and	-81 kg	Half-middleweight	Over 73.0 kg up to and including 81.0 kg
Junior Men	-90 kg	Middleweight	Over 81.0 kg up to and including 90.0 kg
Wich	-100 kg	Half-heavyweight	Over 90.0 kg up to and including 100.0 kg
	+100 kg	Heavyweight	Over 100.0 kg
	Open	Open-weight	No weight limit
	-50 kg	Featherweight	Up to and including 50.0 kg
	-55 kg	Extra-lightweight	Over 50.0 kg up to and including 55.0 kg
Cadet	-60 kg	Half-lightweight	Over 55.0 kg up to and including 60.0 kg
Men under	-66 kg	Lightweight	Over 60.0 kg up to and including 66.0 kg
18	-73 kg	Half-middleweight	Over 66.0 kg up to and including 73.0 kg
years	-81 kg	Middleweight	Over 73.0 kg up to and including 81.0 kg
	-90 kg	Half-heavyweight	Over 81.0 kg up to and including 90.0 kg
	+90 kg	Heavyweight	Over 90.0 kg

## **2.2.2 Weight Categories for Mixed Team Competitions**

	-57 kg	Women	Up to and including 57.0 kg
	-57 kg	Women	Op to and including 37:0 kg
	-73 kg	Men	Up to and including 73.0 kg
Senior and	-70 kg	Women	Over 57.0 kg up to and including 70.0 kg
Junior Mixed Team	-90 kg	Men	Over 73.0 kg up to and including 90.0 kg
	+70 kg	Women	Over 70.0 kg
	+90 kg	Men	Over 90.0 kg
Senior Mixed	-57 kg	Women (48 kg, 52 kg, 57 kg*)	Up to and including 57.0 kg
Team	-73 kg	Men (60 kg, 66 kg, 73 kg*)	Up to and including 73.0 kg

Olympic Games	-70 kg	Women (57 kg, 63 kg, 70 kg*)	Up to and including 70.0 kg
Gairles	-90 kg	Men (73 kg, 81 kg, 90 kg*)	Up to and including 90.0 kg
	+70 kg	Women (70 kg, 78 kg, +78 kg*)	Over 70.0 kg
	+90 kg	Men (90 kg, 100 kg, +100 kg*)	Over 90.0 kg
	-48 kg	Women	Up to and including 48.0 kg
	-60 kg	Men	Up to and including 60.0 kg
Cadet	-63 kg	Women	Over 48 kg up to and including 63.0 kg
Mixed	-81 kg	Men	Over 60 kg up to and including 81.0 kg
	+63 kg	Women	Over 63.0 kg
	+81 kg	Men	Over 81.0 kg

<sup>\*</sup>Athletes qualified only in these individual categories can take part in the mixed team category.

# 2.2.3 Weight Categories for Mixed Team Competitions with 2 kg 15% Tolerance

	-57 kg	Women	Up to and including <mark>59.0</mark> 59.9 kg
	-73 kg	Men	Up to and including <mark>75.0</mark> <mark>76.7</mark> kg
Senior and	-70 kg	Women	Over 57.0 kg up to and including 72.0 73.5 kg
Junior Mixed Team	-90 kg	Men	Over 73.0 kg up to and including 92.0 94.5 kg
	+70 kg	Women	Over 70.0 kg
	+90 kg	Men	Over 90.0 kg
	-57 kg	Women (48 kg, 52 kg, 57 kg*)	Up to and including <mark>59.0</mark> 59.9 kg
Senior Mixed	-73 kg	Men (60 kg, 66 kg, 73 kg*)	Up to and including <mark>75.0</mark> <mark>76.7</mark> kg
Team Olympic Games	-70 kg	Women (57 kg, 63 kg, 70 kg*)	Up to and including <mark>72.0</mark> 73.5 kg
	-90 kg	Men (73 kg, 81 kg, 90 kg*)	Up to and including 92.0 94.5 kg
	+70 kg	Women (70 kg, 78 kg, +78 kg*)	Over 70.0 kg

Olympic Games	-70 kg Women (57 kg, 63 kg, 70 kg*)		Up to and including 70.0 kg
Gairies	-90 kg	Men (73 kg, 81 kg, 90 kg*)	Up to and including 90.0 kg
	+70 kg	Women (70 kg, 78 kg, +78 kg*)	Over 70.0 kg
	+90 kg	Men (90 kg, 100 kg, +100 kg*)	Over 90.0 kg
	-48 kg	Women	Up to and including 48.0 kg
	-60 kg	Men	Up to and including 60.0 kg
Cadet	-63 kg	Women	Over 48 kg up to and including 63.0 kg
Mixed	-81 kg	Men	Over 60 kg up to and including 81.0 kg
	+63 kg	Women	Over 63.0 kg
	+81 kg	Men	Over 81.0 kg

<sup>\*</sup>Athletes qualified only in these individual categories can take part in the mixed team category.

# 2.2.3 Weight Categories for Mixed Team Competitions with +5% Tolerance

	-57 kg	Women	Up to and including 59.9 kg
	-73 kg	Men	Up to and including 76.7 kg
Senior and	-70 kg	Women	Over 57.0 kg up to and including 73.5 kg
Junior Mixed Team	-90 kg	Men	Over 73.0 kg up to and including 94.5 kg
	+70 kg	Women	Over 70.0 kg
	+90 kg	Men	Over 90.0 kg
	-57 kg	Women (48 kg, 52 kg, 57 kg*)	Up to and including 59.9 kg
Senior Mixed	-73 kg	Men (60 kg, 66 kg, 73 kg*)	Up to and including 76.7 kg
Team Olympic Games	-70 kg	Women (57 kg, 63 kg, 70 kg*)	Up to and including 73.5 kg
	-90 kg	Men (73 kg, 81 kg, 90 kg*)	Up to and including 94.5 kg
	+70 kg	Women (70 kg, 78 kg, +78 kg*)	Over 70.0 kg

		+90 kg	Men (90 kg, 100 kg, +100 kg*)	Over 90.0 kg
		-48 kg	Women	Up to and including <mark>50.0</mark> 50.4 kg
		-60 kg	Men	Up to and including <mark>62.0</mark> 63.0 kg
	Cadet	-63 kg	Women	Over 48 kg up to and including 65.0 66.2 kg
	Mixed	-81 kg	Men	Over 60 kg up to and including 83.0 85.1 kg
		+63 kg	Women	Over 63.0 kg
		+81 kg	Men	Over 81.0 kg

<sup>\*</sup>Athletes qualified only in these individual categories can take part in the mixed team category.

## **2.2.4 Weight Categories for Team Competitions**

	-52 kg	Half-lightweight	Up to and including 52.0 kg
Senior and	-57 kg	Lightweight	Over 52.0 kg up to and including 57.0 kg
Junior Women	-63 kg	Half-middleweight	Over 57.0 kg up to and including 63.0 kg
Team	-70 kg	Middleweight	Over 63.0 kg up to and including 70.0 kg
	+70 kg	Half-heavyweight	Over 70.0 kg
	-48 kg	Half-lightweight	Up to and including 48.0 kg
	-52 kg	Lightweight	Over 48.0 kg up to and including 52.0 kg
Cadet Women Team	-57 kg	Half-middleweight	Over 52.0 kg up to and including 57.0 kg
	-63 kg	Middleweight	Over 57.0 kg up to and including 63.0 kg
	+63 kg	Half-heavyweight	Over 63.0 kg
Senior and	-66 kg	Half-lightweight	Up to and including 66.0 kg
Junior Men Team	-73 kg	Lightweight	Over 66.0 kg up to and including 73.0 kg

	+90 kg	Men (90 kg, 100 kg, +100 kg*)	Over 90.0 kg
	-48 kg	Women	Up to and including 50.4 kg
	-60 kg	Men	Up to and including 63.0 kg
Cadet	-63 kg	Women	Over 48 kg up to and including 66.2 kg
Mixed	-81 kg	Men	Over 60 kg up to and including 85.1 kg
	+63 kg	Women	Over 63.0 kg
	+81 kg	Men	Over 81.0 kg

<sup>\*</sup>Athletes qualified only in these individual categories can take part in the mixed team category.

## **2.2.4 Weight Categories for Team Competitions**

	-52 kg	Half-lightweight	Up to and including 52.0 kg
Senior and	-57 kg	Lightweight	Over 52.0 kg up to and including 57.0 kg
Junior Women	-63 kg	Half-middleweight	Over 57.0 kg up to and including 63.0 kg
Team	-70 kg	Middleweight	Over 63.0 kg up to and including 70.0 kg
	+70 kg	Half-heavyweight	Over 70.0 kg
	-48 kg	Half-lightweight	Up to and including 48.0 kg
	-52 kg	Lightweight	Over 48.0 kg up to and including 52.0 kg
Cadet Women Team	-57 kg	Half-middleweight	Over 52.0 kg up to and including 57.0 kg
	-63 kg	Middleweight	Over 57.0 kg up to and including 63.0 kg
	+63 kg	Half-heavyweight	Over 63.0 kg
Senior and	-66 kg	Half-lightweight	Up to and including 66.0 kg
Junior Men Team	-73 kg	Lightweight	Over 66.0 kg up to and including 73.0 kg

	-81 kg	Half-middleweight	Over 73.0 kg up to and including 81.0 kg
	-90 kg	Middleweight	Over 81.0 kg up to and including 90.0 kg
	+90 kg	Half-heavyweight	Over 90.0 kg
	-60 kg	Half-lightweight	Up to and including 60.0 kg
	-66 kg	Lightweight	Over 60.0 kg up to and including 66.0 kg
Cadet Men Team	-73 kg	Half-middleweight	Over 66.0 kg up to and including 73.0 kg
	-81 kg	Middleweight	Over 73.0 kg up to and including 81.0 kg
	+81 kg	Half-heavyweight	Over 81.0 kg

# 2.2.5 Weight Categories for Team Competitions with 2 kg + 5% Tolerance

	-52 kg	Half-lightweight	Up to and including <mark>54.0</mark> <mark>54.6</mark> kg
Senior and	-57 kg	Lightweight	Over 52.0 kg up to and including 59.0 kg
Junior Women	-63 kg	Half-middleweight	Over 57.0 kg up to and including 65.0 66.2 kg
Team	-70 kg	Middleweight	Over 63.0 kg up to and including 72.0 73.5 kg
	+70 kg	Half-heavyweight	Over 70.0 kg
	-48 kg	Half-lightweight	Up to and including 50.0 50.4 kg
	-52 kg	Lightweight	Over 48.0 kg up to and including 54.0 54.6 kg
Cadet Women Team	-57 kg	Half-middleweight	Over 52.0 kg up to and including 59.0 kg
	-63 kg	Middleweight	Over 57.0 kg up to and including 65.0 66.2 kg
	+63 kg	Half-heavyweight	Over 63.0 kg
	-66 kg	Half-lightweight	Up to and including <mark>68.0</mark> 69.3 kg

	-81 kg	Half-middleweight	Over 73.0 kg up to and including 81.0 kg
	-90 kg	Middleweight	Over 81.0 kg up to and including 90.0 kg
	+90 kg	Half-heavyweight	Over 90.0 kg
	-60 kg	Half-lightweight	Up to and including 60.0 kg
Cadet Men Team	-66 kg	Lightweight	Over 60.0 kg up to and including 66.0 kg
	-73 kg	Half-middleweight	Over 66.0 kg up to and including 73.0 kg
	-81 kg	Middleweight	Over 73.0 kg up to and including 81.0 kg
	+81 kg	Half-heavyweight	Over 81.0 kg

# 2.2.5 Weight Categories for Team Competitions with + 5% Tolerance

	-52 kg	Half-lightweight	Up to and including 54.6 kg
Senior and	-57 kg	Lightweight	Over 52.0 kg up to and including 59.9 kg
Junior Women	-63 kg	Half-middleweight	Over 57.0 kg up to and including 66.2 kg
Team	-70 kg	Middleweight	Over 63.0 kg up to and including 73.5 kg
	+70 kg	Half-heavyweight	Over 70.0 kg
	-48 kg	Half-lightweight	Up to and including 50.4 kg
	-52 kg	Lightweight	Over 48.0 kg up to and including 54.6 kg
Cadet Women Team	-57 kg	Half-middleweight	Over 52.0 kg up to and including 59.9 kg
	-63 kg	Middleweight	Over 57.0 kg up to and including 66.2 kg
	+63 kg	Half-heavyweight	Over 63.0 kg
	-66 kg	Half-lightweight	Up to and including 69.3 kg

Senior and Junior Men	-73 kg	Lightweight	Over 66.0 kg up to and including 75.0 76.7 kg
Team	-81 kg	Half-middleweight	Over 73.0 kg up to and including 83.0 85.1 kg
	-90 kg	Middleweight	Over 81.0 kg up to and including 92.0 94.5 kg
	+90 kg	Half-heavyweight	Over 90.0 kg
	-60 kg	Half-lightweight	Up to and including <mark>62.0</mark> 63.0 kg
	-66 kg	Lightweight	Over 60.0 kg up to and including 68.0 69.3 kg
Cadet Men Team	-73 kg	Half-middleweight	Over 66.0 kg up to and including 75.0 76.7 kg
	-81 kg	Middleweight	Over 73.0 kg up to and including 83.0 85.1 kg
	+81 kg	Half-heavyweight	Over 81.0 kg

## 2.3 Age Groups

Athletes under 15 years of age are not allowed to compete in any official IJF event, or events organised either under the auspices of the IJF or sanctioned by the IJF. The lower age limit for all IJF competitions is 15 years (calendar year).

The following age categories are recognized by the IJF:

Cadet - men and women under 18, age 15, 16 and 17 years (calendar year).

Junior - men and women under 21, age 15 to 20 years (calendar year).

Senior - men and women, there is only the lower age limit of 15 years (calendar year).

National Federations should use the term youth to define cadets and juniors and any age groups from 15-20 years that are different to the IJF cadet and junior age.

### 2.4 Time Duration of Contests

Regulations related to weight categories, age, contest duration and recommendations for youths.

Note: no athlete less than 15 years old (calendar year) is allowed to take part in any IJF official competition. The additional categories (13/14, 11/12, 9/10 years) are recommendations only.

Senior and Junior Men Team	-73 kg	Lightweight	Over 66.0 kg up to and including 76.7 kg
	-81 kg	Half-middleweight	Over 73.0 kg up to and including 85.1 kg
	-90 kg	Middleweight	Over 81.0 kg up to and including 94.5 kg
	+90 kg	Half-heavyweight	Over 90.0 kg
	-60 kg	Half-lightweight	Up to and including 63.0 kg
	-66 kg	Lightweight	Over 60.0 kg up to and including 69.3 kg
Cadet Men Team	-73 kg	Half-middleweight	Over 66.0 kg up to and including 76.7 kg
	-81 kg	Middleweight	Over 73.0 kg up to and including 85.1 kg
	+81 kg	Half-heavyweight	Over 81.0 kg

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Note: no athlete less than 15 years old (calendar year) is allowed to take part in any IJF official competition. The additional categories (13/14, 11/12, 9/10 years) are recommendations only.

	Female						
SENIORS >14 YEARS	JUNIORS -21 YEARS	CADETS -18 YEARS	13/14 YEARS	11/12 YEARS	9/10 YEARS		
4 minutes	4 minutes	4 minutes	3 minutes	2 minutes	No competition		
				- 22 kg			
				- 25 kg			
				- 28 kg	•		
			- 32 kg	- 32 kg	•		
			- 36 kg	- 36 kg			
		- 40 kg	- 40 kg	- 40 kg			
		- 44 kg	- 44 kg	- 44 kg			
- 48 kg	- 48 kg	- 48 kg	- 48 kg	- 48 kg			
- 52 kg	- 52 kg	- 52 kg	- 52 kg				
- 57 kg	- 57 kg	- 57 kg	- 57 kg				
- 63 kg	- 63 kg	- 63 kg	- 63 kg				
- 70 kg	- 70 kg	- 70 kg					
- 78 kg	- 78 kg	+ 70 kg					
+ 78 kg	+ 78 kg						

	Male							
SENIORS >14 YEARS	JUNIORS -21 YEARS	CADETS -18 YEARS			9/10 YEARS			
4 minutes	4 minutes	4 minutes	3 minutes	2 minutes	No competition			
				- 24 kg				
				- 27 kg				
				- 30 kg				
			- 34 kg	- 34 kg				
			- 38 kg	- 38 kg				
			- 42 kg	- 42 kg				

Female						
SENIORS >14 YEARS	JUNIORS -21 YEARS	CADETS -18 YEARS	13/14 YEARS	11/12 YEARS	9/10 YEARS	
4 minutes	4 minutes	4 minutes	3 minutes	2 minutes	No competition	
				- 22 kg		
				- 25 kg		
				- 28 kg		
			- 32 kg	- 32 kg		
			- 36 kg	- 36 kg		
		- 40 kg	- 40 kg	- 40 kg		
		- 44 kg	- 44 kg	- 44 kg		
- 48 kg	- 48 kg	- 48 kg	- 48 kg	- 48 kg		
- 52 kg	- 52 kg	- 52 kg	- 52 kg			
- 57 kg	- 57 kg	- 57 kg	- 57 kg			
- 63 kg	- 63 kg	- 63 kg	- 63 kg			
- 70 kg	- 70 kg	- 70 kg				
- 78 kg	- 78 kg	+ 70 kg				
+ 78 kg	+ 78 kg					

Male						
SENIORS >14 YEARS	JUNIORS -21 YEARS	CADETS -18 YEARS	13/14 YEARS	11/12 YEARS	9/10 YEARS	
4 minutes	4 minutes	4 minutes	3 minutes	2 minutes	No competition	
				- 24 kg		
				- 27 kg		
				- 30 kg		
			- 34 kg	- 34 kg		
			- 38 kg	- 38 kg		
			- 42 kg	- 42 kg		

			- 46 kg	- 46 kg	
		- 50 kg	- 50 kg	- 50 kg	
		- 55 kg	- 55 kg		
- 60 kg	- 60 kg	- 60 kg	- 60 kg		
- 66 kg	- 66 kg	- 66 kg	- 66 kg		
- 73 kg	- 73 kg	- 73 kg			
- 81 kg	- 81 kg	- 81 kg			
- 90 kg	- 90 kg	- 90 kg			
-100 kg	-100 kg	+ 90 kg			
+ 100 kg	+ 100 kg				

The IJF do not hold competitions for athletes in the 11/12 years and 13/14 years. The National Federations should design their own national concept.

## 2.5 Competition Systems

The IJF recognises men's and women's competitions. Contests between men and women are not permitted.

There are many different competition elimination bracket systems (refer to the table below and Appendix G) that can be used for competitions, direct knockout, quarter-final (last 8) repechage, double repechage, full repechage, round robin etc. Gold, silver and two (2) bronze medals will be awarded except in the case of low numbers.

### Table moved from 2.6.2

Table moved from 2.0.2							
Events	System of competition for 6 or more athletes/teams	System of competition for 5 or less athletes/teams					
Seniors							
Continental Cups	Double repechage						
Continental Opens		Low numbers systems for					
Continental Championships	Quarter-final	Low numbers systems for IJF WJT events					
Continental Championships Mixed Teams	repechage						

			- 46 kg	- 46 kg	
		- 50 kg	- 50 kg	- 50 kg	
		- 55 kg	- 55 kg		
- 60 kg	- 60 kg	- 60 kg	- 60 kg		
- 66 kg	- 66 kg	- 66 kg	- 66 kg		
- 73 kg	- 73 kg	- 73 kg			
- 81 kg	- 81 kg	- 81 kg			
- 90 kg	- 90 kg	- 90 kg			
-100 kg	-100 kg	+ 90 kg			
+ 100 kg	+ 100 kg				

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## 2.5 Competition Systems

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Events	System of competition for 6 or more athletes/teams	System of competition for 5 or less athletes/teams				
Seniors						
Continental Cups	Double repechage					
Continental Opens		Low numbers systems for IJF WJT events				
Continental Championships	Quarter-final					
Continental Championships Mixed Teams	repechage					

Grand Prix						
Grand Slam						
Masters						
World Championships Seniors						
World Championships Open						
World Championships Mixed Teams						
World Championships Veterans	Double repechage					
Olympic Games Individual and Mixed Teams	Quarter-final repechage	Not applicable				
Non-World Ranking List Events	Organiser's choice	Low numbers systems for IJF WJT or other events				
Cadets and Juniors						
World Championships	Quarter-final					
World Championships Mixed Teams	repechage					
Continental Cups						
Continental Championships	Double repechage	Low numbers systems for IJF WJT events				
Continental Championships Mixed Teams	, ,					
Youth Olympic Games	Full repechage					
Olympic Games Individual and Mixed Teams	Quarter-final repechage	Not applicable				
Non-World Ranking List Events	Organiser's choice	Low numbers systems for IJF WJT or other events				

Grand Prix		
Grand Slam		
Masters		
World Championships Seniors		
World Championships Open		
World Championships Mixed Teams		
World Championships Veterans	Double repechage	
Olympic Games Individual and Mixed Teams	Quarter-final repechage	Not applicable
Non-World Ranking List Events	Organiser's choice	Low numbers systems for IJF WJT or other events
Са	dets and Juniors	
World Championships	Quarter-final	
World Championships Mixed Teams	repechage	
Continental Cups		Law numbers avetems for
Continental Championships	Double repechage	Low numbers systems for IJF WJT events
Continental Championships Mixed Teams		
Youth Olympic Games	Full repechage	
Non-World Ranking List Events	Organiser's choice	Low numbers systems for IJF WJT or other events

In an individual event if an athlete does not appear for a contest he is considered out of the competition and cannot return for a later contest (if applicable).

For all events where world ranking points can be given a uniform system must be used. On the draw sheet the athlete/team on top wears a white judogi and the one below wears a blue judogi.

In an individual event if an athlete does not appear for a contest he is considered out of the competition and cannot return for a later contest (if applicable).

For all events where world ranking points can be given a uniform system must be used. On the draw sheet the athlete/team on top wears a white judogi and the one below wears a blue judogi.

### 2.5.1 Direct Knockout

This is a direct elimination format without a repechage. The losers of the semi-finals will both be awarded bronze medals. The winners of the semi-finals will compete for the gold and silver medals. The four athletes losing the quarter-finals are classified equal fifth.

## 2.5.2 Quarter-final Repechage

In a quarter-final repechage, for each category, the athletes will be divided into two (2) tables by means of a draw, and an elimination system will be used to produce two (2) finalists, who will compete for the gold medal. The athletes defeated in the quarter-final will compete in two (2) repechage contests. The winners of each of these two (2) repechage contests will compete in bronze medal contests against the loser of the semi-final contest of the respective opposite table. The winners (2) of those contests are placed third. The losers (2) are placed fifth. The losers (2) of repechage contests are placed seventh.

#### 2.5.3 Double Repechage

In a double repechage, for each category, the athletes will be divided into two (2) tables by means of a draw, and an elimination system will be used to produce two (2) finalists, who will compete for the gold medal. Athletes who lost to the four semifinalists compete in the two (2) repechage pools. The winners of each of these two (2) repechage contests (pools) will compete in bronze medal contests against the loser of the semi-final contest of the respective opposite table. The winners (2) of those contests are placed third.

## 2.5.4 Full Repechage

All participants can compete at least twice, athletes are divided into two (2) tables (pools), A and B, by means of a draw, and then into two (2) groups (sub-pools) within each table: A1, A2, B1 and B2. The elimination system will be used to produce two (2) finalists. All <a href="udoka">udoka</a> athletes defeated after each round of competition will take part in the repechage of their respective table according to the elimination system. The winner of each repechage will compete against the loser of the final of the opposite table for the two (2) bronze medals. The winners of table A and table B compete for the gold and silver medals.

With this system there is the possibility that two (2) athletes (or teams) compete together two (2) times (preliminary and repechage).

#### 2.5.5 Round Robin

A round robin system may be used, and this is defined as a system where each athlete or team will compete against the other.

### 2.5.1 Direct Knockout

This is a direct elimination format without a repechage. The losers of the semi-finals will both be awarded bronze medals. The winners of the semi-finals will compete for the gold and silver medals. The four athletes losing the quarter-finals are classified equal fifth.

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With this system there is the possibility that two (2) athletes (or teams) compete together two (2) times (preliminary and repechage).

#### 2.5.5 Round Robin

A round robin system may be used, and this is defined as a system where each athlete or team will compete against the other.

The following Round Robin rules to define the winners are used:

Rule 1. Number of wins.

**Rule 2.** If there are an equal number of wins, the sum of points for scores: Ippon/waza-ari-awasete-ippon = 10, Waza-ari = 1. All scores achieved will be counted for both the winner and loser for each contest in the category. An athlete can get a maximum of 10 points per contest. Points are same regardless of if they are achieved in the regular contest time or during golden score.

**Rule 3.** Direct comparison: if two (2) athletes have an equal number of wins and sum of points for scores, the athlete who won the contest between them is defined as better.

**Rule 4.** If there are an equal number of wins and no direct comparison possible because of "beating in circle": the shortest accumulated time of all winning contests will decide.

**Rule 5.** If there is a case of equal time: weight at the official weigh-in. The athlete with the lower weight is defined as better.

**Rule 6.** In case of same weight at the official weigh-in: decision contests. A knockout system between the involved athletes will be used. A new draw must be performed. For example, in the case of three athletes: one (1) contest between two (2) athletes will be held. The winner of this contest will compete against the third athlete to get a final decision.

#### 2.5.6 Best of Three

If there are two (2) athletes it will be the best of two (2) contests and if the wins are equal (1-1), a third contest will decide.

## 2.6 Regulations for Low Numbers of Athletes or Teams

If there are one (1) to five (5) athletes or teams the low numbers competition systems and rules apply.

#### 2.6.1 Low Numbers System for IJF WJT Events

The following competition systems and rules must be used in IJF WJT individual and mixed team events.

## Order of columns switched

No<mark>. of</mark> athletes

Medals awarded WRL points awarded (if applicable)

Competition system

The following Round Robin rules to define the winners are used:

Rule 1. Number of wins.

**Rule 2.** If there are an equal number of wins, the sum of points for scores: Ippon/waza-ari-awasete-ippon = 10, Waza-ari = 1. All scores achieved will be counted for both the winner and loser for each contest in the category. An athlete can get a maximum of 10 points per contest. Points are same regardless of if they are achieved in the regular contest time or during golden score.

**Rule 3.** Direct comparison: if two (2) athletes have an equal number of wins and sum of points for scores, the athlete who won the contest between them is defined as better.

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**Rule 5.** If there is a case of equal time: weight at the official weigh-in. The athlete with the lower weight is defined as better.

**Rule 6.** In case of same weight at the official weigh-in: decision contests. A knockout system between the involved athletes will be used. A new draw must be performed. For example, in the case of three athletes: one (1) contest between two (2) athletes will be held. The winner of this contest will compete against the third athlete to get a final decision.

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#### 2.6.1 Low Numbers System for IJF WJT Events

The following competition systems and rules must be used in IJF WJT individual and mixed team events.

No. of athlete

Competition system

Medals awarded WRL points awarded (if applicable)

5*	Gold, silver and one bronze	Individual First, second, one third and one or two fifth (only if one (1) contest was won by the third ranked athlete from the round robin elimination) places.  Mixed teams First, second, one third and one fifth (only if the	mividual  First, second, one third and one fifth (only if one (1) contest was won by the third ranked athlete from the round robin elimination) place.  Mixed teams  First, second, one third and one fifth (to the third ranked team from the round robin elimination) place.  Individuals and mixed teams  The athletes/teams will be divided as follow:		5*	Individuals and mixed teams The athletes/teams will be divided as follow: Pool A – 3 athletes/teams will compete in a round robin system. The winner will go to the final, the second will compete against the loser from pool B in the bronze medal contest. Pool B – 2 athletes/teams will compete for a place in the final	Gold, silver and one bronze	Individual First, second, one third and one fifth (only if the athlete won one contest in the round robin) place.  Mixed teams First, second, one third and two fifth places.			
		team won one contest in the round robin to the third ranked team from the round robin elimination) place.	Pool A – 3 athletes/teams will compete in a round robin system. The winner will go to the final, the second will compete against the loser from pool B in the bronze medal contest.  Pool B – 2 athletes/teams will compete for a place in the final		4*	Pool system with two (2) single contests/matches, then a contest/match between the two (2) losers for the single bronze medal and a contest/match between the two (2) winners for the gold and silver medals.	Gold, silver and one bronze	Individuals First, second and one third place.  Mixed teams First, second, one third and one fifth place.			
4*	Gold, silver and one bronze	Individuals First, second and one third place.  Mixed teams First, second, one third and one fifth place	There will be Pool system with two (2) single contests/matches, then a contest/match between the two (2) losers for the single bronze medal and a contest/match between the two (2) winners for the gold and silver medals.	s/matches, between he single n the two d and silver will be held d. The best				3*	A round robin system will be held in the elimination round. The best and the second best will compete in a final for the gold and silver medal. The third athlete/team will be awarded the single bronze	Gold, silver and one bronze (for individuals, if one contest was won)	Individuals First, second and third (only if one contest was won) place.  Mixed teams First, second and third place.
	Gold, silver and one	Individuals First, second and third (only if one	A round robin system will be held in the elimination round. The best and the second best will compete			(for individuals, only if one contest was won).		place			
3*	bronze (for individuals , if one	contest was won) place.	in a final for the gold and silver medal. The third athlete/team will		C.t	One final contest/match.	Gold (individuals)	Individuals First place.			
	contest was won)	Mixed teams First, second and	be awarded the single bronze (for individuals, only if one contest was won).		2*		Gold, silver (Mixed teams)	Mixed teams First and second place.			

		third place.	
2*	Gold (individual s) Gold, silver (Mixed Teams)	Individuals First place.  Mixed teams First and second place.	One final contest/match will be held, and a gold and silver medals awarded.
1*	None	No	No competition.

<sup>\*</sup>Participation points given (if applicable).

If only one (1) athlete passes the weigh-in there will be no competition.

## 2.6.2 Low Numbers System for Other Events

For other individual and team events, the organiser can choose the competition system used. Depending on the number of athletes/teams the number of medals awarded must follow rule 2.6.1.

## Table moved to 2.5

Events	System of competition for 6 or more athletes/teams	System of competition for 5 or less athletes/teams				
	Seniors	Seniors				
Continental Opens						
Continental Championships						
Continental Championships Mixed Teams						
Grand Prix	Quarter-final	Low numbers systems for				
Grand Slam	repechage	IJF WJT events				
Masters						
World Championships Seniors						
World Championships Open						

1*	No competition.	None	No
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\*Participation points given (if applicable).

If only one (1) athlete passes the weigh-in there will be no competition.

## 2.6.2 Low Numbers System for Other Events

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World Championships Mixed Teams				
World Championships Veterans	Double repechage			
Са	dets and Juniors			
World Championships	Quarter-final			
World Championships Mixed Teams	repechage			
Continental Cups		Low numbers systems for IJF WJT events		
Continental Championships	Double repechage			
Continental Championships Mixed Teams				
Youth Olympic Games	Full repechage			
Olympic Games Individual and Mixed Teams	Quarter-final repechage	Not applicable		
Non-World Ranking List Events	Organiser's choice	Low numbers systems for IJF WJT or other events		

## 2.7 Competition System for Mixed Team and Team Events

The system of competition for IJF Mixed Teams events will be the elimination system with quarter-final repechage (refer to Section 2.5.2 for a full description). For other team events, different types of systems can be used such as double repechage, full repechage, or direct knockout. Gold, silver and two (2) bronze medals will be awarded except in the case of low numbers.

## 2.7.1 Regulations for Mixed Team Events

Each team can consist of up to six (6) athletes (3 women and 3 men) and has the possibility to have up to six (6) reserves (3 women and 3 men).

To enter the mixed team competition the National Federation must have a full team. This means that on the delegation control list during accreditation there must be athletes able to compete in all six (6) categories. A total of 12 athletes can be inscribed with a maximum of two (2) athletes per category.

If there are injuries or illness after the draw or during the competition a team can compete with a minimum of four (4) athletes.

Weigh-in rules can be found in Section 6. Before the start of the official weigh-in the

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Weigh-in rules can be found in Section 6. Before the start of the official weigh-in the

coach can update the team list.

During seniors and juniors mixed teams' competitions each athlete is entitled to compete in their own weight category or in the next higher category. During cadets mixed team competitions athletes must compete in their inscribed mixed team category and cannot be moved one (1) team category higher.

During the contests, the non-competing athletes must stay within a marked area on the field of play behind the coaches' chair. Reserve athletes must not enter the field of play.

Two (2) coaches and one (1) doctor per team will be allowed to enter the Field of Play. Athletes should enter the Field of Play in the order that they will compete in.

A draw will be made for the starting category for the first round. The following rounds will start with the next category in the sequence.

Example: Seniors Mixed Teams - drawn category is -73 kg 1st round: -73 kg, -70 kg, -90 kg, +70 kg, +90 kg, -57 kg 2nd round: -70 kg, -90 kg, +70 kg, +90 kg, -57 kg, -73 kg Quarter-final: -90 kg, +70 kg, +90 kg, -57 kg, -73 kg, -70 kg

Repechage and semi-final: +70 kg, +90 kg, -57 kg, -73 kg, -70 kg, -90 kg

Bronze and final: +90 kg, -57 kg, -73 kg, -70 kg, -90 kg, +70 kg

Before each match the team leader must select the athletes for each contest. From the maximum of two (2) athletes inscribed in each category he can select one. If the team has the possibility to put an inscribed athlete in a category, he must do so. An athlete cannot be rested for one match and return for the next unless they have been replaced by the other inscribed athlete.

If the team has no athlete in a category, they should select the "no competitor" option.

If the wrong athlete goes to the tatami for a contest that is not his own he will be disqualified, and the opponent he was initially supposed to meet will win by fusen gachi.

For the first round the lists must be returned at least 30 minutes before the start of the competition.

For other rounds it must be returned 5 minutes after receiving the list from competition management. Once it is returned to competition management it cannot be changed.

Duration of each contest: women four (4) minutes and men four (4) minutes (real time). After the team bow the byes are displayed on the scoreboard and wins are given.

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Example: If blue team has one (1) category empty: 1:0 Example: if both teams have a different category empty: 1:1

Example: if both teams have the same category empty: 0:0 (this is the only case when

we stop a match when a team has reached 3 wins).

These byes are skipped later, no athlete needs to return to the tatami to bow again if there is no contest to be fought.

The first team to win the majority of contests is declared the winner. In IJF events the remaining contests will not be fought. In other events the organiser can decide if the remaining contests will take place or not.

It is compulsory that all athletes listed for the match compete until one (1) team reaches the winning result. If an athlete refuses to compete the team will be disqualified.

If one (1) team does not arrive for a match, the other team will be declared the winner. They are considered out of competition and cannot return for a later match (if applicable).

If there are an equal number of wins at the end of the match, there is a draw for the weight category that will compete in a golden score contest (see table below) to decide the winning team. The draw is done by computer and displayed on the athlete and public (big screen) scoreboards.

	Draw for golden score contest scenario	Action
1	Both teams have "no competitor" in the same category	Category is removed from the draw
2	One team has "no competitor" or after the regular contest an athlete is unable to continue (injured, ill, direct hansoku-make <i>cannot continue</i> in competition etc.)	Category remains in the draw and the win is given directly to the other team
3	In the regular contest both athletes given an indirect hansoku-make (3 shido) or a direct hansoku-make ( <i>can continue</i> in competition)	Category remains in the draw
4	In the regular contest both athletes	Category is removed from the draw

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If there is a double hansoku-make during the golden score contest the following rules will be respected:

	Scenario	Action		
Both athletes given an indirect hansoku-make (3 shido) in the golden score contest		Category is included in a new draw for another golden score contest		
2	Both athletes given a direct hansokumake ( <i>can continue</i> in competition) in the in the golden score contest	Category is included in a new draw for another golden score contest		
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The IJF Ad Hoc Commission will decide the consequences in any situation that may result in a whole team being disgualified.

If an NOC qualifies for the Olympic Games mixed team event, all athletes who qualified for the individual competition can take part in the mixed team competition, up to a maximum of seven (7) women and seven (7) men.

## 2.7.2 Regulations for Female and Male Team Events

Each team will consist of up to five (5) athletes and has the possibility to have up to five (5) reserves. A team must consist of a minimum of three (3) athletes.

A total of 10 athletes can be inscribed with a maximum of two (2) athletes per category.

Weigh-in rules can be found in Section 6. Before the start of the official weigh-in the coach can update the team list.

During female and male team events each athlete is entitled to compete in their own weight category or in the next higher category.

During the contests, the non-competing athletes must stay within a marked area on the field of play behind the coaches' chair. Reserve athletes must not enter the field of play.

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One (1) coach and one (1) doctor per team will be allowed to enter the Field of Play. Athletes should enter the Field of Play in the order that they will compete in.

The contests in female and male team matches will be fought from the lightest weight to the highest weight.

Before each match the team leader must select the athletes for each contest. From the maximum of two (2) athletes inscribed in each category they can select one (1). If the team has the possibility to put an inscribed athlete in a category, they must do so.

An athlete cannot be rested for one (1) match and return for the next unless they have been replaced by the other inscribed athlete.

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If there are an equal number of wins at the end of the match see Section 2.7.1 for the necessary action.

#### 2.8 Event Outlines

For each IJF WJT event outlines will be published on the IJF website and sent to the National Federations. The deadlines in the outlines must be respected.

#### 2.8.1 Visas

The LOC will assist with visas where possible but having the correct visa is the responsibility of each participant. Visa applications will only be accepted for people who are inscribed in judobase for the event.

The invitation letters issued by the LOC must only be used for visa application for the concerned event.

It is the responsibility of the National Federation to ensure that their delegation respects the conditions of stay defined by the Government of the country hosting the event. If any participant does not respect these conditions, any costs arising will be borne by the National Federation concerned.

## 2.8.2 Transportation

The LOC will provide transportation for competing delegations during the competition. This transportation service (including airport transfers) is only offered on the days when the delegations are booked in an official hotel through the LOC. On days delegations are using an unofficial hotel or an official hotel, not reserved through the LOC, they are not allowed to use the official event transportation.

If the delegation misses the transport deadline the LOC are not obliged to provide airport, train or bus station transfers.

#### 2.8.3 Accommodation

All delegations, who inscribe for an IJF WJT event, must reserve their accommodation in one (1) of the official hotels published in the event outlines. The reservation must be made with the LOC (not directly with the hotel).

The minimum reservation for a delegation is two (2) nights multiplied by the total number of people inscribed in judobase. The referee nominated by the IJF is not included in this calculation.

## Examples:

4 people inscribed in judobase (no referee) = 4 x 2 nights = 8 nights or more must be reserved.

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## Examples:

4 people inscribed in judobase (no referee) = 4 x 2 nights = 8 nights or more must be reserved.

17 people inscribed in judobase (including 1 referee) = (17-1) x 2 = 32 nights or more must be reserved.

This rule does not apply to the host National Federation delegates.

The LOC will do their best to provide the first choice of accommodation but as rooms might be limited this cannot be guaranteed.

After the accommodation deadline, the LOC cannot promise rooms in the hotels detailed in the outlines and another official hotel may be added. Accommodation cancellation fees will be detailed in the event outlines.

Any damage to hotel property resulting from the stay of a national delegation will be charged to the national federation and must be paid in full.

Delegations are kindly requested not to dry clothing (including judogi) or have training sessions in the corridors of the official hotels.

According to the IJF rule enacted on the 2 December 2012 in Tokyo, "the organising country should not request penalties fee for participating countries who cannot make bank transfers but can pay in cash upon arrival. Those countries who cannot make bank transfers should inform the LOC well in advance that they will pay cash on arrival".

All bank fees and bank transfer costs must be paid by the participating National Federation. If payment is being made by bank transfer the bank information must be inserted correctly and completely on the transfer document and any procedures related to amendment of the bank transfer must be done before arrival.

Delegations must ensure that all bank charges are paid at their end so that the LOC receive the correct amount of funds without any deductions. The person attending accreditation must bring proof of the bank transfer.

## 2.8.4 Training

Training is the responsibility of the LOC. The LOC are responsible to provide training facilities that will be approved by the IJF Sport Commission. Planning and scheduling of training sessions will be organised taking into consideration requests made by delegations daily on a first request made first served basis. To book training contact the LOC. Ice and water, with a low sodium and/or chloride content (below 200 mg/l), must be provided for delegations at all training venue for all training days.

## 2.8.5 Consent for use of data/photography/videos/filming

Delegates inscribed by their National Federations for WJT events consent to the IJF and its media partners to use content of them, including data, live results, photographs and/or video recordings (hereafter referred to as Media). This media may be obtained

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The National Federation must ensure that they have the permission of each delegate or in the case of a minor the permission of the parent/guardian.

If a delegate does not give consent, then the National Federation must inform the International Judo Federation by writing to registration@ijf.org

### 2.9 Official Notice Boards

All event information (transport times, training schedule, departure schedule etc.) for the delegations will be communicated and posted on the official notice boards in each official hotel and in the warm-up area. The information can also be found online in the IJF electronic notice board Telegram group.

#### **SECTION 3**

#### IJF WORLD RANKING LISTS

The world ranking lists (WRL) are the responsibility of the IJF Sport Commission and are managed by the IJF IT Team. The WRL can be found at www.ijf.org and for assistance please contact the relevant ranking email (ranking.seniors@ijf.org, ranking.juniors@ijf.org or ranking.cadets@ijf.org).

## 3.1 IJF World Ranking Lists

The IJF produces World Ranking Lists (WRL) for individuals and mixed teams, there is also an IJF Nation WRL.

The number of points earned depends on the type of event and how far an athlete/team progresses in the competition.

The lists are updated following the ranking events where athletes/teams earn points to be ranked on an IJF WRL.

Annually points either reduce or expire. The dividing line for reduction or expiration is the following week (week number) in which the competition was held. The beginning of the week is defined as Monday

Example: If the competition is held in week 10 of the year (YYYY), the points are reduced to half at the beginning of week 11 in the next year (YYYY+1) and expired at

and/or video recordings (hereafter referred to as Media). This media may be obtained from National Federations and IJF. It will also be acquired by the IJF and its media partners from in and around all IJF WJT event venues. Media could be used in print and digital media formats including print publications, websites, e-marketing, posters banners, advertising, film, broadcast, social media, education purposes and other purposes.

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Example: If the competition is held in week 10 of the year (YYYY), the points are reduced to half at the beginning of week 11 in the next year (YYYY+1) and expired at

the beginning of week 11 in the year after (YYYY+2). The beginning of the week is defined as Monday.

There is an exception for Continental Championships, for the equal treatment of all continents, points will be handled as follows, regardless of the week that the competition takes place. Due to the COVID-19 pandemic the Continental Championships Seniors and Mixed Teams 2020 and 2021 are counted as a single event held in 2021, only the best result of the two is taken into consideration and expires as if it was held in 2021.

Competition	Points allocation as if competition was held in week number:	Points reduction/expiration on Monday of week number:	
Continental Championships Seniors and Mixed Teams	17	18	
Continental Championships Juniors and Mixed Teams	26	27	
Continental Championships Cadets and Mixed Teams	26	27	

These lists are used for seeding athletes/teams in the draw for ranking events.

## 3.2 IJF World Ranking Lists for Individuals

There are three IJF WRL for individuals; IJF Seniors WRL, IJF Juniors WRL and IJF Cadets WRL.

## 3.2.1 IJF Seniors World Ranking List

Athletes can earn points for the IJF Seniors WRL by competing in IJF WJT events for senior, World Championships Juniors, Continental Championships and Continental Opens for seniors.

	Continental Opens	Continental Championships	Junior World Championships	Grand Prix	Grand Slam		World Championships	Olympic Games
1st place	100	700	700	700	1000	1800	2000	2200
2nd place	70	490	490	490	700	1260	1400	1540

the beginning of week 11 in the year after (YYYY+2). The beginning of the week is defined as Monday.

There is an exception for Continental Championships, for the equal treatment of all continents, points will be handled as follows, regardless of the week that the competition takes place. Due to the COVID-19 pandemic the Continental Championships Seniors and Mixed Teams 2020 and 2021 are counted as a single event held in 2021, only the best result of the two is taken into consideration and expires as if it was held in 2021.

Competition	Points allocation as if competition was held in week number:	Points reduction/expiration on Monday of week number:		
Continental Championships Seniors and Mixed Teams	17	18		
Continental Championships Juniors and Mixed Teams	26	27		
Continental Championships Cadets and Mixed Teams	26	27		

These lists are used for seeding athletes/teams in the draw for ranking events.

## 3.2 IJF World Ranking Lists for Individuals

There are three IJF WRL for individuals; IJF Seniors WRL, IJF Juniors WRL and IJF Cadets WRL.

## 3.2.1 IJF Seniors World Ranking List

Athletes can earn points for the IJF Seniors WRL by competing in IJF WJT events for senior, World Championships Juniors, Continental Championships and Continental Opens for seniors.

	Continental Opens	Continental Championships	Junior World Championships	Grand Prix	Grand Slam	Masters	World Championships	Olympic Games
1st place	100	700	700	700	1000	1800	2000	2200
2nd place	70	490	490	490	700	1260	1400	1540

3rd place	50	350	350	350	500	900	1000	1100
5th place	36	252	252	252	360	648	720	792
7th place	26	182	182	182	260	468	520	572
1/16th	16	112	112	112	160	288	320	352
1/32nd	12	84	84	84	120		240	264
1 contest won	10	70	70	70	100		200	
Participation	0	6	6	6	10	200	20	·

Participation points will be given for Grand Prix, Grand Slam, Masters, Continental Championships and World Championships. In a Continental Open a minimum of one (1) contest must be won to get points.

The points for each competition will count as follows:

Period 1	Look back 12 months	• 5+1 best results	100%
Period 2	Look back 13-24 months	• 5+1 best results	50%
	After 24 months	Points expire	0%

In each period the five (5) best results from Grand Slam, Grand Prix and Continental Opens plus one (1) result from the continental championships or Masters count. In a case where the athlete competes in both events (Continental Championships and Masters) then the higher point score will count as the 6th result, and the lower point score may count as one (1) of the five (5) best results.

At Grand Prix and Grand Slam events only the two (2) best domestic athletes per category can obtain points for the IJF Seniors WRL. In case of equality the points will be automatically given to the highest ranked athlete. If still equal, the domestic National Federation will decide.

If two or more athletes have an equal number of total WRL points, the higher ranking will be decided by:

- The highest sum of the current points from all World Championships.
- The highest sum of the current points from all Grand Prix, Grand Slams and Masters
- The highest current points from a single event, then, if needed, the second highest, and so on.

In the case of Olympic Qualification, if the athletes are still equal the IJF Executive Committee will make the decision.

3rd place		50	350	350	350	500	900	1000	1100
5th place		36	252	252	252	360	648	720	792
7th place		26	182	182	182	260	468	520	572
1/16th		16	112	112	112	160	288	320	352
1/32nd		12	84	84	84	120		240	264
1 contest	won	10	70	70	70	100		200	
Participat	ion	0	6	6	6	10	200	20	

Participation points will be given for Grand Prix, Grand Slam, Masters, Continental Championships and World Championships. In a Continental Open a minimum of one (1) contest must be won to get points.

The points for each competition will count as follows:

Period 1	Look back 12 months	• 5+1 best results	100%
Period 2	Look back 13-24 months	• 5+1 best results	50%
	After 24 months	Points expire	0%

In each period the five (5) best results from Grand Slam, Grand Prix and Continental Opens plus one (1) result from the continental championships or Masters count. In a case where the athlete competes in both events (Continental Championships and Masters) then the higher point score will count as the 6th result, and the lower point score may count as one (1) of the five (5) best results.

At Grand Prix and Grand Slam events only the two (2) best domestic athletes per category can obtain points for the IJF Seniors WRL. In case of equality the points will be automatically given to the highest ranked athlete. If still equal, the domestic National Federation will decide.

If two or more athletes have an equal number of total WRL points, the higher ranking will be decided by:

- The highest sum of the current points from all World Championships.
- The highest sum of the current points from all Grand Prix, Grand Slams and Masters.
- The highest current points from a single event, then, if needed, the second highest, and so on.

In the case of Olympic Qualification, if the athletes are still equal the IJF Executive Committee will make the decision.

Athletes participating in the World Championships Juniors, will be added to the IJF Seniors WRL, and will be given the same points as those given for a Grand Prix.

# 3.2.2 IJF Juniors World Ranking List

Athletes can earn points for the IJF Juniors WRL by competing in Continental Cups Juniors, Continental Championships Juniors and World Championships Juniors.

	Continental Cups	Continental Championships	World Championships
1st place	100	200	500
2nd place	60	120	300
3rd place	40	80	200
5th place	20	40	100
7th place	16	32	80
Each contest won	2	6	12
Participation	0	2	4

Participation points will be given for Continental Championships Juniors and World Championships Juniors. In a Continental Cup Juniors, a minimum of one (1) contest must be won to get points.

The points for each competition will count as follows:

	ne points for each competition will occur as follows:				
Period 1	Look back 12 months	<ul><li>Three best results from Continental Cup</li><li>Result from last Continental Championships</li><li>Result from last World Championships</li></ul>	100%		
Period 2	Look back 13-24 months	<ul> <li>Three best results from Continental Cup</li> <li>Result from previous Continental Championships</li> <li>Result from last World Championships</li> </ul>	50%		
	After 24 months	Points expire	0%		

At World Championships Juniors only the nine (9) best domestic male and nine (9) best domestic female athletes from the host country will be considered for the IJF Juniors WRL and IJF Seniors WRL. In case of equality the points will be automatically

Athletes participating in the World Championships Juniors, will be added to the IJF Seniors WRL, and will be given the same points as those given for a Grand Prix.

# 3.2.2 IJF Juniors World Ranking List

Athletes can earn points for the IJF Juniors WRL by competing in Continental Cups Juniors, Continental Championships Juniors and World Championships Juniors.

	Continental Cups	Continental Championships	World Championships
1st place	100	200	500
2nd place	60	120	300
3rd place	40	80	200
5th place	20	40	100
7th place	16	32	80
Each contest won	2	6	12
Participation	0	2	4

Participation points will be given for Continental Championships Juniors and World Championships Juniors. In a Continental Cup Juniors, a minimum of one (1) contest must be won to get points.

The points for each competition will count as follows:

-	The pointe for each composition will count as follows:				
	Period 1	Look back 12 months	<ul><li>Three best results from Continental Cup</li><li>Result from last Continental Championships</li><li>Result from last World Championships</li></ul>	100%	
	Period 2	Look back 13-24 months	<ul> <li>Three best results from Continental Cup</li> <li>Result from previous Continental Championships</li> <li>Result from last World Championships</li> </ul>	50%	
		After 24 months	Points expire	0%	

At World Championships Juniors only the nine (9) best domestic male and nine (9) best domestic female athletes from the host country will be considered for the IJF Juniors WRL and IJF Seniors WRL. In case of equality the points will be automatically

given to the highest ranked athlete. If still equal, the domestic federation will decide.

If two or more athletes have an equal number of total WRL points, the higher ranking will be decided by:

- The highest sum of the current points from all World Championships Juniors.
- The highest sum of the current points from all Continental Championships Juniors
- The highest sum of the current points from all Continental Cups Juniors.
- The highest current points from a single event, then, if needed, the second highest, and so on.

# 3.2.3 IJF Cadets World Ranking List

Athletes can earn points for the IJF Cadets WRL by competing in Continental Cups Cadets, Continental Championships Cadets and World Championships Cadets.

	Continental Cups	Continental Championships	World Championships
1st place	100	200	500
2nd place	60	120	300
3rd place	40	80	200
5th place	20	40	100
7th place	16	32	80
Each contest won	2	6	12
Participation	0	2	4

Participation points will be given for Continental Championships Cadets and World Championships Cadets. In a Continental Cup Cadets, a minimum of one (1) contest must be won to get points.

The points for each competition will count as follows:

	Look back 12 months	<ul><li>Three best results from Continental Cup</li><li>Result from last Continental Championships</li><li>Result from last World Championships</li></ul>	100%
Period 2	Look back 13-24 months	<ul> <li>Three best results from Continental Cup</li> <li>Result from previous Continental Championships</li> <li>Result from last World Championships</li> </ul>	50%

given to the highest ranked athlete. If still equal, the domestic federation will decide.

If two or more athletes have an equal number of total WRL points, the higher ranking will be decided by:

- The highest sum of the current points from all World Championships Juniors.
- The highest sum of the current points from all Continental Championships Juniors.
- The highest sum of the current points from all Continental Cups Juniors.
- The highest current points from a single event, then, if needed, the second highest, and so on.

# 3.2.3 IJF Cadets World Ranking List

Athletes can earn points for the IJF Cadets WRL by competing in Continental Cups Cadets, Continental Championships Cadets and World Championships Cadets.

	Continental Cups	Continental Championships	World Championships
1st place	100	200	500
2nd place	60	120	300
3rd place	40	80	200
5th place	20	40	100
7th place	16	32	80
Each contest won	2	6	12
Participation	0	2	4

Participation points will be given for Continental Championships Cadets and World Championships Cadets. In a Continental Cup Cadets, a minimum of one (1) contest must be won to get points.

The points for each competition will count as follows:

Period 1	Look back 12 months	Three best results from Continental Cup     Result from last Continental Championships     Result from last World Championships	100%
	Look back 13-24 months	<ul> <li>Three best results from Continental Cup</li> <li>Result from previous Continental Championships</li> <li>Result from last World Championships</li> </ul>	50%

	iter 24 onths	nts expire	0%
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At World Championships Cadets only the ten (10) best domestic male and ten (10) best domestic female athletes will be considered for the IJF Cadets WRL. In case of equality the points will be automatically given to the highest ranked athlete. If still equal, the domestic federation will decide.

If two or more athletes have an equal number of total WRL points, the higher ranking will be decided by:

- The highest sum of the current points from all World Championships Cadets.
- The highest sum of the current points from all Continental Championships Cadets.
- The highest sum of the current points from all Continental Cups Cadets.
- The highest current points from a single event, then, if needed, the second highest, and so on.

Note: For the Youth Olympic Games only the last three criteria above are relevant as there are no World Championships during the qualification period.

If the athletes are still equal the IJF Executive Committee, in the case of Youth Olympic qualification, will make the final decision.

# 3.3 IJF World Ranking Lists for Mixed Teams

There are three (3) IJF WRL for mixed teams; IJF Seniors Mixed Teams WRL, IJF Juniors Mixed Teams WRL and IJF Cadets Mixed Teams WRL.

# 3.3.1 IJF Seniors Mixed Teams World Ranking List

Teams can earn points for the IJF WRL Seniors Mixed Teams by competing in Continental Championships Seniors Mixed Teams and World Championships Seniors Mixed Teams.

Placing	Continental Championship points	World Championship points	Olympic Games points
1st place	4200	12000	72000 <mark>13200</mark>
2nd place	2940	8400	50400 <mark>9240</mark>
3rd place	2100	6000	36000 <mark>6600</mark>

After 24 months	Points expire		0%
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At World Championships Cadets only the ten (10) best domestic male and ten (10) best domestic female athletes will be considered for the IJF Cadets WRL. In case of equality the points will be automatically given to the highest ranked athlete. If still equal, the domestic federation will decide.

If two or more athletes have an equal number of total WRL points, the higher ranking will be decided by:

- The highest sum of the current points from all World Championships Cadets.
- The highest sum of the current points from all Continental Championships Cadets.
- The highest sum of the current points from all Continental Cups Cadets.
- The highest current points from a single event, then, if needed, the second highest, and so on.

Note: For the Youth Olympic Games only the last three criteria above are relevant as there are no World Championships during the qualification period.

If the athletes are still equal the IJF Executive Committee, in the case of Youth Olympic qualification, will make the final decision.

# 3.3 IJF World Ranking Lists for Mixed Teams

There are three (3) IJF WRL for mixed teams; IJF Seniors Mixed Teams WRL, IJF Juniors Mixed Teams WRL and IJF Cadets Mixed Teams WRL.

# 3.3.1 IJF Seniors Mixed Teams World Ranking List

Teams can earn points for the IJF WRL Seniors Mixed Teams by competing in Continental Championships Seniors Mixed Teams and World Championships Seniors Mixed Teams.

Placing	Continental Championship points	World Championship points	Olympic Games points
1st place	4200	12000	13200
2nd place	2940	8400	9240
3rd place	2100	6000	6600

5th place	1512	4320	<mark>25920 4752</mark>
7th place	1092	3120	18720 <mark>3432</mark>
1/16th	672	1920	11520 <mark>2112</mark>
1/32nd	504	1440	8640 <mark>1584</mark>

Points will be allocated even if no match was won.

The points for each competition will count as follows:

Period 1	Look back 12 months	Championships points	100%
Period 2	Look back 13-24 months	Championships points	50%
	After 24 months	Points expire	0%

Additional rules in the case of equality of total points, the higher ranking will be decided by:

- The highest sum of the current points from all World Championships Seniors Mixed Teams.
- The highest sum of the current points from all Continental Championships Seniors Mixed Teams.

# 3.3.2 IJF Juniors Mixed Teams World Ranking List

Teams can earn points for the IJF Juniors Mixed Teams WRL by competing in the Continental Championships Juniors and World Championships Juniors Mixed Teams.

Placing	Continental Championship points	World Championship points
1st place	700	2000
2 <sup>nd</sup> place	490	1400
3 <sup>rd</sup> place	350	1000
5 <sup>th</sup> place	252	720
7 <sup>th</sup> place	182	520
1/16 <sup>th</sup>	112	320
1/32 <sup>nd</sup>	84	240

Points will be allocated even if no match was won.

5th p	place	1512	4320	4752
7th p	place	1092	3120	3432
1/16	th	672	1920	2112
1/32	nd	504	1440	1584

Points will be allocated even if no match was won.

The points for each competition will count as follows:

Period 1	Look back 12 months	Championships points	100%
Period 2	Look back 13-24 months	Championships points	50%
	After 24 months	Points expire	0%

Additional rules in the case of equality of total points, the higher ranking will be decided by:

- The highest sum of the current points from all World Championships Seniors Mixed Teams.
- The highest sum of the current points from all Continental Championships Seniors Mixed Teams.

# 3.3.2 IJF Juniors Mixed Teams World Ranking List

Teams can earn points for the IJF Juniors Mixed Teams WRL by competing in the Continental Championships Juniors and World Championships Juniors Mixed Teams.

Placing	Continental Championship points	World Championship points
1st place	700	2000
2 <sup>nd</sup> place	490	1400
3 <sup>rd</sup> place	350	1000
5 <sup>th</sup> place	252	720
7 <sup>th</sup> place	182	520
1/16 <sup>th</sup>	112	320
1/32 <sup>nd</sup>	84	240

Points will be allocated even if no match was won.

The points for each competition will count as follows:					
Period 1 Look back 12 months • Championships points 100%					
Period 2	Look back 13-24 months	Championships points	50%		
	After 24 months	Points expire	0%		

Additional rules in the case of equality of total points, the higher ranking will be decided by:

- The highest sum of the current points from all World Championships Juniors Mixed Teams.
- The highest sum of the current points from all Continental Championships Juniors Mixed Teams.

# 3.3.3 IJF Cadets Mixed Teams World Ranking List

Teams can earn points for the IJF Cadets Mixed Teams WRL by competing in the Continental Championships Cadets Mixed Teams and World Championships Cadets Mixed Teams.

Placing	Continental Championship points	World Championship points
1 <sup>st</sup> place	700	2000
2 <sup>nd</sup> place	490	1400
3 <sup>rd</sup> place	350	1000
5 <sup>th</sup> place	252	720
7 <sup>th</sup> place	182	520
1/16 <sup>th</sup>	112	320
1/32 <sup>nd</sup>	84	240

Points will be allocated even if no match was won.

The points for each competition will count as follows:

Period 1	Look back 12 months	Championships points	100%
Period 2	Look back 13-24 months	Championships points	50%
	After 24 months	Points expire	0%

The points for each competition will count as follows:

Period 1	Look back 12 months	Championships points	100%
Period 2	Look back 13-24 months	Championships points	50%
	After 24 months	Points expire	0%

Additional rules in the case of equality of total points, the higher ranking will be decided by:

- The highest sum of the current points from all World Championships Juniors Mixed Teams.
- The highest sum of the current points from all Continental Championships Juniors Mixed Teams.

# 3.3.3 IJF Cadets Mixed Teams World Ranking List

Teams can earn points for the IJF Cadets Mixed Teams WRL by competing in the Continental Championships Cadets Mixed Teams and World Championships Cadets Mixed Teams.

Placing	Continental Championship points	World Championship points
1 <sup>st</sup> place	700	2000
2 <sup>nd</sup> place	490	1400
3 <sup>rd</sup> place	350	1000
5 <sup>th</sup> place	252	720
7 <sup>th</sup> place	182	520
1/16 <sup>th</sup>	112	320
1/32 <sup>nd</sup>	84	240

Points will be allocated even if no match was won.

The points for each competition will count as follows:

Period 1	Look back 12 months	Championships points	100%
Period 2	Look back 13-24 months	Championships points	50%
	After 24 months	Points expire	0%

Additional rules in the case of equality of total points, the higher ranking will be decided by:

- The highest sum of the current points from all World Championships Cadets Mixed Teams.
- The highest sum of the current points from all Continental Championships Cadets Mixed Teams.

# 3.4 IJF Nations World Ranking List

The IJF Nations WRL consists of the sum of the current WRL points (seniors, juniors and cadets) plus the sum of the current Mixed Team (seniors, juniors and cadets) WRL for that nation.

### 3.5 Additional Rules

An athlete is in the competition only once he passes the official weigh-in.

If an athlete passes the official weigh-in and is alone in the category he will get the participation ranking points, if applicable.

Any athlete who does not come to the tatami for a contest will have a line put through his name on the draw sheet. His opponent must come to the tatami and bow. He will be declared the winner by fusen-gachi and WRL points will be given.

When an athlete loses a contest by a direct hansoku-make for acts against the spirit of judo, ranking points will be assigned for the position that the athlete reached in the competition. However, points, medals and prize money may be removed depending on the results of any further disciplinary action.

If an athlete on any IJF WRL changes their nationality, they will keep all WRL points.

An athlete classified in any IJF WRL (either cadets, juniors or seniors) is not authorised to take part in an international competition of any combat sport, other than judo, unless authorisation has been given by the IJF. The National Federation is responsible for controlling and sending the information on any cases to the IJF General Secretariat (gs@ijf.org). Failure to do so may result in disciplinary action for the National Federation.

The automatic sanction system for athletes who did not ask the IJF for authorisation or did not respect the IJF decision is applicable as follows:

- 1<sup>st</sup> violation: 2 months suspension from IJF and Continental Unions competitions and other judo activities e.g., training camp.
- 2<sup>nd</sup> violation: 2 years suspension from IJF and Continental Unions competitions and other judo activities e.g., training camp.

Additional rules in the case of equality of total points, the higher ranking will be decided by:

- The highest sum of the current points from all World Championships Cadets Mixed Teams.
- The highest sum of the current points from all Continental Championships Cadets Mixed Teams.

# 3.4 IJF Nations World Ranking List

The IJF Nations WRL consists of the sum of the current WRL points (seniors, juniors and cadets) plus the sum of the current Mixed Team (seniors, juniors and cadets) WRL for that nation.

#### 3.5 Additional Rules

An athlete is in the competition only once he passes the official weigh-in.

If an athlete passes the official weigh-in and is alone in the category he will get the participation ranking points, if applicable.

Any athlete who does not come to the tatami for a contest will have a line put through his name on the draw sheet. His opponent must come to the tatami and bow. He will be declared the winner by fusen-gachi and WRL points will be given.

When an athlete loses a contest by a direct hansoku-make for acts against the spirit of judo, ranking points will be assigned for the position that the athlete reached in the competition. However, points, medals and prize money may be removed depending on the results of any further disciplinary action.

If an athlete on any IJF WRL changes their nationality, they will keep all WRL points.

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The automatic sanction system for athletes who did not ask the IJF for authorisation or did not respect the IJF decision is applicable as follows:

- 1<sup>st</sup> violation: 2 months suspension from IJF and Continental Unions competitions and other judo activities e.g., training camp.
- 2<sup>nd</sup> violation: 2 years suspension from IJF and Continental Unions competitions and other judo activities e.g., training camp.

# SECTION 4

#### **ENTRIES AND ACCREDITATION**

Entries for IJF events are the responsibility of the IJF Sport Commission and are managed by the IJF IT Team. For assistance on the entries please contact registration@ijf.org

# 4.1 Participation Rules for IJF WJT Events

Any delegate is eligible to inscribe participate in a competition provided he fulfils the following requirements:

- Not under a disciplinary suspension.
- Not under suspension for anti-doping rule violation.
- Not under medical suspension.
- Healthy and fit for competition.
- Do not carry any communicable diseases that may risk other delegates' health.
- Is the correct age for the competition that the athlete wants to enter. Any National Federation entering athletes that are not of the correct age will be subject to an investigation and possible disciplinary action.
- Has sufficient technical knowledge (know the terminology and can execute all
  the techniques in Appendix H) and understand fully the IJF sport and refereeing
  rules. For all participants in World Championships juniors and cadets minimum
  technical requirements will be requested under the supervision of the IJF Judo
  Academy.

## 4.2 Entries for IJF WJT Events

Only entries of member National Judo Federations will be accepted.

In some exceptional cases, the IJF can, to protect an athlete's career, inscribe an athlete into an IJF event, under his National Federation Flag or under the IJF flag, according to the specificity of the case.

The name and date of birth of each delegate should match that of their passport. If the person wishes to be known by another name, they should write to the IJF General Secretariat (gs@ijf.org) with copy to registration@ijf.org for approval. If someone has a name change or their name/date of birth is incorrect, the National Federation should send a copy of the valid passport to registration@ijf.org so that their judobase record can be updated.

All participating delegates must have a valid IJF card and be inscribed in judobase (www.trdobase.org/https://admin.judobase.org/) by their National Federation by the event deadline.

The President of a National Federation cannot act as a coach or referee during events organised by the IJF.

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- Do not carry any communicable diseases that may risk other delegates' health.
- Is the correct age for the competition that the athlete wants to enter. Any National Federation entering athletes that are not of the correct age will be subject to an investigation and possible disciplinary action.
- Has sufficient technical knowledge (know the terminology and can execute all the techniques in Appendix H) and understand fully the IJF sport and refereeing rules. For all participants in World Championships juniors and cadets minimum technical requirements will be requested under the supervision of the IJF Judo Academy.

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The name and date of birth of each delegate should match that of their passport. If the person wishes to be known by another name, they should write to the IJF General Secretariat (gs@ijf.org) with copy to registration@ijf.org for approval. If someone has a name change or their name/date of birth is incorrect, the National Federation should send a copy of the valid passport to registration@ijf.org so that their judobase record can be updated.

All participating delegates must have a valid IJF card and be inscribed in judobase (https://admin.judobase.org/) by their National Federation by the event deadline.

The President of a National Federation cannot act as a coach or referee during events organised by the IJF.

A National Federation coach can be accredited for ONLY one country per event except when prior permission has been given by the IJF after confirmation that all National Federations involved agree.

Athletes can be entered in ONLY one weight category per IJF WRL event. Each person can only be inscribed with one function (i.e., athlete, coach, referee, team official etc.) per event. This rule is not the same for veteran events (Appendix A).

After the deadline changes can be made one to one, like for like, due to injury or illness. For example, an injured athlete can be replaced by another athlete regardless of gender or weight category. An ill team official can be replaced by another team official etc.

The process is as follows:

- Until 20 seven (7) days before draw, the correct names of the complete delegation (athletes and officials) must be registered online at IJF registration page (www.judobase.org) https://admin.judobase.org). During the period of Olympic qualification, for events where Olympic qualification points can be earned, no additional athletes (under any circumstances) can be inscribed after this deadline.
- Until 5 days before the start of accreditation if a delegation has replacements and/or cancellations these changes must be entered online at www.judobase.org https://admin.judobase.org.
- Until start of accreditation, any last-minute replacements or cancellations must be sent to the IJF registration e-mail: registration@ijf.org. A confirmation will be sent from the IJF. Emails to registration@ijf.org only cancel the delegate for the competition, for accommodation cancellations you must email the LOC directly.

During accreditation, registered athletes can be replaced by other athletes and registered officials can be replaced by other officials.

### 4.3 Cancellation of Athletes

Whenever possible, cancellations should be made before accreditation. Any cancellation of an athlete during accreditation without replacement will result in the following penalty:

If registered athletes are cancelled during accreditation without previous notification to IJF, a penalty of 100 USD per athlete will apply.

This penalty will be charged by the IJF to the National Federation.

The LOC has the right to charge cancellation fees as detailed in the event outlines.

A National Federation coach can be accredited for ONLY one country per event except when prior permission has been given by the IJF after confirmation that all National Federations involved agree.

Athletes can be entered in ONLY one weight category per IJF WRL event. Each person can only be inscribed with one function (i.e., athlete, coach, referee, team official etc.) per event. This rule is not the same for veteran events (Appendix A).

After the deadline changes can be made one to one, like for like, due to injury or illness. For example, an injured athlete can be replaced by another athlete regardless of gender or weight category. An ill team official can be replaced by another team official etc.

The process is as follows:

- Until seven (7) days before draw, the correct names of the complete delegation (athletes and officials) must be registered online at IJF registration page (https://admin.judobase.org/). During the period of Olympic qualification, for events where Olympic qualification points can be earned, no additional athletes (under any circumstances) can be inscribed after this deadline.
- Until 5 days before the start of accreditation if a delegation has replacements and/or cancellations these changes must be entered online at https://admin.judobase.org/.
- Until start of accreditation, any last-minute replacements or cancellations must be sent to the IJF registration e-mail: registration@ijf.org. A confirmation will be sent from the IJF. Emails to registration@ijf.org only cancel the delegate for the competition, for accommodation cancellations you must email the LOC directly.

During accreditation, registered athletes can be replaced by other athletes and registered officials can be replaced by other officials.

### 4.3 Cancellation of Athletes

Whenever possible, cancellations should be made before accreditation. Any cancellation of an athlete during accreditation without replacement will result in the following penalty:

If registered athletes are cancelled during accreditation without previous notification to IJF, a penalty of 100 USD per athlete will apply.

This penalty will be charged by the IJF to the National Federation.

The LOC has the right to charge cancellation fees as detailed in the event outlines.

### 4.4 Number of Entries

For IJF events the number of entries allowed for each National Federation will be as follows:

#### **World Championships Seniors**

Only athletes ranked number 1-100\* in the IJF Seniors WRL, and athletes ranked number 1-16\* in the IJF Juniors WRL, can take part with each National Federation allowed to enter:

- Up to 9 entries for women with maximum 2 athletes per category.
- Up to 9 entries for men with maximum 2 athletes per category.

The host country may enter:

- Up to 9 entries for women with maximum 2 athletes per category, regardless of WRL position.
- Up to 9 entries for men with maximum 2 athletes per category, regardless of WRL position.

The IJF Head Sport Director will choose a date when the IJF Seniors WRL will be used for qualification and seeding for the World Championships Seniors.

There is no open category.

\*Equally ranked athletes can all participate.

## **World Championships Open**

- Up to 4 entries for women.
- Up to 4 entries for men.

# **World Championships Juniors**

- Up to 9 entries for women with maximum 2 athletes per category.
- Up to 9 entries for men with maximum 2 athletes per category.

The host country may enter:

- Up to 14 entries for women with maximum 2 athletes per category.
- Up to 14 entries for men with maximum 2 athletes per category.

Organisers of World Championships Juniors (especially cities and regions) could have additional Wild Cards for their local and regional athletes, not affecting quotas of the Federation. The number of athletes proposed by the LOC will be agreed by the IJF Head Sport Director.

However, from the host country only the best results from 9 men and 9 women will be considered for the IJF Juniors WRL and IJF Seniors WRL.

### 4.4 Number of Entries

For IJF events the number of entries allowed for each National Federation will be as follows:

#### **World Championships Seniors**

Only athletes ranked number 1-100\* in the IJF Seniors WRL, and athletes ranked number 1-16\* in the IJF Juniors WRL, can take part with each National Federation allowed to enter:

- Up to 9 entries for women with maximum 2 athletes per category.
- Up to 9 entries for men with maximum 2 athletes per category.

The host country may enter:

- Up to 9 entries for women with maximum 2 athletes per category, regardless of WRL position.
- Up to 9 entries for men with maximum 2 athletes per category, regardless of WRL position.

The IJF Head Sport Director will choose a date when the IJF Seniors WRL will be used for qualification and seeding for the World Championships Seniors.

There is no open category.

\*Equally ranked athletes can all participate.

## **World Championships Open**

- Up to 4 entries for women.
- Up to 4 entries for men.

### **World Championships Juniors**

- Up to 9 entries for women with maximum 2 athletes per category.
- Up to 9 entries for men with maximum 2 athletes per category.

The host country may enter:

- Up to 14 entries for women with maximum 2 athletes per category.
- Up to 14 entries for men with maximum 2 athletes per category.

Organisers of World Championships Juniors (especially cities and regions) could have additional Wild Cards for their local and regional athletes, not affecting quotas of the Federation. The number of athletes proposed by the LOC will be agreed by the IJF Head Sport Director.

However, from the host country only the best results from 9 men and 9 women will be considered for the IJF Juniors WRL and IJF Seniors WRL.

There is no open category.

#### **World Championships Cadets**

Each National Federation may enter:

- Up to 10 entries for women with maximum 2 athletes per category.
- Up to 10 entries for men with maximum 2 athletes per category.

The host country may enter:

- Up to 16 entries for women with maximum 2 athletes per category.
- Up to 16 entries for men with maximum 2 athletes per category.

Organisers of World Championships Cadets (especially cities and regions) could have additional Wild Cards for their local and regional athletes, not affecting quotas of the Federation. The number of athletes proposed by the local organising committee will be agreed by the IJF Head Sport Director.

However, from the host country only the best results from 10 men and 10 women will be considered for the IJF Cadets WRL.

There is no open category.

#### **World Championships Mixed Teams**

• 2 athletes per category.

# World Championships Kata

#### Seniors category

• A maximum of 10 pairs and a maximum of 3 pairs in a kata.

#### U23 category

• A maximum of three (3) pairs in a kata.

### **World Championships Veterans**

There is no limit to the number of athletes from the same country that can be inscribed in a category.

#### **World Masters**

• The top 36 athletes in the IJF Seniors WRL in each weight category will be invited. No reserve athletes will be invited.

If an athlete qualifies in more than one category, the National Federation can decide in which category they will take part. The National Federation will be given a deadline for this decision.

If they do not decide on time, the IJF will take the decision based on the highest-

There is no open category.

#### **World Championships Cadets**

Each National Federation may enter:

- Up to 10 entries for women with maximum 2 athletes per category.
- Up to 10 entries for men with maximum 2 athletes per category.

The host country may enter:

- Up to 16 entries for women with maximum 2 athletes per category.
- Up to 16 entries for men with maximum 2 athletes per category.

Organisers of World Championships Cadets (especially cities and regions) could have additional Wild Cards for their local and regional athletes, not affecting quotas of the Federation. The number of athletes proposed by the local organising committee will be agreed by the IJF Head Sport Director.

However, from the host country only the best results from 10 men and 10 women will be considered for the IJF Cadets WRL.

There is no open category.

#### **World Championships Mixed Teams**

• 2 athletes per category.

# World Championships Kata

#### Seniors category

A maximum of 10 pairs and a maximum of 3 pairs in a kata.

#### U23 category

• A maximum of three (3) pairs in a kata.

## **World Championships Veterans**

There is no limit to the number of athletes from the same country that can be inscribed in a category.

#### **World Masters**

 The top 36 athletes in the IJF Seniors WRL in each weight category will be invited. No reserve athletes will be invited.

If an athlete qualifies in more than one category, the National Federation can decide in which category they will take part. The National Federation will be given a deadline for this decision.

If they do not decide on time, the IJF will take the decision based on the highest-

ranking position and that will be the category that is chosen. No replacement athlete will be invited in the category that is not chosen.

Athletes can only be entered in the weight category for which they have been selected.

The organising country has the right to have a minimum of two (2) athletes in each category. If they do not qualify anyone in the top 36 up to two (2) domestic athletes can participate as the 37<sup>th</sup> and 38<sup>th</sup> athlete.

If, in a category, there are athletes marked as suspended they will NOT participate and the next athlete(s) in the list from position number 37 and below will be invited.

#### **Grand Prix and Grand Slam**

- Up to 14 entries for women with maximum 2 athletes per category.
- Up to 14 entries for men with maximum 2 athletes per category.

The host country may enter:

- Up to 28 entries for women with maximum 4 athletes per category.
- Up to 28 entries for men with maximum 4 athletes per category.

However, from the host country only the best two (2) results from each category will be considered for the IJF Seniors WRL.

### **Continental Championships Seniors**

- Up to 9 entries for women with maximum 2 athletes per category.
- Up to 9 entries for men with maximum 2 athletes per category.

## **Continental Championships Juniors**

- Up to 9 entries for women with maximum 2 athletes per category.
- Up to 9 entries for men with maximum 2 athletes per category.

### **Continental Championships Cadets**

- Up to 10 entries for women with maximum 2 athletes per category.
- Up to 10 entries for men with maximum 2 athletes per category.

### **Continental Opens and Cups**

There is no limit to the number of athletes from the same country that can be inscribed in a category.

### Registration Under the IJF Flag

There is no limit to the number of athletes participating under the IJF flag.

### 4.5 Accreditation

ranking position and that will be the category that is chosen. No replacement athlete will be invited in the category that is not chosen.

Athletes can only be entered in the weight category for which they have been selected.

The organising country has the right to have a minimum of two (2) athletes in each category. If they do not qualify anyone in the top 36 up to two (2) domestic athletes can participate as the 37<sup>th</sup> and 38<sup>th</sup> athlete.

If, in a category, there are athletes marked as suspended they will NOT participate and the next athlete(s) in the list from position number 37 and below will be invited.

#### **Grand Prix and Grand Slam**

- Up to 14 entries for women with maximum 2 athletes per category.
- Up to 14 entries for men with maximum 2 athletes per category.

The host country may enter:

- Up to 28 entries for women with maximum 4 athletes per category.
- Up to 28 entries for men with maximum 4 athletes per category.

However, from the host country only the best two (2) results from each category will be considered for the IJF Seniors WRL.

### **Continental Championships Seniors**

- Up to 9 entries for women with maximum 2 athletes per category.
- Up to 9 entries for men with maximum 2 athletes per category.

#### **Continental Championships Juniors**

- Up to 9 entries for women with maximum 2 athletes per category.
- Up to 9 entries for men with maximum 2 athletes per category.

#### **Continental Championships Cadets**

- Up to 10 entries for women with maximum 2 athletes per category.
- Up to 10 entries for men with maximum 2 athletes per category.

### **Continental Opens and Cups**

There is no limit to the number of athletes from the same country that can be inscribed in a category.

### Registration Under the IJF Flag

There is no limit to the number of athletes participating under the IJF flag.

### 4.5 Accreditation

The purpose of accreditation is to identify people and their roles at events and allow them necessary access to perform their roles.

At least one team delegate must attend on time to confirm the entries of all athletes and officials with a signature on the delegation confirmation list. A delayed appearance or no-show may result in the exclusion of all participants from the draw and the event. In case of unforeseen delay of arrival or cancellation, the National Federation must immediately contact both the LOC and the IJF registration team (registration@ijf.org).

For each official team member from a national delegation (athletes, coach, team official, doctor etc.) an accreditation card is issued by the IJF during accreditation.

A delegate should never wear another delegate's accreditation card. The accreditation card remains the property of the IJF and can be withdrawn, with immediate effect, at the IJF's sole discretion.

The accreditation card is valid for the duration of the competition and is the personal identity document of the delegate for all security and access controls. This card contains: last (family) name, first (given) name, country, IJF ID number, a picture and for athletes their weight category and WRL position.

At World Championships and whenever it is necessary to verify the age and/or nationality of an athlete a member of the IJF Sport Commission or its representative will check the passport or national identity card (a high-quality photocopy or scan will also be accepted).

Quota for officials for accreditations (includes team officials, coaches, doctors, and physiotherapists):

- One four (1-4) athletes = three (3) officials.
- Five nine (5-9) athletes = five (5) officials.
- 10 or more athletes = seven (7) officials.

The accreditations for National Federation president, referee and judoka are not included in the above calculation. The fee for additional team official(s) (who must be inscribed in judobase) is 100 US\$ per accreditation, to be paid to the LOC.

Replacement of lost or forgotten accreditation will be charged at 50 US\$ to be paid to the IJF.

At the accreditation stage the LOC must organise at least two (2) stations for financial payments. One for teams with no changes and one or more for teams that need to make changes.

The purpose of accreditation is to identify people and their roles at events and allow them necessary access to perform their roles.

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#### **SECTION 5 DRAW**

#### **SECTION 5 DRAW**

The draw is the responsibility of the IJF Sport Commission.

# **5.1 Draw Regulations**

For all IJF World Championships, Masters, Grand Slams and Grand Prix the draw will take place at 14:00 the day before the competition. For other events, such as the Olympic Games and other multi-sport events, the date and time of the draw will be agreed by the IJF Sport Commission.

After the closing of accreditation and before the start of the draw the lists of athletes by category will be posted either on paper outside the draw room and/or electronically in the IJF notice board communication Telegram group (Telegram, WhatsApp, Messenger etc.). Any errors or omissions should be reported to the IJF IT Team before the start of the draw.

The draw may be held online or with attendees.

With attendees a maximum of two (2) delegates per National Federation may attend the draw.

Dress code: formal suit (jacket, trousers, shirt, and tie for men; jacket, trousers/skirt/dress, blouse for women) and formal shoes.

The draw will be carried out by computer with the use of the IJF software (or other software if IJF authorised) under the direction of the IJF Sport Director assisted by the IJF IT Team and IJF Sport Commission.

The organising committee shall distribute copies of the draw on demand.

# 5.2 Seeding for IJF WJT Events

For the World Championships, Masters, Grand Slams, Grand Prix, Continental Opens and Cadets and Juniors Continental Cups up to a maximum of the top eight (8) athletes among the entered athletes in each weight category will be seeded based on their IJF WRL position.

For the rest of the draw separation by nations will be respected. In a category, seeding position has the priority over nationality division of the athletes. This means that athletes of the same country may end up in the same pool because of their seeding position or because there is no other possible position for them due to the ranking of the other athletes.

For the World Championships Open there will be no seeding only separation by nations.

The draw is the responsibility of the IJF Sport Commission.

# 5.1 Draw Regulations

For all IJF World Championships, Masters, Grand Slams and Grand Prix the draw will take place at 14:00 the day before the competition. For other events, such as the Olympic Games and other multi-sport events, the date and time of the draw will be agreed by the IJF Sport Commission.

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For the World Championships Open there will be no seeding only separation by nations.

For the World Mixed Team Championships, the top four (4) teams, from the IJF Mixed Teams WRL will be seeded.

In theory, seeding should separate the strongest athletes in each category, so that they meet at as late a stage as possible in the chosen method of elimination.

For example, the best two (2) athletes should not meet until the final and the top four until the semi-final and the top eight (8) until the quarter-finals.

Where athletes/teams have the same ranking position, the draw system will automatically do a pre-draw to define the athlete seeding position.

Seeding in elimination bracket system is set up to have the draw placing the:

- Number one (1) seed vs. the number eight (8) seed in Pool A.
- Number two (2) seed vs. the number seven (7) seed in Pool C.
- Number three (3) seed vs. the number six (6) seed in Pool D.
- Number (4) seed vs. the number five (5) seed in Pool B.

Seeded athletes are always placed in the same position on the draw sheet.

Seeding in the low numbers 3+2 system is set up to have the draw placing the number one (1) seed vs. the number five (5) seed in the lower half while the number two (2), three (3) and number four (4) seeds are in the upper Round Robin half.

Seeded athletes/teams, when possible, do not have to compete in the first round.

When there is an incomplete round the seeded athletes/teams do not have to compete in the first round. When there are 9 athletes/teams the number eight (8) seed will have a first-round contest, when there are 10 athletes/teams the number seven (7) and number eight (8) seeds will have a first-round contest, and so on.

# SECTION 6 OFFICIAL WEIGH-IN

The official weigh-in is the responsibility of the IJF Sport Commission.

# 6.1 Location of the Official Weigh-in

The weigh-in can take place in one (1) location, either in the competition venue or in an official hotel allocated by LOC for participating delegations.

From the arrival of the first delegation, a minimum of one (1) set of test scales should be available in a closed room in each official hotel. The test scales must be available daily between 08:00 - 22:00 for athletes to check their weight. The IJF Sport Commission should be informed if there are any issues with the test scales.

For the World Mixed Team Championships, the top four (4) teams, from the IJF Mixed Teams WRL will be seeded.

In theory, seeding should separate the strongest athletes in each category, so that they meet at as late a stage as possible in the chosen method of elimination.

For example, the best two (2) athletes should not meet until the final and the top four until the semi-final and the top eight (8) until the quarter-finals.

Where athletes/teams have the same ranking position, the draw system will automatically do a pre-draw to define the athlete seeding position.

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# SECTION 6

#### **OFFICIAL WEIGH-IN**

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From the arrival of the first delegation, a minimum of one (1) set of test scales should be available in a closed room in each official hotel. The test scales must be available daily between 08:00-22:00 for athletes to check their weight. The IJF Sport Commission should be informed if there are any issues with the test scales.

# 6.2 Official Weigh-in Rules

The official weigh-in should be held in separate rooms for men and women with enough calibrated electronic scales (maximum 4 digits (000.0), 200 kg capacity) showing only one decimal place e.g., 51.9 kg, 154.6 kg. If the official scales show more than one decimal place the additional decimal places must be covered by tape.

If more than one (1) scale is being used, then the weight category to be controlled should be clearly indicated beside that scale. A level solid floor is preferred, but if the room has a carpet the scales should be placed on a large piece of level solid wood.

For IJF events the official weigh-in is organised one day before the competition at **18:00 16:00**. If for any reason (**i.e e.g**., Olympic Games opening ceremony) a different time is proposed, it shall be agreed by the IJF Sport Commission. The unofficial weigh-in will start 30 minutes before the official weigh-in and the official weigh-in period will be between 30 – 60 minutes, the exact times will be published in the event outlines.

Athletes are allowed to check their weight on the official weigh-in scales from 30 minutes before the official weigh-in commences. There is no limit to the number of times each athlete may check their weight during the time of the unofficial weigh-in.

Passing the official weigh-in is the responsibility of the athlete. During the official weigh-in only the weight registered on the official scale, for the weight category, will be considered.

# 6.2.1 Individual Events Official Weigh-In

Junior and senior athletes must be within the weight limits of a category in which they are inscribed. There is no tolerance.

In the cadets age category athletes are NOT allowed to remove their underclothing (men – underpants, women – underpants and bra); to compensate an additional 100 grams will be allowed i.e., for the category -44 kg the limit will be -44.12kg.

# **6.2.2 Female and Male Teams and Mixed Teams Official Weigh-in**

The athletes must be within the weight limits of the category in which they are inscribed.

There is a 2 kg +5% tolerance for athletes (except for athletes +70 kg and +90 kg senior and junior categories and +63 kg and +81 kg cadet categories), who competed in the preceding individual competition, if applicable, (they must have passed the official weigh-in for the individual competition) and NO tolerance for athletes who are only inscribed for the team competition or who did not pass the official weigh-in for the preceding individual competition (if applicable).

# 6.2 Official Weigh-in Rules

The official weigh-in should be held in separate rooms for men and women with enough calibrated electronic scales (maximum 4 digits (000.0), 200 kg capacity) showing only one decimal place e.g., 51.9 kg, 154.6 kg. If the official scales show more than one decimal place the additional decimal places must be covered by tape.

If more than one (1) scale is being used, then the weight category to be controlled should be clearly indicated beside that scale. A level solid floor is preferred, but if the room has a carpet the scales should be placed on a large piece of level solid wood.

For IJF events the official weigh-in is organised one day before the competition at 16:00. If for any reason (e.g., Olympic Games opening ceremony) a different time is proposed, it shall be agreed by the IJF Sport Commission. The unofficial weigh-in will start 30 minutes before the official weigh-in and the official weigh-in period will be between 30 – 60 minutes, the exact times will be published in the event outlines.

Athletes are allowed to check their weight on the official weigh-in scales from 30 minutes before the official weigh-in commences. There is no limit to the number of times each athlete may check their weight during the time of the unofficial weigh-in.

Passing the official weigh-in is the responsibility of the athlete. During the official weigh-in only the weight registered on the official scale, for the weight category, will be considered.

# 6.2.1 Individual Events Official Weigh-In

Junior and senior athletes must be within the weight limits of a category in which they are inscribed. There is no tolerance.

In the cadets age category athletes are NOT allowed to remove their underclothing (men – underpants, women – underpants and bra); to compensate an additional 200 grams will be allowed i.e., for the category -44 kg the limit will be -44.2 kg.

## 6.2.2 Female and Male Teams and Mixed Teams Official Weigh-in

The athletes must be within the weight limits of the category in which they are inscribed.

There is a +5% tolerance for athletes (except for athletes +70 kg and +90 kg senior and junior categories and +63 kg and +81 kg cadet categories), who competed in the preceding individual competition, if applicable, (they must have passed the official weigh-in for the individual competition) and NO tolerance for athletes who are only inscribed for the team competition or who did not pass the official weigh-in for the preceding individual competition (if applicable).

Athletes competing on the last day of the individual event that precedes a team event do not have to pass the teams weigh-in.

The details of the weigh-in will be described in the outlines for the event. Event LOC should take into consideration that if an athlete is competing in an individual event the day before a team competition and is not registered in the plus categories they should not have to weigh-in on that day.

# 6.3 Official Weigh-in Procedure

The LOC shall make available a minimum of two (2) national referees/officials per each official scale. One to check the passport and weight of the athlete and one to record the exact weight on the official weigh-in list. An additional official/volunteer should also be available to control the flow of athletes.

To protect the privacy of the athletes, officials supervising the weigh-in must be of the same gender as the athletes.

The IJF IT team in charge of the event shall make available one copy of the weigh-in list for each weight category for the LOC and one copy for the members of the IJF Sport Commission conducting the weigh-in before the scheduled start of the official weigh-in period.

Photography or filming is not permitted in the weigh-in area.

#### Procedure:

- All coaches and other team delegates must leave the weigh-in room before the start of the official weigh-in.
- Athletes can stand on the scales only once during the official weigh-in period.
- Athletes shall bring to the weigh-in their IJF accreditation card issued for the competition and their passport or an official identification document with photo. The passport or official identification document must be the same nationality as the nationality that the athlete is representing in the competition. Athletes shall present both documents to the official who will verify their identity.
- The official then invites the athletes to stand on the scales.
- Athletes shall weigh-in wearing only underclothing (men underpants, women
   underpants and bra). Any head covering, watches, glasses, socks, jewellery,
  and body piercings must be removed.
- Athletes are allowed to remove their underclothing without stepping off the scales - to ensure they reach the minimum or the maximum weight limit of the weight category in which they are entered.
- The official supervising the weigh-in shall note and record the weight of the athlete in kilograms to one decimal point **i.e** e.g., 51.9 kg, 73.0 kg.

Athletes competing on the last day of the individual event that precedes a team event do not have to pass the teams weigh-in.

The details of the weigh-in will be described in the outlines for the event. Event LOC should take into consideration that if an athlete is competing in an individual event the day before a team competition and is not registered in the plus categories they should not have to weigh-in on that day.

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The LOC shall make available a minimum of two (2) national referees/officials per each official scale. One to check the passport and weight of the athlete and one to record the exact weight on the official weigh-in list. An additional official/volunteer should also be available to control the flow of athletes.

To protect the privacy of the athletes, officials supervising the weigh-in must be of the same gender as the athletes.

The IJF IT team in charge of the event shall make available one copy of the weigh-in list for each weight category for the LOC and one copy for the members of the IJF Sport Commission conducting the weigh-in before the scheduled start of the official weigh-in period.

Photography or filming is not permitted in the weigh-in area.

#### **Procedure:**

- All coaches and other team delegates must leave the weigh-in room before the start of the official weigh-in.
- Athletes can stand on the scales only once during the official weigh-in period.
- Athletes shall bring to the weigh-in their IJF accreditation card issued for the competition and their passport or an official identification document with photo. The passport or official identification document must be the same nationality as the nationality that the athlete is representing in the competition. Athletes shall present both documents to the official who will verify their identity.
- The official then invites the athletes to stand on the scales.
- Athletes shall weigh-in wearing only underclothing (men underpants, women underpants and bra). Any head covering, watches, glasses, socks, jewellery, and body piercings must be removed.
- Athletes are allowed to remove their underclothing without stepping off the scales to ensure they reach the minimum or the maximum weight limit of the weight category in which they are entered.
- The official supervising the weigh-in shall note and record the weight of the athlete in kilograms to one decimal point e.g., 51.9 kg, 73.0 kg.

Athletes steps off the scales.

## 6.3.1 Failure to Appear for the Official Weigh-in

Should an athlete fail to appear for weigh-in during the official weigh-in period, this shall be noted beside his name on the official weigh-in list. A weigh-in official and the IJF delegate shall sign the notation. The athlete will be excluded from the competition. A decision on special cases (force majeure etc.) will be taken by the IJF Sport Commission.

## 6.3.2 Failure to Weigh Within the Prescribed Limits of a Category

Should an athlete weigh either above or below the prescribed limits for the category in which he is entered, the exact weight shall be recorded and signed by a weigh-in official, and a member of the IJF Sport Commission and by the athlete himself or a member of his delegation. The athlete shall be excluded from the competition.

# 6.3.3 Failure to Comply with Official Directions or with the Requirements of the IJF SOR

If at any stage during the weigh-in, an athlete fails to comply with the directions of any weigh-in official or an IJF delegate or fails to comply with the requirements of the IJF SOR, the athlete shall be prevented from participating in the weigh-in and the nature of the infraction brought immediately to the attention of the IJF Sport Director.

### 6.3.4 After Official Weigh-in Procedure

Anyone not passing the official weigh-in will not be allowed to take part in the competition (refer to Section 3.5).

# 6.4 Random Weigh-in

Random weight checks for athletes will be organised and are the responsibility of the IJF Education and Coaching Commission. There will be no random weigh-in for IJF Mixed Team events.

For IJF WJT events the random weigh-in will open one hour before the start of the competition each day until approximately 30 minutes before the athlete's first contest at the latest.

The athletes must bring their accreditation for identification. The weight of the athlete cannot be more than 5 % higher than the official maximum weight limit of the category.

### 6.4.1 Draw of the Athletes (individual events)

The draw of the athletes will be done by means of software on a laptop, one (1) hour before the start of the competition. This will be done at the place of the IJF IT person running the competition. Four athletes per category (except those that are plus

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categories) will be drawn.

## **6.4.2 Collecting the Athletes**

The list of named athletes drawn for the random weigh-in will be officially posted on the official notice board placed near the warm-up area and online in the IJF notice board Telegram group.

### 6.4.3 Random Weigh-in Procedure

Four (4) volunteers (two (2) men and two (2) women) will operate the random weigh-in. Two (2) volunteers will identify the athletes and the two (2) others will proceed with the random weigh-in in two (2) separate private rooms. Test scales should be available for the duration of the random weigh-in so that the athletes can test their weight before they choose to go to the official weigh-in.

# 6.4.4 After Random Weigh-in Procedure

Anyone not passing the random weigh-in will not be allowed to take part in the competition (refer to Section 3.5).

	Senior and Junior Women	+ 5 % Tolerance
-48 kg	Up to and including 48.0 kg	50.4 kg
-52 kg	Over 48.0 kg up to and including 52.0 kg	54.6 kg
-57 kg	Over 52.0 kg up to and including 57.0 kg	59.9 kg
-63 kg	Over 57.0 kg up to and including 63.0 kg	66.2 kg
-70 kg	Over 63.0 kg up to and including 70.0 kg	73.5 kg
-78 kg	Over 70.0 kg up to and including 78.0 kg	81.9 kg
	<b>Senior and Junior Men</b>	+ 5 % Tolerance
-60 kg	Up to and including 60.0 kg	63.0 kg
-66 kg	Over 60.0 kg up to and including 66.0 kg	69.3 kg
-73 kg	Over 66.0 kg up to and including 73.0 kg	76.7 kg
-81 kg	Over 73.0 kg up to and including 81.0 kg	85.1 kg
-90 kg	Over 81.0 kg up to and including 90.0 kg	94.5 kg
-100 kg	Over 90.0 kg up to and including 100.0 kg	105.0 kg
	Cadet Women under 18 years	+ 5 % Tolerance + 0.1 kg allowed for underwear
-40 kg	Up to and including 40.0 kg	42.1 kg

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-52 kg	Over 48.0 kg up to and including 52.0 kg	54.6 kg
-57 kg	Over 52.0 kg up to and including 57.0 kg	59.9 kg
-63 kg	Over 57.0 kg up to and including 63.0 kg	66.2 kg
-70 kg	Over 63.0 kg up to and including 70.0 kg	73.5 kg
-78 kg	Over 70.0 kg up to and including 78.0 kg	81.9 kg
	Senior and Junior Men	+ 5 % Tolerance
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-66 kg	Over 60.0 kg up to and including 66.0 kg	69.3 kg
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	Cadet Women under 18 years	+ 5 % Tolerance + 0.1 kg allowed for underwear
-40 kg	Up to and including 40.0 kg	42.1 kg

-44 kg	Over 40.0 kg up to and including 44.0 kg	46.3 kg
-48 kg	Over 44.0 kg up to and including 48.0 kg	50.5 kg
-52 kg	Over 48.0 kg up to and including 52.0 kg	54.7 kg
-57 kg	Over 52.0 kg up to and including 57.0 kg	60.0 kg
-63 kg	Over 57.0 kg up to and including 63.0 kg	66.3 kg
-70 kg	Over 63.0 kg up to and including 70.0 kg	73.6 kg
	Cadet Men under 18 years	+ 5 % Tolerance + 0.1 kg allowed for underwear
-50 kg	Up to and including 50.0 kg	52.6 kg
-55 kg	Over 50 kg up to and including 55.0 kg	57.9 kg
-60 kg	Over 55 kg up to and including 60.0 kg	63.1 kg
-66 kg	Over 60 kg up to and including 66.0 kg	69.4 kg
-73 kg	Over 66 kg up to and including 73.0 kg	76.8 kg
-81 kg	Over 73 kg up to and including 81.0 kg	85.2 kg
-90 kg	Over 81 kg up to and including 90.0 kg	94.6 kg

# SECTION 7 EDUCATION AND COACHING

Education and Coaching is the responsibility of the IJF Education and Coaching Commission.

### 7.1 Coaches' Code of Conduct

Coaches must respect the Code of Ethics, statutes and regulations of the IJF. In the case of an infringement proven, penalties may range from a simple verbal warning to exclusion of competition.

Coaches must make sure that their athletes follow the instructions of the organisers, the schedules and different protocols.

Coach positions are provided for each tatami and the coach must remain seated on the chair throughout the contest. During the contest the coach can only give instructions from this position. Coaching is authorised only during the pause after Mate! and before Hajime! It is strictly limited to communication with his athlete, for tactical advice, encouragements, and instructions.

If a coach gives indications during the contest, he receives a first warning. In case of repetition, he will be excluded from the competition area for the rest of the day. Any attitude contrary to the spirit of judo will be penalised.

-44 kg	Over 40.0 kg up to and including 44.0 kg	46.3 kg	
-48 kg	Over 44.0 kg up to and including 48.0 kg	50.5 kg	
-52 kg	Over 48.0 kg up to and including 52.0 kg	54.7 kg	
-57 kg	Over 52.0 kg up to and including 57.0 kg	60.0 kg	
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If a coach is sanctioned by a referee, the Referee Director will inform immediately the Director of Education for a sanction to be applied.

If an accredited coach communicates from the tribunes, his accreditation will be withdrawn, and he will be excluded from the sport hall.

The coach during the contest must not be in possession of a communication device. If this is the case, it will be excluded immediately from the competition area.

Coaches are responsible for their delegation and must educate their athletes. If a delegation does not follow the rules ALL coaches from that delegation will have their accreditation removed for that day and if found coaching from the tribune will be subject to a disciplinary sanction.

# 7.2 Coaches' Dress Code

Coaches must respect the following dress code:

Draw: formal suit (jacket, trousers, shirt, and tie for men; jacket, trousers/skirt/dress, blouse for women) and formal shoes (no sport shoes or flip-flops).

Preliminary rounds: national tracksuit with trousers reaching down to shoes. Coaches can wear national official short sleeved or long-sleeved T-shirts and sport shoes (no flip-flops). The following are forbidden at any time: shorter trousers, undressed upper body, any kind of head caps or head covering, jeans, sweaters or similar unrelated sports clothing.

For the final block program (TV time): formal suit (jacket, trousers, shirt, and tie for men; jacket, trousers/skirt/dress, blouse for women) and formal shoes (no sport shoes or flip-flops).

# 7.3 Contest Review Process

A delegate can request to review a contest at the end of the preliminaries or final block. A form, available from the person in charge of judogi control, must be completed and returned to judogi control. Only one coach can attend and may be accompanied by a translator.

# SECTION 8 COMPETITION VENUE

The competition venue is the responsibility of the IJF Sport Commission.

# 8.1 Venue

The competition venue should be large enough to host the event and have adequate seating for spectators, VIPs, delegations, and media. For the Olympic Games the seating capacity should be a minimum of 10,000. The venue should be well lit and of a constant temperature of between  $18 - 22^{\circ}$ C. Information for event organisers can be

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found in the IJF EOG.

To operate effectively, the venue should be separated into zones for different activities and client groups. Wherever possible, different entry/exit doors and movement flows should be also be established for different groups. If groups must cross or mix, then it may be necessary to have security to assist with managing this.

# 8.2 Training Venue

The LOC shall provide training areas and transport for all delegations. The training areas should be sufficient to accommodate the number of participants; it should be adequately ventilated and a temperature of 18 - 22°C maintained. Tatami used in the training venue should be approved by the IJF Head Sport Director. The tatami must be placed on a resilient floor at ground level. If the floor is concrete, there should be Taraflex (or similar) underneath the tatami. The minimum height above the tatami must be 5 m.

During World Championships and Olympic Games training areas should be provided that are separate from the warm-up area.

For Olympic Games and other large multi-sport events curtain or screen separation should be provided for privacy between the delegations with sufficient circulation space for coaches and support staff and benches for sitting.

Scales and medical provision must be provided. Additional facilities can include changing rooms with lockers, showers, saunas, fitness equipment and a lounge area with drinks and snacks.

Training times should be coordinated between the organising committee and the delegations.

# 8.3 Warm-Up Area and Judogi Control

Check-in and judogi control are the responsibility of the IJF Education and Coaching Commission. The Commission must inform, by email, the IJF General Secretary of any cases where there is a breaching of the rules. The full IJF Judogi Rules can be found in Appendix C.

# 8.4 Warm-Up Area

There must be space(s) in the venue for warming up in accordance with the IJF warm-up area template which includes tatami for training and areas for resting. The size and final layout of the warm-up area(s) will be agreed by the IJF Sport Commission.

The warm-up area must have the same rules as a dojo and should be always kept tidy. The main purpose of the warm-up tatami is for the athletes competing that day to warm-up tatami.

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The warm-up area must have the same rules as a dojo and should be always kept tidy. The main purpose of the warm-up tatami is for the athletes competing that day to warm

up and there will be a strict nothing on the warm-up tatami policy.

The IJF Sport Commission will restrict warm-up area access to those athletes that are competing that day. If there are no other training venue(s) then non-competing athletes will not be allowed to access the warm-up area until two (2) hours after the start of the competition.

Ice and water, with a low sodium and/or chloride content (below 200 mg/l) must be provided for delegations during the entire competition.

#### Television cameras may film there.

For other activities (eating, changing clothes resting etc.) alternative spaces will be used. It is a shared space for all athletes to use. Delegations should not guard a space for their team.

Media with photographic or television cameras may be given permission to film in the warm-up area.

There must be a warming up area(s) the size of which will be agreed by the IJF Sport Commission. Tatami used in the warm-up area should respect the IJF tatami rules (see 8.6). The tatami needs to be placed on a resilient floor at ground level. If the floor is concrete, there should be Taraflex (or similar) underneath the mats. The minimum height above the mats must be 5 m. The main purpose of the tatami is for the athletes competing that day to warm up and there will be a strict nothing on the tatami policy.

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Screens showing the contest order and live contests should be available in both the warm-up area and the judogi control areas so that coaches and athletes can always follow the competition.

A notice board should be placed in or near the warm-up area so that information for the delegations can be displayed.

For the first contests of the day the athlete must be at the judogi control fifteen (15) minutes before the official start time. If they do not arrive at the appointed time their coach will not be allowed to enter the field of play.

For the next rounds athletes must pass judogi control and be on time for their contests. If they do not arrive on time the 30 second rule will be applied (see Appendix D, Article

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Tatami used in the warm-up area should respect the IJF tatami rules (see 8.6). The tatami needs to be placed on a resilient floor at ground level. If the floor is concrete, there should be Taraflex (or similar) underneath the mats. The minimum height above the mats must be 5 m.

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A notice board should be placed in or near the warm-up area so that information for the delegations can be displayed.

19). Athletes arriving during the 30 second countdown will not be allowed to have their coach accompany them onto field of play.

If any athlete is not able to continue in the competition the IJF Sport Commission must be informed immediately. The IJF Medical Commission delegate will verify the withdrawal if it is due to a medical reason.

# 8.45 Athlete Seating and Facilities

The athlete tribune, changing rooms, toilets and other facilities etc. should be as close as possible to the warm-up area.

# 8.56 Entry to and Exit from Field of Play

Religious, political, personal or commercial connotation or manifestation is prohibited for everyone on the field of play.

The venue speaker(s) announce the athletes as they enter the field of play and the result of the contest. The athletes go onto the tatami on the side opposite that of the technical table. If the athletes walk from the left the first athlete called is the one in the blue judogi followed by white. If it is from the right the first athlete called is the one in the white judogi followed by blue.

In individual competitions an athlete can be accompanied onto the field of play with one coach and one doctor who must follow the dress code (for team competitions refer to Section 2).

Athletes must enter and leave the field of play wearing their judogi in the proper way. It is not allowed to remove any part of the judogi or the belt or to add items of clothing or accessories (caps, sunglasses etc.) until the athlete has left both the field of play and the mixed zone.

The wearing of athlete prescription glasses in the field of play will be permitted but they must be removed before entering the tatami for their contest.

If an athlete does not arrive at the athlete entry to the tatami on time for their contest the 30 second rule will be applied (see Appendix D, Article 19). Athletes arriving during the 30 second countdown will not be allowed to have their coach accompany them.

If an athlete refuses to leave the tatami at the end of the contest, in serious cases both the athlete and the coach may be subject to a suspension of up to one year.

Religious, political, personal, or commercial connotation is prohibited for everyone or the field of play. Moved up

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# 8.67 Field of Play and Competition Area

A minimum of three entrances to the field of play are needed to run the competition and if there are less than this, it must be approved by the IJF Sport Commission. The contest areas are numbered from left to right from the side where the technical table is located.

Each competition tatami is divided into two (2) zones: the contest area and the safety area. Each area is a different colour with sufficient contrast to avoid misleading edge situations. The IJF Sport Commission must agree the number of contest areas required. The contest area for IJF events shall be a minimum of 8 m x 8 m and a maximum of 10 m x 10 m. The safety area shall be a minimum of 3 m. Where two (2) or more adjoining contest areas are used, a common safe zone may be used to satisfy the minimum distance of 4 m between them. A free zone of 50 cm minimum must be maintained around the entire competition area. Any requests to change the size of the contest and safety area must be approved by the IJF Head Sport Director.

All tatami for IJF events must be IJF approved (the list of official suppliers is available at <a href="https://www.ijf.org/supplier-list">https://www.ijf.org/supplier-list</a>). Each tatami should measure 1 m x 2 m x 5 cm and be made of pressed foam. They must be firm under foot, have the property of absorbing shock during ukemi, and not be slippery or too rough. The tatami must be placed on a resilient floor at ground level. The elements making up the floor surface must be aligned without space in between; the surface must be smooth and fixed in such a way that the individual mats cannot be displaced. If the floor is concrete, there should be Taraflex (or similar) underneath the mats. The minimum height above the tatami must be 12 m from the lowest hanging object.

The official tatami colours, for IJF WJT events, are yellow (123C) and red (1795C). Any other colours proposed by the LOC must be approved by the IJF before use. If a tatami needs to be changed, reserve tatami should be available close to the field of play.

For Masters, World Championships Seniors and Olympic Games, the contest area shall be 10 m x 10 m with a minimum common safety area of 4 m and a minimum exterior safety area of 4 m. This size is also recommended for Continental Championships.

Any decoration on the tatami, such as the host city name, year or event logos, can only be placed on the safety area, never on the contest area. This decoration should not be slippery.

If any athlete is not able to continue in the competition the IJF Sport Commission must be informed immediately. The IJF Medical Commission delegate will verify the withdrawal if it is due to a medical reason.

# 8.7 Field of Play and Competition Area

A minimum of three entrances to the field of play are needed to run the competition and if there are less than this, it must be approved by the IJF Sport Commission. The contest areas are numbered from left to right from the side where the technical table is located.

Each competition tatami is divided into two (2) zones: the contest area and the safety area. Each area is a different colour with sufficient contrast to avoid misleading edge situations. The IJF Sport Commission must agree the number of contest areas required. The contest area for IJF events shall be a minimum of 8 m x 8 m and a maximum of 10 m x 10 m. The safety area shall be a minimum of 3 m. Where two (2) or more adjoining contest areas are used, a common safe zone may be used to satisfy the minimum distance of 4 m between them. A free zone of 50 cm minimum must be maintained around the entire competition area. Any requests to change the size of the contest and safety area must be approved by the IJF Head Sport Director.

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Any decoration on the tatami, such as the host city name, year or event logos, can only be placed on the safety area, never on the contest area. This decoration should not be slippery.

The LOC must give the IJF all audio-embedded TV feeds for the Computer Assisted Replay refereeing (CARE) system, live streaming and TV archives. Refer to the EOG for further information.

For each competition area there must be two (2) scoreboards that indicate the scores horizontally, placed outside the competition area where they can be easily seen by the athletes, referees, commission members, officials, and spectators. Manual scoreboards, manual timers, bell or similar audio device and flags (yellow and green) must be available as backup.

When using several competition areas at the same time - the use of different audible signals is required. The time signal must be loud enough to be heard over the noise of the spectators.

The LOC must have a set of reserve radios in case there are any issues with the IJF ones.

For certain events e.g., Olympic Games the tatami may be placed on a solid platform. The platform must be made of wood or a similar material. It must be one metre wider and longer than the tatami dimensions. The height will depend on the sightlines in the sport hall. When using a platform, the exterior safety area must be 4 m. If the tatami needs to have microphones installed between them then this should be done by contractors.

## 8.7 Officials

All refereeing matters are the responsibility of the IJF Refereeing Commission. Refer to the IJF Refereeing Rules in Appendix D. A draw system is used for the referees to ensure neutrality and contest shall be conducted by one referee of a different nationality to the two (2) competing athletes. One referee on the tatami with a radio communication system is connected to the IJF Supervisors and Referee Commissioners. Two (2) technical officials are required per tatami for timing and scoring.

### 8.8 Medical

All medical matters are the responsibility of the IJF Medical Commission. Refer to the IJF Medical Handbook in Appendix E.

### 8.9 Media

All media matters are the responsibility of the IJF Media Director. It is expressly forbidden for all media including photographers to live stream at any time during the draw, competition or any other official IJF activity. They are not allowed to film, or photograph injured or bleeding athletes anywhere in the venue. Mobile devices must

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not be used for any function while mat side.

Media are not allowed to access the warm-up area unless special access has been granted from the IJF. This must be proposed and granted by the IJF at least two (2) weeks before the competition. Any member of the media who does not follow the above risks losing their accreditation and access to the competition.

# 8.10 Awarding Ceremonies

Each athlete who has won a medal must be present at the ceremony to receive their medal personally. The athlete should go to the awarding area immediately after their medal contest. Any athlete who is absent from the awards ceremony without a good reason may forfeit the medal and prize money.

Athletes must attend the medal ceremony barefoot, without any hat, cap or any similar head covering and wearing their IJF approved white judogi that conforms to the IJF judogi rules with special attention being paid to the publicity rule. If it is not clean, then they must wear a reserve judogi.

It is strictly prohibited for athletes on the podium to have a mobile phone (or similar device), national flags or similar items other than those on their judogi. Any demonstration with religious, political, personal, or commercial connotation is also prohibited.

For each event the amount of prize money can be found in the outlines. For the prize money to be paid, each medallist must bring a copy of their passport and their personal tax number to the awarding ceremony. Prize money will be given to the athletes who are then responsible to give 20% to their coach.

Athletes must also be available for interview after the last awarding ceremony if requested by the IJF Media Team. If they do not attend disciplinary action may be taken.

The flags should be hung from left to right - silver, gold, bronze A, bronze B. For a double hansoku-make in the final the flags should be hung silver A, silver B, no flag, bronze A, bronze B.

# 8.11 Delay, Postponement or Cancellation of a Competition

In the event of a delay (a competition has not started at its scheduled start time or is interrupted after the scheduled start) the competition will be restarted if it can be completed within the scheduled session or an extended session.

If there is a postponement (the competition which was underway cannot be completed

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# APPENDIX A REGULATIONS FOR VETERANS

The IJF Veterans Commission is responsible for all IJF veteran activities.

# **A1.1 Organisation**

The Veteran Championships should be a sport festival, a sport competition and a social event. The aim of the event is to add value to judo as a forever lifestyle, judo for all and to create a platform according to which judo practitioners live following the principles and morals taught by Jigoro Kano. The expected outcome is to bring and keep the International Judo Veterans Family together to unite them, to share experiences and to keep the spirit of judo alive.

All rules are based on the IJF SOR, but there must be some tolerance towards those paying their own costs in order that they can still follow and support the sport of judo.

The championships will take place, as far as possible, in a resort or a city that is a tourist venue, as the IJF want to merge the judo event with a family and social event.

As the event is very popular, the LOC should use a venue that can accommodate up to five mats a minimum of four tatami. The LOC must provide a set of radios for the referees and IJF Veterans Commission.

# **A1.2 Competition Rules for Veterans**

The IJF competition rules will apply except for modifications made to age divisions (Section A1.4), category combining (Section A1.7), and contest and golden score duration (Section A1.6). A registered athlete can use their athlete accreditation to coach. An additional coach accreditation is not required. Any athletes that chooses also to coach their colleagues and then don't follow Section 7.1 Coaches' Code of Conduct risk being removed from the competition (i.e., no longer allowed to compete if applicable).

# A1.3 Eligibility to Participate

All the following conditions must be met in full for an individual to be considered eligible to participate in these championships.

- Not under a disciplinary suspension.
- Not under suspension for anti-doping rule violation.
- Not under medical suspension.

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- Not under a disciplinary suspension.
- Not under suspension for anti-doping rule violation.
- Not under medical suspension.

- Healthy and fit for competition.
- Do not carry any communicable diseases that may risk other delegates' health.
- Hold a current and valid licence (membership) issued by a National Federation currently affiliated to the IJF.
- Pay the appropriate entry fees in full before the deadline set in the event outlines.
- Check in at registration (see schedule of Registration in the event outlines).
- Meet the specific weigh-in requirements.
- Provide photographic proof of their identity and date of birth using a valid current passport or a current national .D. identity card.
- All athletes must have obtained the minimum grade of first kyu.

The nationality of athletes will be taken as that which is indicated in their current passport or current national identity card. Athletes may be a member of a national federation that is not the same nation as their passport/national identity card.

During the registration, athletes must present their medical certificate to compete, issued (maximum 30 days before the start of, and valid for the full length of the championships) by an authorised body of the country they represent.

Certificates must be issued in or translated to one of IJF's official languages (English, French, Spanish).

The minimum age for participation in the World Veterans is to be 30 years or over in the year of the event. This defines the age at which athletes first become eligible to compete. Once an athlete has become eligible, they will be allocated into their appropriate five-year age category e.g., M1/F1 will consist of athletes who have their 30<sup>th</sup>, 31<sup>st</sup>, 32<sup>nd</sup>, 33<sup>rd</sup>, 34<sup>th</sup>, 35<sup>th</sup>, 36<sup>th</sup>, 37<sup>th</sup>, 38<sup>th</sup> or 39<sup>th</sup> birthday and the M2/F2 will consist of athletes who have their 35<sup>th</sup>, 36<sup>th</sup>, 37<sup>th</sup>, 38<sup>th</sup> or 39<sup>th</sup> 40<sup>th</sup>, 41<sup>st</sup>, 42<sup>nd</sup>, 43<sup>rd</sup>, 44<sup>th</sup>, 45<sup>th</sup>, 46<sup>th</sup>, 47<sup>th</sup>, 48<sup>th</sup> or 49<sup>th</sup> birthday at any date during the year of the World Championships.

The nationality of athletes will be taken as that which is indicated in their current passport or current national identity card.

### **A1.3.1 Event Inscription**

All participating delegates must have a valid IJF veteran card and be inscribed in judobase (www.judobase.org https://admin.judobase.org) by their National Federation by the event deadline which will be published in the event outlines.

# **A1.4 Age Divisions for Veterans**

Athletes will be allocated an age division based on:

a) Meeting the entrance criteria of a minimum of 30 years of age within the year of the event and,

- Healthy and fit for competition.
- Do not carry any communicable diseases that may risk other delegates' health.
- Hold a current and valid licence (membership) issued by a National Federation currently affiliated to the IJF.
- Pay the appropriate entry fees in full before the deadline set in the event outlines.
- Check in at registration (see schedule of Registration in the event outlines).
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### **A1.3.1 Event Inscription**

All participating delegates must have a valid IJF veteran card and be inscribed in judobase (https://admin.judobase.org/) by their National Federation by the event deadline which will be published in the event outlines.

## **A1.4 Age Divisions for Veterans**

Athletes will be allocated an age division based on:

a) Meeting the entrance criteria of a minimum of 30 years of age within the year of the event and,

## b) Their date of birth in line with the following age ranges a five-year age range:

Age Division	Actual Age (in year of event)
F1/M1	30- <mark>34</mark>
F2/M2	<mark>35-39</mark> 40-49
F3/M3	40-44 <mark>50-59</mark>
F4/M4	45-49 60 - 64 (no shime-waza)
F5/M5	50-54 65 - 69 (no shime-waza)
F6/M6	<mark>55-59</mark> 70+ (no shime-waza)
F7/M7	60 - 64 (no shime-waza)
F8/M8	65 - 69 (no shime-waza)
F9/M9	70+ (no shime-waza)

# **A1.5 Weight Categories for Veterans**

The weight categories are the same as those for senior men and women.

### **A1.6 Time Duration of Contests for Veterans**

Duration (minutes) for individual events will be as follows:

- M1/F1 to M63/F63: three (3) minutes.
- M74/F74 and over: two and a half (2.5) minutes.

Age Range	Age Division	Contest Duration	Golden Score
30-59	M1/F1 to/including M63/F63	3 minutes	No limit
60+	M <mark>74</mark> /F <mark>74</mark> to/including M <mark>96</mark> /F <mark>96</mark>	2.5 minutes	1 minute

<sup>\*</sup>If a tie exists at the end of the one (1) minute golden score time, the referee, in consultation with the table jury will determine the winner without calling hantei.

# **A1.7 Category Combining for Veterans**

To facilitate the best possible application of the category combining policy in situations

b) Their date of birth in line with the following age ranges:

Age Division	Actual Age (in year of event)
F1/M1	30-39
F2/M2	40-49
F3/M3	50-59
F4/M4	60 - 64 (no shime-waza)
F5/M5	65 - 69 (no shime-waza)
F6/M6	70+ (no shime-waza)

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The weight categories are the same as those for senior men and women.

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- M1/F1 to M3/F3: three (3) minutes.
- M4/F4 and over: two and a half (2.5) minutes.

Age Range	Age Division	Contest Duration	Golden Score
30-59	M1/F1 to/including M3/F3	3 minutes	No limit
60+	M4/F4 to/including M6/F6	2.5 minutes	1 minute

<sup>\*</sup>If a tie exists at the end of the one (1) minute golden score time, the referee, in consultation with the table jury will determine the winner without calling hantei.

# **A1.7 Category Combining for Veterans**

To facilitate the best possible application of the category combining policy in situations

of potentially a small number of entries and all the female categories will be held on the same day.

A technical official from the IJF will delegate responsibility to a suitable individual, representing the host organisation, who will be responsible for operating the category combining policy. This policy applies to all weight categories within all age divisions.

Category combining may only be applied to categories where there are less than three entrants. If category combining cannot be achieved safely and according to the guidelines, then a pool of two (2) elimination system may be considered. The best of three contests between the two (2) athletes, if the result is 2-0 then the third contest will not be fought.

- Combining within the same age division athletes should remain within their age division if possible.
- Combining using weight categories athletes should only be combined with other athletes who are no more than one weight category lighter or one weight category heavier. Special consideration should be given to the actual weight differences when dealing with the lightest and the heaviest female and male categories (as a guideline a maximum of 10 kg actual difference when combining the lightest weight category and a maximum of 20 kg actual difference when combining the heaviest weight category should be considered as a limit unless there are other compensatory factors such as experience etc.). Weight should be the primary consideration when moving athletes about within their own age division or combining them with other age divisions in accordance with the guidelines below.

#### Age divisions:

- Athletes in age divisions M74 or F74 and above (M85/F85 and M96/F96) may only be combined with other athletes who are no more than one age division higher or more than one age division lower i.e. e.g., athletes in M74/F74 may only be combined with athletes from M63/F63 or M85/F85.
- Athletes in divisions M63 or F63 may be combined with athletes no more than one age division higher or two age divisions lower i.e. e.g., M74/F74, M52/F52 and M42/F42
- Athletes in divisions M53 or F53 may be combined with athletes no more than one age division above or two age divisions below i.e. e.g., M63/F63, M42/F42 and M3/F3.
- Athletes in divisions M4 or F4 may be combined with athletes no more than two age divisions above or two age divisions below i.e. e.g., M5/F5, M6/F6, M3/F3 and M2/F2.

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A technical official from the IJF will delegate responsibility to a suitable individual, representing the host organisation, who will be responsible for operating the category combining policy. This policy applies to all weight categories within all age divisions.

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### Age divisions:

- Athletes in divisions M3 or F3 may be combined with athletes no more than two age divisions above or two age divisions below i.e. e.g., M4/F4, M5/F5, M1/F1 and M2/F2.
- Athletes in age divisions M2 or F2 may only be combined with athletes two age divisions above and one age division below i.e. e.g., M3/F3, M4/F4 and M1/F1.
- Athletes in age divisions M1 or F1 may only be combined with athletes in two age divisions above i.e. e.g., M2/F2 and M3/F3.
- Athletes may only be combined with athletes in one age divisions above or below (if applicable)

Age Division	Higher Age Division	Lower Age Division
F1/M1	F2/M2, F3/M3	Not applicable
F2/M2	F3/M3, F4/M4	F1/M1
F3/M3	F4/M4, F5/M5	F1/M1, F2/M2
F4/M4	F5/M5, F6/M6	F2/M2, F3/M3
F5/M5	F6/M6	F3/M3, F4/M4
F6/M6	F7/M7	F4/M4, F5/M5
F7/M74	F8/M8	F6/M6
F8/M85	F9/M9	F7/M7
F9/M96	Not applicable	F8/M8

Age Division	Higher Age Division	Lower Age Division	Age span
F1/M1 30-39	F2/M2 40-49	Not applicable	30-49
F2/M2 40-49	F3/M3, 50-59	F1/M1 30-39	<del>30-59</del>
F3/M3 50-59	F4/M4 60-64	F2/M2 40-49	40-64
F4/M4 60-64	F5/M5 65-69	F3/M3 50-59	<del>50-69</del>
F5/M5 65-69	F6/M6 70+	F4/4 60-64	60-70+
F6/M6 70+	Not applicable	F5/M5 65-69	<del>65-70+</del>

**A1.8 Draw for Veterans** 

• Athletes may only be combined with athletes in one age divisions above or below (if applicable).

Age Division	Higher Age Division	Lower Age Division	Age span
F1/M1 30-39	F2/M2 40-49	Not applicable	30-49
F2/M2 40-49	F3/M3, 50-59	F1/M1 30-39	30-59
F3/M3 50-59	F4/M4 60-64	F2/M2 40-49	40-64
F4/M4 60-64	F5/M5 65-69	F3/M3 50-59	50-69
F5/M5 65-69	F6/M6 70+	F4/4 60-64	60-70+
F6/M6 70+	Not applicable	F5/M5 65-69	65-70+

### A1.8 Draw for Veterans

The draw for the individual weight categories will take place at 19.00 hours on the day

The draw for the individual weight categories will take place at 19.00 hours on the day before the competition. Information on the exact location of the individual weight category draws will be displayed in registration on the event official notice board.

A complete list of athletes who have successfully fulfilled the weight requirements will be displayed outside the room where the official draw will take place a minimum of 15 minutes prior to the draw starting.

Team officials from each country (or individual athletes) must check this list to ensure that all their athletes are on the list in the correct age division and weight category. The IJF Veterans Commission take no responsibility for someone who is not included in the draw because they were missing from the list, and no one from the delegation checked.

# **A1.9 Seeding for Veterans**

In the veterans' event, there is no seeding, because athletes move into a new age category every five years and therefore enter in a new group of athletes.

# A1.10 Weigh-in for Veterans

The weigh-in will take place the day before the competition as indicated in the outlines. There is no random weigh-in for veterans.

# A1.11 Judogi Rules for Veterans

All athletes MUST compete wearing a white or blue IJF approved judogi and belt (see IJF website for the list of suppliers). The judogi and belt must conform to the rules in Appendix C.

## **A1.12 Backnumbers for Veterans**

The backnumber must conform to the rules in Appendix C.

# **A1.13 Competition System for Veterans**

The type of competitions system to be applied in the competition will depend on the number of entries as follows:

Competition systems according to number of participants:

- 6 and more entries: double repechage
- 3, 4, 5 entries: round robin
- 2 entries: best of 2 contests, if 1-1 the third contest will decide.

In case the number of participants in a category is not sufficient, (age and/or weight) categories will be combine according to IJF SOR. All the contests in any one age division will be held on the same day.

before the competition. Information on the exact location of the individual weight category draws will be displayed on the event official notice board.

A complete list of athletes who have successfully fulfilled the weight requirements will be displayed outside the room where the official draw will take place a minimum of 15 minutes prior to the draw starting.

Team officials from each country (or individual athletes) must check this list to ensure that all their athletes are on the list in the correct age division and weight category. The IJF Veterans Commission take no responsibility for someone who is not included in the draw because they were missing from the list, and no one from the delegation checked.

# **A1.9 Seeding for Veterans**

In the veterans' event, there is no seeding, because athletes move into a new age category every five years and therefore enter in a new group of athletes.

# **A1.10 Weigh-in for Veterans**

The weigh-in will take place the day before the competition as indicated in the outlines. There is no random weigh-in for veterans.

# A1.11 Judogi Rules for Veterans

All athletes MUST compete wearing a white or blue IJF approved judogi and belt (see IJF website for the list of suppliers). The judogi and belt must conform to the rules in Appendix C.

## **A1.12 Backnumbers for Veterans**

The backnumber must conform to the rules in Appendix C.

# **A1.13 Competition System for Veterans**

The type of competitions system to be applied in the competition will depend on the number of entries as follows:

Competition systems according to number of participants:

- 6 and more entries: double repechage
- 3, 4, 5 entries: round robin
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In case the number of participants in a category is not sufficient, (age and/or weight) categories will be combine according to IJF SOR. All the contests in any one age division will be held on the same day.

The IJF do not have team events for veterans. If other organisations choose to hold team events the rules should be clearly defined in the event outlines.

# **A1.14 Awarding of Medals for Veterans**

Medals will only be awarded to athletes who fought in the category. The number of athletes competing determines the eventual medal allocation.

The medal distribution rule is as follows:

- One athlete no medal will be awarded (the athlete will receive a participation medal from IJF. There will be no flag, national anthem during this awarding ceremony)
- Two athletes two medals awarded only if the second placed athlete has won at least one contest. In the case of no contest won there will only be one medal awarded.
- Three athletes three medals will be awarded only if the third-place athlete has won at least one contest. In the case of no contest won there will only be two medals awarded
- Four athletes three medals awarded
- Five athletes three medals awarded
- Six or more athletes four medals awarded

If a category has been combined the only medals awarded will be the one set of medals for the athletes in that combined category.

Awards for the recognition of exemplary behaviour that promotes the spirit of judo and/or fair play may be awarded at the discretion of the IJF Veterans Commission.

# APPENDIX B REGULATIONS FOR KATA

The IJF Kata Commission is responsible for all IJF kata activities.

# **B1.1 Eligibility to Participate**

National Federations must follow IJF nationality rules – refer to Section 1.7 Athletes can only enter one age category.

Participants must wear a white judogi, a black belt and a backnumber in accordance with IJF rules (SOR Appendix C). Brown belt without IJF label is authorized for under 23 age category.

Pairs participating in Kodokan-Goshin-jutsu and Kime-no-kata are responsible to bring their weapons.

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Pairs participating in Kodokan-Goshin-jutsu and Kime-no-kata are responsible to bring their weapons.

#### Seniors category:

Each Federation may enter in the competition a maximum of 10 pairs and a maximum of 3 pairs in a kata.

Participants are to be minimum 16 years of age in the year of the competition. They shall have a minimum of 1st Dan.

Pairs may be formed of either two (2) males, two (2) females, or a male and a female.

They will have the opportunity to do one of the following kata: Nage-no-kata, Katame-no-kata, Ju-no-kata, Kodokan Goshin-jutsu and Kime-no-kata.

The athletes can only participate in one kata.

#### U-23 category:

Each Federation may enter in the competition a maximum of three (3) pairs in a kata.

For the U-23 age category both tori and uke will have to be under 23 years old and at least 16 years old in the year of the competition. They shall have a minimum of 1st Kyu.

Pairs may be formed of either two (2) males, two (2) females, or a male and a female.

A pair can do one kata between Nage-no-kata (5 sets), Ju-no-kata (3 sets) and Katame-no-kata (3 sets). They will also have the opportunity to perform in two (2) kata, Nage-no-kata and Katame-no-kata or Nage-no-kata (5 sets) and Ju-no-kata (3 sets).

Participants will have the opportunity to play the same role in the second kata or reverse roles or to do the second kata with a different partner.

## **B1.2 Accreditation**

The times and place for check-in and accreditation will be specified in the event outlines.

Number of accreditations for officials: One – three (1-3) pairs: five (5) officials Four – ten (4-10) pairs: ten (10) officials

### **B1.3 Draw**

The draw to establish the groups and the sort of each group will be done the day before the competition. The pairs medallists from the previous World Championships will be considered seeded and will be divided into two groups if there are 10 pairs or more. The draw of the finals will be done in the sports hall after the preliminary rounds.

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# **B1.4 Competition Formula**

Each kata will be divided into two (2) groups: the top three (3) pairs with the maximum points from each group (that is six pairs for each kata) will compete in the finals. Three (3) or four (4) mats will be used for the preliminary rounds and three mats for the final. If the number of pairs is less than ten (10), there will be only one (1) group: the top six (6) pairs from the group will compete in the final.

# **B1.5 Judges and the System of Judging**

The contests will be judged by IJF qualified kata judges. The number of judges per National Federation is limited to:

Participating countries may enter four (4) judges.

Non-participating countries may enter three (3) judges.

A judge cannot be an athlete.

The IJF "2022 Criteria for Kata Evaluation" will be used to judge the Kkata with reference also to the official Kodokan Kata textbooks.

Judges must attend the technical meeting the afternoon before the first day of competition to confirm participation as judge in these championships. Time and place are stated in the event outlines.

For each performance, the five judges will award points on the official IJF electronic scoring system.

Three scores will be totalled to obtain the score of a technique (the maximum score and the minimum score will be cancelled for each technique). The final score of the whole kata will be the sum of the scores for each technique.

The evaluation of every technique of kata must consider the principle and the opportunity of execution: the evaluation (including the opening and closing ceremony) must be comprehensive. In the Nage-no-kata, right and left techniques will be evaluated comprehensively (only one score).

#### Definition of mistakes:

- Forgotten technique/Major mistake will score zero and in addition the total final score of the kata pair will be halved. If more than one technique is forgotten the score for that technique will also be zero but the total final score for the pair will not be halved again. Finally, if the halved total final score is not a whole number, then the score will be rounded up.
- Big mistake When the execution of the principle is incorrect (5 points are deducted, and the maximum number of crosses is 1).

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- Big mistake When the execution of the principle is incorrect (5 points are deducted, and the maximum number of crosses is 1).

- Medium mistake When one or more elements of the principle are not applied in the correct way (3 points are deducted and the maximum number of crosses is 1).
- Small mistake Imperfection in the application of the technique (1 point is deducted and the maximum number of crosses is 2).

The total score for each technique can be increased or decreased by 0,5 point adding in the column of the "correction value" a " + " or a " - ".

#### For every technique without a big mistake the minimum score must be 4,5,

The five judges will be positioned on the shomen side and they will sit at approximately 1.5 m apart. The rule of neutrality will be applied so the judge must be of a different nationality than the competing pair. The position of the five judges will be the same throughout the competition. If a judge is temporarily replaced, he will take place in the same original position when he returns to the competition. The judges must take up their position before the arrival of the pair in the competition area.

The pair enters and leaves the mat at the opposite side of shomen: the beginning and end of kata (opening and closing ceremony) is at an 8 m or 10 m distance apart depending on the dimension of the tatami (bow to the tatami). Any behaviour of tori or uke inside the competition area that is contrary to the spirit of kata will reduce the score of the ceremony kata.

In case of equal score between pairs, the following criteria will be applied considering the scoring sheets of five judges:

- Total value of big mistakes the pair who makes fewer mistakes wins.
- If still equal, total value of medium mistakes will be considered the pair who makes fewer mistakes wins.
- If still equal, total value of small mistakes will be considered the pair who
  makes fewer mistakes wins.

#### The pair who has the better score will win.

In case of equal score between pairs, the following criteria will be applied as a tie breaker:

- Total number of big mistakes of all five (5) judges will be considered the pair who made the fewer big mistakes wins.
- If still equal, total number of medium mistakes of all five (5) judges will be considered - the pair who made the fewer medium mistakes wins.

- Medium mistake When one or more elements of the principle are not applied in the correct way (3 points are deducted and the maximum number of crosses is 1).
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#### The pair who has the better score will win. Moved up

If two pairs, both placing 3rd in the eliminations (or 6th place in case of only one (1) group) are still equal after all the above-mentioned criteria, both pairs will qualify for the final. If two pairs placing 1st, 2nd or 3rd during the final are still equal after the above-mentioned criteria, the kata will be repeated so that the medal can be assigned.

## **B1.6 Competition Area**

The competition area dimension is  $10 \text{ m} \times 10 \text{ m}$  or  $8 \text{ m} \times 8 \text{ m}$  and shall be covered by tatami. Two strips of visible coloured adhesive tape, approximately 5 cm wide and 50 cm long, shall be fixed 3 m apart from the centre, to indicate the starting position of tori and uke. The centre of the competition area shall be indicated with a strip of adhesive tape of the same colour. The safety area between and around the mat must be a minimum of 2 m.

# **B1.7 Awarding Ceremony**

For each kata, the pair with the maximum points in the final will be awarded the gold medal, the pair with the second most points will be awarded the silver medal; and the third pair, the bronze medal.

All finalists, including 4th to 6th place will receive a certificate.

### **B1.8 Coaches**

No coach will be admitted, as coaching is not allowed.

## **B1.9 Medical Situation**

Minor injury and illness:

- In case of a minor injury like bloody wound, broken nails or a problem with contact lenses etc., and according to the decision of the judges, the kata performance will be stopped, and the athlete will be assisted by a doctor out of the competition area if needed. The second bullet point is merged with the first
- The competition will continue, and the pair will repeat entirely the kata after the last pair has performed.
- In case another minor injury happens to the same athlete during the second performance of the kata or after a forgotten technique or a major mistake, the pair will be considered out of competition given a score of 0 for the technique where the injury occurred as well as for the following techniques including the closing ceremony. A ranking will be assigned to them in the pool or in the final. If ranking allows them to participate in the final, and they are not physically

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able to compete, the next pair in the ranking from the pool will participate in the final.

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Major injury or illness:

• When tori or uke is unable to continue to perform the kata because of an injury, illness or accident during the execution of the kata, the pair will be considered out of competition given a score of 0 for the technique where the injury occurred as well as for the following techniques including the closing ceremony. A ranking will be assigned to them in the pool or in the final. If ranking them allows them to participate in the final, the next pair in the ranking from the pool will participate in the final.

# **B1.10 Judogi control**

#### At the time of accreditation:

The head of the delegation will certify that his athletes are wearing a judogi that complies with the IJF regulations. He will attest it by signature.

#### During the competition:

The control of the judogis will be done before each performance in the judogi control area.

- The control of the judogis will be done before each performance in the judogi control area.
- Verification of the IJF labels (red), on the jacket, the trousers and the belt (blue labels are also authorised for the belt), (SOR C1.2).
- Verification that the logos, national emblem, marking and advertising on the judogi respect the provisions of the IJF (SOR C1.3, 1.4, 1.5, 1.6).
- Verification of the official IJF backnumber, the name of the athlete and National Olympic Committee abbreviation on the backnumber are in accordance with the one on the accreditation card (SOR C1.8).
- Verification of the jacket crossing points, the length of the jacket skirt, the sleeves, the trousers and the belt (SOR C1.10).
- The T-shirt for women must be white, with short sleeves and a round neck (SOR C1.11).

If there is a breach of this regulation, it will be reported to the judges who will penalize the athlete in the scoring.

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## **APPENDIX C**

#### **IJF JUDOGI RULES**

Judogi control during IJF events is the responsibility of the IJF Education and Coaching Commission.

## **C1.1 IJF Approved Judogi**

Athletes participating in IJF official events should comply with the IJF Judogi regulations.

National Federations of the competing athletes are responsible for ensuring that the athletes are wearing approved IJF judogi that comply with the IJF judogi rules. In the spirit of fair play if an athlete does not have their judogi due to it being lost or stolen, on production of an airline (or train) lost baggage claim or a police report, reserve judogi will be given and the coach permitted to sit in the chair.

The list of IJF approved judogi suppliers is available here: www.ijf.org/supplier-list

The judogi consists of a jacket and a pair of trousers and must be worn with a belt. The brand of both the jacket and trousers must be the same. Reversible judogi (white one side and blue on the other) are not allowed. The jacket must be worn with the left side crossed over the right. The belt can be a different brand that is approved by the IJF. An athlete is not allowed to compete wearing a red and white belt. If the athlete wears a belt of a colour other than black, it must be made of a flexible material and is exempt from having the official IJF label.

Female athletes shall also wear a white T-shirt, with a round neck.

Any manufacturers design on the inside of the jacket or trousers should not be visible at any time during the contest. If it is a deliberate act, the athlete will be disqualified.

### C1.1.1 Location of the Judogi and Backnumber Pre-Control

The judogi and backnumber pre-control can take place either in the competition venue or in an official hotel allocated by organisers for participating delegations.

Organisers should provide for the judogi and backnumber pre-control a room, with sufficient space, ten (10) tables, ten (10) chairs and volunteers. Large waste baskets should be provided.

### C1.1.2 Judogi and Backnumber Pre-Control

The IJF will arrange a judogi and backnumber pre-control starting two days before the first competition day, until the day before the last competition day. The exact time shall be mentioned in the outlines of the event.

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#### C1.1.2.1 Judogi Pre-Control

The judogi pre-control will be operated upon request of the athletes who wish so.

For this purpose, the athletes should wear their judogi with the belt tightened.

#### C1.1.2.2 Backnumber Pre-Control

For the backnumber pre-control, athletes must bring both judogi (white and blue), for a control regarding any worn-out areas particularly on the collar and lapel, the colour, the IJF official label (obligatory), judogi brand (obligatory), national emblem, advertising, backnumber stitching, and any visible stains. Only if the judogi are compliant with the IJF rules will sponsor labels be given.

Athletes must show up for the backnumber pre-control. If they fail to do so, without a valid reason, the athlete will not be allowed to have a coach in the chair.

### C1.1.3 Consequences of Failing Judogi Control

On each competition day the official judogi control will take place for each contest.

During the preliminaries, for the first contest, athletes and their coaches must arrive together at judogi control 15 minutes before the contest. For the following contests, athletes and their coaches must arrive together at least three (3) contests before their own (not counting the contest in progress).

During the final block, for the first contest, athletes and their coaches must arrive together 10 minutes before the contest. For the following contests, athletes and their coaches must arrive together at least two (2) contests before their own (not counting the contest in progress).

If the coach arrives late, he will not be allowed to accompany his athlete. However, if the coach is not present for a valid reason (such as coaching another athlete at the same time) they will be allowed to join the athlete later. Athletes must arrive at judogi control wearing their judogi exactly as it should be to enter the tatami. Footwear is permitted at this point.

The markings of the logo, emblem and advertising etc. must be made with a material that does not prevent good judo practice. It is not permitted to cover up/ patch any part of the judogi or belt with tape, stickers, or other material such as a sewn patch except under particular circumstances agreed by the IJF Executive Committee.

Following the contest order that shall be displayed in the judogi control area, the Education and Coaching Commission is responsible for calling the athletes to the judogi control area. The LOC directly must provide a public announcement system for this purpose. Athletes and their judogi shall be checked prior to each contest ensuring

#### C1.1.2.1 Judogi Pre-Control

The judogi pre-control will be operated upon request of the athletes who wish so.

For this purpose, the athletes should wear their judogi with the belt tightened.

#### C1.1.2.2 Backnumber Pre-Control

For the backnumber pre-control, athletes must bring both judogi (white and blue), for a control regarding any worn-out areas particularly on the collar and lapel, the colour, the IJF official label (obligatory), judogi brand (obligatory), national emblem, advertising, backnumber stitching, and any visible stains. Only if the judogi are compliant with the IJF rules will sponsor labels be given.

Athletes must show up for the backnumber pre-control. If they fail to do so, without a valid reason, the athlete will not be allowed to have a coach in the chair.

## C1.1.3 Consequences of Failing Judogi Control

On each competition day the official judogi control will take place for each contest.

During the preliminaries, for the first contest, athletes and their coaches must arrive together at judogi control 15 minutes before the contest. For the following contests, athletes and their coaches must arrive together at least three (3) contests before their own (not counting the contest in progress).

During the final block, for the first contest, athletes and their coaches must arrive together 10 minutes before the contest. For the following contests, athletes and their coaches must arrive together at least two (2) contests before their own (not counting the contest in progress).

If the coach arrives late, he will not be allowed to accompany his athlete. However, if the coach is not present for a valid reason (such as coaching another athlete at the same time) they will be allowed to join the athlete later. Athletes must arrive at judogi control wearing their judogi exactly as it should be to enter the tatami. Footwear is permitted at this point.

The markings of the logo, emblem and advertising etc. must be made with a material that does not prevent good judo practice. It is not permitted to cover up/ patch any part of the judogi or belt with tape, stickers, or other material such as a sewn patch except under particular circumstances agreed by the IJF Executive Committee.

Following the contest order that shall be displayed in the judogi control area, the Education and Coaching Commission is responsible for calling the athletes to the judogi control area. The LOC directly must provide a public announcement system for this purpose. Athletes and their judogi shall be checked prior to each contest ensuring

that they are in accordance with the IJF judogi rules. If the judogi does not comply with the current judogi rules no reserve judogi will be provided and the athlete will be disqualified from his contest.

The IJF Ad Hoc Commission will decide on the consequences for an athlete who deliberately avoids passing through judogi control and goes to the tatami.

### **C1.1.4 Judogi Control Verification Positions**

Each athlete is obliged to have his judogi controlled before each contest. A specific zone is provided for this purpose.

Before any control, officials must ask the athletes if they are ready to be checked. If the athlete refuses to apply the rules, he will be excluded from the competition.

#### **Control position 1**

Athletes must be in a standing position with their arms straight down by the side of their body with open hands as close to the body as possible.

#### Control position 2 (see picture 10)

The athletes to be checked need to be in a standing position. The arms must be straight put in front at chest height, palms open, fingers pointed upwards. Thumbs and forefingers of both hands should be in contact with each other to form a triangle.

If the athlete fails the judogi control he will be given a second and last chance.

## **C1.1.5 Judogi Control Procedure**

- 1. Athletes' judogi must be dry, exempt from stains, must not show any worn-out signs, particularly on the collar and the lapel. If the condition of the judogi is assessed as unsatisfactory, the athlete is disqualified from his contest.
- 2. The "IJF Approved" label (approved by the IJF picture 1) on the jacket, the trousers, and the belt is controlled with a UV lamp.
- 3. The "IJF Official Supplier" logo of the judogi manufacturer (IJF official judogi supplier picture 2) must appear on the jacket, the trousers and the belt. The brand of the judogi manufacturer must be identical for the jacket and the trousers and the judogi should be of a uniform colour. The brand of the belt can be different to that of the judogi.
- 4. The backnumber (picture 8) must comply with the rules and be ordered via a supplier recognised by the IJF: www.officialbacknumber.com or www.mybacknumber.com. The name of the athlete on the accreditation card must correspond with the name on the backnumber (picture 8).

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- 5. Only the national emblem can appear on the left-hand side of the jacket at chest level (picture 5, see C1.4).
- 6. Control of the corresponding advertising, including the advertising reserved for the athlete (picture 6).
- 7. The size of the jacket, the vertical distance between the top of the breastbone (10 cm) and the point of intersection of the jacket lapels (25 cm, see picture 11), the length of the skirt to cover completely the buttocks (plus 5 to 10 cm), see picture 10.
- 8. The internal distance between the arm and the sleeve (checked with the sokuteiki picture 10).
- 9. The length of the sleeves must completely cover the wrist bone (head of the ulna -picture 10).
- 10. The length of the trousers (the malleolus must be visible and accessible to check the length of the trousers picture 12).
- 11. The size of the belt (picture 13) will be checked.
- 12. All protections (knee pads, elbow pads, shin guards, etc.) will be checked. The protections cannot be composed of or have the slightest metallic or rigid element. Judogi control is done with the protection worn by the athlete. Protections cannot be put on after the control.
- 13. Athletes can wear, from waist (below belt level) to knee length, underwear, or shorts. It is forbidden to wear tights. Protective pads for the arms or legs level must be of soft material and not be visible.
- 14. Long hair must be tied up out of the way and not prevent the grip of the opponent. The nails of the feet and hands must be cut short.

In case the first judogi control is not conclusive, only one more control will be allowed.

## C1.2 IJF Label

Each jacket and trousers must have an unforgeable optical red label (see picture 1) which certifies that the judogi complies with the current IJF rules. For the belt, blue labels are accepted.

The label is fixed:

• On the bottom of the jacket, front left side, near or in the reinforced edge.

- 5. Only the national emblem can appear on the left-hand side of the jacket at chest level (picture 5, see C1.4).
- 6. Control of the corresponding advertising, including the advertising reserved for the athlete (picture 6).
- 7. The size of the jacket, the vertical distance between the top of the breastbone (10 cm) and the point of intersection of the jacket lapels (25 cm, see picture 11), the length of the skirt to cover completely the buttocks (plus 5 to 10 cm), see picture 10.
- 8. The internal distance between the arm and the sleeve (checked with the sokuteiki picture 10).
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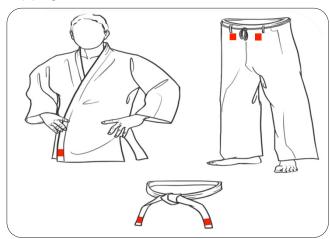
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The label is fixed:

• On the bottom of the jacket, front left side, near or in the reinforced edge.

- On the top front side of the trousers, close to the centre.
- At one of the two edges of the belt.

One (1) possible location Only one (1) logo allowed Two (2) possible locations Only one (1) logo allowed



Two (2) possible locations Only one (1) logo allowed

Picture 1 - IJF label

## **C1.3 Location of the Manufacturer's Logo**

Only one manufacturer's logo per clothing item is allowed (jacket, trousers, and belt). It must be a maximum of 30 cm<sup>2</sup> on the jacket and trousers and 9 cm<sup>2</sup> on the belt.

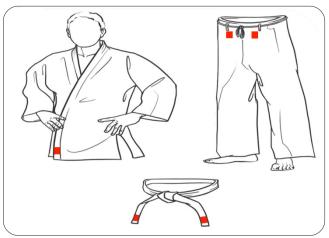
#### It should be fixed:

• On the jacket in a visible area either on the bottom, front left side, near or in the reinforced edge or at the bottom edge and inside the publicity zone (25 cm x 5 cm) permitted on the shoulders (see picture 2).

- On the top front side of the trousers, close to the centre.
- At one of the two edges of the belt.

One (1) possible location Only one (1) logo allowed

Two (2) possible locations Only one (1) logo allowed



Two (2) possible locations Only one (1) logo allowed

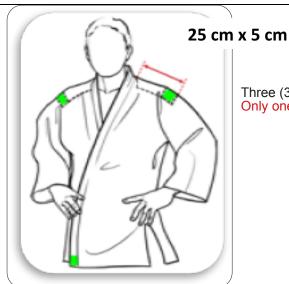
Picture 1 - IJF label

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Only one manufacturer's logo per clothing item is allowed (jacket, trousers, and belt). It must be a maximum of 30 cm<sup>2</sup> on the jacket and trousers and 9 cm<sup>2</sup> on the belt.

#### It should be fixed:

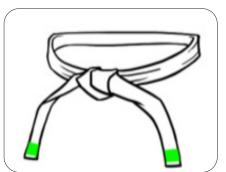
• On the jacket in a visible area either on the bottom, front left side, near or in the reinforced edge or at the bottom edge and inside the publicity zone (25 cm x 5 cm) permitted on the shoulders (see picture 2).



Three (3) possible locations Only one (1) logo allowed

Picture 2 - Location of the manufacturer's logo on the jacket

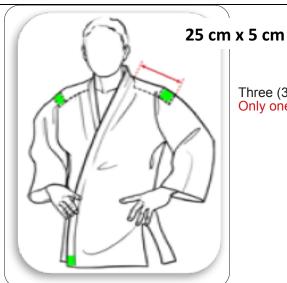
• On one of the two edges of the belt, in a visible area, maximum 9 cm<sup>2</sup> (see picture 3).



Two (2) possible locations Only one (1) logo allowed

Picture 3 - Location of the manufacturer's logo on the belt

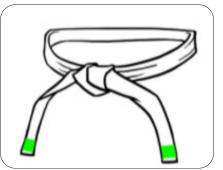
 On the trousers, in a visible area either at the top, at the front side or outside (maximum 20 cm from the waist string) or at the bottom, on one of the two trouser legs at the front side or outside, a maximum of 20 cm from the bottom of the lower edge of the trousers (see picture 4).



Three (3) possible locations Only one (1) logo allowed

Picture 2 - Location of the manufacturer's logo on the jacket

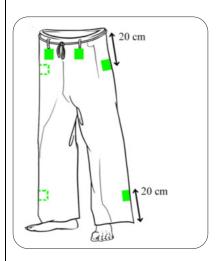
• On one of the two edges of the belt, in a visible area, maximum 9 cm² (see picture 3).



Two (2) possible locations Only one (1) logo allowed

Picture 3 - Location of the manufacturer's logo on the belt

• On the trousers, in a visible area either at the top, at the front side or outside (maximum 20 cm from the waist string) or at the bottom, on one of the two trouser legs at the front side or outside, a maximum of 20 cm from the bottom of the lower edge of the trousers (see picture 4).

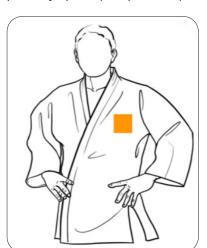


Six (6) possible locations Only one (1) logo allowed

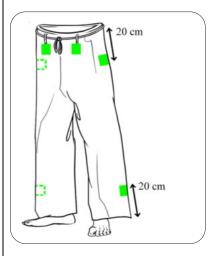
Picture 4 - Location of the manufacturer's logo on the trousers

## **C1.4 National Emblem**

This must be the official identification of a nation, a National Olympic Committee or an IJF affiliated National Federation. Mention of an institution is not allowed. No commercial brand can be associated to it. It is fixed on the left-hand side, at the chest level (see picture 5) with a maximum surface of 100 cm². It can also appear in the publicity space (see picture 6).



One (1) possible location Only one (1) emblem allowed

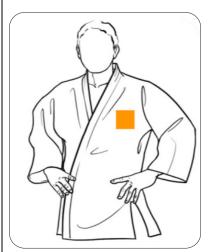


Six (6) possible locations Only one (1) logo allowed

Picture 4 - Location of the manufacturer's logo on the trousers

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One (1) possible location Only one (1) emblem allowed

Picture 5 - Location of the national emblem on the jacket

## C1.5 Advertising

Advertising reserved for National Federations (see picture 6 n° 2) is authorised only on the jacket. It must respect the practical provisions of IJF. The advertising cannot mention political, denominational or sport organisations other than the IJF, its Continental Unions, member National Federations, their organisations, and affiliated clubs. It is not authorised to promote, in advertising spaces, tobacco, alcohol, any prohibited substance listed in the list of products prohibited by the World Anti-Doping Agency, or any product, article or service contrary to morality or good ethics. Betting companies and organisations responsible for betting are not authorised.

- On the visible part of the jacket the advertising can appear in 4 advertising spaces:
- On the sleeves, inside the surface of maximum 10 cm x 10 cm, situated at 25 cm from the lower part of the collar.
- On the shoulders, a stripe of 25 cm x 5 cm. The stripe must be calculated from the lower part of the collar down the sleeve.
- A maximum of 4 different publicities are permitted. Only one publicity is allowed per space.

# C1.6 Additional Advertising Reserved for the Athlete

On the judogi jacket (right-hand side lapel only) there is an advertisement space reserved for the athlete (see picture 6 no 1). It must be a rectangle of 10 cm x 5 cm maximum, either a vertical or horizontal orientation is allowed.

Unless there is a specific agreement with the National Federation, the advertising cannot conflict with the brand of judogi that the athlete is wearing, the sponsors of the National Federation and if the sponsor of the National Federation has multi-activities, in the area concerned by the sponsorship.

This advertising shouldn't be an organisation that is in competition with the National Federation unless it is agreed with the National Federation.

It is not permitted, in the advertising spaces, to promote tobacco, alcohol, any prohibited substances listed in the Prohibited List of the World Antidoping Agency, or any product, goods or service contrary to morality or good ethics. Betting companies and organisations responsible for betting are not authorised.

Picture 5 - Location of the national emblem on the jacket

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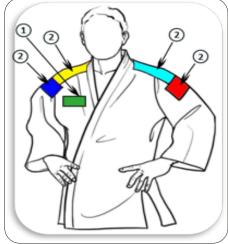
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#### 1. Advertising reserved for the athlete

# 2. Advertising reserved for the National Federation

Picture 6 - Location of the advertising



## C1.7 Marking

The name of the athlete is permitted:

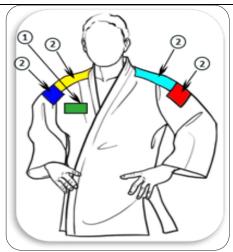
- On the bottom of the jacket (see picture 7.1)
- On the top of the trousers (see picture 7.2)
- On one of the two extremities of the belt (see picture 7.3)

The letters composing the name of the athlete should not exceed a height of 4 cm and a length of 20 cm. No other marking will be accepted.

## 1. Advertising reserved for the athlete

# 2. Advertising reserved for the National Federation

Picture 6 - Location of the advertising



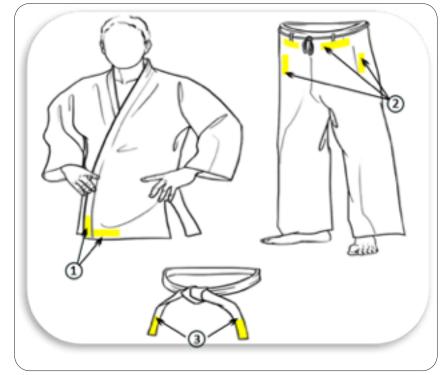
## C1.7 Marking

The name of the athlete is permitted:

- On the bottom of the jacket (see picture 7.1)
- On the top of the trousers (see picture 7.2)
- On one of the two extremities of the belt (see picture 7.3)

The letters composing the name of the athlete should not exceed a height of 4 cm and a length of 20 cm. No other marking will be accepted.

Two (2) possible locations Only one (1) text allowed Four (4) possible locations Only one (1) text allowed



Picture 7

Two (2) possible locations Only one (1) text allowed

## C1.8 Backnumber

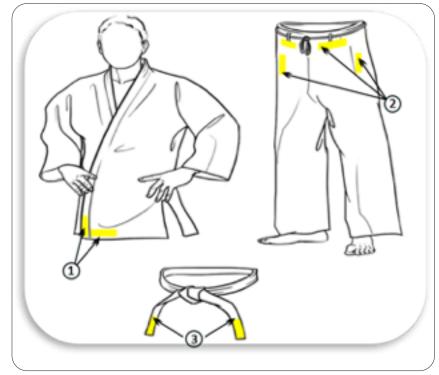
Backnumbers must be ordered from the official IJF backnumber partner:

- www.officialbacknumber.com
- www.mybacknumber.com

The backnumber needs to be clean and free from any stains or sticky residue (picture 8).

Each athlete is obliged to have sewn on the back of his judogi a backnumber bearing their last (family) name and National Olympic Committee abbreviation (see picture 8). The last (family) name (and any part of their given (first) name) on the backnumber

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must have the same letters as that registered in judobase as this database provides the accreditation cards, athlete name on TV graphics and scoreboard etc. The backnumber can have a symbol on a letter, but the letters must be the same - for example:

In judobase Muller = backnumber Muller or Müller (letters match).
In judobase Weiss = backnumber Weiss but NOT Weiß (letters do not match).

Senior individual Olympic champions are entitled to wear a gold backnumber and senior individual world champions a red one. This backnumber is provided by the IJF, world champions will receive four, and Olympic champions will receive eight. This is valid only while the athlete is the current holder of the title and must be changed to the blue backnumber if the title is lost. One month will be allowed for the athlete to return to the blue backnumber.

The backnumber should be stitched around the entire perimeter and the lower and upper edges should be crossed to form an X or three (3) straight equidistant parallel horizontal lines within the perimeter.

NOTE: On the pictures, the stitches are marked in red for a better understanding of how the sewing should be.

For Olympic Games and other Multi-Sport Games the sewing pattern will be specified by the IJF Education and Coaching Commission.

The top of the backnumber must be fixed horizontally and centrally three (3) cm from the bottom of the collar. During the competitions organised by IJF, it must include the publicity of the competition (which is different for white and blue judogi.





Picture 8

## **C1.9 Judogi Colour**

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Picture 8

## C1.9 Judogi Colour

The jacket and the trousers should be of a uniform colour and correspond to the following colour references:

- White: Snow white reference.
- Blue: maximum pantone colour: 285M, minimum pantone colour: 286M between Pantone number n°18- 4051TCX(TPX) and n°18-4039TCX(TPX) on the textile Pantone scale and between n°285M and n° 286M on the print Pantone scale.

C1.10 Judogi Size

The judogi and belt size is controlled by sokuteiki (see picture 9).



Picture 9

Jacket (see picture 10)

The "skirt" must cover the buttocks completely (plus 5 cm to 10 cm).

With the arms level, the SOKUTEIKI must slip inside entirely and smoothly inside the sleeves.

The judogi sleeves must cover up the full arm including the wrist bone (head of the ulna).

The skirt must be of equivalent length at the front and at the back.

The jacket and the trousers should be of a uniform colour and correspond to the following colour references:

- White: Snow white reference.
- Blue: between Pantone number n°18-4051TCX(TPX) and n°18-4039TCX(TPX) on the textile Pantone scale and between n°285M and n° 286M on the print Pantone scale.

C1.10 Judogi Size

The judogi and belt size is controlled by sokuteiki (see picture 9).



Picture 9

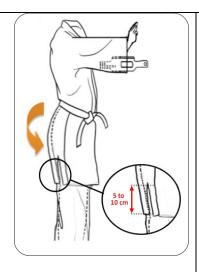
Jacket (see picture 10)

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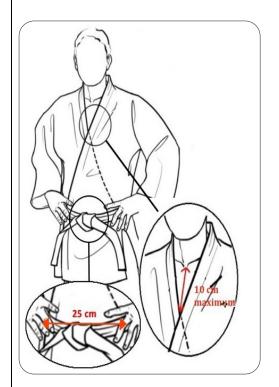
The judogi sleeves must cover up the full arm including the wrist bone (head of the ulna).

The skirt must be of equivalent length at the front and at the back.

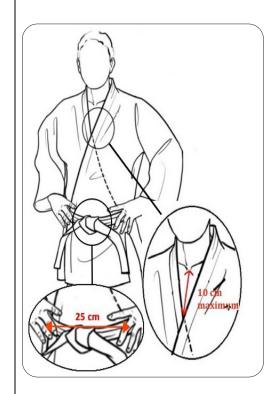


5 to 10 cm

Picture 10



Picture 10



The distance of the crossing points of the jacket, at belt level, must be at least 25 cm

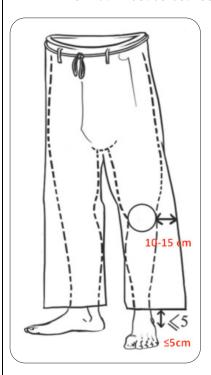
The distance of the crossing points of the jacket, at belt level, must be at least 25 cm

(see picture 11). The belt should be worn just above the hip bone and be tied tightly.

- The thickness of the lapel side must be less or equal to 1 cm.
- The width of the lapel side must be 4 cm.
- The distance between the sternum top and the lapel crossing point of the jacket vertically must be less than 10 cm.

#### Trousers (see picture 12)

- The distance between the bottom of the trousers and the exterior malleolus (ankle bone) must be less or equal to 5 cm.
- The width must be between 10 and 15 cm at the knee level.



Picture 12

#### Belt (see picture 13)

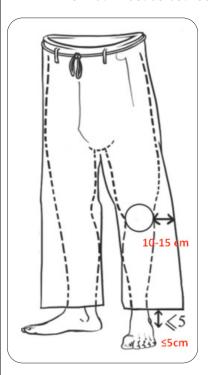
- The thickness must be between 4 and 5 mm.
- The tips starting from the central knot must have a length between 20 and 30 cm.
- The belt must not be made of a stiff and/or slipping material and the knot must be correctly and tightly made.

(see picture 11). The belt should be worn just above the hip bone and be tied tightly.

- The thickness of the lapel side must be less or equal to 1 cm.
- The width of the lapel side must be 4 cm.
- The distance between the sternum top and the lapel crossing point of the jacket vertically must be less than 10 cm.

#### Trousers (see picture 12)

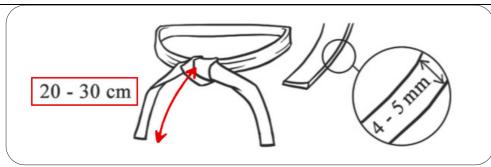
- The distance between the bottom of the trousers and the exterior malleolus (ankle bone) must be less or equal to 5 cm.
- The width must be between 10 and 15 cm at the knee level.



Picture 12

#### Belt (see picture 13)

- The thickness must be between 4 and 5 mm.
- The tips starting from the central knot must have a length between 20 and 30 cm.
- The belt must not be made of a stiff and/or slipping material and the knot must be correctly and tightly made.



Picture 13

# C1.11 T-shirt (for Women)

- White in colour (not transparent), short-sleeved and round-necked.
- Marking of the manufacturer logo, of maximum 30 cm<sup>2</sup> is authorised. It cannot be visible when the judogi is fastened.
- The national emblem representing the official identification of a nation, a National Olympic Committee, or a member National Federation member of IJF, of a surface area of 100 cm<sup>2</sup> can be fixed on the chest, on the left side.
- No commercial marking can appear.

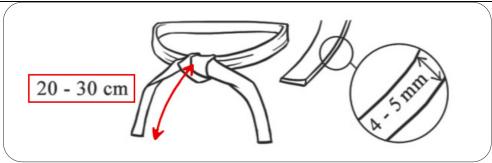
# **C1.12 Reserve Judogi Supply**

During the competitions organised by IJF, the LOC will supply spare belts, blue and white judogi of different sizes. Judogi will be available in the "call room" so that any change requirement could be met as quickly as possible. A closed structure for any changing requests must be in the control zone.

- The reserve judogi are provided only in the following cases:
- Torn judogi during a contest.
- Bloodstains or any other apparent stains during a contest.
- Lost or stolen judogi (airline/train baggage claim or police report need to be provided).
- Judogi is made non-compliant for use during the competition after IJF Supervisors' decision.

The judogi are supplied by the organisers for a contest. The athlete must leave his accreditation card and the part(s) of their judogi that do not comply with the rules with the organisers in exchange for the spare judogi. The spare judogi must be returned immediately after the contest it was used for. If an athlete refuses to comply with the rules, he will be excluded from the competition.

Note: The LOC cannot be blamed if an athlete cannot find a judogi with a suitable size.



Picture 13

## C1.11 T-shirt (for Women)

- White in colour (not transparent), short-sleeved and round-necked.
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**Note:** The LOC cannot be blamed if an athlete cannot find a judogi with a suitable size.

### C1.13 National Technical Officials' Duties

- Check athlete's ID to correspond to the backnumber and check sponsor label (The backnumber and event sponsor label are compulsory).
- Check that the accompanying coach is in possession of an accreditation bearing
  the coach logo. For preliminary rounds a coach should wear a national tracksuit
  with trousers reaching down to the shoes. They can wear national official short
  sleeved or long-sleeved T-shirt and closed-toe sport shoes (no flip-flops). For
  the final block, they must wear a formal suit (jacket, trousers, shirt, and tie for
  men; jacket, trousers/skirt/dress, blouse for women) and formal shoes (no sport
  shoes or flip-flops).
- The following are forbidden at any time: shorter trousers, undressed upper body, any kind of head caps and cover, jeans, sweaters or similar sports unrelated dress, flip- flops. In case a doctor appears with the athlete he should have an accreditation with the doctor's symbol (a first aid kit box).
- Check the condition of the backnumber and sponsor label (it should not be torn
  off).
- Check judogi condition (should be dry, not torn or showing any blood stains).
- Check judogi colour (blue judogi should not look light blue).
- Check the judogi label and brand. The logo of the judogi manufacturer must appear on the jacket, trousers and belt.
- Jacket and trousers should be of the same brand. The belt (cannot be red and white) can be a different brand to that of the jacket and trousers.
- Check "IJF APPROVED" label with a UV lamp. The label should be red. The belt label can be red or blue. Check belt ends length from central knot (between 20 cm and 30 cm).
- Check the name of the athlete on the belt (allowed on one side only), jacket and trousers. One location allowed on each piece of competition clothing. The name of the athlete is not compulsory.
- Check the belt position. It must be worn on the waist (above the hip bone) and be tied very tightly.
- Check the distance between the sternum top and the lapel crossing point of the jacket vertically. It must be less than 10 cm. The distance between the two lapels of the jacket at belt level, needs to be of a minimum of 25 cm.
- Check length of the jacket (to cover completely the buttocks (plus 5 to 10 cm)).
- Athletes must be in a standing position with their arms straight down by the side of their body with open hands as close to the body as possible.
- Check length of the sleeves. They need to cover up the full arms completely
  including the wrist bone (head of the ulna) in the defined control position (arms
  outstretched).
- Check with a Sokuteiki the width of the sleeves, width of lapel, and length of trousers (the ankle bone, the malleolus, must be accessible for checking).

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- Check with a Sokuteiki the width of the sleeves, width of lapel, and length of trousers (the ankle bone, the malleolus, must be accessible for checking).

- The athletes to be checked need to be in a standing position. The arms must be straight put in front at chest height, palms open, fingers pointed upwards. Thumbs and forefingers of both hands should be in contact with each other to form a triangle.
- If the athlete fails the judogi control he will be given a second and last chance.
- Athletes can wear any underwear or leggings below the belt. These should not go below the knee, except if it is a separate protection made of soft material. The protection should not appear below the judogi trousers.
- Check for athletes' advertisements to meet requirements.
- Check national emblem (100 cm<sup>2</sup>) on left side of the jacket).
- Female athletes must wear short sleeved white T-shirt (round necked). No visible advertisement should appear when judogi is done. Only logo of manufacturer (maximum 30 cm²) and national emblem can appear inside. No other marking allowed.
- If an athlete presents themselves with a tattoo mentioning political, religious or sporting bodies or promoting tobacco, alcohol, any prohibited substances listed in the Prohibited List of the World Antidoping Agency or any product, property or service contrary to good moral and ethical customs, it must be covered with an adhesive bandage or medical tape.
- Verify the length of hand and foot nails and personal hygiene of the athlete. Long hair must be tied up with a non-metallic hair tie.
- Control any protective clothing (knee pad, elbow pad, shin pad etc.). No metallic part or any other part made of rigid material is allowed.
- Check that male athletes are not wearing any clothing under their jacket, on upper body.
- Ensure that the athlete is not carrying a prohibited object. This includes the holding or wearing of any electronic devices.
- Any head covering, jewellery or body piercings must be removed.

**Note:** For Multi-Sport events (e.g., Olympic Games, Youth Olympic Games etc.) there may be special judogi rules, and these will be published separately and sent to all National Federations.

# C1.14 World Champion and/or Olympic Champion Titles Enhancement

The International Judo Federation gives the opportunity to athletes who are individual senior world and/or Olympic champions to enhance their title(s) with a marking on the judogi jacket at the level of the country's emblem (left side chest).

The world champion title(s) is/are enhanced by a gold star, above the national emblem.

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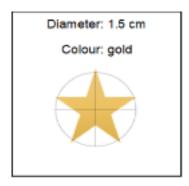
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The world champion title(s) is/are enhanced by a gold star, above the national emblem.

The Olympic champion title(s) is/are enhanced by a gold circle, below the national emblem.

## C1.14.1 Procedure Regarding World Champion Title(s)



The star(s) are placed above the national emblem and must not be in contact with any part of this emblem. There should be a space of 0.5 cm - 2 cm between each star. This symbol must be harmoniously placed in a circular arc, around the emblem in its upper part.

Size: It must be in a 1.5 cm diameter circle.

Colour: Gold.

Positioning: One star: at the centre.

Two stars: Spaced from 1.5 cm to 2 cm beside the

centre.

Three stars: one at the centre and 2 on each side.

Maximum 5 stars per line.

More than 5 stars: superimpose them with a space

of 0.5 cm.

Space between two stars: From 1.5 cm to 2 cm.

## C1.14.2 Procedure Regarding Olympic Champion Title(s)

The Olympic champion title(s) is/are enhanced by a gold circle, below the national emblem.

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## C1.14.2 Procedure Regarding Olympic Champion Title(s)



The circle(s) are placed below the national emblem and must not be in contact with any part of this emblem. There should be a space of 0.5 cm - 2 cm between each circle. This symbol must be harmoniously placed, in line below the national emblem in its lower part.

Size: 1.5 cm diameter.

Colour: Gold.

Positioning: One circle: at the centre.

Two circles: spaced from 1.5 cm to 2 cm beside

the centre.

Three circles: one at the centre and 2 on each

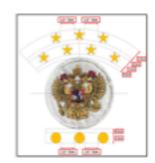
side.

Space between the circles: From 1.5 cm to 2 cm.

**Examples:** 









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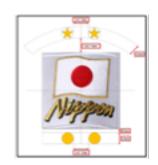
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Examples:







**IJF REFEREEING RULES** 

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# All refereeing matters are the responsibility of the IJF Referee Commission.

# **D1.1 Refereeing - Culture, History and Principles**

Jujutsu is the generic term that regroups all the methods of empty hand combat that the warriors of the Japanese Middle Ages practiced.

The fierce fights between the various schools of jujutsu contributed to the notoriety of their masters and pupils; it was in general duels between the schools that opposed the best practitioner of each among them.

Jigoro Kano at the end of the 19th century developed a school of jujutsu, that he called "JUDO", different from the other "Ryu" by its target. Like the other schools, Judo cultivated the maximal efficiency, but the goal was not the same.

"The improvement of man and society" Use India and India

Judo is the only martial art derived from jujutsu where the grip of the opponent is obligatory; this is what gave its technical wealth, finesse and intelligence. The confrontation in jujutsu didn't allow real fighting since the goal was to kill without being killed oneself.

Jigoro Kano created a discipline where the confrontations allowed techniques to be applied completely, without ever injuring the opponent.

Ippon was granted only if the fall of the opponent was controlled until they hit the ground, or they submitted.

Apart from the elbow joint where one must leave the possibility for their adversary to quit, all techniques are executed in the sense of articulation and never in hyper extension.

The control of the fall direction, the impact and the speed of execution are the definition of the perfect success of the throwing technique.

Judo is not a struggle where one accumulates advantages or points, whether standing up or on the ground, judo is a duel with a code. The only goal is ippon; all other values can be counted only if there is a will to score ippon.

The evolution of contests and refereeing through the years.

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"The improvement of man and society"

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The evolution of contests and refereeing through the years.

Of the challenges inter-schools of jujutsu without mercy, one passed, a little more than 100 years later, to be a member discipline of the International Olympic Committee.

The competition is today extremely well regulated and fully corresponds to the "Olympic Charter" humanist, educational and social. Judo remains nevertheless a martial art where a 100% duel must be the rule. It is the perfect technique that is rewarded with an ippon that puts an end to the contest. Ippon corresponds to "out of contest" as at the time of the warriors of the Middle Ages.

The refereeing must consider the philosophical aspect of the duel between the two athletes and reward them by the correct value or the correct sanction.

#### The rewards are:

- Ippon or nearly ippon (waza-ari).

#### The sanctions are:

- A warning or disqualification, according to the severity, for those who put in danger their own health or that of their opponents, those who refuse to contest, those who stop the contest from taking place fairly, who comes out of the contest area. All actions contrary to the spirit of judo must also be punished.

The one who wins is the one who executed "THE" best technique or for "Hansokumake" of the opponent (technical penalties or due to action against spirit of Judo).

Culturally and in complement, judo doesn't reduce itself to its Olympic expression, judo remains a martial art, judo is more than a sport, all the techniques of the Gokyo Kodokan Classification are part of the judo heritage and must always be taught.

It is the same for the "kappo", techniques of resuscitations and joint mobilisations practiced about forty years ago by the judo teachers and the referees which are these days forbidden in some countries. Their practice is not allowed but their knowledge is part of the judo heritage and should under no circumstances be forgotten. Their practice isn't allowed for referees in IJF WJT competitions.

The referees are the guards of the physical, cultural and philosophical expression of Judo.

Judo must be understood to be appreciated!

## **Article 1 Referees and Officials**

To referee at an IJF WJT event, and other events as agreed by the IJF Executive Committee, a referee must hold an IJF international licence and be active in their nation and continent. The IJF Referee Commission will select the referees for the IJF

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- The IJF referee ranking list.
- The level of the event.
- The period in which the event takes place (e.g., during or out of Olympic qualification).
- The development stage of the referee.

Generally, the contest shall be conducted by one referee of a different nationality to the two competing athletes. For team competitions the same principle applies. In advance of the competition, before the weight category per mat distribution, the selected referees are allocated to a tatami. The assignment of the referees to each contest is done using the IJF competition software. The selection is done to guarantee nation neutrality and gives approximately the same number of assignments to be a referee on the tatami. After following these conditions, the selection done is completely random.

The best referees from the preliminaries, on that day, are selected for the final block. At the end of the competition each referee is given an evaluation (score). This score is then added to the IJF referee ranking list.

No one shall exercise the function of a referee during the events organised by the IJF or Continental Union if he holds the position of National Federation President, coach, doctor, official of the national team, National Referee Director and /or is responsible for the selection of the referees and of their evaluation.

Exception: National Federations Referee Directors can referee at cadets and juniors Continental Cups and competitions excluding Continental Championships.

The referees shall be assisted by technical officials who will operate the timing and scoring system and complete the competition paperwork. The LOC should provide two (2) experienced technical officials per tatami for timing and scoring.

At each IJF WJT event there are IJF Supervisors whose function is to ensure that all decisions made by the referee are correct.

The referee on the tatami has a radio communication system that is connected to the IJF Supervisors on the technical table.

The IJF Supervisors and/or the IJF Referee Commissioners who can possibly intervene, are sitting at their reserved places with their own CARE system. They are connected to the referee via headphones. The procedure is detailed in Article 13.5.

## **Article 2 Position and Function of the Referee**

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## **Article 2 Position and Function of the Referee**

The referee should wear the IJF approved uniform without any head coverings, religious objects, or garish jewellery.

- Before officiating a contest, the referee:
- Should familiarise himself with the sound of the gong or means of indicating the end of the contest on their tatami and with the position of the medical table.
- Must check that his radio and headset are working.
- Has to ensure that the surface of the competition area is clean and in good condition and there are no gaps between the tatami.
- Should ensure that there are no spectators, supporters, or photographers in a position to cause a nuisance or a risk of injury to the athletes.
- Should ensure that all is in good order (e.g., competition area, equipment, uniforms, hygiene, technical officials etc.) before starting the contest.
- Ensure copies of forms (Coach Suspension Form and Article 18 Direct Hansoku-make Form) are available

#### Officiating a contest, the referee:

- Shall generally stay within the contest area.
- He shall conduct the contest and administer the decisions and he shall ensure that the decisions are correctly recorded.
- In exceptional cases (e.g., when both athletes are in ne-waza and facing outwards) he may observe the action from the safety area.

The referee could be asked to leave the competition area during presentations or any lengthy delay in the programme.

The athlete wearing the blue judogi is to the left of the referee and the athlete wearing the white judogi is to the right of the referee.

## **Article 3 Role of Non-Officiating Referees**

Referees who are not refereeing shall be seated at the technical table with a clear view of their tatami, waiting for the contest assigned to them and, in any case, ready for any eventuality that may occur during the event (e.g., he should draw the IJF Supervisor's attention to a mistake recorded on the scoreboard).

Should an athlete have to change any part of the judogi outside the competition area or need to temporarily leave the competition area after the contest has started for a reason considered necessary by the central referee, giving this authorisation only in exceptional circumstances, a referee assigned to the specific tatami who is not refereeing must go with the athlete to see that no anomaly occurs. If the referee assigned to the specific tatami is not of the same gender as the athlete, an official designated by the Head Referee Director, Supervisors or Referee Commission shall accompany the athlete.

The referee should wear the IJF approved uniform without any head coverings, religious objects, or garish jewellery.

- Before officiating a contest, the referee:
- Should familiarise himself with the sound of the gong or means of indicating the end of the contest on their tatami and with the position of the medical table.
- Must check that his radio and headset are working.
- Has to ensure that the surface of the competition area is clean and in good condition and there are no gaps between the tatami.
- Should ensure that there are no spectators, supporters, or photographers in a position to cause a nuisance or a risk of injury to the athletes.
- Should ensure that all is in good order (e.g., competition area, equipment, uniforms, hygiene, technical officials etc.) before starting the contest.
- Ensure copies of forms (Coach Suspension Form and Article 18 Direct Hansoku-make Form) are available

#### Officiating a contest, the referee:

- Shall generally stay within the contest area.
- He shall conduct the contest and administer the decisions and he shall ensure that the decisions are correctly recorded.
- In exceptional cases (e.g., when both athletes are in ne-waza and facing outwards) he may observe the action from the safety area.

The referee could be asked to leave the competition area during presentations or any lengthy delay in the programme.

The athlete wearing the blue judogi is to the left of the referee and the athlete wearing the white judogi is to the right of the referee.

## **Article 3 Role of Non-Officiating Referees**

Referees who are not refereeing shall be seated at the technical table with a clear view of their tatami, waiting for the contest assigned to them and, in any case, ready for any eventuality that may occur during the event (e.g., he should draw the IJF Supervisor's attention to a mistake recorded on the scoreboard).

Should an athlete have to change any part of the judogi outside the competition area or need to temporarily leave the competition area after the contest has started for a reason considered necessary by the central referee, giving this authorisation only in exceptional circumstances, a referee assigned to the specific tatami who is not refereeing must go with the athlete to see that no anomaly occurs. If the referee assigned to the specific tatami is not of the same gender as the athlete, an official designated by the Head Referee Director, Supervisors or Referee Commission shall accompany the athlete.

#### **Article 4 Gestures**

The referee shall make gestures as indicated below when taking the following actions:

**Bow** entering and leaving the tatami

**Standing** before the contest

Inviting the athletes onto the tatami

#### Hajime and Sore-made

**Ippon** (complete point): the referee raises one arm high above the head with the palm of the hand facing forward.

**Waza-ari** (nearly ippon): the referee raises one arm sideways to shoulder height with the palm of the hand facing downwards.

The waza-ari gesture:

- Should start with the arm across the chest, then sideways to the correct finishing position.
- Should be maintained for three (3) to five (5) seconds while moving to ensure that the score is clearly visible to the IJF Supervisors and/or the IJF Referee Commissioners and to the timekeeper.

However, care should be taken when turning to keep the athletes within view.

**Waza-ari-awasete-ippon** (two waza-ari score ippon): first waza-ari, then the ippon gesture.

**Osaekomi!** (Hold is on!): while bending his body towards the athletes, shall point his arm, with the palm of the hand facing downwards. The referee must check that the timekeeper has started the timer before stopping the gesture and returning to a normal position to control the contest.

**Toketa!** (Hold broken!): while bending his body towards the athletes, shall raise one of his arms, with the fingers of the hand straight and forward and the thumb up, to the front and quickly wave it from right to left two or three times. He must check the timekeepers correctly stop the time.

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**Mate!** (Wait!): shall raise one of his arms to shoulder height approximately parallel to the tatami and display the flattened palm of his hand (fingers up) to the timing and scoring technical officials.

#### Sono-mama <=> Yoshi

**Sono-mama!** (Hold position!): shall bend forward and touch both athletes with the palms of his hands.

**Yoshi!** (Continue! or Resume!): shall firmly touch both athletes with the palms of his hands and bring pressure on them.

**Stand up** (return to the contest start position): both arms extended towards the <a href="udoka">udoka</a>
<a href="udoka">athlete</a> concerned, palms upwards parallel to the tatami, the referee will move them two / three times from bottom to top with a movement of a few centimetres. The referee must ensure that the <a href="udoka">udoka</a>
<a href="udoka">athlete</a> sees the gesture clearly.

**To cancel expressed opinion:** to indicate the cancellation of an expressed opinion: shall repeat with one hand the same gesture while raising the other hand above the head to the front and wave it from right to left two or three times. There should be no announcement made when cancelling an expressed opinion (score or penalty).

Should a rectification gesture be required, it shall be done as quickly as possible after the cancellation gesture.

If the situation allows, the referee will signal the cancellation when the athletes can see this gesture.

**Not valid** (throwing action without scoring for both athletes): raising one hand above the head with the palm parallel to the head and wave it from right to left two or three times. No announcements are to be made.

**Kachi**: to indicate the winner, the referee and the athletes shall return to their positions at start of the contest; the referee take one step forward, indicate the winner raising one hand, palm in, above shoulder height towards the winner; then take one step back to return to the contest start position.

**To call the doctor**: shall face the medical table, wave an arm (palm upwards) from the direction of medical table towards the injured athlete.

**To award a penalty** (shido or hansoku-make): shall point towards the athlete to be penalised with the forefinger extended from a closed fist.

**Mate!** (Wait!): shall raise one of his arms to shoulder height approximately parallel to the tatami and display the flattened palm of his hand (fingers up) to the timing and scoring technical officials.

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**To award a penalty** (shido or hansoku-make): shall point towards the athlete to be penalised with the forefinger extended from a closed fist.

Should both athletes be given a penalty, the referee should make the proper gesture and point alternately at both athletes (left forefinger for athlete on his left and right forefinger for athlete on his right).

**Non-combativity**: shall rotate, with a forward motion, the forearms at chest height then point with the forefinger at the athlete to be penalised.

**False attack**: shall extend both arms forward, with hands closed and then make a downward action with both hands.

**Fix judogi** or hair: to direct the athlete(s) to re-adjust the judogi or hair: shall cross left hand over right, palms facing inwards, at belt height or put his hand, with little finger next to his hair, to show to athlete to fix his hair.

Penalty for not fixing judogi or hair: To award a penalty towards the athlete who does not re-adjust their judogi correctly between the mate and the subsequent Hajime! (Begin!): point towards the athlete (s) to be penalised with the forefinger extended from a closed fist while announcing the penalty and then, cross left hand over right, palms facing inwards, at belt height; same procedure should be applied for not fixing hair, showing the appropriate gesture.

Penalty for stepping out

Penalty for leg grabbing

Penalty for a blocking attitude with one hand

Penalty for cross gripping on one side

Penalty for refusing kumi-kata by covering lapel

Penalty for fingers inside sleeve

Penalty for not taking a grip

Penalty for a pistol grip

When it is not clearly apparent, the referee may, after the official signal, point to the blue or white athlete (starting position) to indicate which athlete scored or was penalised.

Should both athletes be given a penalty, the referee should make the proper gesture and point alternately at both athletes (left forefinger for athlete on his left and right forefinger for athlete on his right).

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Further gestures in case of penalties will be executed in compliance with the action to be sanctioned (see Article 18 - Prohibited Acts and Penalties).

The following gestures can be found here:

#### www.ijf.org/news/show/refereeing-the-new-gestures

**Waza-ari** and shido for landing on two hands / elbows. The referee will turn towards the athlete to be sanctioned with a movement of about 45 ° and will take a step back while he has his two arms bent at 90° parallel to the tatami, with clenched fists; returned to normal posture then he points with the forefinger at the athlete to be penalized.

**Shido for reverse seoi-nage**. The referee will turn towards the athlete to be sanctioned with a movement of about 45° and will bring both hands into clenched fists on one side of his chest and then slightly rotate his torso as the beginning of a technique.

**Shido for arranging hair**. The referee will turn towards the athlete to be sanctioned with a movement of about 45° and will bring his hand in a closed fist, the part of the little finger in contact with the temple (same side).

To indicate to the **athlete(s)** that he may sit cross-legged at the starting position if a lengthy delay in the contest is envisaged, the referee should signal towards the starting position with an open hand, palm upwards.

## **Article 5 Location (Valid Areas)**

The contest shall be fought in the contest area.

All actions are valid and may continue (no mate) if either athlete has some part of their body touching the contest area and the action started inside the contest area.

Any new technique applied when both athletes are outside the contest area shall not be recognized.

#### Exceptions

a) When a throw is started with only one athlete in contact with the contest area, but during the action both athletes move outside the contest area, the action may be considered for point scoring purposes if the throwing action continues uninterrupted in the proximity of the limit of the contest area and no more than two metres in the danger safety area.

Similarly, any immediate counter technique by the athlete who was not in contact with the contest area when the throwing action started inside, may be considered for point Further gestures in case of penalties will be executed in compliance with the action to be sanctioned (see Article 18 - Prohibited Acts and Penalties).

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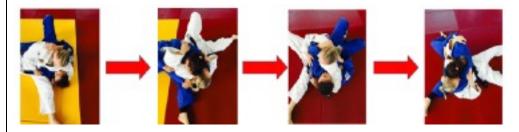
Similarly, any immediate counter technique by the athlete who was not in contact with the contest area when the throwing action started inside, may be considered for point scoring purposes if the action continues uninterrupted in the proximity of the limit of the contest area and no more than two metres in the danger safety area.

b) Ne-waza action (aimed at osaekomi-waza, kansetsu-waza or shime-waza) is valid and may continue outside of the contest area if it was started from inside.

The kansetsu-waza and shime-waza initiated inside the contest area and recognized as being effective to the opponent can be maintained, even if the athletes are outside the contest area, as long there is progression.

c) Ne-waza outside the contest area: if the throwing action is finished outside the competition area in the proximity of the limit of the contest area and no more than two metres in the danger safety area and immediately one of the athletes applies osaekomi-waza, shime-waza or kansetsu-waza, this technique shall be valid as long there is progression.

If during ne-waza, outside the contest area, uke takes over the control with osaekomiwaza, shime-waza or kansetsu-waza, in continuous succession, it shall also be valid.



d) If during ne-waza outside the contest area the athletes go out of the safety area and the referee was unable to announce Mate!, this situation shall be dealt with and a decision given by the referee after consultation with the IJF Supervisors and/or IJF Referee Commissioners.

Once the contest has started, if permission is given by the referee, the athletes can leave the competition area.

Permission will only be given in very exceptional circumstances, such as the necessity to change a judogi or which has become damaged or soiled.

The same permission will be given in the case of an accident for which the doctor is required; this intervention will be done off the tatami, near the area itself or close to the medical facility; the athlete will be accompanied by another referee assigned to the specific tatami.

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## **Article 6 Duration of the Contest**

1. The duration of the contests and the paperwork shall be determined according to the rules of the competition.

For all IJF competitions the time duration of the contests will be:

Senior Men/Team: 4 minutes real contest time
Senior Women/Team: 4 minutes real contest time
Junior under 21 Men and Women /Team: 4 minutes real contest time
Cadet under 18 Men and Women/Team: 4 minutes real contest time

These times should be followed by National Federations for competitions for seniors, juniors and cadets.

2. Any athlete is entitled to 10 minutes rest between contests.

## **Article 7 Osaekomi Time**

a) Ippon: 20 seconds.

b) Waza-ari: 10 seconds or more but less than 20 seconds.

# **Article 8 Technique Coinciding with the Time Signal**

- 1. Any immediate result of a technique started simultaneously with the time signal shall be valid.
- 2. Although a throwing technique may be applied simultaneously with the time signal, if the referee or the IJF Supervisors and/or the IJF Referee Commissioners decide that it will not be effective immediately, the referee shall announce Sore-made!, without any value for scoring purposes.
- 3. Any technique applied after the time signal to indicate the expiry of the time of the contest shall not be valid, even if the referee has not yet announced Sore-made!.
- 4. Osaekomi! in case of approaching or coinciding with the expiration of time: when Osaekomi! is announced simultaneously with the time signal allotted for the contest or when the remaining time is insufficient to allow for the completion of the Osaekomi!, the time allotted for the contest shall be extended until either ippon (or equivalence) is announced or the referee announces Sore-made!.

During that time the athlete who receives the Osaekomi! (uke) can counterattack by applying osaekomi-waza, shime-waza or kansetsu-waza. The time will continue until the announcement of ippon (or equivalence), or Sore-made!.

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## **Article 9 Start of the Contest**

1. The referee shall always be in position to start the contest before the arrival on the contest area of the athletes.

In individual competition the referee shall be at the tatami centre 2 m back from the line from which the athletes start and shall be facing the technical table.

In team competitions, before the start of the contests from every encounter, it shall proceed to the bowing ceremony between the two teams as follows:

a) The referee will remain in the same place as in the individual competitions. At his indication, the two teams will come in on their allocated side allotted, in line with for the outer edge of contest area and in order according to the draw of categories descending order and the heaviest weight being closer to the referee, and will stand standing face-to-face team.

Each one of the three allocated referees will referee two consecutive contests. If a contest is missing because of a lack of one/two contestants, the last referee will only referee the remaining one or none. If there is a draw the last referee will remain on the tatami for the golden score decision contest.

- b) On the order of the referee the two (2) teams will move ahead to the starting position on the mat.
- c) The referee shall order the teams turn towards the technical table, extending his arms in parallel forward, with open palms, and will announce rei, to be held simultaneously by all components of both teams. The referee shall not bow.
- d) Then the referee shall order, in a gesture of arms at right angles forearms up and palms facing each other "otagai-ni" (face each other), the two teams again be face to face, announcing "rei" (bow), to be held the same way as in the previous section.
- e) After finishing the bowing ceremony, the components of the two teams will come out through the same place which they entered, waiting, on the outer edge centred of the contest area, the athletes of each team must make the first contest. In each contest, they will perform the same procedure of bowing that in individual competition.
- f) In case of equal wins after finishing the last contest of the match, the referee will order the teams to proceed as described in paragraph a) and b), in order to wait for the draw of the extra contest. Once the draw is performed the concerned athletes will remain on the tatami for the extra golden score contest while the rest of the team will leave.

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a) The referee will remain in the same place as in the individual competitions. At his indication, the two teams will come in on their allocated side, in line with the outer edge of contest area and in order according to the draw of categories, and will stand face-to-face.

Each one of the three allocated referees will referee two consecutive contests. If a contest is missing because of a lack of one/two contestants, the last referee will only referee the remaining one or none. If there is a draw the last referee will remain on the tatami for the golden score decision contest.

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- g) After finishing the last contest of the match, the referee will order the teams to proceed as described in paragraph a) and b), announcing, then the winner. The bowing ceremony will be held in the reverse order of the start, bowing first to each other and, finally, to the technical table.
- 2. When entering the tatami area, athletes should walk to the entrance of the contest area at the same time.

The athletes are free to bow when entering or leaving the contest area, although it is not compulsory.

When entering the tatami area, athletes should walk to the entrance of the contest area at the same time.

The athletes must NOT shake hands before the start of the contest.

3. The athletes shall then walk to the centre of the edge of the contest area (on the safety area) at their respective side according to the fighting order (udoka the athlete in the white judogi on the right side and udoka the athlete in the blue judogi on the left side of the referee's position) and remain standing there.

At the signal from the referee, the athletes shall move forward to their respective starting positions and bow simultaneously towards each other and take a step forward from the left foot.

Once the contest is over and the referee has awarded the result, the athletes shall simultaneously take a step back from the right foot and bow to each other.

If the athletes do not bow or do so incorrectly, the referee shall direct the athletes to do so. It is very important to perform the bow in the correct way.

4. The contest always starts with the athletes in the standing position, wearing their judogi correctly with the belt tied tightly above their hip bones, then the referee announces Hajime!.

During the contest the **udoka** athletes should always fix their judogi quickly between "Mate!" and "Hajime!".

5. The accredited doctor may request that the referee stops the contest in the cases and with the consequences regulated in Article 20.

Article 10 Transition from Tachi-waza into Ne-waza (A) and from Ne-waza into Tachi-waza (B)

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Article 10 Transition from Tachi-waza into Ne-waza (A) and from Ne-waza into Tachi-waza (B)

Transition from tachi-waza to ne-waza are considered valid if tori or uke makes a real attack or a counterattack and then they attempt osaekomi-waza, shime-waza or kansetsu-waza.

It is tachi-waza when both athletes are in a standing position and are not in any of the following ne-waza positions.

Gripping under the belt in the end phase of a throwing technique is allowed if the opponent is already in ne-waza.

If the throwing technique is interrupted, gripping under the belt is a ne-waza action. Gripping under the belt in the end phase of a throwing technique like with sotomakikomi continuing through ushiro-gesa-gatame or ura-gatame and similar technical actions are allowed. The grip under the belt that becomes an essential part of the throw is not allowed.

Judoka Athletes are still not allowed to grip under the belt to throw.

Ne-waza is when both athletes have two knees on the floor (picture 1).



Picture 1

If there is a loss of contact between the athletes and there is no possibility of continuation, mate must be called (picture 2).

Transition from tachi-waza to ne-waza are considered valid if tori or uke makes a real attack or a counterattack and then they attempt osaekomi-waza, shime-waza or kansetsu-waza.

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Ne-waza is when both athletes have two knees on the floor (picture 1).



Picture 1

If there is a loss of contact between the athletes and there is no possibility of continuation, mate must be called (picture 2).



Picture 2

Lying on the stomach on the ground, the blue athlete is considered to be in ne-waza (picture 3).



Picture 3

Grip control from the standing athlete (white), we still consider the athlete (blue) on the knees to be in tachi-waza and consequently tachi-waza regulations would be applied (picture 4).

However, if white does not attack immediately, then the referee must call mate! The kneeling athlete (blue) cannot grab the legs to defend the throw with his arms, if this happens, shido will be given.



Picture 2

Lying on the stomach on the ground, the blue athlete is considered to be in ne-waza (picture 3).



Picture 3

Grip control from the standing athlete (white), we still consider the athlete (blue) on the knees to be in tachi-waza and consequently tachi-waza regulations would be applied (picture 4).

However, if white does not attack immediately, then the referee must call mate! The kneeling athlete (blue) cannot grab the legs to defend the throw with his arms, if this happens, shido will be given.



Picture 4

In this position (picture 5) the white athlete can throw his opponent, but the attack must be done immediately.

If the blue athlete has two elbows and two knees on the floor, the white athlete can do a technique but ONLY to transition into ne-waza.



Picture 5

In these positions (pictures 6-8) the athlete on the knees (blue) cannot grab the legs with the hands/arms to defend the throw. If this happens, shido will be given.



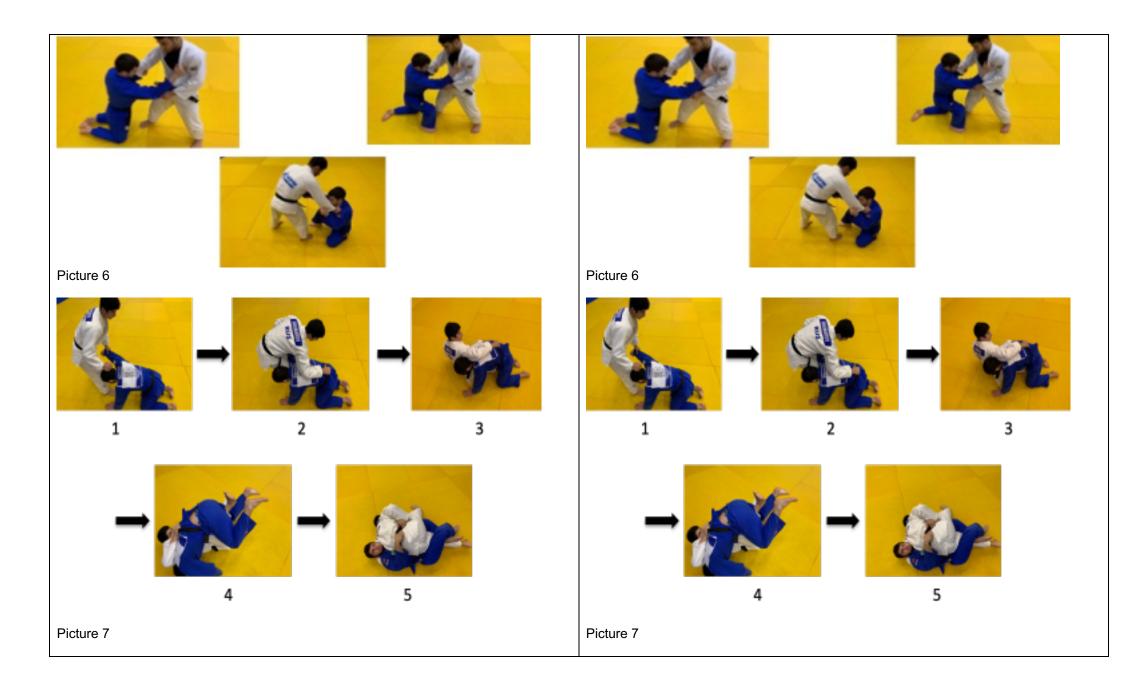
Picture 4

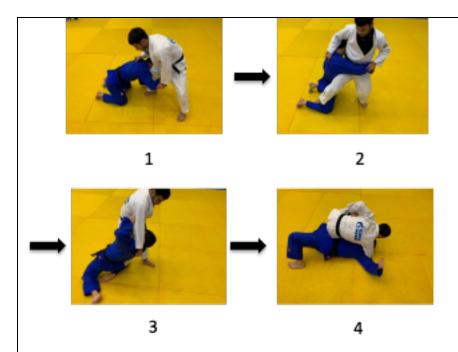
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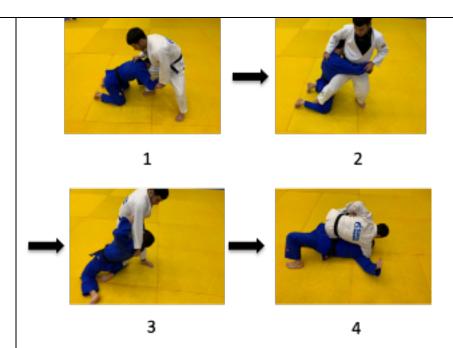


Picture 8

A1. The athletes shall be able to change from nage-waza to ne-waza as far as it is done by one of the cases referred to in this Article. However, if the technique used is not continuous, the referee shall announce mate and order both athletes to resume the contest from the standing position.

A2. Situations that allow the transition from tachi-waza to ne-waza a) When one of the athletes, lands on the ground and there is no score or waza-ari is given, either athlete can, without interruption, take the offensive and continue in ne-waza.

Example: in these positions below, tori, after applying a real attack, can apply sutemiwaza that can continue into ne-waza.



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A1. The athletes shall be able to change from nage-waza to ne-waza as far as it is done by one of the cases referred to in this Article. However, if the technique used is not continuous, the referee shall announce mate and order both athletes to resume the contest from the standing position.

A2. Situations that allow the transition from tachi-waza to ne-waza a) When one of the athletes, lands on the ground and there is no score or waza-ari is given, either athlete can, without interruption, take the offensive and continue in newaza.

Example: in these positions below, tori, after applying a real attack, can apply sutemiwaza that can continue into ne-waza.







Example: in these positions below, tori, can apply a throwing technique and can continue with kansetsu-waza, shime-waza or osaekomi-waza (not shown) after a real attack or a counterattack.

#### Deleted 3<sup>rd</sup> picture









b) In any other case where one athlete falls down or is about to fall down, not covered by the preceding sub-sections of this article, the other athlete may take advantage of his opponent's unbalanced position to go into ne-waza.

## A2. Exceptions

When one athlete pulls his opponent down into ne-waza not in accordance with the above rules and his opponent does not take advantage of this to continue into ne-waza, the referee shall announce mate, and penalise with shido the athlete who has infringed Article 18. If instead, the opponent takes advantage of the action of tori, the ne-waza work may continue.

B1. The athletes shall be able to change from ne-waza to tachi-waza if the situation is not dangerous for both athletes with or without grips and both are more or less face to face.

However, if the technique used is not continuous, the referee shall announce mate and order both athletes to resume the contest from the standing position.







Example: in these positions below, tori, can apply a throwing technique and can continue with kansetsu-waza, shime-waza or osaekomi-waza (not shown) after a real attack or a counterattack.







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However, if the technique used is not continuous, the referee shall announce mate and order both athletes to resume the contest from the standing position.

The kata-sankaku grip (gripping with both arms the neck and one shoulder of the opponent) in ne-waza action is allowed (picture 1).

Kata-sankaku grip situation in ne-waza: it is prohibited to block the opponent's body with the legs and mate must be announced (picture 2).

If the kata-sankaku grip is used starting from ne-waza going to tachi-waza, or in tachi-waza directly, mate will be immediately called (picture 3).

A kata-sankaku grip with the intention to throw will be considered hansoku-make.



# **Article 11 Application of Mate**

#### 1. General

The referee shall announce Mate! (Wait!) to stop the contest temporarily in the situations covered by this article. To recommence the contest, the referee shall announce Hajime! (Begin!).

- The athletes must quickly return after mate to their starting positions in the following cases:
- The referee will give shido for stepping outside.
- The referee will give a third (3rd) shido hansoku-make.
- The referee will ask the athletes to adjust their judogi/hair.
- The referee is of the opinion that an athlete(s) requires medical attention.
- The referee is of the opinion that there is a risk of danger to the athletes.

When a Mate! must be given for a shido to the athlete deserving it, athletes will remain in place, without having to return to the starting position (Mate! – shido – Hajime!).

The referee having announced mate, must take care to maintain the athletes within his view in case they did not hear the announcement and continue fighting or if any other incident arises.

2. Situations where the referee shall announce mate:

The kata-sankaku grip (gripping with both arms the neck and one shoulder of the opponent) in ne-waza action is allowed (picture 1).

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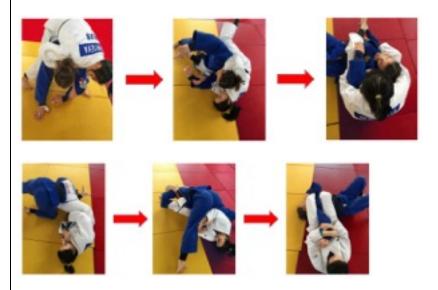
2. Situations where the referee shall announce mate:

- a) When both athletes go completely outside the contest area without continuous action that started from inside the contest area.
- b) When one or both of the athletes perform one of the prohibited acts listed in Article 18 of these rules.
- c) When one or both of the athletes are injured or taken ill. Should any of the situations of Article 20 occur, the referee, after announcing Mate!, shall call the doctor to perform the necessary medical attention according to said article, either upon the request of the athlete, or directly depending on the seriousness of the injury. In cases of "minor" injury, the medical intervention will be carried out outside the contest area, near the area itself or close to the medical facility; the athlete will be accompanied by a non-officiating referee assigned to the specific tatami.
- d) When it is necessary for one or both of the athletes to adjust their judogi.
- e) When during ne-waza there is no evident progress.
- f) When one athlete regains a standing or semi-standing position from ne-waza bearing his opponent on his back, with the hands completely clear of the tatami and without his opponent being able to progress the action.
- g) When one athlete in, or from ne-waza regains a standing position and lifts the opponent, who is lying on their back with one (1) or both legs around any part of the standing athlete, clear of the tatami.
- h) When an athlete performs or attempts to perform kansetsu-waza or shime-waza from the standing position.
- i) When one of the athletes starts or perform any preparatory moves of a kind of fighting or wrestling technique (not genuine judo) the referee shall call immediately mate, trying to stop and not to let the athlete who performs, finishes the action.
- j) When tori applies shime-waza or kansetsu-waza by stretching uke's leg. Mate must be called immediately and a shido given.
- k) When the athletes reach the 2 m mark in the safety area.
- I) When in any other case that the referee deems it necessary to do so.
- 3. Situations where the referee shall not announce Mate!:
- a) To stop the athlete(s) going outside the contest area in the proximity of the limit of the contest area and no more than two metres unless the situation is considered dangerous.

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- a) To stop the athlete(s) going outside the contest area in the proximity of the limit of the contest area and no more than two metres unless the situation is considered dangerous.

- b) When there is a throwing that started inside the contest area and both athletes continue to go outside as part of the action in the proximity of the limit of the contest area and no more than two metres.
- c) When an athlete, who has escaped from osaekomi-waza, shime-waza or kansetsuwaza, appears in need of or calls for a rest.

These are valid actions and mate should not be called.

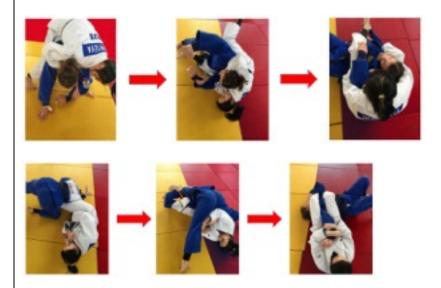


Mate! should not be given as the action started in the valid area.



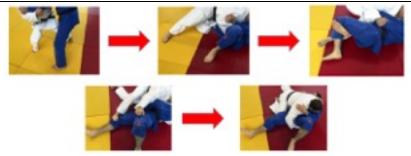
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## **Article 12 Sono-mama**

- 1. Sono-mama! (Hold positions!) can only be applied in situations where athletes are working in ne-waza.
- 2. In any case where the referee wishes to temporarily stop the contest without causing a change in their positions, he shall announce Sono-mama!, making the gesture under Article 4.7 while he must ensure that there is no change in the position or grip of either athlete.
- 3. To recommence the contest, the referee shall announce Yoshi! (Continue!) making the gesture under Article 4.

## **Article 13 End of the Contest**

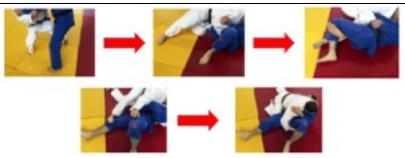
1. In regular time (4 minutes), a contest can be won by a technical score or scores (waza-ari or ippon). It can also be won by hansoku-make (a direct penalty or accumulative penalties leading to disqualification) to the opponent.

A penalty never corresponds to a score.

The referee shall announce Sore-made! (Finished!) to indicate the end of contest in the cases covered in this article. After this announcement the referee shall always keep the athletes within his view in case they do not hear his announcement and continue fighting. The referee shall direct the athletes to adjust their judogi, if necessary, prior to indicating the result.

After the referee has indicated the result of the contest making the gesture under Article 4, the athletes shall take one step backwards, make the bow and leave the contest area by the sides of the mat, particularly around the security area.

When the athletes are leaving the mat, they must be wearing their judogi in the proper way and must not remove any part of the judogi or the belt before leaving the field of play.



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Should the referee award the victory to the wrong athlete in error, IJF Supervisors and/or Referee Commissioners must ensure that he changes this erroneous decision before the referee leaves the competition area.

All actions and decisions taken by the referee and agreed by the IJF Supervisors and/or Referee Commissioners shall be final and without appeal.

The IJF Supervisors are responsible for all rules and decisions during the contest. In exceptional circumstances the decision will be made by the IJF Supervisors, IJF Referee Commissioners and IJF Ad Hoc Commission.

- 2. Situations of Sore-made!:
- a) When one athlete scores ippon or waza-ari-awasete-ippon (Articles 15 and 16).
- b) In the case of hansoku-make (Article 18).
- c) In the case of kiken-gachi (victory by opponent's withdrawal) (Article 19).
- d) When one athlete cannot continue due to injury (Article 20).
- e) When the time allotted for the contest has expired.
- f) Waza-ari from a throwing action in golden score.
- 3. The referee shall award the contest as follows:
- a) When one athlete has scored ippon or equivalent, he shall be declared the winner.
- b) When both athletes have no technical score, or the technical scores are equal at the end of the regular contest time, the contest shall continue in golden score regardless of the number of shido given.
- c) In the case where both athletes have no score or both have waza-ari and then score ippon simultaneously during the time allotted for regular time, the contest shall be decided by a "golden score" period.
- d) In the case where one athlete has waza-ari and then both score ippon simultaneously during the time allotted for regular time, the contest shall be allowed to continue until the end.
- 4. Golden score period

In individual and team competitions when contest time ends with the circumstances of paragraph 3b. of this article, the referee shall announce "Sore-made!" to end the contest temporarily and the athletes shall return to their starting positions.

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In individual and team competitions when contest time ends with the circumstances of paragraph 3b. of this article, the referee shall announce "Sore-made!" to end the contest temporarily and the athletes shall return to their starting positions.

The referee shall announce "Hajime!" to restart the contest once the scoreboard is ready. There shall be no rest period between the end of the original contest and the start of golden score.

There is no time limit for golden score. Any existing score(s) and/or numbers of shido from regular time are carried into the golden score period and will remain on the score board.

Golden score can only be won by a technical score (waza-ari or ippon) or hansokumake (direct or by accumulative shido). If direct hansokumake is given, the consequences are the same as those in regular time.

The referee will then announce Sore-made!.

In the golden score period osaekomi-waza can go until the end (20 seconds) and tori can win by ippon. If the osaekomi-waza period goes from 10 to 19 seconds and osaekomi-waza is finish, the referee will announce waza-ari and sore-made!

If tori decides to hold the osaekomi-waza until 20 seconds (Ippon!), uke can apply osaekomi-waza, shime-waza or sansetzi-waza and he will the fight even if his opponent had already waza-ari.

- 5. Special situations during golden score.
- a) Should only one athlete exercise his right to participate in the "golden score" period, and the other athlete declines, the athlete who wishes to compete shall be declared the winner by "kiken-gachi".
- b) In the case where both athletes score ippon simultaneously the referee shall announce mate, continuing the contest without considering these actions for scoring purposes.
- c) For direct hansoku-make given to both athletes, the IJF Ad Hoc Commission will decide.
- 5. 6. CARE system

The IJF Head Referee Commission and IJF Supervisors are responsible for all rules and decisions during the contest.

IJF Supervisors with the collaboration of the IJF Head Referee Director(s) must intervene in any circumstance in which an evaluation or a procedure made by the referee is not in harmony with the IJF refereeing rules.

The intervention must be immediate without loss of time or hesitation. If the IJF Head Referee Director(s) and IJF Supervisor(s) agree the decision is validated or corrected.

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The intervention must be immediate without loss of time or hesitation. If the IJF Head Referee Director(s) and IJF Supervisor(s) agree the decision is validated or corrected.

If the situation is not clear and there is no agreement between the IJF Head Referee Director(s) and IJF Supervisor(s), no intervention is carried out (Hajime!).

Viewing of the CARE system and subsequent communication with the referees as regulated in this article shall be up to the discretion of the IJF Supervisors and/or IJF Referee Commissioners that oversee the mat.

Mandatory reviewing using the CARE system in support of the decision on the mat will be done.

- 1) Any decision involving the end of the contest, during the contest time as well as in the period of "golden score".
- 2) In a kaeshi-waza situation: the athlete receiving the attack and starting the counterattack, CANNOT use the impact of landing on the tatami to finish his kaeshi-waza action and have it evaluated. If the action allows it, he can however continue in ne-waza:
  - If the two athletes land together without clear control for either one, no score will be given.
  - Any action after landing will be considered as a ne-waza action.

No score for counter techniques where the initial attack is rolled to the back, towards the counterattacking or defending <code>iudoka</code> athlete. There has to be a difference between the correctly applied counter-technique and falling on the mat and turning/rolling over the opponent. In the case of correct technique like uchi-mata-gaeshi, harai-goshi-gaeshi or hane-goshi-gaeshi, but also uchi-mata-sukashi, ura-nage, yoko-guruma, tani-otoshi, ko-soto-gari and ko-soto-gake, if we can identify the technique with a proper 90° landing there will be a score. In the case of a front landing or one less than 90°, the rolling to the back will be considered as transition to ne-waza.

There shall be no unauthorised use or request of use of the CARE system other than by the referee, the IJF Supervisors and/or IJF Referee Commissioners. A coach can apply to the IJF Referee Commission / Supervisors to review a technical situation of the match in which his <a href="mailto:judoka">judoka</a> athlete was engaged, by filling in the appropriate form available in the judogi control room. The action can be seen in the break between the preliminaries and the final block.

For non-IJF events where there is no CARE system available, two (2) side judges can be used and a majority of three rule applied.

# **Article 14 Ippon**

Scoring for actions that, without stopping, are a continuation of judo techniques. If there is a stop in the action, there is no score. Continuity, it is important that there is no

If the situation is not clear and there is no agreement between the IJF Head Referee Director(s) and IJF Supervisor(s), no intervention is carried out (Hajime!).

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  - If the two athletes land together without clear control for either one, no score will be given.
  - Any action after landing will be considered as a ne-waza action.

No score for counter techniques where the initial attack is rolled to the back, towards the counterattacking or defending athlete. There has to be a difference between the correctly applied counter-technique and falling on the mat and turning/rolling over the opponent. In the case of correct technique like uchi-mata-gaeshi, harai-goshi-gaeshi or hane-goshi-gaeshi, but also uchi-mata-sukashi, ura-nage, yoko-guruma, tani-otoshi, ko-soto-gari and ko-soto-gake, if we can identify the technique with a proper 90° landing there will be a score. In the case of a front landing or one less than 90°, the rolling to the back will be considered as transition to ne-waza.

There shall be no unauthorised use or request of use of the CARE system other than by the referee, the IJF Supervisors and/or IJF Referee Commissioners. A coach can apply to the IJF Referee Commission / Supervisors to review a technical situation of the match in which his athlete was engaged, by filling in the appropriate form available in the judogi control room. The action can be seen in the break between the preliminaries and the final block.

For non-IJF events where there is no CARE system available, two (2) side judges can be used and a majority of three rule applied.

# **Article 14 Ippon**

Scoring for actions that, without stopping, are a continuation of judo techniques. If there is a stop in the action, there is no score. Continuity, it is important that there is no

interruption during the execution of direct throwing techniques, counter techniques, or combinations.

Evaluation of the points in nage-waza.

The four criteria for ippon are speed, force, on the back and skilfully controlled until the end of the landing. Looking at the line from the shoulders to the hips. Both must be at an angle that is a minimum of 90° to the tatami to consider that there is a score, landing on the shoulder and upper back is considered a score.

- 1. Ippon will be given when the athlete throws his opponent on the back, applying a technique or countering his opponent's attacking technique, with considerable ability with maximum efficiency (\*). A judo technique which is present in the judo accepted repertoire (gokyo) must be identified. Just landing and rolling over and falling on the side/back in the process of the contest, without applying a clear technique, is not enough to score. It must be within the bounds of the published list of Kodokan judo techniques.
- \* "ikioi" = momentum with both force and speed and "hazumi" = skilfulness with impetus, sharpness or rhythm.

Rolling can be considered ippon only if there is no break during landing. The difference of the rolling makes the evaluation of the points. It is Ippon! when uke rolls on his back.



2. All situations in which one of the athletes deliberately makes a "bridge" (head and one foot or both feet in contact with the tatami) after having been thrown will be considered ippon.

This decision is taken for the safety of the athletes, so they do not try to escape from the technique and endanger their cervical spine. Also, an attempt of a bridge (arching the body) should be counted as a "bridge".

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This decision is taken for the safety of the athletes, so they do not try to escape from the technique and endanger their cervical spine. Also, an attempt of a bridge (arching the body) should be counted as a "bridge".





No score or penalty will be given if the landing of uke occurs on the body of tori, in such a way that not all parts of uke's body involving the bridge situation (head, foot or feet) touch the tatami.

Ippon evaluation in katame-waza

- a) When an athlete holds with osaekomi-waza the other athlete, who is unable to get away for 20 seconds after the announcement of Osaekomi!.
- b) When an athlete gives up by tapping twice (2) or more with his hand or foot or says Maitta! (I give up!) generally because of osaekomi-waza, shime-waza or kansetsuwaza.
- c) When an athlete athlete loses consciousness due to osaekomi-waza, shime-waza or kansetsu-waza.

Should one athlete be penalised with hansoku-make, the other athlete shall immediately be declared the winner with a score equivalent to ippon.

#### Special situations

- a) Simultaneous techniques when both athletes fall to the tatami after what appears to be simultaneous attacks and the referees cannot decide which technique dominated there should be no score awarded.
- b) In the case where both athletes score simultaneous ippon the referee will act as regulated in article 13 paragraph 4.b.

## Article 15 Waza-ari

Scoring for actions that, without stopping, are a continuation of techniques. If there is a stop in the action, there is no score.

Evaluation of the points in nage-waza. The referee shall announce waza-ari (a near ippon) when in his opinion the applied technique corresponds to the following criteria:

Waza-ari criteria comprises landing on the whole side of the body at 90 degrees or more to the rear, or on one shoulder and upper back. A score will be given for a whole





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side of the body landing even when the elbow is out. Hip and shoulder position must be considered. Everything that is out of this range won't get a score.

Landing simultaneously on two (2) elbows or hands or one elbow and one hand, towards the back, is waza-ari for tori and shido for uke.

When the four ippon criteria are not fully achieved.

These landings below are considered to be waza-ari.









In order not to give a bad example for young judoka athletes, landing on both elbows or two hands, simultaneously, or one elbow and one hand is considered valid and should be evaluated with waza-ari and shido. In a golden score situation only waza-ari will be given by the referee.









- Landing only on one elbow cannot be used for assessment.
- Landing on the side of the upper body should be evaluated with waza-ari.
- Landing on one elbow, on the bottom or the knee with immediately continuation on the back will be
- waza-ari.
- Rolling can be considered waza-ari if there is a break during landing or the landing is on the side (bottom to shoulder or shoulder to bottom). The difference of the rolling makes the evaluation of the points it is waza-ari when uke rolls on his side or hips.
- Landing on the upper part of the shoulder should be evaluated with waza-ari.

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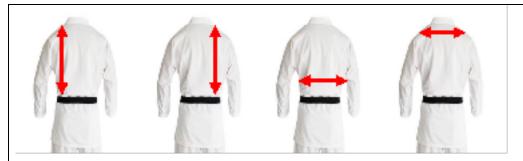








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- Landing on the upper part of the shoulder should be evaluated with waza-ari.



These landings below are not considered to be waza-ari.



Evaluation of the points in osaekomi-waza.

a) When an athlete holds with osaekomi-waza the other athlete who is unable to get away for 10 seconds or more, but less than 20 seconds.

# Article 16 Waza-ari-awasete-ippon

Should one athlete gain a second waza-ari in the contest, the referee shall announce waza-ari-awasete-ippon (two waza-ari score ippon).

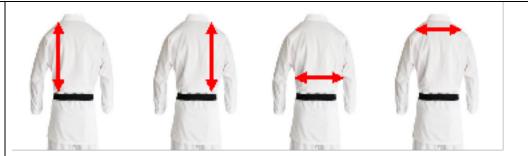
## Article 17 Osaekomi-waza

The referee shall announce Osaekomi! for an applied technique when the athlete being held:

- Is controlled from the side, rear or on top by his opponent and
- Has his full back or complete upper back (scapular region) in contact with the tatami.

The athlete applying the hold must not have his body or his leg(s) controlled by his opponent's legs either from above or from below the leg.

If the last situation happens after that the referee has announced Osaekomi! he shall announce Toketa!



These landings below are not considered to be waza-ari.



Evaluation of the points in osaekomi-waza.

a) When an athlete holds with osaekomi-waza the other athlete who is unable to get away for 10 seconds or more, but less than 20 seconds.

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If the last situation happens after that the referee has announced Osaekomi! he shall announce Toketa!





The athlete applying the osaekomi-waza must have his body on and over the opponent's body covering it and holding the opponent down underneath his body.

He must apply pressure onto the opponent's front upper body with his front upper body in either the kesa, the shiho or ura position, i.e., similar to the techniques kesa-kamishiho-ura-gatame and sankaku situations.

Should an athlete who is controlling his opponent with an osaekomi-waza, change without losing control, into another osaekomi-waza, the Osaekomi! time will continue until the announcement of ippon (or equivalence), Toketa! or Mate!.

When Osaekomi-waza is being applied and tori commits an infringement meriting a penalty (shido) the referee shall announce Mate!, return the athletes to their standing positions and:

- If the Osaekomi! time is less than 10 seconds, award the penalty then recommence the contest by announcing Hajime!;
- If the Osaekomi! time is 10 seconds or more, but less than 20 seconds, award the the penalty and the score (waza-ari);

then recommence the contest by announcing Hajime!.

When Osaekomi! is being applied and uke commits an infringement meriting a penalty, the referee shall announce Sono-mama!, award the penalty, then recommence the contest by touching both athletes and announcing Yoshi!

When the situation permits and in order not to interrupt the positive action of tori, the referee will award directly the penalty directly by pointing at the uke without interrupting the contest with Sono-mama!

However, should the penalty to be awarded be hansoku-make for tori or uke, the referee shall, after announcing Sono-mama!, consult with the IJF Supervisors and/or IJF Referee Commission, announce mate to return the athletes to their starting positions, then award hansoku-make and end the contest by announcing Sore-made!.





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If an Osaekomi! exists, but the referee has not announced osaekomi, the IJF Supervisors and/or IJF Referee Commission must inform the referee, who shall announce Osaekomi! immediately.

The IJF Supervisors and / or IJF Referee Commission, having consulted the Care system, can quantify the exact time of the Osaekomi and communicate it to the referee for the relative decision.

The referee, after the announcement Osaekomi! must not announce Toketa! in the presence of situations in which, for example, the back of the athlete being held is no longer in contact with the tatami, (e.g., "bridging"), but the athlete applying the hold maintains the initial control anyway.

If uke escapes from osaekomi-waza outside the contest area in the proximity of the limit of the contest area and no more than two metres:

- The referee must call Mate! if there is NO immediate continuation from either tori or uke in applying osaekomi-waza, shime-waza or kansetsu-waza and, if the case, assign the relevant osaekomi-waza score.
- The referee must call Toketa! if there is an immediate continuation from either tori or uke in applying osaekomi-waza, shime-waza or kansetsu-waza, and, if the case, assign the relevant osaekomi score, leaving this last action to continue.
- If the osaekomi-waza action outside the contest area goes beyond the limit of the two metres safety area the referee must call Ippon! Sore-Made!

This kind of osaekomi-waza is not valid and the referee must call Mate! if there is no progression in the action.





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It is never allowed to hold an osaekomi-waza just around the head/neck without control of at least one arm. Control in ne-waza using arms or legs around the neck without the opponent's arm inside will be considered as Mate!.

## **Article 18 Prohibited Acts and Penalties**

The prohibited acts are divided into infringements that receive the penalty of:

- Shido two (2) shido can be awarded and the third will be hansoku-make. The athlete is disgualified and *can continue* in the competition, if applicable.
- Hansoku-make the athlete is disqualified and can continue in the competition, if applicable.
- Hansoku-make the athlete is disqualified and cannot continue in the competition.

A contest cannot be decided by single or accumulated shido, until hansoku-make is reached.

Referees are authorised to award penalties according to the "intention" or situation and in the best interest of the sport.

Should the referee decide to penalise the athlete(s), (except in the case of Sonomama! in ne-waza) he shall temporarily stop the contest by announcing mate, should return the athletes to their starting positions (Article 11) and announce the penalty while pointing to the athlete(s) who committed the prohibited act.

# **Article 18.1 Shido (Slight Infringements Group)**

During the contest an athlete can receive a shido for a lack of combativity, an illegal move or action that is not considered dangerous, untidy attire or hair.

Two shido will be given as warnings and the third will be hansoku-make, the athlete is disqualified and can continue in the competition, if applicable.

Shido do not give a score to the other athlete, only technical scores can give points on the scoreboard.







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Shido do not give a score to the other athlete, only technical scores can give points on the scoreboard.

When both athletes infringe the rules at the same time, each should be awarded a penalty according to the seriousness of the infringement.

When both athletes have been given two (2) shido and subsequently each receives a further penalty, they should both be given hansoku-make.

Shido infringements can be evaluated as hansoku-make if done in an obvious antisporting manner that is not fair play (e.g., if one athlete stamps on the foot of his opponent to throw him more than once, or just to block like crossing fingers to avoid the grip or uke, in an osaekomi situation, puts his hand forcefully on the face of tori to escape).

A penalty in ne-waza should be applied in the same manner as in Article 17 Osaekomi.

If an athlete (blue) commits a slight infringement and his opponent (white with no score) throws him for waza-ari, white will be given waza-ari and blue a shido.

If an athlete (blue) commits a slight infringement and his opponent (white with no score) throws him for ippon, white will be given ippon and the contest ended.

If an athlete (blue) commits a slight infringement and his opponent (white with a wazaari score) throws him for waza-ari or ippon, white will be given ippon and the contest ended.

If an athlete (blue) commits a slight infringement and throws his opponent (white) the referee will allow the ne-waza until white has the advantage. The referee must announce Matte! to give the penalty to blue in the moment that blue takes the advantage in ne-waza (e.g., to break the osaekomi-waza and takes over the control, to break the osaekomi-waza by applying shime-waza or kansetsu-waza, waza-ari for throw landing on two elbows or two hands, or one elbow and one hand and continuation in ne-waza); it doesn't matter if it is the first, the second or the third shido.

Whenever a referee awards a penalty, he should demonstrate with a simple gesture the reason for the penalty.

A penalty can be awarded after the announcement of Sore-made! for any prohibited act done during the time allotted for the contest or, in some exceptional situations, for serious acts done after the signal to end the contest. In this case the referee will apply the penalty in accordance with the IJF Referee Commission and/or Supervisors.

#### Article 18.1.1 Shido for a Lack of Combativity

1. Negative positions, against the fighting spirit, will be penalised by shido (to adopt in a standing position, after kumi-kata, an excessively defensive posture, not searching for an attack, a defensive attitude etc.).

When both athletes infringe the rules at the same time, each should be awarded a penalty according to the seriousness of the infringement.

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2. To make an action designed to give the impression of an attack but which clearly shows that there was no intent to throw the opponent (false attack). False attacks are defined as:

#### Added bullets

Tori has no intention of throwing.

Tori attacks without kumi-kata or immediately releases the kumi-kata.

Tori makes a single fake attack or several repeated fake attacks with no breaking of uke's balance.

Tori puts a leg in between uke's legs to block the possibility of an attack.

- 3. Unless in accordance with Article 10, to pull the opponent down to start ne-waza and the latter does not take advantage of this to continue into ne-waza, the referee shall announce Mate! and give shido to the athlete who has infringed Article 10.
- 4. In a standing position, after the referee announced Hajime! and before or after kumikata has been established, not to make any attacking moves. Recognizing the difficulty of preparing a throwing action, the time between kumi-kata and making an attack is 45 seconds if there is a positive progression. The referees should penalize strictly the athlete who does not engage in kumi-kata or who tries not to be gripped by the opponent.
- 5. Without there being an attack engaged in a valid position (see Article 5 Exceptions):
  - In tachi-waza to go intentionally or intentionally force the opponent to go outside the contest area;
  - In ne-waza to go deliberately outside the contest area.





If an athlete puts one foot outside of the contest area without immediate attack or not returning immediately inside the contest area, he is penalised by shido. Two feet outside the contest area is penalized immediately by shido.

Article 18.1.2 - Shido for an Illegal Move

- 2. To make an action designed to give the impression of an attack but which clearly shows that there was no intent to throw the opponent (false attack). False attacks are defined as:
  - Tori has no intention of throwing.
  - Tori attacks without kumi-kata or immediately releases the kumi-kata.
  - Tori makes a single fake attack or several repeated fake attacks with no breaking of uke's balance.
  - Tori puts a leg in between uke's legs to block the possibility of an attack.
- 3. Unless in accordance with Article 10, to pull the opponent down to start ne-waza and the latter does not take advantage of this to continue into ne-waza, the referee shall announce Mate! and give shido to the athlete who has infringed Article 10.
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- 5. Without there being an attack engaged in a valid position (see Article 5 Exceptions):
  - In tachi-waza to go intentionally or intentionally force the opponent to go outside the contest area:
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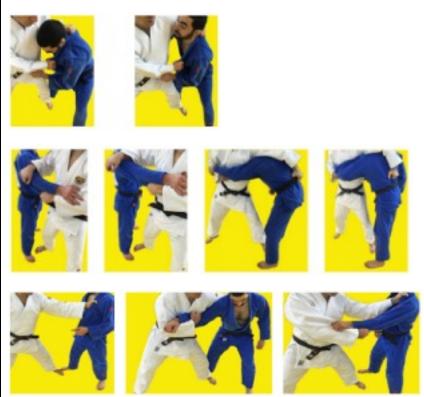
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#### Article 18.1.2 - Shido for an Illegal Move

6. To put a hand, arm, foot, or leg directly on the opponent's face. The face means the area within the line bordered by the forehead, the front of the ears and the jawline.

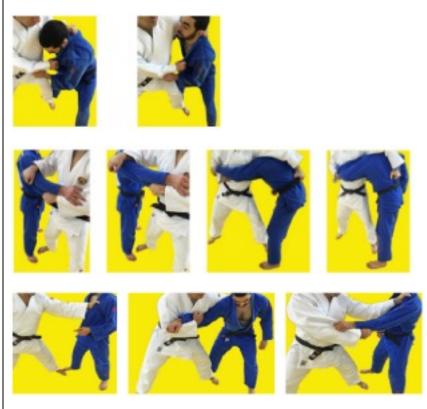
- 6. To put a hand, arm, foot, or leg directly on the opponent's face. The face means the area within the line bordered by the forehead, the front of the ears and the jawline.
- 7. To intentionally avoid taking kumi-kata to prevent action in the contest. Normal kumi-kata is taking hold the right side of the opponent's judogi, be it the sleeve, collar, chest area, top of the shoulder or back with the left hand and with the right hand the left side of the opponent's judogi be it the sleeve, collar, chest area, top of the shoulder, or back and always above the belt or vice versa.

To offer more chances to throw and more attractive judo, non-classical grips are allowed. Collar and lapel, one side, cross grip, belt grip, pocket and pistol grips are allowed when the attitude of the judoka athlete is positive, when they are looking to perform positive attacks and throws. If taken, time will be allowed for the preparation of an attack. The same grip (or a collar and lapel grip) used to force the opponent with either one or both arms, to take a bending position, used in a defensive, negative, or blocking attitude, will be penalised by shido.



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#### 8. To grab below the belt.

Exception: Gripping under the belt in the end phase of a throwing technique is allowed if the opponent is already in ne-waza. If the throwing technique is interrupted, gripping under the belt is a ne-waza action.

- 9. Ducking beneath the opponent's arm without an immediate attack will be penalised with shido.
- 10. Hooking one leg between the opponent's legs unless immediately attacking with a throwing technique.
- 11. In a standing position, to continually hold the opponent's sleeve end(s) for a defensive purpose or to grasp by "screwing up" the sleeve end(s).
- 12. In a standing position, to continually keep the opponent's fingers of one or both hands interlocked, to prevent action in the contest or to take the wrist or the hands of the opponent only to avoid the grip or the attack on him.
- 13. To insert a finger or fingers inside the opponent's sleeve or of his trousers either in the ends of the trouser legs or in the waistband (top) of the trousers.
- 14. To bend back the opponent's finger(s) to break his grip.
- 15. Breaking the grips with one or two hands and immediately taking grips is allowed. Breaking grips with one or two hands and not taking a grip immediately is shido.



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Exception: Gripping under the belt in the end phase of a throwing technique is allowed if the opponent is already in ne-waza. If the throwing technique is interrupted, gripping under the belt is a ne-waza action.

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- 14. To bend back the opponent's finger(s) to break his grip.
- 15. Breaking the grips with one or two hands and immediately taking grips is allowed. Breaking grips with one or two hands and not taking a grip immediately is shido.

Breaking the grip, if after that a grip is still there, is allowed. For example, if the udoka athlete in the blue judogi has one grip and the udoka athlete in the white judogi decides to break with one or two hands, white should keep at least one grip in their hand. So, if blue has one grip, after breaking, white shall keep at least one grip. If after breaking the grip, white does not have any grip anymore, it is shido.



16. To break the grip of the opponent with the knee or leg.



17. Cover the upper part of the lapel of the judogi jacket to prevent the grip.



18. Avoid uke's grip with a blow on his arm or hand.

Breaking the grip, if after that a grip is still there, is allowed. For example, if the athlete in the blue judogi has one grip and the athlete in the white judogi decides to break with one or two hands, white should keep at least one grip in their hand. So, if blue has one grip, after breaking, white shall keep at least one grip. If after breaking the grip, white does not have any grip anymore, it is shido.



16. To break the grip of the opponent with the knee or leg.



17. Cover the upper part of the lapel of the judogi jacket to prevent the grip.



18. Avoid uke's grip with a blow on his arm or hand.







19. Blocking the opponent's hand.





20. Leg grabbing, grabbing the trousers, blocking, or pushing the opponent's leg(s) with their hands or arms. It is possible to grip the leg only when the two opponents are in a clear ne-waza position and the tachi-waza action has stopped.



These are valid actions and no shido will be given.







19. Blocking the opponent's hand.





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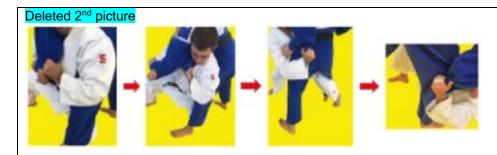








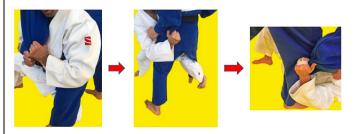
These are valid actions and no shido will be given.



Tori in this tachi-shisei position can apply kansetsu-waza or shime-waza because uke is in a ne-waza position.



- 21. To encircle the end of the belt or jacket around any part of the opponent's body. The act of "encircling" means that the belt or jacket must completely encircle. Using the belt or jacket as an anchor for a grip (without encircling), e.g., to trap the opponent's arm, should not be penalised.
- 22. To take the judogi in the mouth (either his own or his opponent's judogi).
- 23. To put a foot or a leg in the opponent's belt, collar or lapel.
- 24. To apply shime-waza using either your own or your opponent's belt or bottom of the jacket or using only the fingers.



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25. In shime-waza or kansetsu-waza over-stretching the leg is forbidden and the referee will announce mate immediately and sanction the athlete with shido.



Special attention will be given to situations: where tori, whilst applying a shime-waza, also over-stretches and straightens uke's leg. Mate must be called immediately and a shido given.

26. To hug directly the opponent for a throw (bear hug). Precision: To attack with a bear hug the athlete must have a minimum of one grip before making the attack.



It is not valid to grip simultaneously or to make a second grip consecutively. Only touching the judogi or the opponent's hands in order to avoid grips, is not considered as kumi-kata, gripping is necessary.

These are valid grips for bear hug.



25. In shime-waza or kansetsu-waza over-stretching the leg is forbidden and the referee will announce mate immediately and sanction the athlete with shido.



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These are valid grips for bear hug.



- 27. To apply leg scissors to the opponent's trunk (do-jime), neck or head (scissor with crossed feet), while stretching out the legs. In shime-waza (e.g., ryote-jime) it is forbidden to use the legs crossed to assist the grip.
- 28. To kick with the knee or foot, the hand or arm of the opponent, in order to make him release his grip or to kick the opponent's leg or ankle without applying any technique.
- 29. If both athletes are in a tachi-shisei (standing position) and one or both apply kansetsu-waza (including ude gaeshi (arm reverse) and similar) or shime-waza (both technical situations alone or combined with a judo throwing technique), Mate! and shido should be announced. However, if the action is dangerous or can injure the opponent, it will be hansoku-make.





30. The act of entangling the leg without making an immediate attack must be penalised with shido.



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30. The act of entangling the leg without making an immediate attack must be penalised with shido.



31. No score and shido for reverse seoi-nage. The application of seoi-nage techniques when uke can perform ukemi and tori can control is allowed. In the variation of seoi-nage techniques when tori turns away from uke, twisting their tsurite and hikite using the sake lapel of uke's judogi, without controlling uke, standing or dropping down in an unknown direction, without giving the possibility to the opponent to perform ukemi and sometimes with uke falling with the neck on the mat, is forbidden.

#### **Article 18.1.3 Shido for Untidy Attire or Hair**

No athlete should use the tidying or rearranging of judogi/hair to get time with which to interrupt the contest. The correct preparation of judogi, tying the belt and arranging hair are essential and are the responsibility of each athlete.

32. The correct preparation of the judogi and belt is the responsibility of the athlete and fixing is allowed once per judoka athlete per contest. Further occasions are penalised with shido. Please note that the belt cannot be untied without the permission of the referee.

Athletes must enter and leave the field of play wearing their judogi in the proper way. If the judogi and/or belt becomes undone during the contest the athlete is obliged to quickly fix it back to the correct position. This can be between Mate! and Hajime! or during any break in action. The referee will award a penalty (shido or hansoku-make if it is the third penalties) towards the athlete(s) who does not re-adjust their judogi correctly between the mate and the subsequent Hajime!.

To intentionally disarrange his own or his opponent's judogi; to untie or retie the belt or the trousers without the referee's permission; to intentionally lose time arranging his judogi and belt.



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The referee should never touch an athlete's judogi or belt; this can happen in exceptional cases (e.g., Yoshi!) and to safeguard the safety of the athletes (e.g., in newaza to free the athlete's head from the judogi which prevents the evaluation of his physical state).

33. Retying hair is allowed once per <u>ludoka</u> athlete per contest. Further occasions are penalised with shido. The correct preparation of arranging hair is essential and is the responsibility of each athlete.

## **Article 18.2 Hansoku-make (Grave Infringements Group)**

Hansoku-make can be indirect from an accumulation of shido penalties (see Article 18.1) or direct which is an immediate disqualification.

If a direct hansoku-make is given, depending on the infringement, an athlete may or may not be allowed to continue in the competition, if applicable.

Before awarding hansoku-make, the referee must consult with the IJF Supervisors and/or IJF Referee Commission.

When there is a hansku-make given the referee must follow the IJF procedure by completing the Direct Hansoku-make form to inform the IJF Referee Commission/Supervisor who will then inform the person running the competition.

#### **Article 18.2.1 Hansoku-make for Dangerous Techniques**

If this type of hansoku-make is awarded the athlete *can continue* in the competition.

Techniques using head diving are dangerous and will be penalised with hansokumake.

- 1. To "dive" headfirst, onto the tatami by bending forward and downward while performing or attempting to perform techniques such as uchi-mata, harai-goshi, kataguruma etc. it is forbidden to somersault forward when uke is on the shoulders or the back of tori.
- 2. Head defence, to ensure that judo has as little trauma as possible, if uke attempts voluntarily to use the head with any movement which is dangerous for the head, neck





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or spine, for defence and to avoid landing in/escaping from a score he shall be penalised with hansoku-make.















Special attention will be given to situations where tori attempts to throw his opponent during tachi-waza with, for example, seoi-otoshi, seoi-nage, sode-tsurikomi-goshi with the grip on both sleeves and koshi-guruma with both grips on the collar and uke makes an involuntary head defence.

These are examples and this situation can occur with other throwing techniques. In this situation there is no penalty for either tori or uke.

#### Article 18.2.2 Hansoku-make for Acts against the Spirit of Judo

If this type of hansoku-make is awarded the athlete *cannot continue* in the competition and will remain in the position they reached on the draw sheet (if this in the quarterfinal the position is 7<sup>th</sup> place). In a round robin any remaining contest(s) will be a win by ippon for the opponent.

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1. To apply kawazu-gake (to throw the opponent by winding one leg around the opponent's leg, while facing more or less in the same direction as the opponent and falling backwards into him).

Even if the thrower twists/turns during the throwing action, this should still be considered "kawazu-gake" and be penalised. Techniques such as o-soto-gari, o-uchigari, and uchi-mata where the foot/leg is entwined with opponent's leg will be permitted and should be scored.





2. To apply kansetsu-waza anywhere other than to the elbow joint. To attempt such throws as harai-goshi, uchi-mata, etc., with only one hand gripping the opponent's lapel from a position resembling ude-hishigi-waki-gatame (in which the wrist of the opponent is trapped beneath the thrower's armpit) and deliberately falling, face down, onto the tatami is likely to cause injury and will be penalised.

No intent to throw an opponent cleanly onto his back is a dangerous action and will be treated in the same way as ude-hishigi-waki-gatame.

- 3. To fall directly to the tatami while applying or attempting to apply techniques such as ude-hishigi-waki-gatame (see point 2 above).
- 4. To reap the opponents supporting leg from the inside when the opponent is applying a technique such as harai-goshi etc. Uke, when behind tori, cannot reap tori's leg or legs from the inside.
- 5. To make any action this may endanger or injure the opponent especially the opponent's neck or spinal vertebrae.
- 6. Intentionally fall backwards when the other athlete is clinging to his back and when either athlete has control of the other's movement.
- 7. To lift the opponent off the tatami and forcefully push him back onto the tatami without a judo technique.

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- 6. Intentionally fall backwards when the other athlete is clinging to his back and when either athlete has control of the other's movement.
- 7. To lift the opponent off the tatami and forcefully push him back onto the tatami without a judo technique.

- 8. To disregard the referee's instructions.
- 9. To make unnecessary calls, remarks, or gestures derogatory to the opponent or referee during the contest.
- 10. To wear or to have inside the judogi a hard or metallic object (covered or not).
- 11. Any action against the spirit of judo (this includes anything that can be described as anti-judo, for example being in the lead and, in the last seconds of the match, leaving the competition area to prevent the opponent from taking grips) may be punished by a direct hansoku-make at any time in the contest.

#### Article 18.3 Double Hansoku-make

If both athletes are given a hansoku-make at the same time the following rules must be applied.

#### **Article 18.3.1 Double hansoku-make (Indirect)**

In regular time or golden score if both athletes receive three shido, both athletes will be considered losers, the contest result will be recorded as 0-0, with the following consequences:

- Final both athletes will be awarded 2nd place.
- Bronze medal contest both athletes will be awarded 5th place. New line
- Semi-final both athletes will be awarded 5th place.
- Quarter-final or last 8 repechage both athletes will be awarded 7th place.
- Rounds prior to the quarter-final both athletes considered to be losers and will remain in the position they reached on the draw sheet. They can compete in the team event if it follows an individual competition i.e., World Championships, Olympic Games etc.
- Relevant ranking points will be assigned in the case of previous wins.

In a round robin, if both athletes are given three shido, they are considered losers for that contest only and the contest result is recorded as 0-0. They can both compete in the next contest if applicable.

In a team event, if both athletes are given three shido, they are considered losers for that match only and the contest result is recorded as 0-0. They can both compete in the next round if applicable.

In a team event golden score contest, if both athletes are given three shido, they are considered losers for that match only and the contest result is recorded as 0-0. The double disqualification category remains in the draw and golden score contest is drawn again.

- 8. To disregard the referee's instructions.
- 9. To make unnecessary calls, remarks, or gestures derogatory to the opponent or referee during the contest.
- 10. To wear or to have inside the judogi a hard or metallic object (covered or not).
- 11. Any action against the spirit of judo (this includes anything that can be described as anti-judo, for example being in the lead and, in the last seconds of the match, leaving the competition area to prevent the opponent from taking grips) may be punished by a direct hansoku-make at any time in the contest.

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In a team event golden score contest, if both athletes are given three shido, they are considered losers for that match only and the contest result is recorded as 0-0. The double disqualification category remains in the draw and golden score contest is drawn again.

#### **Article 18.3.2 Double hansoku-make (Direct)**

For a direct hansoku-make given to both athletes (in regular time or golden score), the IJF Ad Hoc Commission will decide the consequences.

For a direct hansoku-make given to both athletes in a team event golden score contest refer to Section 2.7.1.

## **Article 19 Default and Withdrawal**

The decision of fusen-gachi (win by default) shall be given to any athlete whose opponent does not appear for his contest according to the 30 seconds rule.

Forfeit of a contest: If one athlete is ready on time and the opponent is missing an IJF Sport Director (or nominated person) will ask the speaker to announce, the last call for the missing athlete.

The referee will then invite the prepared athlete to wait at the edge of the competition area. The scoreboard will start to count down 30 seconds.

If at the end of 30 seconds the opponent is still not present at the tatami, the referee will invite the athlete to enter the competition area and will be declared the winner by fusen-gachi.

The referee must be sure before awarding fusen-gachi that they have received the authority to do so by the IJF Sport Director or nominated person.

The IJF Ad Hoc Commission can decide if an athlete forfeiting a contest may participate in the repechage.

The decision of kiken-gachi shall be given to any athlete whose opponent withdraws from the competition for any reason, during the contest.

Any athlete not willing to comply with the requirements of hygiene, hair and head cover regulation (see E1.3 Hygiene) shall be refused the right to compete and the opponent shall win the contest by fusen-gachi, if the contest has not yet started, or by kikengachi, if the contest has already started.

If an athlete loses a contact lens during the contest and cannot immediately recover it, and if he then informs the referee that he cannot continue competing without the contact lens, the referee shall give the victory to his opponent by kiken-gachi.

# **Article 20 Injury, Illness or Accident**

In this article the person in the role of the doctor is defined in Appendix E.

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# **Article 20 Injury, Illness or Accident**

In this article the person in the role of the doctor is defined in Appendix E.

The decision of the contest where one athlete is unable to continue because of injury, illness or accident during the contest shall be given by the referee following the clauses below:

- a) Injury
- 1. Where the cause of the injury is attributed to the injured athlete, he shall lose the contest.
- 2. Where it is impossible to determine which of the athletes was the cause of the injury, the athlete unable to continue shall lose the contest.
- 3. If there is an injury caused by athletes from another contest on a nearby tatami, the injured athlete has the right to ask the referee to see the doctor.

Treatment can be given if needed and the athlete can continue the contest if able.

4. Where there is an injury caused by an external object (e.g., LED or advertising board, photographer camera).

The injured athlete has the right to ask the referee to see the doctor and receive treatment if necessary and can continue in the contest if able.

If during the contest an athlete is injured due to an action by the opponent and the injured athlete cannot continue, the referee, IJF Supervisors and/or IJF Referee Commission should analyse the case and decide based on the rules. Each case shall be decided on its own merit.

- b) Sickness, generally, where one athlete is taken sick during a contest and is unable to continue, he shall lose the contest.
- c) Accident, where an accident occurs, which is due to an outside influence (force majeure), after consulting with the IJF Supervisors and/or IJF Referee Commissioners and IJF Medical Commissioner, the contest shall be considered cancelled or postponed. In those cases of 'force majeure', the IJF Sport Director, the IJF Sport Commission and the IJF Supervisors and/or IJF Referee Commissioners will take the final decision.

#### **Medical Examinations**

a) The referee shall call the doctor, if necessary, also inside the contest area, to attend to an athlete who has received a severe impact to the head or back (spinal column), or whenever the referee has reason to believe there may be a grave or serious injury. In either case, the doctor will examine the athlete in the shortest time possible and indicate to the referee whether the athlete can continue or not.

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In a round robin, if both athletes are given three shido, they are considered losers for that contest only and the contest result is recorded as 0-0. They can both compete in the next contest if applicable.

In a team event, if both athletes are given three shido, they are considered losers for that match only and the contest result is recorded as 0-0. They can both compete in the next round if applicable.

In a team event golden score contest, if both athletes are given three shido, they are considered losers for that match only and the contest result is recorded as 0-0. The double disqualification category remains in the draw and golden score contest is drawn again.

#### **Article 18.3.2 Double hansoku-make (Direct)**

For a direct hansoku-make given to both athletes (in regular time or golden score), the IJF Ad Hoc Commission will decide the consequences.

For a direct hansoku-make given to both athletes in a team event golden score contest refer to Section 2.7.1.

## **Article 19 Default and Withdrawal**

The decision of fusen-gachi (win by default) shall be given to any athlete whose opponent does not appear for his contest according to the 30 seconds rule.

Forfeit of a contest: If one athlete is ready on time and the opponent is missing an IJF Sport Director (or nominated person) will ask the speaker to announce, the last call for the missing athlete.

The referee will then invite the prepared athlete to wait at the edge of the competition area. The scoreboard will start to count down 30 seconds.

If at the end of 30 seconds the opponent is still not present at the tatami, the referee will invite the athlete to enter the competition area and will be declared the winner by fusen-gachi.

The referee must be sure before awarding fusen-gachi that they have received the authority to do so by the IJF Sport Director or nominated person.

The IJF Ad Hoc Commission can decide if an athlete forfeiting a contest may participate in the repechage.

The decision of kiken-gachi shall be given to any athlete whose opponent withdraws from the competition for any reason, during the contest.

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Any athlete not willing to comply with the requirements of hygiene, hair and head cover regulation (see E1.3 Hygiene) shall be refused the right to compete and the opponent shall win the contest by fusen-gachi, if the contest has not yet started, or by kikengachi, if the contest has already started.

If an athlete loses a contact lens during the contest and cannot immediately recover it, and if he then informs the referee that he cannot continue competing without the contact lens, the referee shall give the victory to his opponent by kiken-gachi.

# **Article 20 Injury, Illness or Accident**

In this article the person in the role of the doctor is defined in Appendix E.

The decision of the contest where one athlete is unable to continue because of injury, illness or accident during the contest shall be given by the referee following the clauses below:

- a) Injury
- 1. Where the cause of the injury is attributed to the injured athlete, he shall lose the contest.
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Treatment can be given if needed and the athlete can continue the contest if able.

4. Where there is an injury caused by an external object (e.g., LED or advertising board, photographer camera).

The injured athlete has the right to ask the referee to see the doctor and receive treatment if necessary and can continue in the contest if able.

If during the contest an athlete is injured due to an action by the opponent and the injured athlete cannot continue, the referee, IJF Supervisors and/or IJF Referee Commission should analyse the case and decide based on the rules. Each case shall be decided on its own merit.

b) Sickness, generally, where one athlete is taken sick during a contest and is unable to continue, he shall lose the contest.

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Generally, only one (1) doctor for each athlete is allowed on the competition area. Should a doctor require any assistant(s), the referee must first be informed. The referee should remain near to the injured athlete to ensure that the assistance provided by the doctor is within the rules.

The coach is never allowed on the competition area of the tatami.

However, the referee may consult with the IJF Supervisors and/or IJF Referee Commission and the IJF Medical Commissioner in case they need to comment on any decision.

If the doctor, after examining an injured athlete, advises the referees that the athlete cannot continue the contest the referee, after consultation with the IJF Supervisors and/or IJF Referee Commission and the IJF Medical Commissioner, shall end the contest and declare the opponent to be the winner by kiken-gachi.

- b) The athlete may ask the referee to call for the doctor, but in this case the contest is terminated, and his opponent shall win by kiken-gachi.
- c) The doctor may also ask to attend to his athlete, but in this case the contest is terminated, and the opponent will win by kiken-gachi.

In any case whenever the referee is of the opinion that the contest should not continue, the referee after consulting with the IJF Supervisors and/or IJF Referee Commission and the IJF Medical Commissioner, shall end the contest and indicate the result in accordance with the rules.

Bleeding injuries, when a bleeding injury occurs, the referee shall call the doctor to assist in stopping and isolating the bleeding, outside the contest area, with the

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presence of another referee assigned to the specific tatami. The athlete is not allowed to compete while bleeding.

The same bleeding injury may be treated by the doctor on two (2) occasions. The third time that the same bleeding injury occurs, the referee, should declare the opponent he winner by kiken-gachi. However, the IJF Ad Hoc Commission in consultation with the IJF Medical Commissioner can decide to allow the same bleeding injury to be treated more than two (2) times.

If bleeding cannot be stopped, the IJF Medical Commissioner will inform the referee who will declare the opponent the winner by kiken-gachi.

Minor injuries, a minor injury may be treated by the athlete himself. For example, in the case of a dislocated finger, the referee shall stop the contest (by calling Mate! or Sonomama!) and allow the athlete to reset the dislocated finger. This action should be done immediately, upon the request of the athlete with the assistance of the doctor, outside the tatami, and the athlete can continue the contest.

The same finger is allowed to be reset on two (2) occasions. If the same dislocation occurs a third (3rd) time, the athlete is declared not be in condition to continue in the contest. The referee, after consultation with the IJF Medical Commissioner, shall end the contest and declare the opponent the winner by kiken-gachi.

The LOC commissioned doctor, or the delegation doctor intervenes upon request of the referee.

The LOC commissioned doctors, or the delegation doctor must be able to intervene on the field of play, at their own request, when deemed necessary, in case of danger to the athlete(s) health i.e., a bad landing on the head or a strangulation.

When a doctor clearly realises - especially in the case of shime-waza – that there is danger to the health of one of the athletes that he is responsible for, he can go to the edge of the competition area and call upon the referees to immediately stop the contest. The referees shall take all necessary steps to assist the doctor.

Such an intervention will necessarily mean the loss of the contest for his athlete and should therefore only be taken in extreme cases.

If a cadet loses consciousness during shime-waza they are no longer able to continue in the competition. Moved down

To show they want to make this exceptional request, they should stand at the edge of the competition surface showing two arms in cross in the height of the chest to inform presence of another referee assigned to the specific tatami. The athlete is not allowed to compete while bleeding.

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Such an intervention will mean the loss of the contest for his athlete, so should only be taken if necessary.

# If a cadet loses consciousness during shime-waza they are no longer able to continue in the competition.

#### Three cases are possible:

The delegation doctor / LOC commissioned doctor / IJF Medical Commissioner announces that the athlete cannot continue the contest because their health is in danger. The opponent will be declared winner by kiken-gachi.

If the intervention of the delegation doctor is not justified by the IJF Supervisors and/or IJF Referee Commissioners and the IJF Medical Commissioner, a final decision will be made about the continuation of the contest.

#### Medical Assistance

The medical assistance in the following cases should be outside of the competition area, close to the medical table, the injured athlete must be accompanied by one of the referees.

#### a) A minor injury

In the case of a broken nail, the doctor is allowed to assist in cutting the nail. The doctor may also help in adjusting a scrotum injury (testicles).

#### b) A bleeding injury

For safety measures whenever there is blood it must always be completely isolated with the assistance of the doctor by means of adhesive tape, bandages, nasal tampons, (the use of blood clotters and haemostatics products is permitted). When the doctor is called to assist an athlete, such medical assistance should be given as quickly as possible.

## c) Finger/toe dislocation

For the preservation of athletes' joint health, especially of those who lack experience in self-treatment, athletes are allowed to seek medical help for finger/toe joint resetting, including resetting and taping to secure the joint.

Note: Except for the above situations, if the doctor applies any treatment the opponent shall win by kiken-gachi.

Types of vomiting

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#### Types of vomiting

Any type of vomiting by an athlete shall result in kiken-gachi for the other athlete. (See paragraph: b) Sickness).

In the case when an athlete through a deliberate action causes an injury to the opponent, the penalty given to the athlete inflicting the injury on the opponent shall be a direct hansoku-make, apart from any other disciplinary action that may be taken by IJF Ad Hoc Commission.

The official delegation doctor shall have a medical degree and must register prior to the competition. He shall be the only person allowed to sit in the designated area and must be so identified. e.g., by wearing a red cross armband or waistcoat.

When accrediting a doctor for their delegation, the National Federations must take the responsibility for the actions of their doctors. The LOC doctors must be aware of any amendments and the interpretations of the rules.

If an injured athlete needs prolonged medical treatment on the tatami, the referee will declare the non-injured opponent as the winner who will then leave the competition area.

The referee must stay on the tatami observing treatment or emergency procedures until the injured athlete is transported safely from the competition area. If necessary, the medical team should screen the injured athlete off from the view of the public.

The referee should be the last person to leave the tatami.

If the treatment of the injured athlete is extended onto the safety area of a neighbouring competition area, the IJF Sport Director will stop any contests on affected tatami until it is safe to continue.

# **Article 21 Situations not Covered by the Refereeing Rules**

When a situation arises, which is not covered by these rules, it shall be dealt with and a decision given by the referees after consultation with the IJF Ad Hoc Commission, IJF Referee Commissioners and/or IJF Supervisors.

#### **APPENDIX E**

#### IJF MEDICAL AND ANTI-DOPING HANDBOOK

All medical and on-site anti-doping matters (at competitions) are the responsibility of the IJF Medical Commission. Further information can be found in the Event Organisation Guide. Reference should also be made to Appendix D IJF Refereeing Rules.

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# **E1.1 Medical Requirements**

In case of an injury, the priority is the athlete's health. Primarily it is the delegation doctor (or delegation physiotherapist) who is responsible for the health of their athletes.

The LOC directly shall provide sufficient medical service during the competition, including on site treatment and hospital treatment if needed. They should also provide qualified medical personnel and arrange sufficient medical materials and equipment.

A minimum of one ambulance must be at the competition venue at least 30 minutes before the start of a competition day. In case the ambulance must leave the venue, a minimum of one ambulance must immediately be available on site for replacement. In the absence of either an ambulance or a team of LOC commissioned doctors the competition cannot be started or continued.

## **E1.1.1 Decision Making on the Field of Play**

Only certified (and licensed) medical doctors can enter the field of play and go on the tatami to treat athletes. When a medical decision is needed on the field of play the LOC commissioned doctors can assist the delegation doctor. In case of a dispute between them, the delegation doctor will take the decision, however the IJF Medical Commissioner has the final say. The same policy applies in the absence of a delegation doctor.

## E1.1.2 Decision Making off the Field of Play

When a medical decision is needed out of the field of play, the decision is up to the delegation doctor (or delegation physiotherapist). In the absence of a delegation doctor when there is a dispute between the delegation physiotherapist and the LOC commissioned doctors, the LOC commissioned doctors will take the decision on life threatening situations. However, in any cases if there is a dispute, it is the IJF Medical Commissioner who has the final say.

# **E1.1.3 Rights and Responsibilities**

The IJF Medical Commissioner has the responsibility to:

- Arrange for sufficient hygienic conditions.
- Arrange for sufficient health care for all participants, including staff.
- Assure that there is a LOC medical team at the field of play.

The IJF Medical Commissioner has the right to:

- Recommend stopping the competition in case of the delay of the ambulance or the team of LOC commissioned doctors is more than 15 minutes.
- Stop a contest in case of a dangerous injury.
- Make a final decision whether an injured athlete can continue the contest or not.

LOC commissioned doctors have the responsibility to:

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- Make a final decision whether an injured athlete can continue the contest or not.

LOC commissioned doctors have the responsibility to:

- Be present at the field of play in sufficient number during the entire competition.
- Have sufficient equipment.

LOC commissioned doctors have the right to:

• Decide, in consultation with the IJF Medical Commissioner, whether an injured athlete can continue the contest or not in case there is no delegation doctor.

# **E1.2 Medical Suspension Following Concussion**

Athletes of all age categories with suspected concussion (confirmed by either the IJF Medical Commissioner, or by the event's head of medical services) are not allowed to compete within the period of seven (7) days starting the day after the date of the injury. Athletes can return to competition having a medical clearing from their team medical doctor, family doctor or any other medical doctor having the authority to issue such a clearing. The IJF Medical Commission will register athletes under medical suspension.

# E1.3 Hygiene

- The Judogi shall be clean, generally dry and without unpleasant odour.
- The nails of the feet and hands shall be cut short.
- The personal hygiene of the athlete shall be of a high standard.
- Long hair shall be tied up to avoid causing any inconvenience to the other athlete. Hair shall be tied by means of a hair band made of rubber or similar material and be void of any rigid or metal components. The head may not be covered except for bandaging of a medical nature, which must adhere firmly.
- Any athlete not willing to comply with the requirements of hygiene, judogi rules
  or the head cover regulation shall be refused the right to compete, and the
  opponent shall win the contest by Fusen-gachi, if the contest has not yet started,
  or by kiken-gachi, if the contest has already started.

## **E1.4 Doctors' Code of Conduct**

Doctors must respect the Code of Ethics, statutes and regulations of the IJF. In the case of an infringement proven, penalties may range from a simple verbal warning to exclusion of competition.

#### They shall:

- Sit in the doctor's chair while their athlete is competing.
- Enter the tatami when called by the referee.
- Not coach, shout, cheer, or film.

Doctors must respect the following dress code:

• Doctors shall always wear their accreditation on the field of play as well as in the warm-up area. The doctor's symbol should appear on their accreditation.

- Be present at the field of play in sufficient number during the entire competition.
- Have sufficient equipment.

LOC commissioned doctors have the right to:

• Decide, in consultation with the IJF Medical Commissioner, whether an injured athlete can continue the contest or not in case there is no delegation doctor.

# **E1.2 Medical Suspension Following Concussion**

Athletes of all age categories with suspected concussion (confirmed by either the IJF Medical Commissioner, or by the event's head of medical services) are not allowed to compete within the period of seven (7) days starting the day after the date of the injury. Athletes can return to competition having a medical clearing from their team medical doctor, family doctor or any other medical doctor having the authority to issue such a clearing. The IJF Medical Commission will register athletes under medical suspension.

# E1.3 Hygiene

- The Judogi shall be clean, generally dry and without unpleasant odour.
- The nails of the feet and hands shall be cut short.
- The personal hygiene of the athlete shall be of a high standard.
- Long hair shall be tied up to avoid causing any inconvenience to the other athlete. Hair shall be tied by means of a hair band made of rubber or similar material and be void of any rigid or metal components. The head may not be covered except for bandaging of a medical nature, which must adhere firmly.
- Any athlete not willing to comply with the requirements of hygiene, judogi rules
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Doctors must respect the following dress code:

• Doctors shall always wear their accreditation on the field of play as well as in the warm-up area. The doctor's symbol should appear on their accreditation.

- Jeans, overalls, shorts, 3/4 length trousers, leggings, sandals, any kind of head caps or cover, flip flops, body, or facial piercings are not allowed, low-cut necklines and mini skirts are not allowed.
- Avoid manicure, jewellery that could cause harm to a patient while getting close to examine him.
- Garments that may interfere with clinical communication, and its assessment, shall be removed.
- Change immediately if uniforms or clothes become visibly soiled with blood stains or other.
- Tie long hair off the collar.
- Wear soft-soled, closed toe shoes.
- Cover tattoos where these are extensive or may be deemed offensive.
- Shall not wear neckties.

# **E1.5 Doping Control Requirements**

The LOC must provide and arrange for doping control following the World Anti-Doping Agency (WADA) rules (International Standard for Testing and Investigation - ISTI) for both urine and blood testing respecting the minimum level of analysis as given in the Technical Document for Sport Specific Analysis (TDSSA).

The Doping Control Station (DCS) has only one function providing space for doping tests. No other function or unauthorised traffic (no weight control, no use as medical/emergency room, no use as dressing room) is allowed. It must be guarded, locked and clearly separated from the competition area. The location of the DCS shall be marked with clear signs from various directions. No filming or picture taking is allowed in the doping control area.

## **E1.5.1 Event Testing**

During any judo event under IJF Result Management Authority athletes can be requested to provide samples for either an in- or out-of-competition test.

Doping control for in-competition tests is carried out under the supervision either of an IJF Medical Commissioner or a representative of the IJF Medical Commission.

Out-of-competition tests are the responsibility of the authorised Sample Collection Authority.

## **E1.5.2 Selection Procedure for Doping Control**

The selection criteria for doping control are defined for each event in the event's outlines. Unless it was prearranged by the IJF or contracted partner, the IJF Medical Commissioner together with an IJF Official and a representative of the responsible Sample Collection Authority will carry out the draw; all participants must sign the draw protocol.

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Any further tests are at the discretion of IJF or an authorised Testing Authority.

#### E1.5.3 Athlete Notification

Athletes are notified according to ISTI 5.4. For in-competition tests athletes are notified after their last contest on a day.

#### E1.5.3.1 Modification of Notification for Minor Athletes

Athletes who are minors should be notified and tested in the presence of an adult accompanying person of their choice respecting the WADA rules (ISTI, Annex C).

## E1.5.4 Laboratory

Only WADA accredited approved Laboratories can analyse the samples. The Doping Control Coordinator must inform the IJF Medical Commissioner/Antidoping Coordinator about which laboratory will be used.

In case of Adverse Analytical Finding detected, the IJF will follow the IJF Anti-Doping Rules.

The IJF Medical Commissioner has the right to cancel or stop a test if it is medically justified.

# APPENDIX F IJF DISCIPLINARY CODE AND CODE OF ETHICS

Not necessary to translate

## APPENDIX G

#### **SPORT COMPETITION**

All sport competition matters are the responsibility of the IJF Sport Commission.

#### **G1.1 IJF Event Phases**

The competition normally consists of two sessions, preliminaries, and the final block. The competition phases that take place in the sessions depends on the type of event. Any changes to this will be agreed and approved by the IJF Head Sport Director.

Depending on the number of participants some rounds may not be required for every category.

Event	Competition type	Event phase
Grand Prix and Grand Slam	Quarter-final repechage	Preliminaries Elimination round of 128 Elimination round of 64 Elimination round of 32

Any further tests are at the discretion of IJF or an authorised Testing Authority.

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Event	Competition type	Event phase
Grand Prix and Grand Slam	Quarter-final repechage	Preliminaries Elimination round of 128 Elimination round of 64 Elimination round of 32

		Elimination round of 16 Quarter-finals Repechage Semi-finals Final block Contests for bronze medal Final – gold medal	_			Elimination round of 16 Quarter-finals Repechage Semi-finals Final block Contests for bronze medal Final – gold medal
Masters	Quarter-final repechage	Preliminaries Elimination round of 64 Elimination round of 32 Elimination round of 16 Quarter-finals Repechage Semi-finals		Masters	Quarter-final repechage	Preliminaries Elimination round of 64 Elimination round of 32 Elimination round of 16 Quarter-finals Repechage Semi-finals
		Final block Contests for bronze medal Final – gold medal				Final block Contests for bronze medal Final – gold medal
World Championships Seniors	Quarter-final repechage	Preliminaries Elimination round of 128 Elimination round of 64 Elimination round of 32 Elimination round of 16 Quarter-finals		World Championships Seniors	Quarter-final repechage	Preliminaries Elimination round of 128 Elimination round of 64 Elimination round of 32 Elimination round of 16 Quarter-finals
		Final block Repechage Semi-finals Contests for bronze medal Final – gold medal				Final block Repechage Semi-finals Contests for bronze medal Final – gold medal
World Championships Juniors and Cadets	Quarter-final repechage	Preliminaries Elimination round of 64 Elimination round of 32 Elimination round of 16 Quarter-finals Repechage Semi-finals		World Championships Juniors and Cadets	Quarter-final repechage	Preliminaries Elimination round of 64 Elimination round of 32 Elimination round of 16 Quarter-finals Repechage Semi-finals
		Final block Contests for bronze medal Final – gold medal				Final block Contests for bronze medal Final – gold medal

	Quarter-final repechage	Preliminaries Elimination round of 64 Elimination round of 32 Elimination round of 16 Quarter-finals Repechage Semi-finals	World Championships Mixed Teams	Quarter-final repechage	Preliminaries Elimination round of 64 Elimination round of 32 Elimination round of 16 Quarter-finals Repechage Semi-finals
		Final block Contests for bronze medal Final – gold medal			Final block Contests for bronze medal Final – gold medal
World Championships Open  Quarter-final repechage		Preliminaries Elimination round of 64 Elimination round of 32 Elimination round of 16 Quarter-finals	World Championships Open	Quarter-final repechage	Preliminaries Elimination round of 64 Elimination round of 32 Elimination round of 16 Quarter-finals
	Final block Repechage Semi-finals Contests for bronze medal Final – gold medal			Final block Repechage Semi-finals Contests for bronze medal Final – gold medal	
Olympic Games Quarter-final repechage	Preliminaries Elimination round of 64 Elimination round of 32 Elimination round of 16 Quarter-finals	Olympic Games	Quarter-final repechage	Preliminaries Elimination round of 64 Elimination round of 32 Elimination round of 16 Quarter-finals	
	Final block Repechage Semi-finals Contests for bronze medal Final – gold medal			Final block Repechage Semi-finals Contests for bronze medal Final – gold medal	
	Quarter-final repechage		Olympic Games Mixed Teams	Quarter-final repechage	Preliminaries Elimination round of 16 Quarter-finals Repechage Semi-finals
		Final Block Contests for bronze medal Final – gold medal			Final Block Contests for bronze medal Final – gold medal
Youth Olympics	Full repechage	Preliminaries	Youth Olympics	Full repechage	Preliminaries

Games Individuals	Elimination round of 32 Elimination round of 16 Repechage first round of 16 Repechage second round of 16 Quarterfinals Repechage first round of 8 Repechage second round of 8 Semifinals Repechage round of 4
	Final block Contests for bronze medal Final – gold medal

#### **G1.2 Athlete Scoreboards**

The scoreboards must be placed in such a way that they are visible to the athletes, coaches, referee, the IJF Supervisors and the IJF Referee Commissioners. They can be stand-alone TV screens or integrated in the LED.

The scoreboards must show:

The name of the athletes.

Which athlete is wearing the white judogi and which is wearing the blue judogi.

The three-letter country code.

The country flag.

Weight category.

The time.

Scores and penalties.

Event phase (including golden score)

- G1.3 Standard Forms for IJF Events (see the actual SOR for the forms)
- G1.3.1 Delegation Control List
- G1.3.2 Weigh-in List
- G1.3.3 Contest Order
- G1.3.4 Referees' List
- G1.3.5 Contest Sheet
- G1.3.6 Direct Knockout
- G1.3.7 Quarter-Final Repechage
- G1.3.8 Quarter-Final Repechage up to 64 Athletes or Teams
- G1.3.9 Quarter-Final Repechage up to 32 Athletes or Teams
- G1.3.10 Quarter-Final Repechage up to 16 Athletes or Teams
- G1.3.11 Quarter-Final Repechage up to 8 Athletes or Teams
- G1.3.12 Double Repechage up to 64 Athletes or Teams
- G1.3.13 Double Repechage up to 32 Athletes or Teams
- G1.3.14 Double Repechage up to 16 Athletes or Teams

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- G1.3.13 Double Repechage up to 32 Athletes or Teams
- G1.3.14 Double Repechage up to 16 Athletes or Teams

G1.3.15 Double Repechage up to 8 Athletes or Teams	
G1.3.16 Full Repechage up to 32 Athletes or Teams	
G1.3.17 Full Repechage up to 16 Athletes or Teams	
G1.3.18 Five (5) Athletes or Teams - Option 1	
G1.3.19 Five (5) Athletes or Teams - Option 2	
G1.3.20 Four (4) Athletes or Teams - Option 1	
G1.3.21 Four (4) Athletes or Teams - Option 2	
G1.3.22 Three (3) Athletes or Teams - Option 1	
G1.3.23 Three (3) Athletes or Teams - Option 2	
G1.3.24 Example of Winners' List	
G1.3.25 Example of Team Line Up Confirmation	
G1.3.26 Example of Mixed Team Line Up Confirmation	
G1.3.27 Example of Team Sheet - with Results	
G1.3.28 Example of Mixed Team Sheet	
G1.3.29 Coach Suspension Form	
G1.3.30 Article 18 Direct HSK Out Of Competition	
G1.3.31 Coaches Request To Review Action	
G1.3.32 Record Sheet – Judogi Breaches	
APPENDIX H	

# **GLOSSARY**

## **H1.1 Glossary of Japanese Terms**

Approved by the Kodokan

Japanese is one of the most difficult languages in the world for translating due its complexity, and the fact that many aspects of the language are not present in English. Differences in the written English of many words is due to the transliteration style of the Japanese language. In judo books and other published materials, we can find different versions of the same word e.g., kumi-kata and kumikata.

In each box the word/text on top is from the original SOR glossary and below is the word/text as it is in the Kodokan dictionary (Kōdōkan, New Japanese - English Dictionary of Judo, 2000). If there is only one word/text it is the same in both reference documents.

Japanese SOR Glossary Kodokan Dictionary (see the actual SOR for the list) Names of Judo Techniques (see the actual SOR for the list) Penalties

#### H1.3 Penalty Codes Table updated

## G1.3.15 Double Repechage up to 8 Athletes or Teams G1.3.16 Full Repechage up to 32 Athletes or Teams G1.3.17 Full Repechage up to 16 Athletes or Teams G1.3.18 Five (5) Athletes or Teams - Option 1 G1.3.19 Five (5) Athletes or Teams - Option 2 G1.3.20 Four (4) Athletes or Teams - Option 1 G1.3.21 Four (4) Athletes or Teams - Option 2 G1.3.22 Three (3) Athletes or Teams - Option 1 G1.3.23 Three (3) Athletes or Teams - Option 2 G1.3.24 Example of Winners' List G1.3.25 Example of Team Line Up Confirmation G1.3.26 Example of Mixed Team Line Up Confirmation G1.3.27 Example of Team Sheet - with Results G1.3.28 Example of Mixed Team Sheet G1.3.29 Coach Suspension Form G1.3.30 Article 18 Direct HSK Out Of Competition G1.3.31 Coaches Request To Review Action

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