EJU Training Camp
Alicante/Benidorm 2022
Spain
June 27th – July 03rd 2022

1. Date
June 27th – July 03rd 2022
Training program is attached to the outlines!

2. Organizer
Royal Spanish Judo Federation
Address: C/ Ferraz, 16
28008 Madrid, Spain
Email: alicante@rfejudo.com.
Tel: 00 34 685 830 542
Fax: 00 34 911 15 79 98

Emergency Contact:
Ms. Carmen Calvo 00 34 685 830 542
Mr. Serafin Aragüete 00 34 680 993 613

3. Regulations to minimize COVID-19 related risks
Anyone not complying with the conditions of participation described in these outlines will not be eligible to take part in the event and will be subject to disciplinary action.

The fundamental principle throughout all EJU events during the Covid-19 era is to protect and be protected by wearing a mask, sanitising, distancing and respecting the recommendations of the EJU protocol. All participants have the mutual responsibility to protect one-another.

Each National Federation delegation participant (athlete, coach, team official, physiotherapist, doctor, President etc.) must have read and understood the latest version of the Protocol for resuming IJF events during the Covid-19 pandemic which can be found here: covid.ijf.org.
PLEASE NOTE:

- Each National Federation taking part must nominate a Covid-19 Manager who is fluent in English.
- There can only be ONE (1) COVID-19 MANAGER PER FEDERATION!

Before Travelling
1. Check if you need a visa, and if yes - request it from the organiser. Please send a good quality passport copy (PDF) and filled in Visa Application form to the email: alicante@rfejudo.com. Please, see visa form uploaded.
2. Book accommodation and send a detailed rooming list. Last minute changes can be accommodated whilst the delegation waits in the bus or outside the hotel.
3. Present on arrival:
   If you are FULLY vaccinated or recovered from Covid-19 disease in last 6 months before event:
   1 PCR test which is not older than 72 hours before entering the bubble and vaccination certificate or recovery certificate.
   If you are not vaccinated:
   two (2) Covid-19 negative individual medical certificates done maximum eight (8) days before entering the bubble and taken at least (minimum) 48 hours apart (can be more than 48 hours).
   Please make sure that all documents have also has an English version.

To maintain the required safety level at the EJU events, the following variants of vaccination are recognised as complete vaccination and the bearers as “fully vaccinated” within the validity period. In case the validity expires during an event, the status is upheld until the last day of the event.

All vaccination types are accepted, not only EMA or WHO approved products to take part in the competition.

<table>
<thead>
<tr>
<th>Type of protection</th>
<th>Minimum time elapsed</th>
<th>Maximum time elapsed</th>
</tr>
</thead>
<tbody>
<tr>
<td>1 dose of and 1 dose vaccines (Janssen, Sputnik Lite, or other)</td>
<td>Minimum 28 days from receiving the dose</td>
<td>Maximum 6 months from receiving the dose</td>
</tr>
<tr>
<td>2 doses of any 2 dose vaccines</td>
<td>Minimum 14 days from the 2nd dose</td>
<td>Maximum 6 months from the 2nd dose</td>
</tr>
<tr>
<td>Booster doses: 3rd or additional dose (2nd dose after a 1 dose vaccine)</td>
<td>Minimum 7 days from the last dose</td>
<td>To be determined by the WHO, currently no end of validity</td>
</tr>
<tr>
<td>Recovery from infection and 1 dose</td>
<td>Minimum 14 days from receiving the dose</td>
<td>Maximum 6 months from receiving the dose</td>
</tr>
<tr>
<td>1 dose and recovery from infection</td>
<td>Minimum 11 days from the positive PCR test</td>
<td>Maximum 6 months from the positive PCR test</td>
</tr>
<tr>
<td>Recovery from infection</td>
<td>Minimum 11 days from the positive PCR test</td>
<td>Maximum 6 months from the positive PCR test</td>
</tr>
</tbody>
</table>

Minors (under 18) are considered fully vaccinated after completing the first series of vaccination with no end of validity until further decision.

During the period when the tests are done you should stay isolated and limit contact with other people as much as possible. If you experience any kind of symptoms do not start to travel (even with two negative PCR tests).)
4. Present upon arrival IJF Liability Release Waiver which is uploaded to my.ijf.org once and is valid through the whole year 2022. The document can be found under the link: https://www.ijf.org/covid19/2663 and on EJU homepage for every event.
5. PCR tests, Vaccination Certificate/Recovery Certificate, Liability Release Waiver must be uploaded to the platform my.ijf.org by NF administrator well in advance BEFORE TEAM ARRIVAL.
Entering Spain

The following must be brought/at hand for border control:

1. Passport, ID, and applicable visas, as required.
   - All regular border-crossing regulations must be followed regarding the validity of passports and visas, as applicable for each respective country
   - Border control officers will check documents (passports or other documents that contain similar information)

2. If you are FULLY vaccinated with a vaccine authorized by the European Medicines Agency or by the World Health Organization, you can enter Spain without needing to test or quarantine regardless of your reason for travel. (At least 14 days must have passed since being fully vaccinated (with both doses of a 2-dose vaccine or one dose of a single-dose vaccine) before arrival in Spain and your date(s) of vaccination must be specified).

3. Those unvaccinated participants must present an entry authorization letter from the Spanish Ministry of Sport, filling the Entry Application form to the email: alicante@rfejudo.com and Negative PCR test not older than 72 hours.

3. All travelers to Spain (including children of all ages) must fill in a Health Control Form (FCS) that can be downloaded in the following link: https://www.spth.gob.es/ (If you do not complete this form electronically, you may submit it in paper format before boarding. On arrival into Spanish ports and airports you must show the QR code (hardcopy or digital) issued when you completed the online Health Control Form before travel.)

Entering a bubble

The event venue (hotels, training hall etc.) will be classified as bubbles and to reduce risk a “bubble to bubble” concept will be used. People are NOT allowed to leave their bubble as contamination could occur endangering the safety of the event and the health of the participants.

1. At least one (1) PCR test per participant will be performed immediately upon arrival.
2. The test will be held at Hotel Melia Villaitana. Cost of the test is 100 € which has to be paid by the participating federation prior the arrival.
3. Until test results are obtained, all participants must remain in their hotel rooms, where water and any paid meals will be ensured until the receipt of the test results.

Throughout your stay

1. Within the bubble 2 subgroups will be created: male teams and female teams. The groups must not meet - neither during training nor during breakfast, lunch and dinner.
2. Wash/sanitise your hands regularly, especially if you have had contact with a person or an object. Competitors should wash and disinfect their hands and feet regularly, especially before the warm-up and the training.
3. Wear a mask at all times (change it at least twice a day). Exceptions: masks are not obligatory during the training. Masks may be removed while eating in dining areas. Maintain 1.5 m distance at all times.
4. Submit yourselves to contactless temperature measurement by the organiser on arrival at the point of entry in the country, at accommodation premises, throughout the training camp to be accepted by all accredited population.
Anyone registering a high temperature will be asked to remain outside and their delegation COVID-19 Manager and the LOC COVID-19 Manager will be contacted. An opportunity to recheck their temperature will be given, if it is still high a final decision will be made by the LOC COVID-19 Manager.

**In case of positive result**
Each case will be consulted with the local epidemiological authorities.  
Quarantine period: 5 days  
Quarantine hotel: Hotel Villaitana.  
Anyone with a positive test MUST stay in the quarantine hotel provided by the organiser. The cost must be paid by the National Federation.

**Insurance**
It is the responsibility of the National Federation to ensure that in addition to their normal insurance they have sufficient insurance in place to cover any COVID-19-related costs. The organiser of the event and the EJU accept no liability for any claims relating to cancellation of the event due to COVID-19 or medical costs for any COVID-19 related illness that may affect a National Federation delegation member during the event.

**Symptoms after arrival**
Anyone who experiences symptoms after arrival must immediately contact their Team COVID-19 Manager

Local Covid Manager: Dr Jorge Gonzalez; +34 687 633 132; alicante@rfejudo.com

**Exit tests**
Exit tests may be booked with the organiser, if required.  
Where to book: Before to the arrival by the email alicante@rfejudo.com  
Price: PCR - 100€; antigen - 30€.

4. **Venue**
Palacio de los Deportes L´Illa de Benidorm  
Address: Partida Salto del Agua, s/n 03502 Benidorm, Alicante (Spain)

5. **Participation**
EJU/IJF Member Federations can participate at the TC.  
COVID-19-regulations limit the number of athletes, therefore we kindly ask you to make your binding reservation at your earliest convenience. Due to the pandemic situation, EJU member NF-s will have priority.

6. **Deadlines**
   
   Visa application: Friday, 3 June 2022  
   Reservation Form Hotel/Transport: Friday, 10 June 2022  
   Payment before: Friday, 10 June 2022  
   Final Entry by name, Rooming list: Friday, 10 June 2022

Emergency Contact for accommodation:  
Ms. Carmen Calvo  
00 34 685 830 542  
alicante@rfejudo.com
7. **EJU Participation Fee**
30 € per participating athlete of EJU Member Federations
100 € per participating athlete of Non-EJU Member Federations

8. **Age**
15 years old and over (Born in 2007 and before)

9. **Responsibility of the Federations**
The athletes will train under the full responsibility of their National Federations. Each National Federation is responsible for insuring its judoka against ‘injury and third part risk (public liability)’ during the period of the camp. The European Judo Union and Croatian Judo Federation decline all responsibility.

10. **Accreditation**
At least one team delegate (and not more than 2) who have been tested on spot and received negative results must attend the accreditation on **26 and 27th of June at the “Hotel Melia Villaitana”** to confirm the entries of all athletes and officials and accommodation payment. Very important: Each National Federation must be represented by a team leader or coach responsible for registration of ALL athletes from the respective National Federation, regardless club or other membership. Every National Federation will be accepted for accreditation only once, when all entries and payments can be confirmed at the same time.

11. **Facilities**
"Hotel Melia Villaitana”
All info about hotel’s facilities available on: [www.melia.com/villaitana](http://www.melia.com/villaitana)
Sauna, tennis, swimming pool, spa area, gymnasium...

Palacio de los Deportes L´Illa de Benidorm
Minimum of 1200 m2 tatami (in depending of final entries another tatami room will be available).
Gymnasium

12. **Transport**
**Alicante Airport**
**Alicante Train Station**
During the TC ONLY official transportation can be used. No other transportation, including taxis and own cars can be used when in the bubble.

13. **Accommodation**
Arrivals are allowed from 24.

<table>
<thead>
<tr>
<th>Hotel Meliá Villaitana (Price per person)</th>
<th>6 nights pack</th>
<th>7 nights pack</th>
</tr>
</thead>
<tbody>
<tr>
<td>Full Board Double/ Triple</td>
<td><strong>810 €</strong></td>
<td><strong>925 €</strong></td>
</tr>
<tr>
<td>Full Board Single (Limited number of single rooms)</td>
<td><strong>1100 €</strong></td>
<td><strong>1265 €</strong></td>
</tr>
</tbody>
</table>

Extra night:
IND FB: 150 €
Double FB: 110 €
Packages with special prices for those who wish to stay more days can be organized on request.

Reservations will be processed strictly according to the date of your payment.
Check-out not later than 11:00 am, otherwise an additional night will be charged.
Full board is starting with dinner on the day of arrival, and ending with lunch on the day of your departure.
In case of any damage to hotel property or training venue caused by members of a delegation, their National Federation will be charged by the organizing committee.
The reservation must be made with the local organizing committee (not directly with the hotel).
Reservation after the deadline will be charge with extra 15%.
Due to the COVID-19 situation ALL participants must stay in the official hotel for the entire period of their stay, as the bubble-to-bubble concept is used at this event.

14. Cancellation policy

After June 13, 2022: no refund
In case of tournament cancellation by the Spanish authorities full payment will be refunded (not in other cases).

15. Payment

To confirm your entry, kindly complete the payment for accommodation before 13 June 2022 to our bank account. All bank fees and money transfer costs must be paid by the sender federation. We regret not to accept credit cards. Payment in cash on the spot is not allowed.

Name of account holder: ROYAL SPANISH JUDO FEDERATION
Name of bank: CAIXABANK
Bank Address: C/ PASEO DE LA CASTELLANA,51 PL3 CP.28046 MADRID/SPAIN
OFFICE NUMBER: 5731
PASEO DE LA CASTELLANA,51 PL3 CP.28046 MADRID/SPAIN OFFICE NUMBER: 5731
IBAN: ES54 2100 6322 1202 0004 5632
SWIFT address: CAIXESBBXXX
Branch: ROYAL SPANISH JUDO FEDERATION
Payment Title: ALICANTE + “NUMBER REFERENCE”. After the reservation a document with a number reference will be send to the National Federation, please use this number as reference of payment and for the accreditation.

16. Visa

For nations who need VISA to enter Spain, please send the enclosed “Visa Application Form” fully filled not later than 3 June 2022.

17. Training program

All participants who want to take part in the first training session on the 28th, will have to arrive at the Alicante airport / train station no later than 5:00 p.m. on the 27th.
The person who is going to accredit the team on the 27th, will have to arrive at the Alicante airport/train station no later than 12:00 pm on the 27th. The previous days have no arrival time limit.
On Monday 27, the mat training area and all the facilities will be ready for those arriving before and with negative PCR that would like to training on this day upon reservation in advance.

<table>
<thead>
<tr>
<th>DAY</th>
<th>TIME</th>
<th>GROUP</th>
</tr>
</thead>
<tbody>
<tr>
<td>Tuesday,</td>
<td>09:00 – 10:30</td>
<td>MEN</td>
</tr>
<tr>
<td>June 28</td>
<td>11:00 – 12:30</td>
<td>WOMEN</td>
</tr>
<tr>
<td></td>
<td>16:30 – 18:00</td>
<td>MEN</td>
</tr>
<tr>
<td></td>
<td>18:30 – 20:00</td>
<td>WOMEN</td>
</tr>
<tr>
<td>Wednesday,</td>
<td>09:00 – 10:30</td>
<td>WOMEN</td>
</tr>
<tr>
<td>June 29</td>
<td>11:00 – 12:30</td>
<td>MEN</td>
</tr>
<tr>
<td></td>
<td>16:30 – 18:00</td>
<td>WOMEN</td>
</tr>
<tr>
<td></td>
<td>18:30 – 20:00</td>
<td>MEN</td>
</tr>
<tr>
<td>Thursday,</td>
<td>09:00 – 10:30</td>
<td>MEN</td>
</tr>
<tr>
<td>June 30</td>
<td>11:00 – 12:30</td>
<td>WOMEN</td>
</tr>
<tr>
<td></td>
<td>Free Training</td>
<td>MEN</td>
</tr>
<tr>
<td></td>
<td>Free Training</td>
<td>WOMEN</td>
</tr>
<tr>
<td>Friday,</td>
<td>09:00 – 10:30</td>
<td>WOMEN</td>
</tr>
<tr>
<td>July 1</td>
<td>11:00 – 12:30</td>
<td>MEN</td>
</tr>
<tr>
<td></td>
<td>16:30 – 18:00</td>
<td>WOMEN</td>
</tr>
<tr>
<td></td>
<td>18:30 – 20:00</td>
<td>MEN</td>
</tr>
<tr>
<td>Saturday,</td>
<td>09:00 – 10:30</td>
<td>MEN</td>
</tr>
<tr>
<td>July 2</td>
<td>11:00 – 12:30</td>
<td>WOMEN</td>
</tr>
<tr>
<td></td>
<td>16:30 – 18:00</td>
<td>MEN</td>
</tr>
<tr>
<td></td>
<td>18:30 – 20:00</td>
<td>WOMEN</td>
</tr>
<tr>
<td>Sunday,</td>
<td>09:00 – 10:30</td>
<td>WOMEN</td>
</tr>
<tr>
<td>July 3</td>
<td>11:00 – 12:30</td>
<td>MEN</td>
</tr>
<tr>
<td></td>
<td>ALL DAY - DEPARTURES</td>
<td></td>
</tr>
</tbody>
</table>