



## International Judo Federation Gender Equity Commission

### National Federation Projects

Please inform us about any gender equity or gender equality projects that you organise as a National Federation or in partnership with other organisations.

We would like to share them with other National Federations on the Gender Equity Commission page of our website alongside our gender equity strategy document that we have recently published: <https://www.ijf.org/ijf/documents/21>

Our commission members can be found here: <https://www.ijf.org/ijf/commissions/16>

(Please write in *English, French or Spanish*)

<b>Name of National Federation:</b>	Austrian Judo Federation
<b>Title of project:</b>	"Austrian Olympic Judo Girls"
<b>Main aim of project:</b>	The main goal of the project is to motivate girls and young women to participate in judo as a high performance sport.
<b>Website of project (if you have one):</b>	-
<b>Brief summary of project:</b>  Include any data, highlights, success stories etc.	<p>In 2017 Austrian Judo Federation launched its project "Austrian Olympic Judo Girls" to ensure that Austrian women's judo will have a successful future ahead.</p> <p>The main goal of the project is to motivate girls and young women to participate in judo as a high-performance sport and equalize the number of girls and boys in national top judo.</p> <p>The target group are girls and young women in the age between 10 and 16 years old, participating in judo clubs in Austria. During top level competitions or other major judo events held in Austria, the aspiring teenagers take part in training sessions held by current top-level athletes like Sabrina Filzmoser, Bernadette Graf or Michaela Polleres. This should show the girls how professionals train and motivate them to pursue a career as a performance athlete. The training sessions are followed by a "talk with the champions", where our top athletes describe what it means to do judo on the highest level. The girls and young women should be encouraged to become a professional athlete themselves. This leads to a broader basis of strong female judo players in Austria.</p> <p>Since 2017 nine such events were held with a total participation number of nearly 400 girls and young women. In the last two years the participation numbers of athletes in U16 national championships increased nearly 15%.</p>
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<b>Is the project only the NF or in collaboration with other organisations?</b>	The project is a NF-project only.