

IJF COVID-19 Protocol Update

Version 10 February 2022

Red = delete, green = add

Text from 31 May 2021 with proposed changes	Mark up text for 2022 version
<p>Protocol for resuming IJF events during the COVID-19 pandemic IJF COVID-19 Protocol</p>	<p>IJF COVID-19 Protocol</p>
<p>Table of Contents</p>	<p>Table of Contents</p>
<p>CHAPTER 1 PREAMBLE</p> <p>1.1 Introduction</p> <p>The following protocol applies until the World Health Organisation is calling off the pandemic, or the vaccination reaches a high level among the judo family or and there are other effective preventive methods also widely available and local infection rates allow, or until it is globally accepted and approved by the World Health Organisation to conduct sport activities without restrictions under strict protective measures, for events to be held.</p> <p>Besides the general hygienic requirements, vaccination is the safest and main applicable protective measure for each participant, either athlete, coach, media representative, local staff, broadcasting staff, etc.</p> <p>The fundamental principle throughout all IJF events during the COVID-19 pandemic is to Protect and Be Protected by wearing a mask, sanitising, distancing and respecting the recommendations of this protocol. All participants have the mutual responsibility to protect one another.</p> <p>All participants of any IJF event must follow the same COVID-19 protocol (complying with the PCR requirements, mask wearing, hands washing, sanitizing, distancing, respecting the bubble system, etc.) to mutually PROTECT AND BE PROTECTED, in the spirit of unity and solidarity which is in the judo community's moral code.</p> <p>The event venues (hotels, sport hall, training hall etc.) will be classified as bubbles and to reduce risk a "bubble to bubble" concept will be used. People are NOT allowed to leave their bubble, as contamination could occur endangering the safety of the event and the health of the participants (being taken to a hospital for a medical check-up by the official ambulance service is not considered as leaving the bubble as a special transportation and attendance protocol apply).</p>	<p>CHAPTER 1 PREAMBLE</p> <p>1.1 Introduction</p> <p>The following protocol applies until vaccination reaches a high level among the judo family and there are other effective preventive methods also widely available, or until it is globally accepted and approved by the World Health Organisation to conduct sport activities without restrictions.</p> <p>All participants of any IJF event must follow the same COVID-19 protocol (complying with the PCR requirements, mask wearing, hands washing, sanitizing, distancing, respecting the bubble system, etc.) to mutually PROTECT AND BE PROTECTED, in the spirit of unity and solidarity which is in the judo community's moral code.</p> <p>The event venues (hotels, sport hall, training hall etc.) are classified as bubbles, and to reduce risk a "bubble to bubble" concept is used. Where it is necessary, people are NOT allowed to leave their bubble, as contamination could occur endangering the safety of the event and the health of the participants (being taken to a hospital for a medical check-up by the official ambulance service is not considered as leaving the bubble as a special transportation and attendance protocol apply).</p>

The IJF Medical Commissioner in agreement with the IJF Events Director, the IJF Head Sport Director and the LOC Event Manager and LOC Covid-19 Manager may allow partial breaking of the bubble when the location and immediate environment of the delegations' and staff's hotel(s) permit outdoor physical exercise without endangering the safety of the event. Visiting the host city for sightseeing or shopping is **not allowed** during the competition.

Where possible hotels should be closed to public. If this is not possible delegates should be housed in separate floors or buildings to other guests and, if feasible, have dedicated access (entrance, elevator etc.).

Before the opening of the competition hall to delegations and organisers, the IJF COVID-19 Manager and the COVID-19 Manager of the Local Organising Committee (LOC) will have to verify that the implementation of all required health measures is complete.

ANYONE NOT FOLLOWING THIS PROTOCOL WILL BE REMOVED FROM THE EVENT AND SUBJECT TO DISCIPLINARY ACTION!

1.2 Consent for Use of Data

Delegates inscribed by their National Federations for World Judo Tour (WJT) events in Judobase and my.ijf.org consent to the IJF and LOC processing their personal data with the application of GDPR principles by signing the Liability Release Waiver annually (LRW).

National Federations must ensure that they have the permission of each delegate or in the case of a minor, the permission of the parent/guardian. If a delegate does not give consent, then the National Federation must inform the IJF by writing to registration@ijf.org. Any documents collected (either in hard copy or electronically) for an event for COVID-19 purposes are destroyed/deleted in 14 days after the event.

CHAPTER 2 - GENERAL MEASURES

2.1 Scope

The measures below apply to ALL people involved in the an event, from their arrival to their departure.

Each person concerned by the an event must use common sense in their behaviour and respect the instructions related to the COVID-19 pandemic, in particular by respecting barrier gestures and social distancing.

In addition to this protocol and the required tests mentioned herein, the LOC must provide all applicable measures in their country to be published in the competition outlines.

The IJF Medical Commissioner in agreement with the IJF Events Director, the IJF Head Sport Director and the LOC Event Manager and LOC Covid-19 Manager may allow partial breaking of the bubble when the location and immediate environment of the delegations' and staff's hotel(s) permit outdoor physical exercise without endangering the safety of the event. Visiting the host city for sightseeing or shopping is **not allowed** during the competition.

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Each person concerned by an event must use common sense in their behaviour and respect the instructions related to the COVID-19 pandemic by respecting barrier gestures and social distancing.

In addition to this protocol and the required tests mentioned herein, the LOC must provide all applicable measures in their country to be published in the competition outlines.

The LOC Government measures may be stricter more stringent than those detailed in this IJF COVID-19 protocol and therefore MUST be followed, this the differences will be communicated to all participants.

2.2 IJF COVID-19 Specific Conditions of Participation

All participants, whether they are competitors delegation members or staff, international or local, MUST:

- A) Fulfill the entry requirements of both the host country and the competition. The detailed entry requirements are published in the event outlines.

Entry to the host country

Each country has their own rules for entry which must be followed, everyone is responsible to ensure they follow the applicable entry rules (passport validity, visas, entry permission letter, COVID-19 etc.) for the host country. However, all participants must meet the IJF requirements as well.

Entry to the competition:

Have 2 PCR tests (PCR-1 and PCR-2), both nasopharyngeal swab and saliva samples are accepted.

- Have the required number of PCR test(s), please, see Appendix 1.

These PCR tests MUST be made a maximum of eight (8) days before arrival and taken a minimum of 48 hours apart. If travelling by plane, please CHECK WITH THE AIRLINE that the date and time of the second PCR follows the airline's "safe to fly" rule and entry to the country timeline.

During this 8-day period participants should stay isolated and limit contact with other people as much as possible. If experiencing any kind of symptoms do not start to travel (even with two negative PCR tests).

Upload before travel to my.ijf.org high resolution electronic copies (preferably in pdf format) the result of PCR-1 and PCR-2, the PCR test(s) result(s) before travel and also a completed and signed Liability Release Waiver (LRW) and a Declaration of Honour (DOH) form on the absence of symptoms for at least 14 days prior your arrival. Documents can be downloaded from the IJF website (covid.ijf.org) or found in Appendix 1 and 2

Upload a signed Liability Release Waiver (LRW) Document forms annually, see Appendix 2.

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Entry to the country

Each country has their own rules for entry, everyone is responsible to ensure they follow the applicable entry rules (passport validity, visas, entry permission letter, COVID-19 etc.) for the host country.

Entry to the competition:

- Have the required number of PCR test(s), please, see Appendix 1
- Upload to my.ijf.org high-resolution electronic copies (preferably in pdf format) of the PCR test(s) result(s), before travel
- Upload a signed Liability Release Waiver (LRW) document annually, see Appendix 2.
- Provide information on vaccination and/or recovery from infection status, see Section 6.

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Only participants with approved documents (checked by IJF Medical Commission) will be allowed to enter the event. Paper copies of all documents (PCR(s)1, PCR2, DOH, and LRW) should be available if requested.

- B) **Submit** themselves to LOC PCR and antigen testing as detailed in section 2.6.
- C) **Always Wear** a mask **at all times**. Exceptions: masks are not obligatory on the Field of Play tatami, **in the coach box**, on the warm-up tatami whilst warming up or on the training tatami whilst training. Masks may be removed only while eating in designated dining areas.
- D) **Always** keep 1.5 m distance **at all times**, except for competitors during training, their contests and during warming up with ONE PARTNER.
- E) **Submit** themselves to contactless temperature measurement by the LOC on arrival at the point of entry in the country, at accommodation premises, throughout the competition venue and at any official venue of the event, **to be accepted by all accredited population**.

Anyone registering a high temperature will be asked to remain **outside** at a **designated location** and their Delegation COVID-19 Manager, the LOC COVID-19 Manager and the IJF COVID-19 Manager will be contacted. An opportunity to recheck their temperature will be given, if it is still high a final decision will be made by the LOC COVID-19 Manager and the IJF COVID-19 Manager.

2.3 Materials

The LOC must provide all the regulatory material necessary for the smooth running of the event during and out of competition in all official venues of the Event (masks, sanitiser gel, contactless thermometers, etc.). A list of the necessary equipment will be provided by the IJF Medical Commission.

2.4 Venue

All rooms concerned by the event must be frequently ventilated. The ventilation system shall preferably be installed with HEPA or MERV 13 or 14 grade filters or any similar air purifying system.

2.5 COVID-19 Specific Staff

All COVID-19 specific staff must know the regulations in force and the specific measures of the country hosting the event. They must ensure that their population is **well** aware of the regulations and are following them. The IJF and the LOC will prepare the necessary documentation and send them in advance.

Only participants with approved documents (checked by IJF Medical Commission) will be allowed to enter the event. Paper copies of all documents (PCR(s), ~~and~~ LRW and vaccination/recovery) should be available if requested.

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Delegation COVID-19 Managers must have all the necessary documents in place that authorises them to act on behalf of the parents/guardians “in loco parentis”.

2.6 LOC COVID-19 Testing

The LOC must organise and finance a COVID-19 control service. The organising country may have specific pre-test conditions (example: no eating or drinking one (1) hour before) that will be communicated in advance and must be followed. Continental Unions / National Federations may elect to charge participants for the event COVID-19 control service.

Arrival PCR test (PCR-3) for all participants is preferably done in a testing station set up at the airport premises (strongly recommended) or in a tent an external facility to the official hotel or via any other space and method that provides sufficient and safe flow of people waiting for and departing from testing.

Depending on the length of the competition and/or the athlete flow to the event, the IJF in agreement with the LOC may impose any further PCR and/or antigen test(s).

Pre-weigh-in PCR test (PCR-4) for athletes, 24 hours before their weigh-in with the results provided before the official weigh-in, in a clean zone within the bubble.

Additional PCR/antigen tests may take place and will be detailed in the event outlines.

The laboratory commissioned to perform the event related PCR test analysis must have in place a robust system for sample handling and results delivery i.e., bar code, QR code. It should not rely on anything handwritten by the participants. Test results must be ensured by the LOC no later than 24 hours after the time of the test. The testing timeline will be published in the outlines so participants can plan their activities accordingly.

Until test results are obtained, all participants must remain in their hotel rooms (where water and paid meals will be ensured, if the analytical process requires a longer time until released from isolation, the receipt of the test results).

The LOC should prepare three (3) different meal menus to choose from, if the arrival is after the mealtime a small snack (sandwich, water, fruit) must be provided.

The LOC will do their best to fast track test results for those who are delayed due to cancelled or missed flights.

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The LOC should offer an exit PCR and antigen test service with the results in English. Anyone using this service does so at their own expense, payment details can be found in the event outlines.

CHAPTER 3 - COMPULSORY PROTECTIVE ACTIONS

3.1 General Measures

- No gloves should be used, except in particular certain cases (e.g., blood injuries).
- Wash/sanitise your hands regularly, and especially if you have had contact with a person or an object.
- Competitors should wash and disinfect their hands and feet regularly, especially before the warm-up and the contest.
- No handshake - greet each other with a bow.
- Wear a mask (change it at least twice a day).
- In the event of intense physical exertion, it is allowed for the mask to be removed.
- Maintain social distancing as much as possible.
- Disinfect your mobile phone.
- Use your own pen, do not lend it.
- Be the only one to use the same paper documents, mobile phone, bottle of water, etc.
- If a person has symptoms of COVID-19, notify it IMMEDIATELY to the IJF, LOC or Delegation COVID-19 Manager.

3.2. Personal Hygiene Measures

- At the beginning of the day:
 - Take a shower with soap.
 - Wash, sanitise your hands (minimum 20 seconds).
 - Put on Use a fresh mask every day.
 - Sanitise the pens, plastic material, etc.
 - Locate the nearest restroom and/or hand washing facility.

During the day:

- Wash, sanitise your hands regularly.
- Change your mask at least 2 times a day.
- Sanitise your material regularly.
- Sanitise your hand before putting on a fresh mask.
- Collect used masks and litter in garbage can inlaid with garbage bag.

At the end of the day:

- Wash, sanitise your hands.
- Sanitise your material and workplace (if applicable).
- Collect and put litter in a garbage can inlaid with garbage bag.

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- Wash, sanitise your hands.
- Sanitise your material and workplace (if applicable).
- Collect and put litter in a garbage can inlaid with garbage bag.

CHAPTER 4 – LOCATION-SPECIFIC MEASURES

4.1. Arrivals

- Participants are responsible to arrive with enough time to carry out the COVID-19 testing before their activities start, see event outlines for further information.
- Travellers must be familiar with the arrival airport's COVID-19 protocol, LOC Staff to inform arriving passengers of all specific measures in place.
- LOC Staff to make sure that the delegations do not mix with other non-participant populations at the airport upon arrival, while if any waiting time for transportation or testing.
- LOC Staff to make sure Event participants of different flights are separated and waiting with social distancing in place. Preferably, make them wait outside the airport in open air if the weather conditions allow it.
- Make sure that all people in charge of transport and reception (drivers, hostesses) respect the barrier gestures, apply hygiene measures and the placement in vehicles respects all health protection measures.
- Each member of the delegation must manage their own luggage inside and outside the transport vehicle.
- Transport vehicles (other than cars) can be filled up to 60% with participants arriving with the same flight, otherwise participants should be transported separately.
- Vehicles should be sanitised between each use.
- The LOC should be informed in advance of non-airport arrivals specifying transport type, port of entry, arrival date and time.

4.2. Hotel

- The hotel's instructions and directions must be strictly followed by everyone. To strictly follow directions given by hotel, e.g., athletes, coaches, LOC and IJF staff.
- Each member of the delegation must individually manage their luggage from leaving the vehicle to their hotel room, both at arrival and departure.
- Always keep the mask on at all times when in public spaces of the hotel facility, except when sitting for meals if taken in public spaces of the hotel facility.
- Avoid as much as possible all public spaces in the hotel facility whenever possible not necessary.
- Rooming lists must be provided to the LOC at the latest two (2) days prior to arrival. Wherever possible people arriving at similar times should share. People sharing a room must check-in at a similar time, due to quarantine rules. If someone checks in later, the first person will need to stay in quarantine until the 2nd person is released from quarantine.

CHAPTER 4 – LOCATION-SPECIFIC MEASURES

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- Participants are responsible to arrive with enough time to carry out the COVID-19 testing before their activities start, see event outlines for further information.
- Travellers must be familiar with the host countries' COVID-19 protocol, LOC Staff to inform arriving passengers of all specific measures in place.
- LOC staff to make sure that the participants do not mix with non-participant populations at the airport while waiting for transportation or testing.
- LOC staff to make sure event participants of different flights are separated and waiting with social distancing in place. Preferably, make them wait outside the airport in open air if the weather conditions allow it.
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- Always keep the mask on when in public spaces of the hotel facility, except when sitting for meals if taken in public spaces of the hotel facility.
- Avoid public spaces in the hotel facility whenever possible.
- Rooming lists must be provided to the LOC at the latest two (2) days prior to arrival. Wherever possible, people arriving at similar times should share. Last minute changes can be arranged for while the delegation remain on the bus or outside the hotel. Participants must remain in the room allocated by their Delegation COVID-19 Manager and MUST not swap with anyone.
- Prepare a 'dirty' zone for people to check in, unless check in is done outside or somewhere else. Minimise the number of people in the lobby at any one time with a maximum of one person for a delegation.

- Last minute changes can be accommodated while the delegation remain on the bus or outside the hotel. Participants must remain in the room allocated by their Delegation COVID-19 Manager and MUST not swap with anyone.
- Prepare a 'dirty' zone for people to check in, unless check in is done outside or somewhere else. Minimise the number of people in the lobby at any one time with a maximum of one person for a delegation.
- Do not use any saunas/spa facilities.
- Accommodation payment to be made at check-in (not accreditation).
- Food in restaurants should be a served buffet from behind screens.
- Room service is allowed at all times, when possible (refer to the event outlines to see if this service is available). Some hotels may not provide this service.
- For those who do not take full board, after receiving a negative test result, a food delivery service is may be allowed to deposit food at hotel entrance, payment online by credit card. Package sanitised by volunteers at the hotel entrance and then handed to person who ordered it (refer to the event outlines to see if this service is allowed). Food delivery regulations are country specific.
- For snacks and emergency items the LOC can set up a small shop in the bubble or a volunteer should be appointed to receive orders from participants (after receiving a negative test result), to shop on their behalf and to deliver the items sanitised. If necessary, the LOC can also monetise this service with a small fee.

4.3. Accreditation

- A maximum of two persons per delegation are allowed to attend accreditation.
- Attending the accreditation process will be possible only AFTER you received the result of the local arrival PCR test.
- A schedule with a running order for the delegations will be provided (official notice board and/or telegram group) to avoid overcrowding. Please respect the schedule and be on time.
- For those who pay everything in advance, online, accreditations can be prepared also in advance.
- Accreditation can be done online.
- LOC to determine how many stations and how many people can be in the room at the same time
- Ensure 1.5 m distance/Plexiglass screen between LOC and delegations.
- Disinfect any and all materials which are not used individually, after each delegation.

4.4. Training, Weigh-in and Judogi Pre-control

- Scheduling for training will be made based on return time of test results.

- Do not use any saunas.
- Accommodation payment to be made at check-in (not accreditation).
- Food in restaurants should be a served buffet from behind screens.
- Room service when possible (refer to the event outlines to see if this service is available). Some hotels may not provide this service.
- For those who do not take full board, after receiving a negative test result, a food delivery service may be allowed to deposit food at hotel entrance, payment online by credit card. Package sanitised by volunteers at the hotel entrance and then handed to person who ordered it (refer to the event outlines to see if this service is allowed). Food delivery regulations are country specific.
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- Ensure 1.5 m distance/Plexiglass screen between LOC and delegations.
- Disinfect all materials which are not used individually, after each delegation.

4.4. Training, Weigh-in and Judogi Pre-control

- Scheduling for training will be based on return time of the test results.

- The weigh-in and judogi control rooms must be **located** in sufficiently large places that offer sufficient space for social distancing for the athletes and the staff in charge of these controls.
- **Regarding During** the weigh-in, whether official or unofficial, the scales must be disinfected with a suitable product before **the weigh-in of** each athlete weighs.
- Competitors should disinfect their hands and feet before the weigh-in.
- Athletes must stand on the scales barefoot.
- Sufficient time should be available, and a running order should be defined to avoid overcrowding.
- The alignment of the athletes for the weigh-in must be respected, marks on the floor must be positioned for social distancing (at least 1.5 m between persons).
- Regarding the judogi pre-control, sufficient time should be available, and a running order must be defined to avoid overcrowding.
- The line-up for judogi control must be respected, markings on the floor must be positioned for social distancing (at least 1.5 m between persons).
- To avoid possible transmission via the fabric of the judogi, the athlete must show the persons in charge of judogi control that his/her judogi meets IJF standards and that all markings comply with the rules. **All p**Physical contact should be avoided.
- If the persons in charge of the control **have to must** touch the judogi, they must disinfect their hands **before and** after each contact.
- Sokuteiki must be sanitised regularly.

4.5. Draw

- Should be carried out virtually, available live online, on an interactive platform. When the draw is online, high-speed and good internet must be ensured for all coaches.
- If held with spectators:
 - Room must be big enough to respect social distancing, chairs must be placed at 1.5 m between each other.
 - Only one coach per gender and per delegation will be accepted (maximum one male and one female coach per delegation).
 - Only the concerned LOC staff are authorised to attend the draw.
 - No journalists will be invited.
 - Only the IJF may authorise people to attend the draw.

4.6. Transportation and Arrival at Training, Backnumber Check, Official Weigh-in and at the Competition Venue

Leaving the hotel:

- Wait outside the hotel if possible.
- **Do not regroup with other delegations and avoid contact with other people staying in the hotel.**

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- Should be carried out virtually, available live online on an interactive platform. When the draw is online, high-speed and stable internet must be ensured for all coaches.
- If held with spectators:
 - Room must be big enough to respect social distancing, chairs must be placed at 1.5 m between each other.
 - Only one coach per gender and per delegation will be accepted (maximum one male and one female coach per delegation).
 - Only the concerned LOC staff are authorised to attend the draw.
 - No journalists will be invited.
 - Only the IJF may authorise people to attend the draw.

4.6. Transportation and Arrival at Training, Backnumber Check, Official Weigh-in and at the Competition Venue

Leaving the hotel:

- Wait outside the hotel if possible.
- Transport vehicles (other than cars) can be filled up to 60% with participants of different nations, mask wearing is compulsory all the time while in transport.

- Transport vehicles (other than cars) can be filled up to 60% with participants of different nations, mask wearing is compulsory all the time while in transport.
- Manage Luggage should be managed your luggage individually.
- For the competition wear clothes that you will use for travel only and change as soon as you arrive to the warm-up area. Clothing used for transport must be changed upon arrival to the warm-up / backnumber check / weigh-in area.

Arrival:

Manage Luggage must be managed your luggage individually.

Maintain social distance from other delegations, members of the IJF/LOC staff and the public (if any) must be respected.

Vehicles should must be sanitised between each use.

4.7. The Minimum Sanitary Conditions Required in the Competition Venue

- Contactless hand sanitiser dispensers should be provided at each entry point and at all points frequented by athletes / delegation members, staff, specifically:
 - Entrance
 - Coach boxes
 - Corridors, hallways
 - Changing rooms
 - Toilets
 - Mixed zone
 - Press room
 - Warm-up area
 - Judogi control/Call room
 - Entrance and exit FOP
 - Technical table
 - VIP tribunes
 - VIP lounge
 - All lounges
- All sanitiser dispensers must be checked and re-filled regularly.
- Garbage cans inlaid with garbage bags.
- Provide new masks for staff every 8 hours regularly during a day.
- Each sanitary installation must be cleaned every 30 minutes with disinfectant material - door handles, taps, powder rooms, floors, etc.
- Each sanitary facility must be equipped with soap dispensers, disposable paper towels and toilet paper at all times - NO textile hand towels allowed.
- The floor should remain dry at all times.
- All tatami (training, warm-up and FOP) and coach boxes should be cleaned following a schedule agreed by the IJF COVID-19 Manager in coordination with the IJF and LOC Event Directors.

- Luggage should be managed individually.
- Clothing used for transport must be changed upon arrival to the warm-up / backnumber check / weigh-in area.

Arrival:

- Luggage must be managed individually.

- Social distancing from other delegations, members of the IJF/LOC staff and the public (if any) must be respected.

- Vehicles must be sanitised between each use.

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- Contactless hand sanitiser dispensers should be provided at each entry point and at all points frequented by athletes / delegation members, staff, specifically:
 - All lounges
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 - Judogi control/Call room
 - Mixed zone
 - Press room
 - Technical table
 - Toilets
 - VIP tribunes
 - VIP lounge
 - Warm-up area
- All sanitiser dispensers must be checked and re-filled regularly.
- Garbage cans inlaid with garbage bags.
- Provide new masks for staff regularly during a day.
- Each sanitary installation must be cleaned every 30 minutes with disinfectant material - door handles, taps, powder rooms, floors, etc.
- Each sanitary facility must always be equipped with soap dispensers, disposable paper towels and toilet paper - NO textile hand towels allowed.
- The floor should always remain dry.
- The warm-up tatami, Field of Play tatami and coach box cleaning schedule is to be agreed by the IJF Medical Commissioner/Covid-19 Manager, the IJF Sport

- The warm-up tatami, Field of Play tatami and coach box cleaning schedule is to be agreed by the IJF Medical Commissioner/Covid-19 Manager, the IJF Sport Commissioner and the LOC depending on the efficacy of the cleaning product, and the competition schedule.

4.8. Changing Rooms

- These spaces will be open or closed depending on the country's specific regulations. If closed, athletes may leave the hotel in judogi with a tracksuit over.
- Sanitised regularly.

4.9. Warm-up Area

- The warm-up mat must be large enough to accommodate the population concerned.
- The tatami should be cleaned hourly regularly.
- The space must be large enough for boxes or screens to be set up which will replace changing rooms.
- It is reserved ONLY for athletes competing on the day of the competition.
- Each athlete may come with only ONE (1) warm-up partner.
- Only one coach per gender and per delegation will be accepted (maximum one male and one female coach per delegation).
- Only one medical representative per delegation will be accepted.
- As far as possible, the LOC must provide a training space available for athletes not competing on the same day. A running order for the delegations will be defined with hourly reservation. A person from the LOC will be in charge of respecting these schedules.
- No spectators allowed.
- Catering at this place is not permitted, except for is limited to portioned and packed food and bottled drinks are allowed.
- A volunteer should operate the coach assistant system, delegates should not touch it.

4.10. Random Weigh-in

- Per gender: Only the athlete and a member of the LOC staff and a member of the IJF Education and Coaching Commission are allowed to be in the random weigh-in room.
- The scales must be disinfected with a suitable product before the weigh-in of each athlete.
- Competitors should disinfect their hands and feet before the weigh-in.
- Athletes must stand on the scales barefoot.

4.11. Judogi Control Area

Commissioner and the LOC depending on the efficacy of the cleaning product, and the competition schedule.

4.8. Changing Rooms

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- Sanitised regularly.

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- As far as possible, the LOC must provide a training space available for athletes not competing on the same day. A running order for the delegations will be defined with hourly reservation. A person from the LOC is to oversee that the schedules are respected.
- No spectators allowed.
- Catering is limited to portioned and packed food and bottled drinks.
- A volunteer should operate the coach assistant system, delegates should not touch it.

4.10. Random Weigh-in

- Per gender: only the athlete, a member of the LOC staff and a member of the IJF Education and Coaching Commission are allowed to be in the random weigh-in room.
- The scales must be disinfected with an appropriate product before the weigh-in of each athlete.
- Competitors should disinfect their hands and feet before the weigh-in.
- Athletes must stand on the scales barefoot.

4.11. Judogi Control Area

- Respect for social distancing (1.5 m) must be observed, when checking the judogi and entering the competition area.

- Respect for social distancing (1.5 m) must be observed, **in particular** when checking the judogi and entering the competition area.
- When checking the judogi, the athletes and the coach will have to demonstrate to the staff in charge of this sector that the regulations are well respected. (IJF label, backnumber, advertising, sleeve length, jacket overlap....).
- Minimum physical contact between the staff and the athletes.
- In the preliminaries coaches need to carry the baskets for their athlete's belongings. In the final block baskets will be taken to the athlete exit by the LOC volunteers.
- **Control with Sokuteiki is done by the coach. If an athlete does not have a coach, a member of the IJF Education and Coaching Commission will proceed with this control. Sokuteiki should be sanitised after each control.**

4.12. Competition Venue

- A general hygiene routine must be followed respecting the IJF Event Organisation Guide Basic Hygiene Requirements and the specific COVID-19 hygienic measures.
- Tatami (competition and warm-up) must be:
 - Thoroughly cleaned and disinfected **before and** after assembly.
 - Must be kept intact after cleaning until used again the following day.
 - FOP tatami and coach boxes should be cleaned and disinfected and allowed to dry before restarting the contests. The cleaning schedule will be agreed by the IJF COVID-19 Manager in coordination with the IJF and LOC Event Directors.
- All the persons present in the competition venue must wear a mask, except in **particular certain** cases.
- Social distancing must be respected **with regard to regarding** the placement of Staff (sports, refereeing, education commissions, IJF and LOC staff, supervisors, referees, medical service, broadcasting, etc.).
- **Athletes must sanitise their feet just before entering the tatami.**
- **Referees must sanitise the soles of their socks just before entering the tatami with the provided disinfectant spray**
- Medical staff must **always** wear a mask **at all times**.
- Competitors and coaches will access the competition area as usual while social distancing.
- The coach must **will be in charge of carrying carry** the box with the personal belongings of the competitor.
- **The competitor will remove his/her mask just before getting on the tatami, place it in the box and put it back on immediately after the fight.**
- Competitors must wear their masks until entering the field of play, after their contest they must put it back on while leaving.

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- Minimise physical contact between the staff and the athletes.
- In the preliminaries coaches need to carry the baskets for their athlete's belongings. In the final block baskets will be taken to the athlete exit by the LOC volunteers.
- Control with Sokuteiki is done by the coach. If an athlete does not have a coach, a member of the IJF Education and Coaching Commission will proceed with this control. Sokuteiki should be sanitised after each control.

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- All persons present in the competition venue must wear a mask, except in certain cases.
- Social distancing must be respected regarding the placement of staff (sports, refereeing, education commissions, IJF and LOC staff, supervisors, referees, medical service, broadcasting, etc.).
- Medical staff must always wear a mask.
- Competitors and coaches will access the competition area as usual while social distancing.
- Coaches must carry the box with the personal belongings of the competitor during the preliminaries.
- Competitors must wear their masks until entering the field of play, after their contest they must put it back on while leaving.
- Coaches must wear a mask in the competition area, that they can remove when entering and must replace when leaving the coach box. Hand sanitiser must be provided at/in each coach box.
- Timing and scoring keyboards must be regularly sanitised.

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- Timing and scoring keyboards must be regularly sanitised.

4.13. Awarding Ceremony

- The protocol for the awarding ceremony must take into account have social distancing.
- Athletes must sanitise their feet just before entering the podium.
- No physical contact, no handshake, only judo bow allowed.
- All athletes, VIPs and hostesses involved must wear a mask.
- VIPs and hostesses shall keep 1.5 m distance.
- Once the VIPs have left the stage the athletes may remove their masks briefly for a group photo.

4.14. Doping Control

- Social distancing and mask wearing must be respected throughout the doping control procedures and in the doping control rooms by all parties involved.
- If doping control staff come from outside the bubble, they must wear the necessary protective uniform regulated by the local health authorities.

4.15. Media Operations

- Accredited Media personnel need to stay in a bubble. Information can be found on the IJF media portal.
- Athletes requested for media interviews and any media representatives must respect social distancing.
- During the interview, wearing a mask is not compulsory as long as if a distance of 1.5 m is respected.

4.16. Presidential Office / VIP Area

- Staff must wear a mask.
- Guests entering the venue are to be provided with a mask and are asked to wear it until entering the VIP area.
- All food and drinks are served a la carte, on demand, by waiters wearing masks and gloves.
- No buffet service.
- Fresh cutlery and glasses are regularly provided.
- Food must be covered when not served.
- Surfaces are regularly sanitised.
- VIPs must have a negative PCR test. International VIPs will be informed in advance of the organising country entry requirements.

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- Accredited Media personnel need to stay in a bubble. Information can be found on the IJF media portal.
- Athletes requested for media interviews and any media representatives must respect social distancing.
- During the interview, wearing a mask is not compulsory if 1.5 m distance is respected.

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- Staff must wear a mask.
- Guests entering the venue are to be provided with a mask and are asked to wear it until entering the VIP area.
- All food and drinks are served a la carte, on demand, by waiters wearing masks.
- No buffet service.
- Fresh cutlery and glasses are regularly provided.
- Food must be covered when not served.
- Surfaces are regularly sanitised.
- VIP PCR test requirement are set in agreement with the LOC and is communicated to the concerned parties.
- VIPs can only leave the VIP zone if nominated to take part in the medal ceremony.
- National Federation Presidents must choose which bubble they want to be in, delegation or VIP.

- VIP PCR test requirements are set in agreement with the LOC and are communicated to the concerned parties.
- VIPs can only leave the VIP bubble zone if nominated to take part in the medal ceremony.
- LOC should not organise any official dinners outside of the bubble.
- National Federation Presidents must choose which bubble they want to be in, delegation or VIP.

4.17. Reception and Catering Rooms

- The layout of these rooms must respect physical distancing.
- Whatever food or drink supply should be managed with minimum contact, supply staff should have their own hand sanitisers.
- Any provision of drinks or food must be portioned out and served from behind screens— no open buffet.
- Drinks must be bottled.
- In athletes catering areas, delegations should stay in their own group, at 1.5 m distance of other delegations.

4.18. Medical / Doping Control Room

- Frequented only when necessary.
- Only authorised personnel can enter.
- Hand sanitiser dispenser at the entry point.
- Garbage can with garbage bag liner (regularly emptied).
- Mask wearing is always compulsory at all times.

4.19. LOC Office Areas

- As established by the local LOC COVID-19 Manager.
- Hand sanitiser dispensers at entry points and at each working station.

4.20. Coffee Station for FOP Staff / Coffee Station for Coaches

- All food and drinks are served.
- All cups / spoons must be disposable (preferably paper/wood).
- Sugar must be in individual sachets and not loose.
- Any food (sandwich, sweets, fruit) must be covered or pre-packed.
- Coffee station should be positioned respecting at least the social distance from the nearest FOP staff.

4.21. Communal Areas

- Corridors, passages, etc. must be kept clean and dry and used only when necessary.
- Hand sanitiser dispensers available at every 20 m in frequented areas.

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- The layout of these rooms must respect physical distancing.
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- Hand sanitiser dispenser at the entry point.
- Garbage can with garbage bag liner (regularly emptied).
- Mask wearing is always compulsory.

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- As established by the-LOC COVID-19 Manager.
- Hand sanitiser dispensers at entry points and at each working station.

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- Corridors, passages, etc. must be kept clean and dry and used only when necessary.
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- Frequented in masks by everyone.

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- Frequented in masks by everyone.

CHAPTER 5 – STAFF SPECIFIC MEASURES

5.1. The LOC COVID-19 Manager, in Relation with the IJF COVID-19 Manager

- Is in charge of establishing and implements health measures according to the local and IJF requirements.
- Will send to the delegations Sends to the IJF before the competition the event outlines detailing the country's COVID-19 regulations and the implementation of the measures taken for the event.
- Will inform the LOC staff and the IJF of these measures.
- During the draw the delegations will be informed about these measures by either the IJF or LOC COVID-19 Manager (or a representative).
- Will ensure that sanitary measures are maintained.
- Will be in contact with the local health institutions responsible for the management of COVID-19 infections.
- Will know how to manage any reported infection - organise separation until evacuation, organise evacuation, etc.
- Will provide masks and sanitisers for staff and delegations.
- Will supervise the general cleaning.
- Garbage cans and wastepaper baskets must be emptied regularly and before they are full.
- May employ and act through (a) representative(s).
- Ensures data protection for COVID-19 related information and documents.

5.2. LOC Personnel, IJF Personnel, Others

- Must know who the LOC and IJF COVID-19 Managers of the event are.
- Must know the sanitary protocol of the event.
- Are responsible for applying the protocol.
- Must wear a mask, subject to exceptions.
- Must maintain personal hygiene.
- Must respect social distancing measures.

5.3. Delegations

- Must know who the Delegation, LOC and IJF COVID-19 Managers of the event are.
- Must know the sanitary protocol of the event.
- Are responsible for applying the protocol.
- Must wear a mask, subject to exceptions.
- Must maintain personal hygiene.
- Must respect social distancing measures.

CHAPTER 5 – STAFF SPECIFIC MEASURES

5.1. The LOC COVID-19 Manager, in collaboration with the IJF COVID-19 Manager

- Establishes and implements health measures according to the local and IJF requirements.
- Sends to the IJF before the competition a detailed host country COVID-19 regulations and the implementation of the measures taken for the event.
- Informs the LOC staff and the IJF of these measures.
- During the draw the delegations are informed about these measures by either the IJF or LOC COVID-19 Manager (or their representative).
- Ensures that sanitary measures are followed and maintained.
- Is in contact with the local health authorities responsible for the management of COVID-19 infections.
- Knows how to: manage any reported infection, organise isolation until evacuation, organise evacuation, etc.
- Provides masks and sanitisers for staff and delegations.
- Supervises the general cleaning.
- May employ and act through (a) representative(s).
- Ensures data protection for COVID-19 related information and documents.

5.2. LOC Personnel, IJF Personnel, Others

- Must know who the LOC and IJF COVID-19 Managers of the event are.
- Must know the sanitary protocol of the event.
- Are responsible for applying the protocol.
- Must wear a mask, subject to exceptions.
- Must maintain personal hygiene.
- Must respect social distancing measures.

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- Must know the sanitary protocol of the event.
- Are responsible for applying the protocol.
- Must wear a mask, subject to exceptions.
- Must maintain personal hygiene.
- Must respect social distancing measures.

5.4. IJF Staff

- Must know who the LOC and IJF COVID-19 Managers of the event are.
- Must know the sanitary protocol of the event.
- Are responsible for applying the protocol.
- Must wear a mask, subject to exceptions.
- Must maintain personal hygiene.
- Must respect social distancing measures.

5.5. IJF Medical Commissioner of the Competition

- Must know who the LOC and Delegation IJF COVID-19 Managers of the event are.
- Must know the sanitary protocol of the event.
- Is responsible for applying the protocol.
- Must wear a mask, subject to exceptions.
- Must maintain personal hygiene.
- Must respect social distancing measures.

All those concerned by the event must know the country's COVID-19 regulations and the implementation of the measures taken for the event.

CHAPTER 6 VACCINATION

To maintain the required safety level at the IJF events, the following variants of vaccination are recognised as complete vaccination and the bearers as "fully vaccinated" within the validity period.

In case the validity expires during an event, the status is upheld until the last day of the event.

The IJF accepts all vaccination types, not only EMA or WHO approved products.

5.4. IJF Staff

- Must know who the LOC and IJF COVID-19 Managers of the event are.
- Must know the sanitary protocol of the event.
- Are responsible for applying the protocol.
- Must wear a mask, subject to exceptions.
- Must maintain personal hygiene.
- Must respect social distancing measures.

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- Must know who the LOC and Delegation COVID-19 Managers of the event are.
- Must know the sanitary protocol of the event.
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- Must maintain personal hygiene.
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All those concerned by the event must know the country's COVID-19 regulations and the implementation of the measures taken for the event.

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In case the validity expires during an event, the status is upheld until the last day of the event.

The IJF accepts all vaccination types, not only EMA or WHO approved products.

	Type of protection	Minimum time elapsed	Maximum time elapsed
1 st series of vaccination	1 dose (Janssen, Sputnik Lite, or other)	Minimum 28 days from receiving the dose	Maximum 6 months from receiving the dose
	2 doses of any 2 dose vaccines	Minimum 14 days from the 2 nd dose	Maximum 6 months from the 2 nd dose
	Recovery from infection and 1 dose	Minimum 14 days from receiving the dose	Maximum 6 months from receiving the dose
	1 dose and recovery from infection	Minimum 11 days from the positive PCR	Maximum 6 months from the positive PCR

	Additional series of vaccination	booster/revaccination dose(s)	Minimum 7 days from the last dose	to be determined by the WHO, currently no end of validity	
	Recovery	Recovery from infection	Minimum 11 days from the positive PCR	Maximum 6 months from the positive PCR	
<p>Minors (under 18) are considered fully vaccinated after completing the first series of vaccination with no end of validity until further decision.</p> <p>Vaccination validity is subject to change according to WHO recommendations.</p> <p>Please, note host country vaccination criteria may differ from the IJF's, always check the local rules before travelling.</p>			<p>Minors (under 18) are considered fully vaccinated after completing the first series of vaccination with no end of validity until further decision.</p> <p>Vaccination validity is subject to change according to WHO recommendations.</p> <p>Please, note host country vaccination criteria may differ from the IJF's, always check the local rules before travelling.</p>		
<p>CHAPTER 67 - EMERGENCY PROTOCOL FOR POSITIVE COVID-19 PCR/ANTIGEN TESTS / SYMPTOM ONSET</p> <p>In case of positive PCR COVID-19 tests the LOC host Government procedures will are to be followed.</p> <p>For the protocol for positive COVID-19 antigen tests, see Section 7.7.</p> <p>67.1. LOC COVID-19 Manager</p> <p>The result of the PCR/antigen COVID-19 tests are confidential, the commissioned laboratory/testing agency can disclose the results only to the LOC COVID-19 Manager who must follow the host country regulations in respect of:</p> <ul style="list-style-type: none"> Organising evacuation and quarantine for the infected person. Informing the respective delegation(s) and IJF via the IJF COVID-19 Managers about: <ul style="list-style-type: none"> Where the infected person(s) must be evacuated to or kept at. The duration of the quarantine. The conditions of the quarantine. The cost of the quarantine, hospital and all other necessary information. Collect the regulated Contact Tracing Questionnaire (CTQ) and share it with local authorities on a need basis, if applicable. Contact all persons on the CTQ, if applicable, via their Delegation COVID-19 Manager with the help of the IJF COVID-19 Manager. Offer the possibility of having a retest, at own cost. Plan any further necessary actions if necessary. <p>The LOC COVID-19 Manager informs the IJF COVID-19 Manager and/or his delegate depending on whoever can be informed faster about any positive COVID-19 case.</p>			<p>CHAPTER 7 - EMERGENCY PROTOCOL FOR POSITIVE COVID-19 PCR/ANTIGEN TESTS / SYMPTOM ONSET</p> <p>In case of positive COVID-19 PCR/antigen tests the host country Government procedures are to be followed.</p> <p>For the protocol for positive COVID-19 antigen tests, see Section 7.7.</p> <p>7.1. LOC COVID-19 Manager</p> <p>The results of the COVID-19 PCR/antigen tests are confidential, the commissioned laboratory/testing agent can disclose the results only to the LOC COVID-19 Manager who must follow the host country regulations in respect of:</p> <ul style="list-style-type: none"> Organising evacuation and quarantine for the infected person. Informing the respective delegation(s) and IJF via the respective COVID-19 Managers about: <ul style="list-style-type: none"> Where the infected person(s) must be evacuated to and quarantined at. The duration of the quarantine. The conditions of the quarantine. The cost of the quarantine, hospital, and all other necessary information. Collect the regulated Contact Tracing Questionnaire (CTQ) and share it with local authorities on a need basis, if applicable. Contact all persons on the CTQ, if applicable, via their Delegation COVID-19 Manager with the help of the IJF COVID-19 Manager. Offer the possibility of having a retest, at own cost. Plan any further necessary actions if necessary. <p>The LOC COVID-19 Manager informs the IJF COVID-19 Manager and/or his delegate depending on whoever can be informed faster about any positive COVID-19 case.</p>		

The LOC COVID-19 Manager has the right to call off the event at any point after consulting with the IJF President, IJF Events Director, Competition Manager, the IJF COVID-19 Manager, and the LOC.

67.2. IJF COVID-19 Manager

The acting IJF COVID-19 Manager is the IJF Medical Commissioner for an event. The IJF COVID-19 Manager may appoint and act through a delegate. The delegate is entitled to receive all information from the LOC COVID-19 Manager, including reports about positive cases.

Upon receiving news of a positive PCR COVID-19 PCR/antigen test result, the IJF COVID-19 Manager MUST:

- Immediately find Collaborate in finding, contact and inform the person in question via the respective Delegation COVID-19 Manager.
- Inform the IJF President and the IJF Events Director about the infection.
- Report any further news, status of the respective delegation, etc. to the IJF President and the IJF Events Director.
- Facilitate the evacuation / quarantine of the infected person.
- Facilitate all needed action.
- Inform all delegations about the case.
- Inform the Event COVID-19 Manager about the competition history of the infected person (e.g. if the person is an athlete and the news was received on a competition day).
- Facilitate the detection of any possible close contact.
- Be in touch with all the involved delegations.

67.3. Delegation COVID-19 Manager

- Is a person in the delegation, present during the entire competition, preferably with at least basic English knowledge
- Is responsible for ensuring that delegation members provide the necessary COVID-19 related documents for the event prior arrival.

Upon receiving news of a positive PCR COVID-19 PCR/antigen test result, the Delegation COVID-19 Manager MUST:

- Contact and locate the infected person.
- Inform the infected person where to go or where to stay put.
- Inform the infected person about the local conditions of quarantine.
- Collect a filled in completed and signed CTQ that must be handed to the LOC COVID-19 Manager, if applicable.
- Facilitate the quarantine of those in close contact with the infected person according to the orders of the LOC COVID-19 Manager.
- Inform the rest of the delegation.

The LOC COVID-19 Manager has the right to call off the event at any point after consulting with the IJF President, IJF Events Director, the IJF COVID-19 Manager, and the LOC.

7.2. IJF COVID-19 Manager

The acting IJF COVID-19 Manager is the IJF Medical Commissioner on duty for an event. The IJF COVID-19 Manager may appoint and act through a delegate. The delegate is entitled to receive all information from the LOC COVID-19 Manager, including reports about positive cases.

Upon receiving reports of a positive COVID-19 PCR/antigen test result, the IJF COVID-19 Manager MUST:

- Collaborate in finding, contacting and informing the person in question via the respective Delegation COVID-19 Manager.
- Inform the IJF President and the IJF Events Director about the infection.
- Report any further information, status of the respective delegation, etc. to the IJF President and the IJF Events Director.
- Facilitate the evacuation/quarantine of the infected person(s).
- Facilitate all needed action.
- Facilitate the detection of any possible close contact.
- Be in touch with all the involved delegations.

7.3. Delegation COVID-19 Manager

- Is a person in the delegation, present during the entire competition, preferably with at least basic English knowledge.
- Is responsible for ensuring that delegation members provide the necessary COVID-19 related documents for the event prior arrival.

Upon receiving news of a positive COVID-19 PCR/antigen test result, the Delegation COVID-19 Manager MUST:

- Contact and locate the infected person.
- Inform the infected person where and how to isolate.
- Inform the infected person about the local conditions of quarantine.
- Collect a completed and signed CTQ that must be handed to the LOC COVID-19 Manager, if applicable.
- Facilitate the quarantine of those in close contact with the infected person according to the orders of the LOC COVID-19 Manager.
- Inform the rest of their delegation.

- Check each delegation member for signs of infection.
- Inform the LOC and the IJF COVID-19 Manager of the observed health status of the delegation.
- Monitor the delegation members continuously and report their status until departure from the event.
- Report any suspicious cases to the LOC and IJF COVID-19 Manager.

67.4. Infected Person

Any person producing a positive COVID-19 PCR/antigen test MUST:

- Comply with the measures proposed by the LOC and Delegation COVID-19 Manager.
- Go to or remain in the place designated for them him/her.
- Fill in (with as much detail as possible) and sign the CTQ, if applicable.
- Respect the restrictions of evacuation / quarantine.

Only those declared 100% positive, by the LOC COVID-19 Manager, should go to quarantine hotel or floor, if they prefer their own accommodation in another location (arranged by Embassy for example) they are allowed to go as long as if special transport is also arranged.

7.5. Close Contact(s)

A close contact (for the purpose of isolation/quarantine) is generally considered to be a person who is/was:

- Sharing the same hotel room.
- Had face-to-face contact at less than two metres distance for more than 15 minutes (i.e., training or warm-up partner).
- Seated together in an aircraft or other means of transport without wearing a mask.

Classification of close contacts depends on the host countries' internal COVID-19 regulations. The classification and any required action or possible exemption is published in the event outlines.

If a person is a close contact of somebody who tested positive, and they have no symptoms, they can take a second test and if negative, they can continue in the event.

If a person is a close contact of somebody who tested positive and already has symptoms, even if their test was negative, they must go to quarantine.

67.56. In Case of Symptoms Onset

Any persons with symptoms characteristics of COVID-19 MUST:

- Check each delegation member for signs of infection.
- Inform the LOC and the IJF COVID-19 Manager of the observed health status of the delegation.
- Monitor the delegation members continuously and report their status until departure from the event.
- Report any suspicious cases to the LOC and IJF COVID-19 Manager.

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Any person producing a positive COVID-19 PCR/antigen test MUST:

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- Go to or remain in the place designated for them.
- Fill out (with as much details as possible) and sign the CTQ, if applicable.
- Respect the restrictions of evacuation/quarantine.

Only those declared positive by the LOC COVID-19 Manager should go to a quarantine hotel or floor. If they prefer their own accommodation in another location (arranged by their Embassy, for example) they are allowed to go if special transport is also arranged.

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Classification of close contacts depends on the host countries' internal COVID-19 regulations. The classification and any required action or possible exemption is published in the event outlines.

7.6. In Case of Symptoms Onset

Any person with symptoms characteristics of COVID-19 MUST:

- Report their suspicion, symptoms to the Delegation COVID-19 Manager or the LOC or IJF COVID-19 Manager whoever can be informed faster and with the least physical contact with others.
- **Notify any possible close contact(s) about their condition**
- Stay in their room or self-isolate themselves in the venue with the help of the organisers until a proper medical check is done.
- Fill in and sign the CTQ, **if applicable, necessary.**
- Comply with the orders of the LOC COVID-19 Manager.
- Respect the restriction of evacuation / quarantine.

6.6. LOC, IJF and Delegation COVID-19 Managers

Follow the protocol as in the case of a positive PCR COVID-19 test.

The LOC COVID-19 Manager is responsible for providing for:
 Medical doctor to determine whether the symptoms are consistent with COVID-19 infection.
 PCR test to determine the infection.

7.7 Protocol for Positive Antigen Test

- Depending on the local Government rules, antigen test results may be accepted on their own or must be confirmed by a PCR test.
- In case of confirmed positivity, the procedure is the same as of the positive PCR test results.

Chapter 8 TRAINING CAMPS

8.1. Training Camps Pre and post IJF WJT Event

Until the pandemic is called off or the pandemic situation reaches a point where the danger of infection is smaller than the benefit of the camp the IJF does not authorise holding pre or post event training camps for IJF WJT events.

Continental Unions, National Federations or Clubs wishing to organise such events **MUST** provide the safest possible environment to the participants and follow the IJF COVID-19 Protocol, with the necessary adjustments.

8.2 Stand-alone Training Camps

PCR requirements are the same as for IJF WJT events.

8.2.1 COVID-19 Testing during the Training Camp

For all participants PCR testing is mandatory in every 72h. The samples should be taken in the evening after the last session of the day. Depending on the schedule of the exit tests,

- Report their suspicion, symptoms to the Delegation COVID-19 Manager or the LOC or IJF COVID-19 Manager whoever can be informed faster and with the least physical contact with others.
- Notify any possible close contact(s) about their condition
- Stay in their room or self-isolate themselves in the venue with the help of the organisers until a proper medical check is done.
- Fill in and sign the CTQ, if applicable.
- Comply with the orders of the LOC COVID-19 Manager.
- Respect the restriction of evacuation/quarantine.

7.7 Protocol for Positive Antigen Test

- Depending on the local Government rules, antigen test results may be accepted on their own or must be confirmed by a PCR test.
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the time may be subject to modification with the permission of the event's Chief Medical Officer.

GLOSSARY

Arrival – see date of arrival.

Cleaning – cleaning using disinfecting agents at all points by a professional company.

Close contact – a close contact (for the purpose of isolation/quarantine) is considered as a person who is/was:

Sharing the same hotel room.

Had face-to-face contact at a distance of less than two meters for more than 15 minutes (i.e. training or warm-up partner).

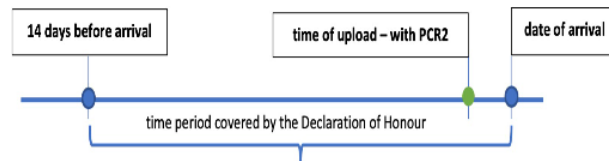
Seated together in an aircraft or other means of transport without wearing a mask.

CTQ - Contact Tracing Questionnaire, as regulated by the country rules.

Date of arrival - is the date of entering the bubble / checking in to the official hotel.

Entering the host country but not entering the bubble is not considered as arrival. PCR tests are referenced to the date of arrival.

Declaration of Honour – a document of self-declared personal health. Additional questions e.g., about vaccination may be added for statistical and covid management reasons. It is a retrospective document that covers 14 days prior the event a person inscribes to. A completed, high-resolution copy (preferably in pdf format) must be uploaded to my.ijf.org prior the event a person intends to participate in.



Delegation - a group representing a country regardless of the members' own nationality. Delegations may call themselves team, e.g., TeamGB, Team Brazil, etc.

Delegation COVID-19 Manager - person who will be present during the event and will be responsible for any COVID-19 related issues for their delegation. Their contact details

the time may be subject to modification with the permission of the event's Chief Medical Officer.

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DOH – see Declaration of Honour

Gloves – it is advised NOT to use gloves. Wearing gloves provides a false sense of security and people tend to forget washing, sanitising their hands. Bare hands are more frequently sanitised and there is less touching of the face with them as well.

<https://www.fr24news.com/a/2020/05/gloves-provide-a-false-sense-of-security-during-covid-19-u-of-g-expert.html>

IJF COVID-19 Manager - is the **Medical Commissioner**, a medical doctor appointed by the IJF for **each an** event. The IJF COVID-19 Manager may appoint additional **staff to assist with administrative tasks**, and act through a delegate. The delegate is entitled to receive all information from the LOC COVID-19 Manager, including reports about positive cases. For Continental or National events the respective Continental Union / National Federation COVID-19 Manager is understood where the IJF COVID-19 Manager is mentioned in this Protocol.

IJF World Judo Tour (WJT) - The WJT is a series of judo events that include a competition (contests between athletes for medals and prize money) and other sport-related activities (i.e., accreditation, draw etc.). For Continental Union / National Federation events the respective event is understood when IJF WJT is mentioned in this Protocol.

IJF COVID-19 Protocol - protocol for resuming IJF events during the COVID-19 pandemic document.

Liability Release Waiver – a document about accepting the conditions of an event. A completed, high resolution copy (preferably in pdf format) must be uploaded to **my.ijf.org**, prior the event a person intends to participate at.

Liability Release Waiver – an annual document valid until the end of a calendar year about accepting the conditions of an event. A completed, high-resolution copy (preferably in pdf format) that must be uploaded to **my.ijf.org**, by all participants, prior to participating in the first event of a year. The consent covers all judo events that are registered via Judobase and **my.ijf.org**

LOC - Local Organising Committee.

Gloves – it is advised NOT to use gloves. Wearing gloves provides a false sense of security and people tend to forget washing, sanitising their hands. Bare hands are more frequently sanitised and there is less touching of the face with them as well.

<https://www.fr24news.com/a/2020/05/gloves-provide-a-false-sense-of-security-during-covid-19-u-of-g-expert.html>

IJF COVID-19 Manager - is the Medical Commissioner, a medical doctor, appointed by the IJF for an event. The IJF COVID-19 Manager may appoint and act through a delegate. The delegate is entitled to receive all information from the LOC COVID-19 Manager, including reports about positive cases. For Continental or National events the respective Continental Union / National Federation COVID-19 Manager is understood where the IJF COVID-19 Manager is mentioned in this Protocol.

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LOC - Local Organising Committee.

LOC COVID-19 Manager – a person appointed by from the LOC will be proposed and validated by the IJF. The LOC COVID-19 Manager should may appoint additional staff/volunteers to assist with administrative tasks.

LRW – see Liability Release Waiver

Mask – 3 layered surgical mask or equivalent without a valve. Valves on the masks filter only the inhaled air (from the environment to the lungs) but they don't filter the exhaled air (from the lungs to the environment).

<https://multimedia.3m.com/mws/media/17915000/comparison-ffp2-kn95-n95-filtering-facepiece-respirator-classes-tb.pdf>

The IJF mask is a souvenir not for wearing throughout the event. Recommend using over a surgical mask.

PCR – when PCR is mentioned, it is understood to be real-time Reverse Transcription Polymerase Chain Reaction (RT-PCR) analysis, test or analysis result.

Sanitiser – any liquid or gel that has sanitising properties approved by the local government, preferably provided in contactless dispensers.

Social distancing - at least 1.5 m distance between persons, wherever/whenever it is possible.

Staff – if not specified otherwise, include all work force present during the event e.g. local organising committee (LOC) personnel, IJF personnel, venue personnel etc.

Team - a group of athletes of a delegation who compete in the mixed team, men's team, or women's team event.

LOC COVID-19 Manager – a person appointed by the LOC. The LOC COVID-19 Manager may appoint additional staff/volunteers to assist with administrative tasks.

LRW – see Liability Release Waiver

Mask – 3 layered surgical mask or equivalent without a valve. Valves on the masks filter only the inhaled air (from the environment to the lungs) but they don't filter the exhaled air (from the lungs to the environment).

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Sanitiser – any liquid, gel, vapour, or mist that has sanitising properties approved by the local government, preferably provided in contactless dispensers, applicators.

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Staff – if not specified otherwise, include all work force present during an event e.g., local organising committee (LOC) personnel, IJF personnel, venue personnel, etc.

Team - a group of athletes of a **Delegation** who compete in the mixed team, men's team, women's team, or club team event.

Appendix 1

Timeline	Action Everyone
Arrival to country (If applicable)	As per the country rules. If the same PCR test is used to enter the country and to enter the bubble, please, make sure that both the airline/ country and IJF PCR requirements are met.
ALL PRE-EVENT COVID-19 DOCUMENTS MUST BE UPLOADED TO MY.IJF.ORG BEFORE TRAVELLING	

Athletes ONLY

Timeline	Action
FULLY VACCINATED Arrival and entry to event bubble	<p>Maximum 4 days (96h) before arrival to the bubble: 1 PCR test.</p> <p>Upon arrival to the bubble: 1 PCR test (isolate until negative result received).</p> <p>Before weigh-in: 1 rapid antigen test.</p>
NON-VACCINATED Arrival and entry to event bubble	<p>Maximum 8 days before arrival to the bubble: 2 PCR tests taken a minimum of 48h apart.</p> <p>PCR-2 must be maximum 4 days (96h) before arrival to the bubble.</p> <p>Upon arrival to the bubble: 1 PCR test (isolate until negative result received).</p> <p>Before weigh-in: 1 rapid antigen test.</p>
Athletes MUST arrive 24 hours before their weigh-in at the very latest!	

All others (coaches, doctors etc.) except athletes

Timeline	Action
VACCINATED Arrival and entry to event bubble	<p>Maximum 4 days (96h) before arrival to the bubble: 1 PCR test.</p> <p>Upon arrival to the bubble: 1 PCR test (isolate until negative result received).</p>
NON-VACCINATED Arrival and entry to event bubble	<p>Maximum 8 days before arrival to the bubble: 2 PCR tests taken a minimum of 48h apart.</p> <p>PCR-2 must be maximum 4 days (96h) before arrival to the bubble.</p> <p>Upon arrival to the bubble: 1 PCR test (isolate until negative result received).</p>

EVERYONE

PCR test in every 72h taken in the evening.

During the event		
APPENDIX 1 - Declaration of Honour (For Delegates)	APPENDIX 1 – DELEGATIONS’ TESTING TABLE	
APPENDIX 2 - Liability Release Waiver - COVID-19 For a downloadable version see: covid.ijf.org/Event Document	APPENDIX 2 - LIABILITY RELEASE WAIVER - COVID-19	
APPENDIX 3 - Contact Tracing Questionnaire		