**CAN YOU SEND ME AN INVITATION LETTER?**
To prepare an invitation letter, you need to fill out the Lisbon WCVK Accommodation and Visa Form (https://www.ijf.org/competition/2265, Documents) and send it back to portugalevents@fpj.pt to provide us with important information that we need to include in the letter.

You should also be inscribed in Judobase (www.judobase.org) see below.

**WHAT ARE THE RESTRICTIONS TO ENTER PORTUGAL?**
In Portugal a decree law was approved, authorizing the entry of delegates to international competitions without the need of quarantine. The participants of IJF World Veterans & Kata Judo Championships Lisbon are covered by this decree law. However, COVID-19 testing requirements still apply.

**DO I HAVE TO FILL IN ANY FORM TO ENTER IN PORTUGAL?**
All national or international passengers who enter Portugal, need to fill the form Passenger Locator Card. Closer to the event we will send for all participants an email with a link of Passenger Locator Card, also in PDF format, because sometimes the link it's not available online.

**WHAT STEPS DO I NEED TO FOLLOW TO PARTICIPATE IN THE EVENT?**
1 - Have / make a JUDOBASE card for veterans/kata - contact your national judo federation, only they can apply for it.
2 - Inscribe to the event – also via your national judo federation
2 - Fill in the Lisbon WCVK Accommodation and Visa Form.
3 - Pay the participation fee and accommodation fee.
4 - Perform 2 PCR tests, before arriving:
   1st PCR (carry out at the place where you live) max. 8 days before arrival to the official hotel.
   2nd PCR (performed at the place where you live) min. 48 hours after your 1st PCR and no later than 72 hours before checking into the official hotel.

Both tests must have the result in English and are the responsibility of each athlete / coach / official.

**CAN ATHLETES REGISTER AND PAY DIRECTLY TO THE LOCAL ORGANIZATION?**
Local organization accept registration and payments of individual athletes, too.

**WHAT ARE THE COSTS INVOLVED IN PARTICIPATING?**
Registration fee - Consult the Outlines (https://www.ijf.org/competition/2265), p8, 1. Deadlines and Payments.

ACCOMMODATION - in accordance with the IJF COVID-19 Protocol, all athletes must be accommodated in the official hotel (bubble hotel).

Due to the COVID-19 situation, ALL participants MUST stay at the official hotel for the ENTIRE PERIOD of their stay, as the bubble-to-bubble concept is used at this event. People sharing a room must check-in at similar time, due to quarantine rules. If someone checks in later, the first person to check in will need to stay in quarantine until the 2nd person is released from quarantine.

The hotel (minimum 2 nights with full board) must be booked and paid to the Portuguese Judo Federation for the application to be accepted. Prices: single room 170€/night or double room 135€/night (per person on full board).

In the double room option, there must be 2 people on the form.
CAN I BOOK THE HOTEL MYSELF?
No, all hotel reservations MUST be booked through the Local Organising Committee (portugalevents@fpj.pt)

DO I HAVE TO PAY FOR PCR3?
No, PCR3 is a Covid test performed upon arrival and is arranged by the Local Organising Committee, it’s free for the participants.

DO I HAVE TO PAY FOR THE ANTIGEN TEST?
No, that is also part of the event testing, free for competitors.

TO WHAT DATE ARE PCR TESTS REFERENCED: ARRIVING TO PORTUGAL OR ENTERING THE “BUBBLE”?
At IJF events PCR tests are always referenced to the arrival date to the “bubble”. Anyone planning to arrive to Portugal earlier than the opening of the official (bubble) hotel, must cater for themselves and follow the COVID-19 protocol of the country. However, to move to the “bubble” they must comply with the IJF COVID-19 Protocol PCR rules, e.g., their certificates cannot be older than max. 8 days and 72h compared to their arrival to the official hotel.

REGARDING COVID TESTS, WHAT TIME PERIODS SHOULD I HAVE IN MIND?
1st PCR (carry out at the place where you live) max. 8 days before arrival to the official hotel. 2nd PCR (performed at the place where you live) min. 48 hours after your 1st PCR and no later than 72 hours before checking into the official hotel. Both tests must have the result in English and are the responsibility of each athlete / coach / official.

WHY DO I NEED 2 PCR TESTS IF I CAN ENTER THE COUNTRY WITH MY VACCINATION PASSPORT?
The World Championships Veteran and Kata is an international event. In the EU travel is getting much easier with the EU digital COVID certificate but NOT for the rest of the world. The IJF events are a collaboration with the host Government and generally people from an orange/red (high risk) country still must isolate on arrival. It is only because of the strict IJF PCR/bubble protocol, that every participant must follow, that IJF is able to hold an event like the Veteran World Championships Veterans and Kata or grant access to high-risk country participants.

WHO CAN BE COVID MANAGER?
The Covid manager can be anyone from the delegation who is registered for and present at the event, with whom the organization will communicate the PCR results, or any COVID-19 related information.

CAN I BE MY OWN COVID MANAGER IF I AM THE ONLY PERSON FROM MY COUNTRY?
Yes, you can. Please, ask your national judo federation for help to register you as athlete/covid manager.

HOW CAN I GET THE MEDICAL CERTIFICATE?
The medical certificate is to be obtained individually from the family doctor or team sport doctor, etc. It should be a simple document testifying that the Veteran athlete is fit to fight, and it is necessary for all athletes to have one to take part in the competition.

WILL THERE BE SPECTATORS?
Non-accredited spectators from outside the “bubble” can attend the event up to the capacity of a maximum 600 people.
CAN I TAKE MY FAMILY?
Family members can attend the event either as non-accredited spectators, in which case they cannot share the same room as the event participants and must stay outside the “bubble”, or if family members (over the age of 12) wish to share the same room as the competitors, they must be accredited and tested as any event participant.

AFTER TAKING THE TEST CAN I GO TO THE SPORT HALL IN MY CAR?
After entering the bubble (and doing PCR - 3) participants must wait for the result in their rooms. If PCR - 3 is negative, they will receive a green bracelet to be able to move inside the bubble (spaces reserved in the hotel and pavilion). Transfer between hotel and sport hall is permitted only by official transfers (no taxis, public buses, friend’s car etc.).

CAN I STAY IN THE SAME ROOM AFTER MY COMPETITION IF I WANT STAY A FEW DAYS WITH MY FAMILY IN THE CITY?
Participants wishing to stay after their competition is over must respect the “bubble” rules until all the competitors, coaches, etc. leave the hotel. Anyone wishing to leave the bubble must also move out of the “bubble”.

IF I HAVE TO LEAVE THE BUBBLE FOR A VALID REASON AND HAVE INFORMED THE IJF AND LOCAL ORGANISER, CAN I RE-ENTER THE BUBBLE?
You can re-enter the bubble only if you re-fulfil the PCR requirements. Being taken to a hospital for a medical check-up by the official ambulance service is not considered as leaving the bubble as a special transportation and attendance protocol apply.

WHAT HAPPENS IF I BREAK THE BUBBLE/TRANSPORTATION RULES WITHOUT INFORMING ANYONE AND WITHOUT A VALID REASON?
Anyone caught breaking the bubble rules will be removed from the competition (if applicable) and will face disciplinary action.