



## The Arts and Sciences of Judo – Authors' submission guidelines

**The Arts and Sciences of Judo (ASJ)** is a new international and interdisciplinary academic journal published by **International Judo Federation (IJF) and IJF Academy** which welcomes articles on various aspects on judo and all its values. ASJ will publish conceptual or primary research papers, that are not published elsewhere, papers that are relevant for the development of judo and giving new insights on certain aspects of judo. Inspired by reach judo heritage of Jigoro Kano, all submissions should describe and explain not only research methodology but also put emphasis on practical implications of research. Therefore, the ASJ can fulfil all its goals – to become a forum of disseminating important judo research results and to bridge the usual gap between the academic research and the needs of practical work in judo.

**CONTRIBUTIONS:** The ASJ is semi-annual publication and besides full-length articles (4.000-7.000 words long) it also publishes shorter items such as research notes and case studies (800-1000 words). Manuscripts are double-blind reviewed and, if required, returned to authors for revision and/or completion. All manuscripts should be accompanied by abstracts (200-250 words) and by up to six key words.

**MANUSCRIPT PREPARATION:** Manuscripts should be written in English language, font 11 Calibri, titles in font 12 and in bold, single spaced in Word format. Any spelling style is acceptable so long as it is consistent within the manuscript. For judo terms please use Dictionary of Judo (Kodokan, 2000).

Please avoid endnotes where possible; unnumbered section headings are preferred. Tables, figures, illustrations, and all other supplements should be placed within the text where they are to be printed and also in a separate file/s. Authors should be consistent when using abbreviations, terminology and referencing.

Two files should be submitted. One file should have only the article title, and the other one should include the following information on the cover page: title of the article (90 characters maximum), name of author(s), academic attainment and complete address (telephone and e-mail address). Editor will return to the author(s) the paper if not following all manuscript preparation guidelines.

**REFERENCES:** In the text and in the reference list, references should be cited using APA style (<http://www.apastyle.org>).

**FINAL MANUSCRIPT SUBMISSION:** Authors whose manuscript has been accepted for publishing should provide and send by e-mail a revised version of the manuscript. Tables, graphs, pictures, illustrations and other graphics should be in separate files and in original programs in which there were created. The authors are fully responsible for the content of the manuscript and the accuracy of all the enclosed data.

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