

**INTERNATIONAL JUDO FEDERATION**



**JUDO**

**Policy on Sustainability**

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## International Judo Federation Policy on Sustainability

The International Judo Federation (IJF) is committed to meet ethical and environmental responsibilities and to promoting sustainability within the sport of judo. Concern for the environment and endorsing a broader sustainability agenda are integral to the IJF's activities and the management of our organisation. We aim to follow and to promote good sustainability practices and behaviours to reduce the environmental impacts of our activities and to help our member National Federations and local event organising committees (LOC) to do the same.

Sustainability is defined as meeting our own needs without compromising the ability of future generations to meeting their own needs. We are also concerned for social, cultural, environmental and economic responsibility to ensure a legacy for future generations.

Adopting sustainable practices and behaviours no matter how small can contribute to having significant impact in the long term.

The IJF endorses and supports the IOC's sustainability strategy and policies which can be found here:

***<https://www.olympic.org/sustainability>***

### **IJF World Judo Tour (WJT) Principles**

The **IJF Sustainability Policy** is based upon the following principles:

- Local legislation, regulations and codes of practice will be complied with and where possible exceeded
- Consider sustainability in all decisions relating to the event
- To communicate and educate to ensure that all event participants (IJF, local workforce, this National Federation delegates, contractors, sponsors and spectators are fully aware of our policy and are committed to implementing it
- To review, feedback and report to improve our sustainability performance



In order to put these principles into practice we will work together with our LOC partners to:

### ***Athletes***

- Provide IJF sustainability posters throughout the athlete areas
- Provide selective waste disposal opportunities
- IJF to give short sustainability workshops to educate and motivate athletes, coaches and delegations once per event
- Include call for sustainability in competition information session during the draw

### ***Accommodation***

- Within walking distance of venues
- Hotels with sustainable policy
- Switch off everything in hotel rooms if no master key switch

### ***Arrivals and Departures***

- Use less or non-polluting forms of transport i.e. electric or hybrid vehicles
- Group people with similar arrival times together

### ***Communication***

- Communicate plan to everyone
- Training for everyone
- Engage with local community
- Raise and promote awareness
- Educate all participants
- IJF, LOC and National Federation delegate engagement

### ***Food and Beverage***

- Purchase fair-trade and/or organic beverages
- Source local seasonal food from local sustainable suppliers
- Donate sealed unused food
- Minimise food waste, only take what you will eat
- Minimise food packaging
- Compost waste food
- Use recyclable cups
- Avoid sachets (salt, sugar, coffee etc.)
- Use bulk water not individual bottles

### ***General***

- Calculate the impact the event is having on the environment
- Have an event sustainability plan
- Offset carbon emissions
- Print only what is necessary
- Minimise the use of paper and other office consumables, including paper, computer supplies and redundant equipment
- Use electronic forms of communication
- Use electronic documents
- Donate any unneeded surplus office consumables



- Rent/borrow office equipment
- Multi-use banners and signs (avoid date marking)
- Gifts - consider not giving and if this is not possible, they should be local and sustainable
- Reusable lanyards
- Recycle accreditations where possible
- Use local suppliers and sponsors who have sustainable strategies

### ***Inspection Visits***

- Efficiently timed to avoid unnecessary trips
- Avoid physically travelling when alternatives are available and practical, such as using conference calling etc.

### ***Spectators***

- Use public transport
- Use electronic communication
- Offer sustainable incentives with ticket purchase i.e. free public transport
- Offer free tickets for sustainable incentives i.e. car-sharing, walking or biking to venue

### ***Transport***

- Use less or non-polluting forms of transport i.e. electric or hybrid vehicles
- Minimise number of shuttles
- Minimise distances from accommodation
- Bicycle hire option

### ***Venue***

- Use existing venues
- Venue has energy, waste and water management strategy
- Venue has green energy-efficient systems
- Venue uses chemical-free products for cleaning
- Use a venue that is close to public transport
- Bicycle parking
- Charging for green vehicles
- Rent/borrow equipment
- Switch off lights and equipment when not in use
- Ensure at the end of the events to remove all rubbish inside and out of venue

### ***Workforce***

- Local staff and volunteers
- Local sustainable contractors
- Sustainable uniforms



**IJF Headquarters and Presidential Office**

HUN 1051 Budapest

József Attila str. 1

[www.ijf.org](http://www.ijf.org)

**IJF General Secretariat**

21-25 Avenue de la Porte de Châtillon

75680 Paris Cedex 14 France