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I. PREAMBLE

The Sport and Organization Rules (SOR) of the International Judo Federation (IJF) in conjunction with the Statutes, Finance Rules and the Refereeing Rules are the binding documents for the holding of World Championships and all competitions held under the responsibility and auspices of the IJF. Specific supplemental procedures will be issued for the holding of the Judo competitions at the Summer Olympic Games.

The SOR shall also serve as a guideline for the organization of all Judo competitions (on different levels: continental, national...). It is not allowed to depart from these Rules.

In the Sports and Organization Rules (SOR), the masculine gender used in relation to any physical person (for example, names such as member, leader, official, participant, competitor, athlete, judge, referee, personnel, or pronouns such as he, they, them) shall, unless there is a specific provision to the contrary, be understood as including the feminine gender.

Note: the IJF Head Sports Director nominates Technical Delegates to control the IJF events such as Grand Prix, Grand Slam, Masters and to advise the multi events organizers (See ANNEX 6). Nominations are planned according to calendar of IJF events for each year. The World Cups are under control of the Continental Unions where the events are held and Technical Delegates are nominated by Sports Directors of the respective Unions.

The organization of the World Championships is the concern of the following bodies: the IJF, the Continental Union to which the Organizing National Judo Federation belongs and the National Judo Federation, which has been commissioned by the IJF Executive Committee (EC) with the hosting of the World Championships. The correspondent Continental Union is consulted in any questions and supports both bodies. The National Judo Federation must name an Organizing Committee to deal with the organization of the World Championships. The National Federation will in any case be responsible to the IJF Executive Committee for the proper holding of World Championships. The IJF has final appellate jurisdiction.

For each World Championships, an IJF Commission will be appointed by the IJF EC, which has the task to assist the Organizing National Judo Federation and to supervise the organization of the World Championships.

Any National Judo Federation hosting the World Championships is required to work out a proposal concerning its organization on the basis of the SOR and the local conditions. The IJF Executive Committee will support the Organizer by giving guidance, technical assistance and providing control.

The holding of World Championships and the work of the referees will be supervised by the IJF.
2. BASIC PRINCIPLES

The SOR is binding for all competitions held under the responsibility and the auspices of the IJF. It shall also serve as assistance and guideline for the organizers of national and other Judo competitions.

The official Refereeing Rules must be applied to and observed at all IJF competitions: Summer Olympic Games, World Championships, Continental Championships, and all IJF official events.

Major Refereeing Rule’s modifications can only be made by the decision of the IJF Executive Committee.

These major modifications shall become fixed for the forthcoming period of Olympic qualification including Olympic Games. Anyone organizing World Championships on behalf of the IJF and wishing to depart in any way from the SOR must obtain permission in writing from the IJF Executive Committee.

2.1 Allocation to the Organizers
The IJF Executive Committee shall allocate the World Championships.

2.2 Control over regional Judo competitions
The IJF shall accept the control over regional Judo competitions whenever this is so directed by the Executive Committee or the Congress. This requires, however, adherence to the Statutes, Finance Rules, SOR and Refereeing Rules. In such Judo competitions refereeing and technical organization should be dealt by the Continental Union or regional body and supervised by the officials nominated by the IJF for the event.

2.3 General Principle for Competitions
The IJF recognizes men and women’s competitions. Contests between men and women are not permitted.

2.4 Media rights
The regulations covering television, radio, film, photographic and advertising rights are contained in the Statutes and Finance Rules.

3. CALENDAR

3.1 World Championships and Team World Championships (for senior men and women) will be conducted each year in accordance with the schedule (same monthly period) established for the Summer Olympic Games with exception of the year in which the Olympic Games are held. The Team World Championships is held the last day of World Championships for senior.

3.2 Open World Championships is held in accordance with the schedule approved by the IJF Executive Committee.

3.3 Junior World Championships (for men and women under 20) will take place each year.

3.4 Cadets World Championships (for boys and girls 15-16 years) will take place in accordance with a schedule approved by the IJF Executive Committee.

3.5 Summer Olympic Games are held every four years in even numbered years in accordance with a schedule approved by the International Olympic Committee.

3.6 Youth Olympic Games is held every four years.

4. AGE GROUPS

• World Championships (for senior men and women): no age limit.
• Men and Women under 20, age 15 to 19 years (calendar year).
• Cadets Boys and Girls under 17, age 15 and 16 years (calendar year).
• Lower age limit for all IJF competitions is 15 years (calendar year). Competitors under 15 year are not allowed to compete in any official IJF event, or events organized either under the auspices of the IJF or sanctioned by the IJF.

Note: For the competitors who have not attained their majority, the National Federation should obtain authority from their parents.
5. WEIGHT CATEGORIES

The following weight categories will be utilized in the World Championships and competitions held under the auspices of the IJF.

### 5.1 Men

<table>
<thead>
<tr>
<th>Weight Category</th>
<th>Upper Weight Limit</th>
</tr>
</thead>
<tbody>
<tr>
<td>Extra-light weight</td>
<td>up to and including 60 kg</td>
</tr>
<tr>
<td>Half-light weight</td>
<td>over 60 kg up to and including 66 kg</td>
</tr>
<tr>
<td>Light weight</td>
<td>over 66 kg up to and including 73 kg</td>
</tr>
<tr>
<td>Half-middle weight</td>
<td>over 73 kg up to and including 81 kg</td>
</tr>
<tr>
<td>Middle weight</td>
<td>over 81 kg up to and including 90 kg</td>
</tr>
<tr>
<td>Half-heavy weight</td>
<td>over 90 kg up to and including 100 kg</td>
</tr>
<tr>
<td>Heavy weight</td>
<td>over 100 kg</td>
</tr>
</tbody>
</table>

### 5.2 Women

<table>
<thead>
<tr>
<th>Weight Category</th>
<th>Upper Weight Limit</th>
</tr>
</thead>
<tbody>
<tr>
<td>Extra-light weight</td>
<td>up to and including 48 kg</td>
</tr>
<tr>
<td>Half-light weight</td>
<td>over 48 kg up to and including 52 kg</td>
</tr>
<tr>
<td>Light weight</td>
<td>over 52 kg up to and including 57 kg</td>
</tr>
<tr>
<td>Half-middle weight</td>
<td>over 57 kg up to and including 63 kg</td>
</tr>
<tr>
<td>Middle weight</td>
<td>over 63 kg up to and including 70 kg</td>
</tr>
<tr>
<td>Half-heavy weight</td>
<td>over 70 kg up to and including 78 kg</td>
</tr>
<tr>
<td>Heavy weight</td>
<td>over 78 kg</td>
</tr>
</tbody>
</table>

### 5.3 Open Category:

The Open Category (no weight limit) will not be included in the Summer Olympic Games or in the Junior World Championships (for men and women under 20) and in the Cadets World Championships (boys and girls under 17).

**Note:** Special recommendations for the weight categories and the age for Youths, boys and girls, are placed in annex n°3.

### 5.4 Men under 20 years (junior)

<table>
<thead>
<tr>
<th>Weight Category</th>
<th>Upper Weight Limit</th>
</tr>
</thead>
<tbody>
<tr>
<td>Feather weight</td>
<td>up to and including 55 kg</td>
</tr>
<tr>
<td>Extra-light weight</td>
<td>over 55 kg up to and including 60 kg</td>
</tr>
<tr>
<td>Half-light weight</td>
<td>over 60 kg up to and including 66 kg</td>
</tr>
<tr>
<td>Light weight</td>
<td>over 66 kg up to and including 73 kg</td>
</tr>
<tr>
<td>Half-middle weight</td>
<td>over 73 kg up to and including 81 kg</td>
</tr>
<tr>
<td>Middle weight</td>
<td>over 81 kg up to and including 90 kg</td>
</tr>
<tr>
<td>Half-heavy weight</td>
<td>over 90 kg up to and including 100 kg</td>
</tr>
<tr>
<td>Heavy weight</td>
<td>over 100 kg</td>
</tr>
</tbody>
</table>

### 5.5 Women under 20 years (junior)

<table>
<thead>
<tr>
<th>Weight Category</th>
<th>Upper Weight Limit</th>
</tr>
</thead>
<tbody>
<tr>
<td>Feather weight</td>
<td>up to and including 44 kg</td>
</tr>
<tr>
<td>Extra-light weight</td>
<td>over 44 kg up to and including 48 kg</td>
</tr>
<tr>
<td>Half-light weight</td>
<td>over 48 kg up to and including 52 kg</td>
</tr>
<tr>
<td>Light weight</td>
<td>over 52 kg up to and including 57 kg</td>
</tr>
<tr>
<td>Half-middle weight</td>
<td>over 57 kg up to and including 63 kg</td>
</tr>
<tr>
<td>Middle weight</td>
<td>over 63 kg up to and including 70 kg</td>
</tr>
<tr>
<td>Half-heavy weight</td>
<td>over 70 kg up to and including 78 kg</td>
</tr>
<tr>
<td>Heavy weight</td>
<td>over 78 kg</td>
</tr>
</tbody>
</table>

### 5.6 Boys under 17 years (cadets)

<table>
<thead>
<tr>
<th>Weight Category</th>
<th>Upper Weight Limit</th>
</tr>
</thead>
<tbody>
<tr>
<td>Feather weight</td>
<td>up to and including 50 kg</td>
</tr>
<tr>
<td>Extra-light weight</td>
<td>over 50 kg up to and including 55 Kg (-55 kg)</td>
</tr>
<tr>
<td>Half-light weight</td>
<td>over 55 kg up to and including 60 Kg (-60 kg)</td>
</tr>
<tr>
<td>Light weight</td>
<td>over 60 kg up to and including 66 Kg (-66 kg)</td>
</tr>
<tr>
<td>Half-middle weight</td>
<td>over 66 kg up to and including 73 Kg (-73 kg)</td>
</tr>
<tr>
<td>Middle weight</td>
<td>over 73 kg up to and including 81 Kg (-81 kg)</td>
</tr>
<tr>
<td>Half-heavy weight</td>
<td>over 81 kg up to and including 90 Kg (-90 kg)</td>
</tr>
<tr>
<td>Heavy weight</td>
<td>over 90 kg</td>
</tr>
</tbody>
</table>

### 5.7 Girls under 17 years (cadets)

<table>
<thead>
<tr>
<th>Weight Category</th>
<th>Upper Weight Limit</th>
</tr>
</thead>
<tbody>
<tr>
<td>Feather weight</td>
<td>up to and including 40 kg</td>
</tr>
<tr>
<td>Extra-light weight</td>
<td>over 40 kg up to and including 44 kg (-44 kg)</td>
</tr>
<tr>
<td>Half-light weight</td>
<td>over 44 kg up to and including 48 Kg (-48 kg)</td>
</tr>
<tr>
<td>Light weight</td>
<td>over 48 kg up to and including 52 Kg (-52 kg)</td>
</tr>
<tr>
<td>Half-middle weight</td>
<td>over 52 kg up to and including 57 Kg (-57 kg)</td>
</tr>
<tr>
<td>Middle weight</td>
<td>over 57 kg up to and including 63 Kg (-63 kg)</td>
</tr>
<tr>
<td>Half-heavy weight</td>
<td>over 63 kg up to and including 70 Kg (-70 kg)</td>
</tr>
<tr>
<td>Heavy weight</td>
<td>over 70 kg</td>
</tr>
</tbody>
</table>
6. TIME DURATION OF CONTESTS

<table>
<thead>
<tr>
<th>Category</th>
<th>Duration</th>
</tr>
</thead>
<tbody>
<tr>
<td>Men &amp; Women</td>
<td>Five minutes and golden score 3 minutes</td>
</tr>
<tr>
<td>Men under 20 years</td>
<td>Four minutes and golden score 2 minutes</td>
</tr>
<tr>
<td>Women under 20 years</td>
<td>Four minutes and golden score 2 minutes</td>
</tr>
<tr>
<td>Boys under 17 years &amp; Girls under 17 years</td>
<td>Four minutes and golden score 2 minutes</td>
</tr>
</tbody>
</table>

Note: any contestant is entitled to rest between contests for a period of minimum 10 minutes.

7. SYSTEM OF COMPETITION (see page 58 regarding the various repechages)

7.1 An elimination system with repechage starting at the quarter-final (last 8), i.e. for all categories the competitors will be divided into two tables by means of a “draw”, and an elimination system will be used to produce two finalists, who will compete for the gold medal.

The competitors defeated in the quarter-final will compete in two repechage contests:
- The winners of each of this two repechage contests will compete in Bronze medal contests against the loser of the semifinal contest of the respective opposite table.
- The winners (2) of those contests are placed third;
- The losers (2) are placed fifth;
- The losers (2) of repechage contests are placed seventh.

7.2 An elimination system without repechage with 2 bronze medals for defeated semifinalists

Note: See attachment n.1
For Team Championships see in annex the regulations (annex N°1)

8. ENTRIES

The participating National Federations must submit a preliminary entry (number of competitors) three months before the date of competition. The final entry (stating names, weight categories, world ranking list number) 10 days before the date of competition through the IJF online registration, which is available on the IJF website. The IJF online registration is obligatory.

Note: Entries for Open Categories must be confirmed or done the day before the competition for the Open Categories. Only the names of the competitors duly entered following the above procedure will be drawn.

For the Men and Women World Championships, for the Junior World Championships (men and women under 20) and for the Cadet World Championships (boys and girls under 17 years) the number of entries permitted is limited:

8.1 For the Senior Men and Women World Championships, each National Federation may enter maximum two competitors in each of the weight categories, i.e. a total of 28 (7 categories for each gender).

8.2 For the Senior Men and Women World Championships in Open category each National Federation may enter maximum 4 competitors.

8.3 For the Junior World Championships (men and women under 20), each National Federation may enter maximum two competitors in each of the weight category, i.e. a total of 32 (8 weight categories only for each gender, no open category).

8.4 For the Cadets World Championships (boys and girls under 17), each National Federation may enter maximum two competitors in each of the weight category, i.e. a total of 32 (8 weight categories only for each gender, no open category).

8.5 Competitors may only be entered in the weight category to which they belong.

8.6 A competitor may not be entered in more than one weight category except for the Senior Men and Women World Championships in which he can be entered also in open category.

8.7 Competitors from three different countries must compete in a category in order for that category to be held in the Championships.
9. APPLICATION TO HOLD CHAMPIONSHIPS

Any National Federation, which is in good standing with the IJF, may apply to hold Championships. The application must be submitted in writing and should contain all data required by the Statutes, the Finance Rules, the SOR and the Refereeing Rules. (See Checklist)

The Organizing National Federation shall submit its application to hold the World Championships to the IJF General Secretary at least six months before the Congress held 4 years before the Event in case of Senior World Championships (it means for the Open, Junior and Cadets World Championships, 3 years before). Its Continental Union must approve the application.

After the World Championships has been allocated the Organizing Judo Federation shall deposit a guaranteed sum of 20,000 US dollars to the IJF (for the Senior World Championships). This sum will be used not only as a guarantee but also for charging the expenses of the IJF Inspection Team for the control of the installation and of the preparation of the Championships.

The sum minus the expenses mentioned above shall be returned to the Organizing National Federation by IJF whenever the Championships have been achieved in accordance with the Statutes, the Finance Rules, the SOR, and the Refereeing Rules to the satisfaction of the IJF. Should the Organizing National Federation cancel the Championships, all or part of the deposit following a decision of the Congress may be forfeited to the IJF for the payment of costs incurred thus far. If the costs exceed the deposit, the IJF may claim these expenses from the Organizing National Federation. Any financial matters, please refer to IJF Financial Rules.

9.1 TV Broadcasting Rights

Definitions

a) International Signal: Is an international broadcasting signal consisting of pictures and sounds according to IJF TV standards through the use of multi-camera coverage in order to provide various camera angles and pictures including the uplink to the agreeable satellite over the territory covering the organizing body.

b) Host Broadcaster: the Company, which the organizer has contracted to produce the international signal as defined above (a); the host broadcaster must meet with the requirements of the IJF (i.e. allowing the TV Director to advise on proper filming).

c) Rights: the organizer will receive for producing the international signal as specified above the rights for his territory, as specified by the organization contract.

9.1.1 As a prerequisite for a National Federation to apply for the IJF Events, the Organizing National Federation must agree on the following conditions:

a) The Organizing National Federation shall supply International Signals, which are produced by the Producer or Host Broadcaster, consisting of pictures and sounds free of charge to the IJF or the IJF contracted agent. The quality of the signal must be an international signal consisting of pictures and sounds according to International TV standards from multi-camera coverage.

b) If the Producer who wishes to be Host Broadcaster desires to broadcast the program of the IJF Events as a host broadcaster within the organizing country, the IJF or the Agent should provide special considerations to the Organizing National Federation and the Producer.

c) The minimum time requirement for supplying signals is to cover finals of the repechage, pool finals, semi-finals, finals, and victory ceremonies for each category.

d) Those broadcasters, which have purchased the broadcasting rights from the IJF or IJF contracted agent, may have the broadcasting rights to that specific IJF Event until 31 December of the year in which the IJF Event was held.

9.1.2 When the Congress decides the Organizing National Federation of an IJF Event, the IJF will make the TV Broadcasting Contract with Agents or Broadcasters. Those Agents or Broadcasters have the exclusive TV Broadcasting Rights for a certain country or territory specified in the contract.

A National Federation applying for an IJF Event at the Congress should provide a guarantee (Letter of Intent) from a TV station or company that is willing to provide international signals according to the international standard free of charge to the IJF.

When the Agent sells the broadcasting rights to the Broadcasters, the Agent, is required to inform the IJF of all conditions concerning the negotiations and details of the contract. In addition, at the conclusion of an IJF Event, the Agent should provide the IJF with a detailed report including but not limited to financial terms of the contract with the broadcasters, broadcast times, viewer ratings, and any additional pertinent information.

The IJF shall inform the Organizing National Federation of the name of the IJF contracted agents upon signing of the contract.
10. RESPONSIBILITY OF THE ORGANIZER

The Organizing National Federation, in the person of the President of that Federation, shall be responsible to the IJF for strict adherence to the Statutes, the Finance Rules, the SOR, and the Refereeing Rules as well as for the good and proper conduct of the World Championships.

The contract between the IJF and the Organizers must be signed latest before the IJF Congress held 2 years before the Senior World Championships and for the Junior World Championships 1 year before.

11. OBLIGATIONS OF THE IJF

11.1 The IJF will give support to the Organizing National Federation of the World Championships. The IJF president will nominate a commission to verify that the standard and obligations requested by the IJF bidbook are in conformity, then the commission will make a report to the President and the EC.

First report, before the decision of the EC.
Second report, one year before the championships. If the President and the EC consider it as necessary.

11.2 The General Secretariat of the IJF at least six months prior to the World Championships shall send to the National Judo Federations official invitations, the provisional program, general comments on the organization, the regulations and the entry forms.

11.3 The General Treasurer of the IJF on the basis of the Statutes, Financial Rules and the SOR, shall prepare a contract covering all financial obligations for the organization of the World Championships.

12. OBLIGATIONS TO BE UNDERTAKEN BY THE ORGANIZING NATIONAL FEDERATION

12.1 Personnel and Equipment

A National Federation staging the World Championships acts at the direction of the IJF and shall be fully responsible for the proper preparation of the Championships. On the basis of the SOR, it shall guarantee all necessary material and personnel conditions. The National Federation shall take all necessary action to provide insurance coverage against civil liability for the duration of the World Championships.

12.2 Congress and meetings

When conducting the World Championships the National Federation shall also provide the necessary facilities to carry out a Congress of the IJF, meetings of the Continental Unions, of the Executive Committee, of the Sports Commission, of the Refereeing Commission, of the Education Commission, of the IJF. A Medical Symposium may be organized if the Executive Committee deems it advisable. For the Congress of the IJF, the Organizer must ensure simultaneous translation in the official languages of the IJF (compulsory in English, French, Spanish and additional Arabic and Russian).

12.3 Financial obligations

The Organizing National Federation (Organizer) shall fulfill the financial obligations mentioned in the contract (cf. 11.5).

12.4 Transportation

The Organizer must make available a means of transportation to facilitate the arrivals and departures of the officials and participants between the station or the airport and the place of accommodation, and also between the competition venue and training sites and the place of accommodation. These transportation arrangements are only made available to participants who stay in the official accommodation proposed by the Organizer.

A means of specific transportation must be provided for the duration of the event:

- dedicated cars for:
  - the President
  - the General Secretary and General Treasurer (dedicated car shared)
  - the Technical Delegates (dedicated car shared)
  - one car shared between the IJF Vice-Presidents (in addition to the minibus indicated below)
- car for specific guests
- minibus or buses for:
  - the IJF Vice-Presidents (one minibus)
  - the Sports Commission Members (one minibus)
  - the Referee Commission Members (one minibus)
  - the Education Commission Members (one minibus)
  - the referees designated by the Executive Committee of the IJF (bus(es))
  - the IJF Medical Commissioner, the IJF Media Commissioner and other officials designated by the Executive Committee of the IJF (minibus or bus)
  - IJF guests.

Note: the above indications are related to Individual Senior World Championships and for other IJF events it will be specified in the specific contracts.
12.5 Anti-doping control
The Organizing National Federation shall take all necessary measures for carrying out the anti-doping control and for ensuring that the samples are analyzed at an internationally authorized laboratory recognized by the IOC and WADA. The control must be done according to the CODE, regulations of the Olympic Movement Anti-Doping Code, IOC and IJF. Three (3) competitors will have to undergo anti-doping test by weight category:
- the gold medalist,
- one of the three other medalists (by draw) and
- one of the four competitors placed 5th an 7th (by draw)
For the Cadets World Championships, boys and girls under 17, two (2) competitors will have to undergo anti-doping test by weight category:
- the gold medalist,
- one of the three other medalists (by draw)

Note: for the two medalists involved the anti-doping control will be done just, after the award ceremony of their weight category. The expenses related to the anti-doping control shall be borne by the National Federation organizing the World Championships.

After 1st January 2010 the IJF will award World Championships only to countries where the government has ratified, accepted, approved or acceded to the UNESCO Convention, National Para Olympic Committee and National Anti-Doping Organization are in compliance with the Code. (WADA Code 20.3.10)

12.6 Gender Control and MINOR athletes
The gender control is placed under the responsibility of the National Federations nevertheless the IJF keeps the right to request under certain circumstances the communication of the documentation to the IJF Medical Director.

Minor athlete
The National Federation is responsible to obtain all the necessary legal approvals and permissions for the minor athlete to take part in the IJF competition. This also applies for antidoping testing. The national federation is to ensure that the minor athlete has the parent/guardian permission to undergo these tests.

12.7 Access to the Country of the Organizing National Federation
The Organizing National Federation must guarantee via the responsible authority of its country that the IJF officials, the officials of the National Federations and the competitors wishing to take part in the World Championships will be given the appropriate credentials to enter and depart from its territory. The visas shall be valid for 30 days and be available 30 days before the date of the beginning of the World Championships. The National Federations must abide by the consular date limits.

12.8 General Program
The National Federation organizing the World Championships shall work out on the basis of the SOR a detailed program containing all dates, activities and sites which are in any way connected with the World Championships to be organized. This program must be coordinated with the Organization Commission of the IJF at least six months before the date of the World Championships. The program shall be sent to each participating National Federation and to all officials of the IJF at least 30 days before the date of the beginning of the first activity. The program (updated) shall also be given to each National Federation and to the officials of the IJF upon arrival.

12.9 Accommodation
The Organizer shall communicate to the National Federations the conditions for accommodation and meals at least three months before the date of the World Championships. The communication should contain information regarding the categories of the hotels (minimum three). In order to meet the needs of the National Federations, the hotels must be of a decent level.

13. ORGANIZATION

13.1 Information, Booklet and Reception Office
During the Championships at least from the date of arrival of the first delegation up to and including the day that follows the last contest of the Championships, the Organizing Committee of the National Federation must set up for all participants a central office which shall be situated, in case of accommodation being provided at several hotels, his office shall provide all delegations with the information needed for the stay and the participation in the World Championships.

A welcome desk with officials should be provided in the main Airport during the time of arrival of the national federations to welcome all delegations and provide information regarding further transportation.

The address and telephone number of the information and reception office shall be communicated to the National Federations and the officials of the IJF at least ten days prior to the Championships.

The office should be open 24 hours a day at least on the days of the arrival of the delegations.
13.2 Training
The National Federation organizing the World Championships shall provide training areas and transportation for all delegations, which must correspond, to the number of competitors. Training hours should be coordinated with the delegations and included in a training timetable.

13.3 Accreditation card
For each official team member from a national delegation (competitor, coach, team official, doctor,…) an accreditation card is issued from IJF during official registration. This card contains: Family NAME, Given name, country, IJF id number, picture and for competitors additionally weight category and World Ranking list number. This accreditation card is valid for duration of the Championships and represents for all controls the personal identity document of the competitor.

13.3.1 Nationality
The competitors must be of the same nationality as the National Federation, which has entered them. Persons appointed by the Executive Committee of the IJF shall verify the citizenship of the competitors. The evidence of citizenship shall be the production of a passport issued by the country for which the competitor is entered to compete. In the following cases, particular procedures must be applied:

a) where the competitions are being held in a country in which the residents do not hold passports while in that country;

b) where there is a possible problem of “joint citizenship”, e.g. Dutch Antilles and the Netherlands an acceptable substitute for the passport will be a letter or certificate from the competitor's National Olympic Committee or, if there is no such body, from the National Sports Authority confirming the competitor's residence in that country and the citizenship. If a competitor has multiple citizenships he may compete for only one country. A competitor who has represented one country in the Olympic Games, World Championships, in continental, regional games and/or Championships or International Tournaments organized by IJF or under its auspices, and who has changed his nationality or acquired a new nationality may participate to represent his new country provided that at least three years have passed since the competitor last represented his former country. If the two National Federations concerned agree they may request the International Judo Federation to shorten the period of three years, even to cancel the duration (see Olympic Charter, Rule 42 and the Bye-law to Rule 42). The competitor himself must come to the control. During the control the name, the age, the sex, the weight category for which the competitor has been entered, and the placing at the previous Olympic Games and World Championships shall be verified.

13.3.2 Insurance and civil liability
Each National Federation is responsible for its competitors (the control of non pregnancy is placed under the responsibility of the National Federations as well the gender control) and must assume all responsibility for accident and health insurance as well as the civil liabilities for their competitors and officials, including the nominated referees, during the World Championships.

13.3.3 Anthems and Flags
The Organizers provide the Anthems and Flags, the chiefs of the delegations must assure themselves of the accordance with their country of origin.

14. JUDOGIS, CONTROLS, BACK IDENTIFICATION, ADVERTISING AND MARKINGS

The competitors and their judogi shall be checked and found to be in accordance with the IJF Judogi Rules (Annex).
15. DRAW

By Computer with the use of the IJF software (or of other software if authorized by the IJF). The draw for the positions on the contest system lists must be held on the day prior to the first competition by the Organizing Committee under the direction of the Sports Commission of the IJF. Special regulations exist for the Olympic Games.

The draw for the “open” category shall be made on the day prior the competition for that category”. A maximum of two delegates per National Federation may attend the draw. The materials required for the draw shall be provided by the Organizing National Federation (see checklist).

The result of the draw (two sets) shall be distributed by the representatives of the Organizing National Federation to the representatives of each participating delegation immediately after it is finalized.

Drawing Procedure for World Championships and Olympic Games and others IJF events are under the control of the Sports Director assisted by the Sports Commission of the IJF and Computer Team members.

15.1 Seeding

For the World Championships (seniors men and women) the top eight (8) among the entered competitors in each weight category will be placed according to the IJF World Ranking List. For the rest of the draw separation by nations will be respected.

For the world championships (seniors men and women) in Open category there will be no seeding, only separation by nations.

For the Junior World Championships according to a special ranking for seeding, consisting of: medal winners of the previous WC seniors, medal winners of the previous WJC, continental champions juniors. For the rest of the draw separation by nations will be respected.

For the Cadets World Championships according to a special ranking for seeding, consisting of: medal winners of the previous WCJ / medal winners of the previous WCC / finalists of the continental championships cadets. For the rest of the draw separation by nations will be respected.

15.2 Seeding for the Team World Championships

15.2.1 The seeding will take into consideration the medalists (and if necessary the results) from last Team World Championships. Up to four teams will be seeded.

15.2.2 Teams of the same Union must be separated to a maximum when possible, taking into consideration the ranking in the Union.

16. WEIGH-IN

For World Championships and Olympic Games and all events of the IJF or other events held under IJF auspices, separate rooms for men and women must be available for the unofficial and official weigh-in.

16.1 Responsibility

Control of the weigh-in shall be the responsibility of the Head Sports Director of the IJF.

16.2 Weigh-in place

The weight control can take place in one or more locations simultaneously: in the competition venue or / and in the official hotels allocated by organizers for participating delegations. Organizers provide sufficient number of calibrated electronic scales (of an accuracy of tenth of Kg) and those will be checked by appointed IJF Sports Directors or commissioners each day before start of the official weight control. For the Olympic Games the weight control will take place only in one place designated by OGOC.

16.3 Weigh-in times

Official weigh-in for each category shall take place on the same day as competition in that category. Official weigh-in control period shall be of one hour (60 min.) or half of an hour duration (30 minutes) and will end at least two hours before the scheduled starting time for the competitions.

Competitors shall be allowed to check their weight on the official weigh-in scales (that will be used for the official weigh-in) during the 1 hour before the official weigh-in commences.

There is no limit to the number of times each athlete may check his weight during this time of the unofficial weigh-in. All coaches and other team officials must leave the weigh-in room before the start of the official weigh-in.
16.4 Official Weigh-in Procedure

a) Each competitor shall bring to the weigh-in his IJF accreditation card issued for the Championships and his passport or an official identification document with photo. The competitor shall present both documents to the official, who will verify identity of the competitor.

b) The competitor shall weigh-in wearing only underclothing, under the supervision of a weigh-in official; the competitor may be requested to remove his underclothing to ensure he reaches the minimum weight limit of the weight category in which he is entered. In cadets age category competitors will not be requested to remove their underclothing and additional 100 grams will be allowed for their weight categories limits.

c) The official supervising the weigh-in shall note and record the athlete’s weight in kilograms (accurate to one decimal point of a kilogram). No tolerance shall be allowed either above or below the weight category.

d) Only one weight control shall be permitted to each athlete upon the scales during the official weigh-in period.

16.5 Control for the competitors entered in the Open Category

All competitors for the Open Categories must officially weigh-in at the prescribed time, the day of this precise competition.

16.6 Failure to appear for Weigh-in Control

Should a competitor fail to appear for weigh-in during the official weigh-in period, this shall be noted beside his name on the official weigh-in list. The notation shall be signed by a weigh-in official and a member of the Sports Commission. The competitor will be excluded from competing in that weight category.

16.7 Failure to weigh within the prescribed limits of a category

Should a competitor weigh either above or below the prescribed limits for the category in which he is entered; the exact weight shall be recorded in the normal manner. The weight shall be circled and signed by a weigh-in official, and a member of the Sports Commission and by the athlete himself or a member of his delegation. The athlete shall be excluded from competing in that weight category.

16.8 Failure to comply with official directions or with requirements of the SOR

If at any stage during the weigh-in period, a competitor fails to comply with the directions of any weigh-in official or a member of the Sports Commission, or fails to comply with the requirements of the SOR, the competitor shall be prevented from participating in the weigh-in and the nature of the infraction brought immediately to the attention of the Sports Director of the IJF.

16.9 Protection of privacy

To protect the privacy of the competitors, officials supervising the weigh-in shall be of the same sex as the competitors. In cadets age category competitors will not be requested to remove their underclothing.

The Organizers of the Championships shall make available a minimum of 2 officials per each official scale on each day of the weigh-in to assist members of the Sports Commission.

Where no such official is available, scrutinizers who are the same sex, as the competitors shall be appointed, subject to the approval of the Sports Director of the IJF.

The Organizers shall also make available to the members of the Sport Commission conducting the weigh-in, two copies of the weigh-in list for each weight category before the scheduled start of the official weigh-in period.

Photography or filming is not permitted in the weigh-in area. This includes the use of mobile phones.
17. COMPETITION VENUE

The competition venue shall be of a representative character and be sufficiently large to hold the required competition areas and shall have a seating capacity of at least 10,000 spectators for the Senior World Championships and for the Olympic Games, and for other IJF events according to specific contracts. The competition areas shall be laid out in accordance with the SOR; section 18.1 and the Refereeing Rules, (Article 1).

The number of competition areas required for competition, four to five for the Senior World Championships, three to four for the Junior World Championships, three to four for the Cadets World Championships and the Team World Championships. Special requirements shall be fixed in consultation with the Executive Committee of the IJF at least six months prior to Championships. The competition venue should have facilities for providing optimum audio-visual information to spectators and competitors (ongoing and following contests, names of referees for the contests and contest results).

The competition areas and the adjacent area shall be protected against the entry of unauthorized persons and there shall be a sufficient number of seats for the members of the Executive Committee of the IJF, the members of the Sports and the Refereeing Commissions and the Education Commission (for the Senior World Championships), the referees, the technical officials, the doctors as well as for first-aid personnel and assistants and the nominated officials of the IJF (about 70 persons).

A certain number of seats shall be reserved for guests of honor, Presidents and General Secretaries and heads of delegations of the participating National Federations, journalists and competitors and shall be marked as such. The seats for the competitors should be situated as close to the competition area as possible that enables direct access to the competition area.

17.1 Each competition area shall be equipped with two electronic scoreboards set up in the non-adjacent angles of the competition area and, as reserve, with manual indicating and recording devices, stopwatches, gongs, flags etc. which shall be provided by the Organizer in accordance with the Refereeing Rules.

17.2 The Organizer shall provide tables for at least ten people per competition areas (among them members of the Sports and Refereeing Commissions of the IJF). The officials at the table must be able to work independently of the other facilities. In addition to the tables for the competition areas there shall be a central table for the Jury (in charge of administration and discipline) and other appointed representatives, which shall be equipped with a microphone for central announcements.

17.3 There shall be two (2) tables for the doctors not placed/located in the angle of view of the main TV Cameras but with excellent visibility to the tatamis.

17.4 There shall a table for check-in of athletes and judogi control per competition area.

17.5 Facilities should be available at the competition venue for a proper anti-doping control (separated for men and women) According IJF Medical Handbook and WADA rules.

17.6 There must be warming up areas of minimum 600 meters² « attached » to the competition site or with the competition hall for the Senior World Championships, 400 m² for the Juniors and Cadets World Championships.

17.7 There must be a stand bye area for the competitors controlled as close as possible of the contest mats. This stand bye area should allow the competitors to watch and observe the contest before they have to go on the mat to compete.

17.8 There must be dressing rooms capable of being locked, a first-aid room, massage benches, recreation rooms for the Executive Committee, the members of the Sports and Refereeing Commissions as well as the Education Commission members (for the Senior World Championships), the referees, a working room for the press, and lunchrooms.

17.9 Wireless microphones connected to the public address system must be available for use by referees. Provision shall be made for a duplicating system for information related to the competition.

17.10 Lighting of minimum 1500 lux up to 1800 lux shall be directed on to the competition areas from the top, in such a way that no shadows are caused and not from the sides or from an oblique angle. It must not handicap the activities the competitors, officials and spectators.

17.11 For other details concerning material and personnel requirements see checklists.
18. STANDARDS REQUIREMENTS
FOR COMPETITION AREA (MAT) AND TATAMIS

18.1 Competition Area
Each competition area shall be a minimum of 14 m x 14 m (in the case of 7x7m it shall be a minimum of 13x13) and shall be covered by tatamis or similarly acceptable material, in a recommended color which has been approved by the IJF.

The competition area shall be divided into two zones: the contest area and the safety area. The contest area shall always be of 8 m x 8 m as minimum size for the world championship and Olympic Games. The contest area of 7 x 7 m is acceptable as the minimum size for other IJF events. The area outside the contest area shall be called the safety area and shall be at least 3m wide. Where two or more adjoining competition areas are used, a common safety area of a minimum of 4 m is required.

An adhesive blue tape and a white tape, approximately 10 cm wide and 50 cm long shall be fixed on the center of the contest area at a distance of 4 m apart, to indicate the positions at which the contestants must start and end the contest. The blue tape shall be to the referee's right and the white to his left.

A free zone, a minimum of 50 cm must be maintained around the entire competition area.

18.2 TATAMIS
The tatami shall be checked and found to be in accordance with the IJF Tatami Rules (Annex).
19. RECOMMENDATIONS ABOUT REQUIREMENTS FOR THE PRESS

19.1 PRESS TRIBUNE
The basic requirement for the press tribune is that it shall be extra-territoriality, it means, it has to be inaccessible to any person (technicians, television teams of participating countries, and, above all, people from the public) without a press badge. Consequently, its entrance is to be secured by an official of the organizer.

The press tribune needs to have a clear view of all competition areas and is preferably to be situated in the center of the competition venue in a level higher than the floor so the media professionals have not their image disturbed by any people walking in front of the mats. It has to offer between 150 and 200 seats and these seats shall be equipped with tables, wall-sockets and high speed internet connection. At the best, where it is possible, those seats are also to be equipped with television monitors.

Furthermore, the press tribune shall be divided in two clearly marked sessions: the written press/online media seats and the commentators/tv positions (under the rules of the rate card and the broadcasters contract).

By rate card it is to understand the special needs the media can have and hire from the Organizers/Organizers Suppliers: telephone lines, ISDN lines, private offices (where applicable). The requests are to be made directly by the media to the supplier recommended by the Organizing National Federation, but nor IJF, nor the Organizing Committee shall be further involved in this matter. Those journalists who applied for private lines shall have priority on the press tribune.

19.2 MEDIA WORKING ROOM
A working room with tables, chairs, wall-sockets, high speed internet connection, individual lockers for equipment, tv screens (at least one showing live the combats of each of the mats used in the event) shall be provided the nearest as possible to the press gallery (easy/quick access). There also must be available in the press working room a minimum of three desktop computers connected to printer and to internet for free use of all media. The Organizing Committee shall bear the costs for the installations of this telecommunication unit. The journalists shall pay for their private lines and for their communications (rate card).

In the working room, there shall be boxes (pigeon holes), corresponding to all categories to be played in the competition, into which the results shall be fed continuously posted (printed copies). At the end of the event, a complete survey of results shall be distributed to the journalists.

19.3 PRESS CONFERENCE FACILITIES
It shall be located close to the press tribune and press working room to facilitate the access of journalists. IJF recommends that it is located inside the press room and features back drop, microphones and sound system.

19.4 BADGES
All media is to carry clear marked badges, distinguishing WRITTEN/ONLINE PRESS, RADIO, TV, HOST BROADCASTER, RIGHTS HOLDER, PHOTOGRAPHER. The Organizers must provide IJF Media Commission with “upgrade passes” once it might needed to bring any non-authorized person to the press area for interviews.

19.5 RESULTS DELIVERY
Efficient and immediate result service shall be instituted. Messengers will distribute printed information to the media in three moments at the press tribune/press room minimum: draw of table before the qualification session, completed contest sheet after the qualification session and full contest sheet after final block.

19.6 MIXED ZONE
The mixed zone is to be located in a space (big enough to receive the accredited media) on the way of the athletes from the mats to the dressing room/warm up area. It has to be on the logical exit way so that no athletes can leave the competition area without passing through the mixed zone. Preferably the mixed zone is to be close to the press facilities (press room and press tribune), to enable quick access of the journalists.

The mixed zone has two distinguished areas: the first part of it is designated to the rights holders and the second one to the all other media. The athletes needs first to pass through zone one and only then access zone two. The two sessions are to be clearly marked.
19.7 PHOTOGRAPHERES
Along with the proper accreditation, the photographers shall be provided with a bib so they can be easily identified. The field of play has to offer enough access to the photographers and they are to be located as close as possible to the mat, on the same side as the TV cameras in order not to have the latter embarrassed by flashes and people walking around in the background.
Between 60 to 90 places shall be provided for photographers, without obstructions within their field of vision (no referees tables in front of them, no annoying passages). The minimum lighting for the mats shall be 1500 lux; however, 1800 lux would be better.

19.8 PRESS SERVICES
The press service of Championships shall be provided by a Press Officer to be designated by the Organizing Committee. It is recommended that the Press Officer be a journalist. In this case he cannot work for his newspaper.
The designated Press Officer of the event must get in touch with IJF Media Director in a regular basys starting at least one and a half year before the event to discuss themes related to media operations and media relations, including accreditation deadlines, media facilities, situation of the local media, press events, and other. Accreditation is to be carried on by the Organizing Committee with approval of the IJF Media Department. All official communication to the media shall be sent with copy to IJF Media Department and can be published at the IJF website when it is the case.

20. OFFICIALS (see check-list)

20.1 IJF Officials
Officials of the IJF shall be those persons appointed to that capacity by the Executive Committee of the IJF and who have to carry out functions connected with the championships on behalf of the IJF.

The officials of the IJF shall have special status and their identity cards shall be marked correspondingly. These identity cards authorize the officials to enter any area, which is in any way connected with the event.

20.2 IJF Referees
The referees to officiate for the World Championships and the Summer Olympic Games will be appointed by the Executive Committee of the IJF following recommendations made by the Refereeing Commission at least six months prior to the date of the championships. It is necessary that all appointed referees have the permission of their National Federations to officiate during the World Championships and the Summer Olympic Games.
The referees selected by the IJF to participate in the Summer Olympic Games, World Championships and IJF Tournaments shall arrive in the hosting country 1 to 2 days in advance of the competitions depending on where they reside and leave one day after. The referees shall wear the attire approved fixed by the Executive Committee of the IJF.
Prior to a contest the referees and judges should familiarize themselves with the sound of the gong or other signal, assure the proper condition of the competition area and the functioning of the scoreboard, and make sure that the judges’ chairs are in the correct positions.
The referee must control the competitors (and ascertain) whether they comply with Article 3 and 4 of the Refereeing Rules. He shall ensure that there are no spectator, coach, photographer and other unauthorized persons in a position to influence or handicap the competitors.
The referee and the judges shall not be members of the same National Federations as the competitors at whose contest they are officiating and should not hold any official function, i.e. coach or manager.

Care System
One (1) Referee and two (2) Judges at opposite corners will conduct the contest. The “Care System” with two (2) cameras filming the contest at two (2) different opposite angles will be set up to help the referees.
Control and supervision of the “Care System” will be done by the IJF Refereeing commission.
20.3 Coaches

Position of coaches
Chairs for two coaches per each competition mat, for the blue and the white side, will be provided behind the barriers of advertising panels.

Code of Conduct for Coaches
The coach is responsible for his athlete's conduct from entering the competition venue until leaving it, before and after each contest.

Coaching will be strictly limited to communication with athlete, tactical advice, encouragements, instructions in unexpected situations, as injury... The coach will remain seated on his chair throughout the contest.

Forbidden behavior of a coach
Any comments on or criticism of the referees’ verdicts.
Demanding correction of the referees’ decisions.
Any abusive gesture toward referees, officials or public.
Touching, hitting, kicking... the advertising panels or any equipment.
Any kind of behavior showing disrespect to the opponent, referees, opponent coach, his own athlete, the public...

Dress Code
Draw: jacket suit with tie.
Elimination rounds: national track suit with trousers reaching down to shoes.
For the final block program (TV time): jacket suit with tie.

The following are forbidden at any time: shorter trousers, undressed upper body, any kind of head caps and cover, jeans, sweaters or similar sports unrelated dress, flip-flops.

Penalizing
Any coach who infringes upon these rules will be disqualified from accompanying his athletes into competition zone and taking up coach’s chair until the end of event (not only for the particular day). The IJF Education and Coaching Commission will be enforcing these rules.

20.4 Officials and Technical Assistants of the Organizing National Federation

The timekeepers, list writers and recorders as well as other technical assistants must be of a minimum of 21 years of age, have a minimum of three years’ experience as national referees and a good knowledge of the Refereeing Rules. The Organizing Committee must ensure that they have been thoroughly trained prior to officiating. There shall be a minimum of two timekeepers; one to register the real contest time and one to specialize in “osaekomi”.

For complete details see Refereeing Rules - Appendix article “Officials”.

Assistants Responsible for Control
These assistants have several duties among which are checking the identity of the contestants, getting ready for the next contest, checking that the first contestant called is wearing a blue judogi and the second contestant called a white judogi, also checking the back identification of the fighters.

Those responsible for the judogi control must be familiar with Article 3 of the Refereeing Rules.

20.5 Medical Personnel
The Organizing National Federation shall provide sufficient medical treatment during the competitions (one doctor per competition area). In addition to this an ambulance (fully equipped according the medical emergency international standards, i.e. with oxygen masks...) should be on stand-by for transporting injured competitors to a hospital.

Arrangements must be made with a nearby hospital for emergency treatment. See IJF Medical Handbook and IJF Medical Check list

20.6 Officials of the National Federations
The Organizing Committee shall make available to each participating National Federation a free, specially marked spectator seat for the President or representative and, if there is a Congress held in conjunction with the event, a second such seat for another official person. Identity cards entitling their holders to enter the competition venue shall be given to each participating National Federation in accordance with the following modus:

a)  1 -  2 competitors -  two officials
b)  3 -  4 competitors -  three officials
c)  5 -  6 competitors -  four officials
d)  7 -  8 competitors -  five officials
e)  9 - 10 competitors - six officials
f)  11 - 12 competitors - seven officials
g)  13 - 14 competitors - eight officials
h)  15 - 16 competitors - nine officials

All National Federations shall have a doctor who is accredited to their delegation. If they do not have their own doctor, it may request that a doctor from another delegation be also accredited to its delegation. If neither of this alternative is available, a national federation must accept the doctor provided by the Organizing National Federation as their “accredited delegation doctor”.

The heads of delegations, team managers, coaches, doctors and masseurs will be eligible to be recognized as officials.
21. OPENING AND AWARDS CEREMONIES

21.1. Preamble
Judo Events are the property of the International Judo Federation, referred to hereinafter as the »IJF«, who shall delegate the organization to countries which candidacy to host the event and its ceremonies was approved by the IJF Congress. Countries organizing Judo Events have to put at the disposition of the IJF all the infrastructure and equipment necessary to a good holding of the event and the ceremonies.

21.2. Seating of IJF Officials
IJF Officials shall be seated in the designated Officials area where the opening and closing ceremonies and medals’ presentation take place. IJF Officials shall be seated in two or three rows in the designated Officials area.
Shall be seated in the first row: local Government Representatives (Minister or other dignitary representing the supreme authority of the country hosting the event). This latter will have on his left the IJF President, and to his right the representative of the International Olympic Committee (or NOC).
The President of the National Olympic Committee shall be seated to the left of the IJF President.
The President of the National Federation organizing the event shall be seated to the left of the IJF President or his representative or at the left of the NOC President if he is present.
Shall be seated in the 2nd row: IJF Officials (Vice Presidents, Honorary Presidents, General Secretary, General Treasurer, Sports Director, Referee Director, Education Director, Media Commissioner, Medical Commissioner, and Olympic Commissioner).
Shall be seated in the 3rd row: local VIP guests, sponsors’ representatives, spouses of IJF Officials.
A lounge will be provided with refreshments, coffee, tea etc. at the competition venue for these VIP guests.

21.3. Opening Ceremony
After the announcement of the opening ceremony and the cultural or sports’ animation session, the delegations in sports wear, track suits, in suits or other appropriate attire, will parade preceded by a placard bearing the name of their country, in full or abbreviated, written in the language of the Organizing National Federation, or Olympic names, or abbreviations approved by the International Olympic Committee and their national flag (Flag and board bearers are from the Organizing National Federation). The sign holders leading the delegations shall stand still in vertical rows facing the designated Officials area.

The delegations’ entry shall be in alphabetic order, accompanied by music. The organizing country shall enter last followed by referees and technical officials.
When all the delegations are present, the flags of the host country and of the IJF and of the IOC (for the IJF World Events as well as for the Olympic Qualification Events shall be raised; in no circumstances shall the IOC flag be displayed in such a manner that it could be included with any advertising materials in any photographic or video report). Prior approval of the IOC must be given by the IOC. These flags shall remain raised for the all duration of the event.
During the playing of the host country’s national anthem, all Officials shall raise until the last musical note of the national anthem is played.
The President of the host country National Federation shall give a speech, followed by that of the I.J.F. President who shall declare the opening of the event or delegate this honor to the highest authority present. High profile officials such as the IOC President, the President of the organizing country or Minister of Sports may also give official speeches.
The declaration of the opening of the event shall be done according to the formula “On behalf of ... I declare the opening of...Judo World Event “. A presentation of the officials; officials of the IJF, other officials...will be done. March out of the delegations.

The time allocated for this ceremony is 30 minutes including the cultural and sports’ manifestations.
22. MEDALS, DIPLOMAS, AND AWARDS PRESENTATION CEREMONY

It shall take place after the conclusion of the last final of the day. Athletes dressed in their judogi shall be placed behind the podium according to the following order (2, 1, 3, 3). Each competitor having won a medal must be present at the ceremony and receive the medal personally, if possible. Any competitor who is absent from the awards ceremony without a good cause will forfeit his medal. It is strictly prohibited for athletes while on the podium to have national flags or the like other than the ones fixed on their Judogi. Any demonstration with religious, political, personal or commercial connotation is prohibited as well as to bear a cap or any similar covers on the head. Officials who will present the medals shall be in a row facing their respective recipient. Officials chosen to give the award should be properly dressed.

The speaker of the ceremony must clearly announce the names, nationality and rank of the recipients as well as the capacity of the Officials presenting the medals. At the announcement of the medal to be presented, the athlete should step up the podium, in the designated place. The Official shall advance at the same time as the hostess carrying the medals. The Official shall place the medal around the neck of the athlete. This shall be done for all the medal recipients (Gold 1st), (Silver 2nd), (Bronze 3rd, 2 third). In the World Championships for Cadets and Juniors the two fifth places diploma will be awarded on the podium.

Diplomas for the 5th and 7th placed competitors will be given to the respective chiefs of delegation and not to the athletes. Flags shall be raised at the same time but with a slight difference of level between themselves (1st one on the top, 2nd one lower than the 1st one and the two 3rd ones lower than the others). When the national anthem (shortened version) of the winner’s country is played, the Officials and athletes should turn toward the flags for salute. Athletes’ entry and leaving shall be accompanied by music. The awards must be presented in the following order:

- Gold
- Silver
- Bronze (2)
- Other Awards.

(The order of awards presentations to be reviewed – according to Olympics protocol.)

The honor of medal presentation belongs to the IJF President who can delegate this honor to high profile personalities.

In case a competition is taking place with the presence of a Government representative of the host country, an IOC representative, the IJF President and the President of the National Federation of the host country, the order of precedence will be determined in consultation with the IJF protocol officer.

Note: for the World championships by teams of nations: 4 trophies/cups will be put presented to the 4 teams on the podium and two additional medals will be presented to the team leaders of each team.

22.1. Closing Ceremony

It shall take place after the presentation of the last medals of the last competition day with a parade of all participating delegations following the opening ceremony protocol. Before the announcement of the closure, the flags of the organizing country, of the IJF and of the IOC shall be lowered accompanied by music (not anthem). The President of National Federation hosting the event shall present the IJF flag to the IJF President who shall solemnly present it to the representative of the country, which will host the next IJF event.

22.2 Medals and Diplomas

The Organizer should present each participant with a diploma certifying participation. The Organizing National Federation must provide medals and diplomas for each weight category and the “open” category as follows:

- 1st place: one Gold medal and a diploma
- 2nd place: one Silver medal and a diploma
- 3rd places: two Bronze medals and diplomas. The he winners of the two bronze medal contests according to the last 8 repechage competition system are Bronze medalists.
- 5th places: two diplomas. The losers of the two bronze medal contests are the 5th placed.
- 7th places: two diplomas. The seventh are the losers of the two repechage contests.

Note: The diplomas of the 5th and 7th placed competitors are given to the team leader by the representative of the organizing committee.

In the World Championships for Cadets and Juniors the two fifth places diploma will be awarded on the podium.

22.3. Banquets

During official diners and banquets, the National Federation President of the organizing country shall be placed to the left of the IJF President. The IOC representative (or NOC) shall be seated to the right of the IJF President. Spouses shall occupy every other seat from these three personalities.

As much as possible, guests not in the official table shall be seated according to their status. Toasts and speeches shall be given at the moment of dessert. The official dress code shall be observed during these ceremonies.
23. OTHER PROVISIONS

23.1 The sporting organization of the World Championships shall be under the control of the Head Sports Director and the Head Refereeing Director of the IJF according to the Statutes and by laws. The organization of the Congress and the session of the Executive Committee shall also be under the control of the General Secretary.

23.2 The person nominated by the Executive Committee shall assume control of and responsibility for calling the competitors to the competition area, announcing the results of the matches and ensuring the correct order of the competition. The members of the IJF Marketing and Education Commissions will control judogis of competitors for the back numbers and advertisement in accordance with the IJF Rules. They will also control the observance of the dress code by coaches.

23.3 The first competitor called always wears a blue judogi and the second wears a white judogi.

23.4 Forfeit of match: a competitor who is not at his place after three calls at 1 minute intervals will forfeit the match. The athlete forfeiting a match may participate in the repechage provided the IJF jury found certain criteria are fulfilled.

23.5 When a competitor receives a direct “Hansoku Make”:
- when it is for “protection” of the athlete (diving head first onto the mat), or in case of the penalty for gripping under the belt, the competitor is allowed to continue competition in repechage, including bronze medal contest (if applicable).
- when it is for acts against the Judo spirit and/or application of dangerous techniques the competitor is excluded from the competition of the day (event).
- If it is for acts against Judo spirit a sanction can be added.

23.6 In any case of misbehavior by a competitor, which merits disqualification, the Jury (the Executive Committee of the IJF) may exclude him from the rest of the championships (see also the applicable provisions of the article 23.8).

23.7 The revised IJF Coaching Code, which entered into force as from the World Cadets Judo Championships 2009 is applicable (see attachment).

23.8 When the team leader will come to the control of nation to confirm the entries of their competitors the information related to the official judogi suppliers accepted, advertising will be recalled as well as the way on which the coaches have to be dressed.

23.9 Unacceptable behavior
Any official or member of a delegation, who disturbs or interrupts the orderly running of any and all activities relating to the IJF events and the action, may be declared “unacceptable” as an official by the Jury (the Executive Committee of the IJF). It is also not allowed for the physiotherapists to go on the tatami to give the first aid. This is an unacceptable behavior. For all cases of behavior considered “unacceptable” during Events organized by the IJF or under the IJF auspices, a hearing will be conducted at the site ASAP during the event allowing the person, having undertaken behavior considered by IJF as unacceptable, to be heard by IJF Executive Committee or representatives of the IJF Executive Committee; he may be accompanied by a person of his choice, or be represented by another person.

The sanction can be for the event, several events:
- A ban of participation in one or several Judo events (championships, congress, seminar, etc.) in any capacity whatsoever.
- Suspension from any competition for a period of 6 months to 4 years.
- A minimum fine of USD 1000.
- Thereafter his identity card may be withdrawn and he may be refused entry to any place under the IJF responsibility, in case of a tournament in any place except in the public galleries/seats.

The concerned Federation will be informed and additional consequences will possibly occur according to IJF Jury decision not only for the official but also for the Federation to which the official belongs.

In case of probation: procedure must be made immediately in case of probation violation and the sanction will start on the date the decision is made.

The analyze process will be done under the responsibility either of the IJF Education Commission or of specially appointed official by the IJF, then the result of the analyze will be submitted to the IJF (IJF Jury, IJF Executive Committee, IJF Bureau).

Note: The order in which the different sanctions are enumerated is not of importance, since they are all available to the decision-making Jury. However, the sanction of suspension is the basic sanction and should, therefore, be first in any enumeration.

23.10 Competitors bowing procedure
When making a standing bow before the start of contest (see Article 5 and 6 of the Refereeing Rules), the competitors must ensure that their judogi is properly adjusted (see Article 2 of the Refereeing Rules). The bow is then made simultaneously with the opponent by bending forward at the waist (30 degrees) and sliding the hands with the palms flat and thumbs forward down the outside of the trouser legs.

Handshakes and other demonstrations should not take place on the mat.

Note: For the complete bowing procedure (see Refereeing rules)
23.11 Recommendation for various cases of Hansoku Make
a) In case of Hansoku Make resulting from “progressive” penalties, medals and places should be awarded,

b) In case of direct Hansoku Make two possibilities arise:
  - if it is for “protection”, of the athlete (diving head first onto the mat…), or
  - for the gripping under the belt, medals and places should be awarded
  - if it is for acts against Judo spirit, the IJF Jury will make decision

c) In case of simultaneous Hansoku Make resulting from successive penalties (after the fourth Shido), the Golden Score without previous scores will be applied (situation similar to simultaneous Ippon/Victory).

d) In case of simultaneous direct Hansoku Make, repechages will be organized among the competitors defeated by the “disqualified ones” whenever it will be possible.

23.12 Situation not covered by the rules
When any situation arise which is not covered by these rules, it shall be dealt with, and a decision made by the IJF Sports Commission or/and the IJF EC.

The code is to be utilized and adhered to in the following:
   a) Summer Olympic Games where applicable, and World Championships.
   b) All other events conduct or controlled by the IJF, including the IJF events.
   c) Games of the Unions.
   d) Continental championships/tournaments.
   e) Events listed on the calendar of the IJF.
   f) Regional championships/tournaments.
   g) Events conducted by a national Federation in which a competitor obtains for his National Olympic Committee the right to select a competitor to participate in a summer Olympic Games.
24. CHECK-LIST

24.1 Application for holding of World Championships
The written application, to be sent to the General Secretariat of the IJF must contain the following:

a) name of event
b) men/women
c) age group
d) weight categories
e) place and date of the holding of the World Championships
f) assurances of:
   1) observance of Statutes, Finance rules, SOR and Refereeing Rules of the IJF
   2) unimpeded entry into the country and participation in the World Championships for the IJF member countries/federations
   3) Consent of the Continental Union to the holding of the World Championships
   4) information about the competition site, accommodation and facilities
   5) information about financial guarantees for the World Championships

24.2 Overall Program for the Organization and Holding of World Championships
The Organizing Member Federation (OMF) shall work out an overall program for the organization and holding of World Championships. This program must be submitted to the Organization Commission of the IJF within three months after having accepted the organization of the World Championships.

Contents of the overall program:

a) Overall timetable including all the necessary activities
b) Overall financial plan
c) Overall organization plan

24.3 Overall timetable

a) Date and place of the first joint meeting of IJF Organization Commission and OMF.
b) Date of circulation of the first general information to the National Judo Federations by the OMF.
c) Date of circulation of the invitations of the World Championships by the General Secretary of the IJF
d) Date of control of all facilities needed for the holding of the World Championships by the IJF.
e) Date of deadline for original entries (numbers).
f) Date of nomination of the officials, Jury members and referees by the IJF.
g) Date of sending out invitations to the officials, Jury members and referees by the OMF.
h) Date of the dispatch of the flight tickets to those persons paid by the OMF.
i) Date of deadline for final entries (names).

j) Date and place of the opening of the Information and Reception Office.
k) Date of arrival of Executive Committee members, officials, Jury members, referees and participants
l) Timetable for training hours for participating countries/federations.
m) Timetable for local transport.
n) Date of control and approval of all facilities by the IJF Executive Committee and the OMF.
o) Date and place of the control of the entries of the participating countries.
p) Date and place of control of flags and anthems.
q) Date of dress rehearsal (opening ceremony, closing ceremony, work of the staff at the tables).
r) Date and place of draw.
s) Date and place of weigh-in.
t) Competition timetable.
u) Timetable of opening and closing ceremonies.
w) Timetable of prize giving ceremony.
x) Times of doping control and gender control (where applicable).
y) Times of media interviews with the winners / Mixed Zone or press conference when applicable.
z) Timetable of sessions and conferences.

24.4 Overall Financial Plan

a) Deposit of guarantee sum to IJF.
b) Result of contract for TV rights obtained by the IJF together with the OMF.
c) Fixing of costs for:
   1) IJF representatives to be borne by the OMF (costs of travel and stay including one day before and one day after the activities and two days before for the Sports Director and Refereeing Director).
   2) the Sports Commission
   3) the Refereeing Commission
   4) the Education Commission (for the Senior World Championships)
   5) the Referees
   6) the IJF Medical Commissioner
   7) the IJF Media Commissioner
   8) the IJF Technology Specialist
   9) doping control, gender control, including laboratory tests

24.5 Overall Organization Plan

a) Official invitation
   1) Invitation letter
   2) Program
   3) General information concerning organization
4) World Championships regulations
5) Original entries/number (two copies) Entry copies : one for the General Secretary
6) Final entries/names (two copies) : one for the Organizing Committee, one for the IJF GS.

b) Control of Participants
   1) name
   2) citizenship
   3) age
   4) weight
   5) gender
   6) IJF unique identification number (ORIS)
   7) distribution of identity cards

c) Control of the National Anthems and Flags by the Chiefs of Delegations of the Participating National Federations.

d) Draw
   1) one laptop
   2) IJF software, or an IJF approved software.
   3) laser printer
   4) two video projectors
   5) two projection areas (8x6 meter)
   6) room with a capacity of 300 individuals
   7) two tables for 8 individuals each
   8) an official table for the IJF EC Members attending the draw, minimum twelve seats
   14) microphone on the central table and sound connection to laptop
   15) copy machines with sorter (high capacity minimum two)

e) Weigh-in (separate rooms for men and women)
   1) facilities for unofficial weigh-in, facilities shall be opened from the arrival of the first delegation
   2) official weigh-in (separate rooms of ca. 100 m2)
   3) sufficient number, depending on how many weigh-in locations are used, of weighing scales (not of the spring type) of guaranteed accuracy, 2 per room and 1scale in reserve for each room
   4) two (2) tables, eight (8) chairs (by room)
   6) two (2) assistants per weighing machine and a technician able to calibrate the machines
   7) two (2) weigh-in lists per weight category
   8) writing materials

f) Judogi Control
   1) easures devices Sokuteiki
   2) two lists per weight category
   3) writing materials
   4) adhesive tape to cover if necessary not acceptable markings

g) Printed materials
   1) invitations
   2) entry forms
   3) registration forms for accommodation, arrival, departure, training hours, food, tickets
   4) posters
   5) program
   6) diplomas for all participants and per weight category 1 x 1st place, 1 x 2nd place, 2 x 3rd places, 2 x 5th places, 2 x 7th places
   7) contest system lists
   8) contest record
   9) weigh-in lists
   10) contests' order
   11) lists for the order of the referees officiating
   12) summons for participation in doping control and in gender control (where applicable)
   13) record of urine test and record for gender control (where applicable)
   14) result sheets
   15) identity cards
   16) forms for the draw
   17) Back Identification (for the fighters) 35 cm x 40 cm.

h) Medals
   1) medals per weight category: 1 Gold, 1 Silver and 2 Bronze
   2) medals for the Team World Championships : 12 (10 + 2) Gold, 12 (10 + 2) Silver and 24 (2 x 10 + 2 x 2) Bronzes

i) Rooms
   1) Competition venue with detached interior, large enough for 4 to 5 competition areas for the Senior WC, 3 to 4 for the Junior WC, 3 to 4 for the Cadets World Championships and 3 (minimum) for the World Championships by Team of Nations, 2 for the Olympic Games and the necessary installation
   2) warming-up room with ca. 400/600 m² tatami surface
   3) training opportunities for all competitors
   4) recreation room for IJF Executive Committee
   5) recreation room for Referees
   6) recreation room for Refereeing Commission
7) recreation room for Sports Commission
8) recreation room for the Education Commission (where applicable)
9) dressing rooms capable of being locked for the competitors complete with massage facilities, toilets and showers
10) rooms for anti-doping control and gender control (two separate rooms, one for men, and one for women)
11) room for medical treatment
12) installation of a Press center with the necessary facilities (telex, telephone, typewriters, fax)
13) room for press conferences
14) separate lunch-rooms for Executive Committee, the Officials, the IJF Guests, referees, participants and spectators
15) conference room for about 50 persons
16) rooms for the Organizing Committee
17) Office for the President of the IJF
18) Office for the General Secretary, with a room for the IJF Administrative Secretariat equipped with computers, printers, copy machines with sorter, telephone, fax and internet connection
19) Office for the General Treasurer of the IJF
20) Office for the IJF Vice Presidents
21) A secretariat (equipped with computers, printers, copy machines with sorters, telephone, fax, high speed internet access)
22) rooms for non official weigh-in at the competition site
23) rooms for the Organizing Committee at the hotel
24) rooms for the official weigh-in at the hotel; in the village for the Olympic Games (two separate rooms for men and women)
25) room for draw with a capacity of minimum 300 individuals
26) room for the “control of the entries”
27) room for the IJF Congress, ca. 350 individuals, complete with simultaneous translation facilities
28) 5 rooms for the Unions’ Congresses
29) room for the Medical Symposium (if decided by the IJF EC)
30) room for Executive Committee sessions
31) room for Sports Commission meetings
32) room for Refereeing Commission meetings
33) room for the Education? Athletes and Coaches Commission meetings (for Senior World Championships)

j) Personnel requirements and IJF officials for Senior WCC
- 1 President
- 5 Vice-Presidents
- 1 General Secretary
- 1 General Treasurer
- 5 Sports Directors

- 2 Refereeing Directors
- 1 Education and Coaching Director
- 5 Continental Sports Commission members (+ 1 assistant)
- 5 Refereeing Commission members (+ 1 assistant)
- 5 Education Commission members (for Senior Men/Women World Championships). (+ 1 assistant)
- 2 to 5 Administrative Secretaries
- 1 IJF Technology Expert
- 1 IJF Medical Commissioner
- 1 IJF Media Commissioner
- 40 IJF Referees for Senior Men/Women World Championships
- 25 to 26 IJF Referees for the Olympic Games
- 24 IJF Referees for World Championships for Men and Women under 20

For Junior and Cadets WCC number of IJF Officials will be determined in due time.

k) Medical Personnel
For medical personal – see the IJF Medical Handbook.
1) one doctor per mat
2) two medical assistants
3) sufficient medical personnel to attend to the official participants at the competition venue and at the hotel

l) Table Staff for each competition area
- 1 speaker (official languages English French and Spanish)
- 1 list writer
- 1 administrator
- 2 recorders
- 1 timekeeper for contest time
- 1 timekeeper for osae-komi time
- 1 assistant for the Refereeing Commission
- 1 messenger
- 1 staff member who is responsible for ensuring the functioning of the proper sport-technical equipment
- 2 staff members responsible for controlling the competitors before a contest
- 2 attendants for the contestants
- Security staff as required
- 1 representative of the Education Commission of the IJF.

m) 1 Central Speaker
n) Ceremonies
- 1 Coordinator, person responsible for ceremonies and protocol questions
- 5 assistants for the awards ceremony
- 5 assistants for the opening and closing ceremonies

o) Internal Organization
- 1 Head of the Organizing Office
- 1 Head of the Information and Reception Office
- 1 person responsible for accommodation and food
- 1 person responsible for training
- 1 person responsible for transport
- 1 person responsible for supplies
- 1 person responsible for Public Relations
- 1 person responsible for materials and equipment
- 1 person responsible for the secretariat
- 1 person responsible for the weigh-in
- 1 person responsible for the draw
- 1 person responsible for the control of the competitors
- 1 Chief of medical matters = Medical coordinator (organizer)
- 10 assistants for control of citizenship, entries, distribution of identity cards, control of flags and anthems.

p) Equipment Requirements
1) 4 to 5 competition areas for the Senior WC, 3 to 4 for the Junior WC, 3 to 4 for the Cadets WC and 2 for the Olympics (quality of the tatamis must be approved by the IJF).
2) 400/600 m2 warming-up room
3) 1 “stand by” area of 20 to 40 m² allowing the ‘checked’ competitors to wait before their contest and to see the competitions
4) 1 platform for the competition areas (if requested by the IJF EC and quality must be approved by the IJF)
5) 2 chairs with cases for referee’s flags for the judges per competition areas
6) 3 blue referee’s flags per competition area
7) 3 white referee’s flags per competition area
8) 1 complete equipment with two electronic scoreboards per competition area
9) 1 central table with 20 chairs for the Executive Committee (Jury) of the IJF
10) 1 table for the direction of the Event with 10 chairs (IJF Sports Director and IJF Refereeing Director, local Competition Manager, IJF statistician, assistant, IJF doctor, IJF staff members)
11) 1 table per competition area with 16 chairs for the table staff
12) 1 microphone per table
13) 1 audible device for manual operation per competition area
14) 1 gong per competition area with different sounds
15) 4 stopwatches per competition area
16) 1 yellow flag by competition area
17) 1 green flag by competition area
18) 1 information board per competition area for calling competitors and referees
19) 1 table for pre-contest control (per competition area)
20) 1 table and 2 chairs for the competition area doctor (per competition area)
21) 2 chairs for the competitors’ doctors (per competition area near the medical table)
22) 2 chairs for the competitors’ coaches (per competition area)
23) chairs per competition area for the referees (according the number but minimum 12 chairs by competition area)
24) 1 central microphone
25) 1 radio microphone per competition area for the referee
26) sufficient cloakrooms must be available in the weigh-in rooms, the warming-up room and the training rooms
27) portable boards bearing the names of the participating countries
28) national or delegation flags of the participating countries with flag-staffs
29) national or delegation anthems (shortened version) of the participating countries
30) flags of participating countries for the awards ceremony
31) site for the awards ceremony
32) platform for the awards ceremony
33) 3 IJF flags
34) IOC flag
35) national flag of the host country
36) sewing machines for sewing on back identification
37) 20 to 40 judogis 10 per competition area (as reserve, blue and white)
38) “measuring devices” for the judogis control

q) Information Concerning Conditions and Quality of Equipment
1) Any equipment needed for the holding of the competitions must be controlled and approved by authorized members of the Executive Committee of the IJF
2) The competition venue shall be equipped in such a way that there are optimum conditions for the competitors, referees, table staff, officials and spectators.
3) Press, TV and photo-reporters must not impede the competitions.
4) The competition venue for the Senior World Championships should have a seating capacity for at least 8,000 to 10,000 spectators. A temperature of 18 degrees centigrade shall be ensured.
5) Provision shall be made for even lighting of the competition area. Lighting must be directed on the area from the top above. The lowest permissible lighting level is 1.500 lux (1800 lux is the best level).
Sports and Organization Rules of the International Judo Federation

6) The seats for the officials shall be marked with their names. Special seats shall be available for guests of honor, accredited journalists and competitors. All rooms for officials, referees and competitors shall be equipped with loudspeakers. In the competition hall all information shall appear on a large electronic scoreboard.

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r) Training rooms
1) The number of training rooms shall correspond to the number of competitors. The training rooms and training hours shall be assigned to the participating National Federations in a way that equal treatment is given.
2) The training rooms shall be equipped corresponding to the required standard. Individual training for all participating national federations must be guaranteed. A training surface of 60 m² will be accepted as a minimum.
3) Dressing rooms, showers and weighing machines shall be available at the training site.

s) Information and Reception Office
An Information and Reception Office shall be set up at the central hotel and an information office, at the competition venue. From there all information will be forwarded to the participating national federations.
The office is responsible for:
1) receiving all participants on arrival and for their departure
2) allocation of hotel rooms,
3) assistance in ordering meals,
4) assistance in transport (local and flight reservations),
5) supplying of information of all kind,
6) reservation of training hours,
7) assistance in cultural and tourist matters.

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6) reservation of training hours,
7) assistance in cultural and tourist matters.

u) Press Center
Size and equipment of the Press center shall correspond to the number of accreditations. Working conditions must be in line with the AIPS/IJF standard, see 19.
1) Cable Internet access as well as high speed Wi-Fi Connection.
25. STANDARD FORMS FOR WORLD CHAMPIONSHIPS AND INTERNATIONAL EVENTS

World Ranking List
IJF Events overview
Contest list – example – for Quarter Final Repechage
Contest list – example - without repechage
Contest lists – example – for Double Repechage for up to 32, 64 and more than 64 participants.
Contest Sheet.
Example of repechage and classification
Winner's List.
Weigh-in List.
Judogi Control List (advertising).
Control Card and sample.
Contest Order.
Referees’ list

IJF World Ranking List
The Ranking
The total of ranking points for each player will amount to the sum of his/her five highest point scores during each 12 month period:

look back 12 months from today - five best results count 100%
look back 13-24 months, from there - five best results count 50%

Additional Rules
- If the athlete changes his/her nationality during the Olympic Qualification period, he/she will lose all the points in WRL and will start the Olympic Games Qualification with 0 points.
- In case of equality of total points, the higher ranking will be decided by:
  - The highest sum of the current points from all World Championships.
  - The highest sum of the current points from all Grand Prix, Grand Slams and Masters
  - The highest current points from one single event, then, if needed, the second highest, and so on
  - If the competitors are still equal the decision will be taken by the IJF Executive Committee in case of Olympic Qualification.
Sports and Organization Rules of the International Judo Federation

World Ranking List and IJF Ranking Events

The Ranking:
- The total of ranking points for each player will amount to the sum of his/her five highest point scores during each 12 month period:
  - look back 12 months from today - five best results count 100%
  - look back 13-24 months, from there - five best results count 50%

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  3. The highest current points from one single event, then, if needed, the second highest, and so on
  4. If the competitors are still equal the decision will be taken by the IJF Executive Committee in case of Olympic Qualification.

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<thead>
<tr>
<th>World Cup Open Entry</th>
<th>Grand Prix Open Entry</th>
<th>Grand Slam Open Entry</th>
<th>Masters Top 16</th>
<th>Continent Ch. Open Entry</th>
<th>World Champ. Open Entry</th>
<th>Olympic Games Selection</th>
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<tr>
<td>Seeding</td>
<td>WRL TOP 8 placing Nation Distribution</td>
<td>WRL TOP 16 placing Nation Distribution</td>
<td>WRL TOP 16 placing Nation Distribution</td>
<td>Up to continent</td>
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<tr>
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<table>
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<tr>
<th>WRL Points</th>
<th>Number of athletes (per cat./per country)</th>
<th>1st place</th>
<th>2nd place</th>
<th>3rd place</th>
<th>5th place</th>
<th>7th place</th>
<th>1/16th</th>
<th>1/32nd</th>
<th>1 fight won</th>
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<td>max. 4/country</td>
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<td>max. 2 country max. 4 domestics (best 2 for ranking list)</td>
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<td>max. 2 country max. 4 domestics (best 2 for ranking list)</td>
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<td>80</td>
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The New IJF Tournament System • Example Quarter Final Repechage

An elimination system with repechage starting at the quarter-final (last 8) / up to 64 entries

Results

Elimination Round  Quarter-Finals  Semi-Finals  Final

Pool A

Pool B

Pool C

Pool D

Loser from (9)
Loser from (10)
Loser from (11)
Loser from (12)
Loser from (15)
Loser from (16)

Repechage  Bronze Fights

1  3  5  7

2  4  6  8
An elimination system with repechage starting at the quarter-final (last 8) / up to 32 entries

An elimination system with repechage starting at the quarter-final (last 8) / up to 16 entries
An elimination system without repechage with 2 bronze medals for defeated semifinalists / up to 64 entries
An elimination system without repechage with 2 bronze medals for defeated semifinalists / up to 16 entries

An elimination system without repechage with 2 bronze medals for defeated semifinalists – prefights / up to 80 competitors
An elimination system without repechage with 2 bronze medals for defeated semifinalists – pre-fights / up to 48 competitors

Example of Contest Sheet

<table>
<thead>
<tr>
<th>Weight Category</th>
<th>Gender</th>
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<th>Mat</th>
<th>Obs</th>
<th>N°</th>
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<tbody>
<tr>
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<td>Genre</td>
<td>Date Mat Obs N°</td>
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<td></td>
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<td>Ctry/Pays</td>
<td>White / Blanc</td>
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<td>2</td>
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</table>

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<th>Juge</th>
<th>Ctry / Pays</th>
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Signature of the representative of the IJF Sports Commission
Signature du représentant de la Commission Sportive de la FIJ
### Example of Winner's List

#### IJF Grand Slam Paris 2010
(FRA Paris, 6-7 February 2010)

<table>
<thead>
<tr>
<th>Weight Class</th>
<th>Semifinal 1</th>
<th>Semifinal 2</th>
<th>Final 1</th>
<th>Final 2</th>
</tr>
</thead>
<tbody>
<tr>
<td>-60 kg</td>
<td>1. ASUMBANI, David (GEO)</td>
<td>1. KIM, Joo-Jin (KOR)</td>
<td>1. ASUMBANI, David (GEO)</td>
<td>1. KIM, Joo-Jin (KOR)</td>
</tr>
<tr>
<td>-66 kg</td>
<td>1. SOBOROV, Rishod (UZB)</td>
<td>1. SANJAASUREN, Mlaragcha (MGL)</td>
<td>1. SOBOROV, Rishod (UZB)</td>
<td>1. SANJAASUREN, Mlaragcha (MGL)</td>
</tr>
<tr>
<td>-73 kg</td>
<td>1. WANG, Ki-Chun (KOR)</td>
<td>1. GUILHERMO, Leandro (BRA)</td>
<td>1. WANG, Ki-Chun (KOR)</td>
<td>1. GUILHERMO, Leandro (BRA)</td>
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<tr>
<td>-81 kg</td>
<td>1. AKIMOTO, Hirofumi (JPN)</td>
<td>1. TSUKAURA, Levai (GEO)</td>
<td>1. AKIMOTO, Hirofumi (JPN)</td>
<td>1. TSUKAURA, Levai (GEO)</td>
</tr>
<tr>
<td>-90 kg</td>
<td>1. ONO, Takashi (JPN)</td>
<td>1. VAN DER GEEST, Elco (BEL)</td>
<td>1. ONO, Takashi (JPN)</td>
<td>1. VAN DER GEEST, Elco (BEL)</td>
</tr>
<tr>
<td>-100 kg</td>
<td>1. CHORIEV, Dilshod (UZB)</td>
<td>1. SAMOYLOVICH, Sergey (RUS)</td>
<td>1. CHORIEV, Dilshod (UZB)</td>
<td>1. SAMOYLOVICH, Sergey (RUS)</td>
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<tr>
<td>+100 kg</td>
<td>1. RINER, Teddy (FRA)</td>
<td>1. VIJLSTERS, Grím (NED)</td>
<td>1. RINER, Teddy (FRA)</td>
<td>1. VIJLSTERS, Grím (NED)</td>
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</table>

#### IJF Grand Slam Paris 2010
(FRA Paris, 6-7 February 2010)

<table>
<thead>
<tr>
<th>Weight Class</th>
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<th>Semifinal 2</th>
<th>Final 1</th>
<th>Final 2</th>
</tr>
</thead>
<tbody>
<tr>
<td>-66 kg</td>
<td>1. YAMAGISHI, Emi (JPN)</td>
<td>1. JOSSENET, Frederique (FRA)</td>
<td>1. YAMAGISHI, Emi (JPN)</td>
<td>1. JOSSENET, Frederique (FRA)</td>
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<tr>
<td>-70 kg</td>
<td>1. MATSUMOTO, Kaori (JPN)</td>
<td>1. RIBOUT, Morgane (FRA)</td>
<td>1. MATSUMOTO, Kaori (JPN)</td>
<td>1. RIBOUT, Morgane (FRA)</td>
</tr>
<tr>
<td>-78 kg</td>
<td>1. DECOSSE, Lucie (FRA)</td>
<td>1. MESTZAROS, Anett (HUN)</td>
<td>1. DECOSSE, Lucie (FRA)</td>
<td>1. MESTZAROS, Anett (HUN)</td>
</tr>
<tr>
<td>-81 kg</td>
<td>1. MHEDZHAI, Almaz (GEO)</td>
<td>1. TSIREKIDZE, Irakli (GEO)</td>
<td>1. MHEDZHAI, Almaz (GEO)</td>
<td>1. TSIREKIDZE, Irakli (GEO)</td>
</tr>
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</table>

#### IJF Grand Slam Paris 2010
(FRA Paris, 6-7 February 2010)

<table>
<thead>
<tr>
<th>Weight Class</th>
<th>Semifinal 1</th>
<th>Semifinal 2</th>
<th>Final 1</th>
<th>Final 2</th>
</tr>
</thead>
<tbody>
<tr>
<td>-70 kg</td>
<td>1. OGATA, Akari (JPN)</td>
<td>1. ANAI, Sayaka (JPN)</td>
<td>1. OGATA, Akari (JPN)</td>
<td>1. ANAI, Sayaka (JPN)</td>
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<tr>
<td>-78 kg</td>
<td>1. ISHIZUKA, Ayano (JPN)</td>
<td>1. MARUYAMA, Hisae (JPN)</td>
<td>1. ISHIZUKA, Ayano (JPN)</td>
<td>1. MARUYAMA, Hisae (JPN)</td>
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<tr>
<td>+78 kg</td>
<td>1. IVASHCHENKO, Elena (RUS)</td>
<td>1. CHIHIRRDOOHU, Nihel (TUN)</td>
<td>1. IVASHCHENKO, Elena (RUS)</td>
<td>1. CHIHIRRDOOHU, Nihel (TUN)</td>
</tr>
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</table>

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**Sports and Organization Rules** of the International Judo Federation

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**TTA (c) by Real-Time Sports Communication - www.ippon.org**

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**09-Mar-2010 - 23:25:57**

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**09-Mar-2010 - 23:25:57**
Example of Weigh-in List

IJF Grand Slam Paris 2010
(FRA Paris, 6-7 February 2010)

Weigh-in List
-60 kg

<table>
<thead>
<tr>
<th>#</th>
<th>Category</th>
<th>Last Name</th>
<th>First Name</th>
<th>Nation</th>
<th>Date of birth</th>
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<th>Signature</th>
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<tr>
<td>1</td>
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<td>ABDULAEV</td>
<td>Murad</td>
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<td>ALVES</td>
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<td>-60 kg</td>
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<td>Daisuke</td>
<td>JPN</td>
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<td>4</td>
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<td>ASUMBANI</td>
<td>David</td>
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<td>Ricardo</td>
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<td>Lilian</td>
<td>FRA</td>
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<td>7</td>
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<td>BOMBOIR</td>
<td>Damien</td>
<td>BEL</td>
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<td>Laszlo</td>
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<td>Ludovic</td>
<td>SUI</td>
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<td>10</td>
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<td>DAVAADORJ</td>
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<td>Aia</td>
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<td>Jin-Min</td>
<td>KOR</td>
<td>17.01.1988</td>
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<td>16</td>
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<td>KOPISKE</td>
<td>Robert</td>
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<td>KOSSOR</td>
<td>Nicholas</td>
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<td>FIN</td>
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<td>Rishod</td>
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</table>
### Example of Referees’ List

**Liste des arbitres**

**Referees list**

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<tr>
<th>Date : ______________________________</th>
<th>Nº:</th>
</tr>
</thead>
</table>

<table>
<thead>
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<th>Langue Parlée/Language</th>
<th>Pays/Country</th>
<th>Union continentale/Continental Union</th>
<th>Fréquence Arbitre Judge/Frequency Referee Judge</th>
<th>Nº des arbitres et des juges/Referees and Judges Nº</th>
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</table>

Signature du resp. S/C Arbitrage :

Signature of the referee’s S/C representative:
26 Annexes

Annex 1: Regulations for Competition by Team
Annex 2: Regulation related to specific competitions
Annex 3: Recommendations Related to Weight Categories and Age for Youth
Annex 4: Code of Conduct for Judo Coach
Annex 5: IJF Judogi Rules
Annex 6: IJF Tatami Rules
Annex 7: IJF Medical Handbook
Annex 7: IJF Medical Check list
Annex 7: Doping Control Draw
Annex 7: IJF Doctors Form
Annex 1

Regulations for Team Event (Men and Women)

1) TEAMS
Each team will consist of 5 (five) competitors (for Men as well as for Women)

Note: the masculine gender used in relation to any physical person shall, unless there is a specific provision to the contrary, be understood as including the feminine gender.

Weight Categories

1.2) Women
Half Light weight . . . . . . . . . . . . . . . . . . . . . . . . . . . - up to and including 52 Kg
Light weight . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . .
- over 52 Kg up to and including 57 Kg
Half Middle weight . . . . . . . . . . . . . . . . . . . . . . . . . . . . - over 57 Kg up to and including 63 Kg
Middle weight . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . .
- over 63 Kg up to and including 70 Kg
Heavy weight . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . .
- over 70 Kg

1.3) Men
Half Light weight . . . . . . . . . . . . . . . . . . . . . . . . . . . - up to and including 66 Kg
Light weight . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . .
- over 66 Kg up to and including 73 Kg
Half Middle weight . . . . . . . . . . . . . . . . . . . . . . . . . . . . - over 73 Kg up to and including 81 Kg
Middle weight . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . .
- over 81 Kg up to and including 90 Kg
Heavy weight . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . .
- over 90 Kg

The team contests will be fought in the above order. Each competitor is entitled to fight in his own weight category or in the next higher category. A reserve is allowed for each weight category. A team consists of 5 (five) competitors and has the possibility to have up to 5 (five) reserves. A team has to consist of minimum 3 (three) competitors.

2) CONTROL OF THE RIGHT TO COMPETE
During the control (based on the Sport and Organization Rules of the IJF), identity, gender and weight category in which the competitors have been entered will be checked:

2.1) Check of the nationality of the competitors
Competitors must be of the same nationality as the country enters them.

Proof of identity will be established by production of a passport or an official document or its copy from the country for which the competitor has been entered and then the control card will be issued for the competitor. If a competitor has more than one nationality, such competitor can only represent one country and thereafter may not represent any other country, until after a period of three (3) years has elapsed. If the two federations concerned wish so, they can ask the IJF to reduce or even to suppress this delay in conformity with the Sport and Organization Rules of the IJF and the Olympic Chart, point 42. Only two persons of a National Federation shall be permitted to attend the control and shall produce the competitors’ documents.

2.2) Age
Lower age limit for all IJF competitions is 15 years (calendar year). Competitors under 15 year are not allowed to compete in any IJF event.

2.3) Insurance
Each National Federation is responsible for its competitors (the control of non pregnancy is placed under the responsibility of the National Federations as well the gender control) and must assume all responsibility for accident and health insurance as well as the civil liabilities for their competitors and officials, including the nominated referees, during the event.

3) REFEREEING
The referees officiating at WC by team will be nominated by the IJF Refereeing Commission informing their national federations.
All other refereeing duties please refer to Art. 20.2 IJF Referees.
IJF International Referees in accordance with the refereeing rules of the IJF will referee the contests.
For each contest three referees will be appointed who will not be of the same nationality than the competitors. In no circumstances the competitors or their representatives can consult the Refereeing Committee. The Committee is not an appeal’s jury.
No appeal/protest against the referees’ decisions will be accepted.

4) SYSTEM OF COMPETITION
The system of competition will be the elimination system with Quarter Final repechage.

5) COMPOSITION OF THE TEAMS
Before each round the team leader must present to the Sports Director the composition of his team. At each round he has the right to replace one or several competitors by other(s) competitors of the corresponding weight category or of the next lower category (see point 1)

6) SEEDING FOR THE TEAM WORLD CHAMPIONSHIPS
6.1 The seeding will take into consideration the medalists and if necessary the results from last Team World Championships. Up to four teams will be seeded.

6.2 Teams of the same Union must be separated to a maximum when possible taking into consideration the ranking in the Union.

7) DURATION OF CONTESTS (real contest time)
Each contest will be of five (5) minutes for the Men and Women Events and Golden score contest of 3 minutes.

8) DECISION
If at the end of the contest there is not at least a difference of a Yuko between the two competitors, the contest will continue according to Golden Score rule. The referees must take an obligatory decision in each contest.

The number of contests won will decide the winning team.

9) ANTI-DOPING CONTROL
The Anti-Doping Control will take place after the award ceremony. From each medal winner team two (2) competitors, having participated in the last fight, determined by draw, will be submitted to the control.

10) GENDER CONTROL
Gender Control is under the responsibility of the National Member Federations.
Annex 2

REGULATIONS RELATED TO SPECIFIC COMPETITIONS

Competitions with a 'low' number of competitors
When there is less than 6 competitors the IJF rules for small numbers will apply.

1) In case of 5 competitors
In case of five competitors a pool of three competitors and a pool of two competitors is formed:
- The two competitors on one side of the table will compete for the access to the final
- The three competitors on the other side of the table will compete in a Round Robin system in order to classify them
- The winner of the single contest meets the winner of the round robin system in the final
- The loser of single contest meets the second ranked player of the round robin system for bronze. Only one bronze medal is awarded.

Auxiliary option:
A round robin system can be used where specifically decided by organizers:
- One gold and one silver medal will be awarded.
- Only one bronze medal is awarded.

2) In case of 4 competitors
In case of four competitors a normal knock-out system will be used.
- The two winners will meet in the final
- The two losers will compete for bronze. Only one bronze medal is awarded.

Auxiliary option:
A round robin system can be used where specifically decided by organizers:
- One gold and one silver medal will be awarded.
- Only one bronze medal is awarded.

3) In case of 3 competitors
In case of three competitors a round robin system will be used.
- One gold and one silver medal will be awarded.
- A bronze medal will be awarded when one contest was won by the third ranked competitor.

4) In case of 2 competitors
In case of two competitors two contests will be held between them.
- In case of equal wins (1-1), a third contest will decide the gold medal winner.
- One gold medal will be awarded. A silver medal will be awarded when one contest was won.

5) In case of 1 competitor
In case of one competitor no medal or points are given.

Whenever a Round Robin system is used the following rules will apply:
A Round Robin is defined as a system where each competitor will compete each other.
Do define the winners the following criteria are used:
1. First criteria: Number of wins
2. Second criteria (in case of equal number of wins): Direct comparison.
   If two players have equal number of wins, the player who won the contest between them is defined as better.
3. Third criteria (in case of equal number of wins and no direct comparison possible because of "beating in circle"): The highest sum of each "winning" score will decide
   Example: Blue scored Waza-ari and Yuko; White scored Waza-ari and two Yuko: the Yuko is defined as the highest winning score (one point)
   Scores will be given like follow:
   a. Ippon Gachi / Sogo Gachi / Fusen Gachi / Kiken Gachi 100 points
   b. Waza-ari 10 points
   c. Yuko and Yusei-Gachi 1 point
4. Fourth criteria: decision matches. In case of equal points a knock-out system between the involved players will be used. A new draw has to be performed. Example in case of three competitors: one contest between two players will be held. The winner of this match will compete against the third player to get a final decision.
In case of 5 competitors - Option 1:

```
1 3 5
3 5
2 4
2 4
```

In case of 5 competitors - Option 2:

```
1 2 3 4 5
1 2 3
1 2 4
1 2 5
```
In case of 4 competitors – option 1

1.

2.

3.

In case of 4 competitors – option 2

1

2

3

4

1

2

3

4

1

2

3

4

1

2

3

4
Annex 3
Regulations related to weight categories, age & contest time duration (Senior & Juniors) and recommendations for Youths

Note: no competitor less than 15 years old (by year of birth) is allowed to take part in any IJF official competition.

### Senior Men, Men -20 and Youths

<table>
<thead>
<tr>
<th>Weight Category</th>
<th>17 YEARS</th>
<th>13/14 YEARS</th>
<th>11/12 YEARS</th>
<th>9/10 YEARS</th>
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<td>4 minutes</td>
<td>3 minutes</td>
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### Senior Women, Women -20 and Youths

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<th>9/10 YEARS</th>
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<tbody>
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<td>4 minutes</td>
<td>3 minutes</td>
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<td>+ 78 kg</td>
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Annex 4
Code of Conduct for Judo Coaches

Position of coaches
Chairs for two coaches per each competition mat, for the blue and the white side, will be provided behind the barrier of advertising panels.

Code of Conduct for Coaches
The coach is responsible for his athlete’s conduct from entering the competition venue until leaving it, before and after each contest.
Coaching will be strictly limited to communication with athlete, tactical advice, encouragement, instructions in unexpected situations, as injury, etc. The coach will remain seated on his chair throughout the contest.
Forbidden behavior of a coach:

- Any comments on or criticism of the referees’ verdicts.
- Demanding correction of the referees’ decisions
- Any abusive gestures toward referees, officials, or public
- Touching, hitting, kicking, etc. the advertising panels or any equipment
- Any kind of behavior showing disrespect to the opponent, referees, officials, opponent’s coach, his own athlete, the public, etc.

Dress code
- Draw meetings: jacket suit with tie
- Elimination rounds: national track suit with trousers reaching down to shoes.
- For the final block program (TV time): jacket suit with tie.
The following are forbidden at any time: shorter trousers, undressed upper body, sleeveless T-shirts, any kind of head caps and cover, jeans, sweaters or similar sports unrelated dress, flip-flops.

Penalizing
Any coach who infringes upon these rules will be disqualified from accompanying his athletes into competition zone and taking up coach’s chair until the end of event (not only for the particular day). Officials authorized to penalize coaches:
- Education Director / Refereeing Jury

Period of application
As from the World Cadet Judo Championships in August 2009 in Budapest
Annex 5

IJF JudoGi RULES

1. IJF Official Judogi

International Judo Federation has established a system of technical approval for Judogi and belt which must be used during IJF official events. Judogi must have Tag with its Official Label with an optical code provided by IJF which cannot be falsified.

One IJF Official Stick on Jacket, one on Trousers and one on Belt.
All Judogi and belts for IJF official events must conform to these requirements before 1 January 2011 and must be obligatory with the official Tag of the IJF or else it won’t be allowed in competition.

Example of the official stick for Judo-gi and belt: (Fig. 1)

1a) Only companies who have signed “IJF official supplier agreement” can obtain the Tag with its Official Label. To become an IJF official supplier, a company must contact IJF Treasury office for the registration procedure.

1b) If a company approved as an official supplier needs to obtain the Official Label provided by IJF, the manufacturer of the company must produce Judogi and belt in accordance with the rules. Then, the following must be sent to one of the official IJF testing laboratories for inspection and approval:

- One white Judogi (jacket and trousers), size 180
- One blue Judogi (jacket and trousers), size 180
- Two samples of the jacket’s fabric, part above the belt (grain stitches):
  - Color: white and blue
  - Dimensions: length 1.5m, width – width of the roll of the fabric
  - Two black belts (Length of the belt to be sent should be between 2.5m and 3m)

1c) If an approved Judogi and belt with the Official Logo Label used by a contestant during IJF event is found to be a nonconforming product, it will be reported to IJF. If the official supplier who provided the nonconforming product will be recognized as inaccurate, he shall receive penalty eventually leading to exclusion of the title of official supplier by the IJF Bureau. If a competitor or his team is recognized as inaccurate, they will receive penalty.

2. Guideline for Judogi Manufacturers

Since Judo is a sport of combat opposing two athletes, Judogi must not be a tool used against the opponent.

2a) Fabric material

2a(1) The fabric for Judogi must not be too thick, too rigid and too slippery for the opponent to take a grip.
2a(2) The fabric of Judogi must be cotton or cotton blend with more than 70% Cotton, and must have good hand-feeling. Blending components other than cotton (less than 30%) can be chemical fibers, such as Rayon, Nylon, Polyester, etc.

Note: The use of chemical fiber will increase the strength and reduce the weight of the fabric. On the other hand, too much use of chemical fibers makes the fabric less sweat-absorbing.

2a(3) The fabric must have an appropriate solidity. Therefore, weaker fabric must not be used intentionally.
2a(4) The fabric weight (after new and unused jacket is washed and dried) must be between 700g/㎡ and 1000g (1 kg)/㎡.
2a(5) Judogi white must have the color of cotton, that is, natural white or off-white.
2a(6) The official standard color for Judogi blue must be between Pantone number n°18-4051TCX(TPX) and n°18-4039TCX(TPX) on the textile Pantone scale and between n°285M and n° 286M on the print Pantone scale.

2b) Fabric weave system

2b(1) The jacket of Judogi is composed of two parts, upper jacket part (approximately above the belt position) and lower jacket part (approximately below the belt position). Upper jacket part must be Sashiko-weave fabric. (Sashiko is like grain stitches.) The lower jacket part must be light-weight and strong plain-weave or twill-weave fabric, which is combined with diamond patterned Sashiko weave. (See the pictures below and Fig. 13, part A)

Note 1: Lower jacket (lower side) part needs lightness rather than strength, therefore, diamond-patterned fabric is generally used. (More yarns, heavier is the weight).

Note 2: Fabric face must be on the right face of Judogi, and reverse use is not allowed.
2b(2) Sashiko yarn direction must be horizontal when Judogi is placed vertically (when in use).

**Note:** Horizontal Sashiko yarns increase the fabric strength against horizontal tensile force. When the direction is vertical, the fabric becomes slippery causing difficulty of handgrip.

2b(3) Upper jacket part must be double-woven Sashiko fabric having enough strength. 2b(4) Number of float of Sashiko yarn must be 4 to 5 per inch after washed and dried.

2b(5) In order not to produce too thick/rigid, or too thin/soft fabric for upper jacket part, fabric standard is set to specify weaving density as in the following table. New and unused product after washed and dried must be within the range bellow:

Sashiko yarn and basic fabric weave (inch = 2.54 cm)
Yarns per inch (2.54 cm) for warp and weft (after washed and dried)

<table>
<thead>
<tr>
<th>Sashiko yarn (warp)</th>
<th>Ground warp yarn</th>
<th>Weft yarn Note: + 5% increase is allowed for weft</th>
</tr>
</thead>
<tbody>
<tr>
<td>per inch</td>
<td>Yarn Count per inch</td>
<td>Yarn Count per inch</td>
</tr>
<tr>
<td>10 – 5ply</td>
<td>20 to 25</td>
<td>10 – one ply</td>
</tr>
<tr>
<td>20 – 12ply</td>
<td>20 to 25</td>
<td>30 – 2ply</td>
</tr>
<tr>
<td>10 – 6ply</td>
<td>20 to 25</td>
<td>10 – 2ply</td>
</tr>
<tr>
<td>20 – 10ply</td>
<td>20 to 25</td>
<td>20 – 2ply</td>
</tr>
</tbody>
</table>

*Note: If fabric has not enough Sashiko yarns, it becomes softer and easy to be stretched causing difficulty for applying technics (Waza). On the other hand, if fabric has excess of Sashiko yarns, it becomes harder causing difficulty of handgrip.*
How to check the number of warps and wefts:
1. Prepare a loupe for textile use by which yarns in 1 square inch can be observed. (Fig. 5 - right picture)
2. Count the number of warps per inch for the surface fabric.
3. Count the wefts after removing warp yarns and Sashiko yarns from the fabric.

2b(6) The fabric for trousers and jacket collar must be twill weave.

2c) Sewing specifications
2c(1) Jacket
- Sashiko covering dimension must be in the range of 50 - 55% of the finished whole jacket length. Judogi for over 190 cm height, the range can be 45 - 55%.
- Sashiko part must not have sewing stitches other than at back joint, both side body, and both sleeves, except upper-lower joint. (See Fig.14, part D)
- Width of collar must be between 4 and 5 cm (Fig.13, part B). Collar must be sewn with 5-row straight stitch (or 4-row zigzag stitch equally spaced).
- The color of inside-collar fabric must not be seen from outside. The collar thickness must be up to 1 cm except the part including sewn seam in case that sewn seam is placed in the jacket back and extended to the collar.
- Collar assembly which sandwiches body Sashiko fabric and chest pad fabric must be in accordance with the following A, B, C and D.

2c(1)a Outer part of collar (essential part)
Twill weave cotton or cotton blend with more than 70% cotton fabric must be used. Twill weave cotton fabric must be used (chosen from the three types):

2c(1)b Reinforcement fabric for the collar (if used)
In the case of using reinforcement fabric for collar, cotton fabric with plain or twill weave.

2c(1)c Main core material (essential part)
Main core material for collar must be one of the 4 materials, throstle spun yarn fabric (Garabo), non-woven fabric, felt, or diamond-patterned fabric.

2c(1)d Sub core material (if used)
In the case of using sub core material, use a material as specified in above C.

Note: The purpose of specification above is to prevent collar from becoming too hard to grip by setting the upper limit on the collar thickness.

How to check the hardness of the collar
(after washed and dried)
Fold the collar, at the chest pad inserted part, into two and place 10 kg-weight on 5cm point from the folding axis.

Note: At this time, do not touch around the folding axis to avoid any pressing force.
The height (width) of collar folded into two must be within 4cm.

Fig.10A - Allowed  
Fig.10B - Not Allowed

Collar must be easily folded vertically (See the following pictures)

Fig.11A - Allowed  
Fig.11B - Not Allowed

- A cuff on a sleeve (turn-back of sleeve edge) must be within 3 cm wide except raised part. (Fig. 13, part C)
- Lower side of both sleeves must be sewn by rolled seam. (Fig. 13, part G)
- Reinforcement tape for jacket sleeve edge, trouser leg edge, and seaming part of upper and lower panel of jacket and some other parts must be thin cotton plain or twill weave, within 3cm wide, and use up to 3-row stitching.
- In the case of back-center seaming, the seam width must be within 3 cm. (Fig. 14, part B). Any reinforcement fabric can not be used for the back seaming.
- Overlock stitch for fabric raw edge is allowed to prevent fray.
- Use of reinforcement pad on the back side is allowed for 3 places: shoulder, chest and armpit (only one fabric for each place).

2c(1)d(1) Shoulder pad:
Up to 5-row machine-stitching must be used. The vertical length of the pad must be within about 1/3 of total back body length. The pad material must be the same Sashiko fabric as jacket fabric. (Fig. 14, part C)

2c(1)d(2) Chest pad:
Chest pad must be half oval-shaped and be attached from the base of the shoulder pad along the collar using up to 5-row stitch. The width of the chest pad must be approximately 1/4 of the jacket back-body width. (Measurement based on back-hip joint width). Excessively wide pad is not allowed. (Fig.13, part D) Pad material must be the same fabric as jacket fabric. Overlapping of shoulder pad and chest pad must be within 5cm.

2c(1)d(3) Armpit pad:
Armpit pad must be oval-shaped and be attached using 5-row to 8-row stitch. Pad material must be the same fabric as jacket fabric, plain weave, or twill weave. (Fig. 13, part E)

Both side slit-ends are to be sewn with covering fabric. The length of side slit must be 1/2 to 2/3 of the lower jacket part length (Fig. 13, part F). A reinforcement fabric for above slit-ends is allowed within the size of 100 cm².

**Note:** Both side slits of jacket make Judo movement easier. (Only one slit in the center-back is not allowed.)

If slit is longer than 2/3 of the lower jacket part length, it will cause dishevelment.

The lowest part of the jacket must be 2/3 above from hip bone to above knee cap (Fig12).
2c(2) Trouser

- Knee pad on the fabric back must use only one layer of the same fabric as the trouser. Knee pad must be placed lower than crotch part. (Fig. 15, part A)
- The waist string must certainly be equipped. The material must be the same fabric as the trouser. Elastic material such as rubber, etc is not allowed for string. Number of string loop must be one or two. (Fig. 15, part B)
- Reinforcement lining fabric for each side slit (waist part) is allowed to be used with the same fabric as trouser. (Fig. 15, part C)
- A cuff on a trouser (turn-back of the leg edge) must be within 3 cm wide except raised part (except protuberances). Thin tape fabric within 3 cm wide is allowed to be used for covering. (Fig. 15, part D)
- Gusset must be stitched onto the crotch part. (Fig. 15, part E)
- Overlock stitch for fabric raw edge is allowed to prevent fray.

2c(3) Belt

- The belt of Judogi must use 100% cotton fabric (A). The manufacturers must not produce such a belt as to be easily knot-loosen or broken, which can cause disturbance of the match.
- Main core material must be non-woven fabric. (must not be elastic materials such as rubber.)
- Reinforcement fabric (B) must be as specified in Fig. 16 using plain or twill weave with cotton yarn count 20/1 or lower. Sub core (D) is allowed to use as shown in Fig. 16. Sub core material (center of the belt cross-section) must be the same as
reinforcement fabric (B).
- The belt must be 4 to 4.5 cm wide
- The belt must be sewn using at least 8-row but no more than 13-row of straight stitch.
- The thickness of the belt must be between 4 mm and 5 mm.

As shown in the photo (Fig. 18), belt should have the flexibility (softness). When pushing belt by hand from the both ends toward knot, the belt knot must not be loosening. Belt using too hard or slippery materials, which is easy to have knot loosening, is not allowed.

*For further information of the back identification, any marking or advertisement on Judogi, and sizes to be measured for Judogi control, please refer to UF Refereeing rule and IJF SOR.
1ère possibilité / 1st possibility

Promotion de la même marque/Same brand promotion (25x5cm)

Emblème national ou couleurs nationales
National emblem or national colours (max. 100cm)

Publicité / Advertising (max. 10x10cm)

2ème possibilité / 2nd possibility

Il est admis de placer le logo du fournisseur sur une des manches mais à l’intérieur de l’aire 25x5cm au lieu du bas sur le devant de la veste

It is admitted to place the logo manufacturer on one of the sleeves but inside of 25x5 cm area instead of at the bottom front of the jacket.

Note : les fournisseurs officiels de la FIJ sont autorisés placer le logo de la FIJ comme indiqué

The IJF Official suppliers are allowed to place the IJF logo as indicated.

Marque du fabricant
Logo manufacturer (trade mark)

(20cm²)

25x5cm

10x10cm

max. 100cm²

10x10cm sur chaque manche

10x10cm
Validation of judogi control procedure during the IJF competitions

Judogi control is the responsibility of the IJF Sport Commission in conjunction with the Education and Coaching Commission. The Commission must inform, by email, Project and Development Director (JL Rouge) and Sport Director (H. Uemura) in charge of all the cases of breaching the rules.

Procedure during the IJF competitions:
1/ During the nations control (accreditations):
   • Make the coach or his representative sign a document attesting that:
     - Judogi and belts are of the IJF approved brand.
     - Judogi are covered by the event back number and the marking (emblems, publicity…) complying with the IJF current sport rules.
     - Judogi and belts were controlled for each athlete by the Sokuteiki and they comply with its criteria.
     - The manufacturer’s logo on the belt and the judogi complies with the IJF current sport rules.
     - The trousers’ and the jacket's color must be identical. It must be of a Panton color complying with the IJF current sport rules.
     - The athlete was informed that if the back number publicity is torn down, it is necessary to replace it on penalty of disqualification.

2/ In the standby area:
   For each competition mat, the control will be realized by 2 referees of national level provided by the organizer.
   During each contest, they must:
   • Verify, using the optical reader, the validity of the judogi (trousers and jacket) and the belt brand.
   • Verify, using the Sokuteiki, regulatory measures for the jacket, the trousers and the belt.
   • Verify the presence of the event back number.
   • Control the carrying of prohibited object.
   • Verify the length of hand and foot nails and the personal hygiene of the athlete.

Information for IJF Approved Judogi

Validation procedure for Judogi and belt
1. The manufacturer sends its request to the IJF General Treasurer.

2. Before starting the validation procedure, the IJF General Treasurer verifies solvency of the manufacturer.

3. In case if the manufacturer is not solvent, a letter will be sent to him by the IJF General Treasurer indicating the reasons of refusal.

In case if the manufacturer is solvent, the IJF General Treasurer informs the President, the General Secretary, the Project Director and responsible Sports Director about it, and sends to the manufacturer documents necessary for the homologation procedure.

4. The manufacturer sends the original application form (including the number of IJF TAG Label they wish to purchase and the choice of the laboratory) to the IJF General Treasurer.
   The IJF General Treasurer informs the chosen testing laboratory about it.

5. The chosen testing laboratory sends the invoice for the testing fee to the manufacturer. As soon as the manufacturer receives the invoice, he makes the payment by bank transfer to the laboratory.

6. Having made the payment, the manufacturer sends the samples and a copy of the application form to the laboratory as requested in the validation documents. The shipping expenses are at the charge of the manufacturer.

7. The laboratory carries out the tests at manufacturer’s charge and keeps the samples.

8. Test results are sent to the IJF General Treasurer, with copy to the Project Director and the IJF Sports Director responsible for this project.

9. With consent of the Project Director and responsible Sports Director, the IJF General Treasurer informs the manufacturer about the results. If the Judogi model passes the test, it can obtain ‘IJF Approval’. The IJF General Treasurer sends the ‘IJF Approved Certificate’ and conditions to obtain the official IJF TAG Label (amount, IJF bank account information, etc) to the manufacturer who must return this document to the IJF General Treasurer. As soon as the IJF General Treasurer receives this document, he sends to the manufacturer the invoice for the ordered TAG ($ per stamp) and for the IJF official supplier fee. Having received the payment, the IJF General Treasurer sends the stamps and the document confirming the official supplier status.

10. If the Judogi or belt model is not in conformity to the regulation, the manufacturer will be advised to improve it. The testing fee is not refundable under any circumstances. The manufacturer must pay another testing fee when retrying the test.
LIST OF IJF APPROVED LABORATORIES
for Judogi and Belt Tests

1. CRITT Sport Loisirs
   Contact: M. Antoine BEAUFILS
   Adresse: ZA du Sanital, 21 rue Albert Einstein
            86100 Châtellerault • France
   Téléphone: + 33 5 49 85 73 43
   Fax: +33 5 49 21 76 20
   Email: recherche@critt-sl.com

2. JAPAN TEXTILE PRODUCTS QUALITY AND TECHNOLOGY CENTER
   Contact: Mme. Yoko OYA
   Address: 7-19 Tomizawa-cho, Nihonbashi
            Chuo-ku, Tokyo • 103-0006 Japan
   Téléphone: +81-3-3666-5384
   Phone: +81-3-3666-5390
   Fax: +81-3-3666-5394
   Email: tk-g8@qtec.or.jp; shimizu@qtec.or.jp

* Please make any inquiry preferably by email.

Please send your Judogi samples, belt and the copy of your application form to one of
those laboratories which you have chosen in the application form.

You must send the following Judogi samples (4 items) per each model:
1. One White Judogi (Size: 180cm)
2. One Blue Judogi (Size: 180cm)
3. One White Sashiko Fabric* (Length: 150cm)
4. One Blue Sashiko Fabric (Length: 150cm)

*Sashiko fabric is the fabric used for the upper part of Judogi jacket.

For Belt, you must send 2 items. (Length: 2,5m-3m)

Any material or Judogi and Belt samples for the Judogi or Belt test is not returnable.

Application Form for IJF Approved Judogi and Belt

<table>
<thead>
<tr>
<th>Company Name</th>
</tr>
</thead>
</table>

<table>
<thead>
<tr>
<th>Model Name</th>
</tr>
</thead>
<tbody>
<tr>
<td>(model number)</td>
</tr>
<tr>
<td>1.</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Name of the President or Director</th>
</tr>
</thead>
</table>

<table>
<thead>
<tr>
<th>Name of the contact person</th>
</tr>
</thead>
</table>

<table>
<thead>
<tr>
<th>Company Address</th>
</tr>
</thead>
</table>

<table>
<thead>
<tr>
<th>Telephone Number</th>
</tr>
</thead>
</table>

<table>
<thead>
<tr>
<th>Fax Number</th>
</tr>
</thead>
</table>

<table>
<thead>
<tr>
<th>Email</th>
</tr>
</thead>
</table>

<table>
<thead>
<tr>
<th>Choice of Testing Laboratory</th>
</tr>
</thead>
</table>

<table>
<thead>
<tr>
<th>(Testing Fee per Model)</th>
</tr>
</thead>
<tbody>
<tr>
<td>1. French: 845€ judogi / 330€ belt</td>
</tr>
<tr>
<td>2. Japanese: JPY150,000 fixed for judogi and JPY35,000 fixed for belt</td>
</tr>
<tr>
<td>JPY185,000</td>
</tr>
</tbody>
</table>

*Please circle either one of the two laboratories above.

<table>
<thead>
<tr>
<th>Number of models</th>
</tr>
</thead>
</table>

<table>
<thead>
<tr>
<th>Date of Application</th>
</tr>
</thead>
</table>

<table>
<thead>
<tr>
<th>Number of logo Labels for Purchase</th>
</tr>
</thead>
</table>

Note

- **Testing fee is per one model**
  You must make the payment promptly after you receive the invoice
  - The applicant must cover all charges such as testing fee, shipping fee and bank charges.
  - We will send the IJF logo labels only when you Judogi or Belt model is approved by IJF after validation of the tests by the laboratory and when the necessary payment is received by the laboratory.
  - IJF supplier fee: US$50,000
  - The minimum number of labels you can order is 3,000.
  - The price is US$1 per logo label
  
  You need one label for the jacket, one label for trousers and one label for belt.
  - The bank account information for the payment will be provided to you with the invoice.

Date:        Signature:
### Quotation for Judogi Inspection (One Model)

CRITT Sport Loisirs  
ZA du Sanital, 21 rue Albert Einstein  
86100 Châtellerault • France  
Phone: + 33 5 49 85 38 30 • Fax: +33 5 49 21 76 20

#### New JUDOGI rules (November 2009)

<table>
<thead>
<tr>
<th>Test items</th>
<th>Remarks</th>
</tr>
</thead>
<tbody>
<tr>
<td>Percentage of Textile composition</td>
<td></td>
</tr>
<tr>
<td>Composition of Sashiko weave</td>
<td>Jacket &amp; Trousers: Dissolution test and / or Microscopy test</td>
</tr>
<tr>
<td>Number of yarn (Jacket only)</td>
<td>Sashiko yarn x 1</td>
</tr>
<tr>
<td>Weight of Sashiko fabric per m² (After washed and dried)</td>
<td>Base yarn x 2</td>
</tr>
<tr>
<td>Degree of Density (After washed &amp; dried)</td>
<td>Number of warps &amp; wefts of Sashiko fabric</td>
</tr>
<tr>
<td>Composition of collar assembly</td>
<td></td>
</tr>
<tr>
<td>Thickness (hardness) of Collar (After washed &amp; dried)</td>
<td></td>
</tr>
<tr>
<td>Pulling strength (Jacket only)</td>
<td>Less than 2,2 kN (Pulling vertically Sashiko fabric)</td>
</tr>
<tr>
<td>Testing Charge (To Check appearance &amp; conformity to the rule)</td>
<td>Per one model</td>
</tr>
<tr>
<td>Report (Determination of Approval)</td>
<td></td>
</tr>
<tr>
<td>(Blue Judogi)</td>
<td></td>
</tr>
<tr>
<td>Color Fastness of Washing</td>
<td></td>
</tr>
<tr>
<td>Color Check (Visual Test)</td>
<td>Jacket &amp; Trousers Washing</td>
</tr>
</tbody>
</table>

**Grand Total for JUDOGI**  845 € (discounted and fixed)

### New JUDOGI rules (November 2009) on belt

<table>
<thead>
<tr>
<th>Test items</th>
<th>Remarks</th>
</tr>
</thead>
<tbody>
<tr>
<td>Percentage of Textile composition</td>
<td></td>
</tr>
<tr>
<td>Cotton yarn count 20/1 or lower</td>
<td>To be exactly defined later</td>
</tr>
<tr>
<td>Dimension analysis</td>
<td></td>
</tr>
</tbody>
</table>

**Grand Total for BELT**  330 € (discounted and fixed) without cotton yarn count 20/1

### Package Fee for Judogi Test/ Inspection per One Model and one Belt

Japan Textile Products Quality and Technology Center (QTEC)  
Address: 7-19, Nihonbashi Tomizawa-cho, Chuo-ku, Tokyo, 103-0006 Japan  
Contact: Yoko OYA  
Fax: 81-3-3665-5383  
e-mail: shimizu@qtec.or.jp

#### Test/Inspection in accordance with Guidance For IJF Approved Judogi

<table>
<thead>
<tr>
<th>Test / Investigation Item</th>
<th>Remarks</th>
</tr>
</thead>
<tbody>
<tr>
<td>1. Fiber Content</td>
<td>Jacket and Trousers, Belt</td>
</tr>
<tr>
<td>2. Fabric Weave</td>
<td>Upper part of Jacket, Belt</td>
</tr>
<tr>
<td>3. Fabric Yarn Count</td>
<td>Sashiko yarns and base yarn</td>
</tr>
<tr>
<td>4. Fabric Weight</td>
<td>Upper part of Jacket, after wash/dry</td>
</tr>
<tr>
<td>5. Fabric Density</td>
<td>Sashiko fabric and base fabric, number of yarns per inch</td>
</tr>
<tr>
<td>6. Collar Hardness Test</td>
<td>Bending method, after wash/dry, within 4.0 cm</td>
</tr>
<tr>
<td>7. Thickness of reinforced part</td>
<td>3 places for Jacket, 1 place for Trousers, Belt</td>
</tr>
<tr>
<td>8. Breaking Strength of upper jacket JIS L 1096, 8.1.2 &amp; Breaking Strength, ravelled strip, sample width: 5 cm &amp; constant rate of extension: 200 mm/min.</td>
<td>Breaking Strength in vertical direction when in use and Breaking Strength of Belt More than 2200 N (additional rule to the JIF guidance)</td>
</tr>
<tr>
<td>9. Inspection of sewing and fabrication</td>
<td>Detailed inspection in accordance with IJF Guidance including Belt</td>
</tr>
<tr>
<td>10. Examination of Belt composition</td>
<td>Photo of cross-section and side view &amp; Used materials attached in the report</td>
</tr>
</tbody>
</table>
| 11. Extra Test for Blue Judogi only Blue Color Measurement | Visual Check by using Pantone Scale after wash/dry  
18-4051TCX(TPX)  
18-4039TCX(TPX)  
285M – 286M |

#### Issue of Test and Investigation Report

Including total judgment of Pass or Fail to the requirements by IJF guidance (Report written in English)

**Test and Inspection Fee for judogi per one model**  JPY 150,000

**Price for Test and Inspection Fee for one Belt**  JPY 35,000

**Total Package Fee for Judogi and belt**  Japanese Yen 185,000

For detailed check points, please refer to IJF Judogi Test and Inspection Check Sheet.
### IJF Judogi (including Belt) Test and Inspection Check Sheet (19th October 2009)

**Japan Textile Products Quality and Technology Center (QTEC)**

<table>
<thead>
<tr>
<th>Judogi Model:</th>
<th>Judogi Supplier:</th>
</tr>
</thead>
<tbody>
<tr>
<td>Name of Checker:</td>
<td>Date of Check:</td>
</tr>
</tbody>
</table>

Please use this check sheet always with reference to “Guidance for IJF Approved Judogi”. This check sheet includes some additional rules supporting the Guidance.

#### Pass/Fail

<table>
<thead>
<tr>
<th>Fiber: Cotton &gt; 70%, Chemical fibers allowed up to 30%, Good hand-feel</th>
</tr>
</thead>
<tbody>
<tr>
<td>Upper jacket fabric strength in vertical direction when in use: ≥ 2200 N</td>
</tr>
<tr>
<td>This is additional rule to the IJF Guidance (JIS L 1096, 8.1.2 Breaking Strength, raveled strip, sample width: 5 cm)</td>
</tr>
<tr>
<td>Upper jacket fabric (Sashiko part) weight: 700–1000 g/m² (after wash/dry)</td>
</tr>
<tr>
<td>Color: White: natural cotton, Blue: judgment by Pantone scale after wash/dry</td>
</tr>
<tr>
<td>Upper: double Sashiko Weave, Lower: Plain, or Twill with diamond pattern</td>
</tr>
<tr>
<td>Float number of Sashiko: 4 to 5 / inch (after wash/dry)</td>
</tr>
<tr>
<td>Warp/weft Yarn Count and Density for Sashiko fabric (after wash/dry)</td>
</tr>
<tr>
<td>Fiber: Cotton &gt; 70%, Chemical fibers allowed up to 30%, Good hand-feel</td>
</tr>
<tr>
<td>Color: White: natural cotton, Blue: judgment by Pantone scale after wash/dry</td>
</tr>
</tbody>
</table>

#### A. Fabric/Material for JACKET

| 1. Fiber: Cotton > 70%, Chemical fibers allowed up to 30%, Good hand-feel |
| 2. Upper jacket fabric strength in vertical direction when in use: ≥ 2200 N |
| 3. Upper jacket fabric (Sashiko part) weight: 700–1000 g/m² (after wash/dry) |
| 5. Upper: double Sashiko Weave, Lower: Plain, or Twill with diamond pattern |
| 6. Float number of Sashiko: 4 to 5 / inch (after wash/dry) |
| 7. Warp/weft Yarn Count and Density for Sashiko fabric (after wash/dry) |

#### B. Fabric/Material for TROUSERS

| Fiber: Cotton > 70%, Chemical fibers allowed up to 30%, Good hand-feel |
| Color: White: natural cotton, Blue: judgment by Pantone scale after wash/dry | [18-4051TCX(TPX) – 18-4039TCX(TPX), or 285M – 286M] |

#### C. Sewing/Fabrication for JACKET

1. Reverse use of the fabric is not allowed.
2. Sashiko lines (warp line) must be horizontal when wearing jacket.
3. Upper Sashiko fabric part must be 50-55 % of total length of the jacket
4. Stitches allowed only for back joint, both sleeves, and both body sides in upper Sashiko part. (except joint of upper and lower jacket)
5. Collar: Twill weave, width: 4 – 5 cm with 5-row stitch (4-row for zigzag) Inside material of collar must not be exposed outside.
6. Collar thickness: No more than 1 cm (Except back joint part, if applicable)
7. Collar weave: Twill, Construction according to Guidance c) (1) A, B, C, D
8. Collar Hardness Test: within 4.0 cm (after wash/dry, weight 10 kg)
9. Collar must be easily folded vertically into two at chest-pad inserted place.
10. Sleeve cuff width: within 3 cm
11. Lower side of sleeves must be seamed by rolled seam.
12. Reinforcement tape (except side slit): within 3cm wide, cotton thin fabric, plain or twill, up to 3-row stitch
13. Jacket back joint width: within 3 cm (if applicable) Reinforcement not allowed
14. Shoulder pad: same Sashiko fabric, up to 5-row stitch, within 1/3 back-body
15. Chest pad: same Sashiko fabric, one half-oval shaped, up to 5-row stitch, The length must be about 1/4 of back body hip-joint length.
16. Overlap of shoulder pad and chest pad: within 5cm
17. Armpit pad Oval, 5 to 8-row stitch, same Sashiko fabric, plain, or twill
18. Reinforcement tape for both side slit: cotton plain or twill to cover slit edge Side slit length is 1/2 to 2/3 of the lower jacket. One back slit not allowed.
19. A reinforcement fabric for above slit-ends allowed: within 100 cm²

#### D. Sewing/Fabrication for TROUSERS

### E. Belt

1. Outer-face fabric must be 100 % cotton. Belt must be sturdy and not be easily loosen or broken.
2. Main core must be non-woven fabric. (rubbers or elastics not allowed)
3. Reinforcement fabric must be cotton plain or twill using yarn count 20/1 or finer.
4. Sub-core (optional), if used, must be the same material as reinforcement.
5. Belt width must be 4 cm to 4.5 cm
6. Stitch: 8 to 13 rows of straight stitches.
7. The thickness of Belt must be in the range of 4 mm to 5 mm.
8. Belt should have flexibility (softness). When pushing belt by hand from the both ends toward knot, the belt knot must not be loosen.

Anyone who is involved in IJF Judogi can use this check sheet for self-checking. Official testing/inspection organizations also use this check sheet as a part of their test/inspection report.
## TEST REPORT (Example)

**Issue**: 7th July 2009

### APPLICATION

<table>
<thead>
<tr>
<th>Name of Judogi Supplier</th>
<th>XXX Co., Ltd</th>
</tr>
</thead>
<tbody>
<tr>
<td>Judogi Model (product No.)</td>
<td>xxx</td>
</tr>
<tr>
<td>Belt Model (product No.)</td>
<td>xxxx</td>
</tr>
<tr>
<td>Application No.</td>
<td>xxxxxx</td>
</tr>
<tr>
<td>Test Items</td>
<td>Test and Inspection by &quot;Guidance for JIF Approved Judogi&quot;</td>
</tr>
<tr>
<td>Sample Received Date</td>
<td>20th June 2009</td>
</tr>
<tr>
<td>Sample Received by</td>
<td>Yoko OYA Signature:</td>
</tr>
<tr>
<td>Test and Inspection Date</td>
<td>6th July 2009</td>
</tr>
</tbody>
</table>

### TEST RESULTS

#### Judogi Model No. xxxxxxx Pass or Fail

<table>
<thead>
<tr>
<th>Pass</th>
<th>Fail</th>
</tr>
</thead>
<tbody>
<tr>
<td>A. Fabric/Material for JACKET</td>
<td>Pass</td>
</tr>
<tr>
<td>B. Fabric/Material for TROUSERS</td>
<td>Pass</td>
</tr>
<tr>
<td>C. Sewing / Fabrication for JACKET</td>
<td>Fail</td>
</tr>
<tr>
<td>D. Sewing / Fabrication for TROUSERS</td>
<td>Pass</td>
</tr>
<tr>
<td>E. Belt (Model No. xxxx)</td>
<td>Pass</td>
</tr>
</tbody>
</table>

### COMMENT AND RECOMMENDATION

**Failed Check Point**: C-6, Collar Thickness is measured 13 mm, which must be 10 mm or less.

### DETAILED CHECK RESULTS

<table>
<thead>
<tr>
<th>Pass</th>
<th>Fail</th>
</tr>
</thead>
<tbody>
<tr>
<td>A. Fabric/Material for JACKET</td>
<td>1. Fiber: Cotton≥70%, Chemical fibers allowed up to 30%, Good hand-feel</td>
</tr>
<tr>
<td>2. Upper jacket fabric strength in vertical direction when in use: a 2200 N This is additional rule to the IJF Guidance (JIS L 1096, 8.1.2 Breaking Strength, raveled strip, sample width: 5 cm)</td>
<td></td>
</tr>
<tr>
<td>3. Upper jacket fabric (Sashiko part) weight: 700–1000 g/m² (after wash/dry)</td>
<td></td>
</tr>
<tr>
<td>5. Upper: double SashikoWeave, Lower: Plain, or Twill with diamond pattern</td>
<td></td>
</tr>
<tr>
<td>6. Float number of Sashiko: 4 to 5 / inch (after wash/dry)</td>
<td></td>
</tr>
<tr>
<td>7. Warp/weft Yarn Count and Density for Sashiko fabric (after wash/dry)</td>
<td></td>
</tr>
<tr>
<td>B. Fabric/Material for TROUSERS</td>
<td>1. Fiber: Cotton≥70%, Chemical fibers allowed up to 30%, Good hand-feel</td>
</tr>
<tr>
<td>2. Color: White: natural cotton, Blue: judgment by Pantone scale after wash/dry [18-4051TCX(TPX) – 18-4039TCX(TPX), or 285M – 286M]</td>
<td></td>
</tr>
<tr>
<td>C. Sewing/ Fabrication for JACKET</td>
<td>1. Reverse use of the fabric is not allowed.</td>
</tr>
<tr>
<td>2. Sashiko lines (warp line) must be horizontal when wearing jacket.</td>
<td></td>
</tr>
<tr>
<td>3. Upper Sashiko fabric part must be 50-55 % of total length of the jacket</td>
<td></td>
</tr>
<tr>
<td>4. Stitches allowed only for back joint, both sleeves, and both body sides in upper Sashiko part. (except joint of upper and lower jacket)</td>
<td></td>
</tr>
<tr>
<td>5. Collar : Twill weave, width: 4 – 5 cm with 5-row stitch (4-row for zigzag) Inside material of collar must not be exposed outside.</td>
<td></td>
</tr>
<tr>
<td>6. Collar thickness: No more than 1cm (Except back joint part, if applicable)</td>
<td></td>
</tr>
<tr>
<td>7. Collar weave: Twill, Construction according to Guidance c) (1) A, B, C, D</td>
<td></td>
</tr>
<tr>
<td>8. Collar Hardness Test: within 4.0 cm (after wash/dry, weight 10 kg)</td>
<td></td>
</tr>
<tr>
<td>9. Collar must be easily folded vertically into two at chest-pad inserted place.</td>
<td></td>
</tr>
<tr>
<td>10. Sleeve cuff width: within 3 cm</td>
<td></td>
</tr>
<tr>
<td>D. Sewing/ Fabrication for TROUSERS</td>
<td>1. Outer-face fabric must be 100% cotton. Belt must be sturdy and not easily loosen or broken.</td>
</tr>
<tr>
<td>2. Main core must be non-woven fabric. (rubbers or elastics not allowed)</td>
<td></td>
</tr>
<tr>
<td>3. Reinforcement fabric must be cotton plain or twill using yarn count 20/1 or finer.</td>
<td></td>
</tr>
<tr>
<td>4. Sub-core (optional), if used, must be the same material as reinforcement.</td>
<td></td>
</tr>
<tr>
<td>5. Belt width must be 4 cm to 4.5 cm.</td>
<td></td>
</tr>
<tr>
<td>6. Stitch: 8 to 13 rows of straight stitches.</td>
<td></td>
</tr>
<tr>
<td>7. The thickness of Belt must be in the range of 4 mm to 5 mm.</td>
<td></td>
</tr>
<tr>
<td>8. Belt should have flexibility (softness). When pushing belt by hand from the both ends toward knot, the belt knot must not be loosening.</td>
<td></td>
</tr>
<tr>
<td>E. Belt</td>
<td>1. Reinforcement tape for cuff: within 3cm wide, reinforcement tape allowed</td>
</tr>
<tr>
<td>2. Trousers cuff: within 3 cm wide, reinforcement tape allowed</td>
<td></td>
</tr>
<tr>
<td>3. Waist string needed: same fabric, rubber band not allowed, 1 or 2 string loops</td>
<td></td>
</tr>
<tr>
<td>4. Reinforcement fabric for both side slit allowed: same fabric on the backside</td>
<td></td>
</tr>
<tr>
<td>5. Gusset must be stitched onto the crotch part.</td>
<td></td>
</tr>
<tr>
<td>6. Trouser cuff: within 3 cm wide, reinforcement tape allowed</td>
<td></td>
</tr>
<tr>
<td>7. Reinforcement tape for cuff: within 3cm wide, cotton thin fabric, plain or twill, up to 3-row stitch</td>
<td></td>
</tr>
</tbody>
</table>

**Final Judgment**: FAIL
Annex 6

IJF TATAMI RULES

1. GENERAL

1.1. Object

The purpose of the International Judo Federation (IJF) is to ensure safety of people practicing judo. This is why IJF makes efforts to impose better quality for tatami and to identify clearly the material which complies with the comfort and safety standards. IJF recommends tatamis which meet the requirements of the European standards CEN, and also special criteria defined by this Regulation. The conformity of the recommended products will be also controlled by an independent laboratory approved by IJF. Each tatami that meets these standards will be « APPROVED ». Manufacturer will issue a certificate of equipment conformity at each delivery. These criteria and test methods are detailed in the document “Testing procedure”

1.2. IJF Approval

Any manufacturer (1) of judo mats can apply for IJF approval. Any holder of this right undertakes to accept any further controls. IJF approval and apposition of the Label “Approved by IJF” on admitted products, will not in no way replace guarantee which is incumbent on manufacturer, distributor or importer according to the law. Approved judo mat will be identified with stamp and special mark provided by IJF.

1.3. Limits

The use of IJF approval is strictly limited to the products for which it was granted, that means to the products duly defined, issued from the factories duly defined, and fabricated under conditions fixed in this Regulation. In particular, any modification that manufacturer wishes to make in the approved product must be notified to the IJF and according to its evaluation new control should be done. To ensure correct application of this Regulation and to avoid any confusion, the holder of the “IJF approval” can use it in his commercial documents after having previously submitted them to the IJF for approval.

1.4. Follow-up of the Approval

IJF will assure administrative follow-up of the approval. All people involved in IJF approval management are kept in professional secrecy. All manufacturer’s files (reports, summaries, etc) presented to the IJF, are anonymous.

Commitments

IJF is in charge of the follow-up of the activities confided to the agencies under this Regulation and of giving advice on:
- Decisions arising from application of this Regulation, namely in case of interpretation problem or non-accuracy of this Regulation,
- Undertaking of more frequent checks,
- Decisions concerning withdrawal,
- Advertisement and promotion projects.

2. CRITERIA USED BY IJF: APPLIED STANDARDS

2.1. Definition of the Products

«Product» means a set of mats of:
- the same dimensions: length, width, thickness,
- the same foam characteristics,
- the same surface covering,
- the same anti-slip base (if any).

An extension of IJF approval must be requested in case of modification of the length and/or width and/or surface covering.
An extension of IJF approval must be required in case of modification of the nature of the anti-slip base (if any).
Test characteristics of the anti-slip base will be done by the approved laboratory.
For any other modification, new demand for IJF approval must be done, namely modification of thickness and/or foam characteristics.
Technical dossier of the manufacturer must be submitted to the laboratory for any new demand or any modification of the product.

2.2. Standards

Applicable standards
Preliminary tests in laboratory: tests for obtaining IJF approval are based on European standard EN 12503-3.
On-site tests: tests for obtaining IJF approval are based on the texts of former French standard cited below:
Training. S 52 – 319 judo mat for trainings and trainings of judo beginners (September 93)
Additional specifications
Anti-slip characteristics of the base
Mat must be tested according to the testing method defined in the document EN 12 503-5 “ Mats – testing method for determination of the anti-slip characteristics of the base”
Values required for anti-slip characteristics of the base:

<table>
<thead>
<tr>
<th>Force of friction</th>
<th>Training</th>
</tr>
</thead>
<tbody>
<tr>
<td>&gt;15</td>
<td></td>
</tr>
</tbody>
</table>

**Fire regulations**
Classification of fire resistance is minimum M4, or European classification by authorized laboratory.
IJF approval can be given only at presentation of one of the fire resistance classification certificate.
This point will be detailed in technical annex with obligation of the manufacturer to prove that the product is indeed classified as 4 fire resistance.

3. TERMS OF MARKING AND REFERENCE OF THE ACCEPTED PRODUCTS

3.1. Terms
Following clauses must be considered as minimum requirements which if they are satisfied, give full freedom to the manufacturers to use the IJF approval under other forms and under other conditions than those described, respecting general principles outlined in this Regulation and respecting graphic chart of the logo available from IJF in color or in black and white.
The marking must be readable, indelible and permanently fixed at least once on each approved judo mat.
This (these) marking(s) must be accompanied in the same visual field:
- Commercial reference of the product,
- Reference identifying the holder of the IJF approval and the producing factory (code provided by IJF),
- Date of fabrication (minimum: month and year)
- Note: “mats without anti-slip base must be fixed”.

Minimum dimensions for markings are:
- Width: 28 mm
- Length: 2 x 42 mm
In case of any modification, these proportions must be respected.

EN12503-3
Number of the current European Standard: EN 12503-3 and number of the type. A statement indicating the size of the surface of the mat.

3.2. Obligatory Information Sheet
Information part of the qualification certificate « Approved by IJF » has a form of information sheet with minimum data content indicated below.
Values of characteristics revealed when tested and indicated on the approved mat must coincide with those in the information sheet, taking into account the tolerances and limits of the characteristics imposed by the standard.
Minimum content of the information sheet for a mat is as follows:
- IJF logo;
- Logo of the approved laboratory;
- Commercial mark;
- Assembling guide and utilization instructions;
This information sheet is a responsibility of the manufacturer and must accompany products with IJF label at each delivery.

3.3. Management and Muality Assurance
The holder of IJF approval must respect the requirements.
With regard of control of fabrication and general control, to identify aspects of its management related to compliance with the standards and this Regulation and implement specifications from these documents by suitable means.
Objectives of these means are:
- To obtain conformity of the type,
- To verify that conformity was obtained,
- To demonstrate that conformity was obtained and checked.

4. PROCEDURE
4.1 Submission of Application
Any application requires prior adherence to CEN standard...
The applicant must be the manufacturer and be able to proof this.
Application should specify place of fabrication and should be done on letterhead of the company.
Application should be addressed to the IJF.

Demand of IJF approval should be done by the manufacturer on his letterhead in duplicate, as well as all required documents.
Demand corresponds to a product from a unit of fabrication determined and defined by commercial marks, commercial reference and technical characteristics.
The entire dossier and different correspondences should be sent to:

Naser Al Tameemi  
IJF General Treasurer  
Post Box n°: 3573  
United Arab Emirates (U.A.E)  
Phone: +97 (150)444 7743  
Fax: +97 (12) 4456886  
Email: gt@ijf.org

The applicant should:
- accept all conditions of the present Regulation, as well as those imposed by the appropriate standards for the products concerned,
- commit himself to declare essential modifications of his installations and his quality plan if it exists,
- keep denomination (commercial mark and reference) of the fabrication submitted for admission only to the products which comply with the standards,
- obligatory put IJF label on admitted products and only on them at the fixed conditions,
- fulfill controls and tests stipulated by the present Regulation.
- facilitate actions that inspection responsible people have to fulfill according this Regulation.
- on request, communicate to the commission and/or to the IJF all printed advertisement which make part of IJF approval.

4.2 Engagements
- on all printed documents (advertisement or information) issued in accordance with the article 1.3 of the present Regulation, to distinguish clearly details which are confirmed by the test results conducted for IJF approval (certified information), from those which are not.

4.3 Prior Inspection
Laboratories chosen for conducting the tests must be submitted to the IJF for approval verification of independence and competence: quality system according to the standard ISO17025 and commitment to participate in the intra laboratories tests (tests for admission and supervision)

Inspection visit
In case of first admission of the product, the follow-up for the demand comprises a visit to the factory.

In case of extension, maintenance and/or re-admission, there is no additional visit to the factory.
The purpose of this visit is to examine organization of the production and quality system of the applicant, to verify that means of control are in accordance with the requirements of the Regulation.

Technical examination of the products – Tests
The products are tested on the spot of fabrication by an agent of the independent laboratory.

Examination results
All inspections and tests are followed by inspection report and test report (according to the standard EN 12503-3 and another according this Regulation) presented if necessary to the commission.
These reports are addressed to the applicant/holder of the IJF approval by the IJF.

5. DECISIONS
This article covers decisions that can be taken with regard holders and applicants of IJF approval and possible appeal.

5.1 Nature of Decisions
Consideration of application for IJF approval causes one of the following decisions:
- IJF approval with or without observations,
- Refusal of IJF approval.
- Inspections or tests of the admitted products can be followed by one of the following decisions:
  - Renewal of the IJF approval,
  - Renewal of the IJF approval with observation,
  - Warning with undertaking to correct the established non-conformity (-ies) in the fixed period of time,
  - Warning with increasing number of tests at the charge of the holder,
  - Suspension of the IJF approval for a fixed period of time,
  - Withdrawal of the IJF approval
In case of decisions d), e), f),g) and h), costs for additional checks will be at the charge of the holder, regardless of the results.

5.2 Coming into Force
Decisions are taken and communicated by the IJF
They are enforceable from the notification of the manufacturer.
5.3. Protective Measures in Case of Infringement
In case of serious infringement of the Regulation, as a conservative measure after establishing certain infringement, IJF can apply any sanction indicated in the article 5.1. The decisions taken by the IJF commission will be announced.

5.4. Challenge of Decision - Appeal
In the event if the applicant or the holder of IJF approval challenge the decision which concerns him, he can request a new examination.

6. CONTROL OF THE CONFORMITY OF THE PRODUCTS ACCEPTED FOR THE LABEL
6.1. Tests conducted by the Holder
The holder of the IJF approval should carry out regular control on fabrication of the products with IJF approval (fabrication control can be done by a laboratory advised to the federation).
All modifications related to the ways of fabrication, control and quality system, which can have significant impact on conformity of the products, must be reported in written. Admitted products must be in conformity with the type which was an admission object, taking into account possible observations concerning IJF approval.
Modifications to the products can be done only with IJF consent and notification of the laboratory which originally carried out the tests. Conditions concerning this agreement should be communicated to the holder of the IJF approval within 15 days from the date of the receiving of the demand.

6.2. Control of Fabrication
Regular control of fabrication will be conducted after attribution of IJF approval. This control comprises regular inspections to the factories, tests of the products from the factories or from commerce by an independent laboratory.
In general, during any visit and anywhere, regardless principal object of his mission, agent responsible for the inspection inquires about the use of the IJF approval and all questions related to application of the present Regulation.

Control of conformity to NF EN 12 503-3 « Judo mat » from one side and requirements of this regulation from another side.

Before every annual inspection to the factory, manufacturer should send to the laboratory 2 samples of tatami corresponding to the tatami which he will present on the spot to obtain IJF approval. 2 samples should be in conformity with standard NF EN 12 503-3 and to this Regulation.
Manufacturer should present necessary guarantees of fire classification corresponding to this type of product.

Inspections at the factory
Inspections at the factory involve: visit of fabrication installations, possible realization of on-site tests, consultation of the holder of the IJF approval concerning results of the control, and exploitation that was done. Inspections include also examination of possible modifications in control system of the factory which were done after previous visit and their consequences on quality, examination of admitted products and taking samples in order to make tests in independent laboratory indicated in the article 2.2.3. These visits can be unexpected.

Controls in commerce
These controls consist of testing one or several products with IJF approval in commerce and examination of the commercial documentation. These controls are carried out at the demand of the IJF.

Controls in case of complaints
In case of dispute with the consumers, controls can be carried out on the place of utilization of admitted products with taking samples and tests (in this case, the holder is invited to attend the procedure of taking samples and conducting the tests). The one who will be considered faulty will cover the costs for these tests. The holder of the IJF approval and consumer (erroneous accusation).

Examination of the results
All inspection visits and tests are followed by inspection and test reports. These reports are sent to the IJF commission if necessary. These reports are sent to the IJF and the applicant / holder of IJF approval.

6.3 Verifications carried out by IJF
IJF can carry out on its own or entrust to check what IJF considers necessary basing on information that it possesses.

6.4 Cessation of Fabrication or Control
Holder of the IJF approval must immediately declare to IJF all temporary cessation of fabrication or control of admitted products. IJF will forward this information to the independent laboratory which conducted the tests.
In case of abandonment of IJF approval, holder must declare it and specify the period that is needed to sell the products with IJF label remaining at his storehouse. IJF Commission will propose conditions for better selling.

6.5. Transfer from the Fabrication Place
Holder of the IJF approval must inform technical secretariat in beforehand of total or partial, temporary or definitive transfer of the production to another non-declared...
place of fabrication. Technical secretariat will inform the holder within 15 days about possible tests to be carried out at new place of fabrication, so that the holder can continue to benefit his right to use IJF label.

In case if the transfer is done from one declared place of fabrication to another declared place of fabrication, the holder should just notify the authorities about it.

IJF will forward all necessary information to the independent laboratory which carried out the tests to update its file for the holder.

6.6. Conformity to the Requirements of this Regulation

TESTS

Approved laboratory fulfills the procedure of taking samples and conducting tests according «system of reference for mechanical tests » and informs IJF.

Procedure

Samples of mats are taken by an agent of the approved laboratory or by the manufacturer amongst a set of 100 at the end of chain of fabrication or at the stock. An agent of the approved laboratory takes 10 mats.

The procedure is as follows:

- 100 mats are piled up in sets of 20 mats
- The control set of 10 mats is composed in uncertain order by taking 2 mats from each pile of 20 mats.
- Tests are carried out by an agent of the approved laboratory on the spot.
- The threshold of acceptance is:
  - Minimum 9 mats must be in conformity;
  - The tenth mat can be not in conformity within further limits: it must possess values divergent not more than 5% from the threshold fixed in the standard(s) and additional specifications.

For the admission test or controls, total of tests defined in the standard(s) and additional specification fixed in this Regulation are carried out.

6.7. Supervision by the Manufacturer & Autocontrol

Manufacturer applying for IJF approval or manufacturer who had obtained such approval commit himself to adapt and to fulfill obligations defined below concerning quality system and procedure of elaboration of the products within this Regulation. Using IJF approval, the holder of the IJF approval commit himself to maintain the quality of admitted products that he produces and delivers to his clients (conformity of products to the current standards and respect of announced characteristics).

The company should be able to prove existence and efficiency of the quality control system.

6.7.a Provisions concerning Quality System

These provisions must include:

- application of particular regulations, standards and contract clauses, internal verification of application of control procedures and validity of the results,
- setting-up of proofs (for example: updating registers)
- detection of any non-conformity during the fabrication and to prevent recurrence.
- performances of insurance quality system used by the manufacturer are evaluated during admission visit and regular inspections carried out by the controlling agency.

**NOTE:** companies provided model of insurance quality defined by the standards ISO 9001, 9002 et 9003 and possibly possessing AFAQ certificate or corresponding equivalent to these three references, are supposed to satisfy these exigencies.

6.7.b. Provisions concerning Control of the Products

Within of IJF approval, plan of control should include minimum of tests and controls at the manufacturer’s initiative.

Means of realization of these controls and tests are within manufacturer’s competence at the condition that the prescriptions given bellowed are respected.

They comprise:

- Controls of primary materials
- Controls during fabrication including storehouse, transports
- Control of finished products

For all controls a plan should be established which comprises:

- Setting-up of the programme for measuring and testing
- Definition of responsibilities for measuring operations and testing
- Draw up of reports of measuring and tests
- Registration, operating of statistics and archive of the results
- Frequency of these controls is reserved for estimation of applicant or holder of IJF approval.

Results of the controls should be given at the disposal of controlling agents.

Controls of the Primary Materials and Components

Manufacturer should carry out or to make carried out a regular control of primary materials used for fabrication of products for which the manufacturer is an applicant or holder of IJF approval.

Criteria of acceptance or refusal of primary materials are to be determined by the manufacturer.
Control during Fabrication
Controls during fabrication can be carried out. Nature and frequency of these controls are to be determined by the manufacturer. These controls are to be recorded with mention of acceptance criteria and decisions that were taken in case of non-conformity.

Control of finished Products
Controls for finished products should be done in order to assure conformity of the products to the prescription of the corresponding standards. These controls comprise minimum following points:

- Dimensions,
- Deflection,
- Homogeneity of the foam

Nature and frequency of the controls are to be determined by the manufacturer.

6.8. External Supervision

6.8.a. Types of Supervision

Inspection Visits
Visits are organized by the approved laboratory on criteria indicated in paragraph 2. The objectives of these visits are:

- before the admission of the products to verify existence and efficiency of quality system as well as control of products fabricated by the manufacturer. These are tests of admission.
- To verify later on if the instructions are still respected. These are supervision visits which normal frequency is determined below. The frequency can be increased or reduced.

Tests
Tests in laboratory
Manufacturer sends two samples to the approved laboratory. Tests of products are carried out according testing methods stated in NF EN 12 503-3 standard “Judo mats”: safety requirements and requirements of this regulation. Technical file (dossier) with fire classification will be examined.

On-site tests
Taking samples for the tests from the manufacturer are done by an agent from the chosen laboratory. The objectives of these controls are:

- to verify conformity to the certification reference of the licensed (labeled) products: (supervision control which is organized by IJF according the procedure indicated in the paragraph 2.2)

6.8.b. Terms of Supervision

Inspection Visit
As soon as IJF gives its instruction, the approved laboratory makes an inspection visit.

Terms
Observations of the agent from the laboratory during his visit are registered in a form that he fills in on the spot.

Frequency
Normal frequency of inspection visits is one visit per year (1 semester of the year for validation of the IJF approval for the next sports season). In case of non-conformity to the Regulation which did not cause withdrawal of the right to use IJF label, IJF can prescribe for the fixed period control procedure with more frequent inspection visits.

“Admitted product” means an admitted product, its extensions and/or upholds. In case of non-conformity to the Regulation which did not cause withdrawal of the right to use IJF label, IJF can prescribe for the fixed period supervision procedure with more frequent controls of the products.
Mechanical Testing Framework
A – Procedure for laboratory testing

1) Objective Test
The purpose of this regulation is to obtain optimum quality of sport facilities implemented to good technical practice of judo. It specifically targets aspects of security to prevent incidents and accidents that may affect the health of judokas. Seven parameters will be monitored:
- Dimensions (length, width and thickness)
- Uniformity
- Absorption (maximum deceleration)
- Energy of restitution (coefficient of restitution)
- Friction (coefficient of friction of the base)
- Friction characteristics of the upper surface
- Static Stiffness

The tests will be conducted in accordance with the requirements of standard NF EN 12503-3 on the judo mat. Additive requirements (see part 5) have to be considered in compliance with this regulation.

2) Procedure
The test itself consists of six parts:
- Define the dimensions of the tatami (paragraph 4.1).
- Control the uniformity by performing a first set of impacts across the mat with an indentor of 78 mm in diameter and a drop height of 40 cm (paragraph 4.2).
- Determine the values of two parameters (maximum deceleration and coefficient of restitution) by performing a second set of impacts using two indentors and two heights (paragraph 4.3).
  - Diameter of indentors: 43 mm and 116 mm
  - Height of drop: 20 cm and 60 cm
- Control the quality of the slip by making a skid test using the pendulum RRL (paragraph 4.4).
- Determine the top friction (paragraph 4.5).
- Determine the static stiffness (paragraph 4.6).

3) Test conditions
Conditioning air
As provided in Chapter 6 of the standard EN 12503-4, the temperature condition of the tests is: (21 +/- 3) °C.

4) Performance Requirements according to EN 12503-3
4.1 Determination of basic characteristics (in cm)
(According to appendix A of standard EN 12503-3)

<table>
<thead>
<tr>
<th>Mat reference</th>
<th>Normative dimensions</th>
<th>Tolerance on dimensions</th>
<th>Measured dimensions</th>
</tr>
</thead>
<tbody>
<tr>
<td>Length (cm)</td>
<td>Multiple of 1</td>
<td>± 0.5 cm</td>
<td>xx,x ± x,x cm</td>
</tr>
<tr>
<td>Width (cm)</td>
<td>Multiple of 1</td>
<td>± 0.5 cm</td>
<td>xx,x ± x,x cm</td>
</tr>
<tr>
<td>Thickness (mm)</td>
<td>40 or 50 or 60</td>
<td>± 3 %</td>
<td>xx,x ± x,x mm</td>
</tr>
</tbody>
</table>

The length must be of 1 or 2 meters, the width must be of 1 meter and thickness must be 40, 50 or 60 mm. The tolerance on the length and width must be lower than 0.5 cm and the tolerance of the thickness lower than 3%.

The average value of each parameter will be expressed in test report with maximum value of tolerance.

Any other size announced by the manufacturer must be made by an official demand to IFJ. The testing laboratory is able to participate in the decision of acceptability of this new size (measurement of performances and expert opinion) while maintaining its integrity and independence. It will then be possible to waive this requirement. If the applicant does not reply within a month, the new dimensions will be accepted by default.

Results given in Report

- Sample conform
- Sample not conform
4.2 Uniformity test (in g)  
(According to Chapter 7.2.1 of standard EN 12503-4)  

Dimensions in cm  
The maximum allowable difference between any of the eight individual points (average reading between 3 to 5) and the overall mean shall be +/- 3g.

Results given in report

<table>
<thead>
<tr>
<th>Test points</th>
<th>1</th>
<th>2</th>
<th>3</th>
<th>4</th>
<th>5</th>
<th>6</th>
<th>7</th>
<th>8</th>
</tr>
</thead>
<tbody>
<tr>
<td>Value noted</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Mean value</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Absolute deviation</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

- Sample homogeneous  
- Sample not homogeneous

4.3 Peak g and resilience  
(According to Chapter 7.2.2 of standard EN 12503-4)  
The values shall be in accordance with next table:

<table>
<thead>
<tr>
<th>Parameters</th>
<th>Indentor diameter (mm)</th>
<th>43</th>
<th>116</th>
</tr>
</thead>
<tbody>
<tr>
<td>Fall height (cm)</td>
<td>20</td>
<td>60</td>
<td></td>
</tr>
<tr>
<td>Peak deceleration (g)</td>
<td>30</td>
<td>90</td>
<td></td>
</tr>
<tr>
<td>Resilience (%)</td>
<td>30</td>
<td>28</td>
<td></td>
</tr>
</tbody>
</table>

For each combinaison between indentor diameter and height of fall, the test is carried out in two places on the mat. The value recorded in the test report is the average value of the two measures.

Results given in Report

<table>
<thead>
<tr>
<th>Temperature °C</th>
<th>Hygrometry %</th>
</tr>
</thead>
<tbody>
<tr>
<td>Parameters</td>
<td>Diameter of indentors (mm)</td>
</tr>
<tr>
<td></td>
<td>Fall height (cm)</td>
</tr>
<tr>
<td>Deceleration (g) ≤ ± 2</td>
<td>Noted average value</td>
</tr>
<tr>
<td>Maximum normative value</td>
<td>40</td>
</tr>
<tr>
<td>Restoration coefficient C.R. (%) ≥ ± 2</td>
<td>Noted average value</td>
</tr>
<tr>
<td>Results given in Report:</td>
<td>28</td>
</tr>
</tbody>
</table>

- Sample conform  
- Sample not conform

4.4 Static stiffness  
(According to standard EN 12503-7)  
The maximum static stiffness value shall not be greater than 9 mm.

Results given in Report

<table>
<thead>
<tr>
<th>Tests points</th>
<th>Test 1</th>
<th>Test 2</th>
<th>Test 3</th>
<th>Test 4</th>
</tr>
</thead>
<tbody>
<tr>
<td>Mean value</td>
<td>9</td>
<td>9</td>
<td>9</td>
<td>9</td>
</tr>
<tr>
<td>Distortion mean</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Normative value</td>
<td>&lt;9</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Comments</td>
<td></td>
<td>Sample not conform</td>
<td></td>
<td>Sample conform</td>
</tr>
</tbody>
</table>

4.5 Base friction characteristics of the base  
(According to standard EN 12503-5)  
The frictional value shall be equal or greater than 6.5.

Friction force formula: \( \beta = \frac{\alpha L \times m}{100} \)

\( \beta \) is friction force.  
\( m \) is mass of 1m² of mat in kg.  
\( \alpha L \) is the lowest mean of resistance when friction measured with pendulum RRL.

Results given in Report

<table>
<thead>
<tr>
<th>Parameters</th>
<th>αL</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>m (Kg)</td>
</tr>
<tr>
<td>Normative value</td>
<td>≥6,5</td>
</tr>
<tr>
<td>Comments</td>
<td></td>
</tr>
</tbody>
</table>

- Sample complying to the compromise safety performance  
- Sample not complying to the compromise safety performance
4.6 Top friction characteristics
(According to standard EN 12503-6)
The coefficient of rotational friction shall be equal to or greater than 1.0.

Mean coefficient of rotational friction = \( \frac{3T}{wD} \)

w is the vertical force applied on surface, in Newton.
D is the diameter of disk in meter
T is the mean torque in Newton-Meter.

Results given in Report

<table>
<thead>
<tr>
<th></th>
<th>Value</th>
</tr>
</thead>
<tbody>
<tr>
<td>w</td>
<td>460</td>
</tr>
<tr>
<td>D</td>
<td>0,15</td>
</tr>
<tr>
<td>T</td>
<td></td>
</tr>
<tr>
<td>Coefficient of friction in rotation</td>
<td>0,0</td>
</tr>
<tr>
<td>Normative value</td>
<td>( \geq 1 )</td>
</tr>
</tbody>
</table>

4.7 Marking
Requirements of marking are in table of test report.

Results given in Report

The gymnastic mats shall be visibly and permanently marked with*:

- The number of the standard EN 12503-3 and the type number
- The name and trademark of the manufacturer, retailer or importer and the year of manufacture
- The indication on the upper face of the mat (if not recognizable)

* The requirement of marking readability for the whole life of the mat cannot be checked by the laboratory

5) Performances Requirements for the Label

5.1 Determination of dimensional characteristics of tatamis
Dimensional control

**REQUIREMENTS**

Dimensions: normative values
- Tatamis of 200 cm x 100 cm (+/- 0.5 cm)
- Tatamis of 100 cm x 100 cm (+/- 0.5 cm)

3 thicknesses acceptable:
- 40,0 mm (+/- 1,2 mm) => +/- 3 %
- 50,0 mm (+/- 1,5 mm) => +/- 3 %
- 60,0 mm (+/- 1,8 mm) => +/- 3 %

Any other size announced by the manufacturer must be made by an official demand to IFJ. The testing laboratory is able to participate in the decision of acceptability of this new size (measurement of performances and expert opinion) while maintaining its integrity and independence. It will then be possible to waive this requirement. If the applicant does not reply within a month, the new dimensions will be accepted by default.

Results given in Report

<table>
<thead>
<tr>
<th></th>
<th>Value 1</th>
<th>Value 2</th>
<th>Value 3</th>
<th>Average</th>
</tr>
</thead>
<tbody>
<tr>
<td>Length (mm)</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Width (mm)</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Thickness (mm)</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

5.2 Determination of uniformity of tatamis
Control of uniformity of shock absorption on mat.

**REQUIREMENTS**

Fall height: 40 cm.
Indentor diameter (mm): 78 mm.
Impacts:
5.3 Determination of mechanical characteristics of tatamis: shock absorption

REQUIREMENTS

Fall height: 20, 40 and 60 cm.
Indentor diameter (mm): 43, 78 and 116 mm.

Indicated values in next table are maximum authorized ones for peak and deflection and minimum authorized one for resilience. Measurements must have precision less than +/- 2.

Results given in Report

<table>
<thead>
<tr>
<th>Indentor diameter (mm)</th>
<th>43</th>
<th>78</th>
<th>116</th>
</tr>
</thead>
<tbody>
<tr>
<td>Peak ((\gamma_{\text{max}})) ≤ Normative Value</td>
<td>30</td>
<td>45</td>
<td>60</td>
</tr>
<tr>
<td>Measured Value</td>
<td>35</td>
<td>50</td>
<td>65</td>
</tr>
<tr>
<td>Deflection ((\varepsilon_{\text{max}})) ≤ Normative Value</td>
<td>26</td>
<td>32</td>
<td>37</td>
</tr>
<tr>
<td>Measured Value</td>
<td>21</td>
<td>28</td>
<td>32</td>
</tr>
<tr>
<td>Resilience (% ≥ Normative Value</td>
<td>25</td>
<td>23</td>
<td>21</td>
</tr>
<tr>
<td>Measured Value</td>
<td>27</td>
<td>25</td>
<td>23</td>
</tr>
</tbody>
</table>

Results given in Report

<table>
<thead>
<tr>
<th>Circumstances of tests</th>
<th>Indentor diameter (mm)</th>
</tr>
</thead>
<tbody>
<tr>
<td>Fall height (cm) 20 40 60 20 40 60 20 40 60</td>
<td>43 78 116</td>
</tr>
</tbody>
</table>

B – Procedure for in situ tests (tests based on performances requirements for the label)

1) Choice of batch control

- Minimum stock: 100 mats stacked batch of 20 on a line must be made available to controllers.
- Number of mat for control: 10.
- Choice of mat: it is done randomly by lot using a set of 2 dice.
- Sense of control: Make the selection from bottom to top and from left to right.

2) Conditions of control

- Flatness and type of surface for tests: choosing a floor closer to a concrete slab.
- Voltage: avoid the hours when the risk of voltage drop is maximum.
- Temperature: raise the ambient temperature.
- Degree of humidity: raise the relative humidity.
- One test sheet and conformity for each mat.

3) Determination of dimensional characteristics of tatamis

Dimensional control

REQUIREMENTS

Dimensions: normative values
Tatamis of 200cm x 100cm (+/- 0.5 cm)
Tatamis of 100cm x 100cm (+/- 0.5 cm)

3 thicknesses acceptable:
- 40,0 mm (+/- 1,2 mm) => +/- 3 %
- 50,0 mm (+/- 1,5 mm) => +/- 3 %
- 60,0 mm (+/- 1,8 mm) => +/- 3 %

Any other size announced by the manufacturer must be made by an official demand to IFJ. The testing laboratory is able to participate in the decision of acceptability of this new size (measurement of performances and expert opinion) while maintaining its integrity and independence. It will then be possible to waive this requirement. If the applicant does not reply within a month, the new dimensions will be accepted by default.
Sports and Organization Rules of the International Judo Federation

Used Equipment
- A Vernier caliper to measure the thickness of the mat
- A tape meter to measure width and diagonals.
- A digital scale to measure the mass of the mat.

Measurements are made on 10 mats.

Results given in Report

<table>
<thead>
<tr>
<th>measured Value</th>
<th>Standard limits</th>
<th>Difference</th>
<th>Relative Difference</th>
</tr>
</thead>
<tbody>
<tr>
<td>Length (cm)</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Width (cm)</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Thickness (cm)</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Diagonal (cm)</td>
<td></td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

4) Determination of uniformity of tatamis

Used Equipment and Conditions
Fall height: 40 cm.
Indentor diameter (mm): 78 mm.

REQUIREMENTS
Minimum step of shock absorption variation: +/- 3 g compared to average value found.
Measurements are made on 10 mats.

Results given in Report

5) Determination of mechanical characteristics of tatamis: shock absorption

Used Equipment and Conditions
Fall height: 20 and 60 cm.
Indentor diameter (mm): 43 and 116 mm.

Indicated values in next table are maximum authorized ones for peak and deflection and minimum authorized one for resilience. Measurements must have precision less than +/- 2.

Measurements are made on 10 mats.

Results given in Report

<table>
<thead>
<tr>
<th>Measured parameters</th>
<th>Indentor diameter (mm)</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>43</td>
</tr>
<tr>
<td></td>
<td>20 60</td>
</tr>
<tr>
<td></td>
<td>116 60</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Circumstances of tests</th>
<th>Fall height (cm)</th>
</tr>
</thead>
<tbody>
<tr>
<td>Test 1 Test 2 Test 3</td>
<td></td>
</tr>
<tr>
<td>Peak γ max ≤</td>
<td></td>
</tr>
<tr>
<td>Normative Value 30</td>
<td></td>
</tr>
<tr>
<td>Measured Value 26</td>
<td></td>
</tr>
<tr>
<td>Deflection ε max ≤</td>
<td></td>
</tr>
<tr>
<td>Normative Value 26</td>
<td></td>
</tr>
<tr>
<td>Measured Value 25</td>
<td></td>
</tr>
<tr>
<td>Resilience (%) ≥</td>
<td></td>
</tr>
<tr>
<td>Normative Value 25</td>
<td></td>
</tr>
<tr>
<td>Measured Value 29</td>
<td></td>
</tr>
</tbody>
</table>

6) Determination of the friction of tatamis.

Used Equipment and Conditions
- RRL Pendulum to measure the friction of the anti-slip
- Ruler of Judo to adjust the pendulum RRL
The frictional value shall be greater than 15.

Friction force formula: \( \beta = \frac{\alpha L \times m}{100} \)

\( \beta \) is friction force.
\( m \) is mass of 1m\(^2\) of mat in kg.
\( \alpha L \) is the lowest mean of resistance when friction measured with pendulum RRL.

Measurements are made on 10 mats.

Results given in Report

<table>
<thead>
<tr>
<th>Orientation</th>
<th>Oscillation 1</th>
<th>Oscillation 2</th>
<th>Oscillation 3</th>
<th>Oscillation 4</th>
<th>Average*</th>
</tr>
</thead>
<tbody>
<tr>
<td>1</td>
<td></td>
<td></td>
<td></td>
<td></td>
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<tr>
<td>2</td>
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<td></td>
</tr>
<tr>
<td>3</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

* Value rounded to the nearest unit

Mat weight (kg):
Coefficient of friction calculated for the sample tested:
Requirement
- Sample conform
- Sample not conform

C – Report of manufacturing plant visit
General
Identification of control
Manufacturer
Plant visited
People encountered

Arrangements for quality assurance
MATERIAL CONTROL
Means for monitoring, measuring and testing and frequency of audits:

PROCESS CONTROLS
Means for monitoring, measuring and testing and frequency of audits:

FINISHED PRODUCT INSPECTION
Means for monitoring, measuring and testing and frequency of audits:

HANDLING, STORAGE AND CONDITIONING
Marking and information sheet
General assessments of the auditor

Guidance for IJF approved TATAMI
Standardization of judo mats

Validation procedure for Tatami
1. The manufacturer sends its request to the IJF General Treasurer.
2. Before starting the validation procedure, the IJF General Treasurer verifies solvency of the manufacturer.
3. In case if the manufacturer is not solvent, a letter will be sent to him by the IJF General Treasurer indicating the reasons of refusal.
   In case if the manufacturer is solvent, the IJF General Treasurer informs the President, the General Secretary, the Project Director and responsible Sports Director about it, and sends to the manufacturer documents necessary for the homologation procedure.
4. The manufacturer sends the original application form (including the number of IJF TAG Label they wish to purchase and the choice of the laboratory) to the IJF General Treasurer.
   The IJF General Treasurer informs the chosen testing laboratory about it.
5. The chosen testing laboratory sends the invoice for the testing fee to the manufacturer. As soon as the manufacturer receives the invoice, he makes the payment by bank transfer to the laboratory.
6. Having made the payment, the manufacturer sends the samples and a copy of the application form to the laboratory as requested in the validation documents.
   The shipping expenses are at the charge of the manufacturer.
7. The laboratory carries out the tests at manufacturer's charge and keeps the samples.

8. Test results are sent to the IJF General Treasurer, with copy to the Project Director and the IJF Sports Director responsible for this project.

9. With consent of the Project Director and responsible Sports Director, the IJF General Treasurer informs the manufacturer about the results. If the Tatami model passes the test, it can obtain ‘IJF Approval’. The IJF General Treasurer sends the ‘IJF Approved Certificate’ and conditions to obtain the official IJF TAG Label (amount, IJF bank account information, etc) to the manufacturer who must return this document to the IJF General Treasurer.

As soon as the IJF General Treasurer receives this document, he sends to the manufacturer the invoice for the ordered TAG ($1 per stamp) and for the IJF official supplier fee.

Having received the payment, the IJF General Treasurer sends the stamps and the document confirming the official supplier status.

10. If the Tatami model is not in conformity to the regulation, the manufacturer will be advised to improve it. The testing fee is not refundable under any circumstances. The manufacturer must pay another testing fee when retrying the test.

List of IJF Approved Laboratories for Tatami

1. CRITT Sport Loisirs
   Contact: M. Sebastian Barroux
   Adresse: ZA du Sanital, 21 rue Albert Einstein, 86100 Châtellerault, France
   Téléphone: +33 5 49 85 73 43
   Fax: +33 5 49 21 76 20
   Email: recherche@critt-sl.com

2. Graduate School of Information Science & Eng.
   Tokyo Institute of Technology
   Contact: MIKAMI Takamasa, Associate Professor
   Address: W8-21, 2-12-1. O-okayama, Meguro-ku, Tokyo 152-8552, JAPAN
   Phone & Fax: +81-3-5734-3164
   E-mail: mikami@mei.titech.ac.jp
Annex 7

I J F M E D I C A L H A N D B O O K 2 0 1 0

Requirements and Instructions for IJF events

1. Rooms

- 1 medical room for first aid
- 1-6 massage rooms
- 1 doping control station with
  - 1-(2) large waiting room(s)
  - 1-2 test room(s)
  - 2 separate clean toilets (1 for female, 1 for male) with toilet paper, soap and paper towels
- 1 hospital accidental surgery to reach in 15 minutes with transport
- clean hygienic dressing rooms for athletes
- clean hygienic toilets with toilet paper, soap and paper towels for athletes

2. Personnel

One Medical coordinator (=chief of medical matters), not necessarily a medical doctor, for all medical matters. He/she is responsible to organize the personnel (doctors and nurses etc. with equipments and medicines), rooms as above; arranges leader, assistants, escorts and guards for doping tests.

Chief for chaperons is responsible to organize the function of chaperons. She/He can write the names of the athletes drawn to be tested on the summons form and supervise escorts to give the form to the athlete as agreed with the IJF Medical Doctor.

The IJF doctor communicates with Medical coordinator and Chief of chaperons concerning medical matters and anti doping control before and during competitions

Other medical personnel:

- 1 doctor per mat (responsible will be appointed).
- 2 assistants (nurses/doctors) for first aid.
- 1 crowd doctor for over 2000 spectators is recommended.
- 1 leader of doping control (authorized by approved anti-doping committee).
- 2 assistants for doping control: 1 female, 1 male.
- 1-2 guards to keep order at the entry of doping control station and to keep out the unauthorized persons.
- Chaperons (escorts) 1 adult escort per athlete (to be physically beside the athlete selected to the doping control all the time until they enter the doping control station). He/she has to be of the same gender as the athlete. The need of escorts can be 14 per day. They have to be briefed for their tasks by NADO not later than
two (2) weeks before competition.
• Interpreters if needed.

The names of Medical coordinator, Chief of chaperons and the names of chaperons have to be sent to IJF Medical Director/ Doctor not later than one (1) week before competition.

3. Material
• Ambulance near the door or inside the sport hall. The maximum delay for the arrival of an ambulance is 15 min. If more, the competition is to be discontinued until the ambulance is on site.
• 1 transportable oxygen container with regulator and Ambu-bag near mats.
• Resuscitation (including defibrillator) and first aid equipments and medicines (stiff collars and splints for extremities).
• 1 spinal board near mats.
• Litter basket per mat, massage room, doctors and for IJF personnel.
• Alcohol and water to clean the mat.
• Ice.
• Chairs and tables for doctors with clear vision to tatamis.
• 1 bucket for vomiting.
• Indicated place for IJF doctor (with working place about 1 m for paperwork) close to the IJF computer personnel.
• Electricity and internet connection for computer of the IJF doctor.
• Clear signs indicating the doping control station.

3. Doping Control Station (DCS) (as above)
• Doping Control Station has only one function: doping tests. No other function is allowed, no unauthorized traffic (no weight control, no use as dressing room). It is guarded, locked but clearly indicated from the competition area.

Doping control station consists:
- Large waiting room to accommodate up to 28 persons (1 athlete’s accompanying person)
- Technical room (1-2) for test staff(s) with 2 tables and 4 seats.
- 2 separate cleaned toilets (1 for female, 1 for male) with toilet paper, soap and paper towels.
- Refrigerator.
• Doping Control Officers (DCO) (female and male):

- Leader of doping tests.
- 2 assistants (to supervise urinations and observe waiting room all the time).
- 1-2 guards to keep order at entry and prevent unauthorized persons to come in.
- Escorts equal amount to be tested per day (may need 14 per day). They must be adults, same gender than the athletes and briefed for their tasks before competitions by the leader of doping tests (NADO) or chief of medical matters.
• Other material:
- Drinks in sealed bottles or cans 2-3 litres/ athlete.
- Bottle openers.
- Litter bin.
- Pens for escorts equal amount.

5. Doping control equipments
• Disposable collection vessels (contained in sealed bags).
• Disposable urine control kits (contained in sealed bags).
• Disposable partial sample kits (contained in sealed bags) or temporary sealing system.

The leader of doping control is responsible to arrange equipments. The urine sample vessels and bottles as well as containers must be accepted by National Antidoping Committee or equivalent authority. When WADA has made a list of acceptable doping control vessels for samples (e.g. Bereg-Kit. Versapak, etc), it must be used. Forms made by WADA (athlete’s notification for doping test, Protocol Forms, Chain of Custody Forms) and the national ones translated in English can be used.

6. Sampling procedures in Doping Controls
Selection of athletes
World Championships Veterans: No Anti-Doping control

• Senior World Championships
• World Championships Open
• World Championship Juniors
• World Master

Three (3) tests per weight category:
The Gold Medal Winner and another Drawn Medallist from the rest (Silver or one of the Bronzes) and one Drawn from fifth to seventh (5th-7th)
• World Championships Cadet
• Grand Slam
• Grand Prix

The Gold Medal Winner and another Drawn Medallist from the rest (TWO tests PER WEIGHT CATEGORY contested)

The IJF doctor, together with an official of the IJF, a member of the local organizer / a representative of the Anti-doping control will draw lot before the start of the Finals. They must all sign the drawing protocol.

7. Competitor Notification and Registration for Doping Control
The summons for the doping test is handed by an escort, chief of chaperons or IJF doctor to the competitor selected to the doping control after her/his last fight, when the athlete is leaving the restricted area. Another system to give the notification to the athlete can be used if IJF Doctor, Sport Director in charge and Chief of Chaperons, so decides. The Notification Form to the athlete has to be handed latest when the athlete comes down from the podium after the Award Ceremony. The escort writes the time on the form. The athlete must sign the form and have a copy. The escort gives the original one to the doping control staff, who records the actual time of arrival on the summons, signs it and verifies the identity of the competitor (ID card, passport …). The Athlete has to register by maximum 60 min. after he/she has signed the notification form (including press) at the doping control station. The escort has to be physically beside the competitor and keep the competitor under observation (visible) all the time and accompany her/him to the waiting room at the Doping Control Station (DCS). Interruption of the doping control procedure is allowed only for victory ceremonies. During the interruption the athletes have to be under observation of the escorts at all times. A person may accompany the competitor to the Doping Control Station and may watch all procedures except urination.

8. Sample Taking Procedure
Only one competitor at a time shall be called into the test room (= working room, consulting area).

The competitor shall select by her/himself an urine collection vessel and check it. After that she/ he goes into the toilet accompanied by DCO. She/he must wash her/his hands without soap and dry them. Then he/she expels urine a minimum of 90 ml into the collection vessel under observation of the Doping Control Officer who must be of the same gender as the competitor. After the collection vessel is full or minimum 90 ml urine has been produced she/he must empty her/his urinary bladder. Any clothing preventing the direct observation of the urination shall be removed.

When requested urine volume of 90 ml (minimum) has been provided, the competitor shall select a urine control kit, open and check it and pour by her/himself 30 ml (minimum) first into bottle B and then 60 ml (minimum) into bottle A. Few drops of urine shall remain in the collection vessel to check specific gravity. The competitor shall close the A and B bottles hermetically. The remaining urine is to be destroyed after sealing of bottles A and B.

If the amount of urine is less than 90 ml, partial sample kit or temporary sealing is needed.

The specific gravity must be 1.010 or higher (stick) or 1.005 or higher in case of refractometer has been used. If not, another sample is needed.

It is the responsibility of the Athlete to provide a Sample with a Suitable Specific Gravity for Analysis. If his/her first Sample is too dilute, he/she should not need further hydration and therefore should avoid drinking as far as possible until a Sample with a Suitable Specific Gravity for Analysis is provided.

The DCO should continue to collect additional Samples until the requirement for Suitable Specific Gravity for Analysis is met, or until the IJF doctor determines that there are exceptional circumstances, which mean that for logistical reasons it is impossible to continue with the Sample Collection Session. Such exceptional circumstances shall documented accordingly by the IJF Doctor. (According to WADA IST: Number of urine samples is as many as needed to get suitable SG. There is no time limit, neither).

If it is determined that none of the Athlete's Samples meets the requirement for Suitable Specific Gravity for Analysis and the IJF doctor determines that for logistical reasons it is impossible to continue with the Sample Collection Session, the IJF doctor may end the Sample Collection Session. In such circumstances, if appropriate the ADO may investigate a possible anti-doping rule violation.

The competitor shall declare any medications, vitamins, herbal products, food supplements that were ingested in the previous 7 days.

It is the responsibility of the Athlete to keep the competitor under observation (visible) all the time and accompany her/him to the waiting room at the Doping Control Station (DCS). Interruption of the doping control procedure is allowed only for victory ceremonies. During the interruption the athletes have to be under observation of the escorts at all times. A person may accompany the competitor to the Doping Control Station and may watch all procedures except urination.

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The competitor shall declare any medications, vitamins, herbal products, food supplements that were ingested in the previous 7 days.
9. Transportation to hotels after doping control
The organizers are responsible to arrange transportation for the competitors to their official hotels after test. When check station has been closed, the IJF doctor and doping control officers are to be transported to their hotel(s), too.

10. Accredited laboratory
Only the Laboratories for doping control analyses accredited by WADA can analyze the samples. The IJF General Secretariat and IJF Medical Manager is to be informed in advance which laboratory will be used.
The member of doping control staff takes care to provide the samples to the laboratory (by her/himself, by post, by courier). The doping control Transportation Form/Chain of Custody Form is to be completed.

11. Check Results
The results of checks (positive or negative) have to be sent by the WADA accredited laboratory directly to the President of the IJF, General Secretariat of the IJF and the Head of the Medical Commission within fourteen (14) days (Appendix). In case of AAF (Adverse Analytical Finding) detected, the laboratory informs also WADA. IJF Presidential Office/GS IJF informs WADA and the athlete through her/his Federation after negotiation with the Head of the Medical Commission. Medical Commission is to be consulted before any sanctions (see WADA Flowchart).

12. Defence procedure and Appeals
See IJF/WADA rules.

13. Therapeutic justification
See IJF/WADA TUE Rules.
In case of Therapeutic Use Exemptions (TUE); see annexes. All the Athletes who take part to International competitions have to apply TUE if they have to use Substances mentioned on WADA Prohibited List due to accurate medical condition. The granting body depends on the level of the athlete:
• IJF RTP pool athlete send the application to IJF Presidential Office/ IJF TUEC.
• International level athlete (but not in IJF RTP) sends the TUE Application Form to Continental General Secretariat/Medical Commission (= TUEC) not later than 30 days before the Event. TUE Certificates have to be copied and given to DOO or IJF doctor during the Doping test. The athlete keeps the original in her/his records.
• National level athlete apply TUE to NADO’s TUEC.
• If the lower level athlete rises from national to international level and further to the IJF RTP he/she have to send the granted TUE Certificate to Continental GS/Continental TUEC and respectively to IJF Presidential Office/ IJF TUEC.
In Emergencies retrograde procedure may be granted. In acute cases the TUE application have to be handed to IJF doctor before fights. Therapeutic Use Exemption (TUE) and Declaration of Use (DOU) Forms. See Appendix and find the Forms.
The athlete has always right to apply TUE.

14. Sanctions
See IJF/WADA rules.
In case of AAF has been detected, the Medical Commission is to be consulted before any decisions (See WADA flowcharts).

15. Rehabilitation
See IJF/WADA rules.
If the athlete comes back to compete, he/she must be tested minimum 2 times in minimum three months interval before participation in any sport (Reinstatement tests).

16. Out-of – competition tests (OOCT), Registered Testing Pool (RTP) and Whereabouts information
See IJF/WADA rules.
OOCT is the priority. Target tests are also priority.
All the athletes in RTP has to provide their Whereabouts in 24/7/365-366 principle. Filling Failure of Whereabouts or missing tests three times in 18 months may lead to penalty. (WADA Code, IST).

17. Responsibilities and Rights
IJF doctor
• Communicates with the medical coordinator and chief of chaperons (organizers).
• Keeps contact with IJF Officials.
• Checks rules and safety of the competition hall.
• Checks the medical facilities and equipment.
• Checks the medical staff provided by organizers.
• Provides IJF Injury Forms (if necessary).
• Checks the function / behaviour of local medical staff.
• Checks the function/behaviour of team doctors and other medical staffs.
• Checks the Doping Control station, equipments, staff (doping control officers), amount of escorts, guards of doping control station.
• Checks the doping control procedure.
• Do the draw lot for the doping control with authorities.
• Deals the summons for the chief of chaperons or escorts (who gives them to the competitors selected to the Tests).
• Supervises the doping tests.
• Can stop the fight in case of dangerous injury.
• Checks that ambulance with staff is present before the start of competition.
Sports and Organization Rules of the International Judo Federation

- Can recommend the stop of the competition in case of the delay of ambulance is more than 15 min.
- Collects Injury Statistics each day of competition.
- Compiles IJF Medical Report and sends it within 7 days to the IJF Presidential Office and General Secretariat together with all documentation.
- Sends to the IJF Medical Commission Chairman a short report by e-mail by 7 days. Any serious incident during competition is reported immediately.

Chief of medical matters = Medical coordinator (organizer) and Chief of Chaperons Co operate:
- Communicates closely with IJF doctor before and during competition.
- Takes care (provides somebody) that IJF doctor is aware of results during the competition.
- Provides all the medical materials, rooms, doctors, medical staff, ambulances, Doping Control Station, staff etc. according to the rules.
- Takes care that there are adult escorts of same gender equal to the amount of athletes to be tested a day.
- Organizes the escorts available for IJF doctor and tells the duties to the escorts (or leader of doping officers do it).
- Communicates with the doping control officers before competition and checks the number of DCO’s (female and male and one for waiting room).
- Medical coordinator organizes a chief for escorts. Chief of escorts can organize summons to athletes for D-Tests.
- Provides 1-2 guard(s) to keep order in front of doping control station.
- Takes care that transportation has to be arranged for everybody after doping controls.

Local doctors (organizers)
- Knows the medical rules of IJF.
- One of those is leader of doctors.
- Takes care of medical assessment during a fight, if there is no team doctor.
- Has the right to make a decision if the contestant can continue the fight or not in case there is no team doctor.
- Fulfils the IJF Injury Form always after visiting the tatami and also after every examination out of tatami.
- Has equipment for visiting the tatami and for treatment if needed.
- Team doctor(s)
- Knows the rules of IJF.
- Takes care of her/his team members.
- Have to sit behind the doctors table with local doctors during the fight of judoka of her/his team and can function only as a physician.

Doping Control Officers (DCO)
- At least leader of officers has to be authorized by national Anti Doping Committee (WADA granted).
- He/ she has to communicate with the IJF doctor on the first day of the competition and to be present early enough (about 2 hours) before the results of places 5th-7th, according to the agreement with IJF doctor.
- Participates at the draw lot together with Drawing commission if present.
- Knows basic IJF anti-doping rules/ Medical Handbook Anti doping sections
- Has enough doping control forms (translated in English/French), chain of custody forms and doping control kits and extra kits with them (WADA IST).
- Checks the facilities of the doping control with local organizers before the Event.
- Instructs the escorts and the guards of their tasks.
- The staff consists of 3 members: 1 female, 1 male, 1 assistant. (At least one of the staff must be of the same gender with those to be tested). One of them is observing the waiting room.

Escorts
- The role of escorts is extremely important.
- The Chaperons have to be briefed for their tasks in co operation by NADO (DCO) and chief of medical matters/ chief of escorts latest two (2) weeks and just before the competition
- All of them have to have at least a badge: e.g. Chaperon / name of NADO or /and e.g. similar vests or (T)-shirts so that they can be easily identified.
- They have to be adult and same gender than the athlete to be tested.
- Number of escorts= number of athletes to be tested on that day.
- Have to have pens to get athletes signature on summons.
- The escort give the summon to the athlete selected to the doping control after her/ his last fight just when the athlete is taking her/his ID-card at check-point table inside the restricted area. IJF doctor, Sport Director in charge and Chief of escort can agree on other kind of system, too.
- The escort demands the signature of the athlete, he marks the time and gives to him/her the copy and keeps the original.
Sports and Organization Rules of the International Judo Federation

- The escort has to be physically beside the athlete all the time before they enter the doping control station (also into the dressing room. No urination before DCS). That is why the escort has to be of the same gender as the athlete.
- The Escort asks the athlete to take the ID for the control and informs the athlete that he/she has right to have one accompanying person with her/him (e.g. Coach, doctor, etc.) and/or interpreter if necessary in the DCS.
- Athletes have the right to go to press conference if needed, but escorts are beside them
- Within 60 min. after the athlete has signed the notifications they have to be in the doping control station.
- In case the victory ceremony interrupts the doping control procedure, the escorts must be physically beside the athletes at all times.
- The escort gives the original form to the DCO in the doping control station.

Athlete selected to the doping control
- The athlete has to come out from the restricted area through a certain route.
- The restricted area is guarded so that the escorts are able to easily, without any mistake, identify the athlete who comes to check-point table
- Signs the summons form and takes the copy.
- The escort will be with her/him all the time before they enter into Doping Control Station (DCS).
- Have to be in DCS not later than 60 min. after signed the summons
- Is not allowed to urinate before doping test
- Is not allowed to take shower before suitable urine sample has been produced
- Takes ID card/ laissez-passer / passport, with him/her to the DCS.
- Has right to have one accompanying person with him/her in the DCS.
- Once entered into the DCS he/she is not allowed to leave DCS before the doping control procedure has been completed. Exception: he/she can leave the DCS escorted for the Victory Ceremonies and media commitment.
- Have to thoroughly wash her/his hands without soap and dry hands before producing urine sample.
- Have to produce urine sample which meets the WADA/ IJF rules (volume, sg)
- The athlete is the last person who signs the Protocol Form.
- After the procedure has been completed, he/she must leave the DCS.
- Has the right to have transportation to her/his official hotel.

Minor athlete
The national federation is responsible to obtain all the necessary legal approvals and permissions for the minor athlete to take part in the IJF competition. This also applies for antidoping testing. The national federation is to ensure that the minor athlete has the parent/guardian permission to undergo these tests.

Accompanying person
- Has right to accompany the athlete to the DCS and check the control procedure but not the urination.
- Signs the protocol forms and has rights to write comments.
- Can leave the station for instance to bring the missing ID or belongings.

Guards
- Are guarding the restricted area
- Are guarding the entry of the DCS so that unauthorized people are kept out.
- Communicates with doping control staff and IJF doctor if any problem arises.
- Takes care of order.
- Must be present until the IJF Official gives permission to leave.
- Has a phone or other system for communication (transportation problems etc).

18. Restricted area
The organizers have to build the competition area and the restricted area, too. The athletes come out from the restricted area through a certain route. It is guarded so that the escorts are able to easily, without any mistake, identify the athletes who come to the check-point table. The escorts hand over the summons to the athletes after their last fight, just when they are taking their ID-card at check-point table before leaving the restricted area. The chaperon approaches the athlete as soon as the athlete comes to the checkpoint table inside the restricted area. The athlete gives the signature and the escort fixes her/his eyes to the athlete all the time. There have to be order and discipline on the area of ID checkpoint table. The doping control notification system assumes that the athletes have to stay in the restricted area (from where they can not go out before got a permission)

19. Statistics on Injuries
The IJF & EJU Injury Form is important to evaluate the reasons why doctors have been on the tatami during a fight or contacted out of the tatami. Member of referee commission is asked to add Technique, tori/uke, time, video ID (yellow parts of the form) in case of severe injury. This is the basis for the statistic to check the safety of the rules. See appendix i.
20. **Therapeutic Use Exemption (TUE) Application Form**

Application Form is to be sent to General Secretariat IJF or Presidential Office IJF which forwards it to IJF TUEC (WADA rules).

TUE Certificates granted by NADO’s before 31.12.2008 are valid as granted or maximum until 31.12.2009.

All the new application has to be granted by Continental TUEC or IJF TUEC.

Appendices (hyperlinks)

i. IJF Injury Form
ii. IJF Rules 2010
iii. IJF Medical Check list
iv. WADA Prohibited list 2010 (prohibited substances and prohibited methods 2010)
v. WADA monitoring list 2010
vi. Accredited laboratories
viii. Models of best practise for International Federations 2010
ix. WADA: International Standards for Therapeutic use Exemptions (TUE)
x. Standard Application template (TUE)
xii. International Standard Therapeutic Use Exemptions (ISTTUE) 2010
xiii. WADA: Testing Standards Laboratory Accreditation and operating standards
xiv. Athlete’s Guide to WADA’s Out-of-competition Doping control program
xv. WADA Flow chart
IJK MEDICAL CHECKLIST

Medical Requirements and Instructions for IJK events (see the IJK Handbook for precisions)

1. The Rooms we need
   • medical room easily accessible for first aid.
   • massage room.
   • correct competition hall (temperature, humidity, ventilation, velocity of air, noise).
   • clean hygienic dressing rooms for athletes
   • clean hygienic toilets with toilet paper, soap and paper towels for athletes.

Doping control station
   • 1 large dedicated waiting room (that can be locked).
   • 1 dedicated test room (that can be locked).
   • 2 dedicated separate clean toilets (1 for female, 1 for male) with toilet paper, soap and paper towels.

2. The Persons we need
   • 1 chief coordinator for all medical matters
   • 1 supplementary doctor for over 2000 spectators.

Near the mat
   • 1 doctor per mat.
   • 2 first aid assistants (nurses or doctors).

Doping control station
   • 1 leader of doping control (authorized by approved anti-doping committee).
   • 2 assistants for doping control: 1 female, 1 male.
   • 1 guard at the entry of doping control station.
   • 1 adult escort per athlete (of the same gender as the athlete).
   • Interpreters if needed.

3. The Material we need
   Near the mat
   • reanimation, first aid equipments and medicines.
   • 1 transportable oxygen container with regulator and ambu-bag near mats.
   • ice.
   • stiff collars and splints for extremities.
   • 1 spinal board (stretcher) near mats.
   • chairs and tables for the medical team (well identified for the referees).
   • 1 litter basket per mat.
   • alcohol and water to clean the mat.
   • 1 bucket for vomiting.

Doping control station
   • 2 tables and 4 seats in the test room.
   • enough seats in the waiting room.
   • 2 refrigerators (one for the drinks in the waiting room, one for the samples in the test room).
   • 2 litter baskets (one in the waiting room, one in the test room).
   • 2-3 litres/athlete of non alcoholic drinks in sealed bottles or cans.
   • 1 bottle opener.
   • 1 pen per escort.

4. The Installations / Procedures we need
   • Indicated place for IJK doctor close to the IJK result desk.
   • 1 ambulance near the door of the sport hall
   • (maximum delay for the absence of the ambulance is on site is 15 min).
   • traumatic surgery hospital in reach (15 minutes with transport).
   • Doping control station:
     • WADA rules respected www.wada-ama.org
     • clear signs indicating the doping control station from the competition area.
     • transportation for the competitors and the IJK doctor to their official hotels after test.
AUTHORIZATION FOR DOPING CONTROL

Event: _________________________________________________
Venue: _________________________________________________
Date: ______ / ______ / _______

Athletes Drawn for Doping Control

<table>
<thead>
<tr>
<th>Weight category</th>
<th>F / M</th>
<th>Position</th>
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<td>16</td>
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</table>

We hereby declare that the draw of athletes for doping control has been carried out in accordance with accepted procedures of International Judo Federation.

Doping Control Officer /Representative of the local organizer
Official of the IJF
Doctor of the IJF

IJF DOCTOR’S FORM (reason of the visit)

Sex 01 F 02 M
Weight category: _______

<table>
<thead>
<tr>
<th>Anatomical Localisation</th>
<th>Type of injury</th>
<th>Tissue involved</th>
<th>Side</th>
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<tbody>
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<td>03 Fracture</td>
<td>03 Skin/subcutaneous</td>
<td>03 Left</td>
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<tr>
<td>04 Face</td>
<td>04 Distension</td>
<td>04 Bone</td>
<td>04 Right</td>
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<td>05 Luxatio</td>
<td>05 Cartilage</td>
<td>05 Midline</td>
</tr>
<tr>
<td>06 Ear</td>
<td>06 Contusio</td>
<td>06 Ligament</td>
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</tr>
<tr>
<td>07 Nose</td>
<td>07 Commotio</td>
<td>07 Nerve/brain</td>
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<td>08 Bleeding/excoriation 08 Muscle</td>
<td>Visit No</td>
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<tr>
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<td>10 Nail</td>
<td>01 First</td>
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<tr>
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<td>10 Contact lens</td>
<td>11 Cornea</td>
<td>02 Second</td>
</tr>
<tr>
<td>11 Clavicle/AC</td>
<td>11 Bandage</td>
<td>13 Joint</td>
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<td>12 Strangulation</td>
<td>12 Tympanum</td>
<td>03 Third</td>
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<td>14 Other:</td>
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<td>14 None</td>
<td>15 None</td>
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<td>18 Back</td>
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<td>28 Other:</td>
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</tr>
<tr>
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<td>02 Last half</td>
<td>01 Tori</td>
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</tr>
<tr>
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<td>02 Last half</td>
<td>03 Last Minute</td>
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</tr>
<tr>
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<td>04 Golden scores</td>
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</tr>
<tr>
<td>32 None</td>
<td>05 Golden scores</td>
<td>01 Tori</td>
<td></td>
</tr>
</tbody>
</table>

Technique: _______________________
Image ID on Video: _______________________
Event: _______________________
Diagnosis: _______________________
Date: _______________________
Signature: _______________________

Place Date
Personal Remarks
Personal Remarks
Sports and Organization Rules of the International Judo Federation

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