## **INTERNATIONAL JUDO FEDERATION**



# **DOCUMENT**

SOR

**Sport and Organization Rules** 

March 2017













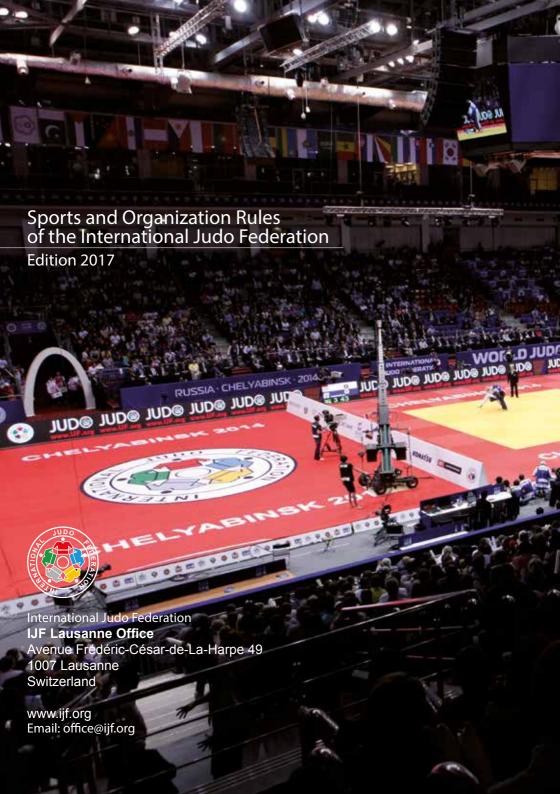














# TABLE OF CONTENTS

St	CTION T GENERAL INFORMATION	٠. 8
	1.1 Preamble	. 10
	1.2 Basic Principles	. 12
	1.3 Integrity Rules Match Fixing	. 14
	1.4 Match Fixing	. 14
	1.5 Insurance and Civil Liability	. 14
	1.6 Gender Control	. 14
	1.7 Minor Athletes	. 15
	1.8 IJF Calendar	. 16
	1.9 Nationality	. 16
	1.10 Age Groups	. 17
	1.11 Weight Categories for Individual Competitions	. 18
	1.12 Weight Categories for Team Competitions	. 20
	1.13 Time Duration of Contests	
SE	ECTION 2 COMPETITION SCHEDULE AND SYSTEM	. 22
	2.1 Competition Format for IJF WJT Events	. 24
	2.2 Competition System for IJF WJT Events	. 25
	2.3 Regulations for IJF WJT Team Events	
	2.3.1 Team Composition	
	2.3.2 Team Weigh-In	
	2.3.3 Seeding for IJF WJT Team Events	
	2.3.4 System of Competition	
	2.4 Regulations for Low Numbers of Athletes or Teams	
	2.4.1 Low Numbers Rules for IJF WJT Individual and Team Events	
	2.4.2 Low Numbers Rules for Other Indiviudal and Team Events	
	2.4.3 Round Robin System	
	2.5 Veterans	
	2.6 Kata	
SF	ECTION 3 WORLD RANKING LIST AND IJF RANKING EVENTS	. 30
	3.1 Senior World Ranking List	
	3.2 Teams World Ranking List	
	3.3 Cadet and Junior World Ranking List.	
	one canada and a second named a second named and a second named a second named and a second named a se	

SECTION 4 ENTRIES	36
4.1 Entries	38
4.2 Cancellation of Athletes	38
4.3 Number of Entries	39
4.4 Reserves for Team Events	39
SECTION 5 ACCREDITATION	40
SECTION 6 DRAW	44
6.1 Draw Regulations	47
6.2 Seeding	47
SECTION 7 WEIGH-IN AND JUDOGI BACKNUMBER CONTROL	48
7.1 Location of the Weigh-in and Judogi Backnumber Control	50
7.2 Weigh-in Rules	50
7.3 Random Weigh-In	51
7.4 Official Weigh-in Procedure	53
7.5 Random Weigh-in Procedure	55
SECTION 8 IJF OFFICIAL JUDOGI	56
SECTION 9 COMPETITION VENUE	58
9.1 Venue	60
9.2 Training Venue	60
9.3 Warm Up Area and Judogi Control	60
9.4 Athlete Seating and Facilities	
9.5 Entry to Field of Play	61
9.6 Coaches	61
9.6.1 Position of Coaches	61
9.6.2 Code of Conduct for Coaches	
9.6.3 Dress Code	62
9.6.4 Penalizing	62
9.7 Field of Play and Competition Area	63

SECTION 10 CEREMONIES AND PROTOCOL	64
SECTION 11 REFEREEING	68
SECTION 12 MEDICAL	68
SECTION 13 MEDIA	68
SECTION 14 STANDARD FORMS FOR IJF EVENTS	70
APPENDIX A REGULATIONS FOR VETERANS	
A1.1 Organization	
A1.2 Competition Rules for Veterans	
A1.3 Eligibility to Participate	
A1.4 Age Divisions for Veterans	
A1.5 Weight Categories for Veterans	
A1.6 Time Duration of Contests for Veterans	
A1.7 Category Combining for Veterans	
A1.8 Draw for Veterans	
A1.9 Seeding for Veterans	
A1.10 Weigh-in for Veterans	
A1.11 Judogi rules for Veterans	
A1.12 Back numbers for Veterans	
A1.13 Competition System for Veterans	
A1.14 Awarding of Medals for Veterans	
A1.15 Referees for Veteran Events	107
APPENDIX B REGULATIONS FOR KATA	100
B1.1 Eligibility to Participate	
B1.2 Accreditation	
B1.3 Draw	
B1.4 Competition Formula	
B1.5 Judges and the System of Judging	
B1.6 Competition Area	
APPENDIX C IJF JUDOGI RULES	114
C1.1 IJF Approved Judogi	116
C1.1.1 Official Label	
C1.2 Judogi Brand Location of the Manufacturer's logo	117
C1.3 National Emblem	

C1.4 Advertising	
C1.5 Additional Advertising Reserved for the Athlete	120
C1.6 Marking and Backnumber	
C1.7 Judogi Colour	
C1.8 Judogi Size	
C1.9 Judogi Control	
C1.10 Judogi Control Procedure	
APPENDIX D IJF REFEREEING RULES	128
APPENDIX E IJF MEDICAL AND ANTI-DOPING HANDBOOK	174
E1.1 Medical Requirements	176
E1.2 Medical Suspension Following Concussion	176
E1.3 Doping Control Requirements	177
E1.3.1 Selection Procedure for Doping Control	177
E1.3.2 In-Competition Testing	177
E1.3.3 Athlete Notification and Registration for Doping Control	
E1.3.4 Accredited Laboratory	
APPENDIX F IJF DISCIPLINARY CODE / IJF CODE OF ETHICS	180
APPENDIX G IJF EVENT PHASES	192
APPENDIX H GLOSSARY	196

NOTES 207





#### 1.1 Preamble

ne Sport and Organization Rules (SOR) of the International Judo Federation (IJF) in conjunction with the Statutes, Finance Rules and the IJF Refereeing Rules, are the binding documents for the holding of World Championships and all competitions held under the responsibility and auspices of the IJF. Specific supplemental procedures will be issued for the holding of Judo competitions at the Summer Olympic and Youth Olympic Games.

The SOR, along with the IJF Event Organization Guide (EOG), serves as a guideline for the organization of all Judo competitions, regardless of level. Departure from the rules outlined in the SOR and EOG are not permitted. In the SOR the masculine gender is used to refer to any physical person, (for example,

names such as member, leader, official, participant, athlete, judge, referee or chaperone etc.) it shall, unless there is a specific provision to the contrary, be understood to include the feminine gender.

Note: the IJF Head Sport Director nominates Technical Delegates to control the IJF events such as Grand Prix, Grand Slam, Masters and to advise the event organizers. Nominations are planned according to calendar of IJF events for each year. The Continental Opens are under control of the Continental Unions where the events are held and Technical Delegates are nominated by the Sport Directors of the respective Unions.

The organization of the World Championships is the concern of the following bodies: the IJF, the Continental Union to which the Organizing National Judo Federation belongs and the National Judo Federation, which has been commissioned by the IJF Executive Committee with the hosting of the World Championships. The correspondent Continental Union is consulted in any questions and supports both bodies. The National Judo Federation must name an Organizing Committee to deal with the organization of the World Championships. The National Federation will in any case be responsible to the IJF Executive Committee for the proper holding of World Championships. The IJF has final appellate jurisdiction. For each World Championships, an IJF Commission will be appointed by the IJF EC, which will assist the Organizing National Judo Federation and supervise the

organization of the World Championships. Any National Judo Federation hosting the World Championships is required to work out a proposal concerning its organization on the basis of the SOR and the local conditions. The IJF

Executive Committee will support the Organizer by giving guidance and technical assistance. The holding of World Championships and the work of the referees will be supervised by the IJF.

The latest version of the SOR can be downloaded at <a href="http://www.ijf.org">http://www.ijf.org</a>

#### 1.2 Basic Principles

The IJF Refereeing Rules must be applied to and observed at all IJF competitions: Summer Olympic Games, World Championships, Continental Championships, Youth Olympic Games and all IJF official events.

Major Refereeing Rules modifications can only be decided and approved by the IJF Executive Committee.

Major modifications shall become fixed for the forthcoming period of Olympic qualification including the Olympic Games. Anyone organizing World Championships on behalf of the IJF and wishing to depart in any way from the IJF SOR must obtain permission in writing from the IJF Executive Committee.

The IJF Executive Committee shall allocate all IJF events to host Organizing Committees.

The IJF shall accept control over regional Judo competitions whenever this is so directed by the Executive Committee or the Congress. This requires, however, adherence to the Statutes, Finance Rules, IJF SOR and the IJF Refereeing Rules. In such Judo competitions refereeing and technical organization shall be dealt with by the Continental Union or regional body and supervised by the IJF nominated officials.

The IJF recognizes men's and women's competitions. Contests between men and women are not permitted.

The regulations covering television, radio, film, photographic and advertising rights are contained in the Statutes and Finance Rules.

Discipline is a core principle in judo, both on and off the field of play (FOP). See Appendix F for the IJF Disciplinary Code.

The IJF reserves the right to take disciplinary measures towards participants, competitors, referees, officials, personnel and members, in the case of cheating or misconduct. The IJF Executive Committee has the authority to establish a Disciplinary Commission to evaluate presumed rules' violations in relation to the IJF SOR or IJF Refereeing Rules.

In the case of a breach or violation of these rules, any incident that takes place during a competition organized by IJF or under its auspices, will be investigated. The IJF Disciplinary Commission shall be competent and able to take sanctions in compliance with the IJF Disciplinary Code.

At any IJF events, all behaviour contrary to the ethics and moral values of sport, and in particular judo, and any violation of the IJF SOR may give rise to disciplinary sanctions taken by the IJF. See Appendix F for the IJF Code of Ethics.

In the case of an incident, linked to the behaviour during an IJF event (starting from the arrival at the airport and until the departure), an immediate decision to suspend the person or people involved may be taken on the spot. This decision will be placed under the responsibility of an Executive Committee member nominated before each event by the IJF President, who will consult everyone concerned (ad-hoc Commission).

Any incident giving place to a sanction or not, will be communicated immediately to the IJF President, IJF Executive Committee members and the IJF Disciplinary Commission.

A possible sanction decision will be taken after having heard the person or people concerned and any potential witness(es). If the concerned person is a minor, an adult responsible for the delegation will accompany them, during the discussion.

As soon as the decision is taken, the ad-hoc Commission will immediately inform the IJF President, the IJF Executive Committee and the IJF Disciplinary Commission about its decision.

A report of the incident and final decision should be sent to the Disciplinary Commission, c/o the General Secretariat, within three days of the date of the incident. The report must state the following: the facts, including the recall of the alleged facts, a summary of the observations and arguments of the parties, the grounds for the decision and any other comments.

The Disciplinary Commission, upon receipt of the documents, will inform the concerned persons about its decision 15 days after the date of the incident.

The IJF President and to the IJF Executive Committee will be notified immediately about the decision.

The IJF Disciplinary Commission will decide the date of the suspension start date and the duration.

If an individual disagrees with a decision, a written appeal may be made to the IJF Disciplinary Commission, c/o the General Secretariat, within one calendar month from the incident date. In the case of suspension, the decision will stand until the outcome of the appeal is heard.

When a situation arises that is not covered by the IJF SOR or IJF Refereeing Rules it shall be dealt with, and a decision made by the IJF Executive Committee.

Any judoka classified in the IJF World Ranking List is not authorized to take part in an international competition of any combat sport, other than judo, unless specific authorization has been given by the IJF.



## 1.3 Integrity Rules Match Fixing

The integrity of sport depends on the outcome of sporting events and competitions being based entirely on the merits of the participants involved. Any form of corruption that might undermine public confidence in the integrity of a judo contest is fundamentally contrary to the spirit of sport and subject to severe sanctions.

The IJF has Rules dedicated to Sports Integrity in relation to betting.

There are four core rules to remember:

- Always do your best, never fix a contest.
- · Never bet on your competition, never bet on your sport.
- · Never share information that could be used for betting purposes.
- If you are approached to cheat, speak out!

### 1.4 Match Fixing

If a contest takes place and seems to have been played to a pre-determined result, violating the IJF rules, further investigation may be undertaken and any findings of match fixing will result in disciplinary action.

If in IJF events (individual or team), an athlete is injured or ill before a contest and needs to withdraw they must have a medical certificate from the IJF Medical Commissioner.

The result of the contest will be cancelled if any athlete is caught not telling the truth.

The IJF may undertake further investigation and any findings of match fixing will result in disciplinary action.

## 1.5 Insurance and Civil Liability

Each National Federation is responsible for its athletes (including the control of non-pregnancy) and must assume all responsibility for accident and health insurance as well as the civil liabilities for their athletes and officials, including the nominated referees, during all IJF events.

#### 1.6 Gender Control

The gender control is the responsibility of the IJF National Federations. The IJF draws the



attention of its Member Federations to the fact that it applies, on this matter, the International Olympic Committee recommendation currently in force, and if any, the one modified by the International Olympic Committee over the time. All decisions of a Member Federation for an athlete's gender must be communicated with the briefest delay to the IJF President.

Any official complaint of an IJF National Federation, a Continental Union or a member of the IJF Executive Committee concerning an athlete's gender must be duly motivated and must be sent to the IJF President. On the basis of the elements of the official complaint, the IJF Executive Committee will decide if it is necessary to follow up on this complaint and to bring before the "Gender Control" Commission to deliberate and to make a decision on this topic. The IJF Executive Committee can also call out to the Member Federation of the athlete concerned so that they decide on the gender of the athlete concerned.

All decisions made by a Member Federation about an athlete's gender must be submitted exclusively by the athlete concerned to the IJF "Gender Control" Commission in the case of a contestation.

The "Gender Control" Commission is composed of a doctor competent in the field of the gender reassignment, a jurist and a member of the IJF Executive Committee appointed by the IJF President. This commission will be able to call on experts recognized in this field.

The IJF "Gender Control" Commission will have the full authority to ask all of the concerned persons for any documents or information necessary for the hearing of the case which has been referred. The "Gender Control" Commission will establish an internal regulation in order to define the progress of the procedure that must guarantee the confidentiality of the procedure as well as the respect of the applicable provisions concerning protection of the data and private life.

The decision of the IJF Executive Committee not to follow up on an official complaint as well as the decisions of the "Gender Control" Commission" can be submitted exclusively by way of appeal to the Court of Arbitration for Sport in Lausanne, Switzerland, that will definitely decide on litigation according to the Code of the arbitration concerning sport. The delay of appeal is twenty-one days from receipt of the decision being the subject of the appeal. The Panel will be composed of only one judge. The language of the arbitration will be English.

## 1.7 Minor Athletes

The National Federation is responsible for obtaining legal approval and permission for minor athletes to compete in IJF competitions. This also applies to doping testing. The National Federation must ensure that minor athletes have parental/guardian permission to undergo testing.



#### 1.8 IJF Calendar

The current IJF calendar can be found on the IJF website (http://ijf.org).

- World Championships and Team World Championships Seniors (for senior men and women) will be conducted each year at a time similar to that of the Olympic Summer Olympic Games with exception of the year in which the Olympic Games are held. The Team World Championships are held on the last day of World Championships.
- Open World Championships is held in accordance with a schedule approved by the IJF Executive Committee.
- World and Team World Championships Juniors (for men and women 15–20 years) will take place each year except the year with the Summer Olympic Games.
- World and Team World Championships Cadets (for boys and girls 15-17 years) will take place in accordance with a schedule approved by the IJF Executive Committee.
- Summer Olympic Games are held every four years in even numbered years in accordance with a schedule approved by the International Olympic Committee.
- Youth Summer Olympic Games are held every four years in even numbered years in accordance with a schedule approved by the International Olympic Committee.

## 1.9 Nationality

16

The athletes must be of the same nationality as the National Federation for which they have been entered. Persons appointed by the Executive Committee of the IJF shall verify the citizenship of the athletes. The evidence of citizenship shall be the production of a passport issued by the represented country.

In the following cases, particular procedures must be applied:

- a) Where the competitions are being held in a country in which the residents do not hold passports while in that country.
- b) Where there is a possible problem of "joint citizenship", e.g. Puerto Rico an acceptable substitute for the passport will be a letter or certificate from the athlete's National Olympic Committee or, if there is no such body, from the National Sports Authority confirming the athlete's residence in that country and the citizenship.

If a competitor has multiple citizenships they may compete for only one country.

A competitor who has represented one country in the Olympic Games, World Championships, in continental, regional games and/or Championships or International Tournaments organized by IJF or under its auspices, and who has changed their nationality or acquired a new nationality may participate to represent their new country provided that at least three years have passed since the athletes last represented their former country. If the two National Federations concerned agree, they may request the

IJF to shorten the period of three years or even to cancel the duration (see Olympic Charter, Rule 41 and the Bye-law to Rule 41).

Thus, the IJF can't shorten the three years' period without written agreement from both National Federations concerned.

The aforementioned "three years' rule" is only implemented in case of the athlete having already represented a country during Olympic Games, World Championships, in continental, regional games and/or Championships or International Tournaments organized by IJF or under its auspices. Competitions for Veterans are excluded from this rule.

The request to shorten the "three years' period" shall be sent by the host National Federation to the IJF General Secretary.

This request has to be sent with the documents below:

- Letter from the athlete, who has already represented their country, giving evidence of their wish to represent their new Federation.
- Letter from the President of the National Federation (the country of origin) certifying the absence of objection to the change of the nationality of the concerned athlete.
- Letter from the President of the National Federation (the host country) authorizing the athlete to represent this Federation in international competitions.
- A copy of the athlete passport mentioning the nationality of the host country.

On receipt of a complete file the IJF General Secretary will examine it and send it out to the IJF Executive Committee for approval. If the majority of the IJF Executive Committee approves the request, the IJF General Secretary confirms the acceptance of the application to the concerned party, with both origin and host Federations in copy. Any athlete disrespecting this rule may be subject to disciplinary measures.

#### 1.10 Age Groups

Athletes under 15 years are not allowed to compete in any official IJF event, or events organized either under the auspices of the IJF or sanctioned by the IJF. The lower age limit for all IJF competitions is 15 years (calendar year).

The following age categories are recognized by the IJF:

- Cadets boys and girls under 18, age 15, 16 and 17 years (calendar year).
- Juniors men and women under 21, age 15 to 20 years (calendar year).
- Seniors men and women, lower age limit only of 15 years (calendar year).

National Federations should use the term youth to define cadets and juniors and any age groups from 15-20 years that are different to the IJF cadet and junior ages.

## 1.11 Weight Categories for Individual Competitions

The following weight categories will be utilized in the World Championships and competitions held under the auspices of the IJF.

Women (senior)	
Extra-lightweight	up to and including 48kg
Half-lightweight	over 48kg up to and including 52kg
Lightweight	over 52kg up to and including 57kg
Half-middleweight	over 57kg up to and including 63kg
Middleweight	over 63kg up to and including 70kg
Half-heavyweight	over 70kg up to and including 78kg
Heavyweight	over 78kg
Open-weight	No weight limit

Men (senior)		
Extra-lightweight	up to and including 60kg	
Half-lightweight	over 60kg up to and including 66kg	
Lightweight	over 66kg up to and including 73kg	
Half-middleweight	over 73kg up to and including 81kg	
Middleweight	over 81kg up to and including 90kg	
Half-heavyweight	over 90kg up to and including 100kg	
Heavyweight	over 100kg	
Open-weight	No weight limit	

Junior Women under 21 years	
Featherweight	up to and including 44kg
Extra-lightweight	over 44kg up to and including 48kg
Half-lightweight	over 48kg up to and including 52kg
Lightweight	over 52kg up to and including 57kg
Half-middleweight	over 57kg up to and including 63kg
Middleweight	over 63kg up to and including 70kg
Half-heavyweight	over 70kg up to and including 78kg
Heavyweight	over 78kg

Junior Men under 21 years	
Featherweight	up to and including 55kg
Extra-lightweight	over 55kg up to and including 60kg
Half-lightweight	over 60kg up to and including 66kg
Lightweight	over 66kg up to and including 73kg
Half-middleweight	over 73kg up to and including 81kg
Middleweight	over 81kg up to and including 90kg
Half-heavyweight	over 90kg up to and including 100kg
Heavyweight	over 100kg

Cadet Girls under 18 years		
Featherweight	up to and including 40kg	
Extra-lightweight	over 40kg up to and including 44kg	
Half-lightweight	over 44kg up to and including 48kg	
Lightweight	over 48kg up to and including 52kg	
Half-middleweight	over 52kg up to and including 57kg	
Middleweight	over 57kg up to and including 63kg	
Half-heavyweight	over 63kg up to and including 70kg	
Heavyweight	over 70kg	

Cadet Boys under 18 years	
Featherweight	up to and including 50kg
Extra-lightweight	over 50kg up to and including 55kg
Half-lightweight	over 55kg up to and including 60kg
Lightweight	over 60kg up to and including 66kg
Half-middleweight	over 66kg up to and including 73kg
Middleweight	over 73kg up to and including 81kg
Half-heavyweight	over 81kg up to and including 90kg
Heavyweight	over 90kg

## 1.12 Weight Categories for Team Competitions

Senior and Junior Women	
Half-lightweight	up to and including 52 kg
Lightweight	over 52 kg up to and including 57 kg
Half-middleweight	over 57 kg up to and including 63 kg
Middleweight	over 63 kg up to and including 70 kg
Half-heavyweight	over 70 kg

Senior and Junior Men	
Half-lightweight	up to and including 66 kg
Lightweight	over 66 kg up to and including 73 kg
Half-middleweight	over 73 kg up to and including 81 kg
Middleweight	over 81 kg up to and including 90 kg
Half-heavyweight	over 90 kg

Cadet Girls under 18 years			
Half-lightweight	up to and including 48 kg		
Lightweight	over 48 kg up to and including 52 kg		
Half-middleweight	over 52 kg up to and including 57 kg		
Middleweight	over 57 kg up to and including 63 kg		
Half-heavyweight	over 63 kg		

Cadet Boys under 18 years			
Half-lightweight	up to and including 60 kg		
Lightweight	over 60 kg up to and including 66 kg		
Half-middleweight	over 66 kg up to and including 73 kg		
Middleweight	over 73 kg up to and including 81 kg		
Half-heavyweight	over 81 kg		

### 1.13 Time Duration of Contests

See Appendix D Refereeing Rules.

Regulations related to weight categories, age, contest duration and recommendations for Youths

Note: no athlete less than 15 years old (calendar year) is allowed to take part in any IJF official competition. The additional categories (13/14, 11/12, 9/10 years) are recommendations only.

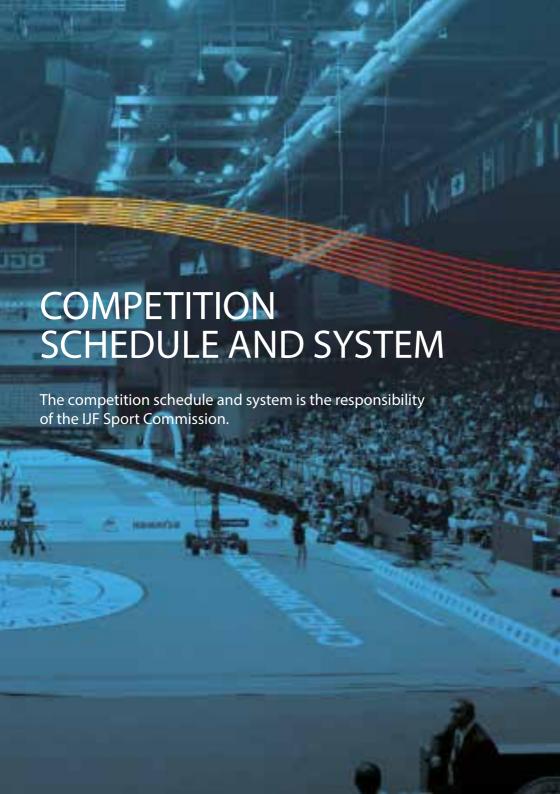
		М	ale		
SENIORS	-21 YEARS	-18 YEARS	13/14 YEARS	11/12 YEARS	9/10 YEARS
4 minutes	4 minutes	4 minutes	3 minutes	2 minutes	No competition
				- 24kg	
				- 27kg	
				- 30kg	
			- 34kg	- 34kg	
			- 38kg	- 38kg	
			- 42kg	- 42kg	
			- 46kg	- 46kg	
		- 50kg	- 50kg	- 50kg	
	- 55kg	- 55kg	- 55kg		
- 60kg	- 60kg	- 60kg	- 60kg		
- 66kg	- 66kg	- 66kg	- 66kg		
- 73kg	- 73kg	- 73kg			
- 81kg	- 81kg	- 81kg			
- 90kg	- 90kg	- 90kg			
-100kg	-100kg	+ 90kg			
+ 100kg	+ 100kg				

Female							
SENIORS	-21 YEARS	-18 YEARS	13/14 YEARS	11/12 YEARS	9/10 YEARS		
4 minutes	4 minutes	4 minutes	3 minutes	2 minutes	No competition		
				- 22kg			
				- 25kg			
				- 28kg			
			- 32kg	- 32kg			
			- 36kg	- 36kg			
		- 40kg	- 40kg	- 40kg			
	- 44kg	- 44kg	- 44kg	- 44kg			
- 48kg	- 48kg	- 48kg	- 48kg	- 48kg			
- 52kg	- 52kg	- 52kg	- 52kg				
- 57kg	- 57kg	- 57kg	- 57kg				
- 63kg	- 63kg	- 63kg	- 63kg				
- 70kg	- 70kg	- 70kg					
- 78kg	- 78kg	+ 70kg					
+ 78kg	+ 78kg						

The IJF do not hold competitions for athletes in the 11/12 years and 13/14 years. The National Federations should design their own national concept.







## 2.1 Competition Format for IJF World Judo Tour Events

The IJF World Judo Tour (WJT) competitions normally consists of two sessions, the preliminaries and the final block. The competition phases that take place in the sessions depends on the type of event. Any changes to this will be agreed and approved by the IJF Head Sport Director. Depending on the number of participants some rounds may not be required for every category.

IJF Events planned for 2 days (Grand Prix, Grand Slam, Masters)						
	Women	Men				
Day 1	-48 kg, -52 kg, -57 kg, -63 kg	-60 kg, -66 kg, -73 kg				
Day 2	-70 kg, -78 kg, +78 kg	-81 kg, -90 kg, -100 kg, +100 kg				
IJF Events planned for 3 days (Grand Prix, Grand Slam, Masters)						
Day 1	-48 kg, -52 kg, -57 kg	-60 kg, -66 kg				
Day 2	-63 kg, -70 kg	-73 kg, -81 kg				
Day 3	-78 kg, +78 kg	-90 kg, -100 kg, +100 kg				
	IJF Events planned for 5 days (World C	hampionships Cadets)				
Day 1	-40 kg, -44 kg	-50 kg, -55 kg				
Day 2	-48 kg, -52 kg	-60 kg, -66 kg				
Day 3	-57 kg, -63 kg	-73 kg, -81 kg				
Day 4	-70 kg, +70 kg	-90 kg, +90 kg				
Day 5	Teams	Teams				
	IJF Events planned for 5 days (World Championships Juniors)					
Day 1	-44 kg, -48 kg	-55 kg, -60 kg				
Day 2	-52 kg, -57 kg	-66 kg, -73 kg				
Day 3	-63 kg, -70 kg	-81 kg, -90 kg				
Day 4	-78 kg, +78 kg	-100 kg, +100 kg				
Day 5	Teams	Teams				
	JF Events planned for 7 days (World C	hampionships Seniors)				
Day 1	-48 kg	-60 kg				
Day 2	-52 kg	-66 kg				
Day 3	-57 kg	-73 kg				
Day 4	-63 kg	-81 kg				
Day 5	-70 kg, -78 kg	-90 kg				
Day 6	+78 kg	-100 kg, +100 kg				
Day 7	Teams	Teams				

## 2.2 Competition System for IJF WJT Individual Events

There is only one uniform competition system for all IJF WJT events, an elimination system with the repechage starting at the quarter-final (last eight). For other events, different types of systems can be used such as double repechage, full repechage or direct knockout.

In a quarter final repechage, for each category, the athletes will be divided into two tables by means of a "draw", and an elimination system will be used to produce two finalists, who will compete for the gold medal.

The athletes defeated in the guarterfinal will compete in two repechage contests:

- The winners of each of these two repechage contests will compete in bronze medal contests against the loser of the semi-final contest of the respective opposite table.
- The winners (2) of those contests are placed third.
- The losers (2) are placed fifth.
- The losers (2) of repechage contests are placed seventh.

On the draw sheet the athlete on top wears a white judogi and the one below wears a blue judogi. Gold, silver and two (2) bronze medals will be awarded.

## 2.3 Regulations for IJF WJT Team Events

#### 2.3.1 Team Composition

Each team will consist of up to 5 (five) athletes (for Men/Boys as well as for Women/Girls) and has the possibility to have up to 5 (five) reserves. A team must consist of a minimum of 3 (three) athletes.

A total of 10 athletes can be inscribed with a maximum of two athletes per category.

At the Youth Olympic Games the team is mixed and will consist of four boys and four girls from different NOCs.

At the Olympic Games the team composition will be agreed by the IJF and the IOC.

#### 2.3.2 Team Weigh-in

The athlete must be within the weight limits of a category in which they are inscribed. There is 2 kg tolerance for athletes who competed in the individual Championships and NO tolerance for athletes who are only inscribed for the team competition. During the competition, an athlete may compete in one category higher than the category in which they are inscribed. Before the start of the official weigh-in the coach can update the team list.

#### 2.3.3 Seeding for IJF WJT Team Events

The top four (4) teams from the Teams World Ranking List (WRL) seniors will be seeded. For cadets and juniors, the medallists from the previous edition will be seeded if present.

#### 2.3.4 Competition System for IJF WJT Team Events

The system of competition will be the elimination system with quarter final repechage (refer to 2.2 for a full description). For other team events, different types of systems can be used such as double repechage, full repechage or direct knockout.

On the draw sheet the athletes in the team on top wear a white judogi and the ones in the team below wear a blue judogi. Gold, silver and two (2) bronze medals will be awarded.

The contests in the team match will be fought from the lightest weight to the highest weight. Each athlete is entitled to compete in their own weight category or in the category above.

During the contests the non-competing athletes must stay within a marked area on the FOP behind the coaches' chair. Reserve athletes must not enter the FOP.

Before each match the team leader must present to the Sport Director the team line-up and they have the right to replace one or several athletes by other athletes of the corresponding weight category or of the next lower category. If the team has no athlete in a category they should select the "no competitor" option. A minimum of three (3) athletes MUST be on the team line-up list.

All competitors presented for the team match at the official bow on the mat must compete. If one competitor does not compete in their contest the team will lose by disqualification.

If one team does not arrive for a match, the other team will be declared the winner by 5-0.

The number of contests won will decide the winning team.

If for any reason there is an equal number of wins and an equal number of score points, a random draw will be made and one couple will refight a golden score contest where the first score or penalty of any kind decides the winning team.

Points will be given as follows:

- Ippon gachi/fusen gachi/kiken gachi 10 points.
- Waza-ari 1 point.
- Win by shido 0 points.



26

The same points apply regardless of whether they are achieved in regular time or during Golden Score. In the case of osaekomi during the Golden Score an athlete can continue the hold to gain maximum points.

## 2.4 Regulations for Low Numbers of Athletes or Teams

If a category has one (1) to five (5) athletes or there are one (1) to five (5) teams the low numbers rules need to be applied. If there are six (6) athletes in a category and one or more does not pass the weigh-in, then the category should be redrawn to follow the low number rules. If there are six (6) teams and one or more teams cannot compete, then there should be a redraw to follow the low number rules.

#### 2.4.1 Low Numbers Rules for IJF WJT Individual and Team Events

1) In the case of five (5) athletes or teams

Two (2) athletes on one side of the table, simple contest for the access to the final, the three others on the other side of the table compete in the round robin system to classify them.

- The defeated athlete of the single contest must compete with the second one coming from the round robin elimination for the bronze medal (only one bronze medal awarded).
- The winner of the single contest meets the winner coming from the round robin system for gold and silver.
- 2) In the case of four (4) athletes or teams

Two single contests then a contest between the two losers for the single bronze medal and a contest between the two winners for the gold and silver medals.

3) In the case of three (3) athletes or teams

A round robin system will be held in the elimination round. The best and the second best will compete in a final. A bronze medal will be given if one contest was won.

- 4) In the case of two (2) athletes or teams

  One final will be held and a gold and silver medal will be awarded.
- 2.4.2 Low Numbers Rules for Other Individual and Team Events

For all other events, the following rules can be applied instead:

1) In the case of 5 athletes or teams

A round robin system produces the gold and silver and one bronze for the single 3rd place.

2) In the case of 4 athletes or teams

A round robin system produces the gold and silver and one bronze for the single 3rd place.

A round robin system produces the gold and silver and no bronze for the 3rd place except if they have won one contest.

4) In the case of 2 athletes or teams Better of two contests, in case the wins are equal (1-1), the third contest will decide.

#### 2.4.2 Round Robin System

Gold and silver medals given.

If there are low numbers a "Round Robin" system may be used and this is defined as a system where each athlete or team will compete against the other.

The following Round Robin rules to define the winners are used:

- · First criteria: number of wins.
- Second criteria: (in case of an equal number of wins): the highest sum of winning score points will decide.

Example: white scored waza-ari; blue scored two (2) waza-ari: the second waza-ari for blue is defined as the winning score (1 point) for blue.

- Third criteria (in case of equal number of wins and sum of winning score points): direct comparison.
- •If two contestants have equal number of wins and sum of score point, the contestant who won the contest between them is defined as better.
- Fourth criteria (in case of equal number of wins and no direct comparison possible because of "beating in circle"): the shortest accumulated time of all winning contests will decide.
- Fifth criteria (in case of equal time): weight at the weigh-in. The athlete with the lower weight is defined as better.
- Sixth criteria (in case of same weight): decision matches. A knockout system between the involved players will be used. A new draw must be performed.

Example in the case of three athletes: one contest between two players will be held. The winner of this contest will compete against the third player to get a final decision.

### 2.5 Veterans

The IJF Veterans Commission is responsible for all IJF veteran activities. See Appendix A for the full regulations for Veterans.

#### 2.6 Kata

The IJF Kata Commission is responsible for all IJF kata activities. See Appendix B for the full regulations for Kata.

28







## 3.1 Senior World Ranking List

Players not passing the weigh-in will be removed from the contest sheet. The contest order will be re-numbered. Possible opponents will be moved forward in the list with a bye. If the opponent wins no other contests, then no WRL points will be given for this bye (except participation points if applicable).

When an athlete loses a contest by a direct Hansoku-make for acts against the spirit of judo, ranking points will be assigned for the positon that the athlete reached in the competition. However, points, medals and prize money may be removed depending on the results of any further disciplinary action.

The five best results during the 12-month period will count plus one extra (6th) result from the Continental Championships or Masters, starting from Continentals 2013. In a case where the athlete starts in both events (Continental Championships and Masters) then the higher point score will count as the 6th result, and the lower point score may count for the five best results in the WRL.

Looking back 12 months from today - five best results plus one result count 100 %.

Looking back 13-24 months, from there - five best results plus one result count 50 %.

The points for each individual tournament will expire as follows:

- In the first 12 months after the tournament the points will count 100 %.
- After 12 months, the points will be reduced to 50 %.
- After 24 months, the points will be reduced to 0 and not counted anymore.

The dividing line is the following week (week number) in which the tournament was held.

Example: If tournament is held in week 17 of 2010, the points are reduced to half on the beginning of week 18 in 2011 and expired in the beginning of week 18 in 2012. The beginning of the week is defined as Monday.

Exception: For the equal treatment of all Continents, the expiry date for all Continental Championships will be always week number 18 regardless of the week number that they are organized.

A minimum of one contest must be won to get points for a tournament.

Exception: Grand Prix, Grand Slam, Masters, World Championships and Continental Championships points will be given for participation as well.

32

At Grand Prix and Grand Slam events only the two best domestic athletes can obtain points for the WRL. In case of equality the points will be automatically given to the highest ranked athlete. If still equal, the domestic federation will decide.

#### Additional rules

If an athlete changes their nationality out with the Olympic Qualification period, they will keep all WRL points for seeding purposes.

If the athlete changes their nationality during the Olympic Qualification period, they will lose all WRL points and will start the Olympic Games Qualification with zero (0) points.

In case of equality of total points, the higher ranking will be decided by:

- The highest sum of the current points from all World Championships.
- The highest sum of the current points from all Grand Prix, Grand Slams and Masters
- The highest current points from one single event, then, if needed, the second highest, and so on
- If the athletes are still equal the IJF Executive Committee, in the case of Olympic Qualification, will take the decision.

		Continental Open Open entry	Continental Champion- ships Continental entry	World Champi- onships Juniors Open entry	Grand Prix Open entry	Grand Slam Open entry	Masters Top 16	World Champi- onships Seniors Open entry
	Seeding	WRL TOP 8 placing Rest: Nation Distribution	WRL TOP 8 placing Rest: Nation Distribution	WRL TOP 8 placing Rest: Nation Distribution	WRL TOP 8 placing Rest: Nation Distribution	WRL TOP 8 placing Rest: Nation Distribution	WRL TOP 8 placing Rest: Nation Distribution	WRL TOP 8 placing Rest: Nation Distribution
	System	Quarter Final Repe- chage	Quarter Final Repe- chage	Quarter Final Repe- chage	Quarter Final Repe- chage	Quarter Final Repe- chage	Quarter Final Repe- chage	Quarter Final Repe- chage
	Repe- chage	Last 8 Repechage	Last 8 Repechage	Last 8 Repechage	Last 8 Repechage	Last 8 Repechage	Last 8 Repechage	Last 8 Repechage
RAL	Bronze	2 Bronze	2 Bronze	2 Bronze	2 Bronze	2 Bronze	2 Bronze	2 Bronze
GENERAL	Number of athletes (per cat- egory per country)	No limit	Maximum of 2 per category per country (not exceeding the total number of 9 men and 9 women per country).	Maximum of 2 per category per country (not exceeding the total number of 10 men and 10 women per country).	max. 2 per country max. 4 domestics (best 2 only for ranking list)	max. 2 per country max. 4 domestics (best 2 only for ranking list)	no limit	Maximum of 2 per category per country (not exceeding the total number of 9 men and 9 women per country).

		Continental Open Open entry	Continental Champion- ships Continental entry	World Cham- pionships Juniors Open entry	Grand Prix Open entry	Grand Slam Open entry	Masters Top 16	World Champi- onships Seniors Open entry
	1st place	100	700	700	700	1000	1800	2000
	2nd place	70	490	490	490	700	1260	1400
	3rd place	50	350	350	350	500	900	1000
	5th place	36	252	252	252	360	648	720
Points	7th place	26	182	182	182	260	468	520
Po	1/16th	16	112	112	112	160	-	320
WRL	1/32nd	12	84	84	84	120	-	240
M	1 contest won	10	70	70	70	100	-	200
	participa- tion	-	6	6	6	10	200	20
	Total			80,000	100,000	150,000	200,000	1,000,000
	Total			USD	USD	USD	USD	USD
	1 -4			2,000	3,000	5,000	6,000	To be
Jey	1st			USD	USD	USD	USD	confirmed
Mone	2nd			1,400	2,000	3,000	4,000	To be
le Z	2110			USD	USD	USD	USD	confirmed
Prize	2 4 4			800	1,000	1,500	2,000	To be
	3rd			USD	USD	USD	USD	onfirmed
	2 4 4			800	1,000	1,500	2,000	To be
	3rd			USD	USD	USD	USD	confirmed

## 3.2 Teams World Ranking List

The Teams World Ranking List will consist of points from Continental Championships and World Championships.

Placing	Continental Championship points	World Championship points
1st place	700	2000
2nd place	490	1400
3rd place	350	1000
5th place	252	720
7th place	182	520
1/16th	112	320
1/32nd	84	240

The two results during each 12-month period will count starting from the 2014 Continental championships.

The points for each team championships will expire as follows:

- The latest championship points will count 100%.
- The second to last championship points will be reduced to 50%.
- Before the second to last championships, the points will be reduced to 0 and not accounted anymore.

Points will be allocated even if no contest was won.



#### Additional rules

In the case of equality of total points, the higher ranking will be decided by:

- The highest sum of the current points from all World Championships.
- The highest sum of the current points from all Continental Championships.
- The highest current points from one single event, then, if needed, the second highest, then, if needed, the third highest, then, if needed, the fourth highest.

## 3.3 Cadet and Junior World Ranking List

The WRL for the juniors' categories and cadets' categories will start on 1st January 2014 and will be used for seeding in the IJF Cadet and Junior World Tour.

	Continental Open	Continental Championships	World Championships Junior
1st place	100	200	500
2nd place	60	120	300
3rd place	40	80	200
5th place	20	40	100
7th place	16	32	80
Each contest won	2	6	12
Participation	-	2	4

#### The points will count as follows

	Three best results from Continental Open	
Look back 12 months from today	<ul> <li>Result from last Continental Championships</li> </ul>	100 %
	<ul> <li>Result from last World Championships</li> </ul>	
	• Three best results from Continental Open	
Look back 13-24 months	• Result from previous Continental Championships	50%
	• Result from previous World Championships	

The points for Continental Open events will expire as follows:

- In the first 12 months after the tournament the points will count 100 %. After 12 months, the points will be reduced to 50 %.
- After 24 months, the points will be reduced to 0 and not counted anymore. The dividing line is the following week (week number) in which the tournament was held.

Example: If the tournament is held in week 17 of 2014, the points are reduced to half at the beginning of week 18 in 2015 and expired at the beginning of week 18 in 2016. The beginning of the week is defined as Monday. The dividing week number for the Continental Championships week is always week 26.





#### 4.1 Entries

Participants should be entered in the judobase database by their National Federation. The name and date of birth should match that of their passport. If the person wishes to be known by another name, they should write to the IJF General Secretary (gs@ijf. org) with copy to registration@ijf.org for approval. If someone has a name change or their name/date of birth is incorrect, the National Federation should send a copy of the passport to registration@ijf.org so that their judobase record can be updated.

All participating delegates must be inscribed in judobase (www.judobase.org) by their National Federation by the event deadline. Each person can only be inscribed with one function (i.e. athlete, coach, referee, team official etc.) per event. This rule is not the same for Veteran events (see Appendix A).

A national federation coach can be accredited for ONLY one country per event unless permission has been given by the IJF. Athletes can ONLY be entered in one weight category per IJF WRL event. Only entries of National Judo Federations that are IJF members will be accepted. After the deadline, no additions will be allowed but replacements may be accepted as follows:

- Until 20 days before draw: the correct names of the complete delegation (athletes and officials) have to be registered online at IJF registration page (www.judobase.org).
   The number of athletes/delegates cannot be increased after this deadline.
- Until 5 days before draw: In case a delegation has replacements and/or cancellations these changes must be entered online at IJF registration page (www.judobase.org).
- Until start of accreditation: Any last-minute replacements or cancellations must be sent to the IJF registration e-mail: <a href="mailto:registration@ijf.org">registration@ijf.org</a>. A confirmation will be sent from the IJF.
- During accreditation, registered athletes can be replaced by other athletes and registered officials can be replaced by other officials.

#### 4.2 Cancellation of Athletes

Any cancellation of an athlete on the spot without replacement will result in a penalty (see below).

- In cases where registered athletes are cancelled on the spot without previous notification to IJF, a penalty of 100 USD per athletes will apply. This penalty will be charged by the IJF to the National Federation.
- In case a whole delegation is not participating without previous notification, a penalty of 100 USD per athlete will apply for all registered athletes.
- Additionally, in all cases the Organiser has the right to demand the expenses for accommodation and meals generated by any replacement, cancellation or non-participation from the cancelling Federation as per the deadlines indicated in the event outlines.

#### 4.3 Number of Entries

For IJF events the number of entries permitted will be limited as follows:

- World Championships Seniors (men and women) each National Federation may enter nine (9) entries in total for men and nine (9) entries for women. Only a maximum of two athletes per category for men and the same for women will be allowed. The total delegation of both men and women is a maximum of 18 athletes. There is no open category.
- World Open Championships Seniors (men and women) each National Federation may enter a maximum of four athletes.
- World Championships Juniors (men and women under 21) each National Federation
  may enter 10 entries in total for men and 10 entries for women. Only a maximum of
  two athletes per category for men and the same for women will be allowed. The total
  delegation of both men and women is a maximum of 20 athletes. There is no open
  category.
- World Championships Cadets (boys and girls under 18) each National Federation
  may enter 10 entries in total for boys and 10 entries for girls. Only a maximum of
  two athletes per category for boys and the same for girls will be allowed. The total
  delegation of both men and women is a maximum of 20 athletes. There is no
  open category.
- World Team Championships a total of 10 athletes can be inscribed with a maximum of two athletes per category. For each contest the team will consist of five athletes chosen from the inscribed 10.
- World Masters the top 16 athletes in the WRL in each weight category will be invited. Athletes can only be entered in the weight category for which they have been selected. The organizing country has the right to have a minimum of one (1) athlete in each category. If they do not qualify an athlete in the top 16 a domestic athlete will participate as the 17th athlete.
- Grand Prix and Grand Slam a maximum of two athletes per country per category
  can be inscribed except for the hosts who can enter a maximum of four athletes per
  category. However, only the best two athletes' results will be considered for the WRL.

#### 4.4 Reserves for Team Events

If any of the qualified team(s) cancel their participation before the event, then the reserve(s) will be the next team on the Teams WRL. If any of qualified team(s) cancel their participation on the spot, then the host Continental Union has the right to nominate a reserve team(s).



# ACCREDITATION Entries for IJF events are the responsibility of the IJF Sport Commission and are managed by the IJF IT Team. For assistance on accreditation please contact registration@ijf.org. **SECTION 5**

At least one team delegate must attend on time to confirm the entries of all athletes and officials with his/her signature on the delegation confirmation list. A delayed appearance or no-show may result in the exclusion of all participants from the draw and the event. In case of unforeseen delay of arrival, the National Federation must immediately contact both the organizer and the IJF registration team (registration@ijf.org).

For each official team member from a national delegation (athletes, coach, team official, doctor etc.) an accreditation card is issued from IJF during official registration. This card contains: last (family) name, first (given name), country, IJF ID number, a picture and for athletes only their weight category and WRL position.

This accreditation card is valid for the duration of the Championships and is the personal identity document of the delegate for all security and access controls.

Number of accreditations for officials:

- One four (1-4) competitors: three (3) officials
- Five nine (5-9) competitors: five (5) officials
- •10 or more competitors: seven (7) officials

At World Championships and whenever it is necessary to verify the age and/or nationality of an athlete a member of the IJF Sport Commission or representative will check the passport or national identity card (a high-quality photocopy or scan will also be accepted).

When the team leader comes to accreditation the Local Organizing Committee should also provide them with any additional useful information such as meal and transport times, training schedule, departure schedule etc.

There must be at least two stations for financial payments. One for teams with no changes and one or more for teams that need to make changes.









# 6.1 Draw Regulations

For all IJF World Championships, Masters, Grand Slams and Grand Prix the draw will take place at 14:00 the day before the competition. For other events, such as the Olympic Games and other Multi Sport events the date and time of the draw will be agreed by the IJF Sport Commission.

After the closing of accreditation and before the start of the draw the lists of athletes by category will be posted outside the draw room. Any errors or omissions should be reported to the IJF IT Team before the start of the draw.

A maximum of two team delegates from each delegation can attend the draw along with one athlete representative. All attendees must respect the formal dress code, which is a suit and tie.

The draw will be carried out by computer with the use of the IJF software (or other software if IJF authorized) under the direction of the IJF Sport Director assisted by the IJF IT Team and Sport Commission.

The Organizing Committee shall distribute copies of the draw to each participating delegation no later than 30 minutes after the draw is finished.

# 6.2 Seeding

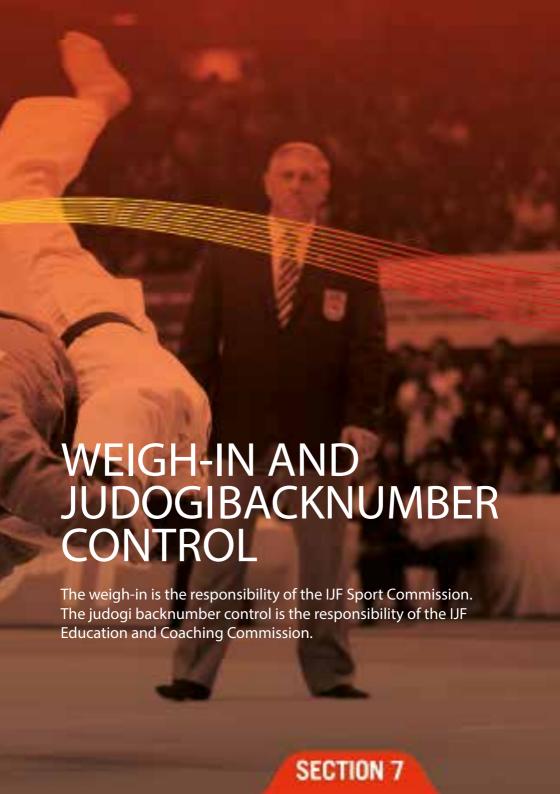
For the World Championships, Grand Slams, Grand Prix and Masters the top eight athletes among the entered athletes in each weight category will be placed per thier IJF WRL position. For the rest of the draw separation by nations will be respected. However, seeding position will take priority over separation by nation in categories where there are lower numbers.

For the World Championships Open there will be no seeding only separation by nations.

For the World Team Championships teams the top four (4) teams from the Teams World Ranking List (WRL) will be seeded.

If necessary, the IJF Head Sport Director will agree the seeding rules for other events.





# 7.1 Location of the Weigh-in and Judogi Backnumber Control

The weight control and the judogi backnumber control can take place in a maximum of two locations simultaneously, in the competition venue or in the official hotels allocated by organizers for participating delegations.

The members of the Education Commission will check the brand of the judogi as well as the backnumber which shall be sewn on the back of the jacket in compliance with the current judogi rules. The backnumber shall be stitched around the entire perimeter and the upper and lower edges should be crossed to form an X; Or alternatively six (6) straight equidistant parallel horizontal lines can be stitched across the backnumber. The backnumber needs to be clean, free from any stains or sticky residue whatsoever. If these rules are followed the sponsor backnumber will be given for each judogi.

The belt does not need to have a red IJF label a blue label will be accepted.

During the competition, the Education and Coaching Commission members will control in a standing position the length of the jacket which should cover the buttocks and reach middle thigh length.

If the organisers do not provide a sewing service, the IJF will not be held responsible and the athletes shall make their own arrangements to comply with the current judogi control rules.

If an athlete fails to show up for the judogi backnumber control the day, without a valid reason, before the competition, the coach of the athlete will suspended for one day.

If an athlete does not have their judogi due to it being lost or stolen, on production of an airline (or train) lost baggage claim or a police report, reserve judogi will be given and the coach permitted to sit in the chair.

Organizers should provide separate rooms for men and women and enough calibrated electronic scales showing only one decimal place i.e. 51.9 kg, 154.6 kg. If more than one scale is being used at that location, then the weight category to be controlled should be posted in front of it. The scales should be placed on a solid floor that is not carpeted.

# 7.2 Weigh-in Rules

For IJF events the official weigh-in for seniors and juniors will be organized the day before the competition at 20:00. If for any reason (i.e. Olympic Games opening ceremony) a different time is proposed it shall be agreed by the IJF Sport Commission.

50

From 2015, for events included in the IJF Cadet World Tour and IJF Cadet WRL the weigh-in for cadets will also take place the day before the competition at 19:00. For this age group a day before weigh-in is recommended by the IJF for all events. For team competitions, the weigh-in is organized one day before the competition. There will be a 2 kg tolerance for athletes who competed in the individual Championships and NO tolerance for athletes who are only inscribed for the team competition.

The official weigh-in control period shall be between 30 – 60 minutes. Control scales should be available in all official hotels between 08:00 – 22:00 for athletes to check their weight.

Athletes shall be allowed to check their weight on the official weigh-in scales (that will be used for the official weigh-in) from one hour before the official weigh-in commences.

There is no limit to the number of times each athlete may check his weight during the time of the unofficial weigh in.

In the cadets age category athletes are NOT allowed to remove their underclothing (boys – underpants, girls – underpants and bra) to compensate an additional 100 grams will be allowed i.e. for the category 44 kg the limit will be 44.1 kg.

# 7.3 Random Weigh-In

Random weight checks for cadets, junior and senior athletes can be organized before the first contests in the morning of the competition. The rules will be the same as those of the official weigh-in with the exception that the athletes do not need to bring their passports, as their accreditation is sufficient for identification. The weight of the athlete cannot be more than 5 % higher (without judogi) than the official maximum weight limit of the category.

Senior Women	+ 5 % Tolerance	TEAM EVENTS ONLY + 5 % Tolerance +2 kg allowance for athletes that have participated in the preceding individual competition			
up to and including 48 kg	50.4 kg	-			
over 48 kg up to and including 52 kg	54.6 kg	56.6 kg			
over 52 kg up to and including 57 kg	59.9 kg	61.9 kg			
over 57 kg up to and including 63 kg	66.2 kg	68.2 kg			
over 63 kg up to and including 70 kg	73.5 kg	75.5 kg			
over 70 kg up to and including 78 kg	81.9 kg	-			
over 78 kg	-	-			

Senior Men	+ 5 % Tolerance	TEAM EVENTS ONLY + 5 % Tolerance +2 kg allowance for athletes that have participated in the preceding individual competition			
up to and including 60 kg	63 kg	-			
over 60 kg up to and including 66 kg	69.3 kg	71.3 kg			
over 66 kg up to and including 73 kg	76.7 kg	78.7 kg			
over 73 kg up to and including 81 kg	85.1 kg	87.1 kg			
over 81 kg up to and including 90 kg	94.5 kg	95.5 kg			
over 90 kg up to and including 100 kg	105 kg	-			
over 100 kg	-	-			

Junior Women under 21 years	+ 5 % Tolerance	TEAM EVENTS ONLY + 5 % Tolerance +2 kg allowance for athletes that have participated in the preceding individual competition
up to and including 44 kg	46.2 kg	-
over 44 kg up to and including 48 kg	50.4 kg	-
over 48 kg up to and including 52 kg	54.6 kg	56.6 kg
over 52 kg up to and including 57 kg	59.9 kg	61.9 kg
over 57 kg up to and including 63kg	66.2 kg	68.2 kg
over 63 kg up to and including 70 kg	73.5 kg	75.5 kg
over 70 kg up to and including 78 kg	81.9 kg	-
over 78 kg	-	-

Junior Men under 21 years	+ 5 % Tolerance	TEAM EVENTS ONLY + 5 % Tolerance +2 kg allowance for athletes that have participated in the preceding individual competition
up to and including 55 kg	57.8 kg	-
over 55 kg up to and including 60 kg	63 kg	-
over 60 kg up to and including 66 kg	69.3 kg	71.3 kg
over 66 kg up to and including 73 kg	76.7 kg	78.7 kg
over 73 kg up to and including 81 kg	85.1 kg	87.1 kg
over 81 kg up to and including 90 kg	94.5 kg	95.5 kg
over 90 kg up to and including 100 kg	105 kg	-
over 100 kg	-	-

Cadet Girls under 18 years	+ 5 % Tolerance + 0.1 kg allowed for underwear	TEAM EVENTS ONLY + 5 % Tolerance +2 kg allowance for athletes that have participated in the preceding individual competition + 0.1 kg allowed for underwear				
up to and including 40 kg	42.1 kg	-				
over 40 kg up to and including 44 kg	46.3 kg	-				
over 44 kg up to and including 48 kg	50.5 kg	52.5 kg				
over 48 kg up to and including 52 kg	54.7 kg	56.7 kg				
over 52 kg up to and including 57 kg	60 kg	62 kg				
over 57 kg up to and including 63 kg	66.3 kg	68.3 kg				
over 63 kg up to and including 70 kg	73.6 kg	-				
over 70 kg	-	-				

Cadet Boys under 18 years	+ 5 % Tolerance + 0.1 kg allowed for underwear	TEAM EVENTS ONLY + 5 % Tolerance +2 kg allowance for athletes that have participated in the preceding individual competition + 0.1 kg allowed for underwear				
up to and including 50 kg	52.6 kg	-				
over 50 kg up to and including 55 kg	57.9 kg	-				
over 55 kg up to and including 60 kg	63.1 kg	65.1 kg				
over 60 kg up to and including 66 kg	69.4 kg	71.4 kg				
over 66 kg up to and including 73 kg	76.8 kg	78.8 kg				
over 73 kg up to and including 81 kg	85.2 kg	87.2 kg				
over 81 kg up to and including 90 kg	94.6 kg	-				
over 90 kg	-	-				

# 7.4 Official Weigh-in Procedure

The Organizers shall make available a minimum of two national referees/officials per each official scale. One to check the passport and weight of the athlete and one to record the exact weight on the official weigh in list. An additional official/volunteer should also be available to control the flow of athletes. To protect the privacy of the athletes, officials supervising the weigh-in must be of the same gender as the athletes. The IJF IT team in charge of the event shall make available one copy of the weigh-in list for each weight category for the organizer and one copy for the members of the Sport Commission conducting the weigh-in before the scheduled start of the official weigh-in period.

Photography or filming is not permitted in the weigh-in area. This includes the use of mobile phones and all other devices.



- All coaches and other team delegates must leave the weigh-in room before the start of the official weigh-in.
- The athlete is allowed to stand on the scales only once during the official weigh-in period.
- Each athlete shall bring to the weigh-in their IJF accreditation card issued for the Championships and their passport or an official identification document with photo. The athlete shall present both documents to the official, who will verify the identity of the athlete.
- The official then invites the athlete to stand on the scales.
- The athlete shall weigh-in wearing only underclothing (men/boys underpants, women/girls underpants and bra). Any socks, jewellery or body piercings must be removed.
- The athletes are allowed to remove their underclothing without stepping off the scales - to ensure they reach the minimum or the maximum weight limit of the weight category in which they are entered.
  - The official supervising the weigh-in shall note and record the athlete's weight in kilograms (accurate to one decimal point of a kilogram).
- The athlete steps off the scales.

## Failure to appear for weigh-in control

Should an athlete fail to appear for weigh-in during the official weigh-in period, this shall be noted beside his name on the official weigh-in list. A weigh-in official and the IJF delegate shall sign the notation. The athlete will be excluded from competing in that weight category.

# Failure to weigh-in within the prescribed limits of a category

Should an athlete weigh either above or below the prescribed limits for the category in which he is entered the exact weight shall be recorded in the normal manner. The weight shall be circled and signed by a weigh-in official, and a member of the Sport Commission and by the athlete himself or a member of his delegation. The athlete shall be excluded from competing in that weight category.

### Failure to comply with official directions or with requirements of the IJF SOR

If at any stage during the weigh-in period, an athlete fails to comply with the directions of any weigh-in official or an IJF delegate, or fails to comply with the requirements of the IJF SOR, the athlete shall be prevented from participating in the weigh-in and the nature of the infraction brought immediately to the attention of the Sport Director of the IJF.

54

Anyone not passing the official weigh-in (through not appearing, failing the weight or failing to comply with official directions) will be removed from the competition and the revised draw sheet will be posted on the official notice board in the warm up area. Their original opponent will pass to the next round and this will be considered their first contest.

# 7.5 Random Weigh-in Procedure

The random weigh-in is the responsibility of the IJF Education and Coaching Commission. The random weigh-in takes place before the start of the competition each day.

#### Draw of the athletes

The responsible IJF delegate will perform the draw of the athletes by means of software on a laptop, one (1) hour before the start of the preliminaries of the competition each day. This will be done at the place of the IJF IT person running the competition. Four athletes per category (except +78 kg and +100 kg) will be drawn.

#### Collecting the athlete

The list of named athletes drawn for the random weigh-in will be officially posted on the official noticeboard placed near the warm up area.

#### Weigh-in procedure

Four volunteers (two men and two women) will operate the weigh-in. Two volunteers will identify the athletes and the two others will proceed with the weigh-in in two separate private rooms, one hour (1) before the start of the preliminaries each day. Test scales should be available for the duration of the weigh-in. The weigh-in will close 15 minutes before the start of the competition to allow any changes to be made by the IJF IT Team.

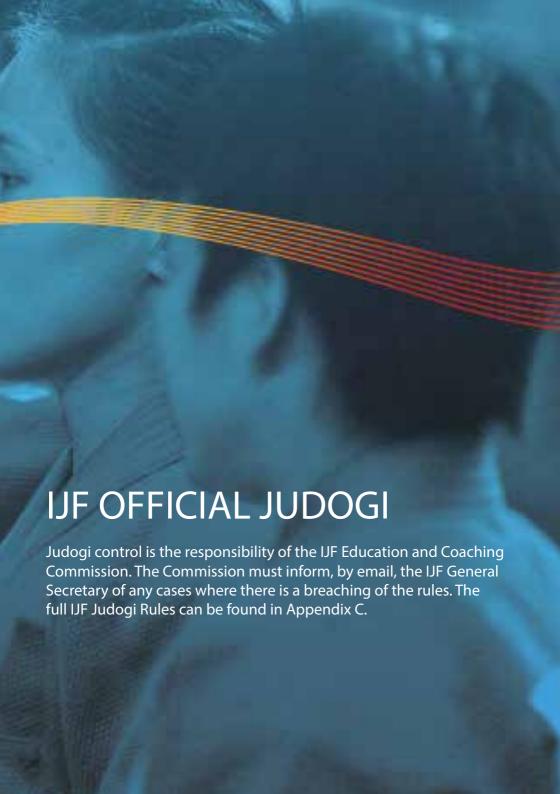
#### After weigh-in procedure

If an athlete's weight is 5 % higher than the official maximum weight limit of the category the Sport Director should be immediately informed and the overweight athlete will be excluded from the competition. The opponent of the overweight athlete should go on the mat and bow (they will be declared the winner by fusen gachi).

It is not necessary for the athletes to bring their passports to the random weigh-in; their accreditation is enough for identification.

Anyone not passing the random weigh-in (through not appearing, failing the weight or failing to comply with official directions) will not be allowed to take part and their opponents will report to judogi control and go onto the tatami where they will be declared the winner by fusen gachi.









#### 9.1 Venue

The competition venue should be large enough to host the event. For the Olympic Games the seating capacity should be a minimum of 10,000. The venue should be well lit and of a constant temperature of between 18 – 22°C. Information for event organizers can be found in the IJF EOG.

# 9.2 Training Venue

The Organizing Committee shall provide training areas and transport for all delegations. The training areas should be sufficient to accommodate the number of participants; it should be adequately ventilated and a temperature of 18 - 22 o C maintained. The tatami need to be placed on a resilient floor at ground level. If the floor is concrete, there should be Taraflex (or similar) underneath the mats. The minimum height above the mats must be 5 m.

During World Championships and Olympic Games training areas should be provided that are separate from the warm up area.

For Olympic Games and other large Multi-Sport events curtain or screen separation should be provided for privacy between the delegations with sufficient circulation space for coaches and support staff and benches for sitting. Ancillary facilities should include showers, sauna, scales and medical provision.

Training times should be coordinated between the Organizing Committee and the delegations.

# 9.3 Warm Up Area and Judogi Control

There must be a warming up area(s) the size of which will be agreed by the IJF Sport Commission. The tatami need to be placed on a resilient floor at ground level. If the floor is concrete, there should be Taraflex (or similar) underneath the mats. The minimum height above the mats must be 5 m.

The Sport Commission will restrict warm up area access to those athletes that are competing that day. Any other athletes not competing will not be allowed to access the warm up area until two (2) hours after the start of the competition.

A noticeboard should be placed in or near the warm up area so that information for the delegations can be displayed.

Screens showing the contest order and live contests should be available in both the warm up area and the judogi control areas so that coaches and athletes can follow the competition at all times.

Athletes must pass judogi control and arrive on time for their contests. If any athlete is not able to continue in the competition the Sport Director must be informed immediately. The IJF Medical Commission delegate will verify the withdrawal if it is due to a medical reason. Refer to Appendix D IJF Refereeing Rules article 26 - Default and withdrawal.

60

# 9.4 Athlete Seating and Facilities

The athlete tribune, changing rooms, toilets and other facilities etc. should be as close as possible to the warm up area.

# 9.5 Entry to Field of Play

The venue speaker(s) announce the players as they enter the FOP and the result of the contest. If athlete entry is from the left the first athlete called is the one in the blue judogi followed by white. If it is from the right the first athlete called is the one in the white judogi followed by blue.

Athletes must enter and leave the FOP wearing their judogi in the proper way. It is not allowed to remove any part of the judogi or the belt until the athlete has left both the FOP and the Media Mixed Zone.

Religious, political, personal or commercial connotation is prohibited for everyone on the FOP.

#### 9.6 Coaches

#### 9.6.1 Position of Coaches

Coach positions will be provided behind the barriers of advertising panels.

#### 9.6.2 Code of Conduct for Coaches

The coaches should respect the Code of Ethics, IJF statutes and regulations. The coach is responsible for their athlete's conduct from entering the competition venue until leaving it, before and after each contest.

The coaches should make sure that their athletes follow the instructions of the organizers and in particular the schedules and judogi control protocols.

Coaching will be strictly limited to communication with athlete, tactical advice, encouragements and instructions in unexpected situations such as injury etc. The coach will remain seated on his chair throughout the contest.

Coaches are not allowed to give indications to the athletes while they are fighting. Only during the pause (after matte), will they be permitted to give indications to their athletes. After the pause is finished, and the contest continues (Hajime), coaches will have to keep silent again. If a coach does not follow these rules, they can be expelled from the competition area. If the coach persists with this behaviour from outside the competition area, they could be penalized.

#### Forbidden behaviour of a coach:

- Any comments on or criticism of the referees' verdicts.
- Demanding correction of the referees' decisions.
- Any abusive gesture toward referees, officials or public.
- Touching, hitting, kicking etc. the advertising panels or any equipment.
- Any kind of behaviour showing disrespect to all parties involved in the competition.
- For all IJF events it is not permitted for coaches to bring headsets or any other form of communication device or instrument onto the FOP. It is strictly prohibited for the coach



to communicate from the FOP with other persons during the entire contest period. Any coach found carrying such communication equipment shall be removed from the FOP and will not be allowed to continue coaching their athlete at the event.

#### 9.6.3 Dress Code

Coaches must respect the following dress code:

- · Draw: jacket suit with tie.
- Preliminary rounds: national tracksuit with trousers reaching down to shoes. Coaches can wear national official short sleeved or long sleeved T-shirts.
- For the final block program (TV time): jacket suit with tie.

The following are forbidden at any time: shorter trousers, undressed upper body, any kind of head caps and cover, jeans, sweaters or similar sports unrelated dress, flip-flops.

Doctors must respect the following dress code:

- Doctors should always wear their accreditation on the field of play as well as in the warm up area. The doctor's symbol should appear on their accreditation.
- Jeans, overalls, sweat shirts, shorts, leggings, sandals, caps, body or facial piercings are not allowed, low-cut necklines and mini-skirts are not allowed.
  - They should wear short or three quarter long sleeves.
  - Avoid jewellery that could scratch or touch a patient while getting close to examine him.
- Garments that may interfere with clinical communication, and its assessment, should be removed.
- Change immediately if uniforms of clothes become visibly soiled with blood stains or other.
- Tie long hair off the collar.
- Avoid wearing false nails.
- Avoid wearing wrist jewellery/wrist watches.
- Wear soft-soled, close toe shoes.
- Cover tattoos where these are extensive or may be deemed offensive.
- Should not wear neck-ties.

#### 9.6.4 Penalizing

62

Any coach who infringes upon these rules will be disqualified from accompanying his athletes into the competition zone and taking up coach's chair until the end of event (not only for the particular day). The IJF Officials that are authorized to penalize coaches are the Director of Education and Coaching Director and the IJF Refereeing Commission. The coaches nominated by their National Federations, while in the mat side chair, should respect the following IJF coaches' rule. In case a coach is sanctioned by a referee the Referee Director will send a notice to the Education Director who will enforce the suspension of the concerned coach during the event.

In the case of not respecting the rules the following procedure will happen:

• First warning, informed by the referee, the coach can continue to coach from the mat side chair.

- Second warning, informed by the referee, the coach should move from the mat side chair to the tribune for the rest of the day.
- In case a coach has been moved from the mat side chair twice during the event, the coach will be suspended (cannot coach from the mat side chair) for the rest of the event, and the next event that he/she will attend In case a coach has been moved from the mat side chair, and continues coaching from the tribune, the coach will be suspended for the rest of the event, and the next event that he/she will attend. Coaches cannot coach from the tribune or any place inside the venue! This will be considered as acting against the rules and punished with the same procedure as described above. In case of having just one warning in each contest, the coach can continue coaching the next contests. The warnings from different contests are not cumulative.

# 9.7 Field of Play and Competition Area

A minimum of three entrances to the FOP are need to run the competition and if there are less than this it has to be approved by the IJF Sport Commission.

The competition area shall be divided into two zones: the contest area and the safety area and each shall be a different colour with sufficient contrast to avoid misleading edge situations. The IJF Sport Commission must agree the number of contest areas required. The contest area for IJF events shall be a minimum of 8m x 8m and a maximum of 10m x 10m. The safety area shall be a minimum of 3m. Where two or more adjoining contest areas are used, a common safe zone may be used to satisfy the minimum distance of 4m between them. A free zone of 50cm minimum must be maintained around the entire competition area.

For Masters, World Championships Seniors and Olympic Games, the contest area shall be  $10m \times 10m$  with a minimum common safety area of 4m and a minimum exterior safety area of 4m. This size is also recommended for Continental Championships.

The contest areas are numbered from left to right from the side where the technical table is located.

The tatami need to be placed on a resilient floor at ground level. The elements making up the surface must be aligned without space in between; the surface must be smooth and fixed in such a way that the individual mats cannot be displaced. If the floor is concrete, there should be Taraflex (or similar) underneath the mats. The minimum height above the mats must be 5m. Depending on the sightlines in the sports hall the tatami may be placed on a solid platform. The platform must be made of wood or a similar material. It must be one metre wider and longer than the tatami dimensions and must be no more than 1m in height. When using a platform, it is recommended that the exterior safety area should be 4m. All tatami for IJF events must be IJF approved (the list of official suppliers is available at www. ijf.org) and the official colours are yellow (123C) and red (1795C). Any other colours proposed by the Local Organizing Committee must be approved by the IJF before use. Each mat should measure 1m x 2m x 5cm and be made of pressed foam. They must be firm under foot, have the property of absorbing shock during ukemi, and not be slippery or too rough.

Any decoration on the tatami, such as the host city name, year or event logos, can only be placed on the safety area never on the contest area.

The local organizing committee must give the IJF all TV feeds for the refereeing CARE system, live streaming and TV archives.









Athletes must attend the medal ceremony barefoot wearing their IJF approved white judogi. Each athlete who has won a medal must be present at the ceremony and receive the medal personally, if possible. Any athlete who is absent from the awards ceremony without a good cause will forfeit his medal and possibly prize money. It is strictly prohibited for athletes on the podium to have national flags or similar items other than the ones fixed on their judogi. Any demonstration with religious, political, personal or commercial connotation is prohibited as is to wear a cap or any similar head covering.





# SECTION 12 - MEDICAL

All medical matters are the responsibility of the IJF Medical Commission. Refer to the IJF Medical Handbook in appendix E.

# SECTION 13 - MEDIA

All media matters are the responsibility of the IJF Media Director.

It is expressly forbidden for all media including photographers to live stream at any time during the draw, competition or any other official IJF activity. Mobile devices must not be used for any function while matside. Media are not allowed to access the warm-up area unless special access has been granted from the IJF. This must be proposed and granted by the IJF at least two weeks before the competition. Any member of the media who does not follow the above risks losing their IJF credentials and access to the competition.

Refer to the EOG for further information.





# **Delegation Confirmation List**



#	Category	FAMILY NAME	Given Name	Gender	DoB	WRL	ID		
1	-60 kg	AMANOV	Tazemyrat	m	06.12.1992		E4C6-43A4	1	
2	-73 kg	NURMUHAMMEDOV	Arslan	m	02.08.1986	273	D136-F2F1	2	
3	-81 kg	HOJAGULYYEV	Durdymyrat	m	11.11.1993	315	E331-3F5E	3	- 🐺 '
									4/5
1	-52 kg	BABAMURATOVA	Gulbadam	w	24.08.1991	31	ABD3-912A	4	
2	-57 kg	MADRAIMOVA	Zuhra	w	02.02.1990	93	24C8-ED75	5	
3	-70 kg	HAYYTBAEVA	Gulnar	w	24.03.1985		CB61-DFD8	6	
1	Coach	BELOUSOV	Aleksandr	m	17.05.1985		3787-B3CB	7	
2	Coach	GELDIBAYEVA	Chemengul	w	13.10.1968		847C-B86C	8	

Please confirm that above categories, name spellings and seeding information are correct and complete Veuillez verifier et confirmer que les noms et les poids sont corrects et completes

Signature team leader

Х

Favor confirmar que la información de los competidores así como los datos de siembra son correctos y completos

\_\_\_\_\_

Delegation checked	Passports checked	Finances checked	Anthem+Flag checked
		•	

Page 1/1 www.ippon.org (c) International Judo Federation IJF 13-Feb-2015 - 17:54:15



# Back Number Checklist Example

## Weigh-in List



#### **IJF Grand Slam Paris 2010**

(FRA Paris, 6-7 February 2010)

## Weigh-in List

# -60 kg

#	Category	Last Name	First Name	Nation	Date of birth	Exact Weight	Signature
1	-60 kg	ABDULAEV	Murad	RUS	09.06.1986		
2	-60 kg	ALVES	Breno	BRA			
3	-60 kg	ASANO	Daisuke	JPN	11.03.1984		
4	-60 kg	ASUMBANI	David	GEO			
5	-60 kg	AYRES	Ricardo	BRA			
6	-60 kg	BARREYRE	Lilian	FRA	10.07.1985		
7	-60 kg	BOMBOIR	Damien	BEL	10.07.1984		
8	-60 kg	BURJAN	Laszlo	HUN	10.03.1985		
9	-60 kg	CHAMMARTIN	Ludovic	SUI	31.01.1985		
10	-60 kg	DAVAADORJ	Tumurkhuleg	MGL	29.09.1990		
11	-60 kg	DRAGIN	Dimitri	FRA	02.12.1984		
12	-60 kg	FUKUOKA	Masaaki	JPN	12.07.1984		
13	-60 kg	GANBAT	Boldbaatar	MGL	03.01.1987		
14	-60 kg	IDRISSI	Alae	MAR			
15	-60 kg	JANG	Jin-Min	KOR	17.01.1989		
16	-60 kg	KOPISKE	Robert	GER	01.10.1989		
17	-60 kg	KOSSOR	Nicholas	USA	05.01.1986		
18	-60 kg	MCKENZIE	Ashley	GBR	17.07.1989		
19	-60 kg	MEREBASHVILI	Paata	GEO			
20	-60 kg	MESSINA	Martin	CMR			
21	-60 kg	MILLAR	James	GBR	01.09.1981		
22	-60 kg	MILOUS	Sofiane	FRA	01.07.1988		
23	-60 kg	MOOREN	Jeroen	NED	30.07.1985		
24	-60 kg	MOUDATIR	Yassine	MAR			
25	-60 kg	MUSLIMOV	Artur	RUS	01.03.1983		
26	-60 kg	NOUR	Issam	FRA	04.07.1981		
27	-60 kg	PIKER	Yosmani	CUB			
28	-60 kg	POSTIGOS	Juan	PER			
29	-60 kg	REINVALL	Juho	FIN	24.08.1988		
30	-60 kg	SAKER	Lyes	ALG	17.05.1987		
31	-60 kg	SOBIROV	Rishod	UZB	11.09.1986		

Page 1/17

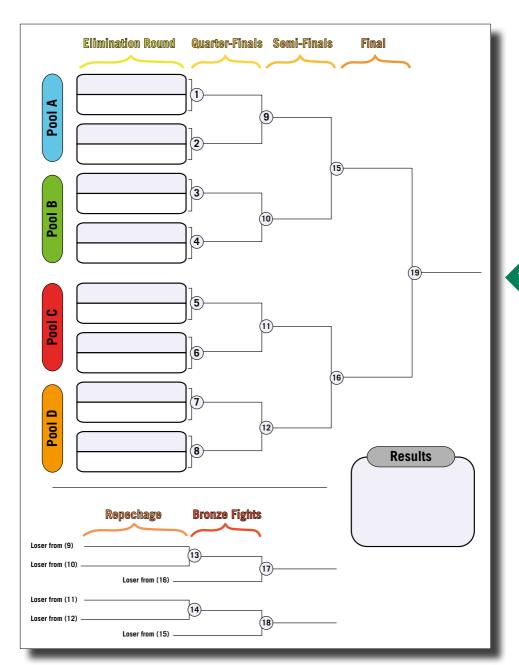
Date, Signature

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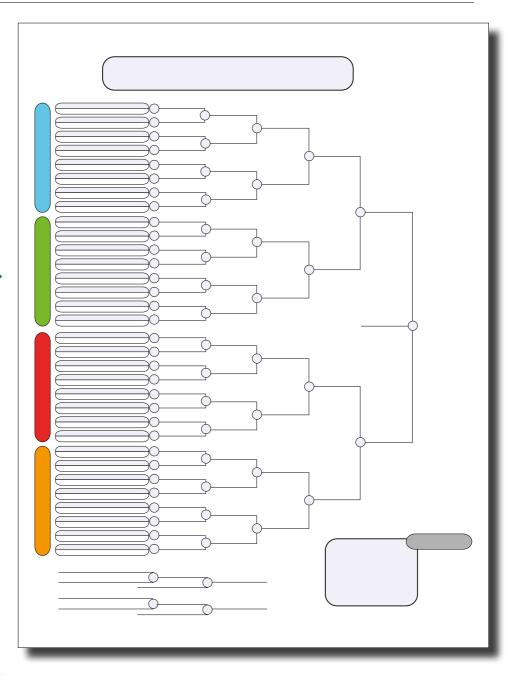


## The IJF Tournament System • Example Quarter Final Repechage

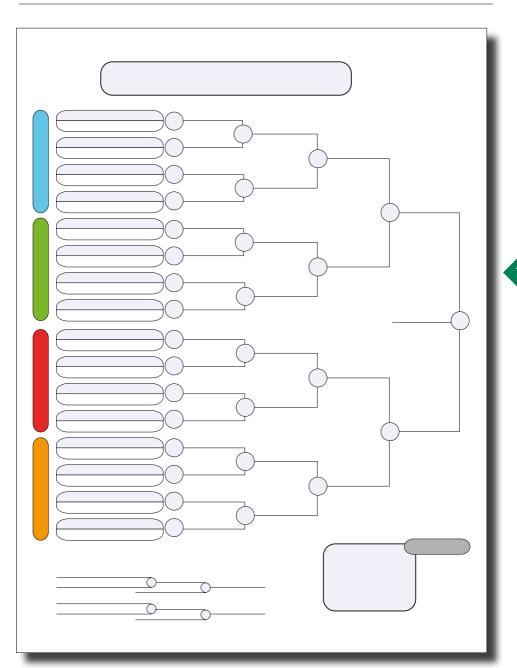




# An Elimination System with Repechage Starting at the Quarter-final (last 8)/up to 64 Entries

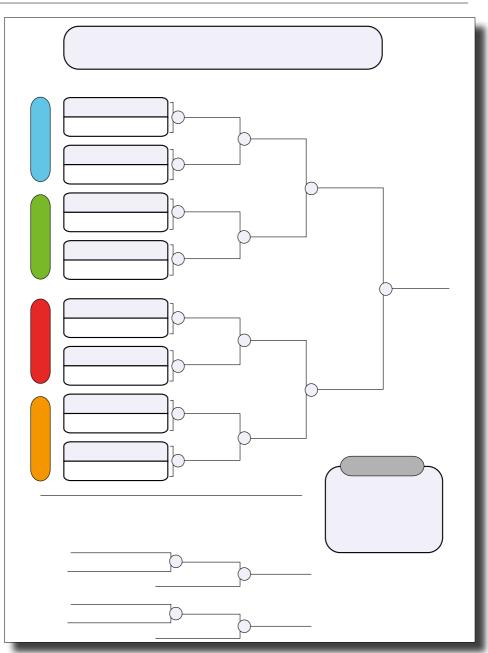


# An Elimination System with Repechage Starting at the Quarter-final (last 8)/up to 32 Entries

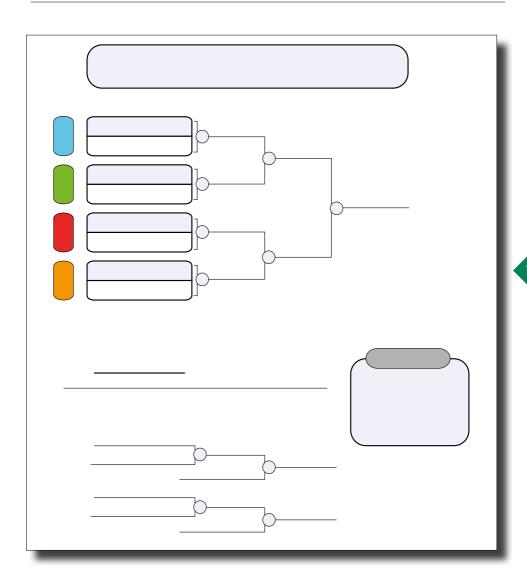




# An Elimination System with Repechage Starting at the Quarterfinal (last 8)/up to 16 Entries

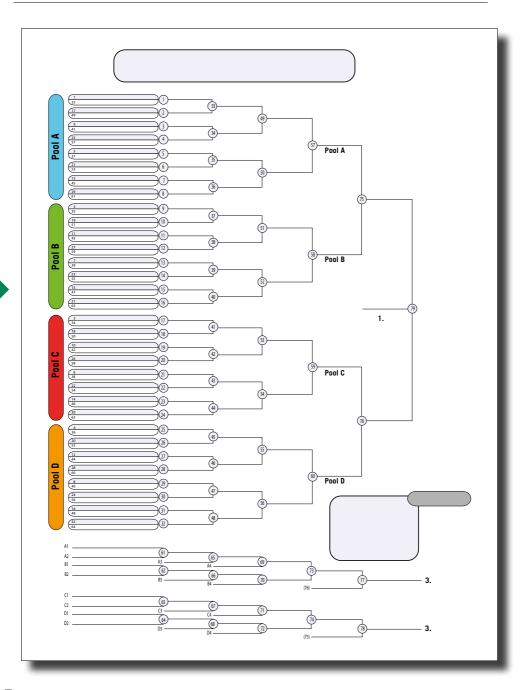


# An Elimination System with Repechage Starting at the Quarterfinal (last 8)/up to 8 Entries



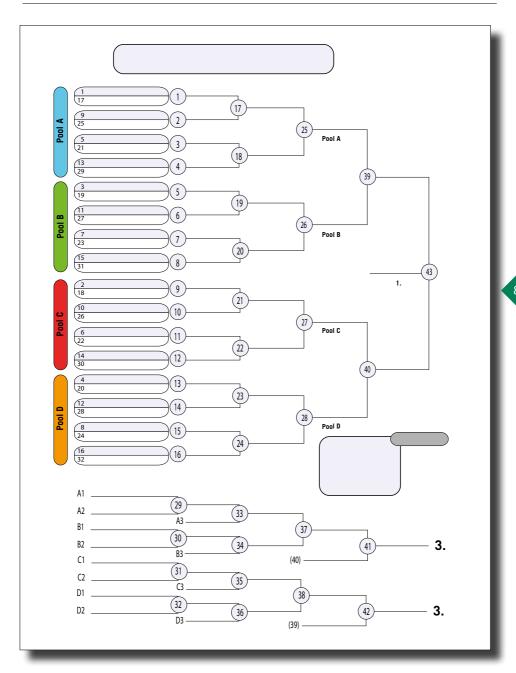


### Double Repechage/up to 64 Athletes

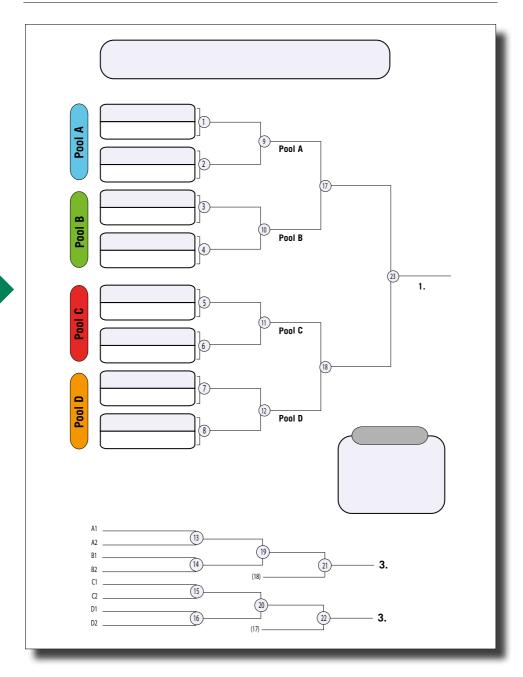




## Double Repechage/up to 32 Athletes

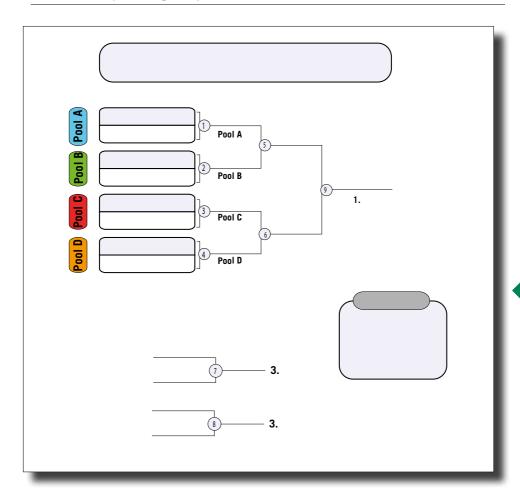


# Double Repechage/up to 16 Athletes

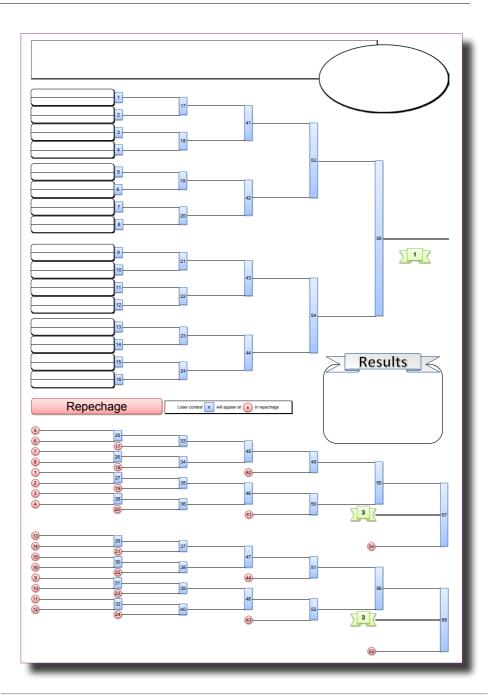




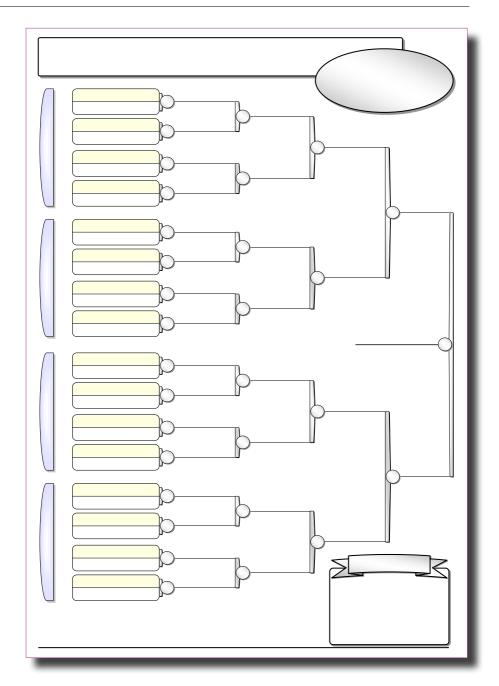
# Double Repechage/up to 8 Athletes



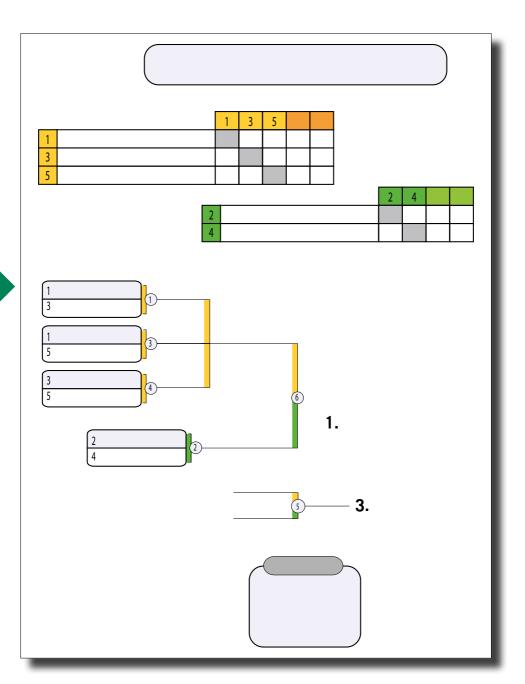
# Full Repechage



## **Direct Knockout**



# In Case of 5 Competitors - Option 1

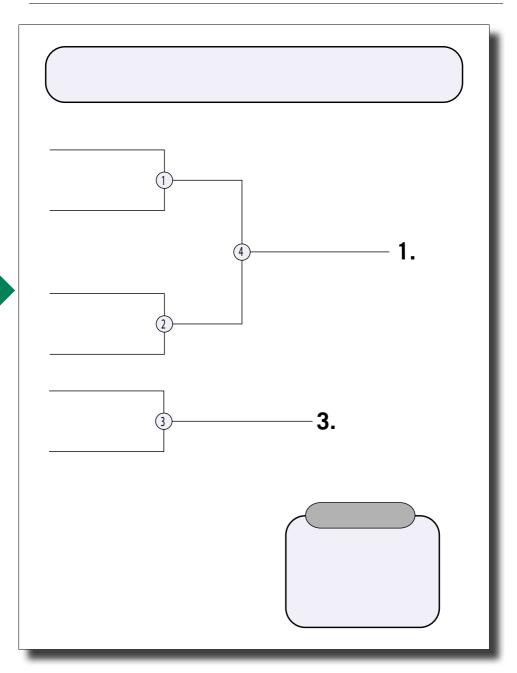




# In Case of 5 Competitors - Option 2

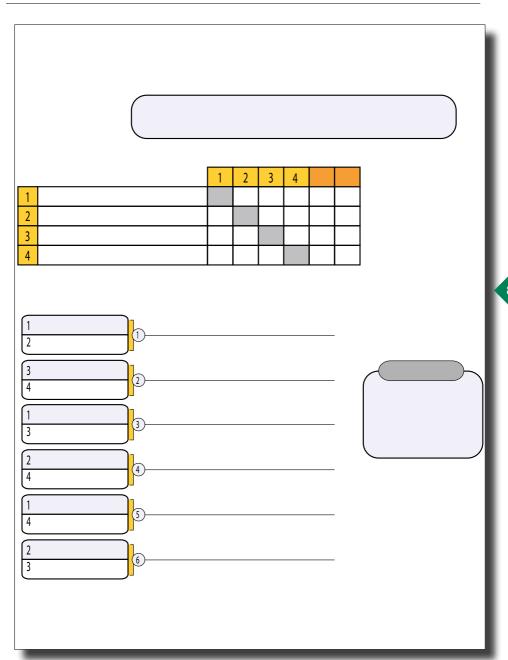
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$\begin{bmatrix} 1 \\ 2 \\ \end{bmatrix}$ $\begin{bmatrix} 3 \\ 4 \\ \end{bmatrix}$ $\begin{bmatrix} 1 \\ 5 \\ \end{bmatrix}$ $\begin{bmatrix} 2 \\ 3 \\ \end{bmatrix}$		
4 5 1 1 2 4 1 1 3 3 3 3 3 3 3 3 3 3 3 3 3 3 3 3 3		
1 4 1 2 5		

# In Case of 4 Competitors - Option 1



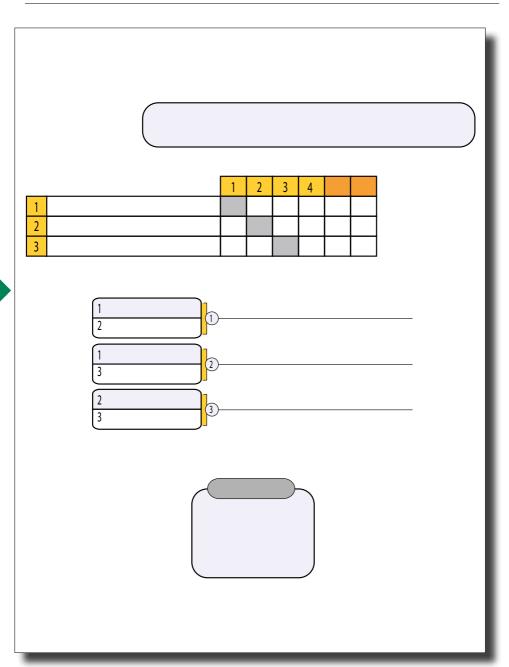


# In Case of 4 Competitors - Option 2



90

# In Case of 3 Competitors



# In the Case of Three (3) Athletes or Teams Example

## Example of Winners' List



#### **Grand-Slam Tokyo 2013**

Tokyo (JPN), 29 Nov - 01 Dec 2013



-60 kg				
TAKATO, Naohisa	JPN 🧕			
KIM, Won Jin	KOR 🌉			
KIDO, Shinji	JPN 🧓			
SHISHIME, Toru	JPN 🧓			
DASHDAVAA, Amartuvshin	MGL			
SMETOV, Yeldos	KAZ 🔤			
GANBAT, Boldbaatar	MGL			
HUANG, Sheng-Ting	TPE @			
	TAKATO, Naohisa  KIM, Won Jin  KIDO, Shinji  SHISHIME, Toru  DASHDAVAA, Amartuvshin  SMETOV, Yeldos  GANBAT, Boldbaatar			

	-66 kg			
1.	TAKAJO, Tomofumi	JPN 🧵		
2.	CHIBANA, Charles	BRA 🎑		
3.	LAROSE, David	FRA 📗		
3.	MIYAZAKI, Ren	JPN 🍱		
5.	DRAGIN, Dimitri	FRA 📗		
5.	FUKUOKA, Masaaki	JPN 🍱		
7.	MARUYAMA, Joshiro	JPN 🍱		
7.	MUKANOV, Azamat	KAZ 🍱		

-73 kg				
NAKAYA, Riki	JPN 🌉			
BANG, Gui-Man	KOR 🌉			
DRAKSIC, Rok	SLO 🔤			
IARTCEV, Denis	RUS 🚃			
DUPRAT, Pierre	FRA 📗			
KHASHBAATAR, Tsagaanbaatar	MGL			
NAKAMURA, Takenori	JPN 🍱			
POMBO DA SILVA, Alex William	BRA 🧰			
	NAKAYA, Riki BANG, Gui-Man DRAKSIC, Rok IARTCEV, Denis DUPRAT, Pierre KHASHBAATAR, Tsagaanbaatar NAKAMURA, Takenori			

-81 kg		
1.	NAGASE, Takanori	JPN 🍱
2.	PIETRI, Loic	FRA 🔝
3.	NAKAI, Takahiro	JPN 🍱
3.	TCHRIKISHVILI, Avtandili	GEO 🕂
5.	HONG, Suk Woong	KOR 🍱
5.	STEVENS, Travis	USA 🌉
7.	MRVALJEVIC, Srdjan	MNE
7.	NAGASHIMA, Keita	JPN 🍱

-90 kg				
1.	BEIKER, Masyu	JPN 🧕		
2.	LEE, Kyu-Won	KOR 🌉		
3.	LIPARTELIANI, Varlam	GEO ##		
3.	NISHIYAMA, Daiki	JPN 🧕		
5.	HILDEBRAND, Aaron	GER 🚃		
5.	SHIMOWADA, Shohei	JPN 🧕		
7.	SULEMIN, Grigorii	RUS 🔤		
7.	ZARZECZNY, Jakub	POL 🚃		

-100 kg				
1.	KRPALEK, Lukas	CZE 🔤		
2.	REYES, Kyle	CAN 🕍		
3.	MARET, Cyrille	FRA 🔝		
3.	NAIDAN, Tuvshinbayar	MGL		
5.	PACEK, Martin	SWE		
5.	RAKOV, Maxim	KAZ 💹		
7.	KUMASHIRO, Yusuke	JPN 🧕		
7.	SAMOILOVICH, Sergei	RUS 🚃		

+100 kg				
1.	KIM, Sung-Min	KOR 🌉		
2.	SILVA, Rafael	BRA 🔯		
3.	HARASAWA, Hisayoshi	JPN 🧕		
3.	MOMOSE, Masaru	JPN 🧕		
5.	BONVOISIN, Jean-Sebastien	FRA 🛄		
5.	SHICHINOHE, Ryu	JPN 🧕		
7.	KIM, Soo-Whan	KOR 🌉		
7.	MOURA, David	BRA 🔯		

Page 1/2

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# Grand-Slam Tokyo 2013 Tokyo (JPN), 29 Nov - 01 Dec 2013



	-48 kg	
1.	KONDO, Ami	JPN 🌉
2.	MUNKHBAT, Urantsetseg	MGL
3.	MENEZES, Sarah	BRA 🔯
3.	YAMAGISHI, Emi	JPN 🌉
5.	RUMYANTSEVA, Kristina	RUS 🚃
5.	TODA, Miri	JPN 🍱
7.	CHERNIAK, Maryna	UKR
7.	LABORDE, Maria Celia	CUB 🔚

-52 kg				
1.	HASHIMOTO, Yuki	JPN 🧶		
2.	MIRANDA, Erika	BRA 🙋		
3.	CHITU, Andreea	ROU 🚻		
3.	SHISHIME, Ai	JPN 🍱		
5.	SUNDBERG, Jaana	FIN 🚠		
5.	VALENTIM, Eleudis	BRA		
7.	DELGADO, Angelica	USA 🌉		
7.	GOMI, Natsumi	JPN 🧵		

	-57 kg				
1.	UDAKA, Nae	JPN 🌉			
2.	MALLOY, Marti	USA 🌉			
3.	DEGUCHI, Christa	JPN 🌉			
3.	YAMAMOTO, Anzu	JPN 👅			
5.	QUADROS, Ketleyn	BRA 🧰			
5.	SILVA, Rafaela	BRA 🧰			
7.	CAPRIORIU, Corina	ROU 🛄			
7.	ROPER, Miryam	GER 🚃			

E, Kana SHIRO, Miku UNG, Da-Woon		JPN
		_
UNG, Da-Woon		
		KOR 🤵
NAKA, Miki		JPN 🍱
RROS, Mariana		BRA 🌌
LLARD, Anne-Lau	re	FRA 📗
MPOS, Katherine		BRA 🌌
N EMDEN, Anicka		NED
	NAKA, Miki RROS, Mariana LLARD, Anne-Lau MPOS, Katherine N EMDEN, Anicka	RROS, Mariana LLARD, Anne-Laure MPOS, Katherine

-70 kg				
1.	ARAI, Chizuru	JPN 👲		
2.	POLLING, Kim	NED 💳		
3.	ALVEAR, Yuri	COL		
3.	KIM, Seongyeon	KOR 🌉		
5.	MARZOK, Iljana	GER		
5.	TACHIMOTO, Haruka	JPN 💆		
7.	CONWAY, Sally	GBR		
7.	GAZIEVA, Irina	RUS 🚃		

	-78 kg	
1.	VERKERK, Marhinde	NED 💳
2.	JEONG, Gyeong-Mi	KOR 🌉
3.	OKAMURA, Tomomi	JPN 👲
3.	SATO, Ruika	JPN 👲
5.	MALZAHN, Luise	GER 🚃
5.	THIELE, Kerstin	GER 🚃
7.	TURKS, Victoriia	UKR
7.	WANG, Szu-Chu	TPE 🕚

TACHIMOTO, Megumi     YAMABE, Kanae     ORTIZ, Idalys     QIN, Qian	JPN   JPN   CUB
3. ORTIZ, Idalys	
	CUB
3. QIN, Qian	
	CHN M
5. ASAHINA, Sara	JPN 🧕
5. MA, Sisi	CHN M
7. LEE, Jung Eun	KOR 🌉
7. NUNES, Rochele	BRA 🥨

Page 2/2



#### 94

# Example of Referees' List

Liste des arbitres Referees' list	
Date : N°:	 

Nom Surname	Langue Parlée Language	Pays Country	Union continentale Continental Union	Fréque Arbitre Judge Freque Refere Judge	ency e	N° des arbitres et des juges Referees and Judges N°

Signature du resp. S/C Arbitrage : Signature of the referee's S/C representative:



## **Example of Contest Order**



#### **IJF Grand Slam Paris 2010**

(FRA Paris, 6-7 February 2010)

# **Contest Order Tatami 1**

Category: -60 kg						
	Preliminary re	ound, Co	ntest # 1			
1)	-60 kg	UZB	SOBIROV, Rishod [1001]	[1] ALVES, Breno	BRA	
	Preliminary ro	ound, Co	ntest # 3			
2)	-60 kg	BEL		[5] MEREBASHVILI, Paata	GEO	
	Preliminary ro	nund Co	ntest # 4			
3)	-60 kg	FRA	MILOUS, Sofiane [1009]	[13] KOPISKE, Robert	GER	
			Catego	ry: -48 kg		
	Preliminary re	ound, Co	ntest # 1			
4)	-48 kg	JPN	FUKUMI, Tomoko [1001]	[1] BENARD, Elena	FRA	
	Preliminary ro	ound. Co	ntest # 4			
5)	-48 kg	NED		[13] GARATEJO, Stefany	COL	
	Preliminary ro	ound Co	nteet # 5			
6)	-48 kg	HUN	CSERNOVICZKI, Eva [1004]	[3] MESTRE, Dayaris	СИВ	
					'	
			Catego	ry: -60 kg		
	Preliminary ro	ound, Co	ntest # 7			
7)	-60 kg	MAR	IDRISSI, Alae [1005]	[7] MESSINA, Martin	CMR	
1	Preliminary ro	ound, Co	ntest # 8			
8)	-60 kg	HUN	BURJAN, Laszlo [1012]	[15] MUSLIMOV, Artur	RUS	

<u>( )</u>

# **Example of Contest Sheet**

	gorie d oids		Genre	Date	Mat	Obs		N°
	W	/hite / Bla	anc	Ctry/Pays	Bl	ue / Bleu	Ct	ry/Pays
[	ı	PP	WAZ	SHIDO	IPP	WAZ	SHIDO	
	X/	H/3	2	1	X/H / 3	2	1	
GS	ı	PP	WAZ	SHIDO	IPP	WAZ	SHIDO	GS
	X/	H/3	2	1	X/H / 3	2	1	
SCOF	RES	TE	CHNIQUES / PENALTIES CHNIQUES / PENALITES	TIME TEMPS	SCORES	TECHNIQUE PENALTIE: TECHNIQUE PENALITE	S S/	TIME TEMPS
GS	;				GS			
<b>1</b> °	JUD		QUEUR ery /	Ctry / Pays  REFEREE / F	SCORE / RESULTAT	ry/		TIME / FEMPS Ctry / Pays

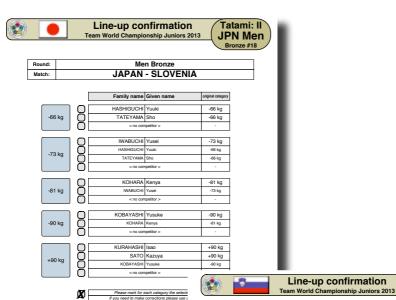
Signature du représentant de la Commission Sportive de la FIJ

Tatami: II

**SLO Men** 

Bronze #18

#### **Example of Team Line Up Confirmation**



Please confirm that above names and categories are correct and complete
Visualize vertiler of confirmer que les nomes et les poiss sent connects et completes
Visualizes vertiler et confirmer que les nomes et les poiss sent connects et completes
Visualizes vertiler et confirmer que les nomes de largon to adate se silemats sent corrects y completes

Round:

Page 1/1

Page 1/1 www.ippon.org (c) International Judo Federation IJF

Match: JAPAN - SLOVENIA Family name Given name GOMBOC Adrian -66 kg -66 kg KURALT Luka -66 kg HOJAK Martin 00000 -73 kg POTPARIC Igor -73 kg -73 kg GOMBOC Adrian -66 kg KURALT Luka -66 kg MARINCIC Primoz 00000 -81 kg VOLCIC David -81 kg -81 kg HOJAK Martin -73 kg POTPARIC Igor -73 kg MULEC Tadej 00000 -90 kg ZGANK Mihae -90 kg -90 kg MARINCIC Primoz -81 kg VOLCIC David -81 kg 00000 DRAGIC Vito +90 kg POLAJZER Rok +90 kg +90 kg MULEC Tadej -90 kg -90 kg X 22-Jun-2014 - 15:13:31

Men Bronze

# Example of Team Sheet - Results

#### **Team Sheet**

World Team Championship Juniors 2015



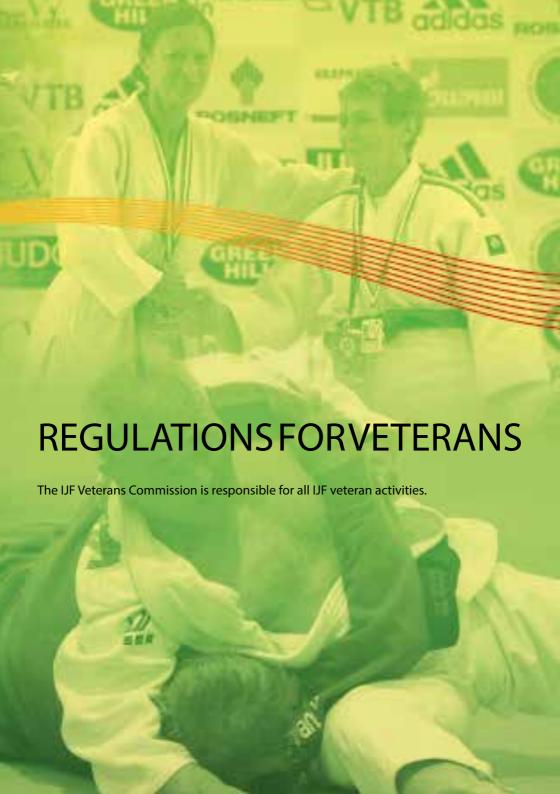
Category	BLR	Scores	Score	Wins	Wins	Score	Scores	UZB	Duration
-66 kg	MINKOU, Dzmitry	I W P	(1)	1	0		I W P	MATYAKUBOV, Azamat	4:00
-73 kg	KLEBCHA, Hryhory	I W P		0	1		I W P	SHOMURODOV, Sarvar	4:00
-81 kg	VARAPAYEU, Yahor	I W P	(10)	1	0		I W P	BOBONOV, Davlat	1:01
-90 kg	MUKETE, Daniel	I W P	(10)	1	0		I W P	KHURRAMOV, Mukhammadkarim	2:14
+90 kg	SVIRYD, Mikita	I W P		0	1	(10)	1 W P	BAHODURZODA, Azamat	1:01
Result	Winner: Belarus	3	(21)	3	2	(10)			

Time and Date	Signature Official	Signature Sports Director	Remark

Page 1/1 www.jppon.org (c) international Judo Federation LIF 18-Jan-2017 - 13:23:40







#### A1.1 Organization

The Veteran Championships should be a sport festival, a sport competition and a social event. All rules are based on the IJF SOR, but there must be some tolerance towards those paying their own costs in order that they can still follow and support the sport of judo.

The championships will be held in June, September or October and will take place on a Friday, Saturday, and Sunday.

The championships will take place, as far as possible, in a resort or a city that is a tourist venue, as the IJF want to merge the judo event with a family and social event.

The venue should be large enough to accommodate four mats for a maximum of 800 competitors and a minimum of five mats for more than 800 competitors.

#### A1.2 Competition Rules for Veterans

The IJF competition rules will apply with the exception of modifications made to age divisions (section A4), category combining (section A7), contest and golden score duration (section A6) and judogi (section A11). A registered competitor can use their athlete accreditation to coach. An additional coach accreditation is not required.

#### A1.3 Eligibility to Participate

All the following conditions must be met in full for an individual to be considered eligible to participate in these Championships.

The minimum age for participation in the World Veterans is to be 30 years or over in the year of the event. This defines the age at which players first become eligible to compete. Once a player has become eligible, they will be allocated into their appropriate five-year age category i.e.

M1/F1 will consist of competitors who have their 30th, 31st, 32nd, 33rd or 34th birthday and the M2/F2 will consist of players who have their 35th, 36th, 37th, 38th or 39th birthday at any date during the year of the World Championships.

- Hold a current and valid licence (membership) issued by a National Federation currently affiliated to the IJF.
- Pay the appropriate entry fees in full before the deadline set in the event outlines.
- Check in at registration (see schedule of Registration in the event outlines).

- · Meet the specific weigh-in requirements.
- Provide photographic proof of their identity and date of birth using a valid current passport or a current National I.D. Card.
- A competitor must not have represented any National Team in a competition at international senior level at any time in the twelve months' period before the start date of the particular World Veterans Championships.
- The nationality of competitors will be taken as that which is indicated in their current passport or current National I.D. Card. Competitors may only represent one country, and in any cases of changing nationality, a one-year ineligibility period must be served prior to registration on site. In these circumstances, both National Federations involved must have already agreed and confirmed their agreement in writing conforming to the current IJF SOR regulations in section 1.8. The appropriate documentation must be supplied with the application for competition entry.
- All players must have obtained the minimum grade of first kyu.

It is recommended that all competitors should have had a recent medical examination prior to participating in this championship.

#### A1.4 Age Divisions for Veterans

Players will be allocated an Age Division based on:

- (a) Meeting the entrance criteria of a minimum of 30 years of age within the year of the event and,
- (b) Their date of birth in line with a five-year age range:

Age division	Actual Age (in the year of the event)
F1/M1	30 -34
F2/M2	35 - 39
F3/M3	40 - 44
F4/M4	45 - 49
F5/M5	50 - 54
F6/M6	55 - 59
F7/M7	60 - 64
F8/M8	65 - 69
F9/M9	70 - 74
F10/M10	75 - 79
F11/MI1	80 and over

In order to facilitate the best possible application of the category combining policy (section A7) in situations of potentially a small number of entries and all the female categories will be held on the same day.



#### A1.5 Weight Categories for Veterans

The weight categories are the same as those for senior men and women.

#### A1.6 Time Duration of Contests for Veterans

Duration (minutes) for individual events will be as follows:

- M1/F1 to M6/F6: three (3) minutes.
- M7/F7 and over: two and a half (2.5) minutes.

The golden score rule will apply in all individual contests with the exception of competitors in the M7/F7 and over age division where it will be a maximum of one minute. If a tie exists at the end of the one minute golden score, the Central Referee, in consultation with the Table Jury, will agree on a final decision to select the winner (without calling hantei).

#### A1.7 Category Combining for Veterans

A Technical Official from the IJF will delegate responsibility to a suitable individual, representing the Host Organization, who will be responsible for operating the category combining policy. This policy applies to all weight categories within all age divisions.

Category combining may only be applied to categories where there are less than three entrants. If category combining cannot be achieved safely and according to the guidelines, then a pool of three elimination systems may be considered, or the best of three contests between the two players.

- Combining within the same age division competitors should remain within their age division if possible.
- Combining using weight categories competitors should only be combined with other competitors who are no more than one weight category lighter or one weight category heavier. Special consideration should be given to the actual weight differences when dealing with the lightest and the heaviest female and male categories (as a guideline a maximum of 10 kg actual difference when combining the lightest weight category and a maximum of 20 kg actual difference when combining the heaviest weight category should be considered as a limit unless there are other compensatory factors such as experience etc.). Weight should be the primary consideration when moving players about within their own age division or combining them with other age divisions in accordance with the guidelines below.



104

#### Age divisions:

- Competitors in age divisions M7 or F7 and above (for example M8/F8. M9/F9 etc.) may only be combined with other competitors who are no more than one age division higher or more than one age division lower i.e. competitors in M7/F7 may only be combined with competitors from M6/F6 or M8/F8.
- Competitors in divisions M6 or F6 may be combined with competitors no more than one age division higher or two age divisions lower. i.e. M7/F7, M5/F5 and M4/F4.
- Competitors in divisions M5 or F5 may be combined with competitors no more than one age division above or two age divisions below i.e. M6/F6, M4/F4 and M3/F3.
- Competitors in divisions M4 or F4 may be combined with competitors no more than two age divisions above or two age divisions below i.e. M5/F5, M6/F6, M3/F3 and M2/F2.
- Competitors in divisions M3 or F3 may be combined with competitors no more than two age divisions above or two age divisions below i.e. M4/F4, M5/F5, M1/F1 and M2/F2.
- Competitors in age divisions M2 or F2 may only be combined with competitors two age divisions above and one age division below i.e. M3/F3, M4/F4 and M1/F1.
- Competitors in age divisions M1 or F1 may only be combined with competitors in two age divisions above i.e. M2/F2 and M3/F3.

Age Division	Higher Age Division	Lower Age Division
M1/F1	M2/F2 M3/F3	Not applicable
M2/F2	M3/F3 M4/F4	M1/F1
M3/F3	M4/F4 M5/F5	M1/F1 M2/F2
M4/F4	M5/F5 M6/F6	M2/F2 M3/F3
M5/F5	M6/F6	M3/F3 M4/F4
M6/F6	M7/F7	M4/F4 M5/F5
M7/F7	M8/F8	M6/F6
M8/F8	M9/F9	M7/F7
M9/F9	M10/F10	M8/F8
M10/F10	M11/F11	M9/F9
M11/F11	M12/F12	M10/F10

#### A1.8 Draw for Veterans

The Draw for the Individual Weight Categories will take place at 19.00 hours on the day before the competition for those Age Divisions. Information on the exact location of the individual weight category draws will be displayed in Registration. A complete list of competitors who have successfully fulfilled the weight requirements will be displayed outside the room where the official Draw will take place a minimum of 15 minutes prior to the draw starting. Officials from each country should check this list to ensure that all their players are on the list who should be on the list, and that they have been correctly allocated to their age divisions and weight categories. Only accredited officials will be entitled to attend the draw.



#### A1.9 Seeding for Veterans

In the veterans' event, there is no seeding, because competitors move into a new age category every five years and therefore enter in a new group of competitors.

#### A1.10 Weigh-in for Veterans

The weigh-in will take place the day before the competition as indicated in the outlines. There is no random weigh-in for veterans.

#### A1.11 Judogi rules for Veterans

White and blue judogi are obligatory and all competitors must have both types. All judogi must conform to the current regulations regarding size, materials etc., but it is not required that a judogi is purchased from the currently selected IJF manufacturers list of suppliers.

106

#### A1.12 Back numbers for Veterans

Competitors must wear a back number on both their competition judogi jackets and these must be of the type currently recommended by the IJF or the Host Organization.

#### A1.13 Competition System for Veterans

The type of competitions system to be applied in the competition will depend on the number of entries as follows:

- 1 entry no contest (or category combining).
- 2 entries best of three contests (or category combining). If it is 2-0 then the third contest will not be fought.
- 3 entries pool of three (or category combining).
- 4 entries pool of four.
- 5 entries pool of five.
- 6 entries two pools each with three players. Top two players from each pool progress to the semi-finals with the winner of Pool A fighting the runner-up from Pool B and the winner of Pool B fighting the runner-up from Pool A.
- 7 entries one pool with four players and one pool with three players. Top two players from each pool progress to the semi-finals with the winner of Pool A fighting the

- runner-up from Pool B and the winner of Pool B fighting the runner-up from Pool A.
- 8 entries two pools each with four players. Top two players from each pool progress to the semi-finals with the winner of Pool A fighting the runner-up from Pool B and the winner of Pool B fighting the runner-up from Pool A.
- 9 entries or more double repechage system where all those players who have lost to the four semi-finalists compete in the repechage.

All the contests in a single age division will be held on the same day.

#### A1.14 Awarding of Medals for Veterans

Medals will only be awarded to competitors who have actually fought in the category. The number of players competing determines the eventual medal allocation.

The medal distribution rule is as follows:

- One player no medal will be awarded (the competitor will receive a participation medal from IJF. There will be no flag, national anthem during this awarding ceremony)
- Two players two medals awarded
- Three players three medals will be awarded only if the third-place player has won at least one contest. In the case of no contest won there will only be two medals awarded
- Four players three medals awarded
- Five players three medals awarded
- Six or more players four medals awarded

If a category has been combined the only medals awarded will be the one set of medals for the competitors in that combined category.

#### A1.15 Referees for Veteran Events

In progress.







# **B1.1 Eligibility to Participate**

There are five officially recognised Katas for the IJF Kata World Championships:

- · Nage-no-kata.
- · Katame-no-kata.
- Ju-no-kata.
- · Kime-no-kata.
- · Kodokan-goshin jutsu.

The IJF Kata Competition Rules will be used to judge the Kata with reference also to the official Kodokan kata video.

Each Nation can enter a maximum of seven pairs with a maximum of two pairs for each Kata: the competitors can only participate in one Kata. The pairs can be composed of two males, two females, or a male and a female

Nationality - Refer to section 1.8

110

Competitors must have a minimum of 1st Dan and be at least 16 years of age on 1 January of the year in which the competition is organized; there is no upper age limit.

### **B1.2** Accreditation

The times and place for check-in and accreditation will be specified in the event program.

Number of accreditations for officials:

- One three (1-3) pairs: five (5) officials
- Four seven (4-7) pairs: 10 officials

### B1.3 Draw

The draw to establish the groups and the sort of each group will be done the day before the competition. The World Championship Pairs medallists from the previous year will be considered seeded and will be divided into two groups. The draw for sort of the final will be done in the Sports Hall after the eliminations.



# **B1.4 Competition Formula**

Each Kata will be divided into two groups: the top three couples with the maximum points from each group (that is six pairs for each Kata) will compete in the finals. Three or four mats will be used for the preliminary round and three mats for the final. If the number of pairs is less than 10, there will be only one group: the top six couples from the group will compete in the final. For each Kata, the couple with the maximum points in the final will be awarded the gold medal, the couple with the second most points will be awarded the silver medal; and the third, the bronze medal.

# B1.5 Judges and the System of Judging

The contests will be judged by IJF qualified Kata judges. The number of judges per National Federation is limited to:

- Participating countries may enter four (4) judges.
- Non-participating countries may enter two (2) judges.
- A judge cannot be a competitor.

The judges have to attend the technical meeting the afternoon before the first day of competition to confirm participation as judge in these Championships. Time and place are stated in the program.

There are five judges and they will award points on the official IJF scoring sheet. For each technique, the total score of three Judges will be totalled to produce the final score: the maximum score and the minimum score for each technique will be cancelled. The total score of the whole Kata will be the sum of the score totalled by the five judges.

The evaluation of every technique of Kata must consider the principle and the opportunity of execution: the evaluation (included in the opening and closing ceremony) has to be comprehensive. In the nage no kata, right and left techniques will be evaluated comprehensively (only one score).

The five judges will be positioned on the shomen side and they will sit at about 1m apart. The rule of neutrality will be applied so the judge must be of a different nationality than the competing pair. The position of the five judges will be the same throughout the competition. If one judge is temporary replaced, he will take place in the same original position when they return to the competition. The judges must take up their position before the arrival of the couple in the competition area.



The couple enters and leaves the competition area at the opposite side of shomen: the start and end of Kata (opening and closing ceremony) is at an 8m or 10m distance apart depending on the dimensions of the mat (bow to the mat). Any behaviour of tori or uke inside the competition area that is contrary to the spirit of Kata will reduce the score of the ceremony.

In case of equal score between pairs, the following criteria will be applied considering the scoring sheets of five Judges:

- Total value of big mistakes the pair who makes fewer mistakes wins.
- If still equal, total value of medium mistakes will be considered the pair who makes fewer mistakes wins.
- If still equal, total value of small mistakes will be considered the pair who makes fewer mistakes wins.
- If still equal, the average score (evaluated until the second decimal place) of the whole Kata will decide. The pair who has the better score will win.

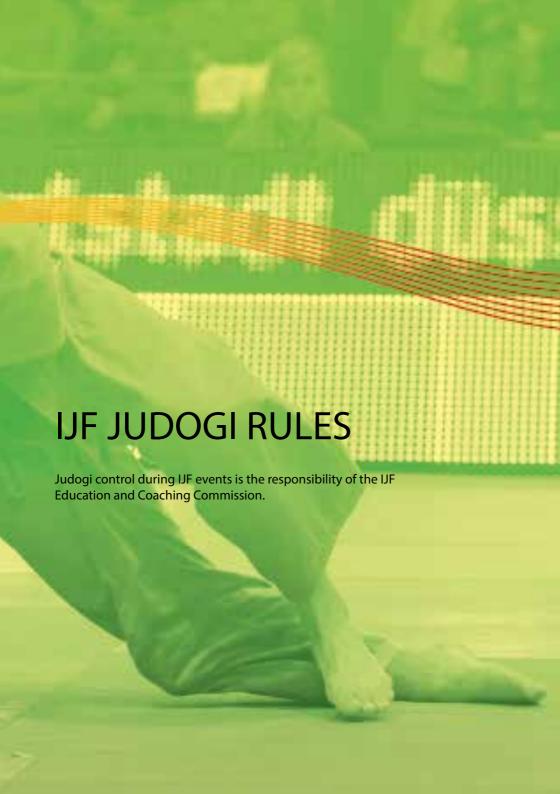
If two pairs, both placing 3rd in the eliminatory (or 6th place in case of only 1 group) are still equal after all the above-mentioned criteria, both pairs will qualify for the final. If two pairs placing 1st, 2nd or 3rd during the final are still equal after the above-mentioned criteria, the Kata will be repeated so that the medal can be assigned.

# **B1.6 Competition Area**

A strip of visible coloured adhesive tape, approximately 10 cm wide and 50 cm long, shall be fixed on the centre of the competition area 6 m apart, to indicate the starting position of Tori and Uke. The centre of the competition area shall be indicated with a strip of adhesive tape of the same colour.







The competitors who participate in IJF official events should comply with the IJF Judogi regulations and the guidance of judogi control. The National Federation of the competing athlete is responsible for ensuring that the athlete wears an approved IJF judogi that complies with the IJF judogi rules. The list of IJF approved judogi suppliers is available at <a href="https://www.ijf.org/supplier-list">https://www.ijf.org/supplier-list</a>

The judogi consists of a jacket and a pair of trousers and must be worn with a belt. The brand of both the jacket and trousers must be the same. Female competitors shall also wear a white tee shirt, that must not be transparent. Male athletes are not permitted to wear underwear on the top of the body. The judogi should be clean and dry and free from stains. The judogi should not be worn out, particularly on the collar and the lapel. If the condition of the judogi is assessed to be unsatisfactory, the competitor must wear a reserve judogi.

The athletes must bring both judogi for an unofficial control of the IJF official label (obligatory), judogi brand (obligatory), national emblem, advertising and backnumber. This service will start 30 minutes before the unofficial weigh-in. Only if the judogi is compliant with the IJF rules will sponsor labels be given. On each day of the competition the official judogi control will take pace for each contest.

The markings of the logo, emblem and advertising etc. have to be made with a material that does not prevent good judo practice. It is not permitted to cover up/patch any part of the judogi or belt with tape or material.

Note: In case an athlete wears a coloured belt (brown, blue or green etc.), it must be made of soft material and is exempt from having the IJF official label.

### C1.1.1 Official Label (Obligatory)

Each Judogi must have an IJF official label "APPROVED JUDOGI" with an optical code that cannot be falsified. The label will be controlled with an optical lamp. Each of the competition clothing articles (jacket, trousers and belt) must have an IJF official label. It is prohibited to alter or modify in any way the judogi or belt, it must be used as supplied by the manufacturer. There are two official labels, one blue and one red. The official label should be fixed (see picture 1):

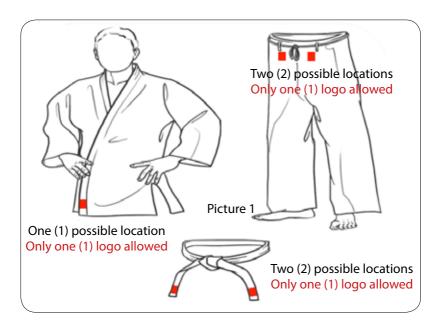
- On the front side and the bottom of the jacket, on the left side (jacket is folded on the right side), near or in the reinforced zone.
- On the front side and the top of the trousers, close to the middle.
- On one of the two edges of the belt.



Group	Label
Cadets jacket and trousers	Red
Juniors jacket and trousers	Red
Seniors jacket and trousers	Red
Veterans jacket and trousers	No label required
Kata jacket and trousers	Blue and red
Belt	Blue and red





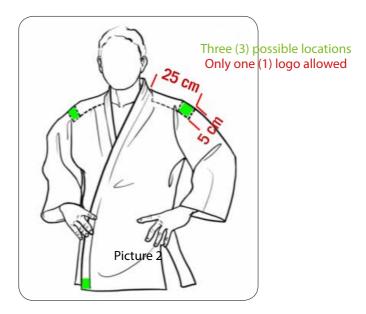


# C1.2 Judogi Brand Location of the Manufacturer's Logo (Obligatory)

Only one manufacturer's logo per clothing item is allowed (jacket, trousers, and belt). It must be in an area of maximum 30 cm<sup>2</sup> and should be fixed on the jacket in a visible area (see picture 2):

- Either on the bottom, on the left side (when jacket crossed on the right side), near or in the reinforced zone.
- Or at the bottom edge and inside the publicity zone permitted on the shoulders (25 cm x 5 cm).

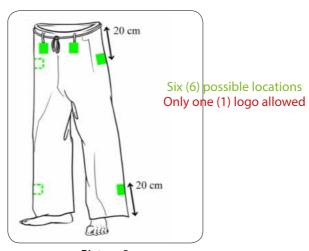




118

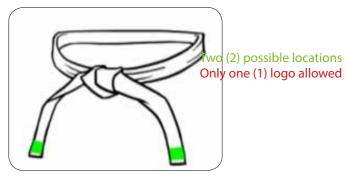
On the trousers, in a visible area, maximum 30 cm<sup>2</sup> (see picture 3):

- Either at the top, at the front side or outside (maximum 20 cm from the waist string)
- Or at the bottom, on one of the two trouser legs at the front side or outside (maximum 20 cm from the bottom of the lower edge of the trousers)



Picture 3

· At one of the two edges.

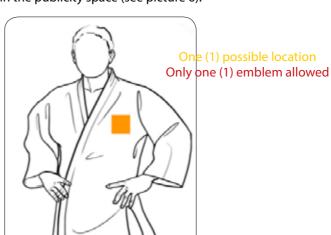


Picture 4

### C1.3 National Emblem

Each competitor can wear on the jacket, left side, at chest level, with a maximum surface of 100 cm<sup>2</sup> (see picture 5), the officially recognized identification of the structure represented for the event (i.e. continent, nation, country, association, club or other body).

In the case that the athlete is wearing the officially recognized identification of a nation (national emblem) this must be the one that is officially recognised by the Nation, the National Olympic Committee or an IJF affiliated National Federation, club and official institutional bodies. No commercial brand can be associated with the national emblem. It can also appear in the publicity space (see picture 6).



Picture 5



# C1.4 Advertising

Advertising is allowed only on the jacket. It must respect the practical provisions of IJF. The advertising cannot mention political, denominational or sport organizations other than the IJF, the Continental Unions, member National Federations, their organizations and affiliated clubs. It is not permitted to make the promotion of tobacco, alcohol, any prohibited substances during the contest listed in the doping code, of any product, property or service contrary to the morals and to the good customs.

On the visible part of the jacket the advertising can appear in four advertising spaces (see picture 6 points A):

- On the sleeves, inside the surface of maximum 10 cm x 10 cm, situated at 25 cm from the lower part of the collar.
- On the shoulders, a stripe of 25 cm x 5 cm. The stripe must be calculated from the lower part of the collar down the sleeve.

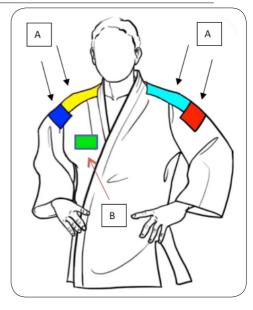
A maximum of five (5) different publicities, including the publicity of the athlete, are permitted and only one publicity is allowed per space.

A= Four (4) possible lcoations B= one (1) possible location

# C1.5 Additional Advertising Reserved for the Athlete

The International Judo Federation wished that the athletes could provide their economic partners an advertising space allowing them to make their own promotion (see picture 6, point B). An advertising space reserved for the athlete is allowed only on the judogi jacket, on the right side. This one must appear in a rectangle of 10 cm x 5 cm. It cannot be competing of the judogi brand and of the advertising reserved to the Federation (except agreement of this one). It is not permitted to make the promotion of tobacco, alcohol, any substances within the contest listed in the doping code, of any product, property or service contrary to the morals and to the good customs.





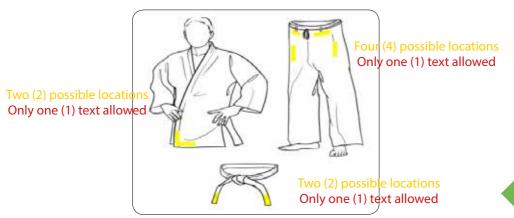
120

# C1.6 Marking and Backnumber

The name of the athlete is permitted:

- On the bottom of the jacket.
- On the top of the trousers.
- · On one of both extremities of the belt.

The letters composing the name of the athlete should not exceed a height of 4 cm and a length of 20 cm. No other marking will be accepted.



Picture 7

Each competitor is obliged to have sewn on the back of his judogi a backnumber bearing their last (family) name and National Olympic Committee abbreviation. The last (family) name (and any part of their given (first) name) on the back number must have the same letters as that registered in judobase.org. As this database provides the accreditation cards, athlete name on TV graphics and scoreboard etc. The back number can have a symbol on a letter but the letters must be the same - for example:



Picture 8

In judobase Muller = back number Muller or Müller (letters match).
In judobase Weiss = back number Weiss but NOT Weiß (letters do not match).

The backnumber is fixed on the back of the jacket, sewed in a solid and regular way (see picture 8). The top of the backnumber must be placed at 3 cm from the collar. During the competitions organized by IJF, it must include the publicity of the competition (which is different for white and blue judogi).

Olympic champions are entitled to wear a gold backnumber and world champions a red one. The backnumber is provided by the IJF, world champions will receive four and Olympic champions will receive eight. This is valid only while the athlete is the current holder of the title and must be changed to the blue backnumber if the title is lost. One month will be allowed for the athlete to return to the blue backnumber.



The jacket and the trousers should be of a uniform colour and correspond to the following colour references:

- White: Snow white reference.
- Blue: maximum Pantone colour: 285M 5M minimum Pantone colour: 286M.

# C.8 Judogi Size

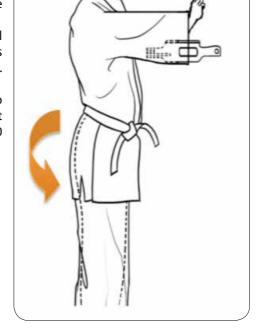
The judogi and belt size is controlled by sokuteiki (see picture 9).



Picture 9

Jacket (see pictures 10 & 11)

- The jacket has to cover completely the buttocks
- With the sleeves level (during the control the arms must be straight with the palms facing forward and the fingers raised).
   The entire sokuteiki must slip smoothly.
- The distance between the sternum top and the lapel crossing point of the jacket vertically must be equal or less than 10 cm.

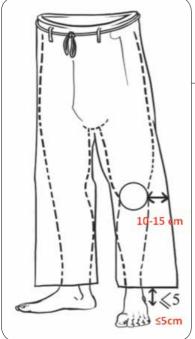


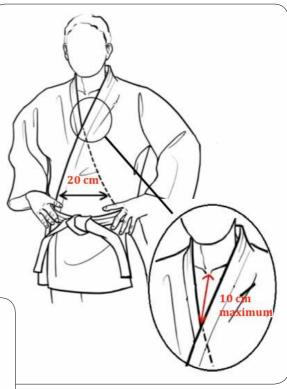
Picture 10

122

- The crossing points of the jacket must be at more than 20 cm.
- The distance between the 2 lapels of the jacket horizontally, needs to be of a minimum of 20 cm.
- The thickness of the lapel side must be less or equal to 1cm.
- The width of the lapel side must be 4 cm.

Picture 11





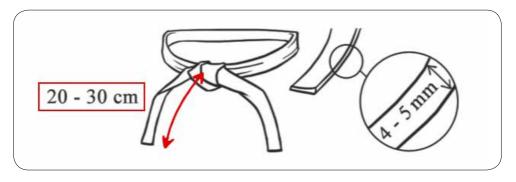
### Trousers (see picture 12)

- The distance between the bottom of the trousers and the exterior malleolus (ankle bone) must be less or equal to 5 cm.
- The width must be between 10 and 15 cm at the knee level

Picture 12

#### Belt (see picture 13)

- The thickness must be between 4 and 5 mm.
- The tips starting from the central knot must have a length between 20 and 30 cm.
- · The knot must be correctly and tightly made.
- The belt must not be made of a stiff and/or slipping material.



Picture 13

124

Tee shirt (for women)

- White in colour (not transparent), short-sleeved and round-necked.
- Marking of the manufacturer logo, of maximum 20 cm2 is authorized. It cannot be visible when the judogi is fastened.
- The national emblem representing the official identification of a nation, a National Olympic Committee or national federation member of IJF can be fixed on the chest, on the left side.
- No commercial marking can appear.

# C1.9 Judogi Control

Following the contest order that shall be displayed in the judogi control area, the Education and Coaching Commission is responsible for calling the athletes to the judogi control area. The athletes and their judogi shall be checked prior to each contest and found to be in accordance with the IJF Judogi rules.

It is the responsibility of the judoka to comply with the IJF judogi rules. If an athlete does not respect the judogi rules, they shall compete in a reserve judogi and the coach who is responsible for the athlete will be suspended for the rest of the competition on that day and they will not be allowed to coach any other athletes. Suspended coaches are not allowed to coach from the tribune. If they are caught doing so they will risk having their accreditation removed. If the offence is repeated the coach will be suspended for the rest of the competition.



The coach's accreditation card will have a single hole punched through it to indicate to officials that they are no longer allowed to enter the FOP. In the case of a repeated offence the coach will be suspended for the rest of the competition and will have a second hole punched in their accreditation to indicate their suspension.

At events where the accreditation card cannot be defaced or altered in any way, the local Organizing Committee should provide a solution such as a small laminated card that can be attached to the accreditation that can then have the holes punched in it.

In the team competition if one team member's judogi does not pass the control then the coach will be disqualified from accompanying the whole team.

The Education and Coaching Commission will also ensure that the dress code of the coaches is respected.

#### Reserve Judogi supply

During the competitions organized by IJF, the organizers will supply blue and white judogi and belts of different sizes. Judogi will be available in the judogi control area so that any change requirement shall be met as quickly as possible. A screened or closed changing area must be located in or close to judogi control.

The replacement judggi must be used only in the following cases:

- · Torn judogi during a contest.
- Bloodstains or any other apparent stains.
- · Irregular size.
- Irregular or missing backnumber.
- Inappropriate advertising.
- Inappropriate emblem.
- · Unofficial brand.
- · Jacket and trousers, if not the same brand.
- Inappropriate colour.
- Worn or washed out judogi.
- The name of the athlete on the accreditation and backnumber do not match.

The competitor must leave his accreditation card or part/parts of their judogi, which does not meet the requirements of the IJF regulations, with the organizers in exchange for the reserve judogi. The spare judogi must be returned immediately to judogi control at the end of the contest.

If a competitor refuses to comply with the rules, they will be excluded from the competition.

Note: The spare judogi are supplied for the competitors as a "service". The organizers cannot be blamed if a competitor cannot find a judogi of a suitable size. The sewing machinist is also a service for small repairs only. The attachment of the full backnumber is not permitted.



# C1.10 Judogi Control Procedure

The judoka must show up in the regular dress as they would appear on the tatami. Nevertheless, they can have their shoes on.

The athlete and coach must arrive together at judogi control. If the coach is not present for a valid reason (such as coaching another athlete at the same time) they will be allowed to join the athlete later. If it is not a valid reason (such as trying to avoid a suspension) the athlete will not be allowed a coach for that contest.

Athletes are obliged to pass judogi control before their contest. A specific zone is dedicated for that purpose.

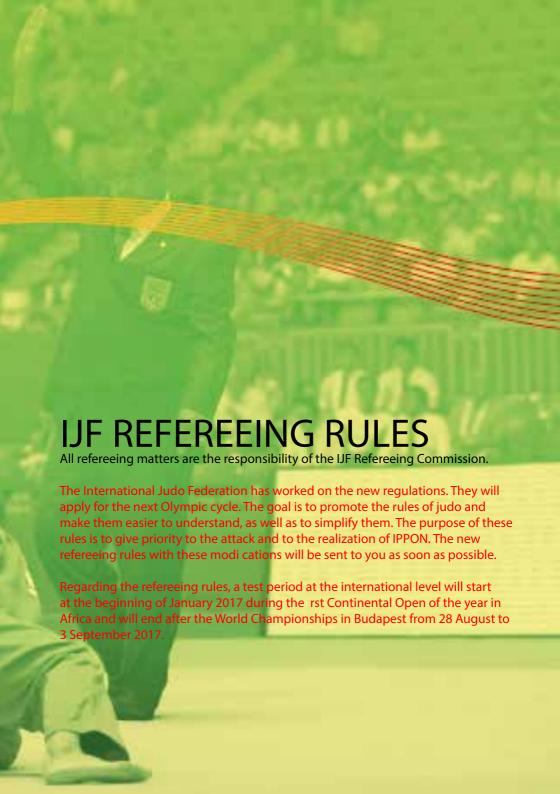
#### C1.10.1 National technical officials' duties

- Check athlete's ID to correspond to the backnumber and check sponsor label (The backnumber and event sponsor label are compulsory).
- Check the ID of the accompanying coach which should be yellow. For preliminary
  rounds the coaches should wear a national tracksuit with trousers reaching down to
  shoes. They can wear national official short sleeved or long sleeved T- shirts. For
  the final block, they must wear a jacket suit with tie and smart shoes.
- •The following are forbidden at any time: shorter trousers, undressed upper body, any kind of head caps and cover, jeans, sweaters or similar sports unrelated dress, flip-flops. In case a doctor appears with the athlete she/he should have an accreditation with the doctor's symbol (a rod with a snake curled around it).
- Check the condition of the backnumber and sponsor label (should not be torn off).
- Check judogi condition (should not be wet, torn off or showing any blood stains).
- Check judogi colour (blue judogi should not look light blue).
- Check judogi brand (jacket, trousers and belt).
- Jacket and trousers should be of the same brand. Belt can be from different brand of the jacket and trousers.
- Check "IJF APPROVED" label with an optical lamp. The label should be red. The belt can be red or blue. The logo of the judogi manufacturer must appear on the jacket, trousers and belt.
- Check belt ends length from central knot (between 20 cm and 30 cm).
- Check name of competitor on belt (allowed on one side only). The name of the athlete is not compulsory.
- Check name on jacket and trousers. One location allowed on each piece of competition clothing.
- Check length of the sleeves. They need to cover up the full arms including the wrists in the control position. CONTROL POSITION: The athletes to be checked need to be in a standing position the arms must be straight, palms open, fingers together pointed upwards. Thumbs and forefingers of both hands should be in contact and form a lozenge.

126

- Check the distance between the sternum top and the lapel crossing point of the jacket vertically. It must be less than 10 cm. The distance between the two lapels of the jacket horizontally, needs to be of a minimum of 20 cm. CONTROL POSITION: The athletes must be in a vertical standing position the arms stretched downwards with the open hands close to the body as possible. In case of a reasonable doubt ask the athletes to give their go ahead when they are ready to be checked.
- Check with a Sokuteiki the width of the sleeves, width of lapel, and length of trousers (the ankle bone, the malleolus, must be accessible for checking).
- Check length of the jacket (to cover the buttocks). CONTROL POSITION: The athletes must be in a vertical standing position the arms stretched downwards with the open hands close to the body as possible. The jacket, when the belt is done, should obviously and completely cover the buttocks. In case of doubt ask the athletes to give their go ahead when they are ready to be checked.
- Athletes can wear any underwear or leggings below the belt. These should not go below the knee, except if it is a separate protection made of soft material. The protection should not appear below the judogi trousers.
- Check for athletes' advertisements to meet requirements (See IJF Guidance Judoqi Control 1st January 2014).
- Check national emblem (100 cm2) on left side of the jacket).
- Female athletes must wear short sleeved white T-shirt (round necked). No visible advertisement should appear when judogi is done. Only logo of manufacturer (maximum 20 cm2) and national emblem can appear inside. No other marking allowed.
- If an athlete presents themselves with a tattoo mentioning political, religious or sporting bodies or promoting tobacco, alcohol, any prohibited substances listed in the doping code or any product, property or service contrary to good moral and ethical customs, it should to be covered with an adhesive bandage or medical tape.
- Verify the length of hand and foot nails and personal hygiene of the athlete. Long hair must be tied up with a non- metallic hair tie.
- Control any protective clothing (knee pad, elbow pad, shin pad etc.). No metallic part or any other part made of rigid material is allowed.
- Check that male athletes are not wearing any underwear on the top of their bodies.
- Ensure that the athlete is not carrying a prohibited object. This includes the holding or wearing of any electronic devices.





# REFEREEING: Culture, History, Principles

Jujitsu is the generic term that regroups all of the methods of empty hand combat that the warriors of the Japanese Middle Ages practiced.

The fierce fights between the various schools of jujitsu contributed to the notoriety of their masters and pupils; it was in general duels between the schools that opposed the best practitioner of each among them.

Jigoro Kano at the end of the 19th century developed a school of jujitsu, that he called "JUDO", different from the other "Ryu" by its target. Like the other schools, Judo cultivated the maximal efficiency but the goal was not the same.

"The improvement of man and society"

Judo is a method of physical, intellectual and moral education, by the practice of a martial art.

Judo is the only martial art derived from Jujitsu where the grip of the opponent is obligatory; this is what gave its technical wealth, finesse and intelligence. The confrontation in jujitsu didn't allow real fighting since the goal was to kill without being killed oneself.

Jigoro Kano created a discipline where the confrontations allowed techniques to be applied completely, without ever injuring the opponent.

Ippon was granted only if the fall of the opponent was controlled until they hit the ground or they submitted.

Apart from the elbow joint where one must leave the possibility for their adversary to quit, all techniques are executed in the sense of articulation and never in hyper extension.

The control of the fall direction, the impact "complete back" and the speed of execution are the definition of the perfect success of the throwing technique.

Judo is not a struggle where one accumulates advantages or points, whether standing up or on the ground, judo is a duel with a code. The only goal is ippon; all other values can be counted only if there is a will to score lppon.

The evolution of contests and refereeing through the years

Of the challenges inter-schools of jujitsu without mercy, one passed, a little more
than 100 years later, to be a member discipline of the International Olympic
Committee.

The competition is today extremely well regulated and fully corresponds to the "Olympic Charter" humanist, educational and social. Judo remains nevertheless a martial art where a 100% duel must be the rule. An accumulation of points doesn't give the victory, it is the perfect technique that is rewarded with an ippon that puts an end to the contest.

The only exception was "Waza-ari-awazete - ippon" where, in this case two techniques were executed and were evaluated as nearly lppon. It is judged that they can correspond to "out of contest" (as at the time of the warriors of the Middle Ages) and counted in judo like "lppon".

The refereeing must take into account the philosophical aspect of the duel between the two competitors, and reward them by the correct value or the correct sanction.

#### The rewards are:

- Ippon or nearly Ippon (Waza - ari). and Yuko (the intention to make Ippon but without complete success).

#### The sanctions are:

- A warning or disqualification, according to the severity, for those who put in danger their own health or that of their opponents, those who refuse to contest, those who stop the contest from taking place fairly, who comes out of the contest area. All actions contrary to the spirit of judo must also be punished.

The one who wins is the one who executed "THE" best technique or, if there is no technical result, who demonstrated their loyalty by an offensive attitude and fair play.

Culturally and in complement, judo doesn't reduce itself to its Olympic expression, judo remains a martial art, judo is more than a sport, all the techniques of the Gokyo are part of the judo heritage and must always be taught.

It is the same for the "kuatsu", techniques of resuscitations and joint mobilizations practiced about forty years ago by the judo teachers and the referees which are these days forbidden in some countries. Their practice is not allowed but their knowledge is part of the judo heritage and should under no circumstances be forgotten.

The referees are the guards of the physical, cultural and philosophical expression of Judo.

Judo must be understood to be appreciated



### **ARTICLE 1 - Competition Area**

Refer to section 9.7 of the IJF Sport and Organization Rules (SOR).

# **ARTICLE 2 - Equipment**

#### a) Scoreboards

For each competition area there shall be two (2) scoreboards that indicate the scores horizontally, placed outside the competition area where they can be easily seen by the competitors, referees, commission members, officials and spectators.

The scoreboards must be manufactured with a device that indicates the penalties received by the contestants.

Whenever electronic scoreboards are used, manual scoreboards must be available as a backup.

#### b) Timing Clocks

There shall be timing clocks as follows:

Contest duration	One (1)
Osaekomi	Two (2)
In reserve	One (1)

Whenever electronic timing clocks are used, manual timing clocks must also be used to check their accuracy (See Appendix Article 2).

### c) Flags (Timekeepers)

Timekeepers shall use flags as follows:

Yellow	Time out
Green	Osaekomi duration

It will not be necessary to use the yellow and the green flags whenever an electronic display clock showing contest duration and Osaekomi duration is in use. However, these flags must be available in reserve.

### d) Time Signal

There shall be a bell or similar audible device to indicate to the Referee the end of the time allotted for the contest.

#### e) White and Blue Judogis

The contestant shall wear either a white or blue Judogi. (The first-contestant called on top in the draw sheet shall wear the white Judogi; the second one below shall wear the blue).

#### **APPENDIX Article 2 - Equipment**

Position of Scoreboard Keepers / Contest Sheet Writers / Timekeepers The Contest Sheet Writers, Scoreboard Keepers and Timekeepers must be facing the Referee.

#### **Timing Clocks and Scoreboards**

The timing clocks must be accessible to those persons responsible for maintaining their accuracy, and they must be checked for accuracy at the start of and regularly during the competition.

The scoreboards must meet the standards set out by the IJF and should be at the disposal of the Referees as needed.

The manual timing clocks must be used simultaneously with the electronic equipment, in case of failure of the electronic timing clocks. The manual scoreboards must be available in reserve.





**Electronic Scoreboard Examples** 

# ARTICLE 3 - Judo Uniform (Judogi)

Refer to IJF SOR Appendix C.

For a better efficiency and to have a good grip it is necessary for the jacket to be well fitted in the belt, with the belt tied tightly. To reinforce that, the competitor shall arrange their Judogi and belt quickly between Mate and Hajime announced by the referee.

If an athlete intentionally loses time arranging his judogi and belt, he will receive Shido.

# ARTICLE 4 – Hygiene

- 1. The Judogi shall be clean, generally dry and without unpleasant odor.
- 2. The nails of the feet and hands shall be cut short.
- 3. The personal hygiene of the contestant shall be of a high standard.
- 4. Long hair shall be tied up so as to avoid causing any inconvenience to the other contestant. Hair shall be tied by means of a hair band made of rubber or similar material and be void of any rigid or metal components. The head may not be covered except for bandaging of a medical nature, which must adhere to this one.
- 5. Any contestant not willing to comply with the requirements of Articles 3 and 4 shall be refused the right to compete and the opponent shall win the contest as provided for in Article 24 of these Rules, by Fusen-gachi, if the contest has not yet started, or by Kiken-gachi, if the contest has already started, according to the "majority of three" rule.

### ARTICLE 5 - Referees and Officials

Generally, the contest shall be conducted by three Referees of different nationalities to the two competing athletes. For team competitions the same principle applies.

One Referee on the tatami with a radio communication system is connected to the two Judges at the table of the mat who will assist with a video CARE system under supervision of the Refereeing Commission.

A draw system will be implemented for the Referees to ensure neutrality.

The Referees shall be assisted by Scoreboard Keepers, Timekeepers and Contest Sheet Writers.

The Refereeing Directors and Supervisors <del>Commission members who</del> can eventually intervene, also seated nearby with his own CARE system must be connected with the Referee and the Judges via headphones. Which acting procedure is reflected in Article 19.6.

#### APPENDIX Article 5 - Referees and Officials

The Referee's uniform shall conform to the dress code of the Organization. The Organizing Committee shall ensure that the Timekeepers, Contest Sheet Writers and Scoreboard Keepers as well as other technical assistants have been thoroughly trained as technical officials.

There shall be a minimum of two (2) Timekeepers; one to register the real contest time and one to specialize in Osaekomi time.

If possible there should be a third person to supervise the two (2) timekeepers to avoid any errors. This is not necessary for IJF world Judo Tour events.

The overall Timekeeper (real contest time) shall start the clock on hearing the announcement of Hajime or Yoshi and shall stop it on hearing the announcement of Mate or Sono-mama

The Osaekomi timekeeper shall start the clock on hearing Osaekomi, stop it on Sono-mama, and restart it on hearing Yoshi. On hearing either Toketa or Mate he shall stop the clock and indicate the number of seconds elapsed to the Referee.

On expiry of the time for Osaekomi (20 seconds or 15 seconds) if the contestant applying the hold has already been awarded a Waza-ari he shall indicate the end of the Osaekomi by means of an audible signal.

### Manual referring

The Osaekomi timekeeper shall raise a green flag whenever he starts the clock on hearing the announcement and seeing the signal of Osaekomi or Yoshi. He shall lower the flag when he stops the clock on hearing Toketa, Mate or

Sono-mama, or on expiry of the time for Osaekomi.

The overall timekeeper (real contest time) shall raise a yellow flag whenever

he stops the clock on hearing the announcement and seeing the signal of Mate or Sono-mama and he shall lower the flag when he restarts the clock on hearing Hajime or Yoshi.

When the time allowed for the contest has expired, the Timekeepers shall notify the Referee of this fact by a clearly audible signal (see Articles 10, 11 and 12 of the Refereeing Rules).

The Scoreboard Keeper must ensure that he is thoroughly familiar with the current Referee gestures and announcements, so that he can accurately indicate the progress and results of a contest.

In addition to the above persons there shall be a Contest Sheet Writer to record the overall course of the contests.

If electronic systems are used, the procedure shall be the same as described above. However, manual timing clocks must also be used simultaneously with the electronic equipment to ensure their accuracy and manual scoreboard must be available in reserve.

# ARTICLE 6 - Position and Function of the Referee

The Referee shall generally stay within the contest area. He shall conduct the contest and administer the decisions. He shall ensure that the decisions are correctly recorded.

APPENDIX Article 6 - Position and Function of the Referee The Referee should ensure that all is in good order e.g. competition area, equipment, uniforms, hygiene, technical officials etc. before starting the contest.

The contestant wearing blue Judogi is to the left of the Referee and the contestant wearing the white Judogi is to the right of the Referee.

In cases when both contestants are in Newaza and facing outwards, the Referee may observe the action from the safety area.

Before officiating a contest, the Referees should familiarize themselves with the sound of the bell or means of indicating the end of the contest on their particular Tatami, and with the position of the doctor or medical assistant as well with headphones and CARE system.

When assuming control of a competition area the Referee should ensure that the mat surface is clean and in good condition, that there are no gaps between the Tatamis, and that the contestants comply with Articles 3 and 4 of the Refereeing Rules.

The Referee should ensure that there are no spectators, supporters or photographers in a position to cause a nuisance or a risk of injury to the contestants.

The Referee should leave the competition area during presentations or any lengthy delay in the program

# ARTICLE 7 - Position and Function of the Judges

Two Referees, acting as judges, will be seated at the table of the mat that will be refereeing together with the Referee connected by earphones and will assist him with a video CARE system according to the 'majority of three' rule.

Should a Judge notice that the scoreboard is incorrect he should draw the Referee's attention to the mistake.

Should a contestant have to change any part of the Judogi outside the competition area, or need to temporarily leave the competition area after the contest has started for a reason considered necessary by the central Referee, giving this authorization only in exceptional circumstances, a judge must obligatorily go with the contestant to see that no anomaly occurs.

In case that the Judges are not of the same sex, an official designated by the Refereeing Director shall substitute for the Judges and accompany the contestant.

### **ARTICLE 8 - Gestures**

a) The Referee

The Referee shall make gestures as indicated below when taking the following actions:

 Ippon: shall raise one arm with palm of hand facing forward, high above the head.



- 2. Waza-ari: shall raise one of his arms with palm of hand facing downwards, sideways, to shoulder height.
- 3. Waza-ari-awasete-Ippon: First Waza-ari, then Ippon gesture.
- 4. Yuko: shall raise one of his arms, with palm of hand facing downwards, 45 degrees from his body.
- Osaekomi: shall point his arm out from his body down towards the contestants while facing the contestants and bending his body towards them.
- 4. Toketa: shall raise one of his arms to the front and wave it from right to left quickly two or three times while bending his body towards the contestants.
- 5. Hikiwake: shall raise one of his hands high in the air and bring it down to the front of his body (with thumb edge up) and hold it there for a while. (\* See Appendix)
- 6. Mate: shall raise one of his hands to shoulder height with his arm approximately parallel to the Tatami and display the flattened palm of his hand (fingers up) to the Timekeeper.
- 7. Sono-mama: shall bend forward and touch both contestants with the palms of his hands.
- 8. Yoshi: shall firmly touch both contestants with the palms of his hands and bring pressure on them.
- 9. To indicate the cancellation of an expressed opinion: shall repeat with one hand the same gesture while raising the other hand above the head to the front and wave it from right to left two or three times.
- 10. To indicate the winner of a contest: shall raise one hand, palm in, above shoulder height towards the winner.
- 11. To direct the contestant(s) to re-adjust the Judogi: shall cross left hand over right, palms facing inwards, at belt height.
- 12. To call the Doctor: shall face the medical table, wave an arm (palm upwards) from the direction of medical table towards the injured contestant.
- 13. To award a penalty (Shido, Hansoku-make): shall point towards the

contestant to be penalized with the forefinger extended from a closed fist.

- 14. Non-combativity: shall rotate, with a forward motion, the forearms at chest height then point with the forefinger at the contestant to be penalized.
- 15. False attack: shall extend both arms forward, with hands closed and then make a downward action with both hands.

#### **APPENDIX Article 8 - Gestures**

When it is not clearly apparent, the Referee may after the official signal, point to the blue or white contestant (starting position) to indicate which contestant scored or was penalized.

To indicate to the contestant/s that he may sit cross-legged at the starting position if a lengthy delay in the contest is envisaged, the Referee should signal towards the starting position with an open hand, palm upwards.

Yuko and The Waza-ari gestures should start with the arm across the chest, then sideways to the correct finishing position.

Yuko, The Waza-ari gestures should be maintained for 3 to 5 seconds while moving to ensure that the score is clearly visible to the judges. However, care should be taken when turning to keep the contestants within view.

\*7. The Hikiwake gesture applies only to Round Robin competitions.

Should both contestants be given a penalty, the Referee should make the proper gesture and point alternately at both contestants (left forefinger for contestant on his left and right forefinger for contestant on his right).

Should a rectification gesture be required, it shall be done as quickly as possible after the cancellation gesture.

There should be no announcement made when cancelling an expressed opinion.

All gestures should be maintained for 3 to 5 seconds.

To indicate the winner, the Referee shall return to his position at start of the contest, take one step forward, indicate the winner and then take one step back



Bow entering and leaving the tatami



Standing before the contest



Inviting the contestants onto the tatami



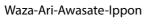
Ippon



Waza-Ari







Yuko



Osaekomi

Toketa

Mate







opinion

of Judogi

142



False Attack

Non Combativity



To call

the doctor



Penalty for Blocking Attitude

Penatly for Cross one side gripping

Penalty for refusing kumikata pulling label



Shido for stepping outside

Stand-up



Penalty for pistol grip action

Penalty for fingers inside sleeve



Penalty for leg grabbing

Awarding a penalty

Penalty for stepping outside



## **ARTICLE 9 - Location (Valid Areas)**

The contest shall be fought in the contest area. A throwing action to be valid must be initiated when both contestants are inside or at least Tori is in contact with the contest area or if this action is continuous.

Any technique applied when both contestants are outside the contest area shall not be recognized.

All actions are valid and may continue (No Mate) as long as either contestant has some part of their body touching the contest area.

#### Exceptions

- a) When a throw is started with only one contestant in contact with the contest area, but during the action, both contestants move outside the contest area, the action may be considered for point scoring purposes if the throwing action continues uninterrupted.
  - Similarly, any immediate counter technique by the player who was not in contact with the contest area when the throwing action started may be considered for point scoring purposes if the action continues uninterrupted.
- b) In Newaza the action is valid and may continue outside of the contest area as long as Osaekomi was called inside.
- c) Osaekomi outside the contest area if the throwing action is finished outside the competition area and immediately one of the players applies Osaekomi, Shime-waza or Kansetsu-waza, this technique shall be valid.

If during the Ne-waza Uke, takes over the control with one of these nominated techniques in a continuous succession, it shall also be valid.

The Kansetsu-waza and Shime-waza initiated inside the contest area and recognized as being effective to the opponent can be maintained even if the contestants are outside the contest area.

## APPENDIX Article 9 - Location (Valid Areas)

Once the contest has started, the contestants may only leave the competition area if given permission to do so by the Referee. Permission will only be given in very exceptional circumstances, such as the necessity to change a Judogi or which has become damaged or soiled.

## ARTICLE 10 - Duration of the Contest

1. The duration of the contests and the contest form shall be determined according to the rules of the tournament.

For all Championships held under the responsibility of the IJF the time duration of the contests and resting time between contests will be referred in these Rules.

This regulation will provide guidance and guidelines to follow both National Championships and the rest of Official Tournaments.

Senior Men / Team:

Senior Women / Team:

Junior under 21 Men and Women / Team:

Cadet under 18 Men and Women / Team:

4 minutes real contest time

- 2. Any contestant is entitled to a 10 minutes rest between contests.
- 3. The Referee should be aware of the duration of the contest before coming into the competition area

# **ARTICLE 11 - Time Out**

The time elapsed between the announcement of Mate and Hajime and between Sono-mama and Yoshi by the Referee shall not count as part of the duration of the contest.

# **ARTICLE 12 - Time Signal**

The end of the time allotted for the contest shall be indicated to the Referee by the ringing of a bell or other similar audible signal.

## APPENDIX Article 12 - Time signal

When using several competition areas at the same time - the use of different audible signals is required. The time signal must be sufficiently loud to be heard over the noise of the spectators.

## ARTICLE 13 - Osaekomi Time

1. Equivalences

a) Ippon: Total of 20 seconds.

b) Waza-ari: 10 seconds or more but less than 20 seconds. c) Yuko: 10 seconds or more but less than 15 seconds.

# ARTICLE 14 - Technique Coinciding with the Time Signal

- 1. Any immediate result of a technique started simultaneously with the time signal shall be valid.
- 2. Although a throwing technique may be applied simultaneously with the bell, if the Referee decides that it will not be effective immediately, he shall announce Sore-made, without any value for scoring purposes.
- 3. Any technique applied after the ringing of the bell to indicate the expiry of the time of the contest shall not be valid, even if the Referee has not yet announced Sore-made.
- 4. Simultaneous Osaekomi with the time signal When Osaekomi is announced simultaneously with the bell or similar audible device indicating the time signal allotted for the contest, or when the remaining time is insufficient to allow for the completion of the Osaekomi, the time allotted for the contest shall be extended until either Ippon (or equivalence) is announced or the Referee announces Toketa or Mate.

During that time the contestant who receives the Osaekomi (Uke), can counterattack by applying Shime-waza or Kansetsu-waza. In case of getting a give up or incapacity of the contestant making the Osaekomi (Tori), the one who's under Osaekomi (Uke) will win the contest by Ippon.

### ARTICLE 15 - Start of the Contest

1. The Referee and the Judges shall always be in position to start the contest before the arrival on the contest area of the contestants.

In individual competitions the Referee shall be at the tatami centre 2 m back from the line from which the contestants start, and shall be facing the timekeepers' table and the Judges will be seated at their respective table.

In team competitions, before the start of the contests from every encounter, it shall proceed to the bowing ceremony between the two teams as follows:

a) The Referee will remain in the same place as in the individual competitions. At his indication the two teams will come in on the side allotted, in line for the outer edge of contest area, in descending order and the heaviest weight being closer to the Referee, standing face-to-face team.

- b) Upon order of the Referee the two (2) teams, after bowing when entering the contest area, will move ahead to the starting position on the mat.
- c) The Referee shall order the teams turn towards Joseiki (Jury) , extending his arms in parallel forward, with open palms, and will announce Rei, to be held simultaneously by all components of both teams. The Referee shall not bow.
- d) Then the Referee shall order, in a gesture of arms at right angles forearms up and palms facing each other "OTAGAI-NI" (bow to each other), the two teams again be face to face, announcing Rei, to be held the same way as in the previous section.
- e) After finishing the bowing ceremony the components of the two teams will come out through the same place which they entered, waiting, on the outer edge centred of the contest area, the contestants of each team must make the first contest. In each contest they will perform the same procedure of bowing that in individual competition.
- f) After finishing the last contest of the encounter, the Referee will order the teams to proceed as described in paragraph a) and b), announcing, then the winner. The bowing ceremony will be held in the reverse order of the start, bowing first to each other and, finally, to Joseiki (Jury)).
- 2. The contestants are free to bow when entering or leaving the contest area, although it is not compulsory.

When entering the Tatami area, athletes should walk to the entrance of the contest area at the same time

The contestants must NOT shake hands before the start of the contest.

3. The contestants shall then walk to the center of the edge of the contest area (on the safety area) at their respective side according the fighting order (first called on the right side and second called on the left side of the Referee's position), and remain standing there.

A the signal from the Referee, the contestants shall move forward to their respective starting positions and bow simultaneously towards each other and take a step forward from the left foot.



Once the contest is over and the Referee has award the result, the contestants shall simultaneously take a step back from the right foot and bow to each other.

If the contestants do not bow or do so incorrectly; the Referee shall direct the contestants to do so. It is very important to perform the bow in a very correct way.

- 4. The contest shall always begin in the standing position when the Referee announces Hajime.
- 5. The accredited doctor may request that the Referee stops the contest in the cases and with the consequences regulated in Article 25.
- 6. For all IJF events the functions of the coaches will be regulated by the IJF. Coaches must be seated in the reserved site for them before starting the contest.
  - a) Coaches are not allowed to give indications to the contestants while they are fighting.
  - b) Only during the pause time (between Mate and Hajime), during interruption contest, coaches will be permitted to give indications to their contestants.
  - c) After the pause is finished, and the contest continues (Hajime), coaches will have to keep silence again and no gesturing.
  - d) If a coach doesn't follow this rule, he will get a first WARNING.
  - e) If the coach starts the same attitude again, he will receive a second WARNING and will be expelled from the competition area and may not be replaced during this contest.
  - f) If the coach persists with his behavior from outside the competition area, he will be penalized. The sanction may bring an accreditation withdrawal.
- 7. The members of the Refereeing Commission may interrupt the contest. and will interfere only when there is a mistake that needs to be rectified. The intervention and any change to the decisions of the Referees by the IJF Refereeing Commission will be made only in exceptional circumstances.

The interventions of the Refereeing Commission should take place in 3 cases:

- A mistake of awarding the action between the white and the blue competitor,
- On the awarding of Hansoku-make
- Exceptional cases

The IJF Referee Commission members like Referees, must be of different



nationalities to the athletes on the mat.

There is no appeal process for coaches, but they can approach the IJF Jury table to watch the reason for the change to the final decision.

The IJF Referee Commission members like Referees, must be of different nationalities to the athletes on the mat.

# ARTICLE 16 - Entry into Newaza

- 1. The contestants shall be able change from Tachi-waza to Newaza as far as it is done by one of the cases referred to in this Article. However, if the technique used is not continuous, the Referee shall announce Mate and order both contestants to resume the contest from the standing position.
- 2. Situations that allow the passage from Tachi-waza to Newaza
  - a) When a contestant, after obtaining some result by a throwing technique changes without interruption into Newaza and takes the offensive.
  - b) When one of the contestants falls to the ground, following the unsuccessful application of a throwing technique the other may take advantage of his opponent's position to take him to the ground.
  - c) When one contestant obtains some considerable effect by applying a Shime-waza or Kansetsu-waza in the standing position and then changes without interruption to Newaza.
  - d) When one contestant takes his opponent down into Newaza by the particularly skillful application of a movement which does not qualify as a throwing technique.
  - e) In any other case where one contestant falls down or is about to fall down, not covered by the preceding sub-sections of this article, the other contestant may take advantage of his opponent's unbalanced position to go into Newaza.

## 3. Exceptions

When one contestant pulls his opponent down into Newaza not in accordance with Article 16 paragraph 2 and his opponent does not take advantage of this to continue into Newaza, the Referee shall announce Mate, and penalise with Shido the contestant who has infringed Article 23.7.

If the opponent takes advantage of the action of Tori, the Newaza work may continue.

# **ARTICLE 17 - Application of Mate**

#### 1. General

The Referee shall announce Mate in order to stop the contest temporarily in the situations covered by this article. To recommence the contest, the Referee shall announce Hajime:

The contestants must quickly return after Mate to their starting positions in the following cases:

- The referee will give Shido for stepping outside
- The referee will give 4th 3rd Shido Hansoku-Make
- The referee will ask the contestants to adjust their Judogi
- The referee is of the opinion that a contestant(s) require medical attention.

When a Mate must be given for a Shido to the fighter deserving it, contestants will remain in place, without having to return to the starting position (Mate – Shido – Hajime).

The Referee having announced Mate, must take care to maintain the contestants within his view, in case they did not hear the announcement and continue fighting or if any other incident arises.

- 2. Situations where the Referee shall announce Mate.
  - a) When both contestants go completely outside the contest area.
  - b) When one or both of the contestants perform one of the prohibited acts listed in Article 23 of these Rules.
  - c) When one or both of the contestants are injured or taken ill. Should any of the situations of article 25 occur, the Referee, after announcing Mate, shall call the doctor to perform the necessary medical attention according to said article, either upon the request of the contestant, or directly depending on the seriousness of the injury, allowing the contestant(s), in order to facilitate performance, to adopt any position other than the starting position.
  - d) When it is necessary for one or both of the contestants to adjust their Judogi.
  - e) When during Newaza there is no evident progress.

- f) When one contestant regains a standing or semi-standing position from Newaza bearing his opponent on his back, with the hands completely clear of the Tatami, indicating a loss of control by the opponent.
- g) When one contestant in, or from Newaza regains a standing position and lifts the opponent, who is lying on the back with one (1) or both legs around any part of the standing contestant, clear of the Tatami.
- h) When a contestant performs or attempts to perform Kansetsu-waza or Shime-waza from the standing position and the result is not sufficiently apparent.
- i) When one of the contestants starts or perform any preparatory moves of a kind of fighting or wrestling technique (not genuine Judo) the Referee shall call immediately Mate, trying to stop and not to let the contestant who performs, finishes the action.
- j) When in any other case that the Referee deems it necessary to do so.
- 3. Situations where the Referee shall not announce Mate.
  - a) The Referee should not call Mate to stop the contestant(s) going outside the contest area, unless the situation is considered dangerous.
  - b) The Referee should not announce Mate when a contestant, who has escaped from Osaekomi-waza, Shime-waza or Kansetsu-waza, appears in need of or calls for a rest.

### 4. Exceptional situations

a) Should the Referee call Mate in error during Newaza and the contestants therefore separate, the Referee may, if possible, and in accordance with the "majority of three" rule, re-position the contestants into as close to their original position as possible and restart the contest, if so doing will rectify an injustice to one of the contestants.

# ARTICLE 18 – Sono-mama

- 1. In any case where the Referee wishes to temporarily stop the contest without causing a change in their positions, he shall announce Sono-mama, making the gesture under Article 8.9 while he must ensure that there is no change in the position or grip of either contestant.
- 2. Sono-mama can only be applied in situations where contestants are



working in Newaza.

- 3. Situations
  - a) To award a penalty: If the contestant who is awarded the penalty is in an unfavourable position, there is no Sono-mama: the penalty is awarded directly.
  - b) Medical assistance: If during Newaza a contestant shows signs of injury and according to Article 27 may be assisted by the doctor, the Referee may announce Sono-mama and separate the contestants if necessary. Subsequently will place back the contestants to the positions they held before the announcement of Sono-mama being the Referee overseen by the table Judges according to the 'majority of three' rule.
- 4. To recommence the contest, the Referee shall announce Yoshi making the gesture under Article 8.10.

#### ARTICLE 19 - End of the Contest

1. In regular time (4 minutes), a contest can only be won by a technical score or scores (Waza-Ari or Ippon).

A penalty or penalties will not decide the winner, except for Hansoku-make (direct or accumulative). A penalty never corresponds to a score.

The Referee shall announce Sore-made to indicate the end of contest in the cases covered in this article. After this announcement, the Referee shall always keep the contestants within his view, in case they do not hear his announcement and continue fighting.

The Referee shall direct the contestants to adjust their Judogi, if necessary, prior to indicating the result.

After the Referee has indicated the result of the contest making the gesture under Article 8, the contestants shall take one step backwards, make the bow and leave the contest area by the sides of the mat, particularly around the security area.

When the athletes are leaving the mat they must be wearing their Judogi in the proper way and must not remove any part of the Judogi or the belt before leaving the FOP (Field Of Play).

Should the Referee award the victory to the wrong contestant in error, the Judges must ensure that he changes this erroneous decision before the Referee leave the competition area, at which the decision becomes firm

without possible modification.

All actions and decisions taken in accordance with the "majority of three" rule by the Referees and agreed by the IJF Refereeing Commission shall be final and without appeal.

#### 2. Situations of Sore-made

- a) When one contestant scores Ippon <del>or Waza-ari-awasete-Ippon</del> (Articles 20 <del>and 21</del>).
- b) In the case of Kiken-gachi (Article 24).
- c) In the case of Hansoku-make (Article 23).
- d) When one contestant cannot continue due to injury (Article 25).
- e) When the time allotted for the contest has expired.

#### 3. The Referee shall award the contest as follows

- a) Where one contestant has scored Ippon or equivalent, he shall be declared the winner.
- b) Where there has been no score of Ippon or equivalent, the winner shall be declared on the basis of one Waza-ari prevails over any number of Yuko the highest number of Waza-aris.
- c) Where there are no recorded scores or the scores are exactly the same under each point (Waza-ari, Yuko), the one with less Shidos wins. When both players have no technical score or the technical scores are equal at the end of the regular contest time, the contest shall continue in Golden Score regardless of shidos given. Otherwise the contest shall be decided by the "Golden Score" contest This rule is the same in both individual and team championships.

#### 4. "Golden Score" Contest

When the time allotted for the contest ends giving the circumstances of paragraph 3.c. of this article, the Referee shall announce "Sore-made" to end the contest temporarily and the contestants shall return to their starting positions.

There is no time limit for Golden Score but the scoreboard records from the previous period will be retained. Any existing score(s) and/or shido(s) from regular time are carried into the Golden Score period and will remain on the score board.

The Referee shall announce "Hajime" to restart the contest. There shall be no rest period between the end of the original contest and the start of the "Golden Score" contest.

The contest ends: as soon as a contestant is being penalized by Shido (looser) or the opponent achieves a technical score (winner)

a) When any technical score is given

b) If a player receives a Shido he/she will lose the contest ONLY if he/she then has more Shidos than the opponent.

The Referee will then announce "Sore-made".

In the "Golden Score" contest, when one contestant is being held and "Osaekomi" has been announced, the Referee shall allow the hold down to continue for the 20 seconds (Ippon), until Toketa or Mate, or until Shimewaza/ Kansetsu-waza is applied by either contestant with immediate result. The first score of Osaekomi is the winning score.

In this case, the contestant shall win by the points scored.

If during the "Golden Score" contest a direct Hansoku-make is given, the result for the penalized player will incur the same consequences as during a normal contest.

In the event that the Referee decides to penalize one contestant, he must first consult with the Judges and make the decision based on the "majority of three rule".

- 5. Special situations on the "Golden Score"
  - a) Should only one contestant exercise his right to participate in the "Golden Score" contest, and the other contestant declines, the contestant who wishes to compete shall be declared the winner by "Kiken-gachi".
  - b) In the case where both contestants score Ippon simultaneously during the time allotted to the first contest, the contest shall be decided by the "Golden Score" contest. In the case of simultaneous Ippon during the "Golden Score" contest the Referee shall announce Mate, continuing the contest without taking into account these actions for scoring purposes.
  - c) In the case where both contestants are penalized with accumulated Hansoku-make (result from successive Shido) simultaneously, the contest shall be decided by the "Golden Score" contest.

d) For direct Hansoku-make given to both contestants, the IJF Jury will decide.

#### 6. CARE system

The CARE system as defined in these Rules and in the SOR, will fall under the exclusive competence of the Refereeing Commission and Supervisors, and no one may interfere or define its operation outside the rules here listed or, in what was not covered, by the decision made by the Refereeing Commission in this regard.

Provides for the following situations of use:

- a) The Member of the Commission Supervisor will intervene, stopping the contest and informing the Referee and Judges, in the situations defined below.
- b) The Member of the Commission Supervisor may give a positive assessment to all Referees (without stopping the contest), when in his opinion, and after viewing both the live action followed by the CARE system replay, he is in agreement with the Referee and Judges.

Mandatory reviewing using the CARE system in support of the decision on the mat will be done under the following circumstances:

- a) Any decision involving the end of the contest, during the contest time as well as in the period of "Golden Score".
- b) Kaeshi actions where there may be difficulty in the assessment of which contestant had the final control of the action and thereby implying the end of the contest. In a case of attack and counter-attack the first competitor landing on their own body will be considered the loser.
- If a score can be given, it will be assigned.
- If the two athletes land together, no score will be given.
- If an action is led by a competitor after the landing (Kaeshi-Waza), this action will not be counted.
- Any action after landing will be considered as a Ne-Waza action.

Viewing of the CARE system and subsequent communication with the Referees as regulated in this article shall be up to the discretion of the Referee Commission member that oversees the mat. There shall be no unauthorized use or request of use of the CARE system other than by the Referees Commission.

# **ARTICLE 20 - Ippon**

- 1. The Referee shall announce Ippon when in his opinion the applied technique corresponds to the following criteria:
  - a) When a contestant with control throws the other contestant with a real impact on his back with considerable force and speed. When the fall is rolled without real impact, it is not possible to consider it lppon.

All situations in which one of the contestants deliberately makes a "bridge" (head and one foot or both feet in contact with the Tatami) after having been thrown will be considered Ippon. This decision is taken for the safety of the contestants so they do not try to escape from the technique and endanger their cervical spine. Also an attempt of a bridge (arching the body) should be counted as a "bridge".

- b) When a contestant holds with Osaekomi-waza the other contestant, who is unable to get away for 20 seconds after the announcement of Osaekomi.
- c) When a contestant gives up by tapping twice (2) or more with his hand or foot or says Maitta (I give up!) generally as a result of Osaekomi-Waza, Shime-waza or Kansetsu-waza.
- d) When a contestant is incapacitated by the effect of a Shime-waza or Kansetsu-waza.

#### 2. Equivalence

Should one contestant be penalized with Hansoku-make, the other contestant shall immediately be declared the winner with a score equivalent to Ippon.

### 3. Special situations

- a) Simultaneous techniques. When both contestants fall to the Tatami after what appears to be simultaneous attacks and the Referees cannot decide which technique dominated there should be no score awarded.
- b) In the case where both contestants score simultaneous Ippon the Referee will act as regulated in article 19 paragraph 5.b.

# ARTICLE 21 - Waza-ari

The Referee shall announce Waza-ari when in his opinion the applied technique corresponds to the following criteria:

a) When a contestant with control throws the other contestant, but the technique is partially lacking in one (1) of the other three (3) elements

necessary for Ippon (see Article 20a).

b) When a contestant holds with Osaekomi-waza the other contestant who is unable to get away for 10 seconds or more, but less than 20 seconds.

# ARTICLE 22 - Waza-ari-awasete-Ippon

Should one contestant gain a second Waza-ari in the contest, (see Article 22) the Referee shall announce Waza-ari-awasete-lppon.

# **ARTICLE 23 - Yuko**

The Referee shall announce Yuko when in his opinion the applied technique corresponds to the following criteria:

c) When a contestant with control throws the other contestant, but the technique is partially lacking in two (2) of the other three (3) elements necessary for Ippon.

When a contestant throws his opponent, with control, and the opponent falls on the side of the upper body it should be Yuko Waza-ari.

#### **Examples:**

- (1) Partially lacking in the element of "impact on the back" and is also partially lacking in one of the other two (2) elements of "speed" or "force".
- (2) Impact on the back but partially lacking in both of the other two elements of "speed" and "force".
- b) When a contestant holds with Osaekomi-waza the other contestant who is unable to get away for 10 seconds or more but less than 15 seconds.
- d) In order not to give a bad example for young judokas, the landing on both elbows is considered valid and evaluated by Waza Ari. Landing on only one elbow is invalid and can not be used for assessment.

### APPENDIX Article 21 - Waza-ari

Regardless of how many Waza-aris are announced, no amount will be considered equal to an Ippon. The total number announced will be recorded.

### ARTICLE 22 - Osaekomi-waza

The Referee shall announce Osaekomi when in his opinion the applied technique corresponds with the following criteria:

- a) The contestant being held must be controlled by his opponent and must have his back, both shoulders and one shoulder in contact with the Tatami.
- b) The control can be made from the side, from the rear or from on top.
- c) The contestant applying the hold must not have his leg(s) or body controlled by his opponent's legs.
- d) At least one contestant must have one part of his body touching the contest area.
- e) The contestant applying Osaekomi must have his body in either the Kesa, the Shiho or Ura position, i.e. similar to the techniques Kesa Gatame, Kami-shiho-gatame or Ura-Gatame.

#### APPENDIX Article 22 - Osaekomi-waza

Should a contestant who is controlling his opponent with an Osaekomi-Waza, changed without losing control, into another Osaekomi-Waza, the Osaekomi time will continue until the announcement of Ippon (or equivalence), Toketa or Mate.

When Osaekomi is being applied, if the contestant who is in an advantageous position commits an infringement meriting a penalty, the Referee shall announce Mate, return the contestants to their standing positions, award the penalty (and any score from the Osaekomi), then recommence the contest by announcing Hajime.

When Osaekomi is being applied, if the contestant who is in a disadvantageous position commits an infringement meriting a penalty, the Referee shall announce Sono-mama, award the penalty, then recommence the contest by touching both contestants and announcing Yoshi. However, should the penalty to be awarded be Hansoku-make, the Referee shall, after announcing

Sono-mama, consult with the other Referees, announce Mate to return the contestants to their starting positions, then award Hansoku-make and end the contest by announcing Sore-made.

If both table Judges agree that an Osaekomi exists, but the Referee has not announced Osaekomi, they shall inform the Referee and by the "majority of three" rule, the Referee shall announce Osaekomi immediately.

Toketa should be announced if, during Osaekomi, the contestant being held succeeds in "scissoring" the other contestant's leg (s), either from above or from below the leg.

In situations where the back of the contestant being held is no longer in contact with the Tatami, (e.g. "bridging"), but the contestant applying the hold maintains control, the Osaekomi shall continue.

## ARTICLE 23 - Prohibited Acts and Penalties

The Prohibited Acts are divided into 'Slight' infringements (Shido) and 'Grave' infringements (Hansoku-make).

SLIGHT INFRINGEMENTS: Will receive a penalty of Shido.
GRAVE INFRINGEMENTS: Will receive a penalty of direct Hansoku-make.

the Referee decide to penalize the contestant(s), (except in the case of Sonomama in Newaza) he shall temporarily stop the contest by announcing Mate, indicate the appropriate gesture for transgression and announce the penalty while pointing to the contestant(s) who committed the prohibited act.

During the contest there will be three two Shido, and the fourth third will be Hansoku-make (2 warnings and then disqualification). Shido do not give points to the other contestant, only technical scores can give points on the scoreboard.

At the end of the contest, if both players have no score or scoring is equal on the scoreboard, the one with less Shido wins. If the contest continues to Golden Score. the first receiving a Shido loses, or the first technical score will win. The contest is won when any technical score is given. If a player receives a Shido he/she will lose the contest ONLY if he/she then has more Shidos than the opponent.

Shido will be given to the fighter deserving it, in place, without having both fighters return to the formal start position (Mate – Shido – Hajime) except when a Shido is given for leaving the contest area.



There are several possibilities for disqualification (Hansoku-make). When an athlete receives a Hansoku-make they may or may not be allowed to continue in the competition if applicable.

In the case of Hansoku-make resulting from progressive penalties, the contestant penalised with four three shido is allowed to continue competition.

In the case of direct Hansoku-make for protection of the judoka (diving head first onto the mat), the judoka is allowed to continue competition.

In the case of direct Hansoku-make for acts against the spirit of judo the judoka cannot continue in the competition. They will keep the position that was reached and the relevant WRL points will be awarded. In some cases, depending on the situation, the IJF Jury may decide to give the athlete a disciplinary sanction and to remove the position and/or WRL points.

In the case of a double Hansoku-make as a consequence of a fourth shido, the result is considered equal and the Golden Score rule will be applied (situation similar to simultaneous ippon/victory).

For a direct Hansoku-make given to both contestants, the IJF Jury will decide.

In any case of misbehaviour by an athlete, which merits disqualification, the IJF Jury may exclude him from the rest of the championships.

Whenever a Referee awards a penalty, he should demonstrate with a simple gesture the reason for the penalty.

A penalty can be awarded after the announcement of Sore-made for any prohibited act done during the time allotted for the contest or, in some exceptional situations, for serious acts done after the signal to end the contest, as long as the decision has not been given.

SHIDO (Slight Infringements Group)

- (a) Shido is given to any contestant who has committed a slight infringement:
  - To intentionally avoid taking Kumikata in order to prevent action in the contest. (See APPENDIX Article 23 - Prohibited Acts and Penalties- a) Shido) \*
- 2. To adopt in a standing position, after Kumikata, an excessively defensive posture.
  - Recognizing the difficulty of preparing a throwing action, the time between Kumi-kata and making an attack is extended to 45 seconds.

- 3. To make an action designed to give the impression of an attack but which clearly shows that there was no intent to throw the opponent. (False attack). False attacks are defined as:
  - Tori has no intention of throwing.
  - Tori attacks without Kumikata or immediately releases the Kumikata.
  - Tori makes a single attack or a number of repeated attacks with no breaking of Uke's balance.
  - Tori put a leg in between Uke's legs to block the possibility of an attack.
- 4. In a standing position, to continually hold the opponent's sleeve end(s) for a defensive purpose or to grasp by "screwing up" the sleeve end(s).
- 5. In a standing position, to continually keep the opponent's fingers of one or both hands interlocked, in order to prevent action in the contest. Or to take the wrist or the hands of the opponent only to avoid the grip or the attack on him should be penalized by Shido.
- 6. To intentionally disarrange his own Judogi or to untie or retie the belt or the trousers without the Referee's permission. To intentionally lose time arranging his judogi and belt.
- 7. To pull the opponent down in order to start Newaza unless in accordance with Article 16. (See APPENDIX Article 23 - Prohibited Acts and Penalties- a) Shido)\*
- 8. To insert a finger or fingers inside the opponent's sleeve or bottom of his trousers.
- 9. In a standing position to take any grip other than a "normal" grip without attacking. (See APPENDIX Article 23 Prohibited Acts and Penalties a) Shido ) \* Unconventional Kumikata (cross grip, one side grip, belt grip, pocket grip, pistol grip, ...) will be penalized, if there is no immediate attack.
- 10. In a standing position, before or after Kumikata has been established, not to make any attacking moves. (See APPENDIX Article 23 Prohibited Acts and Penalties a) Shido) \*
- 11. To hold the opponent's sleeve end(s) between the thumb and the fingers ("Pistol" grip). Negative positions will be penalized by Shido, because they are against the spirit of judo (not searching for an attack, a defensive attitude etc.).
- 12. To hold the opponent's sleeve end(s) by folding it over ("Pocket" grip). 'Pistol' and 'Pocket Grip' on the bottom of the sleeve without immediate attack is penalized by Shido. Leg grabbing or grabbing the trousers, shall be penalized first by Shido and secondly by Hansoku-make.



- 13. To hug directly the opponent for a throw (Bear hug). However it is not a Shido when a contestant, Tori or Uke has Kumikata with a minimum of one hand, either Tori or Uke has the possibility to hug the opponent for a throw (Bear hug). No Shido.
  - Precision: Who wants to attack with bear hug must have a minimum one grip. It is not valid to make a second grip simultaneously. Only touching the judogi is not considered as kumikata, gripping is necessary.
- 14. To encircle the end of the belt or jacket around any part of the opponent's body. (See APPENDIX Article 23 Prohibited Acts and Penalties a) Shido) \*
- 15. To take the Judogi in the mouth (either his own or his opponent's Judogi).
- 16. To put a hand, arm, foot or leg directly on the opponent's face. (See APPENDIX Article 23 Prohibited Acts and Penalties a) Shido) \*
- 17. To put a foot or a leg in the opponent's belt, collar or lapel.
- 18. To apply Shime-waza using either your own or your opponents belt or bottom of the jacket, or using only the fingers. (See APPENDIX Article 23 - Prohibited Acts and Penalties – a) Shido) \*
- 19. To go outside the contest area or intentionally force the opponent to go outside the contest area either in standing position or in Newaza. (See Article 9 "Exceptions").
  - If a contestant puts one foot outside of the contest area without immediate attack or not returning immediately inside the contest area is penalized by Shido. Two feet outside the contest area is penalized by Shido.
  - If the contestant is pushed outside the contest area by his opponent, then the opponent will receive a Shido. (If the fighters leave the contest area, they are not penalized by Shido when the attack is engaged in a valid position).
- 20. To apply leg scissors to the opponent's trunk (Dojime), neck or head. (Scissor with crossed feet, while stretching out the legs).
- 21. To kick with the knee or foot, the hand or arm of the opponent, in order to make him release his grip or to kick the opponent's leg or ankle without applying any technique
- 22. To bend back the opponent's finger(s) in order to break his grip.
- 23. Breaking the grip of the opponent with two hands.
- 24. Cover the upper part of the lapel of the Judogi jacket to prevent the grip.
- 25. To force the opponent with either one or both arms to take a bending position without immediate attack will be penalized by Shido for a blocking attitude.

#### HANSOKU-MAKE (Grave Infringements Group)

- (a) Hansoku-make is given to any contestant who has committed a Grave Infringement (or who having been given three (3) Shido, commits a further Slight Infringement):
  - 1. To apply Kawazu-gake. (To throw the opponent by winding one leg around the opponent's leg, while facing more or less in the same direction as the opponent and falling backwards into him). (See APPENDIX Article 23 Prohibited Acts and Penalties b) Hansoku-Make) \*\*
  - 2. To apply Kansetsu-waza anywhere other than to the elbow joint. (See APPENDIX Article 23 - Prohibited Acts and Penalties – b) Hansoku-Make) \*\*
  - 3. To lift off the Tatami the opponent who is lying on the Tatami and to drive him back into the Tatami.
- 4. To reap the opponents supporting leg from the inside when the opponent is applying a technique such as Harai-goshi etc.
- 5. To disregard the Referee's instructions.
- 6. To make unnecessary calls, remarks or gestures derogatory to the opponent or Referee during the contest.
- 7. To make any action this may endanger or injure the opponent especially the opponent's neck or spinal vertebrae, or may be against the spirit of Judo.
- 8. To fall directly to the Tatami while applying or attempting to apply techniques such as Ude-Hishigi-Waki-Gatame. (See APPENDIX Article 23 Prohibited Acts and Penalties b) Hansoku-Make) \*\*
- 9a.To "dive" head first, onto the Tatami by bending forward and downward while performing or attempting to perform techniques such as Uchimata, Harai-goshi, etc. or to fall directly backwards while performing or attempting a technique.
- 9b.To ensure that judo has as little trauma as possible. If Uke attempts to avoid landing on their back by any movement which is dangerous for the head, neck or spine, they shall be penalized with Hansoku-make.
  - When a competitor intentionally falls into the bridge position to escape Ippon, the referee will not announce Ippon as in the past, but Hansoku Make for the competitor who intentionally fell.
  - The competitor loses this contest, but can continue in the competition in applicable.

- 10. To intentionally fall backwards when the other contestant is clinging to his back and when either contestant has control of the other's movement.
- 11. To wear a hard or metallic object (covered or not).
- 12. All attacks or blocking with one or two hands or with one or two arms below the belt in Tachi-Waza will be penalized first by shido and then by Hansoku-make. It is possible to grip the leg only when the two opponents are in a clear Newaza position and the Tachi-Waza action has stopped.
- 13. Any action against the spirit of Judo (this includes anything that can be described as anti-judo) may be punished by a direct Hansoku-Make at any time in the contest.

When a contestant has repeated slight infringements and is to be penalized with his fourth (4th) Shido the Referee, after consultation with the other Referees, shall give the contestant "Hansoku-make", that is to say that the4th Shido is not announced as "Shido", but shall be announced directly as "Hansoku-make". The contest ends according to the Article 19 (c).

APPENDIX Article 23 - Prohibited Acts and Penalties Referees are authorized to award penalties according to the "intention" or situation and in the best interest of the sport.

Should the Referee decide to penalize the contestant(s), (except in the case of Sono-mama in Newaza) he shall temporarily stop the contest by announcing Mate, should penalize or return the contestants to their starting positions (Article 17) and announce the penalty while pointing to the contestant(s) who committed the prohibited act.

Before awarding Hansoku-make, the Referee must consult with the Judges and make his decision in accordance with the "majority of three" rule. Where both contestants infringe the rules at the same time, each should be awarded a penalty according to the seriousness of the infringement. Where both contestants have been given three (3) Shidos and subsequently each receives a further penalty, they should both be declared Hansoku-make. A penalty in Newaza should be applied in the same manner as in Osaekomi (Article 22 Appendix, the 2nd and 3rd paragraphs).

- (a) Shido \*
  - 1) When a contestant is breaking three times in the period of Kumi-Kata the grip of his opponent, the Referee should penalize this contestant with Shido.

- 7) Where one contestant pulls his opponent down into Newaza not in accordance with Article 16 and his opponent does not take advantage of this to continue into Newaza, the Referee shall announce Mate and give Shido to the contestant who has infringed Article 16 (without returning to the starting position).
- 9) "Normal" Kumikata is taking hold the right side of the opponent's Judogi, be it the sleeve, collar, chest area, top of the shoulder or back with the left hand and with the right hand the left side of the opponent's Judogi be it the sleeve, collar, chest area, top of the shoulder or back and always above the belt or vice versa.

If a contestant continues to take an abnormal Kumikata, the time allowed may be progressively reduced, and even to a "direct penalty" of Shido.

As long as a contestant makes a cross grip, that means with two hands, one hand on the opposite side of the back, shoulder or arm of the other contestant, he should attack immediately or the Referee must penalize with Shido. Under no circumstances it is permitted to grab below the belt.

Cross gripping should be followed by an immediate attack. Same rule as for belt gripping and one side gripping.

To hold the opponent's sleeve end(s) between the thumb and the fingers ("Pistol grip") or to hold the opponent's sleeve end(s) by folding it over ("Pocket grip") without immediate attack is penalized by Shido.

A contestant should not be penalized for holding with an abnormal grip if the situation has been brought about by his opponent ducking his head beneath the holder's arm. However, if a contestant is continually "ducking" this way, the Referee should give consideration as to whether he is adopting an "excessively defensive posture" (2).

Hooking one leg between the opponent's legs unless simultaneously attempting a throwing technique is not considered to be the normal Kumikata and the contestant must attack within 5 seconds or the contestant will be penalised with "Shido".

10. "No-combativity" may be taken to exist when in general, for approximately 25 seconds; there have been no attacking actions on the part of one or both contestants. No-combativity should not be awarded when there are no attacking actions, if the Referee considers that the contestant is genuinely looking for the opportunity to attack.

The Referees should penalize strictly the contestant who does not engage in a quick Kumikata or who tries not to be gripped by the opponent.

- 14. The act of "encircling" means that the belt or jacket must completely encircle. Using the belt or jacket as an "anchor" for a grip (without encircling), e.g. to trap the opponent's arm, should not be penalized.
- 16. The face means the area within the line bordered by the forehead, the front of the ears and the jaw-line.
- 18. Point 18 will be strictly observed for Shime-waza is not allowed with either your own or your opponents belt or bottom of the jacket, or using only the fingers.
- (b) Hansoku-make\*\*
  - 1. Even if the thrower twists/turns during the throwing action, this should still be considered "Kawazu-gake" and be penalised.

Techniques such as O soto-gari, O uchi-gari, and Uchi-mata where the foot/leg is entwined with opponent's leg will be permitted and should be scored.

- 2. Kansetsu-waza is authorized for Cadets.
- 8. To attempt such throws as Harai-goshi, Uchi-mata, etc., with only one hand gripping the opponent's lapel from a position resembling Ude-hishigi-waki-gatame (in which the wrist of the opponent is trapped beneath the thrower's armpit) and deliberately falling, face down, onto the Tatami is likely to cause injury and will be penalised.

No intent to throw an opponent cleanly onto his back is a dangerous action and will be treated in the same way as Ude-Hishigi-Waki-Gatame.

Strict application of the Refereeing Rules in the following fields

FORBIDDEN: Grips of legs and blocking:

All direct attacks or blocking with one or two hands or with one or two arms below the belt are prohibited.

Penalty: HANSOKU-MAKE

**Examples:** 

Hansoku-make blue

Extreme defensive position

Shido for both

# ARTICLE 24 - Default and Withdrawal

The decision of Fusen-gachi shall be given to any contestant whose opponent does not appear for his contest according to the 30 seconds rules.

Punctuality for contests ('30 seconds rule'). - Applies to all IJF events.

Forfeit of a contest: If one contestant is ready on time and the Referee Commission see that his opponent is not present they will ask the speaker to announce 'the last call for missing athlete' (there will no longer be three calls at one minute intervals).

The Referee will then invite the prepared contestant to wait at the edge of the competition area. The scoreboard will start to count down 30 seconds. If at the end of 30 seconds the opponent is still not present the mat Referee will invite the athlete to enter the competition area and will be declared the winner by Fusen-gachi.

The athlete forfeiting a match may participate in the repechage provided the IJF jury find that certain criteria are fulfilled.

The Referees must be sure before awarding Fusen-gachi that they have received the authority to do so by the Refereeing Commission.

The decision of Kiken-gachi shall be given to any contestant whose opponent withdraws from the competition for any reason, during the contest.

# APPENDIX Article 24 - Default and Withdrawal

Soft contact lens: - In the event that a contestant loses his contact lens during the contest and cannot immediately recover them, and if he then informs the Referee that he cannot continue competing without the contact lens, the Referee shall give the victory to his opponent by Kiken-gachi after

consulting with the table Judges.

# ARTICLE 25 - Injury, Illness or Accident

In this article the person in the role of the Doctor is defined in Appendix E, section E1.1.

The decision of the contest where one contestant is unable to continue because of injury, illness or accident during the contest shall be given by the Referee after consultation with the other Referees according to the following clauses:

#### a) Injury

- (1) Where the cause of the injury is attributed to the injured contestant he shall lose the contest.
- (2) Where the cause of the injury is attributed to the uninjured contestant the uninjured contestant shall lose the contest.
- (3) Where it is impossible to determine which of the contestants was the cause of the injury was, the contestant unable to continue shall lose the contest.

#### b) Sickness

Generally, where one contestant is taken sick during a contest and is unable to continue, he shall lose the contest.

### c) Accident

Where an accident occurs which is due to an outside influence (force majeure), after consulting with the Referee Commission, the contest shall be considered cancelled or postponed. In those cases of 'force majeure', the Sport Director, the Sport Commission and/or the IJF Jury will take the final decision.

#### Medical Examinations

- a) The Referee shall call the Doctor to attend to a contestant who has received a severe impact to the head or back (spinal column), or whenever the Referee has reason to believe there may be a grave or serious injury. In either case, the Doctor will examine the contestant in the shortest time possible and indicate to the Referee whether the contestant can continue or not.
  - If the Doctor, after examining an injured contestant, advises the Referees that the contestant cannot continue the contest the Referee, after consultation with the other Referees, shall end the contest and declare the opponent to be the winner by Kiken-gachi.
- b) The contestant may ask the Referee to call for the doctor, but in this case the contest is terminated, and his opponent shall win by Kiken-gachi.
- c) The Doctor may also ask to attend to his contestant, but in this case the

contest is terminated, and the opponent will win by Kiken-gachi.

In any case whenever the Referees are of the opinion that the contest should not continue, the central Referee shall end the contest and indicate the result in accordance with the rules.

#### **Bleeding Injuries**

When a bleeding injury occurs, the referee shall call the doctor to assist in stopping and isolating the bleeding. The athlete is not allowed to compete while bleeding.

However, the same bleeding injury may be treated by the Doctor on two (2) occasions. The third (3rd) time that the same bleeding injury occurs, the Referee, after previous consultation with the other Referees, shall end the contest for the contestant's own safety and he shall declare the opponent to be the winner by Kiken-gachi. In any case where the bleeding cannot be contained and isolated, the opponent shall be the winner by Kiken-gachi

#### Minor Injuries

A minor injury may be treated by the contestant himself. For example in the case of a dislocated finger, the Referee shall stop the contest (by calling Mate or Sono-mama) and allow the contestant to reset the dislocated finger. This action should be done immediately with no assistance from the Referee or the Doctor and the contestant can continue in the contest.

The contestant will be allowed to reset the same finger on two (2) occasions. If the same dislocation occurs a third (3rd) time, the contestant shall not be considered to be in condition to continue in the contest. The Referee, after previous consultation with the Judges, shall end the contest and declare the opponent to be the winner by Kiken-gachi.

The doctors of the organizing committee or the accredited doctors of the teams intervene upon request of the referees.

The doctors of the organizing committee or teams' doctors must be able to intervene on the field of play, at their own request, when deemed necessary, in case of danger to the athlete(s) health i.e. a bad landing on the head or a strangulation. For justifying this exceptional request, they should stand at the edge of the competition surface showing two arms in cross in the height of the chest to inform the referee that they wish to make an emergency intervention. The referee must allow the doctor to enter the tatami while stopping the contest.

### Three cases are possible:

 The team doctor/ local organization doctor announces that the athlete cannot continue the contest because their health is in danger. The opponent will be



- · declared winner by fusen-gachi.
- The team doctor/ local organization doctor announces that the athlete can continue without danger to their health, and if agreed by the IJF Jury the contest continues.
- If the intervention of the team's doctor is not justified by the IJF Jury and Medical Commission delegate a final decision will be made about the continuation of the contest and will make an official report. Refer to SOR Appendix E.

### APPENDIX Article 25 - Injury, Illness or Accident

If during the contest a contestant is injured due to an action by the opponent and the injured contestant cannot continue, the Referees should analyse the case and make a decision based on the rules. Each case shall be decided on its own merit. (See paragraph: a) Injury 1, 2 and 3).

Generally only one (1) Doctor for each contestant is allowed on the competition area. Should a Doctor require an assistant(s), the Referee must first be informed. The coach is never allowed on the competition area. The Referee shall draw near to the injured contestant to ensure that the assistance provided by the Doctor is within the Rules.

However the Referee may consult with the Judges in case he needs to comment on any decision.

#### Medical Assistance

The medical assistance in the following cases should be outside of the competition area, close to the table of Judges and the injured contestant must be accompanied by one of the judges.

- a) In a minor injury
  - In the case of a broken nail, the Doctor is allowed to assist in cutting the nail. The Doctor may also help in adjusting a Scrotum injury (testicles).
- b) In a bleeding injury

For safety measures whenever there is blood it must always be completely isolated with the assistance of the Doctor by means of adhesive tape, bandages, nasal tampons, (the use of blood clotters and haemostatics products is permitted). When the Doctor is called to assist a contestant, such medical assistance should be given as quickly as possible.

Note: With the exception of the above situations, if the Doctor applies any treatment the opponent shall win by Kiken-gachi.

### Types of Vomiting

Any type of vomiting by a contestant shall result in Kiken-gachi for the other contestant. (See paragraph: b) Sickness).

In the case where a contestant through a deliberate action causes an injury to the

opponent, the penalty given to the contestant inflicting the injury on the opponent shall be a direct Hansoku-make, apart from any other disciplinary action that may be taken by the Sport Director, the Sport Commission and/or the IJF Jury.

When a Doctor clearly realises - especially in the case of Shime-waza – that there is a serious danger to the health of one of the contestant that he is responsible for, he can go to the edge of the competition area and call upon the Referees to immediately stop the contest. The Referees shall take all necessary steps to assist the Doctor. Such an intervention will necessarily mean the loss of the contest for his contestant and should therefore only be taken in extreme cases.

If a Cadet loses consciousness during Shime-waza they are no longer able to continue in the competition.

At the IJF Championships, the official team Doctor shall have a medical degree and must register prior to the competition. He shall be the only person allowed to sit in the designated area and must be so identified. e.g. by wearing a Red Cross arm-band or waistcoat.

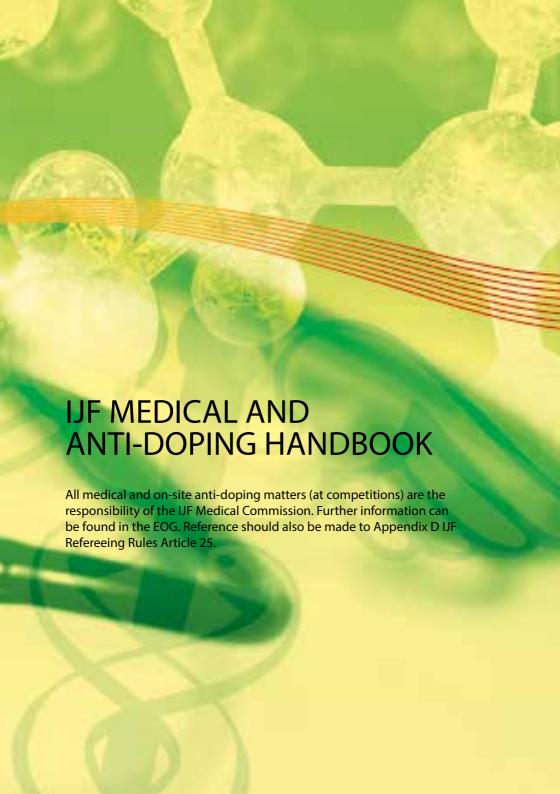
When accrediting a Doctor for their team, the National Federations must take the responsibility for the actions of their Doctors. The Doctors must be aware of any amendments and the interpretations of the Rules.

If an injured athlete needs prolonged medical treatment on the tatami, the referee will declare the non-injured opponent as the winner who will then leave the competition area. The referee must stay on the tatami observing treatment or emergency procedures until the injured athlete is transported safely from the competition area. If necessary, the medical team should screen the injured athlete off from the view of the public. The referee should be the last person to leave the tatami. If the treatment of the injured athlete is extended onto the safety area of a neighbouring competition area, the Sport Director will stop any contests on affected tatami until it is safe to continue.

## ARTICLE 26 - Situations not Covered by the Rules

Where any situation arises which is not covered by these rules, it shall be dealt with and a decision given by the Referees after consultation with the Refereeing Commission.





# **E1.1 Medical Requirements**

In case of an injury, the priority is the athlete's health. The team doctor is responsible for the health of their athletes. In the case of a decision the local organizing doctor can assist the team doctor. In case of a dispute between them, the decision will be taken by the team doctor, between a physiotherapist and a doctor, the doctor will decide and between two physiotherapists, it is the team's physiotherapist who will decide. The LOC shall provide sufficient medical treatment during the competition, including on site treatment and hospital treatment if needed. They should also provide qualified medical personnel and arrange sufficient medical materials and equipment.

Only certified medical doctors can enter the field of play and go on the tatami for the treatment of athletes.

A minimum of one ambulance must be at the competition venue a minimum of 30 minutes before the start of a competition day. In the absence of the ambulance the competition cannot be started.

The IJF Medical Commission delegate has the right to:

- Recommend to stop the competition in case of the delay of the ambulance is more than 15 min.
- Stop a contest in case of a dangerous injury (MDs only).
- Make a decision whether an injured athlete can continue the contest or not (MDs only).

Tatami doctors have the right to:

 Make a decision, in consultation with the IJF Medical Commission Delegate, whether an injured athlete can continue the contest or not in case there is no team doctor.

# E1.2 Medical Suspension Following Concussion

Athletes of all age categories with suspected concussion (confirmed by either the IJF Medical Commission delegate if a Medical Doctor, or by the relevant event's head of medical services) are not allowed to compete within the period of seven (7) days starting the day after the date of the injury. Athletes can return to competition having a medical clearing from their team medical doctor, family doctor or any other medical doctor having the authority to issue such a clearing. The IJF Medical Commission will register athletes under medical suspension.

# Recognition of a concussion:

The concussion is a traumatism of the head or the neck that alters the brain function in an immediate or transitional way. In nine (9) cases, out of 10, it is not associated with loss of consciousness. It is very important, in case of traumatism, to respect safety instructions in order to preserve the athlete's health and to ensure an appropriate medical follow-up.

176

# Signs of recognition

#### During the contest:

- Loss of consciousness, convulsions
- Disorder of balance, of vision (seeing stars, double vision)
- · Headache, tiredness, confusion, somnolence
- Memory troubles (to ask simple questions: their name, the place...)

#### After the contest:

- Irritability, sadness, impression of drunkenness
- · Hypersensitivity to noise, to light
- Sleep disorders
- Reduction of performance

#### Safety instructions:

- To stop the contest immediately
- The athlete must be taken care of by a doctor or a person who has a close relationship with the athlete
- · To respect the rest period prescribed by the doctor
- To officially inform in writing the IJF Medical Commission
- Return to activity only with a medical certificate specifying the date.

# **E1.3 Doping Control Requirements**

The LOC must provide and arrange for doping control following the World Anti-Doping Agency (WADA) rules.

The Doping Control Station (DCS) has only one function providing space for doping tests.

No other function or unauthorized traffic (no weight control, no use as medical / emergency room, no use as dressing room) is allowed.

It must be guarded, locked and clearly separated from the competition area. The location of the DCS shall be marked with clear signs from various directions. No filming or picture taking is allowed in the doping control area.

## E1.3.1 Selection Procedure for Doping Control

The IJF Medical Commission delegate together with an IJF Official and a representative of the responsible Sample Collection Authority will carry out the draw before the start of the final block; all participants must sign the draw protocol. The selection criteria for doping control is defined for each event in the event's outlines.

### E1.3.2 In-Competition Testing

At IJF Events doping control is carried out under the supervision either of an IJF Medical Commissioner or a representative of the IJF Medical Commission.

For veteran and kata competitions there will be no doping control.

E1.3.3 Athlete Notification and Registration for Doping Control Athletes are notified after their medal-winning contest.

### E1.3.4 Accredited Laboratory

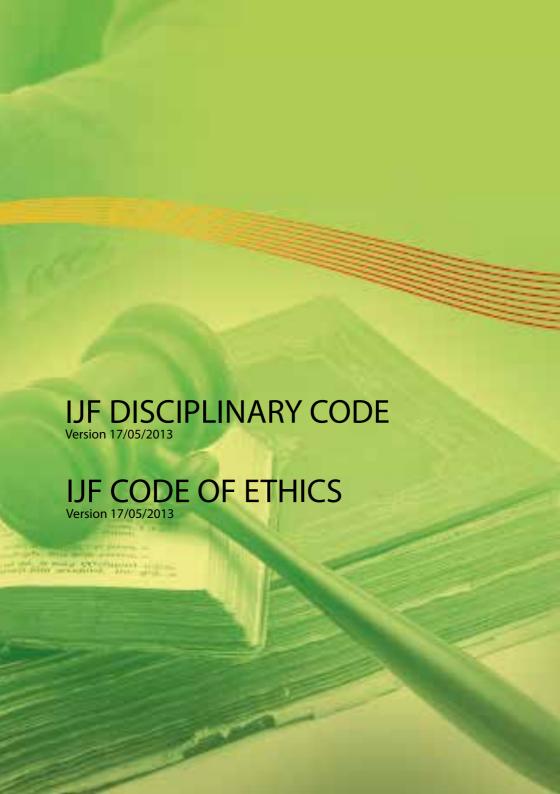
Only WADA accredited/approved Laboratories can analyse the samples. The Doping Control Coordinator has to inform IJF Medical Commission about which laboratory will be used.

In case of Adverse Analytical Finding detected, the IJF will follow the IJF Anti-Doping Rules.

The IJF Medical Commission delegate has the right to cancel or stop a test if it is medically justified.







## IJF Statutes Annexe 1: IJF DISCIPLINARY CODE (Version 17/05/2013)

The present Code established in conformity with the provisions of Articles 30, 31 and 32 of the IJF Statutes, was adopted on... by the IJF Executive Committee (EC) of... The IJF disciplinary bodies have the authority to investigate any fact or incident contrary to the judo moral code, to the principle of mutuality, to the IJF Statutes and regulations or that is likely to be the subject of penal action in the country of origin of the accused person and attributable to IJF individuals or legal entities, of its members and members affiliated to them.

Anything contrary to the moral, ethical, deontological or sporting spirit of judo, affecting its image and reputation and the failure to comply with the rules defined by the Association of Summer Olympic International Federations (ASOIF) and the International Organizing Committee (IOC) in terms of sports betting are subject to sanction by the IJF disciplinary bodies.

The present code does not apply to the exercise of the disciplinary authority in terms of anti-doping.

### Section I

## Provisions Regarding the Disciplinary Body of IJF

#### Article 1 Preamble

In accordance with the IJF Statutes, a disciplinary body is established by the IJF, The IJF Disciplinary Commission, ruling in first instance, which has the authority to discipline members of the IJF and its affiliates. It covers any fact or incident that occurs during IJF judo activities or related events. In the case of incontestable gross misconduct, the IJF President, in consultation with the General Secretary, may take provisional precautionary measures before the deliberation of any disciplinary body. The same Disciplinary body will form the Disciplinary Appeal Commission for the cases judged in First Instance by Continental Unions or Member National Federations. The appeal is suspensive unless otherwise decided by the disciplinary body of First Instance, duly motivated. The Appeal Commission will come to a decision on the basis of the submitted argument.

ALL APPEAL REQUESTS TO CONTINENTAL UNIONS THAT ONLY HAVE DISCIPLINARY BODIES OF FIRST INSTANCE WILL BE DEALT WITH BY THE IJF OR COURT OF ARBITRATION FOR SPORTS.

The decision of the IJF Disciplinary Commission is subject to appeal by the person concerned or the IJF Executive Committee with the Court of Arbitration for Sport (CAS).

Bylaw 1 a: In the case that the appeal does not emanate from the accused person, the disciplinary appeal body informs him /her immediately and indicates the deadline for submitting his/her observations. The IJF Executive Committee, if it does not agree with the decision, has the right to appeal.



#### **Article 2 Composition**

The IJF Disciplinary Commission is comprised of five members. The IJF President proposes five names from the list of judges (art 30.2 of the IJF Statutes) to the IJF EC for approval. The names of the President and the Vice-President for each session, proposed by the IJF President must also be approved by the EC. The Commission can validly debate while at least 3 members are present. The members of the Disciplinary Commission cannot be members of the IJF Executive Committee. The members cannot be indemnified or paid by the IJF, but their expenses will be reimbursed in accordance with financial regulation.

Byelaw 2-a: In the case of the absence or definitive exclusion of the President of the IJF Disciplinary Commission of First Instance, the presidency is assumed by the Vice-President or, in his absence, by its oldest member. In the case of the definitive exclusion of a member of the list, a new member is appointed under the same conditions as his (her) predecessor for the remaining period of the mandate.

Article 3 Admissibility of complaints and initiation of the procedure The IJF members can ask the IJF Executive Committee to make use of the IJF Disciplinary bodies for any fact or incident that occurs during the judo activities of the national federations or the continental unions. Only the IJF Executive committee, represented by the IJF President, can decide on the initiation of the disciplinary procedure.

At the initiation of the procedure, the IJF General Secretary informs the person concerned and, if appropriate, the persons with parental/guardian responsibility and the legal representative that a disciplinary procedure is initiated against him/her by sending a written document informing them about the allegation, by a registered letter or any other means that allows proof of receipt by the addressee.

The instruction period then starts.

If the General Secretary has any connection to the case, the appointment of the Commission members and the notices are made by any member of the Executive committee appointed by the IJF President.

Byelaw 3 a: The IJF Executive Committee can give authority to the disciplinary instance of a Union or a National federation member of the IJF in order to assume the disciplinary power usually coming within the competence of the IJF disciplinary bodies. Byelaw 3 b: A case can be referred to the IJF Disciplinary Commission of First Instance by the IJF Executive Committee on the request of a private individual or legal entity affiliated to the IJF.

Byelaw 2 c: In the case of conflict of interest, the IJF Executive Committee decides which authority is most competent to hear the case.

Byelaw 3 d: Any member of the IJF Executive Committee with any connection to the case will not take part in the decision.



### Article 4 Conciliation between the parties

A member of the Executive Committee can be appointed before the initiation of the disciplinary procedure to proceed to conciliation. After the proposed agreement of the parties, the member of the EC will propose the conciliation to the IJF EC. In the case of the refusal of the parties or the EC to accept the decision, the disciplinary procedure will be initiated.

Article 5 Investigation and referral to the Disciplinary Commission

The seisin is made either after the report required by the Executive Committee or the IJF President, or also directly by the IJF President.

#### Article 6 Notice

The accused individual accompanied, if appropriate, by persons with parental/guardian responsibility, is called before the Disciplinary body by the IJF General Secretary. This notice is sent at the request of the President of the concerned disciplinary body, by registered letter or by any other means that allows proof of receipt by the addressee, at least fifteen (15) days before the date of the session. The notices can be sent by email, if the instruction can be certain of a reliable email address.

When the disciplinary procedure is initiated against a legal entity, its legal representative is called under the same conditions.

The person concerned can choose to defend itself by setting up a file.

Byelaw 6 a: The person concerned can only be represented by a lawyer. He/she can be assisted by a person of his /her choice.

If he/she does not understand English, French or Spanish well enough, he/she can be assisted by a translator.

Byelaw 6 b: The person concerned or his/her defender can consult the report and the contents of the file before the session. He/she can request witnesses of his/her choice; their names should be communicated at least eight (8) days before the meeting of the disciplinary body. The President of the Jury can refuse to hear any testimony that he deems abusive. These consultations can be made by electronic means.

Byelaw 6 c: The notice mentioned in paragraph 1 indicates to the person concerned his/her rights, as defined in the present article.

Travel expenses of the appellant will not be reimbursed.

The deadline of fifteen (15) days mentioned in the first paragraph can be reduced to eight (8) days in case of emergency or upon request. In this case, the right to require the hearing of the persons is applied without any deadline.

The deadline can exceptionally be shorter than eight (8) days, if the person against whom the disciplinary procedure is started is participating in a competition.

The place of the hearing will be determined by the President of the Jury, with the agreement of the IFJ President taking into account the place of residence of the judges, and the parties and the suitability and availability of the venue.

184

#### Article 7 Adjournment

In the emergency case mentioned in the last paragraph of the previous article and except in the case of a force majeure, the adjournment of the case cannot be requested. The request for an adjournment in first instance or in appeal must be received at least eight days before the hearing and may only be requested once.

#### Article 8 Hearing

The President of the Jury can hear any person whose evidence is deemed useful. If such a hearing is decided upon, the President of the Jury informs the person concerned. The person concerned and, where necessary, the defender is invited to speak at the end of the hearing.

#### Article 9 Confidentiality

All facts, incidents and information that the President of the Jury, the members of the disciplinary bodies and the secretaries of session gain knowledge of, whilst carrying out their duties, are confidential. Any breach of confidentiality will result in the termination of the functions of the disciplinary body member or the secretary of the session.

#### Article 10 Decision

The Disciplinary Commission makes a judgment based on the evidence.

Byelaw 10 a: The decision will include the following points:

Debate, analysis, sanction, application details, information, means and deadline of appeal and the date of sanction commencement.

Byelaw 10 b: The decision is signed by the President of the Jury and the secretary of the session who is responsible for the drafting of the report of the session.

The Secretary of the session can be one of the members of the Disciplinary Commission. The IJF President and the General Secretary are immediately notified by letter addressed under the same conditions as those defined in article 6. They then inform the persons concerned and the IJF Executive Committee.

#### Article 11 Deadline

The IJF Disciplinary Commission of First Instance must pronounce its judgment within sixteen (16) weeks of the initiation of disciplinary proceedings. When the Commission is established in Disciplinary body of appeal the sixteen (16) weeks deadline is in effect as from its seisin.

Where no decision is taken within this period, the case is removed from the disciplinary body of First Instance to the EC which should reorganize the procedure within two (2) weeks. Otherwise, the disciplinary procedure will be cancelled.

Byelaw 11 a: In the case that the session was adjourned in accordance with article 7, the deadline mentioned in the previous paragraph is extended for a period equal to the adjournment period.

## Section II Disciplinary Sanctions

#### **Article 12 Sanctions**

The disciplinary sanctions should be chosen from the measures below:

- 1) Sports penalties such as downgrade, disqualification, withdrawal of a medal or title.
- 2) Disciplinary sanctions chosen from the following measures:
- a) Warning
- b) Reprimand
- c) Suspension from a competition or duties
- d) Fines, though they cannot exceed the fines set for the contraventions under Swiss law.
- e) Provisional or definitive withdrawal of the status of the IJF member and all its affiliated components.
- f) Expulsion
- 3) Ineligibility to the governing bodies for a specified period.

In the case of the first sanction, suspension from a competition can be replaced, with the agreement of the person concerned and, if any, of his/her legal representative, by the performance of activities of general interest for a set period, for the benefit of a federation or a sports association.

Article 13 Commencement of sanctions

The disciplinary body sets the date when the sanctions become effective. If this is not possible, the sanctions will be effective from the date of the notification of the decision to the person concerned.

### Article 14 Suspended sentence

The sanctions mentioned in point 2) c and 2) e of article 12 of the present byelaw may, in the case of the first sanction, be totally or partly suspended.

A suspended sanction is deemed void if, within 3 years of the sanction being pronounced, the person concerned was not the subject of any sanction mentioned in 2) c and 2) e of article 12. Any new sanction within this period results in the revocation of the suspension.

106

## IJF Code of Ethics (Version 17/05/2013)

#### 1. INTRODUCTION

Judo, an Olympic sport since 1964, was created in 1882 by Jigoro Kano as a martial arts discipline with its principle objectives being the physical and intellectual education of Men and Women.

In compliance with the major principles which have led to the creation of Judo, the International Judo Federation has established a Code of Ethics adapted to everyone involved in judo. This Code of Ethics reflects the major principles of the Code of Ethics of the IOC, which serves as a reference and must be respected.

Therefore, the IJF, its is, and everyone involved in organizing an IJF event are required to apply these educational values and this code of behaviour and to ensure that the Code of Ethics is adhered to in all fields, places and circumstances (competition venue, training venue, media platforms, etc.).

#### 2. IOC CODE OF ETHICS

#### « ...DIGNITY

Safeguarding the dignity of the individual is a fundamental requirement of the Olympism.

There shall be no discrimination between the participants on the basis of race, gender, ethnic origin, religion, philosophical or political opinion, marital status or other grounds. All doping practices at all levels are strictly prohibited. The provisions against doping in the World Anti-Doping Code shall be scrupulously observed.

All forms of harassment of participants be it physical, professional, religious, political, hierarchical or sexual, and any physical or mental injury to participants are prohibited. All forms of participation in, or support for, all forms of promotion of betting related to sport in general and more specifically to the Olympic Games are prohibited and must not, by any manner whatsoever, infringe upon the principle of fair play, show non-sporting conduct, or attempt to influence the result of a competition in a manner contrary to sporting ethics...»

All the IJF Managers and Officials, its continental, national and other member bodies undertake to respect the provisions of the Olympic charter and the Code of Ethics of the IOC and the IJF. (Wherever the term «Olympic Parties» is used, it refers to the IJF and its structures and the Olympic bodies).

#### 3. COMPETITORS

The competitors, and especially the Champions, are the face of judo; they must convey, through their behaviour, the educational values and the ethics of our discipline.

The champions on and off the mat represent the image of judo.

#### RESPECT FOR THE CONTEST CEREMONY

The ceremony of the bow was formalised by the IJF Education Commission. It must be scrupulously observed.

The bows and particularly the bow to the opponent at the beginning of the contest must be respected rigorously and it is prohibited to use bows or ceremonies from other combat sports or disciplines.

It is, of course permissible to congratulate the opponent at the end of the contest or apologize for an awkward gesture.

#### RESPECT FOR THE RULES

• The rules of the sport, and its anti-doping and betting regulations must be scrupulously respected.

#### RESPECT FOR PEOPLE AND THE FACILITIES

- At all times opponents, coaches, referees, organizers, guests, the media, and the public must be spoken to calmly and with respect, without making aggressive or obscene gestures.
  - The anti-doping code and sport betting regulations must be adhered to.
  - •Both victory and defeat must be accepted by exercising self-control and without showing any ostentatious behaviour.
- Exercise self-control and remain disciplined in all circumstances.
- Do not abuse any equipment and ensure all facilities, hotels and other places put at your disposition are respected.
- Judokas represent the sport of Judo and the national teams of their countries.

#### RESPECT FOR THE INSTRUCTIONS AND THE PROTOCOL

- Respect the competition regulations and the instructions of the organisers and in particular the schedules and different protocols.
- Be respectful and always control one's attitudes and feelings during awards ceremonies and any other functions.

### RESPECT FOR HYGIENE

• Physical appearance and cleanliness are important. Guard against any contagion. Appear with a clean judogi in accordance with the IJF regulations. Wear shoes at all times off the mat and never go on either the competition mat or the warm-up mat with shoes on.

#### RESPECT FOR OTHERS

• Do not show any object, sign or religious gesture or movement of any ostentatious form before, during or after the contest or during the formal ceremonies.

#### RESPECT FOR DECISIONS

- Respect the referees' decision, without complaint, both during and after the competition.
- NEVER VOLUNTARILY LOSE A CONTEST and always inform the IJF of any gift offered to fix a contest.

#### 4. COACHES AND THEIR TEAMS

#### **EXERCISE FAIR PLAY**

- Respect the opponent, his/her coach, the members of his/her team, the referees, any persons involved in the organization, the guests, the media, and the public.
- Comply with the rules of fair play and always exercise exemplary manners.

#### RESPECT FOR THE RULES

- Respect the Code of Ethics, the IJF statutes and regulations, and the sport organisation regulations, anti-doping and betting rules, follow the instructions of the organizers and in particular the schedules and protocols.
- Observe the role of the coaches without exceeding it.
- Only gifts of very small value may be offered or accepted, as a token of appreciation
  or friendship by the Olympic parties or the IJF, in compliance with local custom.
  Any other gift must be handed by the beneficiary to the organization to which he/
  she belongs.
- Hospitality towards the members and staff of the Olympic parties and anyone accompanying them must not exceed the norms of the host country.
- Respect the regulations regarding any conflicts of interest.
- Follow scrupulously the rules and instructions of the IOC on sports betting.
- Respect the impartiality and defend the integrity of the refereeing body.

#### RESPECT FOR ETIQUETTE

- Follow and respect the dress code required for each of the different phases of the competition and the events relating to it.
- Remain modest in victory and accept defeat with dignity. Exercise self-control and discipline: do not show anger or frustration control one's feelings.
- Respect the decision of the referees, without complaint both during and after the contest.
- Always behave in a dignified and respectful manner.

#### RESPECT FOR OTHERS

- Do not show any object, sign, religious gesture or movement of any ostentatious nature before, during or after the contest or during any official ceremonies.
- Do not show disrespect to others by making any uncontrolled gestures or through any other actions not in compliance with the current rules in the spirit of Judo before, during or after a contest.
- Do not be physically or verbally abusive either in competition and/or in training, towards any judoka or any other person.

#### RESPECT FOR THE FACILITIES.

- Look after all equipment and respect the facilities in all allocated areas and spaces, including hotels and other accommodations.
- Judokas are expected wherever they are to represent their sport and discipline and the national teams of their countries.

#### 5. RFFFRFFS

#### RESPECT FOR THE RULES AND REGULATIONS

- Respect the IJF's Code of Ethics, statutes and regulations, as well as the competition organisers' regulations. Always respect the instructions of the organisers and in particular the schedules.
- Follow the duties and tasks within the referees' areas of responsibilities without exceeding them. Respect the referees' code of ethics.
- Only gifts of very small value may be offered or accepted, as a token of appreciation
  or friendship by the Olympic parties or the IJF, in compliance with local custom. Any
  other gift must be handed in by the beneficiary to the organization to which he/she
  belongs.
- Hospitality towards members and staff of the Olympic parties and anyone accompanying them must not exceed the norms of the host country.
  - Respect the regulations regarding conflicts of interest.
  - •Respect scrupulously the rules and instructions of the IOC on sports betting. Respect the impartiality and defend the integrity of the refereeing body.
- Referees who have been selected for World Championships or the Olympic Games may only officiate in countries other than their own with the agreement of the President of the IJF. Failure to do so will result in deselection.

#### RESPECT FOR ETIQUETTE

- · Wear the correct uniform and follow the dress code.
- Exercise self-control, courtesy and good manners both on and off the mat, in all circumstances, whatever the environment by controlling one's attitudes and emotions.
- Reserve your judgment about the refereeing decisions taken during the competition.
- Avoid making any statements during the competition, except if requested or authorized by the IJF.

#### 6. MANAGERS

#### RESPECT FOR THE RULES

- The managers of the IJF, the Continental Unions and the member federations are the legal representatives of world judo and in this capacity, should behave accordingly.
- Respect the Code of Ethics, the IJF statutes and regulations, the role of the manager without exceeding it.
- Only gifts of very small value may be offered or accepted, as a token of appreciation or friendship by the Olympic parties or the IJF, in compliance with local custom. Any other gift will be handed by the beneficiary to the organization to which he/she

190

#### belongs.

- Hospitality towards the members and staff of the Olympic parties as well as the persons who accompany them must not exceed the norms of the host country.
- The parties will respect the regulations regarding conflicts of interest.
- Respect scrupulously the rules and instructions of the IOC on sports betting.

#### RESPECT FOR ETIQUETTE

• Follow the dress code appropriate to the events.

#### RESPECT FOR OTHERS

- Do not show any object, sign, religious gesture or movement or any ostentatious form before, during or after the contest or during the official ceremonies.
- Do not be disrespectful by making any uncontrolled gesture or through any other action not in compliance with the current rules in the spirit of judo before, during or after the contest.
- Do not be violent, either physically or verbally towards competitors or any other person.

#### RESPECT FOR RESOURCES

• Manage in full transparency the resources put at the disposal of the managers by the sports and private bodies and account for their use.

#### 7. BREACHES TO THE CODE OF ETHICS

- If there is proof of a breach to the Code of Ethics, depending on the seriousness of the established facts, a verbal warning is given or, if necessary, a written report is forwarded to the IJF General Secretary in the week following the incident.
- The written report must be explicit and record accurately the facts of the incident naming the involved persons, quote the testimonies and specify the addresses and telephone numbers of the witnesses who can contribute to a better understanding of the incident. The report must be written in one of the three official languages of the IJF. An acknowledgement of receipt will be sent to the concerned party.
- Depending on the established facts, a decision will be proposed to the IJF Executive Committee by the IJF Ethics Commission about any further actions to be taken.
- If the IJF Executive Committee considers that the facts require convening a session of the Disciplinary body of First Instance, it will act accordingly.





Event	Competition type	Event phase
Grand Prix	Quarter final repechage	Preliminaries  - Elimination round of 128  - Elimination round of 64  - Elimination round of 32  - Elimination round of 16  - Quarterfinals  - Repechage  - Semifinals  Final block
		- Contests for bronze medal - Final – gold medal
Grand Slam	Quarter final repechage	Preliminaries  - Elimination round of 128  - Elimination round of 64  - Elimination round of 32  - Elimination round of 16  - Quarterfinals  - Repechage  - Semifinals
		Final block - Contests for bronze medal - Final – gold medal
Masters	Quarter final repechage	Preliminaries  - Elimination round of 32  - Elimination round of 16  - Quarterfinals  - Repechage  - Semifinals
		Final block - Contests for bronze medal - Final – gold medal
World championships individuals	Quarter final repechage	Preliminaries  - Elimination round of 128  - Elimination round of 64  - Elimination round of 32  - Elimination round of 16  - Quarterfinals  - Semifinals
		Final block - Repechage - Semifinals - Contests for bronze medal - Final – gold medal

World championships teams	Quarter final repechage	Preliminaries  - Elimination round of 32  - Elimination round of 16  - Quarterfinals  - Repechage  - Semifinals  Final block  - Contests for bronze medal  - Final – gold medal
World championships open	Quarter final repechage	Preliminaries  - Elimination round of 64  - Elimination round of 32  - Elimination round of 16  - Quarterfinals  Final block  - Repechage  - Semifinals  - Contests for bronze medal  - Final – gold medal
Youth Olympics Games Individuals	Full repechage	Preliminaries  - Elimination round of 32  - Elimination round of 16  - Repechage first round of 16  - Repechage second round of 16  - Quarterfinals  - Repechage first round of 8  - Repechage second round of 8  - Repechage round of 4  Final block  - Contests for bronze medal  - Final – gold medal
Youth Olympics Games Teams	Direct knockout	Preliminaries - Elimination round of 32 - Elimination round of 16 - Quarterfinals  Final block - Semifinals - Final – gold medal





## **GLOSSARY OF JAPANESE TERMS**

Japanese	English
ANZA	Sitting cross-legged
ASHI-WAZA	Foot or leg techniques
ATEMI-WAZA	Striking techniques
AWASE-WAZA	Combination of two Waza-aris
DAN'I	Dan grade
DOJO	Training hall
ENCHO-SEN	Extended match
(e.g. Golden Score Contest)	
FUKUSHIN	Judge (now table Referee)
FUSEN-GACHI	Win by default
HAISHA	Loser
"HAJIME!"	"Start!"
HANSOKU	Violation
HANSOKU-MAKE	Defeat by grave infringement or accumulated light penalties
HIDARI-JIGO-TAI	Left defensive posture
HIDARI-SHIZEN-TAI	Left natural posture
HIKITE	Pulling hand
HIKIWAKE	Draw
IPPON	Complete point
JIGO-HONTAI	Straight defensive posture
JIGO-TAI	Defensive posture
JIKU-ASHI	Support leg
JOGAI	Outside contest area
JONAI	Inside contest area
JOSEKI	Upper Seats
JUDOGI	Judo uniform
KACHI	Winner
KAESHI-WAZA	Counter techniques
KAKE	Execution of techniques
KANSETSU-WAZA	Joint locks
KAPPO	Resuscitation method

КАТА	Forms
KATAME-WAZA	Grappling techniques
KATSU	Technique of Kappo
KEIKO	Training / Practice
KIKEN-GACHI	Win by withdrawal
KIME	Complete execution
KINSA	Slight superiority or inferiority
KINSHI-WAZA	Prohibited techniques
"KIOTSUKE!"	"Attention!" (Word of command to make persons Stand straight up, closed heels)
KOSHI-WAZA	Hip techniques
KUMIKATA	Taking grips
KUZUSHI	Balance breaking
KYUSHO	Vital point
MA'AI	Distance between two contestants
"MAITTA!"	"I give up!"
MA-SUTEMI-WAZA	Supine sacrifice techniques
MATE	Wait
MIGI-JIGO-TAI	Right defensive posture
MIGI-SHIZEN-TAI	Right natural posture
NAGEKOMI	Repetitive throwing practice
NAGE-WAZA	Throwing techniques
NEWAZA	Ground work
OSAEKOMI-WAZA	Hold down techniques
"OSAEKOMI!"	"Hold is on!"
"OTAGAI-NI-REI!"	"Bow to each other!"
RANDORI	Free sparring
RENRAKU-WAZA	Combination of several techniques
REI	Bow
RITSU-REI	Standing bow
SEIZA	Sitting square / Formal sitting
SHIAI	Match / Bout
SHIAI-JO	Competition area
SHIDO	Instruction / Light penalty



SHIME-WAZA	Strangling techniques
SHIMPAN	Refereeing
SHIMPAN'IN	Referees
SHIMPAN RIJI	Refereeing Director
SHISEI	Posture
SHIZEN-TAI	Natural posture
SHIZEN-HONTAI	Straight natural posture
SHOMEN	Dojo front / Upper Seats
"SHOMEN-NI-REI!"	"Bow towards Shomen!"
SHOSHA	Winner
SHUSHIN	Referee
SOGO-GACHI	Combined win
"SONO-MAMA!"	"Do not move / Hold positions!"
"SORE-MADE!"	"Time is up!"
SUTEMI-WAZA	Sacrifice techniques
TACHI-WAZA	Standing techniques
TAI-SABAKI	Body shifting / Body control
TATAMI	Mat
TE-WAZA	Hand techniques
"TOKETA!"	"Hold-down broken!"
TORI	Player executing technique
TSUKURI	Set-up to execute technique
TSURITE	Lifting hand
UCHIKOMI	Repetition training
UDE-GAESHI	Arm locking throw / Arm reverse
UKE	Player receiving opponent's attack
UKEMI	Break fall
WAZA	Techniques
WAZA-ARI	Technique exists / Great advantage
YAKUSOKU-RENSHU	Agreed-upon practice
YOKO-SUTEMI-WAZA	Side sacrifice techniques
"YOSHI!"	"Continue!"
YUSEI-GACHI	Win by superior performance
ZA-REI	Seated bow



# NAMES OF JUDO TECHNIQUES

NAGEWAZA TACHI-WAZA

TE-WAZA		
Seoi-nage	Shoulder throw	SON
Tai-otoshi	Body drop	TOS
Kata-guruma	Shoulder wheel	KGU
Sukui-nage	Scooping throw	SUK
Uki-otoshi	Floating drop	UOT
Sumi-otoshi	Corner drop	SOT
Obi-otoshi	Belt drop	oos
Seoi-otoshi	Shoulder drop	soo
Yama-arashi	Mountain storm throw	YAS
Morote-gari	Two-hands reap	MGA
Kuchiki-taoshi	One-hand drop	KTA
Kibisu-gaeshi	Heel trip	KIG
Uchi-mata-sukashi	Inner thigh reaping throw slip	UMS
Kouchi-gaeshi	Small inner reaping throw counter	KOU
Ippon-seoi-nage	One-armed shoulder throw	ISN
Obitori-gaeshi	Belt-grab throw	OTG

KOSHI-WAZA		
Uki-goshi	Floating hip throw	UGO
O-goshi	Large hip throw	OGO
Koshi-guruma	Hip wheel	KOG
Tsurikomi-goshi	Lift-pull hip throw	TKG
Harai-goshi	Hip sweep	HRG
Tsuri-goshi	Lifting hip throw	TGO
Hane-goshi	Hip spring	HNG
Utsuri-goshi	Hip shift	UTS
Ushiro-goshi	Back hip throw	USH
Sode-tsurikomi-goshi	Sleeve lift-pull hip throw	STG



ASHI-WAZA		
De-ashi-barai (-harai)	Forward foot sweep	DAB
Hiza-guruma	Knee wheel	HIZ
Sasae-tsurikomi-ashi	Supporting foot lift-pull throw	STA
Osoto-gari	Large outer reap	OSG
Ouchi-gari	Large inner reap	OUG
Kosoto-gari	Small outer reap	KSG
Kouchi-gari	Small inner reap	KUG
Okuri-ashi-barai (-harai)	Foot sweep	OAB
Uchi-mata	Inner-thigh reaping throw	UMA
Kosoto-gake	Small outer hook	KSK
Ashi-guruma	Leg wheel	AGU
Harai-tsurikomi-ashi	Lift-pull hoot sweep	HTA
O-guruma	Large wheel	OGU
Osoto-guruma	Large outer wheel	OGR
Osoto-otoshi	Large outer drop	oso
Tsubame-gaeshi	Swallow counter	TSU
Osoto-gaeshi	Large outer reaping throw counter	OGA
Ouchi-gaeshi	Large inner reaping throw counter	OUC
Hane-goshi-gaeshi	Hip spring counter	HGG
Harai-goshi-gaeshi	Hip sweep counter	HGE
Uchi-mata-gaeshi	Inner thigh reaping throw counter	UMG

SUTEMI-WAZA			
MA-SUTEMI-WAZA			
Tomoe-nage	Circular throw	TNG	
Sumi-gaeshi	Corner throw	SUG	
Ura-nage	Back throw	UNA	
Hikikomi-gaeshi	Pulling-down sacrifice throw	HKG	
Tawara-gaeshi	Bag of rice throw	TWG	

YOKO-SUTEMI-WAZA		
Yoko-otoshi	Side drop	YOT
Tani-otoshi	Valley drop	TNO

Hane-makikomi	Springing wraparound throw	HNM
Soto-makikomi	Outer wraparound throw	SMK
Uki-waza	Floating throw	UWA
Yoko-wakare	Side separation	YWA
Yoko-guruma	Side wheel	YGU
Yoko-gake	Side body drop	YGA
Daki-wakare	Rear trunk turnover	DWK
Uchi-makikomi	Inner wraparound throw	UMK
Osoto-makikomi	Large outside wraparound throw	OSM
Uchi-mata-makikomi	Inner thigh wraparound throw	UMM
Harai-makikomi	Hip sweep wraparound throw	HRM
Kouchi-makikomi	Small inner wraparound throw	KUM

### KATAME-WAZA

OSAEKOMI-WAZA		
Kesa-gatame	Scarf hold	KEG
Kuzure-kesa-gatame	Modified scarf hold	KKE
Ushiro-kesa-gatame	Reverse scarf hold	UKG
Kata-gatame	Shoulder hold	KAG
Kami-shiho-gatame	Top four-corner hold	KSH
Kuzure-kami-shiho- gatame	Modified top four-corner hold	KKS
Yoko-shiho-gatame	Side four-corner hold	YSG
Tate-shiho-gatame	Straight four-corner hold	TSG
Uki-gatame	Floating hold	UGT

SHIME-WAZA		
Nami-juji-jime	Normal cross strangle	ווא
Gyaku-juji-jime	Reverse cross strangle	GIJ
Kata-juji-jime	Half cross strangle	KJJ
Hadaka-jime	Naked strangle	HAD
Okuri-eri-jime	Sliding collar strangle	OEJ
Kataha-jime	Single-wing strangle	KHJ
Kata-te-jime	One-hand strangle	KTJ



Ryo-te-jime	Two-hands strangle	RYJ
Sode-guruma-jime	Sleeve wheel strangle	SGJ
Tsukkomi-jime	Thrusting strangle	TKJ
Sankaku-jime	Triangular strangle	SAJ

	KANSETSU-WAZA	
Ude-garami	Entangled arm lock	UGR
Ude-hishigi-juji-gatame	Cross lock	JGT
Ude-hishigi-ude-gatame	Arm lock	UGA
Ude-hishigi-hiza-gatame	Knee lock	HIG
Ude-hishigi-hara-gatame	Stomach lock	HGA
Ude-hishigi-ashi-gatame	Leg lock	AGA
Ude-hishigi-te-gatame	Hand lock	TGT
Ude-hishigi-sankaku-gatame	Triangular lock	SGT

KINSHI-WAZA		
Kani-basami (Yoko-sutemi-waza)	Scissors throw	KBA
Kawazu-gake (Yoko-sutemi-waza)	One-leg entanglement drop	KWA
Do-jime (Shime-waza)	Body scissors	DOJ
Ashi-garami (Kansetsu-waza)	Entangled leg lock	AGR
Ude-hishigi-waki-gatame	Armpit lock	WAK

## **PENALTIES**

FORBIDDEN ITEMS		
Apply-Technique-Outside	P01	
Avoid-Grip	P02	
Bend-Opponents-Fingers	P03	
Ashi-garami	P04	
Defensive-Posture	P05	
Disarrange-Judogi	P06	
Disregard-Instructions	P07	

Dojime	P08
Drive-Into-Mat	P09
Encircling	P10
Fall-Backwards	P11
False-Attack	P12
Finers-In-Sleeve	P13
Fingers-interlocked	P14
Foot-in-Belt	P15
Outside-Contest-Area	P16
Head-Dive	P17
Hold-Same-Side	P18
Hold-Sleeve-Ends	P19
Hand-On-Face	P20
Hold-Trouser-Leg	P21
Illegal-Joint-Lock	P22
Illegal-Newaza-Entry	P23
Judogi-In-Mouth	P24
Kani-Basame	P25
Kawazu-Gake	P26
Kick-To-Break-Grip	P27
Metallic-Object	P28
Non-Combativity	P29
Reap-Supporting-Leg	P30
Shime-With-Jacket/belt	P31
Spine-Extension	P32
Unnecessary-Remarks	P33
Unsportsmanlike-Conduct	P34
Waki-gatame	P35
Pull down	P36
Pistol Grip	P37
Holding Belt	P38



Kicking	P39
Push out	P40
Undetermined	P99

OTHERS	
Bye	BYE
Fusen Gachi	FUS
Kiken gachi	KIK
Undetermined	UND
Undetermined Katame-waza	UNK
Undetermined Nage-waza	UNN
Yusei Gachi	YUS

## **NOTES**



























