



IJF MEDICAL & TUE COMMISSION REPORT

Medical Commission Report 2017-2019

In the past two years the major topic for the Medical Commission, being responsible for both medical and anti-doping matters, was the WADA Code Compliance process. The works started in 2015 with the IJF-WADA Partnership to Quality program. Within the program WADA gave valuable analyses of the IJF anti-doping activities and enlightened points to improve and acknowledged points of excellence.

Following the Partnership to Quality program, at the end of 2017 WADA launched its Code Compliance process that included a thorough Audit that resulted in a task list that presented points still to improve and touched upon the then freshly introduced European Union regulation of data protection, known as GDPR.

As Code Compliance reaches beyond questions of jurisdiction, the Medical Commission was responsible, among many other practical tasks, to a) redefine its role within the anti-doping activities during an event, b) safeguard that sample collections reflect the WADA requirements.

The process resulted in significantly changing the in-competition test numbers and analysis types, developing a method of fair and unpredictable selection, establishing a tighter relationship with the laboratories to meet the requirements with regards to sample long term storage or reanalysis.

Also, as a result of the WADA Code Compliance process, the IJF started a collaboration with the International Testing Agency and commissioned them to run IJF's out-of-competition testing program that include regular checking of the athletes' whereabouts, establishing and testing the IJF Registered Test Pool based on Risk Assessment, handling of the Result Management of the positive cases.

In addition, as part of IJF's Clean Road to Tokyo anti-doping program, the IJF-ITA collaboration will extend to test all athletes potentially qualifying to the Tokyo Games, at least 1x in 2019 and also in 2020 as well.

As an acknowledgement of the Medical Commission's work, a representative of the International Testing Agency visited the Budapest Grand Prix to have a thorough on-the-field insight to enhance their services to other international federations.

The Medical Commission's other anti-doping activities included holding workshops in Tunis for the young athletes preparing for the Youth Olympic Games during the summer in 2018, and for the participants and their coaches in the Mittersill Training Camp in the beginning of 2019.

Besides the anti-doping activities, the Medical Commission participated in various scientific forums as well. Representatives were present at the annual WADA Symposium in Lausanne (2018-2019) and at the WADA Athlete Biological Passport Forum in Rome (2018), Dr Arnold Brons (IJF MC) took part in the Cardiological Evaluation of Olympic Athletes forum also in Rome (2018).



Recently the Commission reached out to the Continental Commissions and tightened its collaboration with the EJU Medical Commission and held a joint EJU-IJF Medical Seminar both in 2017 and 2018.

The collaboration was extended in participating at the ASOIF (Association of Summer Olympic International Federations) Forum in Lausanne (2018) where Dr Lauri Malinen (EJU MC) presented the IJF-EJU injury statistics, for which data is gathered at every senior IJF and EJU event by the acting Medical Commissioners, and how these findings are presented as evidence for advising the Executive Committee in their decision to either ban, restrict or allow a certain technique.

As a further development between the Medical Commissions, in 2019 the joint Medical Seminar will take place in Budapest.

The Medical Commission members' expertise was acknowledged by the Continental Unions, various members were invited to Continental events to provide medical and anti-doping supervision in order to maintain a unified quality in these fields.

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