



## Report Judo in Schools IJF Congress – Tokyo 2019

*“Fulfilling oneself and benefiting the world – this is the purpose of Judo.” Kano Jigoro*

### **IJF Judo in Schools – Vision, mission & strategy**

The IJF Judo for Children Commission believes that judo and its values have the power to build a better society. Judo is a school of life where all practitioners follow a moral code in their practice and in life. That's why the commission sees judo as an indispensable asset for children when growing up.

Our mission is to have judo as a value-based program implemented in / around every primary school worldwide, in order to build a better society.

With the project IJF Judo in Schools as first focus we enable as many federations as possible worldwide to develop strong and sustainable judo programs in schools. The federations are the linking pins to the judo clubs and judo teachers. We offer them tools, lessons, support and knowledge so together with them we build strong structures for judo in schools.

### **Work until Congress 2019**

#### **Audit**

The past year we set up a strong structural approach to help as many federations as possible. We gathered information from 60+ countries:

- The IJF Judo in Schools programs are highly valued and contribute to the development of judo (sustainable)
- There are a lot of programs with a lot of knowledge. But countries act isolated. There could be more knowledge sharing between countries.
- Federations struggle to find educated teachers and deliver a structured program for judo for children.
- In some countries, the image of judo is still one of a violent sport, not suitable for children.

Most support is needed on:

- Organization and materials
- Guidelines, inspiration, tips and tools of value-based judo exercises for judo teachers in primary schools

### **Strategy and achievements**

#### **In general:**

- The IJF Judo for Children Commission is in contact with over 60 countries.
- We are supporting 37 countries (and another 7 in draft)
- In these countries, over 450 schools are supported
- 453 judo teachers worldwide under our responsibility
- We have a dedicated daily support unit for federations and judo teachers
- Judo in Schools program was presented at IOC Olympism in Action and International Sport Press Association





#### Communication:

- New corporate Judo in Schools design visible on the tatami, judogi and all communication materials
- 250+ media outings on local level (owned and earned media)

#### Support and implementation:

- Worldwide Judo in Schools online gatherings (Skype) to share knowledge and experiences.
- 3 x 'Judo in School Seminars' (Israel 31 participants, Turkey 42 participants, Algeria, 20 participants)
- Online platform ([www.ijf.org/schools](http://www.ijf.org/schools)) to connect and inspire each other.  
The platform forms the core of the support: guidelines, exercises, and communication library.
- How to organize 'Judo in Schools'. Book for federations – 3 steps to a sustainable program (scan, develop and action)
- How to teach 'Judo in Schools'. Book with ethics, year plan, values for children, exercises per age category, feedback and safety instructions
- High quality Judo in Schools 'Box of Exercises', containing 30 exercises combined with the moral code, divided in individual, duo & group games and age category.
- Material support. 453 tatamis (1 per school). 24,759 Judogi.

#### Monitoring:

- Implementation of monthly monitoring system for all federations
- Average feedback from schools: 8,5 on a scale from 1-10
- The programs are very well received; children behave better and have a higher concentration in the classroom
- Average of 12,5% of all children in the program became a member of a judo club

#### ***A new year ahead***

Our goal is to expand the program to more countries. Make sure all programs are sustainable and grow in numbers. Together with IJF Academy we want to set up a specialty course for Judo for Children.



**Members of the Commission:** HOUKES Ruben, TABACZNIK Ziggy, SINDIC Saso, STAM Esther, MESSNER Nicolas, FREITAS Leandra.