# Undergraduate Diploma in Judo Management

## Semester 1

**Online Modules**

1. Introduction to Sport Management Environment
2. Judo Governance Part 1
3. Judo Governance Part 2
4. Personal Brand
5. Management Functions in Judo Organisations
6. A Closer Look at Boards and Committees
7. Sport Marketing Part 1
8. Sport Marketing Part 2
9. Fundraising and Sponsorship
10. Event Management Part 1
11. Event Management Part 2
12. Facility Management

**Diploma Project / 5000 Words Assignment**

## Semester 2

**Judo Work Placement**

- 12 Weeks Practical Placement in Selected Judo Sports Organisation to Implement the Topic of the Diploma Project Completed During Semester 1

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**IJF Academy**

acade.my.i.jf.org

2020

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John Smith

Date: 27 August 2020

Place: 'C' Real Cafe
**ACCREDITATION**

*Malta - 27th August 2018*

IUF Academy qualified as a Higher Education Institute

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**NEW STRUCTURE 2020**

Students who wish to transit from the present structure to 2020 new courses will be provided with special online supplementary courses to qualify

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**INSTRUCTOR UNDERGRADUATE CERTIFICATE**

**Semester 1**

1. About IUF
2. Classification of Ju-Jitsu
3. Culture of Ju-Jitsu
4. General Physiology
5. First Aid and Safety
6. History of Ju-Jitsu
7. Ju-Jitsu Organisations
8. Kata (Ngok Kata)
9. LOUD Stamps and Coloured Belt System
10. Rules of Ju-Jitsu
11. Rules - Kata System
12. Rules for School - Banka

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**COACH UNDERGRADUATE DIPLOMA**

**Semester 1**

1. Coaching Principles I
2. Exercise Physiology
3. Ju-Jitsu Organisations II
4. Nutrition and Hydration
5. Refereeing Rules II
6. Role of the Ju-Jitsu Coach
7. Articles II
8. Sport Organisation Rules I
9. Training Methodology I

**Semester 2**

1. Biomechanics of Ju-Jitsu
2. Training Programmes
3. Injury Management
4. Multi-Use and Club
5. Physical Education
6. Psychology of Sport
7. Refereeing Rules III
8. Sport Organisation Rules II
9. Training Methodology II

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**PRO LICENCE UNDERGRADUATE HIGHER DIPLOMA**

**Semester 1**

1. Biomechanics II
2. Coaching Principles II
3. Exercise Physiology II
4. Ju-Jitsu Organisations III
5. Nutrition and Hydration II
6. Refereeing Rules IV
7. Role of the Ju-Jitsu Coach II
8. Articles III
9. Sport Organisation Rules III
10. Training Methodology III

**Semester 2**

1. Memory of Terms / Periodisation
2. Overview of the Preparation Module
3. What is Periodisation?
4. Management of an Annual Plan
5. Application of an Annual Plan
6. Analysis and Peaks
7. Depression and Endurance
8. 10 stages to Complete and Quarterly and Annual Plan
9. Self-Check to Complete and Quarterly and Annual Plan
10. Summary and Description of Individual Projects

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From left to right, Mr Godfrey Vella Chairman of the National Commission for Further and Higher Education, Hon, Dr Clifton Grima Parliamentary Secretary for Youths, Sports and Voluntary Organisations and Envic Galas IUF Academy Director