



IJF MEDICAL COMMISSION REPORT

There have been many changes in the life of the IJF Medical Commission since 2015. The commission was enlarged to cover almost all continents through its members; for example we welcomed Dr Yuji Nimura from Japan, and Dr Péter Hidas from Hungary.

From 2015 October the Commission has been engaged in WADA's Partnership to Quality Program that is the pilot study for WADA's on going compliance procedure in which all international federations are investigated and their anti-doping programs compared to the WADA Code.

Within the frame of the program WADA provided IJF with recommendations that we already successfully implemented in our rules like the amendments to the IJF Anti-doping rules, for example by creating a new, independent Result Management body - the Hearing Panel. As a result of the amendments the IJF Anti-doping Rules are fully compliant to the WADA Code.

During the summer of 2016, the Commission members, took a great part in the preparation for the Rio Olympic Games by conducting the extensive pre-Games testing program of IJF.

Out of the 390 athletes, including the Refugee Olympic Team judoka, 324 athletes were tested prior the Games; that is 83% of all participants. Out of this number the majority of the samples were IJF samples either in or out of competition. The IJF testing program served as a vital factor for Russian athletes. The IOC approved their participation only in the light of their testing history. Thanks to the IJF testing program all 12 Russian athletes were cleared and later 2 of them became Olympic Champions and 1 of them a Bronze medallist.

We think it is worth to mention that the IJF had 0 (zero) positive cases during the Games.

In the autumn of 2016, the IJF Medical Commission teamed up with the EJU Medical Commission and held a successful joint meeting and a medical seminar. Members of the commissions discussed current judo related medical issues, and agreed on cooperation in various subjects such as research projects, publications, further joint meetings, and organization of medical seminars for team doctors and physios.

In the spring of 2017, Commission members participated in the IOC World Forum of Prevention of Injuries and Illnesses where Dr Maximilian Jung held a successful poster presentation on the injury statistics that is collected at every IJF and EJU events. The poster revealed the truth about judo injuries that less than 4 % of the injuries need proper medical attention 96% of the injuries need only a plaster to be treated, therefore the conclusion is that the sport of judo is SAFE.