



IJF JUDO FOR CHILDREN COMMISSION REPORT

«The Final goal of judo principles
is to perfect yourself and
contribute something of value to the world»
- Jigoro Kano, founder of judo –

IJF | Judo For Children Philosophy

Judo is an indispensable link in the education of children between 5 and 12 years. We want to add value to society and believe that the social, educational and physical skills in the DNA of the judo are skills for life.

The commission has dedicated itself to making sure judo becomes a fixed element in the physical curriculum worldwide. We do so by supporting, empowering and organizing Judo for Children programs, at grassroot level. Always in close collaboration with National Judo Federations.

Our objectives / contribution

- Developing skills for life, using the values of judo. The social and fundamental movement skills.
- Contribute towards active lifestyles amongst youth.
- Inspire youth by our FUNdamentals and EnterTrainer methodology.
- Support National federations to setup Judo for Children programs.

Strategy

- Working with a structured method for federations: Scan -> Develop -> Action
- Develop and share knowledge (online and offline)
- Organizational power on spot to help, start up and structure programs
- Supports with materials such as judogis and tatamis
- Train the trainer programs

The Judo For Children commission works closely with governments, federations and clubs.

2015 - 2017

Support federations

Since the establishment of the IJF | Judo For Children commission in 2011 the commission has supported many federations. The commission supports in three different ways:

- Start Up -> Supporting federation with setting up program structure, define goals, getting government involved and how to organize and implement their JFC program at National Scale.
- Support with basic materials -> tatamis, judogis and promotion materials and JFC guidebook.
- Consultation -> advice and supporting federations if requested.

Already more than 30 federations / countries are active with programs.

Afghanistan, Albania, Algeria Azerbaijan, Brazil, Burundi, Canada, Chad, China, Croatia, Dominican Republic, Eastern Congo, France, Georgia, Hungary, Ivory-Coast, Kazakhstan, Mongolia, Palestine, Portugal, Rwanda, Sierra Leone, Slovenia, South Africa, Swiss, The Netherlands, Turkey, United

Arab Emirates, USA, Uzbekistan, Zambia.

IJF Judo For Children Teachers guide

The Judo for children commission has developed a specific lesson / teachers methodology, based on the FUNdamentals and Enter-Trainer principles. The guide gives judo teachers at national level a specific methodology how to set up and develop lessons series at local level. To tech and guide youth following the IJF Judo For Children vision.

