

Tokyo Camp 2017

8th to 13th DEC / Kodokan

Date		Place	Men	Women
Dec.8 (Fri)	A M	Main Dojo	9:00-10:30	10:30-12:00
	P M		13:30-14:45	14:45-16:00
Dec.9 (Sat)	A M	Main Dojo	9:00 - 10:30	10:30 - 12:00
	P M	/		
Dec.10 (Sun)		/		
Dec.11 (Mon)	A M	School / International Dojo	9:00 - 10:30	10:30 - 12:00
	P M	Main Dojo	13:30-14:45	14:45-16:00
Dec.12 (Tue)	A M	Main Dojo	9:00 - 10:30	10:30 - 12:00
	P M		13:30-14:45	14:45-16:00
Dec.13 (Wed)	A M	Main Dojo	9:00 - 10:30	10:30 - 12:00
	P M	/		

*Training menu 10 min warm-up / 6 min x 10 times Randori

*Warm-up & Cool-down --- 6th Floor 'International Dojo'

*No participation fee

WHITE JUDO GI ONLY

please contact us by email <gstokyo@judo.or.jp>