



Hedvig Karakas

IJF Sport Director

Last name: Hedvig

First name: Karakas

IJF function: IJF Sport Director

Joined IJF: 2021

IJF career:

2025–present IJF Sport Director

2023–2025 IJF Presidential office

2023–2025 IJF Logistics and Delegation Services

2021–present Member, IJF Gender Equality Commission

2021–2025 Member, IJF Athletes Commission

Education:

Bachelor's Degree in Sport Management, Hungarian University of Sports Science

Postgraduate Degree, International Relations and Sports Diplomacy, Hungarian University of Sports Science

Certified Judo Coach, Levrick Knowledge Adult Education Institute

Judo and sports career:

5th Dan black belt

3–time Olympian (London 2012 5th place, Rio 2016 7th place, Tokyo 2021)

World Championships Bronze medallist 2009

2–time World Masters Bronze medallist

European Champion 2020

European Games 2015 Silver medallist

25–time World Judo Tour medallist

Junior World and European Champion 2009

Double Cadet European Champion

8–time national Champion (Hungary)



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Awards and decorations:

Best Hungarian Female Athlete of The Year, 2020 (issued by the Hungarian Sports Journalists' Association)

Hungarian Silver Cross Merit, 2012 (issued by the Hungarian government)

Junior Prima Award, 2012 (issued by Prima Primmissima)

Best European Athlete of the Year, 2009 (issued by the European Judo Union)

Best Hungarian Judo Athlete of The Year, 2015 & 2020 (issued by the Hungarian Judo Association)